University: P. J. Šafárik University in Košice

Faculty: Faculty of Arts

Course ID: KPS/

Course name: Applied Social Psychology

ASP/15

Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 2 / 2 Per study period: 28 / 28

Course method: present

Number of credits: 6

Recommended semester/trimester of the course: 2.

Course level: II.

Prerequisities:

Conditions for course completion:

Students evaluation is based on activities during the semester (40 points) and final exam (60 points). Evaluated activities are short test and class presentation of selected topic. Minimum number of points needed to enter an exam: 21.

Final exam: written test

Final evaluation (sum of all points):

For A is needed minimum 91 points, for B minimum 81 points, for C minimum 71 points, for D minimum 61 points, for E minimum 51 points, for FX = 50 and less

Learning outcomes:

This course is an overview of major topics in applied social psychology mainly from the macro sphere (culture, environment, law etc.). The aim of course is to provide introduction to selected areas within the field of applied social psychology (concepts, theories, research methods, findings, practical application),

Brief outline of the course:

Application of knowledge from social psychology:

Man and culture

Social norms

Justice and unjustice

Political psychology

Social psychology of mass communication

Psychology of religion

Man and economics

Man and nature

Loneliness and social support

Helplessness and hopelessness

Social psychology of violence

Social and psychological aspects of dependence.

Recommended literature:

Steg, L., Buunk, A.P., Rothengatter, T. Applied Social Psychology: Understanding and Managing Social Problems. Cambridge University Press, 2012. ISBN 9780521690058

Schnieder, F.W., Gruman, J.A., Coutts, L.M. Applied Social Psychology: Understanding and Addressing Social and Practical Problems. Second Ed. Sage, 2012. ISBN 9781412976381

Course language:

Notes:

Course assessment

Total number of assessed students: 406

A	В	С	D	Е	FX
34.48	35.22	20.44	7.88	0.49	1.48

Provides: prof. PhDr. Ladislav Lovaš, CSc., PhDr. Bibiána Kováčová Holevová, PhD., prof. PhDr. Jozef Výrost, DrSc.

Date of last modification: 23.11.2015

University: P. J. Šafárik University in Košice							
Faculty: Faculty of A	rts						
Course ID: KPS/ KAZS/11	Course name: Casuistic S	eminar					
Course type: Practic Recommended cour Per week: 2 Per stu	Course type, scope and the method: Course type: Practice Recommended course-load (hours): Per week: 2 Per study period: 28 Course method: present						
Number of credits: 3							
Recommended seme	ster/trimester of the cours	e: 3.					
Course level: II.							
Prerequisities:							
Conditions for cours active participation o	e completion: n seminars, work out psycho	olgical conclusion					
process in CPPPaP strainshing the preparation institution particularly	Learning outcomes: Goal of the seminary is the presentation of main activities in diagnostic and consecutive counselling process in CPPPaP which provides complex psychological care in the age from 3 years until finishing the preparation for occupation. The intent is to prepare students for the work at counselling institution particularly by showing and practical solution of principal and most frequent problems in each of educational degrees.						
Preschool age, anan incapable for school, the developmental as	Brief outline of the course: Preschool age, anamnesis, work with data diagnostic, School capability- child capable and incapable for school, Younger school age; the most common and most important difficulties from the developmental aspect, Older school age; the most common and most important difficulties from the developmental aspect, Diagnostics of family, work with the family, Possibilities of development						
Recommended literature: C. Eugene Walker – Ed., Michael C. Roberts – Ed. (2001). Handbook of Clinical Child Psychology. Edition: 3rd. New York: John Wiley & Sons. William P. Erchul, Brian K. Martens (2012) School Consultation: Conceptual and Empirical Bases of Practice (Issues in Clinical Child Psychology) 3rd ed. Springer;							
Course language: Slovak							
Notes:	Notes:						
Course assessment Total number of assessed students: 83							
abs n							
100.0							
Provides: PhDr. Anna	a Jenčová, PhD.						

 $\textbf{Date of last modification:}\ 23.11.2015$

University: P. J. Šafárik University in Košice Faculty: Faculty of Arts Course ID: KPS/ Course name: Casuistic Seminar in Clinical Psychology KAZKL/12 Course type, scope and the method: Course type: Practice **Recommended course-load (hours):** Per week: 2 Per study period: 28 Course method: present Number of credits: 3 Recommended semester/trimester of the course: 4. Course level: IL **Prerequisities: Conditions for course completion:** active participating on seminars, administration of Hand test protocols **Learning outcomes:** To acquaint students with the practical aspects of the work of a clinical psychologist. **Brief outline of the course:** Organic brain damage The issue of addiction Affective disorders Neurotic disorders and stress-induced personality disorders Mental retardation Hand test Case studies **Recommended literature:** Alan Carr, Ed., Muireann Mcnulty, Ed. (2006) The Handbook of Adult Clinical Psychology: An Evidence Based Practice Approach 1st Edition. Routledge. David H. Barlow (2014). Clinical Handbook of Psychological Disorders, Fifth Edition: A Stepby-Step Treatment Manual (Barlow: Clinical Handbook of Psychological Disorders) Fifth Edition Edition The Guilford Press. Course language: Slovak, English **Notes:** Course assessment Total number of assessed students: 103 abs n 99 03 0.97

Provides: PhDr. Martin Čižmárik, PhD.

 $\textbf{Date of last modification:}\ 23.11.2015$

University: P. J. Šafárik University in Košice

Faculty: Faculty of Arts

Course ID: KPS/

Course name: Clinical Psychology

KLP/08

Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours):

Per week: 2 / 2 Per study period: 28 / 28

Course method: present

Number of credits: 6

Recommended semester/trimester of the course: 1.

Course level: II.

Prerequisities:

Conditions for course completion:

Conditions for course completion:

Attendance and activity at practical lessons, seminar work (40 points)

Requirments:1

Theoretical knowledge (basic literature, lectures) - test

Case analysis – oral discussion

Final exam (60 points)

Terms of examination:

16. 12. 2015

20. 1. 2016

3. 2. 2016

Final evaluation (sum of all points):

For A is needed minimum 91 points, for B minimum 81 points, for C minimum 71 points, for D minimum 61 points, for E minimum 51 points, for FX = 50 and less

Learning outcomes:

The general goal of this course is aplication of theoretical knowledge into the practice of clinical psychology, understanding of basic features of specific groups of mental health changes. Course brings orientation in psychodiagnostic and psychotherapeutic methods. Main aim is ability to analyse the individual case.

Brief outline of the course:

Clinical psychology II.

- 1. Basic psychological concepts of mental health changes: psychoanalytic and psychodynamic approach, behavioristic perspectives, cognitive approach, humanistic view. Factors influencing mental health
- 2. Systems of classification: DSM V, ICD 10, similarities and differences, description of basic categories of mental disorders
- 3. Specific issues in clinical psychology: anxiety disorders, schizophrenia, mood disorders, sexual disorders, personality disorders, eating disorders, developmental disorders, neurological disorders, addictions.

- 4. Psychological examination: general aspects of psychological report writing, diagnostic methods in clinical psychology (clinical and testing methods). Assessment interview (general and specific considerations, procedure in clinical interview). Clinical evaluation of intellectual function, personality assessment (inventories and projective methods in clinical practice), neuropsychological assessment.
- 5. Basics in psychotherapy review of basic approaches, their principles and psychotherapeutic modalities. Psychodynamic perspective, cognitive-behavioral approach. Individual, group and family psychotherapy, therapeutic community. Principles of crisis intervention. Supportive psychotherapy.

Recommended literature:

Basic literature:

Bennet P.,: Abnormal and clinical psychology, 3rd.ed., Open University Press, 2011, ISBN-13: 978-0-33-523746-3

Additional reading:

Weiner, I.B., Greene, R.L.: Handbook of personality assessment, Wiley, 2007, ISBN: 0-471-69232-8

Malocco, D.: Psychotherapy: Approaches and theories ISBN-13: 978-1505421750

Meyer, R.G.: The clinician's handbook. The psychopathology of adulthood and adolescence, Allyn and Bacon, 1989, ISBN: 0-205-11922-0

ICD -10, WHO, Geneva, ISBN 978 92 4 154834 2 1

Kohut, H.: The Analysis of the Self: A Systematic Approach to the Psychoanalytic Treatment of Narcissistic Personality Disorders (1971). International University Press, New York, ISBN 0-8236-8002-9.

Gunderson, J.: Borderline personality disorder, APA Publishing, ISBN 978-0880480208 Alexander F.: Psychosomatic Medicine: Its Principles and Applications. 2nd. ed., New York; London: Norton, 1987 ISBN 0-393-70036-4

Course language:

English

Notes:

Course assessment

Total number of assessed students: 403

A	В	С	D	Е	FX
52.11	28.04	13.65	4.96	1.24	0.0

Provides: PhDr. Milana Kovaničová, CSc.

Date of last modification: 23.11.2015

University: P. J. Šafárik University in Košice Faculty: Faculty of Arts Course ID: KPS/ Course name: Clinical Psychology SKLIN/15 Course type, scope and the method: **Course type:** Recommended course-load (hours): Per week: Per study period: Course method: present Number of credits: 3 Recommended semester/trimester of the course: Course level: II. **Prerequisities: Conditions for course completion: Learning outcomes: Brief outline of the course: Recommended literature:** Course language: **Notes:** Course assessment Total number of assessed students: 0 \mathbf{C} Α В D Е FX 0.0 0.0 0.0 0.0 0.0 0.0 **Provides:** Date of last modification: 03.05.2015 **Approved:** prof. PhDr. Ladislav Lovaš, CSc.

University: P. J. Šafárik University in Košice Faculty: Faculty of Arts Course ID: KPS/ Course name: Clinical Psychology SKLIN/14 Course type, scope and the method: **Course type:** Recommended course-load (hours): Per week: Per study period: Course method: present Number of credits: 1 Recommended semester/trimester of the course: Course level: II. **Prerequisities: Conditions for course completion: Learning outcomes: Brief outline of the course: Recommended literature:** Course language: **Notes:** Course assessment Total number of assessed students: 31 C Α В D Е FX 48.39 22.58 19.35 3.23 3.23 3.23 **Provides:** Date of last modification: 03.05.2015 **Approved:** prof. PhDr. Ladislav Lovaš, CSc.

University: P. J. Šafárik University in Košice Faculty: Faculty of Arts Course ID: KPS/ **Course name:** Counselling and School Psychology SPOR/15 Course type, scope and the method: **Course type:** Recommended course-load (hours): Per week: Per study period: Course method: present Number of credits: 3 Recommended semester/trimester of the course: Course level: II. **Prerequisities: Conditions for course completion: Learning outcomes: Brief outline of the course: Recommended literature:** Course language: **Notes:** Course assessment Total number of assessed students: 0 \mathbf{C} Α В D Е FX 0.0 0.0 0.0 0.0 0.0 0.0 **Provides:** Date of last modification: 03.05.2015 **Approved:** prof. PhDr. Ladislav Lovaš, CSc.

University: P. J. Šafárik University in Košice Faculty: Faculty of Arts Course ID: KPS/ **Course name:** Counselling and School Psychology SPOR/14 Course type, scope and the method: **Course type:** Recommended course-load (hours): Per week: Per study period: Course method: present Number of credits: 1 Recommended semester/trimester of the course: Course level: II. **Prerequisities: Conditions for course completion: Learning outcomes: Brief outline of the course: Recommended literature:** Course language: **Notes:** Course assessment Total number of assessed students: 7 C A В D Е FX 14.29 28.57 42.86 0.0 14.29 0.0 **Provides:** Date of last modification: 03.05.2015 **Approved:** prof. PhDr. Ladislav Lovaš, CSc.

University: P. J. Šafárik University in Košice

Faculty: Faculty of Arts

Course ID: KPS/

Course name: Counselling Psychology for Adults and Seniors

PPS2/09

Course type, scope and the method: Course type: Lecture / Practice

Recommended course-load (hours): Per week: 2 / 2 Per study period: 28 / 28

Course method: present

Number of credits: 6

Recommended semester/trimester of the course: 3.

Course level: II.

Prerequisities:

Conditions for course completion:

Middle term assessment - term paper, counseling work with older client in personality, marital or retirement problem area.

Final Written test - essay.

Learning outcomes:

Brief outline of the course:

Counseling older adults. General part: The older adulthood in the context of life-long development. Biological theories of aging. Psychological theories of aging. Acceptation of the age and its problems. Well being in older adults. Older adults, marriage and family and widowhood. Transactions among seniors and social services homes. Special part: Counseling older adults. Structure, operations, processes. Some methods of counseling seniors. Narration and work with the memories. Group work with seniors. Retirement counseling program. Atypical aging and intervention. Mental health and older adulthood.

Recommended literature:

John Blando (2011) Counseling older adults 1 edition. New York: Routledge.

Tammi Vacha-Haase, Stephen R. Wester & Heidi Fowell Christianson (2010) Psychotherapy with Older Men (The Routledge Series on Counseling and Psychotherapy with Boys and Men) New York: Routledge.

Mary Ann Wolinsky (2015) A Heart Of Wisdom: Marital Counseling With Older & Elderly

Couples. New York: Routledge

Course language:

Notes:

Course assessment

Total number of assessed students: 90

A	В	С	D	Е	FX
47.78	24.44	17.78	6.67	2.22	1.11

Provides: doc. PhDr. Stanislav Hvozdík, CSc.

Page: 13

 $\textbf{Date of last modification:}\ 23.11.2015$

University: P. J. Šafárik University in Košice

Faculty: Faculty of Arts

Course ID: KPS/ | Course name: Counselling Psychology for Children and Adolescents

PDM/15

Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 2 / 2 Per study period: 28 / 28

Course method: present

Number of credits: 6

Recommended semester/trimester of the course: 3.

Course level: II.

Prerequisities:

Conditions for course completion:

Middle term assessment - term paper, counseling work with child or adolescent client in personality, academic or vocational development.

Final Written test - essay. Final exam: written test

Final evaluation (sum of all points):

For A is needed minimum 91 points, for B minimum 81 points, for C minimum 71 points, for D minimum 61 points, for E minimum 51 points, for FX = 50 and less

Learning outcomes:

A student who completes the subject, should have knowledge of theoretical character on the evaluation level in relation to their application, he/she should be able to apply different theoretical frameworks in choosing the counseling approach. The aim is to provide the basic skills of conseling work with child and adolescent clients, the ability to assess the level and efficiency of conseling work

Brief outline of the course:

Theoretical approaches and models of children's and youth's psychological counseling. Psychological approach in counseling young people and adolescents.

General principles of child and youth psychological counseling and psychological examinations of children and youth.

Competence and specific skills for working with children and youth. Specifics of child psychological counseling. The integrative model of child and youth psychotherapy and counseling. Counseling on learning disabilities, mental retardation, brain dysfunction, sensory defects, disorders of behavior and emotions arising in childhood and youth. Psychological counseling in school failure: in children with sensory disorders, anxiety children. Psychological counseling in behavioral problems. Counseling work with maltreated children and perpetrators of bullying. Social and socio-cultural disadvantaged children, neglected children as clients of counseling psychology. Counseling work with young people in learning, personality, relationship problems.

Career counseling: career choice and study as a vital developmental role, objectives and actions career counseling, career guidance relevant factors. Career guidance specific groups. Counseling programs and group counseling. Evaluation of the effectiveness of the counseling process.

Ethics in counseling process.

Recommended literature:

Duane Brown (2002). Career Choice and Development. Edition: 4th. San Francisco: Jossey-Bass. Kathryn Geldard (Author), David Geldard (Author), Rebecca Yin Foo (2013) Counselling

Children: A Practical Introduction Fourth Edition Edition. SAGE Publications Ltd;

Kathryn Geldard, David Geldard (2009) Counselling Adolescents: The Proactive Approach for Young People Third Edition Edition. SAGE Publications Ltd;

William P. Erchul, Brian K. Martens (2012) School Consultation: Conceptual and Empirical Bases of Practice (Issues in Clinical Child Psychology) 3rd ed. Springer;

Dawn P. Flanagan, Vincent C. Alfonso (2011). Essentials of Specific Learning Disability Identification. Hoboken, NJ: Wiley

Caroline Jones – Ed., Carol Shillito-Clarke - Ed., Gabrielle Syme - Ed., Derek Hill - Ed., Roger Casemore - Ed., Lesley Murdin - Ed., (2000). Questions of Ethics in Counselling and Therapy. Philadelphia: Open University Press.

Christiane Sanderson (2013) Counselling Skills for Working with Trauma: Healing From Child Sexual Abuse, Sexual Violence and Domestic Abuse (Essential Skills for Counselling). Jessica Kingsley

Rosemary A. Thompson (2003). Counseling Techniques: Improving Relationships with Others, Ourselves, Our Families, and Our Environment. Edition: 2nd. New York: Brunner-Routledge. Publishers

C. Eugene Walker – Ed., Michael C. Roberts – Ed. (2001). Handbook of Clinical Child Psychology. Edition: 3rd. New York: John Wiley & Sons.

Course language:

Slovak language

Notes:

Course assessment

Total number of assessed students: 7

A	В	С	D	Е	FX
71.43	28.57	0.0	0.0	0.0	0.0

Provides: doc. PhDr. Margita Mesárošová, CSc.

Date of last modification: 23.11.2015

University: P. J. Safá	University: P. J. Safárik University in Košice				
Faculty: Faculty of A	Arts				
Course ID: KPS/ DS1/09	Course name: Diploma Th	nesis Seminar 1			
Course type, scope a Course type: Practi Recommended cou Per week: 2 Per stu Course method: pr	ice rse-load (hours): udy period: 28				
Number of credits:	2				
Recommended seme	ester/trimester of the cours	e: 2.			
Course level: II.					
Prerequisities:					
Conditions for cour	se completion:				
Learning outcomes:					
Brief outline of the	course:				
Recommended litera	ature:				
Course language:					
Notes:					
Course assessment Total number of asse	essed students: 361				
	abs	n			
	99.45 0.55				
_	sa Fedáková, PhD., Mgr. Rei olevová, PhD., prof. PhDr. Je	né Šebeňa, PhD., Mgr. Pavol Kačmár, PhDr. ozef Výrost, DrSc.			
Date of last modifica	ation: 03.05.2015				
Approved: prof. PhI	Dr. Ladislav Lovaš, CSc.				

University: P. J. Šafá	University: P. J. Šafárik University in Košice				
Faculty: Faculty of A	rts				
Course ID: KPS/ DIS2/08	Course name: Diploma Th	nesis Seminar 2			
Course type, scope a Course type: Practic Recommended cour Per week: 2 Per stu Course method: pre	ce rse-load (hours): dy period: 28 esent				
Number of credits: 2					
	ster/trimester of the course	2: 3.			
Course level: II.					
Prerequisities:					
Conditions for cours	e completion:				
Learning outcomes:					
Brief outline of the c	ourse:				
Recommended litera	ture:				
Course language:					
Notes:					
Course assessment Total number of asses	ssed students: 350				
abs n					
99.14 0.86					
Provides: ;prof. PhDi	. Ladislav Lovaš, CSc.				
Date of last modifica	Date of last modification: 03.05.2015				
Approved: prof. PhDr. Ladislav Lovaš, CSc.					

	COURSE INFORMATION LETTER					
University: P. J. Šafá	rik University in Košice					
Faculty: Faculty of A	arts					
Course ID: KSP/ DiPor/15	Course name: Distance Counselling					
Course type: Lectur Recommended cou Per week: 1/1 Per	Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 1 / 1 Per study period: 14 / 14 Course method: present					
Number of credits: 4	<u> </u>					
Recommended seme	ster/trimester of the course: 1.					
Course level: II.						
Prerequisities:						
field training - min. 1	.5 points, max. 20 points, 0.5 points, max. 20 points o obtain at least minimum number of points can continue in the course					
Learning outcomes:						
Counselling. Social-legal counsell Forms and types of c Attendance counselling Distance counselling Advantages and disac Code of ethics. Telephone counselling E-mail counselling. Other forms of distance counsellings of distance counselling.	f social work in the system of distance counselling. ing. ounselling. ng. dvantages of distance counselling. g 1. ng 2. nce counselling. ounselling.					
Horská, B. , Lásková 978-80-7419-034-6.	Recommended literature: Horská, B., Lásková, A., Ptáček, L. Internet jako cesta pomoci. Praha: Slon, 2010. ISBN 978-80-7419-034-6. S. 37-41. Špatenková, N. a kol. Krizová intervence pro praxi. Praha: Grada Publishing, 2004. 200 s. ISBN 80-247-0586-9.					
Course language.						

Notes:

Course assessment Total number of assessed students: 48							
A B C D E FX							
12.5	12.5 37.5 29.17 4.17 16.67 0.0						
Provides: doc.	Provides: doc. Mgr. Soňa Lovašová, PhD.						

Date of last modification: 03.05.2015

University: P. J. Šafárik University in Košice

Faculty: Faculty of Arts

Course ID: KPS/

Course name: Educational Psychology

PDP/08

Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 2 / 2 Per study period: 28 / 28

Course method: present

Number of credits: 6

Recommended semester/trimester of the course: 2.

Course level: II.

Prerequisities:

Conditions for course completion:

Written test, Dynamic testing of learning potential

Middle term assessment 50%. Final evaluation 50%.

Final exam: written test

Final evaluation (sum of all points):

For A is needed minimum 91 points, for B minimum 81 points, for C minimum 71 points, for D minimum 61 points, for E minimum 51 points, for FX = 50 and less

Learning outcomes:

The course aims to provide students with a systematic interpretation of expanding knowledge of educational psychology with an emphasis on understanding how to develop personality in the process of education and use of the latest research findings. Emphasis is also placed on application of the knowledge by students.

Brief outline of the course:

- 1 Educational Psychology concepts and principles. Current and classical approaches to the topics of educational psychology.
- 2 Taxonomy of educational objectives and its application to the development of personality in the process of education. Psychological conceptions of the learning process.
- 3 Learning and cognitive styles. Main accounts to psychology of learning styles and approaches (Kolb, Dunn and Dunn, Entwistle and Tait).
- 4 Meaningul learning vs mechanical learning. Basic concepts. Internal processess and structures of learning. Variables of meaningful learning. Discovery learning and meaningful learning, their nature and contribution to the effectiveness of school learning.
- 5 Learning motivation, personality and environmental factors of motivation.
- 6 Motivational techniques in teaching. Training programs of motivation.
- 7 Creativity and talents learning, developing creativity and talents.
- 8 Psychological aspects of optimization and implementation of the educational process.
- 9 Individualized and group instruction from a psychological point of view.
- 10 Educational activity methods of educating. Learner-centered approach.
- 11 Pedagogical-psychological approaches to the acquisition of reading, writing, mathematics, science. Acquisition of reading fluency and reading comprehension.

- 12 Understanding and management of learning disorders from the viewpoint of curriculum based assessment.
- 13 Alternative methods of ability assessment (format response to intervention RTI, functional diagnostics, curriculum based assessment) in relation to school performance. Dynamic assessment of the capabilities and performance of students in relation to their classrooms potential.
- 14. Individual education program and its pedagogical and psychological content and characteristics.
- 15. Educational intervention programs and their effectiveness.

Recommended literature:

BELLAND, B. R., KIM, C., & HANNAFIN, M. J. (2013). A Framework for Designing Scaffolds that Improve Motivation and Cognition. Educational Psychologist, 48(4), 243-270.

BOWMAN, R. (2011). Rethinking What Motivates and Inspires Students. Clearing House, 84(6), 264. doi:10.1080/00098655.2011.592164

CONSTAS, M. A., STERNBERG, R. J. (eds) (2006). Translating Theory and Research into Educational Practice: Developments in Content Domains, Large Scale Reform, and Intellectual Capacity (The Educational Psychology Series). Mahbah, New Jersey: Lawrence Erlbaum Associates, 2006.

HUNT, EARL Teaching intelligence: Why, why it is hard and perhaps how to do it. Intelligence. Jan2014, Vol. 42, p156-165. 10p.

NORMAN, K. (2013). Understanding and supporting the flourishing of the exceptional ability: A positive psychology approach to educational psychology practice. Educational & Child Psychology, 30(2), 29-43.

RYAN, RICHARD M. "Intrinsic and extrinsic motivations: Classic definitions and new directions." Contemporary educational psychology 25.1 (2000): 54-67.

STERNBERG, R. (2008). Applying psychological theories to educational practice. American Educational Research Journal, 45(1), 150-165.SLAVIN, R. E.: (2014) Educational Psychology: Theory and Practice. Pearson

WOOLFOLK, A. (2014) Educational Psychology. Active Learning Edition. 12th Ed. Boston etc Pearson.

Course language:

English

Notes:

Course assessment

Total number of assessed students: 408

A	В	С	D	Е	FX
30.88	20.59	26.96	12.25	7.11	2.21

Provides: doc. PhDr. Margita Mesárošová, CSc.

Date of last modification: 20.11.2015

	COURSE INFORMATION LETTER
University: P. J. Šafá	rik University in Košice
Faculty: Faculty of A	arts
Course ID: KPS/ GEST/09	Course name: Gestalt Therapy
Course type, scope a Course type: Lectur Recommended cour Per week: 1/2 Per Course method: pre	re / Practice rse-load (hours): study period: 14 / 28
Number of credits: 5	;
Recommended seme	ster/trimester of the course: 4.
Course level: II.	
Prerequisities: KPS/	KLP/08
Participation in lectu within self-experienc	on course, essay about application gestalt therapy techniques. res and seminars, with the emphasis on active participation in group process e seminars throughout the semester. Written examination in the form of essay s on the learned theory and analysis of his own experiences with the application
experiential and cond	n indepth examination of the Gestalt Therapy model. The course combines ceptual approaches to examine the model. Emphasis is placed on developing understanding of interventions within the framework of Gestalt Therapy.
History and origin of and ground. Organiz	rview of Gestalt therapy. Historical perspectives of Gestalt. Theory of Gestalt of Gestalt psychotherapy. Techniques and appropriate uses of each. Figure mic self-regulation. Field theory. Contact and contact boundary. Existential wareness. Phenomenology. Change in Gestalt psychotherapy. Disturbances of
Frederick S. Perls (19) Frederick S. Perls, Ra Growth in the Human Gordon Wheeler and Edition. American Ps	otte Sills (2001). Skills in Gestalt Counseling and Psychotherapy - 1 edition 992). Gestalt Therapy Verbatim - 3rd edition. Gestalt Journal Press alph Hefferline, Paul Goodman. (1977) Gestalt Therapy: Excitement and Personality. New edition Edition The Gestalt Journal Press; Lena Axelsson (2014). Gestalt Therapy (Theories of Psychotherapy) 1st sychological Association (APA). O). Gestalt Therapy: A Guide to Contemporary Practice 1st Edition. Springer
Slovak, English	

Notes:

Course assessment Total number of assessed students: 186						
A B C D E FX						
69.89	30.11	0.0	0.0	0.0	0.0	
Provides: Mgr. Gabriela Linhardtová						
Date of last modification: 23.11.2015						
Approved: prof	f. PhDr. Ladislav	Lovaš CSc				

University: P. J. Šafárik University in Košice

Faculty: Faculty of Arts

Course ID: Course name: Human-Oriented Approach in Counselling and

KPPaPZ/PZC/09 | Psychotherapy

Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours):

Per week: 2 / 2 Per study period: 28 / 28

Course method: present

Number of credits: 6

Recommended semester/trimester of the course: 4.

Course level: II.

Prerequisities: (KPS/PTER/08)

Conditions for course completion:

Learning outcomes:

To convey the theoretical background and the audience examples of practical application of Client centered psychotheraphy

Brief outline of the course:

CCC in the system of other psychotherapeutic approaches

CCT as part of humanistic psychology

History, periodization of approach development

The current state and direction in Slovakia and abroad

Philosophical and psychological view of CCT

The theory of personality and etiopathogenesis of disorders

19 postulates of the theory of personality according CCT

Actualization

Recent trends in the understanding of the theory of personality and actualization

Theory of the psychotherapy and therapeutic changes

Six necessary and sufficient conditions of therapeutic conditions

Cooperation of congruence, acceptance and empathy.

Characteristics of congruence, inner and outer congruency (transparency)

Characteristics of acceptance

Empathy as one of the necessary and sufficient conditions for psychotherapeutic change

Four levels of empathic responses

The difference between empathy and sympathy

Types of empathic responses

Empathy features

Empathetic reactions and processes of empathy

Working at depths of relationship.

Variables on the client and therapist associated with the effectiveness of the CCT intervention,

Characteristics of the psychotherapeutic process

Seven stages of psychotherapeutic process

Changes in attitude to each other, personality, behavior as a result of psychotherapeutic action

Fully functioning personality and its characteristics

Five stages of the psychotherapeutic process

Proven effective factors of psychotherapy

Conditions on the client side

Conditions on the psychotherapist side

Ethical principles of psychotherapy

Process of changes in small and large group's adventure

Features large and small adventure groups

15 stages of changes of encounter

Specific forms of CCT - pretherapy (specific approach for autistic children).

Recommended literature:

Barrett – Lennard, G. T.: Carl Rogers' Helping system: Journey and Substance. London: Sage 1998.

Bozarth, J. D., Wilkins, P. (eds): Rogers' Therapeutic Conditions: evolution, theory and practice. Vol. 3. Unconditional Positive Regard. Ross-on-Wye, PCCS Books 2001.

Brodley, B. T.: Client-Initiated Homework in Client-Centered Therapy. Journal of Psychotherapy Integration. 2006, Vol. 16, No. 2, 140–161.

Cepeda, L. S., Davenport, D. S.: Person-centered and solution-focused brief therapy: An integration of present and future awareness. Psychotherapy: Theory, Research and Practice. Psychotherapy: Theory, Research, Practice. 2006, Vol. 43, No. 1, 1–12.

Cooper, M.: Person-Centered Therapy: the growing edge. Therapy Today. 2007, Vol. 18, No 6,

33-36.

Elliott, R., Greenberg, L. S.: The Essence of Process-Experiential/Emotion-Focused Therapy. American Journal of Psychotherapy, 2007, Vol. 61, No. 3., 241-255.

Elliott, R., Freire, E.: Classical Person-Centered and experiential perspectives on Rogers' (1957). Psychotherapy: Theory, Research, Practice, Training. 2007, Vol. 44, No. 3, 285–288.

Glyn, T.: Facilitate First Thyself: The Person-Centered Dimension of Facilitator Education. Journal of Experiential Education. 2008, Volume 31, No. 2. 168–188.

Kirschenbaum, H. Jourdan, A.: The current status of Carl Rogers and the Person – centered approach. Psychotherapy: Theory, Research, Practice, Training. 2005, Vol. 42, No. 1, 37–51.

Lietaer, G.: The United Colors of Person-Centered and Experiential psychotherapies. Person-Centered and Experiential Psychotherpies. 2002, Vo 11, No 1 - 2, 4-13.

Mearns, D., Cooper, M.: Working at Relational Depth. London, Sage 2005.

Mearns, D., Thorne, B.: Person-Centered Counselling in Action (3rd ed.) London, Sage 2007. Motschnig, P. R., Lux, M.: The person-centered approach meets neuroscience: Mutual support for C. R. Rogers's and A. Damasio's theories. Journal of Humanistic Psychology. 2008, Vol 48, No. 3, 287-319.

Rogers, C. R.: Counseling and Psychotherapy: Newer Concepts in Practice. Boston: Houghton Mifflin 1942.

Rogers, C. R.: The necessary and sufficient conditions of therapeutic personality change. Journal of Counsulting Psychology. 1957, 21, 2, 95-103.

Rogers, C. R.: A Theory of Therapy, Personality, and Interpersonal Relationships, as Developed in the Client-centered Framework. In: Koch, S.: Psychology: A Study of a Science. Study I. Conceptual and Systematic. Vol 3. Formulations of the Person and Social Context. New York etc., McGraw-Hill 1959, s.184-256.

Rogers, C. R.: The actualizing tendency inrrelation to motives and to consciousness. In: Jones, M. (Ed): Nebraska Symposium on Motivation. Lincoln. Ne, University of Nebraska Press, 1963, 1-24.

Rogers, C. R.: The Therapeutic Relationship and Its Impact. Madison, WI: University of Wisconsin Press 1967.

Rogers, C. R.: Reflections of feeling. Person-Centered Rewiew. 1986, 1.375-377.

Seeman, J.: Perspectives in client-centered therapy. In: Wolman, B.(ed.): Handbook Of Clinical Psychology. New York: McGraw Hill 1965.

Watson, J. C.: A reflection on the blending of Person-centered therapy and Solution-focused therapy. Psychotherapy: Theory, Research, Practice, Training. 2006, Vol. 43, No. 1, 13-15.

Course language:

English language

Notes:

Course assessment

Total number of assessed students: 228

A	В	С	D	Е	FX
100.0	0.0	0.0	0.0	0.0	0.0

Provides: doc. PhDr. Beata Gajdošová, PhD.

Date of last modification: 23.11.2015

University: P. J. Šafárik University in Košice

Faculty: Faculty of Arts

Course ID: KPS/

Course name: Human Sexuality

SEX/12

Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 1 / 1 Per study period: 14 / 14

Course method: present

Number of credits: 4

Recommended semester/trimester of the course: 4.

Course level: II.

Prerequisities:

Conditions for course completion:

active participating on seminars, exam

Final exam: written test

Final evaluation (sum of all points):

For A is needed minimum 91 points, for B minimum 81 points, for C minimum 71 points, for D minimum 61 points, for E minimum 51 points, for FX = 50 and less

Learning outcomes:

Brief outline of the course:

Mainstream psychological approaches to gender and sexuality

The biological basis of human sexuality

Psychological processes related to sexuality

Patterns of sexual behaviour — heterosexuality

Personality and sexual behaviour

Sexuality and ageing -Changes in sexual behaviour with age

Homosexuality and other sexual minorities

Sexual problems - Assessing people with sexual problems. Helping people with sexual problems

Sexual aspects of fertility, fertility control and infertility

Methodological and Conceptual Issues in the Study of Sexuality in Close Relationships

Love and Sexuality. Emotions and Sexuality

Personality and Sexuality: Empirical Relations and an Integrative Theoretical Model

Sexuality and Communication in Close Relationships

Factors Affecting Sexual Decisions in the Premarital Relationships of Adolescents and Young Adults

Extradyadic Relationships and Sexual Jealousy

Sexual Violence and Coercion in Close Relationships

Sexuality in Homosexual and Heterosexual Couples

Recommended literature:

Janet Hyde and John DeLamater (2013) Understanding Human Sexuality.McGraw-Hill

Education; 12 edition

Wendy Stainton Rogers, Rex Stainton Rogers (2001). The Psychology of Gender and Sexuality: An Introduction.: . Philadelphia. Open University Press

Kathleen McKinney, Ed., Susan Sprecher Ed. (1991) Sexuality in Close Relationships. Hillsdale, NJ. Lawrence Erlbaum Associates.

Jane M. Ussher (1997) Body Talk: The Material and Discursive Regulation of Sexuality, Madness, and Reproduction. Routledge. London.

John Bancroft (1989). Human Sexuality and Its Problems. Edition: 2nd. Edinburgh. Churchill

Course language:

Slovak, English

Notes:

Course assessment

Total number of assessed students: 129

A	В	С	D	Е	FX
99.22	0.0	0.78	0.0	0.0	0.0

Provides: doc. PhDr. Margita Mesárošová, CSc.

Date of last modification: 23.11.2015

University: P. J. Šafárik University in Košice

Faculty: Faculty of Arts

Course ID: KPS/

Course name: Market and Advertisement Psychology

PTR/08

Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours):

Per week: 2 / 2 Per study period: 28 / 28

Course method: present

Number of credits: 6

Recommended semester/trimester of the course: 3.

Course level: II.

Prerequisities: KPS/PPR/08

Conditions for course completion:

Audio or video recordings which is focused on steps of sale, written test & essay

40% middle term assessment, 60% of the final assessment test

Final exam: written test

Final evaluation (sum of all points):

For A is needed minimum 91 points, for B minimum 81 points, for C minimum 71 points, for D minimum 61 points, for E minimum 51 points, for FX = 50 and less

Learning outcomes:

The goal is to bring students to interpret the foundations of psychological knowledge of market and advertising psychology with an emphasis on understanding how psychology is applied to market conditions and advertising using the latest research findings.

Brief outline of the course:

1 Topics and methods of market psychology and psychology of advertising. 2 Psychological and social determinants of consumer behavior. 3 Communication and empathy. 4 Phases and steps of the sales process. 5 Motivation and sales force management. 6 Personal and social competencies of marketing personnel and vendor. 7 Marketing communications from a psychological point of view. 8 Psychological characteristics of ads. 9 Psychological determinants of effective advertising. 10 Research in market and advertising psychology. Types of market research: research of new product, image, name, package. Segmentation research and typology of consumers. Panel research. 11 Globalization and cultural differences in consumer behavior.

Recommended literature:

Richard P. Bagozzi, Zeynep Gürhan-Canli, Joseph R. Priester (2002) The Social Psychology of Consumer Behaviour. Philadelphia: Open University Press.

Max Sutherland (2008) Advertising and the Mind of the Consumer: What Works, What Doesn't, and Why. Edition: 3rd Revised.: Crows Nest, N.S.W.. Allen & Unwin.

Bob M. Fennis, Wolfgang Stroebe (2015) Psychology of Advertising. Psychology Press Heinrich Struck (2013) Consumer behaviour and the psychology of marketing. Kindle ed.

Michael R. Solomon, Gary Bamossy, Prof Søren Askegaard, & Margaret K. Hogg (2013). Consumer Behaviour: A European Perspective5th edition. Harlow, England, etc. Pearson

Page: 30

Course language: Slovak language Notes:							
							Course assessment Total number of assessed students: 193
A	В	С	D	Е	FX		
43.01	25.91	23.32	6.74	1.04	0.0		

University: P. J. Šafárik University in Košice Faculty: Faculty of Arts **Course ID:** KPS/ Course name: Master's Thesis Defense **DPO/15** Course type, scope and the method: **Course type:** Recommended course-load (hours): Per week: Per study period: Course method: present Number of credits: 14 Recommended semester/trimester of the course: Course level: II. **Prerequisities: Conditions for course completion: Learning outcomes: Brief outline of the course: Recommended literature:** Course language: **Notes:** Course assessment Total number of assessed students: 0 \mathbf{C} Α В D Е FX 0.0 0.0 0.0 0.0 0.0 0.0 **Provides:** Date of last modification: 03.05.2015 **Approved:** prof. PhDr. Ladislav Lovaš, CSc.

University: P. J. Šafárik University in Košice Faculty: Faculty of Arts Course ID: KPS/ Course name: Master's Thesis Defense **DPO/14** Course type, scope and the method: **Course type:** Recommended course-load (hours): Per week: Per study period: Course method: present Number of credits: 18 Recommended semester/trimester of the course: Course level: II. **Prerequisities: Conditions for course completion: Learning outcomes: Brief outline of the course: Recommended literature:** Course language: **Notes:** Course assessment Total number of assessed students: 88 C FX Α В D Е 26.14 43.18 13.64 11.36 4.55 1.14 **Provides:** Date of last modification: **Approved:** prof. PhDr. Ladislav Lovaš, CSc.

University: P. J. Šafárik University in Košice						
Faculty: Faculty of Arts						
Course ID: ÚTVŠ/ Course name: Naval Yachting NJ//13						
Course type, scope and the method: Course type: Practice Recommended course-load (hours): Per week: 36 Per study period: 504 Course method: present						
Number of credits: 2	2					
Recommended seme	ster/trimester of the cours	e: 2., 4., 6.				
Course level: I., II.						
Prerequisities:						
Conditions for course completion:						
Learning outcomes:						
Brief outline of the course:						
Recommended literature:						
Course language:						
Notes:						
Course assessment Total number of assessed students: 2						
abs		n				
	100.0	0.0				
Provides: doc. Mgr. Rastislav Feč, PhD.						
Date of last modification: 03.05.2015						
Approved: prof. PhDr. Ladislav Lovaš, CSc.						

University: P. J. Šafárik University in Košice

Faculty: Faculty of Arts

Course ID: KPS/

Course name: Police and Prison Psychology

PAVP/08

Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 2 / 2 Per study period: 28 / 28

Course method: present

Number of credits: 6

Recommended semester/trimester of the course: 3.

Course level: II.

Prerequisities:

Conditions for course completion:

active participation 25 %, test 25 %

50% exam

Learning outcomes:

Inform students with the application of psychology in police and prison practice

Brief outline of the course:

- 1. Penology- purpose of punishment, place of imprisonment, the basic principles, historical outline
- history of penitentiary and prison regimes. The place and role of the Corps specialized in civil service
- 2. Penitentiary Psychology- Its place in the system of forensic disciplines. Topics of penitentiary psychology, its basic terminology.
- 3. Application of penitentiary psychology in the prison system. The position of psychologist in an institution. The work of a psychologist in the conditions of imprisonment and VV- diagnostic, therapeutic and crisis-interventional procedures with respect to the specifics of working with convicted clients (Roma clients- Cross-cultural aspects of intellectually subnormal clientele), the concept of the treatment of convicted/accused persons. Psychological selection of jobseekers and assessment their suitability. Ethical issues of work. Basic Documents. Organizations dealing with implementation VTOS / VV
- 4. The personality of the convict in the context of crime and imprisonment VTOS. The definition of normality and delinquent behaviour. Theory of delinquency. Disturbances and forensically important mental processes, specifics of their treatment in terms of VTOS. Ontogenetic aspects. The issue of drug addiction in terms of VTOS.
- 5. The mental health of the prisoner and member of the Corps. The concept of mental health. Occupational risk factors of penitentiary worker, training for the job, and ongoing evaluation of service. The role of the psychologist in the prevention of mental health problems and addressing broader socio-psychological context.
- 6. Probation support and other options of action. Social custody. Possibilities and vision while minimizing the risk of recurrence.

Note: VTOS - imprisonment VV - detention

Recommended literature:

David J. Thomas (2011) Police Psychology: A New Specialty and New Challenges for Men and Women in Blue. Santa Barbara, CA: Praeger

Practitioner 2nd Edition. Charles C Thomas Pub Ltd;

by Curtis R. Bartol (Editor), Anne M. Bartol (Editor) (2011). Current Perspectives in Forensic Psychology and Criminal Behavior Third Edition Edition. SAGE Publications, Inc; Third Edition edition

Vincent E. Henry (2004). Death Work: Police, Trauma, and the Psychology of Survival. New York: Oxford University Press

James Horley (2003) Personal Construct Perspectives on Forensic Psychology. Contributors: Hove, England.: Brunner-Routledge.

Neil Brewer, Ed. (1995) Psychology And Policing. Hillsdale, New Jersey Hove, UK Lawrence Erlbaum Associates, Publishers

Graham J. Towl, David A. Crighton. (1996)The Handbook of Psychology for Forensic Practitioners. New York: Routledge

Course language:

Slovak, English

Notes:

Course assessment

Total number of assessed students: 301

A	В	С	D	Е	FX
46.18	34.55	13.29	2.66	3.32	0.0

Provides: PhDr. Ján Piater, PhD., Mgr. Jana Tokarčíková

Date of last modification: 23.11.2015

University: P. J. Šafárik University in Košice Faculty: Faculty of Arts Course ID: 1. PK/ **Course name:** Psychiatry and Psychopathology for Psychologists PPP-Ps/11 Course type, scope and the method: Course type: Lecture / Practice **Recommended course-load (hours):** Per week: 2 / 2 Per study period: 28 / 28 Course method: present **Number of credits:** 6 **Recommended semester/trimester of the course:** 1. Course level: II. **Prerequisities: Conditions for course completion: Learning outcomes: Brief outline of the course: Recommended literature:** Course language: **Notes:** Course assessment Total number of assessed students: 250 C A В D Е FX

Provides: prof. MUDr. Jozef Kafka, DrSc., MUDr. Dagmar Breznoščáková, Ph.D., MUDr. Mgr. Jozef Dragašek, PhD., MHA

7.2

1.2

1.2

22.4

Date of last modification: 03.05.2015

42.0

Approved: prof. PhDr. Ladislav Lovaš, CSc.

26.0

University: P. J. Šafárik University in Košice Faculty: Faculty of Arts Course ID: KPS/ Course name: Psychodiagnostics PSDG/15 Course type, scope and the method: **Course type:** Recommended course-load (hours): Per week: Per study period: Course method: present **Number of credits: 3** Recommended semester/trimester of the course: Course level: II. Prerequisities: KPS/PDE/08 **Conditions for course completion: Learning outcomes: Brief outline of the course: Recommended literature:** Course language: **Notes:** Course assessment Total number of assessed students: 0 \mathbf{C} Α В D Е FX 0.0 0.0 0.0 0.0 0.0 0.0 **Provides:** Date of last modification: 03.05.2015 **Approved:** prof. PhDr. Ladislav Lovaš, CSc.

University: P. J. Šafárik University in Košice Faculty: Faculty of Arts Course ID: KPS/ Course name: Psychodiagnostics PSDG/14 Course type, scope and the method: **Course type:** Recommended course-load (hours): Per week: Per study period: Course method: present Number of credits: 1 Recommended semester/trimester of the course: Course level: II. Prerequisities: KPS/PDE/08 **Conditions for course completion: Learning outcomes: Brief outline of the course: Recommended literature:** Course language: **Notes:** Course assessment Total number of assessed students: 90 C A В D Е FX 35.56 20.0 18.89 18.89 4.44 2.22 **Provides:** Date of last modification: 03.05.2015 **Approved:** prof. PhDr. Ladislav Lovaš, CSc.

University: P. J. Šafárik University in Košice

Faculty: Faculty of Arts

Course ID: KPS/

Course name: Psychodiagnostics of Adults

PDO/08

Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 2 / 2 Per study period: 28 / 28

Course method: present

Number of credits: 6

Recommended semester/trimester of the course: 1.

Course level: II.

Prerequisities:

Conditions for course completion:

Students are evaluated based on class participation, class presentation (20p) (the topic of presentation should relate to the field of psychological assessment. Example: multicultural issues in assessment, controversies in assessment, or the use of a specific instrument (provide a brief overview of its intended use as well as its technical features)

Write a report (20p.) of 4 assessment instruments, each report will include the following:

the possibility of using a diagnostic tool,

advantages and disadvantages

user qualification level

Next, please answer the following questions:

How did results confirm or disconfirm your knowledge of yourself?

What are the implications of your findings as far as your understanding of yourself as a therapist? Any surprises? Please elaborate.

The reports should be at least two pages and no longer than four pages and a final exam.

Activitis during semester are evaluated max. 40 p, final exam max 60 p. (written form with openend questions)

Final evaluation (sum of all points):

For A is needed minimum 90 points, for B minimum 80 points, for C minimum 70 points, for D minimum 60 points, for E minimum 50 points, for FX = 49 and less

Learning outcomes:

The aim of the course is to present a systematic overview of psychological assessment metods and introduce the principles of proper application and prepare for the practical application of the most frequently used psychodiagnostic methods.

Brief outline of the course:

Principles and specifics of adult psychological diagnosis. Clinical and test methods. Assessment of intelligence, partial and special abilities. Evaluating individual mental functions. Personality assessment: Questionnaire methods - single and multi-dimensional. Rating scale. Projective methods.

Topics

1. Psychological Testing and Assessment - definition of key terms - psychological testing, psychological tests, psychological assessment, psychological measurement, and surveys. The characteristics of psychological tests. Similarities and differences between tests. Assumptions of psychological testing. Classification of assessment methods. Brief overview of history of development and use of methods. User qualifications and professional competencies responsibilities of test users in specific contexts. Cultural, ethical and legal context of psychological assessment. 2. Non-testing methods - observation, interview, case history. Definition. Types of Clinical Interviews (intake, diagnostic, mental status exam, case history - structure). The interviewer general and specific skills. Components of the interview (raport, technique). Type of observation. Note-taking – cultural, ethical and technical issues. Advantages and disadvantages of non-testing methods. 3. Inteligence tests - definition of intelligence, A brief overview of models of intelligence (Spearman, Cattel, Thurstone, Vernon, Sternberg, Piaget, Gardner). Assessment of intelligence. Intelligence Quotient. Simple (partial) tests of Intelligence - Raven's Progressive Matrices (SPM, APM), Kohs Block Design Test. Complex tests of Intelligence: group-administered - Intelligence Structure Analysis (ISA), Intelligence Structure Test (IST), individually administered - Wechsler Adult Intelligence Scale, Stanford–Binet Intelligence Scale. 4. Tests of mental functions, special abilities – attention, memory, creativity, reaction time (Bourdon Test, Trail Making Test, Rey Complex Figure Test, Stroop Test, Wechsler Memory Scale, WCST, Torrance Tests of Creative thinking) - application possibilities, advantages and disadvantages. 5. Tests of organicity - neuropsychological assessment, Neurological damage and the Concept and definition of a cognitive deficit. Neuropsychological testing vs. standard psychological testing. Conditions and objectives of neuropsychological assessment. Test selection, Test administration, and preparation of the patient. (Verbal Learning Test, Bender-Gestalt, Benton Visual Retention Test, Delis-Kaplan Executive Function System....) 6. Personality measurement – Projective methods. Characteristic and theoretical foundations of projective methods. Advantages and limits of use (reliability, validity). The difference between the methods, techniques and tests. Classification (verbal, drawing and handling projective tests – association, construction, completion, expressive choice ordering). Word Association Experiment, Hand test, The Thematic Apperception, Test. Baum test ("Tree test"), The Luscher Color Test. 7. Personality measurement - questionnaires, inventories, rating scales - the principle, overview, classification, advantages and limits of use. Unidimensional questionnaires (Manifest Anxiety Scale, The State-Trait Anxiety Inventory, Beck Depression Inventory, Beck Depression Inventory, Hamilton Rating Scale for Depression, Hamilton Anxiety Scale, Zung Self-Rating Depression Scale, Multidimensional questionnaires (Eysenck Personality Inventory, Eysenck Personality Questionnaire, Sixteen Personality Factor Questionnaire, Big Five Inventory, Minnesota Multiphasic Personality Inventory) 8. Psychological Report - Findings of assessment and proper formulations. General guidelines (length, style, terminology, topics, presenting test interpretations, use of raw data, feedback). Format for a psychological report (referral question, evaluation procedures, behavioral observations, relevant history, test results, impressions and interpretations, summary and recommendations).

Recommended literature:

Groth-Marnat, G. Handbook of Psychological Assessment, 5th Edition, ISBN:

978-0-470-08358-1, 768 pages, May 2009

Gregory, R. 2014:Psychological Testing: History, Principles, and Applications, 7th Edition, 592 pages, ISBN13: 9781292058801, ISBN10: 1292058803

Kaplan, R.M., Saccuzzo, P.D. 2011: Specifications of Psychological Testing and Assessment 1st Edition, Publisher: Wadsworth, , ISBN-139788131512395, ISBN-108131512398 Chapter 2 –p-39-51.

Course language:

English							
Notes:	Notes:						
Course assessment Total number of assessed students: 416							
A	В	С	D	Е	FX		
28.61	29.81	18.99	10.82	6.49	5.29		
Provides: Mgr. Miriam Slavkovská, PhD.							
Date of last modification: 06.09.2016							
Approved: prof. PhDr. Ladislav Lovaš, CSc.							

University: P. J. Šafárik University in Košice

Faculty: Faculty of Arts

Course ID: KPS/ | Course name: Psychodiagnostics of Children and Young Adults

PDE/08

Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours):

Per week: 2 / 2 Per study period: 28 / 28

Course method: present

Number of credits: 6

Recommended semester/trimester of the course: 2.

Course level: II.

Prerequisities: KPS/PDO/08

Conditions for course completion:

Students are evaluated based on class participation, class presentation (the topic of presentation should relate to the field of psychological assessment of children), writing report and final exam. psychological report.

Activities during semester are evaluated max 40 p.

Final exam max. 60 p. (written form with open-end questions)

Final evaluation (sum of all points):

For A is needed minimum 90 points, for B minimum 80 points, for C minimum 70 points, for D minimum 60 points, for E minimum 50 points, for FX = 49 and less

Learning outcomes:

The aim of the course is the introdution of principles and approaches to psychologic assessesment of chidren and adolescents. Focus is on the process of administration and evaluation in diagnostic situation. Course graduate should be able to choose relevant diagnostic methods for identifying developmental disorders.

Brief outline of the course:

- 1. General issues of psychological assessment of children and youth (theoretical models). Situation of psychological assessment and its specifics in childhood. Qualitative and quantitative analysis of psychodiagnostic findings, idiographic and nomothetic approach.
- 2. Diagnosis, systems of diagnostic classification (problem formulation, assessment questions, diagnostic hypothesis, method choice, diagnosis construction, differential diagnosis, developmental diagnosis, characteristics of children assessment, sources of diagnosis, DSM V, ICD 10.
- 3. Normal development and influences on problem development (biological predisposing factors, Personal maintaining factors, Contextual pre-disponing factors, Contextual maintaining factors
- 4. Assessment methods of early development neonatal and developmental scales (NBAS, NAPI, Gesell developmental scales, Beyley developmental scales)
- 5. Assessment of early and preschool development. Evaluation of intellectual abilities Evaluation of speech and language. Autism and pervasive developmental disorders (WISC III, IV, S-B 4,5, WJ IE, Kaufman ABC, SON-R, CARS)

- 6. Assessment of school achievement. School maturity vs. school readiness. Partial learning disabilities. Tests of special abilities and individual mental functions. (Reading and spelling, Mathematics, Visual, visuospatial and visuoconstructive skills, Motor skills, Memory functions).
- 7. Problems of middle childhood Assessment of external and internal troubles (ADHD/ADD, behaviour disorders, emocional troubles, neurotic problems)
- 8. Evaluation of personality, interpersonal relationships the questionnaire techniques, projective techniques. Drawing tests evaluation of drawing expressions of the child.

Recommended literature:

Saklofske, Donald H. (EDT)/ Reynolds, Cecil R. (EDT)/ Schwean, Vicki L. (EDT), The Oxford Handbook of Child Psychological Assessment, Published by Oxford Univ Pr, 2013, ISBN 10: 0199796300 / ISBN 13: 9780199796304

Chethik, M (1989). The process of assessment and its role in the treatment process. From Chethik, M. Techniques of Child Therapy. Guilford Press.

Sattler, J. M. & Dumont, R. (2004). Assessment of children: WISC-IV and WPPSI-III Supplement. San Diego: Jerome M. Sattler, Publisher, Incorporated

Decker, S. L. Allen, R. & Choca, J. P. (2006). Construct validity of the Bender-Gestalt II: Comparison with Wechsler Intelligence Scale fot Children-III. Perceptual and Motor Skills, 102, 133-141.

Koppitz, E. M. (1975). The Bender Gestalt Test for young children. Vol 2: Research and applications, 1963-1973. New York: Grune & Stratton.

Course language:

English

Notes:

Course assessment

Total number of assessed students: 410

A	В	С	D	Е	FX
30.49	24.15	22.93	8.29	8.54	5.61

Provides: Mgr. Miriam Slavkovská, PhD.

Date of last modification: 18.11.2015

University: P. J. Šafárik University in Košice

Faculty: Faculty of Arts

Course ID: KPS/ Course name: Psychological Training
PRAXP/10

Course type, scope and the method:

Course type: Practice

Recommended course-load (hours): Per week: Per study period: 5d

Course method: present

Number of credits: 3

Recommended semester/trimester of the course: 4.

Course level: IL

Prerequisities: KPS/PDE/08 and KPS/PDO/08

Conditions for course completion:

The student must submit a report should include an overview of the activities completed during a practice. Report must be signed by a professional expert in the workplace.

Learning outcomes:

The aim of the practice is to know the practical work of psychologist. Students will acquire a psychological examination process, the process of psychological counseling, intervention and prevention. To be familiar with psychological documentation and implement basic psychological activities with the client as anamnestic interview, administration and evaluation of psychological methods and preparation of psychological reports.

Brief outline of the course:

Recommended literature:

Course language:

Notes:

Course assessment

Total number of assessed students: 305

abs	n
99.67	0.33

Provides: Mgr. Miriam Slavkovská, PhD.

Date of last modification: 03.05.2015

University: P. J. Šafárik University in Košice

Faculty: Faculty of Arts

Course ID: KPS/

Course name: Psychologist as a HR Specialist

PPER/10

Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 2 / 2 Per study period: 28 / 28

Course method: present

Number of credits: 6

Recommended semester/trimester of the course: 3.

Course level: II.

Prerequisities: KPS/PPR/08

Conditions for course completion:

Envolvement of layout, activity during semester, max 50b, min. 26b

Semester 50%, exam 50%

Exam in oral form, max 50 points, min 26 points.

Final exam: written test

Final evaluation (sum of all points):

For A is needed minimum 91 points, for B minimum 81 points, for C minimum 71 points, for D minimum 61 points, for E minimum 51 points, for FX = 50 and less

Learning outcomes:

The purpose of this subject is to expand acquired knowledge from the influence area of psychologist working as a specialist on human resources. During this course we would like to focus on forms of employee selection, evaluation systems, providing feedback to clients, outplacement and couching.

Brief outline of the course:

This subject combine practical examples with practicing concrete skills needed for psychologist who works with human resources. It is closely focused on skills related to employee assessing, selection (by Assessment or Development Centre, interview), evaluation (for example by 360°Feedback) and their further development (by couching, etc.).

1. Human Resources department in the context of company, 2. Professional context: Psychologist as HR specialist, 3. Leading of selection interview, 4. Psychodiagnostics in the area of Human Resources, 5. Assembling of tests batteries, 6. Interactive Diagnostics: Assessment/Development Centre, 7. Output processing of Personal analysis, AC, DC and their presentation, 8. Providing feedback to clients, 9. Performance evaluation of employees, 10. Outplacement, 11. Couching, 12. Development and education of employees.

Recommended literature:

Mitchell, B., Gamlem, C. (2012). The big book of HR

Lepsinger, R., Lucia, A.D. (2009) The art and science of 360 degree feedback. GB: John Wiley & Sons Ltd.

Whitmore, J. (2009) Coaching for performance: Growing human potential and purpose - the principles and practice of high-performance coaching. London: Nicholas Brealey Publishing

Woodruffle, CH. (2007) Development and Assessment Centres: Indetifying and Developing Competence. London: Human Assets Ltd.

Ulrich, D., Brockbank, W., Younger, J., Ulrich, M., Ulrich, D. (2012) HR from the Outside In: Six Competencies for the Future of Human Resources. NY: McGraw-Hill Education - Europe. Podmoroff D. (2005) How to Hire, Train and Keep the Best Employees. Ocala: Atlantic Publishing Co.

Camp, R. Vielhaber, M.E., Simonetti, J. (2001) Strategic Interviewing. NY: John Wiley & Sons Ltd.

Course language:

Slovak, English

Notes:

Course assessment

Total number of assessed students: 192

A	В	С	D	Е	FX
36.98	55.21	5.73	1.04	1.04	0.0

Provides: PhDr. Katarína Vasková, PhD.

Date of last modification: 23.11.2015

University: P. J. Šafárik University in Košice

Faculty: Faculty of Arts

Course ID: KPS/

Course name: Psychology of Creativity

PTVO/08

Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 2 / 2 Per study period: 28 / 28

Course method: present

Number of credits: 6

Recommended semester/trimester of the course: 4.

Course level: II.

Prerequisities:

Conditions for course completion:

Test, essay in middle of term, creativity developmental programme (50 points)

written final test (50 points)

Final exam: written test

Final evaluation (sum of all points):

For A is needed minimum 91 points, for B minimum 81 points, for C minimum 71 points, for D minimum 61 points, for E minimum 51 points, for FX = 50 and less

Learning outcomes:

The goal is to bring students to interpret basic knowledge of psychology of creativity with an emphasis on identification, developing creative skills and development of creative personality.

Brief outline of the course:

1 Subject matter and methods of psychology of creativity. 2 Concept of creativity. 3 Creative abilities and skills. 4 Creative personality. 5 Creativity and intelligence. 6 Creativity and talent. 7 Motivation of creativity. 8 Methods of exploring creativity. 9 Methods for developing creativity. 10 Creativity as a mechanism for personal development. 11 Specifics of developing creativity in selected groups: gifted, socially disadvantaged, minorities. 12 The effectiveness of programm approaches to developing creativity.

Recommended literature:

Runco, M. Creativity: Theories and Themes: Research, Development, and Practice.

Elsevier Science & Technology, 2007

Roķe, Līga, and Emīls Kālis. "Is There A Link Between Creativity And School Grades? Research With 9th Grade Students." International Journal Of Psychology: A Biopsychosocial Approach / Tarptautinis Psichologijos Zurnalas: Biopsichosocialinis Poziuris no. 16 (June 2015): 7-22.

Runco, Mark A. "Creativity." Annual Review of Psychology 55, no. 1 (February 2004): 657-687. Runco, M. A. (2003). Education for Creative Potential. Scandinavian Journal Of Educational Research, 47(3), 317.

Terry Dartnall – Ed.. (2002) Creativity, Cognition, and Knowledge: An Interaction: Westport, CT. Praeger.

Anna Craft (2000) Creativity across the Primary Curriculum: Framing and Developing Practice. London.Routledge.

Robert J. Sternberg (2003) Wisdom, Intelligence, and Creativity Synthesized. Contributors:. Cambridge, England. Cambridge University Press.

R. Keith Sawyer, Vera John-Steiner, Seana Moran, Robert J. Sternberg, David Henry Feldman, Jeanne Nakamura, Mihaly Csikszentmihalyi. (2003). Creativity and Development. New York: Oxford University Press.

Patti Drapeau (2014) Sparking Student Creativity: Practical Ways to Promote Innovative Thinking and Problem Solving. Alexandria, VA. ASCD.

Course language:

Slovak language

Notes:

Course assessment

Total number of assessed students: 16

A	В	С	D	Е	FX
81.25	6.25	6.25	0.0	6.25	0.0

Provides: doc. PhDr. Margita Mesárošová, CSc.

Date of last modification: 23.11.2015

University: P. J. Šafárik University in Košice

Faculty: Faculty of Arts

Course ID: KPS/

Course name: Psychology of Decision-Making

PROZ/09

Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 1 / 2 Per study period: 14 / 28

Course method: present

Number of credits: 4

Recommended semester/trimester of the course: 3.

Course level: II.

Prerequisities:

Conditions for course completion:

Students are evaluated based on class activity during the semester (10 points) and on the project from the selected area of decision-making (30 points). Final exam (60 points) consists of theoretical as well as of practical questions and more than 30 points is needed to pass the exam. Practical questions ask about the application of studied decision-making processes in concrete situations. Points during semester 40. Minimum number of points needed to enter an exam: 21

Written exam – 60 points

31 points necessary

Final evaluation

A = 91-100, B = 81-90, C = 71-80, D = 61-70, E = 51-60, FX = 50 and less

Learning outcomes:

The purpose of this course is to provide information about basic themes of psychology of judgment and decision-making. While necessary theoretical background is presented in the beginning of the course, its remainder presents basic themes and experiments with their applications in psychological work.

Brief outline of the course:

- 1. Subject of psychology of decision-making (DM). Basic terms. Approaches in psychology of DM
- 2. History of DM. Basic models of DM
- 3. DM process. Biological correlates of DM
- 4. Rationality of DM. Critique of rationality
- 5. Reasoning
- 6. Hypothesis testing
- 7. Judgment. Cognitive biases and heuristics. Specific questions of probability judgment
- 8. Risk perception
- 9. Group DM
- 10. Game theory
- 11. Morality and DM
- 12. Individual differences in DM

Recommended literature:

Hardman, D. (2009). Judgment and Decision Making: Psychological Perspectives. John Wiley and Sons.

Hastie, R., Dawes, R. M. (2010). Rational Choice in an Uncertain World. The Psychology of Judgment and Decision Making. Second edition. Sage.

Course language:

English

Notes:

Course assessment

Total number of assessed students: 189

A	В	С	D	Е	FX
49.74	28.04	14.29	7.41	0.53	0.0

Provides: Ing. Mgr. Jozef Bavol'ár, PhD.

Date of last modification: 23.11.2015

University: P. J. Šafárik University in Košice

Faculty: Faculty of Arts

Course ID: KPS/

Course name: Psychology of Family

ROD/09

Course type, scope and the method: Course type: Lecture / Practice

Recommended course-load (hours): Per week: 2 / 1 Per study period: 28 / 14

Course method: present

Number of credits: 5

Recommended semester/trimester of the course: 3.

Course level: II.

Prerequisities:

Conditions for course completion:

Elaboration, presentation and surrender semester work on a predetermined theme and active participation in the preparation and presentation of the group is a prerequisite for admission to the examination.

Final exam: written test

Final evaluation (sum of all points):

For A is needed minimum 91 points, for B minimum 81 points, for C minimum 71 points, for D minimum 61 points, for E minimum 51 points, for FX = 50 and less

Learning outcomes:

Understand multifactoring conditional processes of family as a system. Bring opportunities for prevention of negative phenomena in the family.

Brief outline of the course:

1. The subject of psychology families, objectives, perspectives and application areas.

Terminology: adaptability, cohesion, normality, interaction, identity.

- 2. Main characteristics of the family. Family functions.
- 3. Family theories, standards, assessment family.
- 4. Models of family functioning, their importance of research and practice.
- 5. Systemic versus systems approach to the family. Definitions of system, family system, possibilities and limitations of applying the approaches.
- 6. Family over time (life stages of family life, family life cycle). Satisfaction in the family because of the family cycle stages.
- 7. Partnership, family formation and parenthood.
- 8. Family communication levels of communication, communication in relationships, communication problems. Special forms of communication: family rituals, family myths.
- 9. Theory of family stress and its management. Family Resiliency (resistance). Family crisis.
- 10. Principles of work with the family the basic differences in counseling and therapy.
- 11. Upbringing, alternating upbringing (shared parenting).

Seminars content

Individual and group preparation specifically designed for successive exercise.

1. Introduction to discipline, discussion of the basic concepts.

- 2. Research on the family methodological specifics. The adequacy of the methods, the problem of interpretation of family data. The significance of the research in practice.
- 3. Socio-psychological specifics and problems of modern family.

Functional versus dysfunctional family.

- 4. Biological versus adoptive families.
- 5. Fostering and professional parents (psycho-social features)
- 6. Intergenerational family and its specific features (benefits and challenges)
- 7. Reconstructed family. Step-families parenting in step-families, family identity formation in step-families.
- 8.Kohabitation versus marriage in the context of the family. Studies of different types of parenting and families:
- 9. Lack of parenting, involuntary childlessness.
- 10 Single-parent families: mother-lonely single mother, a divorced mother, a widow, lonely father widowed, divorced father.
- 11. The exercise will be devoted to case studies from the field of family counseling led by expert of the consulting practice. The term will be specified during the semester (change in terms of exercise is possible).

Recommended literature:

Bray, J.H., (Editor), Stanton, M..The Wiley-Blackwell Handbook of Family Psychology 1st Edition. ISBN-13: 000-1118344642 (ISBN-10: 1118344642)

Pinsof, W.M., Lebow, J., L.. Family Psychology. The Art of the Science. Oxford Textbooks in Clinical Psychology.

John W. Thoburn and Thomas L. Sexton. Family Psychology. Theory, Research, and Practice. Praeger, 2015

Course language:

Slovak language and English language

Notes:

Course assessment

Total number of assessed students: 255

Α	В	С	D	Е	FX
62.75	30.59	4.31	1.18	0.39	0.78

Provides: doc. PhDr. Beáta Ráczová, PhD.

Date of last modification: 23.11.2015

University: P. J. Šafárik University in Košice Faculty: Faculty of Arts Course name: Psychology of Organisations Course ID: KPS/ **ORG/15** Course type, scope and the method: Course type: Lecture / Practice **Recommended course-load (hours):** Per week: 2 / 2 Per study period: 28 / 28 Course method: present Number of credits: 6 Recommended semester/trimester of the course: 1. Course level: II. **Prerequisities: Conditions for course completion:** Students evaluation is based on activities during the semester (40 points) and final exam (60 points). Evaluated activities are short test and class presentation of selected topic. Minimum number of points needed to enter an exam: 21. Final evaluation (sum of all points): For A is needed minimum 91 points, for B minimum 81 points, for C minimum 71 points, for D minimum 61 points, for E minimum 51 points, for FX = 50 and less **Learning outcomes:** Students will know: Basic signs and types of organizations, and organizational processes. Psychological aspects of management. Social interactions in organizations on the individual, group and organizational level, including its interrelations. **Brief outline of the course:** Basic signs of organizations. Organization as an activity and as a social entity. Types of organizations. Organizations and management. Structure of organizations. Organizational culture. Changes in organizations and development. Organizational commitment and citizenship. Group processes, group influence. Working group and team. Leadership. Decision making in organizations. Organizational justice. Conflicts and its solution. Negative phenomena in organizations - aggression. Recommended literature: Rothmann C.L. Cooper: Work and organizational psychology. Routledge, 2015, ISBN 978-1-84872-220-0 paperback. Furnham, A. 2007. The psychology of behaviour at work. Psychology Press. Furnham, A. 2008. Personality and Intelligence at Work. Routledge. Course language: English

Notes:

Course assessment Total number of assessed students: 401						
A	В	С	D	E	FX	
51.87 33.92 10.72 3.24 0.25 0.0						
Provides: prof. PhDr. Ladislav Lovaš. CSc., Mgr. Pavol Kačmár						

Date of last modification: 23.11.2015

University: P. J. Šafárik University in Košice

Faculty: Faculty of Arts

Course ID: KPS/

Course name: Psychology of Work

PPR/08

Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours):

Per week: 2 / 2 Per study period: 28 / 28

Course method: present

Number of credits: 6

Recommended semester/trimester of the course: 2.

Course level: II.

Prerequisities:

Conditions for course completion:

Semester activities: Essay (20 points), credit test (20 points)

Final written exam (60 points)

Final evaluation (sum of all points):

For A is needed minimum 91 points, for B minimum 81 points, for C minimum 71 points, for D minimum 61 points, for E minimum 51 points, for FX = 50 and less

Learning outcomes:

The main purpose of this course is to familiarize students with work fulfillment of work psychologist. Lead them to acquire knowledge and skills needed to effective problem and situation solving at the workplace. Emphasize ethics in work of psychologist, fulfillment of his work and possible forms of counseling.

Brief outline of the course:

- 1. Work psychologist, his functions, position, ethical principles,
- 2. Methods of work psychology, psychodiagnostics, research in work psychology,
- 3. Analyses of work, HR planning,
- 4. Employee recruitment and selection,
- 5. Development, training, perfection, group education,
- 6. Performance appraisal
- 7. Compensation management & employee's evaluation
- 8. Career counselling and carrer development
- 9. Work-family balance, conflict and enrichment
- 10. New forms of working
- 11. Challenging issues: work insecurity, work overload, work stress
- 12. Dysfunctional behaviour at work: workoholism, burnout, corporate psychopaths

Recommended literature:

- 1. Matthewman, L., Rose, A., Hetherington, A. 2009. Work psychology. Oxford University Press.
- 2. Rothmann, I., & Cooper C.L. 2015. Work and Organizational Psychology part2- Work psychology. Routledge.
- 3. Drenth, P.J.D., Thierry, H., & de Wolff, C.J. 1998. Handbook of Work and Organizational Psychology. Volume 3: Personnel Psychology. Psychlogy Press. Taylor & Francis.

Course language: Slovak, English								
Notes:								
	Course assessment Total number of assessed students: 405							
A	В	С	D	Е	FX			
45.43	27.9	15.56	4.69	5.93	0.49			
Provides: Mgr.	Provides: Mgr. Denisa Fedáková, PhD., Mgr. Pavol Kačmár							
Date of last modification: 23.11.2015								
Approved: prof. PhDr. Ladislav Lovaš, CSc.								

University: P. J. Šafárik University in Košice Faculty: Faculty of Arts Course ID: KPS/ **Course name:** Psychology of Work and Organisations SPRAC/14 Course type, scope and the method: **Course type:** Recommended course-load (hours): Per week: Per study period: Course method: present Number of credits: 1 Recommended semester/trimester of the course: Course level: II. **Prerequisities: Conditions for course completion: Learning outcomes: Brief outline of the course: Recommended literature:** Course language: **Notes:** Course assessment Total number of assessed students: 52 C Α В D Ε FX 50.0 30.77 9.62 5.77 0.0 3.85 **Provides:** Date of last modification: 03.05.2015 **Approved:** prof. PhDr. Ladislav Lovaš, CSc.

Page: 58

University: P. J. Šafárik University in Košice Faculty: Faculty of Arts Course ID: KPS/ **Course name:** Psychology of Work and Organisations SPRAC/15 Course type, scope and the method: **Course type:** Recommended course-load (hours): Per week: Per study period: Course method: present **Number of credits: 3** Recommended semester/trimester of the course: Course level: II. **Prerequisities: Conditions for course completion: Learning outcomes: Brief outline of the course: Recommended literature:** Course language: **Notes:** Course assessment Total number of assessed students: 0 \mathbf{C} Α В D Е FX 0.0 0.0 0.0 0.0 0.0 0.0 **Provides:** Date of last modification: 03.05.2015 **Approved:** prof. PhDr. Ladislav Lovaš, CSc.

University: P. J. Šafárik University in Košice

Faculty: Faculty of Arts

Course ID: KPS/

Course name: Psychotherapy

PTER/08

Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 2 / 2 Per study period: 28 / 28

Course method: present

Number of credits: 6

Recommended semester/trimester of the course: 2.

Course level: IL

Prerequisities: KPS/KLP/08

Conditions for course completion:

Test, active participation during seminars (class participation, class presentation), max 40p, min 22 p

semester 40%, exam 60%

Basis of exam is test with next discussion about spatial topic from psychotherapy

Final evaluation (sum of all points):

For A is needed minimum 91 points, for B minimum 81 points, for C minimum 71 points, for D minimum 61 points, for E minimum 51 points, for FX = 50 and less

In case of absence it is necessary to receive permission in advance and inform the teacher as to the reason for the absence.

Learning outcomes:

The general goal of this course is to introduce students to the various concepts and and issues surrounding the field of psychotherapy. Psychotherapy deals with treatment of psychical disorders by psychological methods. It includes interactive processes between a person or group and a psychologist. During this course we would like to focus on essential background, which is necessary for understanding concrete psychotherapy theories. Course brings answers on following questions: What is the role of psychotherapy, and how does it relate to psychological practice? Are some theories more valid than others? Does psychotherapy work? If psychotherapy works, how does it work and how do we know it works? How does a new practitioner choose a psychotherapy orientation?

Brief outline of the course:

- 1. Psychotherapy as a discipline and activity; Types of psychotherapy; Psychotherapy aims; training in psychotherapy; magazines; professional societies
- 2. Integrative psychotherapy framework; effective factors in psychotherapy; Indications for psychotherapy
- 3. Psychoanalytic and psychodynamic psychotherapy
- 4 The person centered therapy
- 5. Existential psychotherapy
- 6. Behavioral psychotherapy
- 7. Cognitive psychotherapy

- 8. Gestalt psychotherapy
- 9 Interpersonal psychotherapy
- 10. Group psychotherapy, therapeutic community
- 11. Family therapy, systemic therapy

Seminar lesson:

In the first seminar lesson, each student selects the psychotherapy book which he/she will read and present in class. For seminar lesson the student will prepare 45 minutes presentation about selected book, personal understanding of book, relevant associations, criticism and examples. The student's presentation is intended to be an interactive, cooperative effort involving the entire class. The class ends with a 15 minute discussion of the presentation. Students are encouraged to express their views of the book and their learning experience.

Recommended literature:

Prochaska, J. O., Norcross, J. C. (2009). Systems of Psychotherapy: A Transtheoretical Analysis. USA.

Wedding, D., Corsiny, R. J. (2010). Current Psychotherapies. USA.

Wampolt, B. E. (2012). The Basics of Psychotherapy: An Introduction to Theory and Practice.

USA: APA.

Additional readings

Maria Gilbert and Vanja Orlans (2010) Integrative Therapy: 100 Key Points and Techniques

London: Routledge

Petruska Clarkson and Stefanie Wilson (2003) The Therapeutic Relationship

London and Philadelphia, Whurr Publishers

Dave Mann: (2010) Gestalt Therapy (100 Key Points) London: Routledge

Roger Casemore (2011) Person-Centred Counselling in a Nutshell Sage Publications Ltd; Second edition

Susan Howard (2011) Psychodynamic Counselling in a Nutshell Sage Publications Ltd; Second edition

Course language:

English

Notes:

Course assessment

Total number of assessed students: 403

A	В	С	D	Е	FX
45.41	29.28	15.38	6.95	2.23	0.74

Provides: Mgr. Monika Hricová, PhD., doc. PhDr. Gabriela Mikulášková, PhD.

Date of last modification: 23.11.2015

University: P. J. Šafárik University in Košice

Faculty: Faculty of Arts

Course ID: KPS/

Course name: Rorschach Method

ROR/08

Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours):

Per week: 1 / 2 Per study period: 14 / 28

Course method: present

Number of credits: 5

Recommended semester/trimester of the course: 3.

Course level: II.

Prerequisities: KPS/KLP/08

Conditions for course completion:

- 1. Each student has to prepare two written case studies in RoR
- 2. Final exam (both, written and oral)

Learning outcomes:

- 1. To understand in deep essence of projective methods, especially RoR
- 2. To get knowledge and basic skills in work with RoR (administration, prepraration of summary data, and partially, also basics of interpretation)

Brief outline of the course:

Introduction into projective methods: classification of methods, essence, the ways of work. History and development in Rorschach method. Administration, coding and interpretation of RoR. Non-conventional work with RoR and RoR - modifications.

Lectures:

- 1. Brief overview of projective methods: Theoretical issues, classification. Advantages and limits of projective assessment.
- 2. History of Rorschach test: Preliminaria. Herman Rorschach and his work. Europaean and American schools: Behn, Bohm, Beck, Hertz, Klopfer. Exner and his comprehensive system.

Exner, J.E. (1969): The Rorschach Systems. New York: Grune and Stratton

Exner, J.E. (2003): The Rorschach. A Comprehensive System. New York: Wiley p.3 - 41

3. Administration and steps in work with Rorschach test: Preparation for taking test. Introducing test and response phase. Inquiry, scoring and interpretation.

Exner, J.E. (2003): The Rorschach. A Comprehensive System. New York: Wiley p. 45 - 67

4. Scoring: Location and Developmental quality.

Exner, J.E. (2003): The Rorschach. A Comprehensive System. New York: Wiley p. 68 - 84

5. Scoring: Determinants I.: Form, movements and colors. Assessment of form quality

Exner, J.E. (2003):The Rorschach. A Comprehensive System. New York: Wiley p. 85 - 103, 120 - 125

6. Scoring: Determinants II.: Shading determinants, Form dimension and Pairs.

Exner, J.E. (2003): The Rorschach. A Comprehensive System. New York: Wiley p. 104 - 119

7. Scoring: Contents, Popularity and Special scores.

Exner, J.E. (2003):The Rorschach. A Comprehensive System. New York: Wiley p.125 - 130, 134 - 146

8. Structural summary.

Exner, J.E. (2003):The Rorschach. A Comprehensive System. New York: Wiley p. 147 - 157 9. Basics of interpretation: Principles. Exner's approach to interpretation Ror: clusters

Exner, J.E. (2003): The Rorschach. A Comprehensive System. New York: Wiley p. 217 - 230

Recommended literature:

Exner, J. E. (2002). The Rorschach, A comprehensive system, Vol. 1, Basic Foundations (4th edition). New York: Wiley.

Course language:

Notes:

Course assessment

Total number of assessed students: 236

A	В	С	D	Е	FX
25.85	52.97	20.76	0.42	0.0	0.0

Provides: doc. PhDr. Ján Ferjenčík, CSc.

Date of last modification: 23.11.2015

University: P. J. Šafárik University in Košice						
Faculty: Faculty of A	rts					
Course ID: ÚTVŠ/ ÚTVŠ/CM/13						
Course type, scope a Course type: Practic Recommended cour Per week: 36 Per st Course method: pre	ce rse-load (hours): udy period: 504 esent					
Number of credits: 2						
Recommended seme	ster/trimester of the cours	e: 2., 4., 6.				
Course level: I., II.						
Prerequisities:						
Conditions for cours	e completion:					
Learning outcomes:						
Brief outline of the c	ourse:					
Recommended litera	ture:					
Course language:						
Notes:						
Course assessment Total number of asses	ssed students: 7					
	abs n					
57.14 42.86						
Provides: Mgr. Alena	Buková, PhD., Mgr. Agata	Horbacz, PhD.				
Date of last modifica	tion: 03.05.2015					
Approved: prof. PhD	r. Ladislav Lovaš, CSc.					

University: P. J. Šafárik University in Košice

Faculty: Faculty of Arts

Course ID: KPS/

Course name: School Psychology

SKOP/08

Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 2 / 2 Per study period: 28 / 28

Course method: present

Number of credits: 6

Recommended semester/trimester of the course: 3.

Course level: IL

Prerequisities: KPS/PDE/08

Conditions for course completion:

Learning outcomes:

Brief outline of the course:

Vertical and horizontal structure of work of school psychologist, sequential model, the process of change and its management.

Selected psychological trends and their reflection in the work of school psychologist.

School culture, social class and school climate, school atmosphere and the class model of quality of life in the school environment.

Challenging situations in the school environment of the learner, difficult situations in the school environment from a position of teacher biopsychosocial factors sustaining, enhancing and promoting the health of teachers and pupils.

Educationally problematic behaviour, coping, unobtrusive educationally disruptive problem behaviour, mediation as an alternative way of resolving conflicting situations in the work of school psychologist.

Professional and non-professional forms of support and control the work of school psychologist. Consulting, advisory, therapeutic and supervisory activities, crisis intervention in the work of school psychologist.

Career development as a lifelong process, choice of profession as a vital developmental role, occupational training, career guidance and counselling in the work of school psychologist.

Consulting, intervention, diagnostic activity of school psychologist in relation to family.

Primary, secondary and tertiary prevention of drug use in the prevention phase, a prevention strategy work, the effectiveness of the prevention work in the work of school psychologist.

Unit 1 Professional forms of control and help in school practice; educational guidance and counselling. Teacher's personality. Psychological aspects of job satisfaction of school staff. Biopsychosocial factors sustaining, enhancing and promoting the health of school staff. Positive psychology in school practice, coping with the difficulties of life, social support, prevention of loss of enthusiasm. Biopsychosocial factors damaging and destroying health.

Unit 2The concept of school psychological services. The development of educational psychology in Slovakia and abroad. The mission of school and school psychology. The role of school psychologists in school; activities of school psychologist in relation to pupils, teachers, parents.

Intergenerational relationships at school, demands of the teaching profession and school psychology. Ethical standards of school psychologist work.

Unit 3 Selected psychological trends and perspectives of education in terms of school psychology. The role of school psychologist in the educational process - learning in the school context and types of learning. Learning styles. Circadian rhythms in the teaching process. Psychological factors and circadian rhythms.

Unit 4 Control and management of the classroom. Coping with school stress. School climate and school trends. Decision-making within guidance. Prevention of risky behaviour of adolescents and young adults. Effective strategies for preventing drug use. Crisis management in the school environment.

Recommended literature:

Harrison, P.L. Thomas, A. (Eds). Best practices in school psychology VI. NASP; 6th edition (2014).

Merrell, K.W., Ervin, R.A., Peacock, G.D. School Psychology for the 21st Century, Second Edition: Foundations and Practices. The Guilford Press, 2012

D'Onofrio, A.A.Guide for Counselors and Health Care Professionals. New York: Springer, 2007. Bray, M. A., Kehle, TJ. The Oxford Handbook of School Psychology. 2012, DOI: 10.1093/oxfordhb/9780195369809.001.0001

Jimerson, S.R., Oakland, T.D., Farrell, P.T. The Handbook of International School Psychology, Sage 2007.

D'Amato, R.C., Sheridan, S.M., Phelps, L.Lopez, E.C. Psychology in the Schools, School Psychology

Review, School Psychology Quarterly and Journal of Educational and Psychological Consultation Editors

Collaborate to Chart School Psychology's Past, Present, and "Futures" School Psychology Quarterly, Vol. 18, No. 4, 2003, pp. 347–351

Canadian Journal of School Psychology

Journal of School Psychology

School Psychology Quarterly

Course language:

Notes:

Course assessment

Total number of assessed students: 81

A	В	С	D	Е	FX
75.31	19.75	4.94	0.0	0.0	0.0

Provides: doc. PhDr. Beata Gajdošová, PhD.

Date of last modification: 23.11.2015

University: P. J. Šafárik University in Košice

Faculty: Faculty of Arts

Course ID: ÚTVŠ/ | **Course name:** Sports Activities I.

TVa/11

Course type, scope and the method: Course type: Practice

Recommended course-load (hours): Per week: 2 Per study period: 28

Course method: present

Number of credits: 2

Recommended semester/trimester of the course: 1., 3., 5., 7.

Course level: I., I.II., II.

Prerequisities:

Conditions for course completion:

Learning outcomes:

Brief outline of the course:

Recommended literature:

Course language:

Notes:

Course assessment

Total number of assessed students: 7947

abs	n	neabs	
87.96	8.12	3.93	

Provides: PaedDr. Imrich Staško, doc. PhDr. Ivan Šulc, CSc., doc. Mgr. Rastislav Feč, PhD., Mgr. Ivan Matúš, PhD., Mgr. Zuzana Küchelová, Mgr. Peter Bakalár, PhD., doc. PaedDr. Ivan Uher, PhD., PaedDr. Milena Švedová, PhD., Mgr. Agata Horbacz, PhD., Mgr. Marek Valanský, prof. RNDr. Stanislav Vokál, DrSc., Mgr. Lucia Kršňáková, PhD., Mgr. Dávid Kaško

Date of last modification: 03.05.2015

University: P. J. Šafárik University in Košice

Faculty: Faculty of Arts

Course ID: ÚTVŠ/ Cour

Course name: Sports Activities II.

TVb/11

Course type, scope and the method:

Course type: Practice

Recommended course-load (hours): Per week: 2 Per study period: 28

Course method: present

Number of credits: 2

Recommended semester/trimester of the course: 2., 4., 6.

Course level: I., I.II., II.

Prerequisities:

Conditions for course completion:

Learning outcomes:

Brief outline of the course:

Recommended literature:

Course language:

Notes:

Course assessment

Total number of assessed students: 7437

abs	n	neabs
85.03	10.93	4.03

Provides: PaedDr. Imrich Staško, doc. Mgr. Rastislav Feč, PhD., doc. PhDr. Ivan Šulc, CSc., Mgr. Ivan Matúš, PhD., Mgr. Zuzana Küchelová, doc. PaedDr. Ivan Uher, PhD., Mgr. Peter Bakalár, PhD., PaedDr. Milena Švedová, PhD., Mgr. Agata Horbacz, PhD., Mgr. Marek Valanský, prof. RNDr. Stanislav Vokál, DrSc., Mgr. Lucia Kršňáková, PhD., Mgr. Dávid Kaško, Mgr. Aurel Zelko, PhD., Mgr. Dana Dračková, PhD.

Date of last modification: 03.05.2015

University: P. J. Šafárik University in Košice

Faculty: Faculty of Arts

Course ID: KPS/ | Course name: Statistics 2

STA2/08

Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 2 / 2 Per study period: 28 / 28

Course method: present

Number of credits: 6

Recommended semester/trimester of the course: 1.

Course level: II.

Prerequisities:

Conditions for course completion:

Students evaluation is based on class activity during the semester (10 points) and on the test in the middle of the semester (30 points). The test consists of three practical questions solved on computers with SPSS software. Final exam (60 points) consists of theoretical as well as of practical questions and more than 30 points is needed to pass the exam.

Final evaluation (sum of all points):

A (90-100p)

B (80-89 p.)

C (70-79p.)

D (60-69 p.)

E (51-59 p.)

FX (0-50 p.)

Learning outcomes:

The purpose of this course is to provide information about advanced statistical methods when familiarity with the basic methods is expected. Basis fields include various kinds of analysis of variance (independent samples, repeated measures, mixed ANOVA MANOVA), factor analysis, multiple linear and logistic regression, cluster analysis and structural equation modelling. These statistical methods are introduced firstly on lectures with the theoretical background and the process of computing together with assumptions is presented. Next, these methods are practised on exercises with SPSS software

Brief outline of the course:

- 1. Review of basic statistical methods 1 (descriptive statistics measures of central tendency, variability, position, hypothesis testing parametric statistics).
- 2. Review of basic statistical methods 2 (hypothesis testing nonparametric statistics, correlation, regression).
- 3. One-way analysis of variance. Purpose, assumptions, procedure, results interpretation, post hoc tests.
- 4. Two-way ANOVA, repeated measures ANOVA. Purpose, assumptions, procedure, results interpretation, post hoc tests.

- 5. Nonparametric alternatives of ANOVA (Kruskal-Wallis, Friedman, Cochran Q). Suitable scientific questions and data, purpose of methods, assumptions, procedure, results interpretation, post hoc tests.
- 6. MANOVA. Purpose, assumptions, differences in comparison with ANOVA, logic of test, procedure in SPSS, results interpretation, post hoc tests (ANOVA).
- 7. Polynominal regression analysis, logistic regression. Differences from simple regression, purpose, methods of regression, assessing regression model and predictors. Appropriatness of logistic regression in psychological research.
- 8. Factor analysis (exploratory), principal components analysis. Purpose of factor analysis, methods of factor analysis, rotation, factor loadings, decisions about number of factors, interpretation of results.
- 9. Cluster analysis. Purpose and logic of cluster analysis. Methods, reading cluster analysis results. 10. Multidimensional scaling. Purpose and logic of multidimensional scaling, its methods and possible applications.
- 11. Structural equations modelling. Differences from "classical" statistical methods (confirmation technique), examples of use (confirmatory factor analysis, mediation), assessing model, changing model.

Recommended literature:

Field, A. (2009). Discovering Statistics sing SPSS. SAGE.

Landau, S., Everitt, B.S. (2004). A handbook of statistical analyses using SPSS. Chapman & Hall/CRC.

Boca Raton.

Ho, R. (2013). Handbook of Univariate and Multivariate Data Analysis with IBM SPSS, CRC Press

StatSoft, Inc.: Electronic Statistics Textbook. Tulsa, OK: StatSoft. WEB: http://www.statsoft.com/textbook/stathome.html, 1999.

Course language:

English

Notes:

Course assessment

Total number of assessed students: 418

A	В	С	D	Е	FX
22.49	21.53	18.9	16.03	16.03	5.02

Provides: doc. PhDr. Ján Ferjenčík, CSc., Ing. Mgr. Jozef Bavoľár, PhD.

Date of last modification: 23.11.2015

University: P. J. Safárik University in Košice				
Faculty: Faculty of A	arts			
Course ID: ÚTVŠ/ LKSp//13				
Course type, scope a Course type: Practic Recommended cour Per week: 36 Per st Course method: pre	ce rse-load (hours): udy period: 504			
Number of credits: 2				
Recommended seme	ster/trimester of the course	e : 2., 4., 6.		
Course level: I., II.				
Prerequisities:				
Conditions for cours	e completion:			
Learning outcomes:				
Brief outline of the c	ourse:			
Recommended litera	iture:			
Course language:				
Notes:				
Course assessment Total number of asse	ssed students: 92			
abs n				
35.87 64.13				
Provides: Mgr. Peter	Bakalár, PhD.			
Date of last modification: 03.05.2015				
Approved: prof. PhDr. Ladislav Lovaš, CSc.				

University: P. J. Šafá	rik University in Košice			
Faculty: Faculty of A	arts			
Course ID: ÚTVŠ/ KP/12	Course name: Survival Course			
Course type, scope a Course type: Practic Recommended cou Per week: 36 Per st Course method: pre	ce rse-load (hours): sudy period: 504 esent			
Number of credits: 2				
Recommended seme	ster/trimester of the cours	e: 1., 3., 5.		
Course level: I., II.				
Prerequisities:				
Conditions for cours	se completion:			
Learning outcomes:				
Brief outline of the c	ourse:			
Recommended litera	nture:			
Course language:				
Notes:				
Course assessment Total number of asse	ssed students: 251			
abs n				
43.82 56.18				
Provides: Mgr. Mare	k Valanský, MUDr. Peter De	ombrovský		
Date of last modifica	ation: 03.05.2015			
Approved: prof. PhD	Dr. Ladislav Lovaš, CSc.			

University: P. J. Šafárik University in Košice

Faculty: Faculty of Arts

Course ID: KPS/

Course name: The Essentials of Moral Psychology

PMOR/09

Course type, scope and the method: Course type: Lecture / Practice

Recommended course-load (hours): Per week: 2 / 1 Per study period: 28 / 14

Course method: present

Number of credits: 5

Recommended semester/trimester of the course: 4.

Course level: II.

Prerequisities:

Conditions for course completion:

Term paper

Final evaluation (sum of all points):

For A is needed minimum 91 points, for B minimum 81 points, for C minimum 71 points, for D minimum 61 points, for E minimum 51 points, for FX = 50 and less

Learning outcomes:

The aim of the course is to provide students an overview of current theories of development of morality, their comparison and potential uses.

Brief outline of the course:

Recommended literature:

Course language:

Notes:

Course assessment

Total number of assessed students: 102

A	В	С	D	Е	FX
61.76	27.45	6.86	0.0	1.96	1.96

Provides: doc. PhDr. Beáta Ráczová, PhD.

Date of last modification: 23.11.2015

University: P. J. Šafárik University in Košice				
Faculty: Faculty of Arts				
Course ID: ÚTVŠ/ ZKLS//13	Course name: Winter Ski Training Course			
Course type, scope a Course type: Practic Recommended cour Per week: 36 Per st Course method: pre	ce rse-load (hours): udy period: 504 esent			
Number of credits: 2		1 2 5	_	
	ster/trimester of the cours	e: 1., 3., 5.	_	
Course level: I., II.			,	
Prerequisities:			_	
Conditions for cours	e completion:			
Learning outcomes:				
Brief outline of the c	ourse:			
Recommended litera	iture:			
Course language:				
Notes:			_	
Course assessment Total number of asse	ssed students: 81			
abs n				
32.1 67.9				
Provides: PaedDr. Im	nrich Staško, doc. PhDr. Ivan	ı Šulc, CSc.		
Date of last modifica	tion: 03.05.2015		_	
Approved: prof. PhD	r. Ladislav Lovaš, CSc.		_	