# **CONTENT**

1. Bachelor's Thesis Defense	3
2. Bachelor's Thesis Seminar	4
3. Child Development Disorders	5
4. Child Maltreatment	7
5. Cognitive Psychology	9
6. Cognitive Psychology and Psychology of Emotions in the Context of Ontogenesis	11
7. Counselling Psychology	12
8. Crisis Intervention	
9. Developmental Psychology I	16
10. Developmental Psychology II	18
11. English Language I	20
12. English Language II	22
13. Etology	
14. Gender Psychology	25
15. German Language for Students of Psychology I	27
16. German Language for Students of Psychology II	28
17. History of Philosophy (for Students of Psychology)	29
18. Introduction to Statistical Methods	31
19. Introduction to the Study of Psychology	33
20. Neuroanatomy for Psychologists	
21. Neurophysiology for Psychologists	36
22. Neuropsychology	
23. Pedagogy Essentials	40
24. Professional Competencies 1	42
25. Professional Competencies 2	44
26. Psychological Research Methodology 2	46
27. Psychological Research Methodology: Qualitative Approach	48
28. Psychological Training 1	
29. Psychological Training 2	
30. Psychology of Emotions and Motivation	
31. Psychology of Personality	56
32. Psychology of Personality 2	58
33. Psychopathology	
34. Seaside Aerobic Exercise	61
35. Social Psychology I	
36. Social Psychology II	65
37. Social Psychology and Personality	67
38. Social and Behavioural Research Methodology	68
39. Sociology	70
40. Sports Activities I	
41. Sports Activities II	74
42. Students' Scientific Conference in the Field of Psychology (BA)	76
43. Summer Course-Rafting of TISA River.	
44. Survival Course	
45. Systems of Psychology	
46. The Fundamentals of Clinical Psychology	83
47. The Fundamentals of Educational Psychology	85
48. The Fundamentals of Psychology of Work	87

University: P. J. Šafárik University in Košice

**Faculty:** Faculty of Arts

Course ID: KPS/

Course name: Bachelor's Thesis Defense

OBP/15

Course type, scope and the method:

**Course type:** 

Recommended course-load (hours):

Per week: Per study period: Course method: present

**Number of ECTS credits: 8** 

Recommended semester/trimester of the course:

Course level: I.

**Prerequisities:** 

**Conditions for course completion:** 

Obtaining the required number of credits in the prescribed composition by the study plan.

**Learning outcomes:** 

Verification of acquired competencies in accordance with the graduate profile.

**Brief outline of the course:** 

Presentation of the results of the bachelor's thesis, answering the opponent's questions, answering the questions of the examination commission.

**Recommended literature:** 

Course language:

Slovak

**Notes:** 

**Course assessment** 

Total number of assessed students: 177

A	В	С	D	Е	FX
23.16	35.03	25.42	11.3	5.08	0.0

**Provides:** 

Date of last modification: 22.03.2021

University: P. J. Šafárik University in Košice

Faculty: Faculty of Arts

Course ID: KPS/

Course name: Bachelor's Thesis Seminar

**SBP/08** 

Course type, scope and the method:

**Course type:** Practice

Recommended course-load (hours): Per week: 2 Per study period: 28

Course method: present

**Number of ECTS credits: 2** 

**Recommended semester/trimester of the course:** 5.

Course level: I.

# **Prerequisities:**

### **Conditions for course completion:**

It is necessary to submit written material in a minimum of 15 pages (working version of the theoretical part of the bachelor's thesis and research project).

# **Learning outcomes:**

Ensuring the preparation of bachelor's theses. Creating a platform for solving theoretical and methodological issues of bachelor's theses.

#### **Brief outline of the course:**

The structure and content of the bachelor thesis.

Theoretical part of the bachelor thesis, literary sources and their citations.

Methodological issues of bachelor thesis preparation.

Processing of research results.

Formal aspect of the bachelor's thesis and its presentation at the defenses

### **Recommended literature:**

### **Course language:**

#### Notes:

Lectures and activities are adapted to both, physically present and distance form of education. For further information and current changes in the form of teaching (distance vs. full-time), please see electronic noticeboard.

#### Course assessment

Total number of assessed students: 586

abs	n
98.29	1.71

Provides: prof. PhDr. Ladislav Lovaš, CSc., Mgr. Dominika Spišáková

Date of last modification: 22.03.2021

University: P. J. Šafárik University in Košice

Faculty: Faculty of Arts

Course ID: KPS/ Course name: Chil

PDV/07

Course name: Child Development Disorders

Course type, scope and the method: Course type: Lecture / Practice

Recommended course-load (hours): Per week: 2 / 2 Per study period: 28 / 28

Course method: present

**Number of ECTS credits: 6** 

Recommended semester/trimester of the course: 4.

Course level: L

Prerequisities: KPS/VP1/05 and leboKPPaPZ/VPMOS/16

### **Conditions for course completion:**

### **Learning outcomes:**

The aim of the course is to provide the basics of psychopathology and pathopsychology of child development. The absolvent of the course has theoretical knowledge about childhood developmental disorders, which can be used in practice in the context of knowledge from other subjects. In addition, the absolvent of the course also has an overview of current knowledge based on the latest research and evidence-based methods.

### **Brief outline of the course:**

The concept of health and disease. The concept of optimal development. Pathogenic factors of development. Classification of developmental disorders according to ICD. Psychology sick and disabled child. Disorders of speech and language. Specific learning disabilities. Mental retardation and pervasive disorder. Emotional and behavioral disorders in childhood and adolescence. Social development problems. Eating disorders. Problems with alcohol and substance abuse. Disorders of psychosexual development. Children at risk environment, abused and neglected children. School maturity and its disorders. Helping professions and psychological assistance to children with disorders of psychological development.

#### **Recommended literature:**

M. Lewis & K.D.Rudolph (Eds.), Handbook of developmental psychopathology (3rd ed). New York,

NY: Plenum Press. ISBN 978-1-4614-9608-3

### **Course language:**

# **Notes:**

#### Course assessment

Total number of assessed students: 656

A	В	С	D	Е	FX
19.36	27.44	28.51	16.62	4.12	3.96

Provides: Mgr. Jana Schrötter, PhD.

**Date of last modification:** 21.03.2021

University: P. J. Šafárik University in Košice

Faculty: Faculty of Arts

Course ID: KPS/

Course name: Child Maltreatment

TD/07

Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 2 / 1 Per study period: 28 / 14

**Course method:** present

Number of ECTS credits: 5

**Recommended semester/trimester of the course:** 5.

Course level: I.

Prerequisities: KPS/VPSP/08 and leboKPS/VP2/06

# **Conditions for course completion:**

1. Case report of neglected child.

Students' task is to develop case report (case study) of neglected child. The aim is to provide description of state, the consequences of neglect. Indicate prognosis and try to propose actions. The work must be based on actual observation of neglected child. Date of submission: 12 points max, min 7 pints

- 2. Written mid-term test 2 times, Each test is at 12 points, with min 12 points for both.
- 3. Activity of the seminar theoretical questions and in solving case studies. 4 points, min 3 points.
- 4. Overall, the student has to obtain a term of at least 22 points in order to go on examination.
- 5. Passing the 80% (lectures and seminars).

### **Learning outcomes:**

Students after completing the course should have an overview of the theoretical issues and get practical capabilities for dealing with child maltreatment (torture, abuse, neglect), and should be familiar with the possibilities of treatment and prevention of maltreatment of children and youth.

### **Brief outline of the course:**

Definition of terms - Syndrome of Child Abuse and Neglect (CAN), Child Maltreatment. Basic types of child maltreatment (physical abuse, emotional abuse, sexual abuse, secondary abuse, neglect). Methods of diagnosis, treatment, and prevention of child maltreatment.

#### **Recommended literature:**

DUNOVSKÝ, J. - DYTRYCH, Z. - MATĚJČEK, Z. a kol.: Týrané, zneužívané a zanedbávané dítě. Praha, Grada 1995

KREJČÍŘOVÁ, D.: Syndrom týraného dítěte. Prevence týrání a špatného zacházení s dítětem, terapeutické možnosti. In: Říčan, P.- Krejčířová, D. a kol.: Dětská klinická psychologie. Grada Publishing, 1995, str. 197-198, 204-207.

VÁGNEROVÁ, M.: Psychopatologie pro pomáhajíci profese. 2. vyd. Praha. Portál, 2004.

WEIS, P. et al.: Sexuální zneužívaní detí. Praha: Grada, 2005.

ŠKOVIERA, A. Dilemata náhradní výchovy. Praha: Portál, 2011

VLČKOVÁ, M.: Týrané dieťa. Bratislava: Univerzita Komenského, 2001.

### Course language:

Slovak languaş	ge				
Notes:					
Course assessr Total number of	nent of assessed studer	its: 501			
A	В	С	D	Е	FX
27.15	22.95	24.95	13.17	8.58	3.19
Provides: prof. PhDr. Margita Mesárošová, CSc.					
Date of last modification: 22.03.2021					
Approved: doo	. PhDr. Ján Ferje	nčík, CSc.			

University: P. J. Šafárik University in Košice

Faculty: Faculty of Arts

Course ID: KPS/

**Course name:** Cognitive Psychology

KOGPS/11

Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 3 / 2 Per study period: 42 / 28

Course method: present

**Number of ECTS credits: 7** 

Recommended semester/trimester of the course: 2.

Course level: I.

# **Prerequisities:**

### **Conditions for course completion:**

During the semester, the student is required to complete three tasks:

- A) Written examination (max. number of points is 15, the required number of points is 8). The date is by default scheduled after a consultation week.
- B) Presentation of a seminar work on a chosen topic (max. number of points is 15, the required number of points is 8).
- C) Active participation during the seminar (max. number of points is 10, the required number is 1). To proceed to the final exam, it is necessary to obtain more than half of the total points that can be gained during the semester (note that a minimum number of points for activities A, B and C should be fulfilled as listed above).

The final exam is in a written form. A student can get a maximum of 60 points. To pass, a student needs to obtain 31 and more points (note that credits will not be awarded to a student who gets less than 31 points from the final exam and whose sum of points obtained during the semester and the final exam is less than 51).

The final mark is created by adding the points that the student gained during the semester and the final exam. At least 90 points must be obtained to obtain an "A" rating, 80-89 points to obtain an "B" rating, 70-79 points to obtain a "C" rating, 60-69 points to obtain a "D" rating and 51 to obtain an "E" rating 51 -59 points.

### **Learning outcomes:**

The main goal of the course is to acquaint students with cognitive psychology, as a scientific discipline that deals with the study of human cognition, and to provide them with the current knowledge related to human cognition. In addition, the course also emphasizes the ability to properly understand this knowledge and apply it. For this purpose, the course provides not only an overview of the main theories of selected cognitive processes and the broader context of the discipline but also practical illustrations and systematic encouragement of critical thinking. The main goal of seminars is to train the ability to use and adequately present the acquired knowledge, connect this knowledge to other related areas, think about it independently, discuss it critically and, last but not least, to flexiblty and cretively solve various related model activities.

### **Brief outline of the course:**

History of cognitive psychology. Research of cognition in the period of psychology as a scientific discipline. The emergence of cognitive psychology.

Cognition - general characteristics. Structure of cognitive processes. Paradigms in cognitive psychology: S-R scheme, information processing model, evolutionary approach, connectionist approach. Stimuli and mental representations.

Perception - sensory processes. Perception - organization of the perceptual field, object recognition, specific types of perception.

Attention - selection and division of attention. Theories of attention. Automatic and controlled processes and attention.

Memory - models, types of memory, memory processes.

Learning - classical conditioning, operant conditioning and other types of learning.

Mental representations and ideas. Thinking – concepts and operations. Language and thinking. Thinking and speech.

Judgment, decision making, problem solving, creativity. Current research of cognitive processes.

### Recommended literature:

Literature:

Plháková, A.: Učebnice obecné psychologie. Academia, 2007.

Sternberg, R.J.: Kognitivní psychologie. Portál, 2002.

Recommended:

Eysenck, M.W., Keane, M.T. Kognitivní psychologie. Praha, Academia, 2008.

Noel-Hoeksema, S a Frederickson W.: Psychologie Atkinsonovej a Hilgarda. Portál, 2012.

Ruisel. I.: Inteligencia a myslenie. IKAR, 2004.

### Course language:

#### Notes:

Lectures and activities are adapted to both, physically present and distance form of education. For further information and current changes in the form of teaching (distance vs. full-time), please see electronic noticeboard.

### Course assessment

Total number of assessed students: 1157

Α	В	С	D	Е	FX
12.71	22.13	25.76	21.0	6.22	12.19

Provides: prof. PhDr. Ladislav Lovaš, CSc., Mgr. Pavol Kačmár, PhD., Mgr. Ondrej Kalina, PhD.

Date of last modification: 22.03.2021

University: P. J. Šafárik University in Košice Faculty: Faculty of Arts Course ID: KPS/ Course name: Cognitive Psychology and Psychology of Emotions in the PPEO/15 Context of Ontogenesis Course type, scope and the method: **Course type:** Recommended course-load (hours): Per week: Per study period: Course method: present **Number of ECTS credits: 1** Recommended semester/trimester of the course: Course level: I. **Prerequisities: Conditions for course completion: Learning outcomes: Brief outline of the course: Recommended literature:** Course language: **Notes:** Course assessment Total number of assessed students: 177 C A В D Ε FX 21.47 23.16 29.38 16.38 7.91 1.69 **Provides:** Date of last modification: 10.02.2021 Approved: doc. PhDr. Ján Ferjenčík, CSc.

University: P. J. Šafárik University in Košice

Faculty: Faculty of Arts

**Course ID:** KPS/ | Course name: Counselling Psychology

PP/06

Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 2 / 2 Per study period: 28 / 28

Course method: present

**Number of ECTS credits: 6** 

Recommended semester/trimester of the course: 6.

Course level: I.

**Prerequisities:** KPS/VP2/06

# **Conditions for course completion:**

- 1. Activity at the seminar participation, fulfillment of practice tasks (10 points).
- 2. Continuous tests in the form of an essay 2 parts (10 points, range 4-5 pp.)
- 3. Conduct and process an interview with a client (recording, transcription, interpretation, and self-reflection) 30 points
- 4. Final exam (50 points). Components: Final test in the form of an essay on an individually chosen topic, range 10-12 pp.

Prerequisites and co-requisites: Continuous assessment 50%, at least 26 points; final evaluation 50%, min. 26 points.

### **Learning outcomes:**

1. Knowledge of counseling psychology about the main approaches of counseling, models of counseling, the process of counseling, the counseling relationship, the main application areas of counseling. 2. Acquisition of the ability to establish a counseling relationship, to acquire the basic competencies of conducting a counseling interview with a client. 3. Critical evaluation attitude to the application of counseling approaches, ability to choose an appropriate counseling approach to the client. 4. Ethical attitude to the application of knowledge and work with the client.

#### **Brief outline of the course:**

The nature of counseling psychology, its inclusion in the system of applied disciplines, and sources of its development. Ethical bases in counseling psychology. Basic paradigms of counseling psychology. Humanistic paradigm, psychodynamic approach, gestalt approach. Cognitive-emotional and behavioral approaches. Counseling interview and counseling relationship. Multimodal counseling, life counseling. Helping competences and helping profession. Counseling applied in the fields of activity and contexts: marital and partner counseling, career counseling, group counseling.

### **Recommended literature:**

Compulsory literature:

Lectures

Koščo, J. a kol: Poradenská psychológia. SPN, Bratislava, 1988. Gabura, J., Pružinská, J.: Poradenský proces, Slon, Praha, 1998.

Hvozdík, S.: Úvod do poradenskej psychológie, FF UPJŠ, Košice, 2011.

Merry, T.: Naučte sa byť poradcom, Pegas, Bratislava, 2004.

Mesárošová, M. a kol.: Starostlivosť o seba u pomáhajúcich profesií. Košice, Vydavateľstvo Šafarik Press, 2019.. Procházka, R. et al: Teorie a praxe poradenské psychologie. Praha: Grada Publishing, 2014.

Recommended books:

Bertolino, B.: Effective Counselling and Psychotherapy. An evedence-based approach. New York: Springer, 2018

Gilliland, B. E. & James, R. K.: Theories and Strategies in Counseling and Psychotherapy. 4th ed. Boston etc Allyn and Bacon, 1998.

Moodley, R., Gielen, U. P., & Wu, R.: Handbook of Counseling and Psychotherapy in an International Context. New York and London: Routledge, 2013.

Nelson-Jones, R.: The Theory and Practical of Counselling, Cassel, Reprinted, 1998.

### **Course language:**

Slovak language

### **Notes:**

#### **Course assessment**

Total number of assessed students: 762

A	В	C	D	Е	FX
16.54	21.78	28.22	20.73	11.55	1.18

Provides: prof. PhDr. Margita Mesárošová, CSc.

Date of last modification: 22.03.2021

University: P. J. Šafárik University in Košice

Faculty: Faculty of Arts

Course ID: KPS/

**Course name:** Crisis Intervention

KI/07

Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 1 / 2 Per study period: 14 / 28

Course method: present

**Number of ECTS credits: 4** 

**Recommended semester/trimester of the course:** 5.

Course level: I.

# **Prerequisities:**

# **Conditions for course completion:**

This course incorporates didactic, lecture, and small group activities to provide students with multifaceted and multi-modal opportunities to learn about crisis intervention. Students will engage in active learning including rich classroom practicals - 10 p, case analyses - 10p, and other class room activities. Other teaching strategies include student poster session presentations - 10p, viewing videos demonstrating crisis intervention strategies - 10p.

# Learning outcomes:

Students will develop conceptual competency necessary for professionals engaged in crisis interventions. Special emphasis is given to contemporary research in suicidology, disaster psychology, and crisis management Topics include emergency situations such as natural disasters, terrorism, school violence, abuse, and crisis interventions with diverse populations.

The Student will:

- 1. become aware of differences between the need for crisis counseling and typical counseling intervention
- 2. be able to describe the basic characteristics of crisis intervention theory
- 3. be able to delineate the steps to assess and work with clients with suicidal or homicidal ideation
- 4. develop skills and abilities to work within and enhance crisis teams
- 5. understand the macro and micro needs of populations dealing with major disasters

### **Brief outline of the course:**

- 1. The crisis, its nature and context.
- 2. Life losses and their contents.
- 3. Psychological injury.
- 4. Response to stressful events and consequences.
- 5. Organizational prerequisites of crisis intervention.
- 6. Basic structure of crisis intervention.
- 7. Crisis intervention processes.
- 8. Longer-term psychological help and psychological process of healing.
- 9. Crisis and crisis intervention after the loss of important people.
- 10. Crisis and crisis intervention in violence.
- 11. Crisis and crisis intervention in natural disasters.

- 12. Crisis and crisis intervention in suicide attempts.
- 13. Crisis crisis intervention in serious diseases.
- 14. Personality and its preconditions to cope with excessive burdens.

# **Recommended literature:**

Course language:

**Notes:** 

# **Course assessment**

Total number of assessed students: 361

A	В	С	D	Е	FX
23.82	25.48	29.64	16.34	4.16	0.55

**Provides:** 

Date of last modification: 03.02.2021

University: P. J. Šafárik University in Košice

Faculty: Faculty of Arts

Course ID: KPS/ Course name: Developmental Psychology I

VP1/05

Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 2 / 2 Per study period: 28 / 28

Course method: present

**Number of ECTS credits: 6** 

**Recommended semester/trimester of the course:** 3.

Course level: I.

**Prerequisities:** 

# **Conditions for course completion:**

Course completion conditions: 40% assessment during semester, 60% exam

Assessment during semester: 4 assignments (40p.).

Min. the number of points obtained per semester required for admission to the examination is 21p.

Exam: written, in the form of a test (max 60p.)

A final evaluation is a sum of assessment during semester and exam:

A = 90 - 100 %

B = 80 - 89 %

C = 70 - 79 %

D = 60 - 69 %

E = 51 - 59 %

FX = 0 - 50 %

#### **Learning outcomes:**

The result of the education within the subject is to enable students to acquire a basic professional orientation about the process of development of the human psyche in a biodromal context and to acquire knowledge about developmental patterns and changes. The content of the course is not only a description of the main developmental changes and characteristics of individual developmental periods (from prenatal period to adolescence), but also to point out the possibilities of practical use of this knowledge. The aim of the exercise is to train the ability to think independently and creatively, to take a critical view of the topics discussed and the ability to apply the acquired knowledge in a relevant way.

### **Brief outline of the course:**

Developmental psychology as a scientific discipline and its application possibilities. Basic terms and their definition. Periodization of development.

Representative developmental theories and models - their comparisons, advantages and limits.

Mental development - main factors, forms and mechanisms of development. Psychological patterns of developmental changes.

Prenatal period and its importance for further development. Basic knowledge of prenatal psychology. Basic overview of developmental changes (physical and motor development,

development of cognitive processes, development of emotion, socialization, optimization of development) in individual periods (infant period to adolescence period).

Selected topics - the role of mother and father and its meaning.

Development of emotional attachment, intuitive parenting.

Game development, drawings (meaning and use).

Development of social relations in childhood and adolescence, moral development, development and education.

### **Recommended literature:**

Vágnerová M. (2012). Vývojová psychologie. Dětství a dospívání. Praha: Karolinum.

Thorová, K. (2015). Vývojová psychologie. Praha: Portál.

Vágnerová, M. (2005). Vývojová psychologie I. Praha: Portál.

Langmeier, J., Krejčířová, D. (2006). Vývojová psychologie. 2.aktualizované vydání. Praha: Grada Publishing,

Bowlby, J. (2010). Vazba. Praha: Portál.

Šolcová, I. (2009). Vývoj resilience v dětství a dospělosti. Praha: Grada Publishing.

Říčan, P. (2004). Cesta životem. Praha: Portál.

Dittrichová, J., Papoušek, M., Paul, K.a kol. (2004). Chování dítěte raného věku a rodičovská péče. Praha: Grada Publishing.

Macek, P. (2003). Adolescence. Praha: Portál.

Davido, R. (2001). Kresba jako nástroj poznání dítěte. Praha: Portál.

Continuous monitoring of relevant resources available through the university library databases.

### Course language:

#### **Notes:**

#### Course assessment

Total number of assessed students: 859

A	В	С	D	Е	FX
5.94	15.6	32.48	29.34	10.36	6.29

Provides: doc. PhDr. Beáta Ráczová, PhD.

Date of last modification: 19.03.2021

University: P. J. Šafárik University in Košice

Faculty: Faculty of Arts

Course ID: KPS/ C

Course name: Developmental Psychology II

VP2/06

Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 2 / 2 Per study period: 28 / 28

Course method: present

**Number of ECTS credits: 6** 

Recommended semester/trimester of the course: 4.

Course level: I.

**Prerequisities:** KPS/VP1/05

### **Conditions for course completion:**

Course completion conditions: 40% assessment during semester, 60% exam

Assessment during semester: 4 assignments (40p.).

Min. the number of points obtained per semester required for admission to the examination is 21p.

Exam: written, in the form of a test (max 60p.)

A final evaluation is a sum of assessment during semester and exam:

A = 90 - 100 p.

B = 80 - 89

C = 70 - 79

D = 60 - 69

E = 51 - 59

FX = 0 - 50

#### **Learning outcomes:**

The content of the course builds on the knowledge from the course Developmental Psychology I. and focuses on the period of adulthood and old age with emphasis on the continuity of life and a biodromal approach to the perception of the second half of life. It enables students to obtain a detailed overview of the characteristics of entry into adulthood and the mechanism of developmental changes in individual stages of adulthood with regard to current scientific knowledge. The overview also includes information on the specifics of the period of old age, specifically on the psychological aspects of aging, followed by the end of life and dying.

### **Brief outline of the course:**

An overview of approaches to the categorization of adulthood and old age.

Developmental theories and models explaining the mechanisms of development in adulthood and old age.

Overview of individual developmental stages of adulthood, their characteristics (period of young adulthood - entry into adulthood, period of emerging adulthood, period of middle and late adulthood).

Period of old age - an overview of aging processes and physical and psychosical specifics. Conditions and criteria for active aging.

Introduction to thanatology (loss and stages of loss experience, grief, dying and death, palliative care).

### **Recommended literature:**

Vágnerová, M. (2005). Vývojová psychologie II. Praha: Portál (a staršie vydania)

Thorová, K. (2015). Vývojová psychologie. Praha: Portál.

Říčan, P. (2004). Cesta životem. Praha: Portál.

Gruss, P.(ed) (2009). Perspektivy stárnutí. Praha: Portál.

Harmut K. (2006). Ženy-muži. Praha: Portál.

Hrdlička M. et al. (2006). Krize středního věku. Praha: Portál.

Haškovcová, H. (2000). Thanatologie. Nauka o umírání a smrti. Praha: Galén.

Farková, M. (2009). Dospělost a její variabilita. Praha: Grada.

### **Course language:**

#### **Notes:**

### **Course assessment**

Total number of assessed students: 717

A	В	С	D	Е	FX
7.67	22.45	31.94	29.29	6.42	2.23

Provides: doc. PhDr. Beáta Ráczová, PhD.

Date of last modification: 20.03.2021

University: P. J. Šafárik University in Košice

Faculty: Faculty of Arts

ANG1/05

Course type, scope and the method:

**Course type:** Practice

Recommended course-load (hours): Per week: 2 Per study period: 28

Course method: present

**Number of ECTS credits: 2** 

Recommended semester/trimester of the course: 1.

Course level: I.

**Prerequisities:** 

### **Conditions for course completion:**

Combined method of instruction (face-to-face, distance/online)

active seminar participation (2x90 min. absences tolerated), sumbission of all assignments before given deadlines.

2 tests (6th/7th week, 12th/13th week), no retake. Home assignments.

In case of full distance learning, testing will be carried out online, face-to-face sessions will be conducted online in accordance with the course syllabus.

Grading scale: A 93-100%, B 86-92%, C 79-85%, D 72-78%, E 65-71%, FX 64% and less.

### **Learning outcomes:**

The development of language skills (reading, writing, listening, speaking), improvement of linguistic competence (fonological, lexical and syntactic aspects), and pragmatic competence with focus on English for specific/professional purposes - Psychology, level B2/C1.

### **Brief outline of the course:**

Studying at the University.

Scientific research, subject matter of psychology.

Branches of psychology.

Psychology in practice. Clinical, organisational psychology.

Stress, coping with stress.

Freud - Dreams and personality.

Vygotsky and Piaget - thought and language.

Selected aspect of functional grammar: defining, classifying, cause-effect, argumenting, expressing opinion, comparison and contrast, paraphrasing.

#### **Recommended literature:**

Short, J.: English for Psychology in Higher Education Studies. Garnet Publishing Ltd., 2010.

Murphy, R.: English Grammar in Use. A self-study reference and practice book for intermediate students. CUP, 1994.

Seal, B.: Academic Encounters. Reading, Study Skills and Writing. Content Focus – Human Behavior. CUP, 1997

Espeseth, M.: Academic Encounters. Human Behavior. CUP, 1999

http://www.bbc.co.uk/worldservice/learningenglish

www.youtube.com

# **Course language:**

English language, level B2 according to CEFR

### **Notes:**

Continuous assessment results obtained from tests I and II from Anglický jazyk I contribute to the final grade obtained from Anglický jazyk II in a summer term of an academic year by 33,33%.

### **Course assessment**

Total number of assessed students: 695

abs	n
98.42	1.58

Provides: Mgr. Zuzana Kolaříková, PhD.

**Date of last modification:** 17.09.2020

University: P. J. Šafárik University in Košice

Faculty: Faculty of Arts

**Course ID:** CJP/ Course name: English Language II

ANG2/05

Course type, scope and the method:

**Course type:** Practice

Recommended course-load (hours): Per week: 2 Per study period: 28

Course method: present

**Number of ECTS credits: 4** 

**Recommended semester/trimester of the course:** 2.

Course level: I.

**Prerequisities:** CJP/ANG1/05

### **Conditions for course completion:**

Distance method of instruction. Active online-session participation (max. 1 absence). On-time submission of distance-study assigned tasks. 1 test (7th/8th week), no retake. Oral presentation. Home assignments. Exam - final exam test (online or face-to-face). Oral presentation. Final evaluation = summer term continuous assessment (test+presentation) - 33,33%, final exam test - 33,33%, winter term continuous assessment - 33,33%. Grading scale: A 93-100%, B 86-92%, C 79-85%, D 72-78%, E 65-71%, FX 64% and less.

### **Learning outcomes:**

The development of language skills (reading, listening, speaking), improvement of linguistic competence (fonological, lexical and syntactic aspects), and pragmatic competence with focus on English for specific/professional purposes - Psychology, presentation skills, level B2/C1.

### **Brief outline of the course:**

Memory. Short-term, long-term memory. Theories of forgetting. Memory and hypnosis.

Mental illnesses. Common myths about mental illnesses.

Personality theories. Trait theory. Measuring personality.

Modern addictions. Eating disorders.

Functional grammar - argumenting, expressing opinion.

Presentation skills - sign-posting language, structure of presentation, discussion participation, etc.

### **Recommended literature:**

Short, J.: English for Psychology in Higher Education Studies. Garnet Publishing Ltd. 2010. http://www.bbc.co.uk/worldservice/learningenglish

#### Course language:

English language, level B2 according to the CEFR

Notes:

Course assessment Total number of assessed students: 769							
A B C D E FX							
31.73	21.46	18.73	12.35	12.48	3.25		
Provides: Mgr. Zuzana Kolaříková, PhD.							
Date of last modification: 10.02.2021							
Approved: doc. PhDr. Ján Ferjenčík, CSc.							

University: P. J. Šafárik University in Košice

Faculty: Faculty of Arts

Course ID: ÚBEV/ | Course name: Etology

ETOP/08

Course type, scope and the method:

Course type: Lecture / Practice Recommended course-load (hours): Per week: 2 / 2 Per study period: 28 / 28

Course method: present

**Number of ECTS credits: 6** 

**Recommended semester/trimester of the course:** 3.

Course level: I.

**Prerequisities:** 

### **Conditions for course completion:**

Written test

# **Learning outcomes:**

To teach the students to know and to be aware of the importance of the behavioural aspect in biological sciences

#### **Brief outline of the course:**

History and development of ethology. Ethological methods. The innate forms of behaviour. The simplest forms of learning – conditioning and instrumental learning. Higher form of learning. Social behaviour. Sexual behaviour. Play behaviour. Biological rhythms. Orientation in space and animal migrations. Communication systems of animals. Emotions. Aggression in animal and human behaviour. Abnormal forms of behaviour

### **Recommended literature:**

- 1.J.B.Balcome: Second nature. The inner life of animals. Palgrave.McMillan,2010.
- 2. T.J.Carew: Behavioral Neurobiology. Sinauer Assoc., Sunderland, 2000.

### Course language:

**Notes:** 

### Course assessment

Total number of assessed students: 576

A	В	С	D	Е	FX
31.6	29.34	26.74	9.38	2.95	0.0

Provides: RNDr. Igor Majláth, PhD., RNDr. Natália Pipová, PhD., RNDr. Terézia Kisková, PhD.

Date of last modification: 03.05.2015

University: P. J. Šafárik University in Košice

Faculty: Faculty of Arts

Course ID: KPS/ | Course name: Gender Psychology

**PSR/15** 

Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 1 / 1 Per study period: 14 / 14

Course method: present

**Number of ECTS credits: 5** 

Recommended semester/trimester of the course: 3., 5.

Course level: I.

**Prerequisities:** 

### **Conditions for course completion:**

Course completion conditions: 40% assessment during semester, 60% exam

Assessment during semester: 2 assignments (psychological essay, group assignment)

Exam: written, in the form of a test

A final evaluation is a sum of assessment during semester and exam:

A = 90 - 100

B = 80 - 89

C = 70 - 79

D = 60 - 69

E = 51 - 59

FX = 0 - 50

### **Learning outcomes:**

The aim of the course is to enable students to acquire basic professional orientation in current issues and results of empirical research on gender psychology, with a focus on clarifying the basic terminology, theoretical background and developmental aspects of gender development and gender issues. The aim of the seminars is to train the ability to think independently and creatively, to take a critical view of the topics discussed and the ability to apply the acquired knowledge in a relevant way. The task is to acquaint students with the importance of a gender-sensitive approach when working with a client.

#### Brief outline of the course:

The goal is to enable students acquire basic vocational orientation in current issues and the results of empirical research on the psychology of gender, focusing on clarifying the basic terminology, theory and developmental aspects of evolution within the genus. The course includes an analysis of specific topics such as parenting, selected topics from psychology and sexual orientation issues, given the gender perspective. The aim of the seminars is to train the ability to think independently and creatively, to take a critical view on the topics discussed and the ability to use acquired knowledge relevantly.

1 Gender

- Basic terms and their meaning (sex, gender, gender role, gender identity, sex versus gender identity)

- Biological theory of gender development
- 2 Gender as a socio-psychological category
- Psychoanalytic theory forming the genus
- Social learning theory in the context of family formation
- Cognitive-developmental theory of formation of the genus
- Gender schema theory and the formation of the genus
- 3.Gender differences within the development
- Development of gender roles and identity
- Gender differences in cognitive development
- Gender differences in emotional development
- Gender differences in social development
- Failure during the development of gender
- Gender differences in moral development of
- 3 Examination of gender History of Psychology genus
- 4 The current state of gender psychology
- 5 Specific issues of Psychology of the genus
- Relationships and family
- Lifestyle and family
- Parenting and gender (gender-sensitive education)
- Crisis and gender
- Aging and gender

### **Recommended literature:**

Karsten, H. (2006) Ženy a muži. Praha: Portál.

Jánošová, P. (2008) Dívčí a chlapecká identita. Vývoj a úskalí. Praha: Grada Publishing.

Gilliganová, C. (2001). Jiným hlasem. Praha: Portál.

Lajčiaková, P. (2012). Gender a morálka. Ostium, (4).

Foster, M.D., Arnt, S., Honkola, J. (2004). When the advantaged become disadvantaged: Men's and women's actions against gender discrimination. Sex Roles, 50, 1-2, pp. 27-36.

Kusá, D. (2002).: Psychological androgyne in gender ambience: considerations on gender variations. Studia Psychologica, 44, 4, s. 347-356

Vicki Helgeson (2011) Psychology of Gender: Fourth Edition 3rd Edition Psychology Press Linda Brannon (2010) Gender: Psychological Perspectives, 6th Edition. Psychology Press

### **Course language:**

#### **Notes:**

#### Course assessment

Total number of assessed students: 155

A	В	С	D	Е	FX
52.9	36.77	7.74	0.65	1.29	0.65

Provides: doc. PhDr. Beáta Ráczová, PhD.

Date of last modification: 20.03.2021

University: P. J. Šafárik University in Košice Faculty: Faculty of Arts Course ID: KGER/ Course name: German Language for Students of Psychology I **NJPS1/06** Course type, scope and the method: Course type: Practice Recommended course-load (hours): Per week: 2 Per study period: 28 Course method: present **Number of ECTS credits: 2 Recommended semester/trimester of the course:** 1. Course level: I. **Prerequisities: Conditions for course completion: Learning outcomes: Brief outline of the course: Recommended literature:** Course language: **Notes:** Course assessment Total number of assessed students: 121 C Α В D Ε FX 60.33 30.58 4.96 1.65 2.48 0.0 Provides: Mgr. Blanka Jenčíková Date of last modification: 03.05.2015 Approved: doc. PhDr. Ján Ferjenčík, CSc.

University: P. J. Šafárik University in Košice Faculty: Faculty of Arts Course ID: KGER/ Course name: German Language for Students of Psychology II NJPS2/06 Course type, scope and the method: Course type: Practice Recommended course-load (hours): Per week: 2 Per study period: 28 Course method: present **Number of ECTS credits: 2 Recommended semester/trimester of the course:** 2. Course level: I. **Prerequisities: Conditions for course completion: Learning outcomes: Brief outline of the course: Recommended literature:** Course language: **Notes:** Course assessment Total number of assessed students: 129 C Α В D Ε FX 55.81 27.91 7.75 2.33 5.43 0.78 Provides: Mgr. Blanka Jenčíková Date of last modification: 03.05.2015

University: P. J. Šafárik University in Košice

Faculty: Faculty of Arts

DFPs/06

Course type, scope and the method: Course type: Lecture / Practice

Recommended course-load (hours): Per week: 2 / 2 Per study period: 28 / 28

**Course method:** present

**Number of ECTS credits: 5** 

Recommended semester/trimester of the course: 1.

Course level: I.

**Prerequisities:** 

### **Conditions for course completion:**

Full-time education:

- active participation in seminars, a written test for selected text
- a written exam according to compulsory literature

Distance education:

- a written test for selected text
- a written exam according to compulsory literature

### **Learning outcomes:**

Acquisition of theoretical knowledge with respect to characteristics of consciousness, conceptions of psyche and cognitive process in individual phases of historical and philosophical knowledge.

### **Brief outline of the course:**

Plato on a thinkable, and a visible worlds; care for the soul and its immortality.

Aristotle on psychology as knowledge of the soul.

Augustín De beata vita

Akvinský: o duši ako forme tela.

Descartes:on a difference between body and soul; on the nature of human mind; on principles of human knowledge.

Locke on origin, certainty and scope of human konwledge.

Kant on pure and empirical knowledges.

Feuerbach and man as sensual and material being.

Schopenhauer: on ascetic consciousness and its transcendent consciousness of heavenly tranquillity.

### **Recommended literature:**

- 1. Platon: Dialógy (°. (°°. (°°. Bratislava 1990.
- 2. Aristoteles O duši. Praha: Petr Rezek 1995.
- 3. Augustín: O blaženom živote. In: Antológia z diel filozofov. Patristika a scholastika. Bratislava 1974...
- 4. Descartes, R.: Meditácie o prvej filozofii. In: Antológia z diel filozofov. Novoveká racionalistická filozofia. Bratislava 1970.
- 5. Descartes, R.: Princípy filozofie. Bratislava 1987.
- 6. Descartes, R.: Vášne duše. Praha 2002.

- 7. Locke , J.: Rozprava o ľudskom rozume. In: Antológia z diel filozofov. Novoveká empirická a osvietenská filozofia. Bratislava 1967.
- 8. Kant, I.: Kritika čistého rozumu. Bratislava 1979.
- 9. Feuerbach, L.: Zásady filozofie budúcnosti. In: Antológia z diel filozofov. Novoveká empirická a osvietenská filozofia. Bratislava 1967.

# Course language:

### **Notes:**

### **Course assessment**

Total number of assessed students: 1550

A	В	С	D	Е	FX
29.74	20.19	18.45	13.74	15.74	2.13

Provides: Doc. PhDr. Peter Nezník, CSc.

Date of last modification: 19.09.2020

University: P. J. Šafárik University in Košice

Faculty: Faculty of Arts

Course ID: KPS/
USM/15

Course name: Introduction to Statistical Methods

Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 2 / 2 Per study period: 28 / 28

**Course method:** present

**Number of ECTS credits:** 6

Recommended semester/trimester of the course: 2.

Course level: I.

# **Prerequisities:**

### **Conditions for course completion:**

- active participation on labs
- working up and sending (on time) all homework
- obtaining minimally 50 points for both aforementioned groups of activities

### **Learning outcomes:**

Graduate of the subject is able to realize with understanding every basic steps in descriptive statistics (creation of databases, graph representation of data distributions, gaining and interpretation of mean and variability indicators). He understands character of induction in statistics and is able to apply common statistical testing of differences (parametric and nonparametric). He is able independently to find out relationships between variables of different types and also, to realize simple linear regression

#### **Brief outline of the course:**

meaning, structure and nature of statistical methods – graphic and numerical representation of data files – determination of nature and closeness between the variables – probability – its character, determination and meaning in statistics – statistical judgment (hypotheses and algorithms) – difference statistics: parametric and non-parametric

#### **Recommended literature:**

#### Povinná:

- 1. FERJENČÍK, J.: Základy štatistických metód v sociálnych vedách. Košice: UPJŠ, 2006 JELEŇOVÁ, I.: Zbierka úloh zo základov štatistiky pre sociálne vedy. Košice: UPJŠ, 2012
- 2. HENDL, J.: Přehled statistických metod zpracování dat. Praha: Portál,2004
- 3. www.statsoft.com/textbook/stathome.html

#### Odporúčaná:

- 1. 1. www.prenhall.com/mcclave
- 2. 2. http://badame.vse.cz/iastat
- 3. CLAUSS,G., EBNER, H.: Základy štatistiky pre psychológov, pedagógov a sociológov.

Bratislava: SPN, 1988

$\sim$	1	
MILLER	language	
Course	ianzuazt	

**Notes:** 

Course assessment							
Total number of assessed students: 1774							
A B C D E FX							
8.74	13.7	13.7	15.78	32.3	15.78		

**Provides:** doc. PhDr. Ján Ferjenčík, CSc., doc. Ing. Mgr. Jozef Bavoľár, PhD.

**Date of last modification:** 02.02.2021

University: P. J. Šafárik University in Košice

Faculty: Faculty of Arts

| Course ID: KPS/ | Course

USP/05

**Course name:** Introduction to the Study of Psychology

Course type, scope and the method:

Course type: Lecture

Recommended course-load (hours): Per week: 2 Per study period: 28

Course method: present

**Number of ECTS credits: 3** 

Recommended semester/trimester of the course: 1.

Course level: I.

**Prerequisities:** 

### **Conditions for course completion:**

Fulfillment of practical assignments - library card acquisition, to read assigned materials (e.g. study regulations) and to manifest acquired knowledges and skills, to provide the review of selected psychological book, psychological research participation.

### **Learning outcomes:**

The main goal of this course is to provide introduction and basic orientation in most crutial issues realated to the study of psychology.

### **Brief outline of the course:**

Why we are here and how to study effectively?

The broader organizational context of the Pavol Jozef Safarik University.

AIS system and credits.

Study rules.

Work with bibliography documents.

Psychology as a discipline - context, pecifications and problems.

An introduction to psychological research and philosophy of science.

### Recommended literature:

Recomended literature:

- 1. Study regulations
- 1. HELUS, Z. (2011). Úvod do psychológie. Grada

Further literature:

- 1. NOLEN-HOEKSEMA a kol. (2012). Psychologie Atkinsonové a Hilgarda. Portál
- 2. NAKONEČNÝ, M. (2013). Lexikon psychologie. Praha: Vodnáť.
- & Original psychological research articles from international journals

### Course language:

Slovak or English language

#### **Notes:**

Lectures and activities are adapted to both, physically present and distance form of education. For further information and current changes in the form of teaching (distance vs. full-time), please see electronic noticeboard.

Course assessment						
Total number of assessed students: 725						
abs n						
99.86 0.14						
Provides: Mgr. Pavol Kačmár, PhD.						
Date of last modification: 11.03.2021						
Approved: doc. PhDr. Ján Ferjenčík, CSc.						

University: P. J. Šafárik University in Košice

Faculty: Faculty of Arts

Course ID: UA/

**Course name:** Neuroanatomy for Psychologists

FFNa-Ps/09

Course type, scope and the method: Course type: Lecture / Practice

Recommended course-load (hours): Per week: 1 / 2 Per study period: 14 / 28

Course method: present

**Number of ECTS credits: 5** 

**Recommended semester/trimester of the course:** 2.

Course level: I.

**Prerequisities:** 

**Conditions for course completion:** 

**Learning outcomes:** 

**Brief outline of the course:** 

**Recommended literature:** 

Course language:

**Notes:** 

**Course assessment** 

Total number of assessed students: 520

A	В	С	D	Е	FX
1.35	6.73	13.46	24.62	44.81	9.04

**Provides:** doc. MUDr. Adriana Boleková, PhD., doc. MVDr. Květuše Lovásová, PhD., MVDr. Natália Hvizdošová, PhD., MUDr. Janka Vecanová, PhD.

Date of last modification: 11.02.2020

University: P. J. Šafárik University in Košice

Faculty: Faculty of Arts

**Course ID:** UFZ/ Course name: Neurophysiology for Psychologists

NF-Ps/11

Course type, scope and the method: Course type: Lecture / Practice

Recommended course-load (hours): Per week: 2 / 2 Per study period: 28 / 28

Course method: present

**Number of ECTS credits: 6** 

Recommended semester/trimester of the course: 3.

Course level: I.

**Prerequisities:** 

### **Conditions for course completion:**

Continuous assessment in the form of solving assigned tasks. Final evaluation of the subject in the form of a written test.

### **Learning outcomes:**

Medical physiology provides a comprehensive idea of all processes of a healthy human body, examines their cause and nature. The aim of the course is to acquire basic knowledge of physiology, to get to know the functions of individual systems of the human body in the dynamics of mutual relations and regulatory mechanisms. Acquired theoretical knowledge should then be verified with practical methodologies and later in practice.

### **Brief outline of the course:**

- Introduction to physiology, physiological principles. Homeostasis.
- Characteristics of the function of individual systems and their nervous and hormonal regulation.
- Blood. Respiratory system. Cardiovascular system. Excretory system. Digestive system.
- Endocrine system. Thermoregulation.
- General neurophysiology.
- Sensory functions of the nervous system, examination of sensory organs.
- Tactile, somesthetic analyzer, skin sensitivity examination, Weber's delusions
- Vision, eye examination, ophthalmoscopy, perimetry, color vision examination
- Hearing, otoscopy, hearing test with tuning forks and examination of the vestibular system
- Smell and taste, smell examination and localization of taste receptors
- Motor nervous system, examination of somatic reflexes of the spinal cord
- Autonomic nervous system, examination of vegetative reflexes
- Higher nervous functions memory, learning, memory test, conditioned reflexes and signal systems
- Wakefulness and sleep.
- Personality, temperament, association test

### **Recommended literature:**

- A. Čalkovská a kol. Human physiology, Martin, 2010
- P. Švorc a kol.: Textbook of human physiology for the study field of nursing, 2004
- S. Grešová a kol. Practical textbook in physiology I., Košice, 2015

I. Bračoková a kol.: Practical textbook in physiology II., 2002

Course language:

**Notes:** 

**Course assessment** 

Total number of assessed students: 544

A	В	С	D	Е	FX
52.39	31.8	10.48	3.86	1.47	0.0

**Provides:** MUDr. Ivana Bačová, PhD., doc. MVDr. Agnesa Lukačínová, PhD., MUDr. Igor Peregrim, PhD., MUDr. Martina Gáborová, PhD., Mgr. Diana Tokárová, PhD.

**Date of last modification:** 28.03.2021

University: P. J. Šafárik University in Košice

Faculty: Faculty of Arts

Course ID: KPS/

Course name: Neuropsychology

NPS/12

Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours):

Per week: 2 / 1 Per study period: 28 / 14

**Course method:** present

**Number of ECTS credits: 5** 

Recommended semester/trimester of the course: 4.

Course level: I.

Prerequisities: UFZ/NF-Ps/11

## **Conditions for course completion:**

Semestral test - 40 points (Min - 20 points)

Exam - 60 points test

# **Learning outcomes:**

The aim of the course is to acquaint students of psychology with the basic areas of neuropsychology. At the beginning, students will get familiar with basic information about the history of neuropsychology, its connection with other scientific disciplines, followed by sections devoted to brain plasticity and asymmetry. Emphasis in the coming weeks will be placed on psychological constructs (language, memory, emotions, attention, consciousness) and their neural representations, which will be taken in the context of psychological theories and the latest findings in the field of neurosciences.

### **Brief outline of the course:**

Definition of neuropsychology, neuropsychology in the system of sciences, history of neuropsychology. Review of anatomy and physiology of the brain. Neuron, synapsis, neurotransmitters. Brain plasticity, cortical dimorphism anatomical and gender differences. Perception and cognitive functions, agnosia. Neuropsychology of memory, memory disorders. Attention and ADHD syndrome. Language, speech and speech disorders. Movement disorders, practice and apraxia. Neuropsychology of emotions. Executive functions. Personality and psychosocial consequences of brain damage. Neuropsychological diagnostics.

### **Recommended literature:**

- 1. Bryan Kolb, Ian Q. Whishaw, Fundamentals of Human Neuropsychology
- 2. Eric R. Kandel et al. Principles of Neural Science, Fifth Edition
- 3. Bernard Baars, Fundamentals of Cognitive Neuroscience
- 4. Kulišťák, P.: Neuropsychológie. Grada, Praha, 1998.
- 5. Gazzaniga M. (ed.): The New Cognitive Neurosciences 5th ed. MIT Press. 2014

### Course language:

### **Notes:**

In the case that it will not be possible to teach in person, lectures will be made in the distance form; via a ppt presentation with audio commentary, available via OneDrive link. The seminars

will be realized remotely via MS TEAMS in a scheduled time through online assignments and exercises.

# **Course assessment**

Total number of assessed students: 218

A	В	С	D	Е	FX
13.3	27.98	33.03	22.02	3.21	0.46

Provides: Mgr. René Šebeňa, PhD.

Date of last modification: 22.03.2021

University: P. J. Šafárik University in Košice

Faculty: Faculty of Arts

Course ID: KPE/

Course name: Pedagogy Essentials

ZP/05

Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 2 / 2 Per study period: 28 / 28

Course method: present

**Number of ECTS credits: 6** 

Recommended semester/trimester of the course: 4.

Course level: I.

# **Prerequisities:**

# **Conditions for course completion:**

Seminar work and its presentation - 40%, written exam - 60%. The overall (summative) evaluation (consisting of the sum of the interim and final evaluation) is the conversion of the obtained points into marks according to the transformation key.

# **Learning outcomes:**

To characterize the theoretical foundations of pedagogy as a discipline dealing with education in the most general level. Apply the theoretical knowledge base from pedagogical theory to educational practice. Analyze the nature of educational phenomena based on knowledge of general pedagogy and its subdisciplines. To evaluate the importance of the theoretical basis of pedagogy for the study of subsequent psycho-didactic disciplines.

### **Brief outline of the course:**

Pedagogy as a science. The concept and subject of pedagogy, the origin of pedagogy as a science, the system of pedagogical scientific disciplines, the relationship of pedagogy to other sciences. The importance of pedagogy. Pedagogical methods. Basic concepts of pedagogy, starting points of pedagogical sciences, basic methods of pedagogy. Education. Characteristics of education factors (internal and external factors), general features of education, basic functions of education. Educational goals. Cross-section of the history of pedagogy. Educator in the educational process, competencies of pedagogical worker, pedagogical profession, stages of pedagogical profession, educated individual. Pedagogical principles and the process of education. Means and methods of education. Functions and components of education. Forms of education, school education, extracurricular education, family education, self-education. Educational environment. Educational institutions, school as a basic educational factor, school system in Slovakia. Humanization of education. Creative-humanistic conception of education.

# **Recommended literature:**

Bajtoš, J., Honzíková, J., Orosová, R. 2008. Učebnica základov pedagogiky. Equilibria, Košice.

Průcha, J. 2006. Přehled pedagogiky. Úvod do studia oboru. Portál, Praha.

Kyriacou, Ch. 2005. Řešení výchovných problému vo škole, Portál, Praha.

Petlák E., Komora, J. 2003. Vyučovanie v otázkach a odpovediach. Bratislava: IRIS.

Petlák E. 2006. Klíma školy a klíma triedy. Bratislava: IRIS.

Gavora, P. 2005. Učitel a žáci v komunikaci. Brno: Paido.

Hrabal, V., Pavelková, I. 2010. Jaký jsem učitel, Praha: Portál.

Gavora, Peter a kol. 2010. Elektronická učebnica pedagogického výskumu. [online]. Bratislava: Univerzita Komenského. Dostupné na: http://www.e-metodologia.fedu.uniba.sk/

# Course language:

### **Notes:**

The course will be taught in a combined form (distance, full-time) according to the current epidemiological situation. The conditions for completing the course and evaluation are the same for distance and full-time form. The student's duty is to activate and monitor his student email account, log in to the LMS Moodle e-learning portal according to the instructions given in the electronic bulletin board of the course and have an active MS Teams application.

# Course assessment

Total number of assessed students: 816

A	В	С	D	Е	FX
24.14	23.04	22.43	12.25	9.44	8.7

Provides: PaedDr. Janka Ferencová, PhD.

Date of last modification: 29.03.2021

University: P. J. Šafárik University in Košice

**Faculty:** Faculty of Arts

PSP1/15

Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours):

Per week: 0/2 Per study period: 0/28

Course method: present

**Number of ECTS credits: 3** 

Recommended semester/trimester of the course: 3.

Course level: I.

**Prerequisities:** 

# **Conditions for course completion:**

Intensive psychological training in psychological interviewing.

# **Learning outcomes:**

The aim of the course is to practice the skills needed for psychological practice (intervention techniques focused on the individual, group intervention techniques). In the first training of Professional Competences 1, we focus primarily on the issue of communication and conducting a psychological conversation. The knowledge and skills acquired in this course are the basis for an interview in psychology as a basic tool of psychological work and also specifically in psychotherapy.

Students will gain information and knowledge about:

- interview procedures.
- verbal and non-verbal communication,
- communication stopwatch,
- active listening,
- the specifics of the psychological interview at the first meeting with the client.

Students will acquire the skill:

- conduct a psychological interview,
- recognize and read non-verbal signals,
- actively listen,
- use selected intervention techniques aimed at adult and pediatric clients,
- use selected group intervention techniques aimed at adult and pediatric clients.

The course is guided by an experiential form with an emphasis on the personal involvement of participants, supplemented by video demonstrations and practical training in new skills.

### **Brief outline of the course:**

- 1. Rules and aim of training
- 2. Self and self-perception
- 3. Communication verbal, nonverbal
- 4. Active listening
- 5. Psychological interview
- 6. First psycholofical interview

- 7. Psychological interview with special cielnt
- 8. PSychological interview with child
- 9. Research interview
- 10. Focus group

# **Recommended literature:**

Hricová, M. (2017) Psychologický rozhovor. FF: UPJŠ

Myers D.G. (2003). Social Psychology. In: Brune C. Psychology 7th Edition. New York: Worth Publishers. 694-741.

Grizenko, Natalie, M.D., Michael Zappitelli, M.D., Jean-Phillipe Langevin, Sophie Hrychko, M.D., Amira El-Messidi, David Kaminester, M.D., Nicole Pawliuk, M.A., and Marina Ter Stepanian, B.A. (2000). Effectiveness of a Social Skills Training Program Using Self/Other Perspective-Taking: A Nine-Month Follow-Up. American Journal of Orthopsychiatry 70, no. 4, 501-509.

# Course language:

Slovak, English

### **Notes:**

### Course assessment

Total number of assessed students: 633

abs	n
99.21	0.79

Provides: doc. Mgr. Monika Hricová, PhD.

Date of last modification: 03.02.2021

University: P. J. Šafárik University in Košice

Faculty: Faculty of Arts

Course ID: KPS/ Course

PSP2/15

**Course name:** Professional Competencies 2

Course type, scope and the method: Course type: Lecture / Practice

Recommended course-load (hours): Per week: 0/2 Per study period: 0/28

**Course method:** present

**Number of ECTS credits: 3** 

Recommended semester/trimester of the course: 4.

Course level: I.

**Prerequisities:** KPS/PSP1/15

# **Conditions for course completion:**

A course has a form of a training focused on the development of professional competencies needed for the psychological practice.

To pass the course, students have to meet these requirements:

- 100% presence during the training,
- active participation during the training,
- writing an essay after the training.

# **Learning outcomes:**

This course is a continuation of a course Professional Competencies 1. The aim of the course is to train soft skills needed for psychological practice (conflict management, assertiveness, interpersonal communication, feedback, team work). An emphasis will be put on the self-reflection and self-experience.

# **Brief outline of the course:**

- 1. Organization of the course, conditions for course completion, setting the rules for group work.
- 2. Group work conditions, group dynamics, training group.
- 3. Conflicts. Cognitions, emotions and behavior in conflict situations. Conflict escalation. Conflict de-escalation. Conflict management.
- 4. Assertiveness. Assertive communication. Assertiveness and conflicts. Assertive techniques.
- 5. Interpersonal communication. Feedback in communication. Rules for the effective feedback.
- 6. Social interactions in a group. Group work and team work. Group decision-making. Group influence.

### **Recommended literature:**

Komárková, R., Slaměník, I., & Výrost, J. (Eds.). (2001). Aplikovaná sociální psychologie III: Sociálněpsychologický výcvik. Praha: Grada.

Capponi, V. & Novák, T. (2004). Asertivně do života. Praha: Grada.

Křivohlavý, J. (2008). Konflikty mezi lidmi. Praha: Portál.

Plamínek, J. (2006). Jak řešit konflikty. Praha: Grada.

### Course language:

Slovak language, English language

Notes:					
Course assessment Total number of assessed students: 124					
abs	n				
91.13	8.87				
Provides: Mgr. Miroslava Köverová, PhD.					
Date of last modification: 15.02.2021					
Approved: doc. PhDr. Ján Ferjenčík, CSc.					

University: P. J. Šafárik University in Košice

Faculty: Faculty of Arts

Course ID: KPS/

Course name: Psychological Research Methodology 2

MPV2/08

Course type, scope and the method: Course type: Lecture / Practice

Recommended course-load (hours): Per week: 2 / 2 Per study period: 28 / 28

Course method: present

**Number of ECTS credits: 6** 

Recommended semester/trimester of the course: 2.

Course level: I.

**Prerequisities:** KPS/MPV1/08

# **Conditions for course completion:**

During the semester, the student has to prepare one written assignment evaluated with a maximum of 20 points and pass one knowledge test (20 points). Only a student who has obtained at least 20 points from the listed activities can take part in the exam.

The exam is written, evaluated with a maximum of 60 points. The final evaluation is given by the sum of the obtained points. For evaluation with grade A it is necessary to obtain 90 - 100 points, for grade B 80 - 89 points, for grade C 70-79 points, for grade D 60-69 points, for grade E 51-59 points. Credits will not be awarded to a student who obtains less than 31 points from the exam and whose total sum of points will be 50 points or less.

## **Learning outcomes:**

To teach students how to prepare, conduct and evaluate a simple type of empirical research. Students will learn how to use basic methods of gathering empirical data within basic types of research projects.

### **Brief outline of the course:**

Preparation of research – research project, preparation of materials, organisation, evaluation, presentation of Results.

Types of research: experiment, causal-comparative research, correlational research, qualitative research

Research methods:

Observation

Evaluation and evaluation scales

Ouestionnaire

Semantic differential

Interview

Sociometry

Content analysis

Use of secondary data in psychological research

Q Methodology

# **Recommended literature:**

Ferjenčík, J.: Úvod do metodologie psychologického výzkumu. Praha, Portál, 2000.

Kollárik, T., Sollárová, E.: Metódy sociálnopsychologickej praxe. IKAR, 2004.

Maršálová, L. a kol.: Metodológia a metódy psychologického výskumu. SPN, 1990.

Švec, Š. a kol.: Metodológie vied o výchove. Bratislava, Iris, 1998.

# Course language:

**Notes:** 

# **Course assessment**

Total number of assessed students: 969

A	В	С	D	Е	FX
10.42	20.12	26.11	28.17	12.38	2.79

Provides: prof. PhDr. Ladislav Lovaš, CSc.

Date of last modification: 22.03.2021

University: P. J. Šafárik University in Košice

Faculty: Faculty of Arts

Course ID: KPS/ | Course name: Psychological Research Methodology: Qualitative Approach

MKVL/15

Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours):

Per week: 2 / 2 Per study period: 28 / 28

**Course method:** present

**Number of ECTS credits:** 6

Recommended semester/trimester of the course: 4.

Course level: I.

**Prerequisities:** KPS/MPV/21

# **Conditions for course completion:**

During the semester, each student will work on two written assignments evaluated with a maximum of 10 and 30 points and pass one knowledge test (10 points). The final exam is written, it is evaluated with a maximum of 50 points. The final evaluation and the final grade is given based on the sum of the obtained points. For the evaluation of level A, it is necessary to obtain 90 - 100 points, for level B 80 - 89 points, for level C 70-79 points, for level D 60-69 points, for level E 51-59 points. Credits will not be awarded to a student who obtains less than 26 points from the exam and whose total sum of points is 50 points or less.

# **Learning outcomes:**

The graduate of the course will be able to:

Describe the basic characteristics of qualitative research, its advantages and disadvantages, the difference from quantitative research.

Describe the basic approaches in qualitative research

Describe the basic methods used in qualitative research.

Prepare a qualitative research project

Use the method of research interview and adapt it for use in particular qualitative research.

Describe and use various forms of data processing based on the particular type of qualitative data analysis (transcription, coding, identification of variables and analysis of relationships between them, interpretation)

### **Brief outline of the course:**

Qualitative and quantitative approach. Basic characteristics of a qualitative approach. Basic approaches in qualitative research (Case studies, Biographical research, Phenomenological approach, Grounded theory) Qualitative research project (project preparation, selection in qualitative research, quality of research, triangulation, ethical issues). Research methods in qualitative research (interview, observation, study of documents). Data analysis (content analysis: creating categories, possibilities of categorization of phenomena). Evaluation and interpretation of data in qualitative research (basic questions, evaluation of a case study). Qualitative research report (basic parts of the research report, different ways of writing a research report)

# **Recommended literature:**

Course langua	ge:					
Notes:						
Course assessment Total number of assessed students: 59						
A	В	С	D	Е	FX	
22.03	40.68	27.12	10.17	0.0	0.0	
Provides: prof.	PhDr. Ladislav I	Lovaš, CSc.				
Date of last modification: 21.03.2021						
Approved: doc	. PhDr. Ján Ferjei	nčík, CSc.				

**University:** P. J. Šafárik University in Košice

**Faculty:** Faculty of Arts

**Course ID:** KPS/ | Course name: Psychological Training 1

PP1/08

Course type, scope and the method:

Course type: Practice

Recommended course-load (hours): Per week: 2 Per study period: 28

Course method: present

**Number of ECTS credits: 3** 

**Recommended semester/trimester of the course: 2.** 

Course level: I.

# **Prerequisities:**

# **Conditions for course completion:**

To complete the course, it is necessary to submit a protocol and to be active during seminars. This relates to assigned tasks, various manifestations and further assignments.

# **Learning outcomes:**

This course is designed to acquaint students with the work in the psychological laboratory, with the techniques in the field of psychomotorics and cognitive processes and with various crucial aspects of psychological research. This involves both the manifestation of various cognitive phenomena as well as the participation in classical experimental procedures that are further critically evaluated and discussed by students. Furthermore, students create a protocol similar to a scientific manuscript. This is done with the aim to guide students through the whole research process and to encourage them to start to critically evaluate research findings that they find in the research literature as this skill is crucial for both research and psychological practice.

# **Brief outline of the course:**

Brief syllabus:

Investigation of mental states and processes. Techniques of investigation and detection of: reaction time, psychomotor speed and coordination, detection of thresholds of perception, attention, short-term and long-term memory, mental images, problem solving, intelligence and creativity.

### Recommended literature:

Plháková, A.: Učebnice obecné psychologie. Academia, 2003.

Noel-Hoeksema, S a Frederickson W.: Psychologie Atkinsonovej a Hilgarda. Portál, 2012.

Ferjenčík, J.: Úvod do metodologie psychologického výzkumu. Portál, 2010

### Course language:

### **Notes:**

#### Course assessment

Total number of assessed students: 710

abs	n	Z
100.0	0.0	0.0

Page: 50

Provides: Mgr. Pavol Kačmár, PhD.

Date of last modification: 11.03.2021

Approved: doc. PhDr. Ján Ferjenčík, CSc.

University: P. J. Šafárik University in Košice

Faculty: Faculty of Arts

Course ID: KPS/

**Course name:** Psychological Training 2

PP2/08

Course type, scope and the method:

Course type: Practice

Recommended course-load (hours): Per week: 2 Per study period: 28

Course method: present

**Number of ECTS credits: 3** 

**Recommended semester/trimester of the course:** 3.

Course level: I.

**Prerequisities:** 

# **Conditions for course completion:**

Final research report submitted. The level of elaboration of theoretical backgound, methods, result part and discussion with the conclusion as well as the formal aspect of the whole work will be evaluated.

# **Learning outcomes:**

The aim is to acquire basic practical procedures and methods of research activities.

From research problem proposal, study of relevant literature, setting out the research objectives and hypotheses to the planning, implementation and compilation of the final research report.

### **Brief outline of the course:**

- 1. Introductory exercise getting familiar with the course and conditions of its completion. 2. Preparation of data before the statistical analysis itself database creation, recoding of oppositely scoring items, calculation of the sum score, creation of a categorical variable from the interval ...
- 3. Individual exercises aimed to practice the preparatory phase with data. 4. Individual exercises with examples of basic statistical analyzes. 5. How to correctly describe the results in text and tabular form in the research part. Weeks 6 10, Presentation of projects, data collection, data analysis. 11.-13. Presentation of results.

In agreement with the teacher, the student chooses a topic, a research problem on which he will work during the semester. Students can work in pairs or individually to develop a topic. In the first weeks of the semester, it will be necessary to get familiar with the relevant literature, research problem, to prepare and formulate research goals, hypotheses and the method needed for data collection.

The processed theoretical part with research goals and method of data collection will have to be submitted no later than the 6th week of the semester. The level of content processing of theoretical starting points, the formal aspect (correct citation,), correct determination of research goals and hypotheses, as well as the adequacy of the data collection method will be evaluated.

From the 6th week, data collection will begin. In the next phase, the students' task will be to process the collected data, analyze and prepare the final report, a protocol that must contain all the necessary parts (Title, theoretical background with research objectives, method description, analysis results, discussion and conclusion, list of used literature). The last two weeks of the semester will be devoted to presentations of individual research findings. The level of elaboration of theoretical starting points, methods, result part and discussion with the conclusion as well as the formal aspect of the

whole work will be evaluated. The deadline for submission of the finalized laboratory protocol is the examination period of the winter semester.

### **Recommended literature:**

# **Course language:**

#### Notes:

In the case that it will not be possible to carry out teaching in person in the laboratory, the teaching will be carried out remotely. In this case, it will be necessary for students to install one of the freely available statistical software and the part of teaching focused on working with data and exercises with basic statistical procedures will be implemented in a distance form through online assignments and exercises.

The realization of research is independent of the form of teaching, in the case of the distance form of education, students have to ensure the data collection themselves.

Important dates:

The deadline for submission of the theoretical part together with the research goals is 6th week of the semester.

The deadline for submission of the finalized laboratory protocol is the exam period of the winter semester.

# **Course assessment**

Total number of assessed students: 634

abs	n	Z
99.84	0.16	0.0

Provides: Mgr. René Šebeňa, PhD.

Date of last modification: 22.03.2021

University: P. J. Šafárik University in Košice

Faculty: Faculty of Arts

**Course ID:** KPS/ | **Course name:** Psychology of Emotions and Motivation

PEM/05

Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 2 / 2 Per study period: 28 / 28

Course method: present

**Number of ECTS credits: 6** 

**Recommended semester/trimester of the course:** 1.

Course level: I.

# **Prerequisities:**

# **Conditions for course completion:**

Interim evaluation of 40%

- 1. 2x credit tests (after part about emotions and after part about motivations, 2 x 15b, max 30b, min 15b).
- 2. activity in seminars (max 10b, min 10b).

60% final evaluation - written exam (in the exam period), max. 60b, min. 31b.

Overall score: A (100-90b), B (80-89b), C (70-79b), D (60-69b), E (51-59b), FX (50b and less).

# Learning outcomes:

The aim of the subject is to give students a systematic explanation of the basics of psychological knowledge about emotions and motivation with an emphasis on the interpretation of the latest research findings. In addition to the acquisition of basic terminology and theoretical approaches, the course also emphasizes the ability to properly understand the knowledge and then apply it. The aim of the exercise is to train the ability to apply the acquired knowledge in a relevant way, to think about it independently and critically, and also to apply them on practical / model cases adequately.

# **Brief outline of the course:**

1 Psychology of emotion and motivation - definition of basic concepts. The relationship of emotion and motivation. 2 Traditional approaches to the study of emotions - historical, philosophical, biological, social and psychological approaches. 3 Evolutionary psychological and psychophysiological theory of emotions. 4 Vocal communication of emotions and facial expressions. 5 Regulation of emotions. 6 Function, development and education of emotions. 7 Basic concepts of psychology of motivation. 8 Classical approaches to the study of motivation. Homeostatic theories of motivation. 9 Humanistic theory of motivation. 10 Achievement motivation. 11 Attribution theory and cognitive approaches. 12 Current theories of motivation.

# **Recommended literature:**

Required

- 1. Lectures
- 2. PLHÁKOVÁ, A.: Textbook of General Psychology. Praha, Academia, 2003, s..319-444.
- 3. STUCHLÍKOVÁ, I.: Basics of the Psychology of emotions. Praha: Portál, 2002.

Recommended texts:

- 1. LEWIS, M.-HAVILAND-JONES, J.: Handbook of emotions. 2.ed.New York, London: The Guilford Press, 2004. ISBN 1-59385-0029-2.
- 2. GORMAN, P.: Motivation and Emotion: Textbook. London: Routledge. 2002.
- 3. MADSEN, K.B.. Modern Theory of Motivation. Praha: Academia, 1979.
- 4. IZARD, C. et al.:Temperament, cognitive ability, emotion knowledge, and adaptive social behavior. Imagination, cognition and personality, roč, 19, 1999-2000, č.4, s.305-309 vrátane
- 5. JAMES, W. Principles of Psychology. The emotion.1890 (od genézy emócií) Prístupné:http://www.des.emory.edu/mfp/james.html
- 6. ATKINSON, J. W.: Personality Dynamics, s. 263-267 (ffweb)
- 7. GREWAL, D. SALOVEY, P: Feeling Smart: A Science of Emotional Intelligence: American Scientist, roč. 93, 2005, č. 4, s. 330-339
- 8. GASPER, K.- BRAMESFELD, K.: Imparting wisdom: Magda Arnold's contribution to research on emotion and motivation. Preview. In Cognition and Emotion. vol 20, 2006, c. 7, s. 1001-1013.
- 9. DECI, E. L., & RYAN, R. M. (2008). Self-Determination Theory: A Macrotheory of Human Motivation, Development, and Health. Canadian Psychology, 49(3), 182-185.
- 10. McCLELLAND, D. C. (1967). Money as a Motivator: Some Research Insights. Mckinsey Quarterly, 4(2), 10-21.
- 11. WEINER, B. (2010). The Development of an Attribution-Based Theory of Motivation: A History of Ideas. Educational Psychologist, 45(1), 28-36.
- 12. MASLOW, A.: Theory of Human Motivation. Psychological Review 1943 50, 370-396.
- 13. EDWARD L. DECI: On The Nature And Eunctions of Motivation Theories. Psychological Science, Vol. 3, No. 3, May 1992, S. 167-171
- 14. LEWIS, M., HAVILAND-JONES, J.M., FELDMAN BARRETT, L.: Handbook of Emotions. Third ed. New York, Guilford Press, 2010. ISBN 978-1-60918-044-7

# Course language:

Slovak language

#### Notes:

Lectures and seminars will take place in person or online (depending on the current situation). Study materials will be accessible to students through OneDrive.

### **Course assessment**

Total number of assessed students: 1363

A	В	С	D	Е	FX
11.52	12.62	18.42	23.26	21.5	12.69

Provides: PhDr. Bibiána Kováčová Holevová, PhD., Mgr. Marta Dobrowolska Kulanová, PhD.

Date of last modification: 24.03.2021

University: P. J. Šafárik University in Košice

Faculty: Faculty of Arts

Course ID: Course name: Psychology of Personality

KPPaPZ/PSO/09

Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 2 / 2 Per study period: 28 / 28

Course method: present

**Number of ECTS credits: 6** 

**Recommended semester/trimester of the course:** 3.

Course level: I.

# **Prerequisities:**

# **Conditions for course completion:**

Assessment Maximum 40 points during the semester (Three assignments).

Exam entry criteria: Active participation in exercises and at least 30 points obtained during the semester.

Continuous assessment and examination.

Electronic board of the course AIS2 - more information and news.

Final evaluation: A 87 – 100 B 77 – 86 C 69 – 76 D 61 – 68 E 56 – 60 FX 55 and less

# Learning outcomes:

Students will gain an understanding of the role of personality theory in psychology and ways in which personality is assessed and explored, critically evaluate and compare different teories of personality.

# **Brief outline of the course:**

- 1. History of Personality Psychology. Personality as a topic of psychology.
- 2. Focus on psychodynamic strengths: Classical psychoanalysis, personality as hierarchic arrangement of functionally differentiated layers in Sigmund Freud's theory. Current psychoanalytical theory (ego as an equal partner/A. Freud, autonomous ego/H. Hartmann.
- 3. Focus on psychodynamic strengths: Analytical psychology (C. G. Jung/ features of personality, dynamics, and development of personality).
- 4. Interpersonal dynamics (A. Adler, K. Horney, E. Fromm, H. S. Sullivan)
- 5. Focus on human experience: Holism and humanism (Kurt Goldstein, A. Maslow, C. Rogers theory of Self, dynamics, development of personality. Critics of humanistic approach.
- 6. Focus on human experience: Phenomenology and existential psychology (the main points of existentialism, shaping psychology, phenomenological approach to personality, phenomenal self). Logotherapy (Freedom of will, will to meaning, meaning of life, existential vacuum).
- 7. Cognitive theory of personality of G. A. Kelly. Emphasis on permanent characteristics: Personology. Structure and dynamics of personality by G. Allport. Emphasis on permanent characteristics: Constitutional psychology.
- 8. Structural analysis of personality, concept of personal features.
- 9. Emphasis on Learning.

### **Recommended literature:**

HALL, C.S., LINDZEY, G. (1997). Psychológia osobnosti. Bratislava: SPN.

HŘEBÍČKOVÁ, M. (2011). Pětifaktorový model v psychologii osobnosti. Grada Publishing as.

JOHN, O. P., ROBINS, R. W., & PERVIN, L. A. (Eds.). (2008). Handbook of personality:

Theory and research (3rd edition). New York: Guilford.

BLATNÝ, M. a kol. (2010). Psychologie osobnosti. Hlasní témata, současné prřístupy. Praha: Grada.

VAGNEROVÁ, M. (2010). Psychologie osobnosti. Praha: Karolinum.

NAKONEČNÝ, M. (2009). Psychologie osobnosti. Praha: Academia.

DRAPELA, K. (1997). Přehled teórii osobnosti. Praha: Portal.

VÝROST, J., RUISEL, I. (Eds.) (2000). Kapitoly z psychológie osobnosti. Bratislava: Veda.

ŘÍČAN, P. (2007). Psychologie osobnosti. Praha: Grada 2007.

SMÉKAL, V. (2002). Psychologie osobnosti. Člověk v zrcadle vědomí a jednání. Praha:

Barrister&Principal.

# Course language:

slovak

### **Notes:**

## Course assessment

Total number of assessed students: 1341

A	В	С	D	Е	FX
17.6	18.87	21.7	20.21	18.05	3.58

**Provides:** prof. PhDr. Ol'ga Orosová, CSc., Mgr. Miroslava Köverová, PhD., Mgr. Jozef Benka, PhD. et PhD.

Date of last modification: 22.03.2021

University: P. J. Šafárik University in Košice

Faculty: Faculty of Arts

POS2/15

Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 2 / 0 Per study period: 28 / 0

Course method: present

**Number of ECTS credits: 4** 

Recommended semester/trimester of the course: 4.

Course level: I.

Prerequisities: KPPaPZ/PSO/09

# **Conditions for course completion:**

50% of the final assessment consists of two assignments during the semester:

1. an essay (0-20 points)

2. a case study (0-30 points)

To be allowed to take a final exam students have to obtain at least 26 points out of 50 during the semester and must be present in 75% of the lectures.

50% of the final assessment consists of the final exam (0-50 points).

To pass a final exam students have to obtain at least 25 points out of 50 during the final exam.

A final grade is a sum of the assessment during the semester and the final exam:

A = 90 - 100 points

B = 80 - 89 points

C = 70 - 79 points

D = 60 - 69 points

E = 51 - 59 points

FX = 0 - 50 points

### **Learning outcomes:**

The course Psychology of Personality 2 is a continuation of the course Psychology of Personality. The aim of this course is to expand an existing knowledge about personality with the focus on the current approaches and the current state of the scientific research in the field of personality psychology.

# **Brief outline of the course:**

Current topics and research approaches in personality psychology. Biological bases of personality. Modern theories of temperament. Five-factor structure of personality traits. Circumplex models of personality traits. Social-cognitive aspects of personality. Theories of intelligence. Self in personality psychology. Development of personality. Positive psychology and personality. An introduction to the personality disorders.

## **Recommended literature:**

Blatný, M. et al. (2010). Psychologie osobnosti. Hlavní témata, současné přístupy. Praha: Grada. Hall, C. S., & Lindzey, G. (1999). Psychológia osobnosti. Bratislava: SPN.

Chamorro-Premuzic, T. (2016). Personality and individual differences. John Wiley & Sons.

Říčan, P. (2007). Psychologie osobnosti. Obor v pohybu. Praha: Grada.

Smékal, V. (2009). Pozvání do psychologie osobnosti. Člověk v zrcadle vědomí a jednání.

Barrister & Principal.

Výrost, J., & Ruisel, I. (2000). Kapitoly z psychológie osobnosti. SAV: VEDA.

Plháková, A. (2006). Dějiny psychologie. Praha: Grada.

# Course language:

Slovak language, English language

# **Notes:**

# **Course assessment**

Total number of assessed students: 140

A	В	С	D	Е	FX
30.71	24.29	23.57	13.57	6.43	1.43

Provides: Mgr. Miroslava Köverová, PhD.

Date of last modification: 12.02.2021

University: P. J. Šafárik University in Košice

Faculty: Faculty of Arts

Course ID: KPS/

Course name: Psychopathology

**PPT/15** 

Course type, scope and the method:

Course type: Lecture

Recommended course-load (hours): Per week: 2 Per study period: 28

Course method: present

**Number of ECTS credits: 4** 

**Recommended semester/trimester of the course:** 5.

Course level: I.

**Prerequisities:** 

# **Conditions for course completion:**

exam, active participation on lessons

# **Learning outcomes:**

The aim of the subject is to clarify the pathological symptoms of the psychological deseases. The knowledge gained in this course should form the basis for further study of this issue.

### **Brief outline of the course:**

Clinical psychological specifics in a/ anxiety disorders, b/affective disorders, c/ psychotic disorders, d/ addictions, e/ eating disorders, f/ organic mental disorders, g/ personality disorders.

### **Recommended literature:**

Pečeňák, J. (2014). Klasifikácia v psychiatrii. Bratislava: Univerzita Komenského.

American Psychiatric Association. (2013). Diagnostic and Statistical Manual of Mental Disorders (5th ed.). Washington, DC: American Psychiatric Association.

Heretik, A., Heretik, A. a kol. (2016). Klinická psychológia. Nové Zámky: Psychoprof.

Smolík, P. (2001). Duševní a behaviorální poruchy. Praha: Maxdorf.

Hell, D., Schüpbach, D. (2001). Schizofrénie. Trenčín: Vydavateľstvo F.

Robinson, D. J. (2001). Poruchy osobnosti podľa DSM IV. Trenčín: Vydavateľstvo F.

# Course language:

Slovak

# **Notes:**

## Course assessment

Total number of assessed students: 146

A	В	С	D	Е	FX
14.38	17.81	31.51	19.18	17.12	0.0

Provides: doc. Mgr. Monika Hricová, PhD.

Date of last modification: 03.02.2021

	COURSE INFORMATION LETTER					
University: P. J. Šafá	University: P. J. Šafárik University in Košice					
Faculty: Faculty of A	Faculty: Faculty of Arts					
Course ID: ÚTVŠ/ ÚTVŠ/CM/13						
Course type, scope and the method: Course type: Practice Recommended course-load (hours): Per week: Per study period: 36s Course method: combined, present						
Number of ECTS cr	edits: 2					
Recommended seme	ster/trimester of the cours	<b>e:</b> 2., 4., 6.				
Course level: I., II.						
Prerequisities:						
Conditions for course Conditions for course Attendance	-					
Learning outcomes:  Learning outcomes:  Students will be provided an overview of possibilities how to spend leisure time in seaside conditions actively and their skills in work and communication with clients will be improved. Students will acquire practical experience in organising the cultural and art-oriented events, with the aim to improve the stay and to create positive experiences for visitors.						
Brief outline of the course: Brief outline of the course:  1. Basics of seaside aerobics 2. Morning exercises 3. Pilates and its application in seaside conditions 4. Exercises for the spine 5. Yoga basics 6. Sport as a part of leisure time 7. Application of projects of productive spending of leisure time for different age and social groups (children, young people, elderly) 8. Application of seaside cultural and art-oriented activities in leisure time  Recommended literature:						
Course language:						
Notes:						
Course assessment Total number of assessed students: 41						
	abs	n				

12.2

87.8

Provides: Mgr. Agata Horbacz, PhD.

Date of last modification: 15.03.2019

Approved: doc. PhDr. Ján Ferjenčík, CSc.

University: P. J. Šafárik University in Košice

Faculty: Faculty of Arts

Course ID: KPS/ | Course name: Social Psychology I

SP1/06

Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 2 / 2 Per study period: 28 / 28

Course method: present

**Number of ECTS credits: 6** 

**Recommended semester/trimester of the course:** 3.

Course level: I.

# **Prerequisities:**

## **Conditions for course completion:**

Course completion conditions: 40% assessment during semester, 60% exam. Assessment during semester: 1. Seminar work (presented and sent) max. 20b, min. 10b. 2. Credit paper (in the credit week) - test - max. 20b, min. 10b. Min. the number of points obtained per semester required for admission to the examination is 21p.

Written exam (in the exam period) - max. 60b, min. 31b.

A final evaluation is a sum of assessment during semester and exam: A (100-90b), B (80-89b), C (70-79b), D (60-69b), E (51-59b), FX (50b and less).

# **Learning outcomes:**

The aims of the study of the subject social psychology can be divided into three basic areas: a / to approach the subject, key areas of building the knowledge system and methods of this psychological discipline; b / specify the place of social psychology in the structure of psychological sciences and its relations to social and behavioral sciences; c / to provide information on the main directions of application of socio-psychological knowledge in research, expertise and routine work. The result of education is the acquisition of basic thematic areas of the subject. The purpose of the exercise is to gain a deeper orientation in the topics, but especially through presentations of students on the topic (papers), to train the ability to use and think independently about acquired knowledge, adequately present them, systematically connect them with other knowledge and apply to various model social situations. relating to the topics.

### **Brief outline of the course:**

Background, subject and history of social psychology. Social cognition. Social communication. Social psychology of personality. Self and identity. Social attitudes and persuasion. Coping. Social impact and conformity.

# **Recommended literature:**

Required literature:

- 1. VÝROST, J., SLAMĚNÍK, I., SOLLÁROVÁ, E. (2019). Social psychology. Theory. Methods. Aplications. Praha, Grada.
- 1. VÝROST, J., SLAMĚNÍK, I. (2008). Social psychology. Praha, Grada.
- 1. HAYESOVÁ, N. (1998). Basics of social psychology. Praha, Portál.
- 2. HEWSTONE, M., STROEBE, W. (2006). Social psychology. Praha, Portál.

- 3. KOLLÁRIK, T. a kol. (2004). Social psychology, 1st Edistion. Bratislava, UK Publishing.
- 4. NAKONEČNÝ, M. (1999). Social psychology. Praha, Academia.
- 5. VÝROST, J., SLAMĚNÍK, I. (Eds.) (1997). Social psychology. Praha, ISV.

Recommended literature:

GILOVICH, T., KELTNER, D., CHEN, S., NISBETT, R. E. (2016). Social psychology, 4th Edition. W. W. Norton, Canada.

HOGG, M. A.; VAUGHAN, G. M. (2018): Social psychology, 8th Edition, Pearson, UK.

ARONSON, E., WILSON, T. D., AKERT, R. M., SOMMERS, S. R. (2016). Social Psychology, 9th Edition. Pearson, USA.

BARON, R. A., BRANSCOMBE, N. R. (2012). Social psychology, 13th Edition. Pearson, USA.

FISKE, S.T., LINDZEY, G. (1998). Hanbook of social psychology. 3-rd ed., Vol.I.-II. New York, McGraw-Hill.

FRANZOI, S. L. (2003). Social psychology.3-rd edition. Boston, McGraw Hill.

HOGG, M. A. (Ed.) (2003). SAGE Benchmarks in Psychology: Social Psychology. Vol. I-IV. London, SAGE Publications.

KRECH, D., CRUTCHFIELD, R., BALLACHEY, E. L. (1968). Človek v spoločnosti. Bratislava, VEDA.

MYERS, D. G. (2005). Social psychology. 8-th ed. New York, McGraw-Hill.

TAYLOR, S. E., PEPLAU, L. A., SEARS, D. O. (2003). Social psychology. 11-th edition. New Jersey, Prentice Hall.

VÝROST, J. (1989). Sociálnopsychologický výskum postojov. Bratislava, VEDA.

## Course language:

Slovak language

#### Notes:

Lectures and seminars will take place in person or online (depending on the current situation). Study materials will be accessible to students through OneDrive.

#### Course assessment

Total number of assessed students: 917

A	В	С	D	Е	FX
17.88	23.23	26.61	25.08	4.47	2.73

**Provides:** prof. PhDr. Jozef Výrost, DrSc., PhDr. Bibiána Kováčová Holevová, PhD.

Date of last modification: 24.03.2021

University: P. J. Šafárik University in Košice

Faculty: Faculty of Arts

Course ID: KPS/

Course name: Social Psychology II

SP2/06

Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 2 / 2 Per study period: 28 / 28

Course method: present

**Number of ECTS credits: 6** 

Recommended semester/trimester of the course: 4.

Course level: I.

**Prerequisities:** KPS/SP1/06

## **Conditions for course completion:**

Course completion conditions: 40% assessment during semester, 60% exam. Assessment during semester: 1. Seminar work (presented and sent) max. 20b, min. 10b. 2. Credit paper (in the credit week) - test - max. 20b, min. 10b. Min. the number of points obtained per semester required for admission to the examination is 21p.

Written exam (in the exam period) - max. 60b, min. 31b.

A final evaluation is a sum of assessment during semester and exam: A (100-90b), B (80-89b), C (70-79b), D (60-69b), E (51-59b), FX (50b and less).

# **Learning outcomes:**

The content of the course builds on the knowledge from the course Social Psychology I and focuses on the individual in interaction and group. It allows students gain an overview of the above topics. The aim of the exercise is to gain a deeper orientation in the topics, but especially through presentations of students on the topic (papers), to train the ability to use and think independently about acquired knowledge, adequately present them, systematically connect them with other knowledge and apply to various model social situations. relating to the topics.

# **Brief outline of the course:**

Dyads: personal relationships, close relationships, affiliation, attractiveness, love. Aggression and prosocial behavior. Social intelligence and social competence. Small social groups: group influences, conflicts, leadership. Large social groups. Specifics of methods of social psychology and ethical issues in socio-psychological research.

## **Recommended literature:**

Required literature:

- 1. VÝROST, J., SLAMĚNÍK, I., SOLLÁROVÁ, E. (2019). Social psychology. Theory. Methods. Aplications. Praha, Grada.
- 1. VÝROST, J., SLAMĚNÍK, I. (2008). Social psychology. Praha, Grada.
- 1. HAYESOVÁ, N. (1998). Basics of social psychology. Praha, Portál.
- 2. HEWSTONE, M., STROEBE, W. (2006). Social psychology. Praha, Portál.
- 3. KOLLÁRIK, T. a kol. (2004). Social psychology, 1st Edistion. Bratislava, UK Publishing.
- 4. NAKONEČNÝ, M. (1999). Social psychology. Praha, Academia.
- 5. VÝROST, J., SLAMĚNÍK, I. (Eds.) (1997). Social psychology. Praha, ISV.

### Recommended literature:

GILOVICH, T., KELTNER, D., CHEN, S., NISBETT, R. E. (2016). Social psychology, 4th Edition. W. W. Norton, Canada.

HOGG, M. A.; VAUGHAN, G. M. (2018): Social psychology, 8th Edition, Pearson, UK.

ARONSON, E., WILSON, T. D., AKERT, R. M., SOMMERS, S. R. (2016). Social Psychology, 9th Edition. Pearson, USA.

BARON, R. A., BRANSCOMBE, N. R. (2012). Social psychology, 13th Edition. Pearson, USA. FISKE, S.T., LINDZEY, G. (1998). Hanbook of social psychology. 3-rd ed., Vol.I.-II. New York, McGraw-Hill.

FRANZOI, S. L. (2003). Social psychology.3-rd edition. Boston, McGraw Hill.

HOGG, M. A. (Ed.) (2003). SAGE Benchmarks in Psychology: Social Psychology. Vol. I-IV. London, SAGE Publications.

KRECH, D., CRUTCHFIELD, R., BALLACHEY, E. L. (1968). Človek v spoločnosti. Bratislava, VEDA.

MYERS, D. G. (2005). Social psychology. 8-th ed. New York, McGraw-Hill.

TAYLOR, S. E., PEPLAU, L. A., SEARS, D. O. (2003). Social psychology. 11-th edition. New Jersey, Prentice Hall.

VÝROST, J. (1989). Sociálnopsychologický výskum postojov. Bratislava, VEDA.

# Course language:

Slovak language

#### **Notes:**

Lectures and seminars will take place in person or online (depending on the current situation). Study materials will be accessible to students through OneDrive.

#### Course assessment

Total number of assessed students: 767

A	В	С	D	Е	FX
23.34	26.99	24.64	17.73	3.39	3.91

Provides: prof. PhDr. Jozef Výrost, DrSc., PhDr. Bibiána Kováčová Holevová, PhD.

Date of last modification: 24.03.2021

University: P. J. Šafárik University in Košice Faculty: Faculty of Arts Course ID: KPS/ Course name: Social Psychology and Personality **SPSO/15** Course type, scope and the method: **Course type:** Recommended course-load (hours): Per week: Per study period: Course method: present **Number of ECTS credits: 1** Recommended semester/trimester of the course: Course level: I. **Prerequisities: Conditions for course completion: Learning outcomes: Brief outline of the course: Recommended literature:** Course language: **Notes:** Course assessment Total number of assessed students: 178 C Ε Α В D FX 33.71 21.91 23.6 7.87 10.67 2.25 **Provides:** Date of last modification: 11.02.2021 Approved: doc. PhDr. Ján Ferjenčík, CSc.

University: P. J. Šafá	rik University in Košice
Faculty: Faculty of A	arts
Course ID: KPS/ MPV1/08	Course name: Social and Behavioural Research Methodology
Course type, scope a Course type: Lectur Recommended cour Per week: 2 Per stu Course method: pre	re rse-load (hours): dy period: 28
Number of ECTS cr	edits: 4
Recommended seme	ster/trimester of the course: 1.
Course level: I., II.	
Prerequisities:	
Conditions for cours Written exam	e completion:
l .	nts with nature of science and scientific knowledge and with the method of dge by means of empirical research.
Introduction to resear Preparation of research Steps of research preparation of sample Measurement (subject Instrumentation – measurement projects (research, mapping) Mapping. Forms and Data analysis Processing of research	c knowledge. Research and science. Ethical issues of social research.  rch.  ch project  paration—research question, hypotheses, selection of variables, literary review,  et of measurement, levels of measurement, scaling, validity, reliability)  ethod of gathering primary empirical data  esearch validity, experiment, causal-comparative, correlational, qualitative  preparation of mapping. Questionnaire for mapping. Interview.
Maršálová, L., Mikší SPN, 1990. Lovaš, L.: Metódy vý	o metodologie psychologického výzkumu. Praha, Portál, 2000. k O. a kol.: Metodológia a metódy psychologického výskumu. Bratislava, ýskumu vo verejnej správe. Košice, UPJŠ, 2001
Course language:	

**Notes:** 

Course assessment					
Total number o	f assessed studen	ts: 1787			
A	В	С	D	Е	FX
8.23	15.17	16.84	21.1	27.59	11.08

**Provides:** prof. PhDr. Ladislav Lovaš, CSc., Mgr. René Šebeňa, PhD., doc. Mgr. Soňa Lovašová, PhD.

**Date of last modification:** 19.11.2020

University: P. J. Šafárik University in Košice

Faculty: Faculty of Arts

Course ID: KPS/ Course name: Sociology

SOC/05

Course type, scope and the method: Course type: Lecture / Practice

**Recommended course-load (hours):** Per week: 2 / 1 Per study period: 28 / 14

Course method: present

Number of ECTS credits: 5

Recommended semester/trimester of the course: 3.

Course level: I.

**Prerequisities:** 

## **Conditions for course completion:**

Continuous evaluation: active participation in seminars, test

Final evaluation: Oral exam (In case of an unfavorable epidemiological situation, teaching will take place in an online environment).

# **Learning outcomes:**

Getting acquainted with the basics of sociology as a theoretical-empirical science in an effort to create a basis for the study of other sociological and political science disciplines.

# **Brief outline of the course:**

Origin, development, essence and subject of Sociology;

Relation of Sociology to other scientific disciplines;

Paradigms, Directions and Theories of Sociology;

Culture:

Socialization, Social status, Social role:

Deviation and Social control:

Society, Social structure, Social groups;

Social stratification, Social mobility, Social (in)equalities;

Organizations and Bureaucracy:

Social Change;

Social Institutions: Economics and Politics; Social Institutions: Family and Religion;

Research in Sociology;

### **Recommended literature:**

BAUMAN, Z.: Myslet sociologicky Praha: Slon, 1996.

BERGER, P. L.: Pozvání do sociologie. Praha: FMO, 1991.

BUOCOVÁ, Z.: Úvod do sociológie. Prešov: FF PU, 2006.

GIDDENS, A.: Sociologie. Praha: Argo, 1999.

HAVLÍK, R.: Úvod do sociologie. Praha: Karolinum, 2005

JANDOUREK, J.: Úvod do sociologie. Praha: Portál, 2003.

KELLER, J.: Úvod do sociologie. Praha: Slon, 1991.

MONTONSSÉ, M.; RENNOARD, G.: Přehled sociologie. Praha: Portál, 2005.

NOVOTNÁ, E.: Základy sociologie. Praha: Grada, 2008.

PETRUSEK, M.; ALAN, J.; DUFFKOVA, J.; HAVLÍK, R.; KABELE, J.: Sociologie. Praha:

SPN, 1997.

SOPÓCI, J.; BÚZIK, B.: Základy sociológie. Bratislava: SPN, 1995.

URBAN, L.: Sociologie trochu jinak. Praha: Grada, 2011.

# Course language:

Slovak, Czech

# **Notes:**

# **Course assessment**

Total number of assessed students: 780

A	В	С	D	Е	FX
39.87	26.92	16.67	9.49	5.38	1.67

Provides: Mgr. Alexander Onufrák, PhD.

Date of last modification: 26.03.2021

University: P. J. Šafá	rik University in Košice
Faculty: Faculty of A	rts
Course ID: ÚTVŠ/ TVa/11	Course name: Sports Activities I.
Course type, scope a Course type: Practic Recommended cour Per week: 2 Per stu Course method: con	ce rse-load (hours): dy period: 28 mbined, present
Number of ECTS cr	
	ster/trimester of the course: 1., 3., 5., 7.
Course level: I., I.II.,	<u>II.</u>
Prerequisities:	
Conditions for course Conditions for course Min. 80% of active p	<u>-</u>
	condition and performance within individual sports. Strengthening the its to the selected sports activity and its continual improvement.
University provides a floorball, yoga, pilate tennis, sports for unfi In the first two seme and particularities of physical condition, c Last but not least, the means of a special pr In addition to these physical education tra	
Recommended litera	ture:
Course language:	

**Notes:** 

Course assessment								
Total number of assessed students: 14050								
abs	abs-A	abs-B	abs-C	abs-D	abs-E	n	neabs	
88.48	0.07	0.0	0.0	0.0	0.04	7.51	3.9	

**Provides:** Mgr. Dana Dračková, PhD., Mgr. Agata Horbacz, PhD., Mgr. Dávid Kaško, PhD., Mgr. Zuzana Küchelová, PhD., doc. PaedDr. Ivan Uher, PhD., Mgr. Marek Valanský, prof. RNDr. Stanislav Vokál, DrSc., Mgr. Marcel Čurgali, Mgr. Patrik Berta, Mgr. Ladislav Kručanica, PhD.

Date of last modification: 18.03.2019

University: P. J. Šafái	rik University in Košice
Faculty: Faculty of A	rts
Course ID: ÚTVŠ/ TVb/11	Course name: Sports Activities II.
Course type, scope a Course type: Practic Recommended cour Per week: 2 Per stu Course method: cor	ce rse-load (hours): dy period: 28
Number of ECTS cro	edits: 2
Recommended seme	ster/trimester of the course: 2., 4., 6.
Course level: I., I.II.,	II.
Prerequisities:	
Conditions for course Conditions for course Final assessment and	•
	condition and performance within individual sports. Strengthening the its to the selected sports activity and its continual improvement.
University provides of floorball, yoga, pilated tennis, sports for unfile In the first two semestand particularities of in physical condition, condition, condition to the semestand particularities of in addition to these sphysical education transport of the semistance of the semist	
Recommended litera	ture:
Course language:	

**Notes:** 

Course assessment							
Total number of assessed students: 11330							
abs	abs-A	abs-B	abs-C	abs-D	abs-E	n	neabs
85.75	0.56	0.02	0.0	0.0	0.05	9.87	3.75

**Provides:** Mgr. Dana Dračková, PhD., Mgr. Agata Horbacz, PhD., Mgr. Dávid Kaško, PhD., Mgr. Zuzana Küchelová, PhD., doc. PaedDr. Ivan Uher, PhD., Mgr. Marek Valanský, prof. RNDr. Stanislav Vokál, DrSc., Mgr. Marcel Čurgali, Mgr. Patrik Berta, Mgr. Ladislav Kručanica, PhD.

Date of last modification: 18.03.2019

University: P. J. Šafárik University in Košice

Faculty: Faculty of Arts

Course ID: KPS/

Course name: Students' Scientific Conference in the Field of Psychology

PSVKB/16

(BA)

Course type, scope and the method:

**Course type:** 

Recommended course-load (hours):

Per week: Per study period: Course method: present

**Number of ECTS credits: 4** 

Recommended semester/trimester of the course: 4.

Course level: I.

**Prerequisities:** 

# **Conditions for course completion:**

Presentation of a research contribution. A submission of the research contribution in a written form and its critical evaluation and defense at the student scientific conference.

Guidelines for the research contribution:

A maximum of 10 standard pages.

A structure of the research contribution:

- title
- name of an author
- abstract
- keywords
- introduction
- method
- results
- discussion
- conclusion
- references

# **Learning outcomes:**

Presentation and defense of a research contribution in the field of psychology to an audience at the student scientific conference at the Department of Psychology.

#### Brief outline of the course:

Project preparation, implementation of the research project, processing and analysis of the research findings, preparation of a research report. Presenting the results of the research at the student scientific conference. A submission of a written form of the scientific research. Consultation of the scientific assumptions, methods, analysis and writing of the contribution with the consultant.

#### Recommended literature:

Elmes, D. G., Kantowitz, B. H., & Roediger, H. L. (1985). Research Methods in Psychology. 2nd ed. St. Paul/New York.

Shaugnessz, J. J., & Zechmeister, E. B. (1990). Research Methods in Psychology. 2nd ed. New York: McGrae Hill.

Course language: Slovak language, English language					
Notes:					
Course assessment Total number of assessed students: 4					
abs n					
100.0	0.0				
Provides:					
Date of last modification: 15.02.2021					
Approved: doc. PhDr. Ján Ferjenčík, CSc.					

University: P. J. Šafár	rik University in Košice						
Faculty: Faculty of Arts							
Course ID: ÚTVŠ/ LKSp/13	Course name: Summer Course-Rafting of TISA River						
Course type, scope a Course type: Practic Recommended cour Per week: Per stud Course method: cor	ce rse-load (hours): y period: 36s						
Number of ECTS cro	edits: 2						
Recommended seme	ster/trimester of the course: 2., 4., 6.						
Course level: I., II.							
Prerequisities:							
Conditions for course Conditions for course Attendance Final assessment: Rat	=						
Learning outcomes: Learning outcomes: Students have knowled	edge of rafts (canoe) and their control on waterway.						
5. Canoe lifting and c	ourse: iculty of waterways ting ning using an empty canoe earrying n the water without a shore contact e ut of the water						
Recommended litera	ture:						
Course language:							
Notes:							

Course assessment						
Total number of assessed students: 153						
abs	n					
45.75	54.25					
Provides: Mgr. Dávid Kaško, PhD.						
Date of last modification: 18.03.2019						
Approved: doc. PhDr. Ján Ferjenčík, CSc.						

University: P. J. Šafá	rik University in Košice
Faculty: Faculty of A	rts
Course ID: ÚTVŠ/ KP/12	Course name: Survival Course
Course type, scope a Course type: Practic Recommended cour Per week: Per stud Course method: cor	ce rse-load (hours): y period: 36s
Number of ECTS cr	edits: 2
Recommended seme	ster/trimester of the course: 1., 3., 5.
Course level: I., II.	
Prerequisities:	
Conditions for course Conditions for course Attendance Final assessment: con	<u>-</u>
conditions as they wi and demanding situa	niliarized with principles of safe stay and movement in extreme natural ll obtain theoretical knowledge and practical skills to solve the extraordinary tions connected with survival and minimization of damage to health. The n work and students will learn how to manage and face the situations that of obstacles.
<ul><li>2. Preparation and lea</li><li>3. Objective and subj</li><li>4. Principles of hygie</li><li>Exercises:</li><li>1. Movement in terra</li></ul>	viour and safety for movement and stay in unknown mountains adership of tour ective danger in mountains ne and prevention of damage to health in extreme conditions in, orientation and navigation in terrain (compasses, GPS) rovised overnight stay
Recommended litera	ture:
Course language:	

**Notes:** 

Course assessment						
Total number of assessed students: 393						
abs	n					
44.53	55.47					
Provides: MUDr. Peter Dombrovský, Mgr. Marek Valanský						
Date of last modification: 15.03.2019						
Approved: doc. PhDr. Ján Ferjenčík, CSc.						

University: P. J. Šafárik University in Košice Faculty: Faculty of Arts Course ID: KPS/ **Course name:** Systems of Psychology SYP/06 Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 2 / 2 Per study period: 28 / 28 Course method: present **Number of ECTS credits: 6 Recommended semester/trimester of the course:** 1. Course level: I. **Prerequisities: Conditions for course completion: Learning outcomes: Brief outline of the course: Recommended literature:** Course language: **Notes:** Course assessment Total number of assessed students: 816 C Α В D Е FX 23.77 18.5 31.25 17.65 6.0 2.82 Provides: Mgr. René Šebeňa, PhD. Date of last modification: 22.09.2020 Approved: doc. PhDr. Ján Ferjenčík, CSc.

University: P. J. Šafárik University in Košice

Faculty: Faculty of Arts

Course ID: KPS/

**Course name:** The Fundamentals of Clinical Psychology

ZKP/06

Course type, scope and the method:

Course type: Lecture / Practice Recommended course-load (hours):

Per week: 2 / 2 Per study period: 28 / 28

Course method: present

**Number of ECTS credits: 6** 

**Recommended semester/trimester of the course:** 5.

Course level: I.

Prerequisities: KPS/VP2/06 and leboKPPaPZ/VPMOS/16

# **Conditions for course completion:**

Maximum 40 points per semester, minimum 22 per semester. Test max 20/ min 11p. Oral presentation of written essay on chosen topic max 16/ min 11p.

Semester 40%, exam 60% - oral form

Result mark

Sum of points from semester and exam:

A90 - 100

B80 - 89

C70 - 79

D 60 – 69

E 51 - 59

FX 50 and less

## **Learning outcomes:**

The course introduces present information from applied psychological discipline - Clinical Psychology. It presents some actual theories, which explain basis of health, illness, dysfunction and disability. It concentrates on practical abilities, which are necessary for clinical psychology praxis. During the semester, students will gain the following knowledge (several included in the topics of the seminars):

- characteristics and content of clinical psychology,
- conditions for undergraduate and postgraduate education in clinical psychology,
- the specifics of clinical research
- a biopsychosocial approach to the treatment of mental disorders,
- clinical-psychological interview, initial psychodiagnostic interview,
- prevention in clinical psychology
- specifics of psychodiagnostics in clinical psychology,
- basics of psychopharmaco-therapy of mental disorders,
- ethical issues in clinical psychology,

They will acquire these skills during the semester

- how to solve ethical dilemmas in clinical psychology
- how to conduct a clinical-psychological interview,
- how to talk to a specific patient (depressed, silent ..)

- how to collect personal hystoro data from the patient,
- how to work with a child patient,
- how to apply theoretical knowledge about the child's early psychomotor development,
- how to proceed in the preoperative preparation of the patient,
- skill in the field of selected therapeutic procedures.

#### **Brief outline of the course:**

- 1. The subject of clinical psychology, its position in the system of psychological sciences
- 2. History of the development of clinical psychology, history of clinical psychology in our country, important personalities in contemporary clinical psychology
- 3. Practical issues of the work of a clinical psychologist: prevention, crisis intervention, clinical-psychological interview, ethics in clinical psychology
- 4. Psychopharmacotherapy overview, effect
- 5. The methodology of research and individual approach in clinical psychology
- 6. Systems of classification in psychiatry (ICD-10,DSM-V).
- 7. Clinical psychological methods in a/ anxiety disorders, b/affective disorders, c/ psychotic disorders, d/ addictions, e/ eating disorders, f/ organic mental disorders, g/ personality disorders. Basic psychotherapeutic strategies review. Crisis interventions, suicidology.
- 8. Psychology of the disease change of needs, psychological correlates of pain, communication with the patient
- 9. Psychodiagnostics in clinical psychology clinical and test methods
- 10. Personal jistory and its place in clinical psychology specifics for adult and pediatric patients
- 11. Clinical-psychological referral
- 12. Patopsychology and psychology of disability

## **Recommended literature:**

Heretik, A., Heretik, A., a spol. (2016). Klinická psychológia, Nové Zámky: Psychoprof.

Trull, T.J., Prinstein, M. (2012). Clinical psychology. Wadsworth: Cengage Learning.

Baštecká, B., Goldman, P. (2001). Základy klinické psychologie, Praha: Portál.

Baštecká, B. a kol. (2006). Klinická psychologie v praxi, Praha: Portál.

Křivohlavý, J. (2003). Psychologie zdraví. Praha: Portal.

Ondrášová, M. (2005). Psychiatria. Bratislava: Osveta.

Říčan, P., Krejčířová, D. a kol. (2006). Dětská klinická psychologie, Praha: Grada.

# **Course language:**

Slovak, English

## **Notes:**

#### Course assessment

Total number of assessed students: 691

A	В	С	D	Е	FX
39.22	30.82	16.64	8.25	3.04	2.03

Provides: doc. Mgr. Monika Hricová, PhD.

Date of last modification: 19.03.2021

University: P. J. Šafárik University in Košice

Faculty: Faculty of Arts

Course ID: KPS/ | Course name: The Fundamentals of Educational Psychology

ZPP/06

Course type, scope and the method:

Course type: Lecture / Practice Recommended course-load (hours): Per week: 2 / 2 Per study period: 28 / 28

Course method: present

**Number of ECTS credits: 6** 

**Recommended semester/trimester of the course:** 5.

Course level: I.

**Prerequisities:** KPS/VP2/06

# **Conditions for course completion:**

40% = assignments during the semester

60% = final exam

A final grade is a sum of the assessment during the semester and the final exam:

A = 90 - 100 %

B = 80 - 89 %

C = 70 - 79 %

D = 60 - 69 %

E = 51 - 59 %

FX = 0 - 50 %

## **Learning outcomes:**

The course is aimed to provide students with the fundamental theoretical and empirical knowledge in the field of educational psychology and its applications into the practice of the educational/school psychologist.

# **Brief outline of the course:**

- 1. Topics and methods of educational psychology.
- 2. Contribution of developmental theories to learning.
- 3. Learning classical and operant conditioning at school.
- 4. Cognitive approach to learning. Concept learning. Discovery learning. Cooperative learning.
- 5. Learning motivation.
- 6. Factors of academic achievement.
- 7. Gifted children. Psychological aspects of talent and creativity.
- 8. Students with learning disabilities I.
- 9. Students with learning disabilities II.
- 10. Communication in education.
- 11. Classroom psychological aspects of the classroom as a small social group.
- 12. Interpersonal teacher behavior.

## **Recommended literature:**

Lectures

Čáp, J., & Mareš, J. (2007). Psychologie pro učitele. Praha: Portál.

Ďurič, L. a kol. (1988). Pedagogická psychológia. Bratislava: SPN.

Ďurič, L., Bratská, M. a kol. (1997). Pedagogická psychológia. Terminologický a výkladový slovník. Bratislava: SPN.

Eggen, P., & Kauchak, D. (1999). Educational psychology: Windows on classrooms. New Jersey: Prentice-Hall.

Fontana, D. (2003). Psychologie ve školní praxi. Praha: Portál.

Hvozdík, J. (1986). Základy školskej psychológie. Bratislava: SPN.

Mareš, J., & Křivohlavý, J. (1995). Komunikace ve škole. Brno: Masarykova univerzita.

Mesárošová, M. (1998). Nadané deti. Poznávanie a rozvíjanie ich osobnosti. Prešov: Manacon.

Ormrod, J. E. (2005). Educational Psychology: Developing Learners. Prentice Hall.

Slavin, R. J. (2006). Educational Psychology. 8. vyd. Boston: Allyn and Bacon.

Vágnerová, M. (2005). Školní poradenská psychologie pro pedagogy. Praha: Karolinum.

# Course language:

Slovak language, English language

# **Notes:**

# **Course assessment**

Total number of assessed students: 666

A	В	С	D	Е	FX
24.77	19.52	24.47	21.17	8.56	1.5

Provides: Mgr. Miroslava Köverová, PhD.

Date of last modification: 15.02.2021

University: P. J. Šafárik University in Košice

Faculty: Faculty of Arts

Course ID: KPS/

**Course name:** The Fundamentals of Psychology of Work

ZPSP/06

Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 2 / 2 Per study period: 28 / 28

Course method: present

**Number of ECTS credits: 6** 

**Recommended semester/trimester of the course:** 5.

Course level: I.

# **Prerequisities:**

# **Conditions for course completion:**

During semester:

- -Credit test (20p), minimum 11p
- Semester assignment essay (20p), minimum 11p, for detailed information please see electronic noticeboard

Overall evaluation:

- Semester maximum 40 points (minimum 22p), exam 60 points (minimum 31p)
- together min. 53p

## **Learning outcomes:**

Aim of study is to give the opportunity to students to familiarize with basic knowledge from applied field of psychology – work psychology. During the semester, focus is on meaning of job, work conditions, relationships on workplace and interaction between work and family. Besides, students can capture basic skills needed for execution of selected job areas of work psychologist.

During semester students will obtain knowledge in:

- history and development of work psychology, meaning of work in human life
- unemployment and options how to work with unemployed people
- workplace environment and possible negative consequences of it on people's mental health
- job and organization adaptation
- job satisfaction and interaction between work and family
- basic psychodiagnostics methods used in work psychology

Besides, students can obtain skills in:

- analysis of physical work environment with focus on it's psychological effect on employee
- preparation of adaptation program
- solving negative consequences of work environment
- setting of work environment design in order to avoid work-family conflicts
- work with selected psychodiagnostics methods

## **Brief outline of the course:**

Definition of work psychology, historical preconditions of constitution of work psychology, work and her conditions, work performance, motivation to work and work satisfaction, forming of work environment, relationships on workplace, job-family interaction

# **Recommended literature:**

Landy, F.J., Conte, J.M., 2007. Work in the 21st century. An introduction to industrial and organizational psychology. Blackwell Publishing, 2nd edition.

Matthewman, L., Rose, A., Hetherington, A. 2009. Work psychology. Oxford University Press. Arnold, J. eds. 2005. Work Psychology. Understanding Human Behaviour in the workplace. Prentice Hall. 4th edition.

# Course language:

Slovak, English

#### Notes:

Lectures and activities are adapted to both, physically present and distance form of education. For further information and current changes in the form of teaching (distance vs. full-time), please see electronic noticeboard.

# **Course assessment**

Total number of assessed students: 672

A	В	С	D	Е	FX
36.01	29.46	18.6	10.27	4.91	0.74

Provides: PhDr. Denisa Fedáková, PhD., Mgr. Pavol Kačmár, PhD.

Date of last modification: 19.03.2021

University: P. J. Šafárik University in Košice

Faculty: Faculty of Arts

Course ID: KPS/ Co

**Course name:** Theory of Psychological Assessment and Psychometrics

TPP/15

Course type, scope and the method: Course type: Lecture / Practice

Recommended course-load (hours): Per week: 2 / 2 Per study period: 28 / 28

Course method: present

**Number of ECTS credits: 6** 

**Recommended semester/trimester of the course:** 5.

Course level: I.

Prerequisities: KPS/STA1/06 and leboKPS/USM/15

# **Conditions for course completion:**

Total 50 points is regarded a minimum for passing subject. From this amount, minimum 20 points must be received for final exam and minimum 20 points must be received for continual assessment. Maximum 60 points can be received for continual work and maximum 60 points for final exam. During semester each student has to undergo two tests or home projects (depending on epidemiological situation).

## Learning outcomes:

Understand the basics of the theory and also the practice of psychological diagnosis, master the basics of creating and using tools of psychological diagnosis

# **Brief outline of the course:**

subject and history of psychodiagnostics - measurement in psychology - psychological scaling: Thurstone, Likert, Guttman - classification of psychodiagnostic methods - observation - interview - psychological tests and questionnaires - reliability - validity - item analysis - classical test theory and current models (Item Response Theory) - norms and standardization - intelligence measurement - personality diagnostics

# Recommended literature:

Urbánek, T. - Denglerová, D., Širuček, J.: Psychometrika. Praha: Portál 2011

Říčan P.: Základy psychometrie. Bratislava: Psychodiagnostika 1977

Břicháček, V.: Úvod do psychologického škálování. Bratislava : Psychodiagnostické a didaktické testy, n. p., 1978

Kline, P.: Handbook of psychological testing. London: Routledge 2000

# Course language:

#### **Notes:**

Lectures will be held remotely (each lecture will be presented on the web in individual weeks according to the schedule of topics - see the notice board of the course).

Course assessm	Course assessment						
Total number of assessed students: 172							
A	В	С	D	Е	FX		
6.4	24.42	21.51	20.93	22.67	4.07		

**Provides:** doc. PhDr. Ján Ferjenčík, CSc., Mgr. Jozef Benka, PhD. et PhD.

**Date of last modification:** 22.03.2021