

## CONTENT

1. Ancient Philosophy and Present Times.....	2
2. Chapters from History of Philosophy of 19th and 20th Centuries (General Introduction).....	3
3. Communication and Cooperation.....	4
4. History of Philosophy 2 (General Introduction).....	5
5. Idea Humanitas 2 (General Introduction).....	6
6. Psychology and Health Psychology (Master's Study).....	7
7. Social-Psychological Training of Coping with Critical Life Situations.....	9

## COURSE INFORMATION LETTER

<b>University:</b> P. J. Šafárik University in Košice					
<b>Faculty:</b> Faculty of Science					
<b>Course ID:</b> KF/AFS/05		<b>Course name:</b> Ancient Philosophy and Present Times			
<b>Course type, scope and the method:</b> <b>Course type:</b> Practice <b>Recommended course-load (hours):</b> <b>Per week:</b> 2 <b>Per study period:</b> 28 <b>Course method:</b> present					
<b>Number of ECTS credits:</b> 2					
<b>Recommended semester/trimester of the course:</b> 2.					
<b>Course level:</b> II.					
<b>Prerequisites:</b>					
<b>Conditions for course completion:</b>					
<b>Learning outcomes:</b>					
<b>Brief outline of the course:</b>					
<b>Recommended literature:</b>					
<b>Course language:</b>					
<b>Notes:</b>					
<b>Course assessment</b> Total number of assessed students: 31					
A	B	C	D	E	FX
80.65	6.45	6.45	0.0	6.45	0.0
<b>Provides:</b> Doc. PhDr. Peter Nezník, CSc.					
<b>Date of last modification:</b> 17.09.2020					
<b>Approved:</b>					

## COURSE INFORMATION LETTER

<b>University:</b> P. J. Šafárik University in Košice					
<b>Faculty:</b> Faculty of Science					
<b>Course ID:</b> KF/KDF/05		<b>Course name:</b> Chapters from History of Philosophy of 19th and 20th Centuries (General Introduction)			
<b>Course type, scope and the method:</b> <b>Course type:</b> Practice <b>Recommended course-load (hours):</b> <b>Per week:</b> 2 <b>Per study period:</b> 28 <b>Course method:</b> present					
<b>Number of ECTS credits:</b> 2					
<b>Recommended semester/trimester of the course:</b> 2.					
<b>Course level:</b> II.					
<b>Prerequisites:</b>					
<b>Conditions for course completion:</b>					
<b>Learning outcomes:</b>					
<b>Brief outline of the course:</b>					
<b>Recommended literature:</b>					
<b>Course language:</b>					
<b>Notes:</b>					
<b>Course assessment</b> Total number of assessed students: 10					
A	B	C	D	E	FX
50.0	20.0	10.0	0.0	10.0	10.0
<b>Provides:</b> PhDr. Dušan Hruška, PhD.					
<b>Date of last modification:</b> 03.05.2015					
<b>Approved:</b>					

## COURSE INFORMATION LETTER

<b>University:</b> P. J. Šafárik University in Košice		
<b>Faculty:</b> Faculty of Science		
<b>Course ID:</b> KPPaPZ/KK/07	<b>Course name:</b> Communication and Cooperation	
<b>Course type, scope and the method:</b> <b>Course type:</b> Practice <b>Recommended course-load (hours):</b> <b>Per week:</b> 2 <b>Per study period:</b> 28 <b>Course method:</b> present		
<b>Number of ECTS credits:</b> 2		
<b>Recommended semester/trimester of the course:</b> 3.		
<b>Course level:</b> II.		
<b>Prerequisites:</b>		
<b>Conditions for course completion:</b>		
<b>Learning outcomes:</b>		
<b>Brief outline of the course:</b>		
<b>Recommended literature:</b>		
<b>Course language:</b>		
<b>Notes:</b>		
<b>Course assessment</b> Total number of assessed students: 281		
abs	n	z
98.22	1.78	0.0
<b>Provides:</b> Mgr. Ondrej Kalina, PhD., Mgr. Lucia Barbierik, PhD.		
<b>Date of last modification:</b> 24.06.2021		
<b>Approved:</b>		

## COURSE INFORMATION LETTER

<b>University:</b> P. J. Šafárik University in Košice					
<b>Faculty:</b> Faculty of Science					
<b>Course ID:</b> KF/DF2p/03		<b>Course name:</b> History of Philosophy 2 (General Introduction)			
<b>Course type, scope and the method:</b> <b>Course type:</b> Lecture / Practice <b>Recommended course-load (hours):</b> <b>Per week:</b> 2 / 1 <b>Per study period:</b> 28 / 14 <b>Course method:</b> present					
<b>Number of ECTS credits:</b> 4					
<b>Recommended semester/trimester of the course:</b>					
<b>Course level:</b> I., II.					
<b>Prerequisites:</b>					
<b>Conditions for course completion:</b>					
<b>Learning outcomes:</b>					
<b>Brief outline of the course:</b>					
<b>Recommended literature:</b>					
<b>Course language:</b>					
<b>Notes:</b>					
<b>Course assessment</b> Total number of assessed students: 742					
A	B	C	D	E	FX
60.78	13.88	12.67	8.63	3.37	0.67
<b>Provides:</b> Doc. PhDr. Peter Nezník, CSc., PhDr. Katarína Mayerová, PhD., doc. Mgr. Róbert Stojka, PhD.					
<b>Date of last modification:</b> 25.03.2020					
<b>Approved:</b>					

## COURSE INFORMATION LETTER

<b>University:</b> P. J. Šafárik University in Košice					
<b>Faculty:</b> Faculty of Science					
<b>Course ID:</b> KF/IH2/03		<b>Course name:</b> Idea Humanitas 2 (General Introduction)			
<b>Course type, scope and the method:</b> <b>Course type:</b> Practice <b>Recommended course-load (hours):</b> <b>Per week:</b> 2 <b>Per study period:</b> 28 <b>Course method:</b> present					
<b>Number of ECTS credits:</b> 2					
<b>Recommended semester/trimester of the course:</b> 3.					
<b>Course level:</b> II.					
<b>Prerequisites:</b>					
<b>Conditions for course completion:</b>					
<b>Learning outcomes:</b>					
<b>Brief outline of the course:</b>					
<b>Recommended literature:</b>					
<b>Course language:</b>					
<b>Notes:</b>					
<b>Course assessment</b> Total number of assessed students: 10					
A	B	C	D	E	FX
90.0	10.0	0.0	0.0	0.0	0.0
<b>Provides:</b> Doc. PhDr. Peter Nezník, CSc.					
<b>Date of last modification:</b> 12.02.2021					
<b>Approved:</b>					

## COURSE INFORMATION LETTER

<b>University:</b> P. J. Šafárik University in Košice	
<b>Faculty:</b> Faculty of Science	
<b>Course ID:</b> KPPaPZ/PPZMg/12	<b>Course name:</b> Psychology and Health Psychology (Master's Study)
<b>Course type, scope and the method:</b> <b>Course type:</b> Lecture / Practice <b>Recommended course-load (hours):</b> <b>Per week:</b> 1 / 2 <b>Per study period:</b> 14 / 28 <b>Course method:</b> present	
<b>Number of ECTS credits:</b> 4	
<b>Recommended semester/trimester of the course:</b>	
<b>Course level:</b> II.	
<b>Prerequisites:</b>	
<b>Conditions for course completion:</b> Conditions for the continuous assessment during the semester: Active work (maximum 5 points, 2 absences are allowed). Preparation, presentation and discussion on a selected topic - max. 15 points. Written examination (maximum 30 points). Conditions for admission to the exam: min. 25 points. Conditions for the final assessment: Exam: written form (max. 50 points, min. 25 points) Conditions for successful completion of the course: participation in lessons, fulfillment of assignments and at least 66 points from the overall evaluation. Detailed information in the electronic bulletin board of the course in AIS2. The teaching of the subject will be realized by a combined method.	
<b>Learning outcomes:</b> The student will understand the basic concepts and theories of health psychology, can explain salutogenic factors as well as the consequences of risk behavior related to health. He is able to apply the knowledge especially in the field of prevention of burnout syndrome and support of mental health in the work of a teacher.	
<b>Brief outline of the course:</b> 1 Introduction to health psychology 2 Psychoimmunology 3 Personality factors and health 4 Social support as a protective factor in relation to health 5 Subjective well-being 6 Stress and stressful situations and ways to manage them 7 Burnout syndrome 8 Health-promoting behavior, mental hygiene 9 Health risk behavior 10 School as an important factor of health	
<b>Recommended literature:</b> Křivohlavý, J.: Psychologie zdraví. Portál, Praha 2001.	

Křivohlavý, J.: Psychologie nemoci. Grada, Praha, 2002.  
 Křivohlavý, J.: Psychologie moudrosti a dobrého života. Grada, Praha, 2009.  
 Kebza, V.: Psychosociální determinanty zdraví. Academia, Praha 2005.  
 Kahneman, D., Diener, E., Schwarz, N.(Eds), Well-Being. The Foundations of Hedonic Psychology. New York, Russell Sage Foundation, 2003.  
 Kaplan, R. M.: Zdravie a správanie človeka. SPN, Bratislava 1996.  
 Sarafino, E. P.: Health Psychology. Biopsychosocial interactions. John Wiley and sons 1994.  
 Baštecký, J., Šavlík, J., Šimek, J. 1993. Psychosomatická medicína. Praha: Grada  
 Tress, W., Krusse, J., Ott, J.: Základní psychosomatická péče. Portál, Praha 2008.

**Course language:**

slovak

**Notes:**

**Course assessment**

Total number of assessed students: 226

A	B	C	D	E	FX
19.47	25.22	25.66	13.27	15.93	0.44

**Provides:** PhDr. Anna Janovská, PhD., Mgr. Lucia Barbierik, PhD.

**Date of last modification:** 07.07.2021

**Approved:**



## COURSE INFORMATION LETTER

<b>University:</b> P. J. Šafárik University in Košice		
<b>Faculty:</b> Faculty of Science		
<b>Course ID:</b> KPPaPZ/SPVKE/07	<b>Course name:</b> Social-Psychological Training of Coping with Critical Life Situations	
<b>Course type, scope and the method:</b> <b>Course type:</b> Practice <b>Recommended course-load (hours):</b> <b>Per week: 2 Per study period: 28</b> <b>Course method:</b> present		
<b>Number of ECTS credits:</b> 2		
<b>Recommended semester/trimester of the course:</b> 2.		
<b>Course level:</b> II.		
<b>Prerequisites:</b>		
<b>Conditions for course completion:</b>		
<b>Learning outcomes:</b>		
<b>Brief outline of the course:</b>		
<b>Recommended literature:</b>		
<b>Course language:</b>		
<b>Notes:</b>		
<b>Course assessment</b> Total number of assessed students: 126		
abs	n	z
97.62	2.38	0.0
<b>Provides:</b> Mgr. Ondrej Kalina, PhD.		
<b>Date of last modification:</b> 11.02.2021		
<b>Approved:</b>		