

CONTENT

1. Anthropomotomics.....	3
2. Athletic conditioning training.....	4
3. Bachelor Thesis and its Defence.....	5
4. Basic of First Aid.....	6
5. Basic of Kinesiology.....	7
6. Basic of Track and Field.....	8
7. Basics Principles of Chees.....	9
8. Basics of English Terminology Physical Activity Programs.....	10
9. Basics of Gymnastics.....	11
10. Biomechanics.....	12
11. Body workout.....	13
12. Chess.....	14
13. Chess problems.....	15
14. Classic and sports massage.....	16
15. Cultural - Artistic Animation.....	17
16. Didactics of Recreational Sports.....	18
17. Diet and Health.....	19
18. English Language for Beginners 1.....	20
19. English Language for Beginners 2.....	21
20. English Language of Sport and Recreation I.....	22
21. English Language of Sport and Recreation II.....	23
22. English Language of Sport and Recreation III.....	24
23. English Language of Sport and Recreation IV.....	25
24. Environmental Education.....	26
25. Fitness of the Physically Weak.....	27
26. Fitness-Specialization I.....	28
27. Fitness-Specialization II.....	29
28. Geography of Tourism and Recreation.....	30
29. Graduation Thesis.....	31
30. History of Physical Culture and Sport.....	32
31. Human Anatomy I.....	33
32. Human Anatomy II.....	34
33. Information and Communication Technologies.....	35
34. Introduction to Sports and Recreation.....	37
35. Lifestyle Management.....	38
36. Marketing and Management in Sport and Recreation I.....	39
37. Marketing and Management in Sport and Recreation II.....	40
38. Methodology of Basketball.....	41
39. Methodology of Floorball.....	42
40. Methodology of Football.....	43
41. Methodology of Swimming I.....	44
42. Methodology of Swimming II.....	45
43. Methodology of Table Tennis and Badminton.....	46
44. Methodology of Tennis.....	47
45. Methodology of Volleyball.....	48
46. Motor Programmes Development I.....	49
47. Motor Programmes Development II.....	50
48. Musculoskeletal system and health.....	51

49. Non-Traditional Sports 1.....	52
50. Non-Traditional Sports 2.....	53
51. Pedagogy and Leisure Pedagogy.....	54
52. Physical Exercise Terminology.....	55
53. Physiology and Exercise Physiology.....	56
54. Professional Practice.....	57
55. Psychology and Health Psychology.....	58
56. Psychomotorics 1.....	60
57. Psychomotorics 2.....	61
58. Regeneration in Sport and Recreation.....	62
59. Russian Language for Non-Philological Students 1.....	63
60. Russian Language for Non-Philological Students 2.....	64
61. SM System 1.....	65
62. SM System 2.....	66
63. Seaside Aerobic Exercise.....	67
64. Slovak Language for UPJŠ International Students 1.....	69
65. Slovak Language for UPJŠ International Students 2.....	70
66. Socio - Funny Animation.....	71
67. Sport Psychology and Sociology.....	72
68. Sport and Recreation-colloquial exam.....	73
69. Sports Training-Theory and Didactics.....	74
70. Summer Outdoor Activities.....	75
71. Survival Course.....	76
72. Thesis Workshop.....	78
73. Visitations in Recreational Services.....	79
74. Wall climbing 1.....	80
75. Wall climbing 2.....	81
76. Winter Outdoor Activities.....	82
77. Yoga.....	83

COURSE INFORMATION LETTER

University: P. J. Šafárik University in Košice					
Faculty:					
Course ID: ÚTVŠ/ ANT/14		Course name: Anthropomotorics			
Course type, scope and the method: Course type: Lecture Recommended course-load (hours): Per week: 2 Per study period: 28 Course method: combined					
Number of ECTS credits: 5					
Recommended semester/trimester of the course: 2.					
Course level: I.					
Prerequisites:					
Conditions for course completion:					
Learning outcomes:					
Brief outline of the course:					
Recommended literature:					
Course language:					
Notes:					
Course assessment Total number of assessed students: 436					
A	B	C	D	E	FX
4.82	15.14	26.61	24.31	21.56	7.57
Provides: Mgr. Alena Buková, PhD.					
Date of last modification: 03.05.2015					
Approved:					

COURSE INFORMATION LETTER

University: P. J. Šafárik University in Košice					
Faculty:					
Course ID: ÚTVŠ/ KPŠ/15		Course name: Athletic conditioning training			
Course type, scope and the method: Course type: Practice Recommended course-load (hours): Per week: 2 Per study period: 28 Course method: combined					
Number of ECTS credits: 2					
Recommended semester/trimester of the course: 5.					
Course level: I.					
Prerequisites:					
Conditions for course completion:					
Learning outcomes:					
Brief outline of the course:					
Recommended literature:					
Course language:					
Notes:					
Course assessment Total number of assessed students: 31					
A	B	C	D	E	FX
16.13	48.39	32.26	0.0	3.23	0.0
Provides: Mgr. Marcel Čurgali					
Date of last modification: 25.05.2015					
Approved:					

COURSE INFORMATION LETTER

University: P. J. Šafárik University in Košice					
Faculty:					
Course ID: ÚTVŠ/ BPO/15		Course name: Bachelor Thesis and its Defence			
Course type, scope and the method: Course type: Recommended course-load (hours): Per week: Per study period: Course method: combined					
Number of ECTS credits: 5					
Recommended semester/trimester of the course:					
Course level: I.					
Prerequisites:					
Conditions for course completion:					
Learning outcomes:					
Brief outline of the course:					
Recommended literature:					
Course language:					
Notes:					
Course assessment Total number of assessed students: 131					
A	B	C	D	E	FX
12.98	23.66	25.95	19.08	18.32	0.0
Provides:					
Date of last modification:					
Approved:					

COURSE INFORMATION LETTER

University: P. J. Šafárik University in Košice					
Faculty:					
Course ID: ÚTVŠ/ ZPP/14		Course name: Basic of First Aid			
Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 1 / 1 Per study period: 14 / 14 Course method: combined					
Number of ECTS credits: 3					
Recommended semester/trimester of the course: 6.					
Course level: I.					
Prerequisites: ÚTVŠ/ANČa/13, ÚTVŠ/ANČb/13					
Conditions for course completion:					
Learning outcomes:					
Brief outline of the course:					
Recommended literature:					
Course language:					
Notes:					
Course assessment Total number of assessed students: 216					
A	B	C	D	E	FX
8.8	16.2	23.61	31.02	18.06	2.31
Provides: Ing. Iveta Cimboláková, PhD.					
Date of last modification: 03.05.2015					
Approved:					

COURSE INFORMATION LETTER

University: P. J. Šafárik University in Košice					
Faculty:					
Course ID: ÚTVŠ/ ZAK/14		Course name: Basic of Kinesiology			
Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 1 / 2 Per study period: 14 / 28 Course method: combined					
Number of ECTS credits: 5					
Recommended semester/trimester of the course: 5.					
Course level: I.					
Prerequisites: ÚTVŠ/ANČa/13					
Conditions for course completion:					
Learning outcomes:					
Brief outline of the course:					
Recommended literature:					
Course language:					
Notes:					
Course assessment Total number of assessed students: 172					
A	B	C	D	E	FX
8.72	8.14	19.77	20.93	31.4	11.05
Provides: Mgr. Alena Buková, PhD., doc. MUDr. Mirianna Brtková, PhD.					
Date of last modification: 18.09.2020					
Approved:					

COURSE INFORMATION LETTER

University: P. J. Šafárik University in Košice					
Faculty:					
Course ID: ÚTVŠ/ ATL/13		Course name: Basic of Track and Field			
Course type, scope and the method: Course type: Practice Recommended course-load (hours): Per week: 2 Per study period: 28 Course method: combined					
Number of ECTS credits: 3					
Recommended semester/trimester of the course: 4.					
Course level: I.					
Prerequisites:					
Conditions for course completion:					
Learning outcomes:					
Brief outline of the course:					
Recommended literature:					
Course language:					
Notes:					
Course assessment Total number of assessed students: 211					
A	B	C	D	E	FX
18.96	31.28	33.65	8.06	2.37	5.69
Provides: Mgr. Ladislav Kručanica, PhD.					
Date of last modification: 03.05.2015					
Approved:					

COURSE INFORMATION LETTER

University: P. J. Šafárik University in Košice	
Faculty:	
Course ID: ÚFV/ ZŠ/15	Course name: Basics Principles of Chees
Course type, scope and the method: Course type: Practice Recommended course-load (hours): Per week: 2 Per study period: 28 Course method: combined	
Number of ECTS credits: 2	
Recommended semester/trimester of the course: 1.	
Course level: I.	
Prerequisites:	
Conditions for course completion:	
Learning outcomes:	
Brief outline of the course:	
Recommended literature:	
Course language:	
Notes:	
Course assessment Total number of assessed students: 44	
abs	n
68.18	31.82
Provides: prof. RNDr. Stanislav Vokál, DrSc., Blažej Pandula	
Date of last modification: 23.08.2018	
Approved:	

COURSE INFORMATION LETTER

University: P. J. Šafárik University in Košice					
Faculty:					
Course ID: ÚTVŠ/ ZATPP/15		Course name: Basics of English Terminology Physical Activity Programs			
Course type, scope and the method: Course type: Practice Recommended course-load (hours): Per week: 1 Per study period: 14 Course method: combined					
Number of ECTS credits: 2					
Recommended semester/trimester of the course: 6.					
Course level: I.					
Prerequisites: CJP/AJŠR2/11					
Conditions for course completion:					
Learning outcomes:					
Brief outline of the course:					
Recommended literature:					
Course language:					
Notes:					
Course assessment Total number of assessed students: 16					
A	B	C	D	E	FX
68.75	12.5	12.5	6.25	0.0	0.0
Provides: doc. PaedDr. Ivan Uher, PhD.					
Date of last modification: 20.05.2015					
Approved:					

COURSE INFORMATION LETTER

University: P. J. Šafárik University in Košice					
Faculty:					
Course ID: ÚTVŠ/ ZGŠ/11		Course name: Basics of Gymnastics			
Course type, scope and the method: Course type: Practice Recommended course-load (hours): Per week: 2 Per study period: 28 Course method: combined					
Number of ECTS credits: 3					
Recommended semester/trimester of the course: 2.					
Course level: I.					
Prerequisites:					
Conditions for course completion:					
Learning outcomes:					
Brief outline of the course:					
Recommended literature:					
Course language:					
Notes:					
Course assessment Total number of assessed students: 259					
A	B	C	D	E	FX
5.41	17.76	32.43	20.85	16.22	7.34
Provides: Mgr. Petra Tomková, PhD.					
Date of last modification: 23.02.2017					
Approved:					

COURSE INFORMATION LETTER

University: P. J. Šafárik University in Košice					
Faculty:					
Course ID: ÚTVŠ/ BIO/13		Course name: Biomechanics			
Course type, scope and the method: Course type: Lecture Recommended course-load (hours): Per week: 1 Per study period: 14 Course method: combined					
Number of ECTS credits: 3					
Recommended semester/trimester of the course: 3.					
Course level: I.					
Prerequisites:					
Conditions for course completion:					
Learning outcomes:					
Brief outline of the course:					
Recommended literature:					
Course language:					
Notes:					
Course assessment Total number of assessed students: 312					
A	B	C	D	E	FX
21.15	27.88	26.28	13.78	10.26	0.64
Provides: Mgr. Dávid Kaško, PhD.					
Date of last modification: 19.04.2016					
Approved:					

COURSE INFORMATION LETTER

University: P. J. Šafárik University in Košice	
Faculty:	
Course ID: ÚTVŠ/ BW/15	Course name: Body workout
Course type, scope and the method: Course type: Practice Recommended course-load (hours): Per week: 2 Per study period: 28 Course method: combined	
Number of ECTS credits: 2	
Recommended semester/trimester of the course: 1.	
Course level: I.	
Prerequisites:	
Conditions for course completion:	
Learning outcomes:	
Brief outline of the course:	
Recommended literature:	
Course language:	
Notes:	
Course assessment Total number of assessed students: 65	
abs	n
83.08	16.92
Provides: Mgr. Marcel Čurgali	
Date of last modification: 28.07.2015	
Approved:	

COURSE INFORMATION LETTER

University: P. J. Šafárik University in Košice	
Faculty:	
Course ID: ÚFV/ PS/15	Course name: Chess
Course type, scope and the method: Course type: Practice Recommended course-load (hours): Per week: 2 Per study period: 28 Course method: combined	
Number of ECTS credits: 2	
Recommended semester/trimester of the course: 4.	
Course level: I.	
Prerequisites:	
Conditions for course completion:	
Learning outcomes:	
Brief outline of the course:	
Recommended literature:	
Course language:	
Notes:	
Course assessment Total number of assessed students: 5	
abs	n
100.0	0.0
Provides: prof. RNDr. Stanislav Vokál, DrSc., Blažej Pandula	
Date of last modification: 23.08.2018	
Approved:	

COURSE INFORMATION LETTER

University: P. J. Šafárik University in Košice	
Faculty:	
Course ID: ÚFV/ KS/15	Course name: Chess problems
Course type, scope and the method: Course type: Practice Recommended course-load (hours): Per week: 2 Per study period: 28 Course method: combined	
Number of ECTS credits: 2	
Recommended semester/trimester of the course: 2.	
Course level: I.	
Prerequisites:	
Conditions for course completion:	
Learning outcomes:	
Brief outline of the course:	
Recommended literature:	
Course language:	
Notes:	
Course assessment Total number of assessed students: 45	
abs	n
91.11	8.89
Provides: prof. RNDr. Stanislav Vokál, DrSc., Blažej Pandula	
Date of last modification: 23.08.2018	
Approved:	

COURSE INFORMATION LETTER

University: P. J. Šafárik University in Košice					
Faculty:					
Course ID: ÚTVŠ/ Ma/15		Course name: Classic and sports massage			
Course type, scope and the method: Course type: Practice Recommended course-load (hours): Per week: 2 Per study period: 28 Course method: combined					
Number of ECTS credits: 3					
Recommended semester/trimester of the course: 6.					
Course level: I.					
Prerequisites: ÚTVŠ/ANČa/13					
Conditions for course completion:					
Learning outcomes:					
Brief outline of the course:					
Recommended literature:					
Course language:					
Notes:					
Course assessment Total number of assessed students: 97					
A	B	C	D	E	FX
7.22	15.46	36.08	25.77	9.28	6.19
Provides: Mgr. Agata Horbacz, PhD.					
Date of last modification: 03.05.2015					
Approved:					

COURSE INFORMATION LETTER

University: P. J. Šafárik University in Košice					
Faculty:					
Course ID: ÚTVŠ/ KUA/12		Course name: Cultural - Artistic Animation			
Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 1 / 2 Per study period: 14 / 28 Course method: combined					
Number of ECTS credits: 4					
Recommended semester/trimester of the course: 3.					
Course level: I.					
Prerequisites:					
Conditions for course completion:					
Learning outcomes:					
Brief outline of the course:					
Recommended literature:					
Course language:					
Notes:					
Course assessment Total number of assessed students: 299					
A	B	C	D	E	FX
17.39	27.76	33.11	11.37	5.69	4.68
Provides: Mgr. Zuzana Küchelová, PhD., Mgr. Petra Tomková, PhD.					
Date of last modification: 18.09.2020					
Approved:					

COURSE INFORMATION LETTER

University: P. J. Šafárik University in Košice					
Faculty:					
Course ID: ÚTVŠ/ DRŠ/14		Course name: Didactics of Recreational Sports			
Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 1 / 2 Per study period: 14 / 28 Course method: combined					
Number of ECTS credits: 5					
Recommended semester/trimester of the course: 3.					
Course level: I.					
Prerequisites:					
Conditions for course completion:					
Learning outcomes:					
Brief outline of the course:					
Recommended literature:					
Course language:					
Notes:					
Course assessment Total number of assessed students: 330					
A	B	C	D	E	FX
6.36	11.21	14.85	18.48	27.58	21.52
Provides: prof. PaedDr. Ján Junger, CSc., Mgr. Ladislav Kručanica, PhD.					
Date of last modification: 18.09.2020					
Approved:					

COURSE INFORMATION LETTER

University: P. J. Šafárik University in Košice					
Faculty:					
Course ID: ÚTVŠ/ VaZ/14		Course name: Diet and Health			
Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 1 / 2 Per study period: 14 / 28 Course method: combined					
Number of ECTS credits: 4					
Recommended semester/trimester of the course: 4.					
Course level: I.					
Prerequisites:					
Conditions for course completion:					
Learning outcomes:					
Brief outline of the course:					
Recommended literature:					
Course language:					
Notes:					
Course assessment Total number of assessed students: 319					
A	B	C	D	E	FX
17.55	25.71	26.96	16.93	10.66	2.19
Provides: doc. PaedDr. Ivan Uher, PhD.					
Date of last modification: 03.05.2015					
Approved:					

COURSE INFORMATION LETTER

University: P. J. Šafárik University in Košice					
Faculty:					
Course ID: CJP/ AZAC1/15		Course name: English Language for Beginners 1			
Course type, scope and the method: Course type: Practice Recommended course-load (hours): Per week: 2 Per study period: 28 Course method: combined					
Number of ECTS credits: 3					
Recommended semester/trimester of the course: 1.					
Course level: I.					
Prerequisites:					
Conditions for course completion:					
Learning outcomes:					
Brief outline of the course:					
Recommended literature:					
Course language:					
Notes:					
Course assessment Total number of assessed students: 120					
A	B	C	D	E	FX
18.33	15.0	20.83	11.67	21.67	12.5
Provides: Mgr. Lenka Klimčáková, Mgr. Viktória Mária Slovenská					
Date of last modification: 30.08.2021					
Approved:					

COURSE INFORMATION LETTER

University: P. J. Šafárik University in Košice					
Faculty:					
Course ID: CJP/ AZAC2/15		Course name: English Language for Beginners 2			
Course type, scope and the method: Course type: Practice Recommended course-load (hours): Per week: 2 Per study period: 28 Course method: combined					
Number of ECTS credits: 3					
Recommended semester/trimester of the course: 2.					
Course level: I.					
Prerequisites:					
Conditions for course completion:					
Learning outcomes:					
Brief outline of the course:					
Recommended literature:					
Course language:					
Notes:					
Course assessment Total number of assessed students: 94					
A	B	C	D	E	FX
18.09	21.28	22.34	14.89	14.89	8.51
Provides: Mgr. Lenka Klimčáková, Mgr. Viktória Mária Slovenská					
Date of last modification: 10.02.2021					
Approved:					

COURSE INFORMATION LETTER

University: P. J. Šafárik University in Košice					
Faculty:					
Course ID: CJP/AJŠR1/11		Course name: English Language of Sport and Recreation I			
Course type, scope and the method: Course type: Practice Recommended course-load (hours): Per week: 2 Per study period: 28 Course method: combined					
Number of ECTS credits: 3					
Recommended semester/trimester of the course: 1.					
Course level: I.					
Prerequisites:					
Conditions for course completion:					
Learning outcomes:					
Brief outline of the course:					
Recommended literature:					
Course language:					
Notes:					
Course assessment Total number of assessed students: 413					
A	B	C	D	E	FX
13.08	20.1	23.49	18.89	16.22	8.23
Provides: Mgr. Lenka Klimčáková					
Date of last modification: 18.09.2020					
Approved:					

COURSE INFORMATION LETTER

University: P. J. Šafárik University in Košice					
Faculty:					
Course ID: CJP/AJŠR2/11		Course name: English Language of Sport and Recreation II			
Course type, scope and the method: Course type: Practice Recommended course-load (hours): Per week: 2 Per study period: 28 Course method: combined					
Number of ECTS credits: 3					
Recommended semester/trimester of the course: 2.					
Course level: I.					
Prerequisites: CJP/AJŠR1/11					
Conditions for course completion:					
Learning outcomes:					
Brief outline of the course:					
Recommended literature:					
Course language:					
Notes:					
Course assessment Total number of assessed students: 327					
A	B	C	D	E	FX
17.43	27.22	18.96	12.54	18.35	5.5
Provides: Mgr. Lenka Klimčáková, Mgr. Viktória Mária Slovenská					
Date of last modification: 10.02.2021					
Approved:					

COURSE INFORMATION LETTER

University: P. J. Šafárik University in Košice					
Faculty:					
Course ID: CJP/AJŠR3/12		Course name: English Language of Sport and Recreation III			
Course type, scope and the method: Course type: Practice Recommended course-load (hours): Per week: 2 Per study period: 28 Course method: combined					
Number of ECTS credits: 3					
Recommended semester/trimester of the course: 3.					
Course level: I.					
Prerequisites: CJP/AJŠR2/11					
Conditions for course completion:					
Learning outcomes:					
Brief outline of the course:					
Recommended literature:					
Course language:					
Notes:					
Course assessment Total number of assessed students: 175					
A	B	C	D	E	FX
21.71	18.29	18.29	19.43	18.29	4.0
Provides: Mgr. Lenka Klimčáková					
Date of last modification: 31.08.2021					
Approved:					

COURSE INFORMATION LETTER

University: P. J. Šafárik University in Košice					
Faculty:					
Course ID: CJP/AJŠR4/12		Course name: English Language of Sport and Recreation IV			
Course type, scope and the method: Course type: Practice Recommended course-load (hours): Per week: 2 Per study period: 28 Course method: combined					
Number of ECTS credits: 3					
Recommended semester/trimester of the course: 4.					
Course level: I.					
Prerequisites: CJP/AJŠR3/12					
Conditions for course completion:					
Learning outcomes:					
Brief outline of the course:					
Recommended literature:					
Course language:					
Notes:					
Course assessment Total number of assessed students: 141					
A	B	C	D	E	FX
24.11	29.79	14.89	13.48	14.89	2.84
Provides: Mgr. Lenka Klimčáková, Mgr. Viktória Mária Slovenská					
Date of last modification: 10.02.2021					
Approved:					

COURSE INFORMATION LETTER

University: P. J. Šafárik University in Košice					
Faculty:					
Course ID: ÚTVŠ/ ENV/13		Course name: Environmental Education			
Course type, scope and the method: Course type: Lecture Recommended course-load (hours): Per week: 2 Per study period: 28 Course method: combined					
Number of ECTS credits: 3					
Recommended semester/trimester of the course: 3.					
Course level: I.					
Prerequisites:					
Conditions for course completion:					
Learning outcomes:					
Brief outline of the course:					
Recommended literature:					
Course language:					
Notes:					
Course assessment Total number of assessed students: 240					
A	B	C	D	E	FX
6.67	15.0	32.08	25.0	20.0	1.25
Provides: Ing. Iveta Cimboláková, PhD.					
Date of last modification: 03.05.2015					
Approved:					

COURSE INFORMATION LETTER

University: P. J. Šafárik University in Košice					
Faculty:					
Course ID: ÚTVŠ/ FZO/17		Course name: Fitness of the Physically Weak			
Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 1 / 1 Per study period: 14 / 14 Course method: combined					
Number of ECTS credits: 2					
Recommended semester/trimester of the course: 6.					
Course level: I.					
Prerequisites:					
Conditions for course completion:					
Learning outcomes:					
Brief outline of the course:					
Recommended literature:					
Course language:					
Notes:					
Course assessment Total number of assessed students: 25					
A	B	C	D	E	FX
12.0	24.0	44.0	0.0	0.0	20.0
Provides: doc. PaedDr. Ivan Uher, PhD.					
Date of last modification: 17.03.2017					
Approved:					

COURSE INFORMATION LETTER

University: P. J. Šafárik University in Košice					
Faculty:					
Course ID: ÚTVŠ/ FitŠp I./14		Course name: Fitness-Specialization I.			
Course type, scope and the method: Course type: Practice Recommended course-load (hours): Per week: 2 Per study period: 28 Course method: combined					
Number of ECTS credits: 3					
Recommended semester/trimester of the course: 3.					
Course level: I.					
Prerequisites:					
Conditions for course completion:					
Learning outcomes:					
Brief outline of the course:					
Recommended literature:					
Course language:					
Notes:					
Course assessment Total number of assessed students: 135					
A	B	C	D	E	FX
34.07	9.63	11.85	4.44	15.56	24.44
Provides: Mgr. Dávid Kaško, PhD.					
Date of last modification: 03.05.2015					
Approved:					

COURSE INFORMATION LETTER

University: P. J. Šafárik University in Košice					
Faculty:					
Course ID: ÚTVŠ/ Fšp/12		Course name: Fitness-Specialization II.			
Course type, scope and the method: Course type: Practice Recommended course-load (hours): Per week: 2 Per study period: 28 Course method: combined					
Number of ECTS credits: 3					
Recommended semester/trimester of the course: 4.					
Course level: I.					
Prerequisites: ÚTVŠ/FitŠp I./14					
Conditions for course completion:					
Learning outcomes:					
Brief outline of the course:					
Recommended literature:					
Course language:					
Notes:					
Course assessment Total number of assessed students: 88					
A	B	C	D	E	FX
88.64	0.0	3.41	3.41	1.14	3.41
Provides: Mgr. Dávid Kaško, PhD.					
Date of last modification: 03.05.2015					
Approved:					

COURSE INFORMATION LETTER

University: P. J. Šafárik University in Košice					
Faculty:					
Course ID: ÚTVŠ/ GCRaR/14		Course name: Geography of Tourism and Recreation			
Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 2 / 0 Per study period: 28 / 0 Course method: combined					
Number of ECTS credits: 3					
Recommended semester/trimester of the course: 2.					
Course level: I.					
Prerequisites:					
Conditions for course completion:					
Learning outcomes:					
Brief outline of the course:					
Recommended literature:					
Course language:					
Notes:					
Course assessment Total number of assessed students: 461					
A	B	C	D	E	FX
4.77	12.8	27.77	24.73	24.3	5.64
Provides: Ing. Iveta Cimboláková, PhD.					
Date of last modification: 03.05.2015					
Approved:					

COURSE INFORMATION LETTER

University: P. J. Šafárik University in Košice	
Faculty:	
Course ID: ÚTVŠ/ BcP/15	Course name: Graduation Thesis
Course type, scope and the method: Course type: Recommended course-load (hours): Per week: Per study period: Course method: combined	
Number of ECTS credits: 5	
Recommended semester/trimester of the course: 6.	
Course level: I.	
Prerequisites:	
Conditions for course completion:	
Learning outcomes:	
Brief outline of the course:	
Recommended literature:	
Course language:	
Notes:	
Course assessment Total number of assessed students: 230	
abs	n
91.3	8.7
Provides:	
Date of last modification: 23.03.2017	
Approved:	

COURSE INFORMATION LETTER

University: P. J. Šafárik University in Košice					
Faculty:					
Course ID: ÚTVŠ/ HTKaŠ/14		Course name: History of Physical Culture and Sport			
Course type, scope and the method: Course type: Lecture Recommended course-load (hours): Per week: 1 Per study period: 14 Course method: combined					
Number of ECTS credits: 2					
Recommended semester/trimester of the course: 3.					
Course level: I.					
Prerequisites:					
Conditions for course completion:					
Learning outcomes:					
Brief outline of the course:					
Recommended literature:					
Course language:					
Notes:					
Course assessment Total number of assessed students: 349					
A	B	C	D	E	FX
8.88	16.62	19.77	18.34	25.5	10.89
Provides: prof. PaedDr. Ján Junger, CSc.					
Date of last modification: 18.11.2016					
Approved:					

COURSE INFORMATION LETTER

University: P. J. Šafárik University in Košice					
Faculty:					
Course ID: ÚTVŠ/ ANČa/13		Course name: Human Anatomy I.			
Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 1 / 1 Per study period: 14 / 14 Course method: combined					
Number of ECTS credits: 4					
Recommended semester/trimester of the course: 1.					
Course level: I.					
Prerequisites:					
Conditions for course completion:					
Learning outcomes:					
Brief outline of the course:					
Recommended literature:					
Course language:					
Notes:					
Course assessment Total number of assessed students: 378					
A	B	C	D	E	FX
3.17	15.61	19.31	16.67	19.31	25.93
Provides: doc. MUDr. Mirianna Brtková, PhD., Ing. Iveta Cimboláková, PhD.					
Date of last modification: 03.05.2015					
Approved:					

COURSE INFORMATION LETTER

University: P. J. Šafárik University in Košice					
Faculty:					
Course ID: ÚTVŠ/ ANČb/13		Course name: Human Anatomy II.			
Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 1 / 1 Per study period: 14 / 14 Course method: combined					
Number of ECTS credits: 4					
Recommended semester/trimester of the course: 2.					
Course level: I.					
Prerequisites:					
Conditions for course completion:					
Learning outcomes:					
Brief outline of the course:					
Recommended literature:					
Course language:					
Notes:					
Course assessment Total number of assessed students: 319					
A	B	C	D	E	FX
3.13	6.27	22.57	20.06	18.81	29.15
Provides: doc. MUDr. Mirianna Brtková, PhD., Ing. Iveta Cimboláková, PhD.					
Date of last modification: 03.05.2015					
Approved:					

COURSE INFORMATION LETTER

University: P. J. Šafárik University in Košice					
Faculty:					
Course ID: ÚINF/ IKTP/15		Course name: Information and Communication Technologies			
Course type, scope and the method: Course type: Practice Recommended course-load (hours): Per week: 2 Per study period: 28 Course method: combined, present					
Number of ECTS credits: 2					
Recommended semester/trimester of the course: 1.					
Course level: I.					
Prerequisites:					
Conditions for course completion: Problems solved during the semester. A final project using presentation programs, spreadsheet programs, text processors, internet resources and search tools. The ECDL certificate (all 7 modulus) is accepted as the exam with the ranking "A-výborne".					
Learning outcomes: To achieve and extend fundamental information and communication knowledge to the level which is acceptable in the EU region.					
Brief outline of the course: Text processing using a word processor. Processing and evaluation of information using a spreadsheet. Search, retrieval and exchange of information via the Internet. Creating presentations.					
Recommended literature: 1. Franců, M: Jak zvládnout testy ECDL. Praha : Computer Press, 2007. 160 s. ISBN 978-80-251-1485-8. 2. Jančařík, A. et al.: S počítačem do Evropy – ECDL. 2. vydanie. Praha : Computer Press, 2007. 152 s. ISBN 80-251-1844-3. 3. Kolektív autorov: Sylabus ECDL verzia 5.0. [on-line] [citované 9.2.2010]. Dostupné na internete: < http://www.ecdl.sk/buxus/docs//interne_informacie/Sylabus_V5.0/20090630ECDL-SylabusV50_SK-V01_FIN.pdf >.					
Course language:					
Notes:					
Course assessment Total number of assessed students: 1022					
A	B	C	D	E	FX
65.46	17.71	6.95	3.62	1.66	4.6
Provides: Mgr. Alexander Szabari, PhD., doc. RNDr. Ľubomír Šnajder, PhD.					

Date of last modification: 03.05.2015
Approved:

COURSE INFORMATION LETTER

University: P. J. Šafárik University in Košice					
Faculty:					
Course ID: ÚTVŠ/ ÚŠR/14		Course name: Introduction to Sports and Recreation			
Course type, scope and the method: Course type: Lecture Recommended course-load (hours): Per week: 1 Per study period: 14 Course method: combined					
Number of ECTS credits: 2					
Recommended semester/trimester of the course: 1.					
Course level: I.					
Prerequisites:					
Conditions for course completion:					
Learning outcomes:					
Brief outline of the course:					
Recommended literature:					
Course language:					
Notes:					
Course assessment Total number of assessed students: 327					
A	B	C	D	E	FX
3.98	13.46	13.76	15.9	26.61	26.3
Provides: prof. PaedDr. Ján Junger, CSc.					
Date of last modification: 18.11.2016					
Approved:					

COURSE INFORMATION LETTER

University: P. J. Šafárik University in Košice					
Faculty:					
Course ID: ÚTVŠ/ MŽŠ/12		Course name: Lifestyle Management			
Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 1 / 0 Per study period: 14 / 0 Course method: combined					
Number of ECTS credits: 3					
Recommended semester/trimester of the course: 5.					
Course level: I.					
Prerequisites:					
Conditions for course completion:					
Learning outcomes:					
Brief outline of the course:					
Recommended literature:					
Course language:					
Notes:					
Course assessment Total number of assessed students: 128					
A	B	C	D	E	FX
84.38	10.16	5.47	0.0	0.0	0.0
Provides: doc. PaedDr. Ivan Uher, PhD.					
Date of last modification: 03.05.2015					
Approved:					

COURSE INFORMATION LETTER

University: P. J. Šafárik University in Košice					
Faculty:					
Course ID: ÚTVŠ/ MaM I./14		Course name: Marketing and Management in Sport and Recreation I.			
Course type, scope and the method: Course type: Lecture Recommended course-load (hours): Per week: 2 Per study period: 28 Course method: combined					
Number of ECTS credits: 3					
Recommended semester/trimester of the course: 5.					
Course level: I.					
Prerequisites:					
Conditions for course completion:					
Learning outcomes:					
Brief outline of the course:					
Recommended literature:					
Course language:					
Notes:					
Course assessment Total number of assessed students: 233					
A	B	C	D	E	FX
5.58	17.6	25.75	24.46	24.46	2.15
Provides: Ing. Iveta Cimboláková, PhD.					
Date of last modification: 03.05.2015					
Approved:					

COURSE INFORMATION LETTER

University: P. J. Šafárik University in Košice					
Faculty:					
Course ID: ÚTVŠ/ MaM II./14		Course name: Marketing and Management in Sport and Recreation II.			
Course type, scope and the method: Course type: Lecture Recommended course-load (hours): Per week: 2 Per study period: 28 Course method: combined					
Number of ECTS credits: 3					
Recommended semester/trimester of the course: 6.					
Course level: I.					
Prerequisites: ÚTVŠ/MaM I./14					
Conditions for course completion:					
Learning outcomes:					
Brief outline of the course:					
Recommended literature:					
Course language:					
Notes:					
Course assessment Total number of assessed students: 245					
A	B	C	D	E	FX
6.94	22.04	24.08	23.67	20.0	3.27
Provides: Ing. Iveta Cimboláková, PhD.					
Date of last modification: 03.05.2015					
Approved:					

COURSE INFORMATION LETTER

University: P. J. Šafárik University in Košice					
Faculty:					
Course ID: ÚTVŠ/ DBa/13		Course name: Methodology of Basketball			
Course type, scope and the method: Course type: Practice Recommended course-load (hours): Per week: 1 Per study period: 14 Course method: combined					
Number of ECTS credits: 2					
Recommended semester/trimester of the course: 1.					
Course level: I.					
Prerequisites:					
Conditions for course completion:					
Learning outcomes:					
Brief outline of the course:					
Recommended literature:					
Course language:					
Notes:					
Course assessment Total number of assessed students: 224					
A	B	C	D	E	FX
19.64	14.73	19.64	19.64	20.09	6.25
Provides: Mgr. Ladislav Kručanica, PhD.					
Date of last modification: 03.05.2015					
Approved:					

COURSE INFORMATION LETTER

University: P. J. Šafárik University in Košice					
Faculty:					
Course ID: ÚTVŠ/ DFL/13		Course name: Methodology of Floorball			
Course type, scope and the method: Course type: Practice Recommended course-load (hours): Per week: 1 Per study period: 14 Course method: combined					
Number of ECTS credits: 2					
Recommended semester/trimester of the course: 4.					
Course level: I.					
Prerequisites:					
Conditions for course completion:					
Learning outcomes:					
Brief outline of the course:					
Recommended literature:					
Course language:					
Notes:					
Course assessment Total number of assessed students: 180					
A	B	C	D	E	FX
47.22	28.33	17.22	4.44	1.67	1.11
Provides: Bc. Richard Melichar					
Date of last modification: 03.05.2015					
Approved:					

COURSE INFORMATION LETTER

University: P. J. Šafárik University in Košice					
Faculty:					
Course ID: ÚTVŠ/ DSFu/13		Course name: Methodology of Football			
Course type, scope and the method: Course type: Practice Recommended course-load (hours): Per week: 1 Per study period: 14 Course method: combined					
Number of ECTS credits: 2					
Recommended semester/trimester of the course: 2.					
Course level: I.					
Prerequisites:					
Conditions for course completion:					
Learning outcomes:					
Brief outline of the course:					
Recommended literature:					
Course language:					
Notes:					
Course assessment Total number of assessed students: 211					
A	B	C	D	E	FX
50.24	23.7	12.8	4.74	3.79	4.74
Provides: Mgr. Patrik Berta					
Date of last modification: 03.05.2015					
Approved:					

COURSE INFORMATION LETTER

University: P. J. Šafárik University in Košice					
Faculty:					
Course ID: ÚTVŠ/ PL1/11		Course name: Methodology of Swimming I.			
Course type, scope and the method: Course type: Practice Recommended course-load (hours): Per week: 2 Per study period: 28 Course method: combined					
Number of ECTS credits: 3					
Recommended semester/trimester of the course: 1.					
Course level: I.					
Prerequisites:					
Conditions for course completion:					
Learning outcomes:					
Brief outline of the course:					
Recommended literature:					
Course language:					
Notes:					
Course assessment Total number of assessed students: 372					
A	B	C	D	E	FX
36.02	13.44	16.94	9.95	11.02	12.63
Provides: Mgr. Ladislav Kručanica, PhD.					
Date of last modification: 03.05.2015					
Approved:					

COURSE INFORMATION LETTER

University: P. J. Šafárik University in Košice					
Faculty:					
Course ID: ÚTVŠ/ PL2/12		Course name: Methodology of Swimming II.			
Course type, scope and the method: Course type: Practice Recommended course-load (hours): Per week: 2 Per study period: 28 Course method: combined					
Number of ECTS credits: 3					
Recommended semester/trimester of the course: 2.					
Course level: I.					
Prerequisites: ÚTVŠ/PL1/11					
Conditions for course completion:					
Learning outcomes:					
Brief outline of the course:					
Recommended literature:					
Course language:					
Notes:					
Course assessment Total number of assessed students: 154					
A	B	C	D	E	FX
36.36	18.18	18.18	10.39	9.74	7.14
Provides: Mgr. Ladislav Kručanica, PhD.					
Date of last modification: 03.05.2015					
Approved:					

COURSE INFORMATION LETTER

University: P. J. Šafárik University in Košice	
Faculty:	
Course ID: ÚTVŠ/ DSTaB/13	Course name: Methodology of Table Tennis and Badminton
Course type, scope and the method: Course type: Practice Recommended course-load (hours): Per week: 2 Per study period: 28 Course method: combined	
Number of ECTS credits: 3	
Recommended semester/trimester of the course: 2.	
Course level: I.	
Prerequisites:	
Conditions for course completion:	
Learning outcomes:	
Brief outline of the course:	
Recommended literature:	
Course language:	
Notes:	
Course assessment Total number of assessed students: 264	
abs	n
81.82	18.18
Provides: Mgr. Dávid Kaško, PhD., Bc. Richard Melichar	
Date of last modification: 03.05.2015	
Approved:	

COURSE INFORMATION LETTER

University: P. J. Šafárik University in Košice	
Faculty:	
Course ID: ÚTVŠ/ DT/13	Course name: Methodology of Tennis
Course type, scope and the method: Course type: Practice Recommended course-load (hours): Per week: 1 Per study period: 14 Course method: combined	
Number of ECTS credits: 2	
Recommended semester/trimester of the course: 2.	
Course level: I.	
Prerequisites:	
Conditions for course completion:	
Learning outcomes:	
Brief outline of the course:	
Recommended literature:	
Course language:	
Notes:	
Course assessment Total number of assessed students: 153	
abs	n
87.58	12.42
Provides:	
Date of last modification: 03.05.2015	
Approved:	

COURSE INFORMATION LETTER

University: P. J. Šafárik University in Košice					
Faculty:					
Course ID: ÚTVŠ/ DVo/13		Course name: Methodology of Volleyball			
Course type, scope and the method: Course type: Practice Recommended course-load (hours): Per week: 1 Per study period: 14 Course method: combined					
Number of ECTS credits: 2					
Recommended semester/trimester of the course: 3.					
Course level: I.					
Prerequisites:					
Conditions for course completion:					
Learning outcomes:					
Brief outline of the course:					
Recommended literature:					
Course language:					
Notes:					
Course assessment Total number of assessed students: 209					
A	B	C	D	E	FX
11.96	14.35	36.36	22.49	14.83	0.0
Provides: Mgr. Agata Horbacz, PhD.					
Date of last modification: 03.05.2015					
Approved:					

COURSE INFORMATION LETTER

University: P. J. Šafárik University in Košice					
Faculty:					
Course ID: ÚTVŠ/ TPP I./14		Course name: Motor Programmes Development I.			
Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 1 / 2 Per study period: 14 / 28 Course method: combined					
Number of ECTS credits: 4					
Recommended semester/trimester of the course: 4.					
Course level: I.					
Prerequisites:					
Conditions for course completion:					
Learning outcomes:					
Brief outline of the course:					
Recommended literature:					
Course language:					
Notes:					
Course assessment Total number of assessed students: 207					
A	B	C	D	E	FX
15.46	23.19	21.74	22.22	9.66	7.73
Provides: prof. PaedDr. Ján Junger, CSc., Mgr. Zuzana Küchelová, PhD.					
Date of last modification: 03.05.2015					
Approved:					

COURSE INFORMATION LETTER

University: P. J. Šafárik University in Košice					
Faculty:					
Course ID: ÚTVŠ/ TPP II./14		Course name: Motor Programmes Development II.			
Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 1 / 2 Per study period: 14 / 28 Course method: combined					
Number of ECTS credits: 4					
Recommended semester/trimester of the course: 5.					
Course level: I.					
Prerequisites:					
Conditions for course completion:					
Learning outcomes:					
Brief outline of the course:					
Recommended literature:					
Course language:					
Notes:					
Course assessment Total number of assessed students: 160					
A	B	C	D	E	FX
23.13	29.38	30.0	7.5	3.75	6.25
Provides: doc. PaedDr. Ivan Uher, PhD., Mgr. Zuzana Küchelová, PhD.					
Date of last modification: 03.05.2015					
Approved:					

COURSE INFORMATION LETTER

University: P. J. Šafárik University in Košice	
Faculty:	
Course ID: ÚTVŠ/ PAaZ/17	Course name: Musculoskeletal system and health.
Course type, scope and the method: Course type: Practice Recommended course-load (hours): Per week: 2 Per study period: 28 Course method: combined	
Number of ECTS credits: 2	
Recommended semester/trimester of the course: 4.	
Course level: I.	
Prerequisites:	
Conditions for course completion:	
Learning outcomes:	
Brief outline of the course:	
Recommended literature:	
Course language:	
Notes:	
Course assessment Total number of assessed students: 44	
abs	n
79.55	20.45
Provides: Mgr. Agata Horbacz, PhD.	
Date of last modification: 17.03.2017	
Approved:	

COURSE INFORMATION LETTER

University: P. J. Šafárik University in Košice					
Faculty:					
Course ID: ÚTVŠ/ NŠ1/15		Course name: Non-Traditional Sports 1			
Course type, scope and the method: Course type: Practice Recommended course-load (hours): Per week: 2 Per study period: 28 Course method: combined					
Number of ECTS credits: 3					
Recommended semester/trimester of the course: 5.					
Course level: I.					
Prerequisites:					
Conditions for course completion:					
Learning outcomes:					
Brief outline of the course:					
Recommended literature:					
Course language:					
Notes:					
Course assessment Total number of assessed students: 166					
A	B	C	D	E	FX
50.6	25.9	17.47	1.2	0.0	4.82
Provides: Mgr. Ladislav Kručanica, PhD.					
Date of last modification: 20.05.2015					
Approved:					

COURSE INFORMATION LETTER

University: P. J. Šafárik University in Košice					
Faculty:					
Course ID: ÚTVŠ/ NŠ2/15		Course name: Non-Traditional Sports 2			
Course type, scope and the method: Course type: Practice Recommended course-load (hours): Per week: 2 Per study period: 28 Course method: combined					
Number of ECTS credits: 3					
Recommended semester/trimester of the course: 6.					
Course level: I.					
Prerequisites:					
Conditions for course completion:					
Learning outcomes:					
Brief outline of the course:					
Recommended literature:					
Course language:					
Notes:					
Course assessment Total number of assessed students: 114					
A	B	C	D	E	FX
46.49	13.16	21.93	9.65	4.39	4.39
Provides: Mgr. Ladislav Kručanica, PhD.					
Date of last modification: 12.02.2016					
Approved:					

COURSE INFORMATION LETTER

University: P. J. Šafárik University in Košice					
Faculty:					
Course ID: ÚTVŠ/ PaPVČ/14		Course name: Pedagogy and Leisure Pedagogy			
Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 1 / 2 Per study period: 14 / 28 Course method: combined					
Number of ECTS credits: 5					
Recommended semester/trimester of the course: 1.					
Course level: I.					
Prerequisites:					
Conditions for course completion:					
Learning outcomes:					
Brief outline of the course:					
Recommended literature:					
Course language:					
Notes:					
Course assessment Total number of assessed students: 508					
A	B	C	D	E	FX
11.22	11.02	24.21	20.87	20.47	12.2
Provides: Mgr. Zuzana Küchelová, PhD.					
Date of last modification: 03.05.2015					
Approved:					

COURSE INFORMATION LETTER

University: P. J. Šafárik University in Košice					
Faculty:					
Course ID: ÚTVŠ/ TTC/14		Course name: Physical Exercise Terminology			
Course type, scope and the method: Course type: Practice Recommended course-load (hours): Per week: 1 Per study period: 14 Course method: combined					
Number of ECTS credits: 2					
Recommended semester/trimester of the course: 1.					
Course level: I.					
Prerequisites:					
Conditions for course completion:					
Learning outcomes:					
Brief outline of the course:					
Recommended literature:					
Course language:					
Notes:					
Course assessment Total number of assessed students: 334					
A	B	C	D	E	FX
5.09	20.06	26.35	15.87	14.67	17.96
Provides: Mgr. Petra Tomková, PhD.					
Date of last modification: 12.02.2016					
Approved:					

COURSE INFORMATION LETTER

University: P. J. Šafárik University in Košice					
Faculty:					
Course ID: ÚTVŠ/ FTC/14		Course name: Physiology and Exercise Physiology			
Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 2 / 1 Per study period: 28 / 14 Course method: combined					
Number of ECTS credits: 5					
Recommended semester/trimester of the course: 3.					
Course level: I.					
Prerequisites: ÚTVŠ/ANČb/13					
Conditions for course completion:					
Learning outcomes:					
Brief outline of the course:					
Recommended literature:					
Course language:					
Notes:					
Course assessment Total number of assessed students: 282					
A	B	C	D	E	FX
7.8	25.53	23.05	19.5	22.7	1.42
Provides: doc. PaedDr. Ivan Uher, PhD., Ing. Iveta Cimboláková, PhD.					
Date of last modification: 18.09.2020					
Approved:					

COURSE INFORMATION LETTER

University: P. J. Šafárik University in Košice					
Faculty:					
Course ID: ÚTVŠ/ ODBP/12		Course name: Professional Practice			
Course type, scope and the method: Course type: Practice Recommended course-load (hours): Per week: Per study period: 36s Course method: combined					
Number of ECTS credits: 3					
Recommended semester/trimester of the course: 6.					
Course level: I.					
Prerequisites: ÚTVŠ/HOSP/14					
Conditions for course completion:					
Learning outcomes:					
Brief outline of the course:					
Recommended literature:					
Course language:					
Notes:					
Course assessment Total number of assessed students: 226					
A	B	C	D	E	FX
64.6	18.14	14.16	3.1	0.0	0.0
Provides: Mgr. Agata Horbacz, PhD.					
Date of last modification: 27.05.2020					
Approved:					

COURSE INFORMATION LETTER

University: P. J. Šafárik University in Košice	
Faculty:	
Course ID: KPPaPZ/PPZ/09	Course name: Psychology and Health Psychology
Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 2 / 2 Per study period: 28 / 28 Course method: combined	
Number of ECTS credits: 6	
Recommended semester/trimester of the course: 1.	
Course level: I.	
Prerequisites:	
Conditions for course completion: Continuous assessment consists of: presentation, active participation, seminar work, continuous test. The interim evaluation makes up 40% of the total evaluation. To be admitted to the exam, it is necessary to obtain from the continuous evaluation of min. 20 points during the teaching part of the semester. The final evaluation will take place in writing. In the final evaluation it is possible to get 60 points, which is 60% of the points of the overall evaluation. The evaluation of the subject (continuous and final) and its subsequent completion will be based on clearly and objectively set requirements, which will be set in advance and will not change. The aim of the assessment is to ensure an objective and fair mapping of the student's knowledge while adhering to all ethical and moral standards. There is no tolerance for students' fraudulent behavior, whether in the teaching process or in the assessment process.	
Learning outcomes: The aim of the course is to get acquainted with the basic and current knowledge of psychology in order to further their application in applied psychological disciplines, especially in the field of psychology of health, sports and recreation. The method of teaching the subject will be oriented to the student. Lecturers will be interested in students' needs, expectations and opinions so as to encourage them to think critically by expressing respect and feedback on their opinions and needs. The content of the curriculum will be based on primary and high-quality sources that will reflect the topicality of the topics so as to ensure the connection of the curriculum with other subjects and also the connection of the curriculum with practice. Students will be expected to take an active approach in lectures and seminars with an emphasis on their independence and responsibility.	
Brief outline of the course: <ol style="list-style-type: none"> 1. Subject of study of psychology, goals of psychology and main directions in psychology. 2. Basic concepts of general psychology. 3. Sensory processes and perception. 4. Learning and learning processes. 5. Memory, memory models. 6. Thinking and intelligence. 7. Motivation and emotions. 	

8. Development, periodization of development and characteristics of development periods.					
9. Stress and coping.					
10. Psychological factors supporting and damaging health.					
Recommended literature:					
Course language:					
Notes:					
Course assessment					
Total number of assessed students: 457					
A	B	C	D	E	FX
3.28	9.63	22.98	24.95	30.85	8.32
Provides: Mgr. Lucia Barbierik, PhD., Mgr. Ondrej Kalina, PhD.					
Date of last modification: 24.06.2021					
Approved:					

COURSE INFORMATION LETTER

University: P. J. Šafárik University in Košice					
Faculty:					
Course ID: ÚTVŠ/ PM1/17		Course name: Psychomotrics 1			
Course type, scope and the method: Course type: Practice Recommended course-load (hours): Per week: 2 Per study period: 28 Course method: combined					
Number of ECTS credits: 3					
Recommended semester/trimester of the course: 4.					
Course level: I.					
Prerequisites:					
Conditions for course completion:					
Learning outcomes:					
Brief outline of the course:					
Recommended literature:					
Course language:					
Notes:					
Course assessment Total number of assessed students: 168					
A	B	C	D	E	FX
46.43	25.6	17.26	5.36	0.0	5.36
Provides: Mgr. Zuzana Küchelová, PhD.					
Date of last modification: 16.02.2017					
Approved:					

COURSE INFORMATION LETTER

University: P. J. Šafárik University in Košice					
Faculty:					
Course ID: ÚTVŠ/ PM2/17		Course name: Psychomotorics 2			
Course type, scope and the method: Course type: Practice Recommended course-load (hours): Per week: 2 Per study period: 28 Course method: combined					
Number of ECTS credits: 3					
Recommended semester/trimester of the course: 5.					
Course level: I.					
Prerequisites:					
Conditions for course completion:					
Learning outcomes:					
Brief outline of the course:					
Recommended literature:					
Course language:					
Notes:					
Course assessment Total number of assessed students: 26					
A	B	C	D	E	FX
57.69	19.23	15.38	0.0	0.0	7.69
Provides: Mgr. Zuzana Küchelová, PhD.					
Date of last modification: 16.02.2017					
Approved:					

COURSE INFORMATION LETTER

University: P. J. Šafárik University in Košice					
Faculty:					
Course ID: ÚTVŠ/ RŠaR/12		Course name: Regeneration in Sport and Recreation			
Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 1 / 1 Per study period: 14 / 14 Course method: combined					
Number of ECTS credits: 3					
Recommended semester/trimester of the course: 3.					
Course level: I.					
Prerequisites:					
Conditions for course completion:					
Learning outcomes:					
Brief outline of the course:					
Recommended literature:					
Course language:					
Notes:					
Course assessment Total number of assessed students: 273					
A	B	C	D	E	FX
6.96	15.02	33.33	25.27	16.48	2.93
Provides: Mgr. Agata Horbacz, PhD.					
Date of last modification: 19.04.2016					
Approved:					

COURSE INFORMATION LETTER

University: P. J. Šafárik University in Košice					
Faculty:					
Course ID: CJP/RJ1/15		Course name: Russian Language for Non-Philological Students 1			
Course type, scope and the method: Course type: Practice Recommended course-load (hours): Per week: 2 Per study period: 28 Course method: combined					
Number of ECTS credits: 2					
Recommended semester/trimester of the course: 3.					
Course level: I.					
Prerequisites:					
Conditions for course completion:					
Learning outcomes:					
Brief outline of the course:					
Recommended literature:					
Course language:					
Notes:					
Course assessment Total number of assessed students: 415					
A	B	C	D	E	FX
40.24	16.63	14.94	9.64	6.75	11.81
Provides: PhDr. Helena Petruňová, CSc.					
Date of last modification: 20.09.2020					
Approved:					

COURSE INFORMATION LETTER

University: P. J. Šafárik University in Košice					
Faculty:					
Course ID: CJP/RJ2/15		Course name: Russian Language for Non-Philological Students 2			
Course type, scope and the method: Course type: Practice Recommended course-load (hours): Per week: 2 Per study period: 28 Course method: combined					
Number of ECTS credits: 2					
Recommended semester/trimester of the course: 4.					
Course level: I.					
Prerequisites: CJP/RJ1/15					
Conditions for course completion:					
Learning outcomes:					
Brief outline of the course:					
Recommended literature:					
Course language:					
Notes:					
Course assessment Total number of assessed students: 0					
A	B	C	D	E	FX
0.0	0.0	0.0	0.0	0.0	0.0
Provides: PhDr. Helena Petruňová, CSc.					
Date of last modification: 07.02.2017					
Approved:					

COURSE INFORMATION LETTER

University: P. J. Šafárik University in Košice					
Faculty:					
Course ID: ÚTVŠ/ SMS1/15		Course name: SM System 1			
Course type, scope and the method: Course type: Practice Recommended course-load (hours): Per week: 2 Per study period: 28 Course method: combined					
Number of ECTS credits: 2					
Recommended semester/trimester of the course: 3.					
Course level: I.					
Prerequisites:					
Conditions for course completion:					
Learning outcomes:					
Brief outline of the course:					
Recommended literature:					
Course language:					
Notes:					
Course assessment Total number of assessed students: 115					
A	B	C	D	E	FX
21.74	33.04	33.04	7.83	3.48	0.87
Provides: Mgr. Agata Horbacz, PhD.					
Date of last modification: 25.05.2015					
Approved:					

COURSE INFORMATION LETTER

University: P. J. Šafárik University in Košice					
Faculty:					
Course ID: ÚTVŠ/ SMS2/15		Course name: SM System 2			
Course type, scope and the method: Course type: Practice Recommended course-load (hours): Per week: 2 Per study period: 28 Course method: combined					
Number of ECTS credits: 2					
Recommended semester/trimester of the course: 4.					
Course level: I.					
Prerequisites: ÚTVŠ/SMS1/15					
Conditions for course completion:					
Learning outcomes:					
Brief outline of the course:					
Recommended literature:					
Course language:					
Notes:					
Course assessment Total number of assessed students: 50					
A	B	C	D	E	FX
30.0	32.0	34.0	4.0	0.0	0.0
Provides: Mgr. Agata Horbacz, PhD.					
Date of last modification: 25.05.2015					
Approved:					

COURSE INFORMATION LETTER

University: P. J. Šafárik University in Košice	
Faculty:	
Course ID: ÚTVŠ/ ÚTVŠ/CM/13	Course name: Seaside Aerobic Exercise
Course type, scope and the method: Course type: Practice Recommended course-load (hours): Per week: Per study period: 36s Course method: combined, present	
Number of ECTS credits: 2	
Recommended semester/trimester of the course: 4.	
Course level: I., II.	
Prerequisites:	
Conditions for course completion: Conditions for course completion: Attendance	
Learning outcomes: Learning outcomes: Students will be provided an overview of possibilities how to spend leisure time in seaside conditions actively and their skills in work and communication with clients will be improved. Students will acquire practical experience in organising the cultural and art-oriented events, with the aim to improve the stay and to create positive experiences for visitors.	
Brief outline of the course: Brief outline of the course: 1. Basics of seaside aerobics 2. Morning exercises 3. Pilates and its application in seaside conditions 4. Exercises for the spine 5. Yoga basics 6. Sport as a part of leisure time 7. Application of projects of productive spending of leisure time for different age and social groups (children, young people, elderly) 8. Application of seaside cultural and art-oriented activities in leisure time	
Recommended literature:	
Course language:	
Notes:	
Course assessment Total number of assessed students: 41	
abs	n
12.2	87.8

Provides: Mgr. Agata Horbach, PhD.
Date of last modification: 15.03.2019
Approved:

COURSE INFORMATION LETTER

University: P. J. Šafárik University in Košice											
Faculty:											
Course ID: CJP/ SZSUPJS1/20				Course name: Slovak Language for UPJŠ International Students 1							
Course type, scope and the method: Course type: Practice Recommended course-load (hours): Per week: 4 Per study period: 56 Course method: combined, present											
Number of ECTS credits: 2											
Recommended semester/trimester of the course:											
Course level: I., N											
Prerequisites:											
Conditions for course completion:											
Learning outcomes:											
Brief outline of the course:											
Recommended literature:											
Course language:											
Notes:											
Course assessment Total number of assessed students: 79											
1	2	3	4	A	B	C	D	E	FX	N	P
0.0	0.0	0.0	0.0	15.19	32.91	26.58	15.19	3.8	1.27	0.0	5.06
Provides: Oksana Humenna, CSc., doc. PhDr. Marianna Sedláková, PhD., Mgr. Patrícia Havrila, Mgr. Martin Anderko, Mgr. Eva Bodnárová, PhDr. Peter Urbančík, Mgr. Lucia Forgáčová, PhDr. Mária Gondová, doc. PhDr. Ľudovít Petraško, PhD., Mgr. Barbora Margitová											
Date of last modification: 24.09.2020											
Approved:											

COURSE INFORMATION LETTER

University: P. J. Šafárik University in Košice																	
Faculty:																	
Course ID: CJP/ SZSUPJS2/20				Course name: Slovak Language for UPJŠ International Students 2													
Course type, scope and the method: Course type: Practice Recommended course-load (hours): Per week: 4 Per study period: 56 Course method: combined, present																	
Number of ECTS credits: 2																	
Recommended semester/trimester of the course: 2.																	
Course level: I., N																	
Prerequisites:																	
Conditions for course completion:																	
Learning outcomes:																	
Brief outline of the course:																	
Recommended literature:																	
Course language:																	
Notes:																	
Course assessment Total number of assessed students: 60																	
1	2	3	4	A	B	C	D	E	FX	N	Ne	Ns	P	PV	Pr	Us	
0.0	0.0	0.0	0.0	46.67	23.33	11.67	6.67	1.67	3.33	0.0	0.0	0.0	6.67	0.0	0.0	0.0	
Provides: Oksana Humenna, CSc., PhDr. Beáta Jurečková, PhD., Mgr. Martin Anderko, Mgr. Eva Bodnárová, Mgr. Lucia Forgáčová, PhDr. Mária Gondová, PhDr. Peter Urbančík, Mgr. Barbora Margitová, Mgr. Patrícia Havrila																	
Date of last modification: 29.01.2021																	
Approved:																	

COURSE INFORMATION LETTER

University: P. J. Šafárik University in Košice					
Faculty:					
Course ID: ÚTVŠ/ SZA/11		Course name: Socio - Funny Animation			
Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 1 / 2 Per study period: 14 / 28 Course method: combined					
Number of ECTS credits: 4					
Recommended semester/trimester of the course: 2.					
Course level: I.					
Prerequisites:					
Conditions for course completion:					
Learning outcomes:					
Brief outline of the course:					
Recommended literature:					
Course language:					
Notes:					
Course assessment Total number of assessed students: 203					
A	B	C	D	E	FX
19.7	24.63	27.59	12.32	6.9	8.87
Provides: Mgr. Zuzana Küchelová, PhD.					
Date of last modification: 23.02.2017					
Approved:					

COURSE INFORMATION LETTER

University: P. J. Šafárik University in Košice					
Faculty:					
Course ID: ÚTVŠ/ PSS/12		Course name: Sport Psychology and Sociology			
Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 2 / 2 Per study period: 28 / 28 Course method: combined					
Number of ECTS credits: 6					
Recommended semester/trimester of the course: 4.					
Course level: I.					
Prerequisites: KPPaPZ/PPZ/09					
Conditions for course completion:					
Learning outcomes:					
Brief outline of the course:					
Recommended literature:					
Course language:					
Notes:					
Course assessment Total number of assessed students: 293					
A	B	C	D	E	FX
11.95	17.41	20.14	18.09	17.41	15.02
Provides: doc. PaedDr. Klaudia Zusková, PhD.					
Date of last modification: 03.05.2015					
Approved:					

COURSE INFORMATION LETTER

University: P. J. Šafárik University in Košice					
Faculty:					
Course ID: ÚTVŠ/ ŠaR/15		Course name: Sport and Recreation-colloquial exam			
Course type, scope and the method: Course type: Recommended course-load (hours): Per week: Per study period: Course method: combined					
Number of ECTS credits: 5					
Recommended semester/trimester of the course:					
Course level: I.					
Prerequisites:					
Conditions for course completion:					
Learning outcomes:					
Brief outline of the course:					
Recommended literature:					
Course language:					
Notes:					
Course assessment Total number of assessed students: 131					
A	B	C	D	E	FX
9.92	12.98	25.95	29.01	22.14	0.0
Provides:					
Date of last modification:					
Approved:					

COURSE INFORMATION LETTER

University: P. J. Šafárik University in Košice					
Faculty:					
Course ID: ÚTVŠ/ TaDŠT/14		Course name: Sports Training-Theory and Didactics			
Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 2 / 2 Per study period: 28 / 28 Course method: combined					
Number of ECTS credits: 6					
Recommended semester/trimester of the course: 4.					
Course level: I.					
Prerequisites:					
Conditions for course completion:					
Learning outcomes:					
Brief outline of the course:					
Recommended literature:					
Course language:					
Notes:					
Course assessment Total number of assessed students: 320					
A	B	C	D	E	FX
4.69	10.31	19.38	21.88	25.94	17.81
Provides: Mgr. Marcel Čurgali					
Date of last modification: 03.05.2015					
Approved:					

COURSE INFORMATION LETTER

University: P. J. Šafárik University in Košice					
Faculty:					
Course ID: ÚTVŠ/ LOA/14		Course name: Summer Outdoor Activities			
Course type, scope and the method: Course type: Practice Recommended course-load (hours): Per week: Per study period: 36s Course method: combined					
Number of ECTS credits: 3					
Recommended semester/trimester of the course: 2.					
Course level: I.					
Prerequisites:					
Conditions for course completion:					
Learning outcomes:					
Brief outline of the course:					
Recommended literature:					
Course language:					
Notes:					
Course assessment Total number of assessed students: 394					
A	B	C	D	E	FX
21.83	22.59	24.87	16.24	4.57	9.9
Provides: Mgr. Dávid Kaško, PhD.					
Date of last modification: 03.05.2015					
Approved:					

COURSE INFORMATION LETTER

University: P. J. Šafárik University in Košice	
Faculty:	
Course ID: ÚTVŠ/ KP/12	Course name: Survival Course
Course type, scope and the method: Course type: Practice Recommended course-load (hours): Per week: Per study period: 36s Course method: combined, present	
Number of ECTS credits: 2	
Recommended semester/trimester of the course: 3.	
Course level: I., II.	
Prerequisites:	
Conditions for course completion: Conditions for course completion: Attendance Final assessment: continuous fulfilment of all tasks within the course	
Learning outcomes: Learning outcomes: Students will be familiarized with principles of safe stay and movement in extreme natural conditions as they will obtain theoretical knowledge and practical skills to solve the extraordinary and demanding situations connected with survival and minimization of damage to health. The course develops team work and students will learn how to manage and face the situations that require overcoming of obstacles.	
Brief outline of the course: Brief outline of the course: Lectures: 1. Principles of behaviour and safety for movement and stay in unknown mountains 2. Preparation and leadership of tour 3. Objective and subjective danger in mountains 4. Principles of hygiene and prevention of damage to health in extreme conditions Exercises: 1. Movement in terrain, orientation and navigation in terrain (compasses, GPS) 2. Preparation of improvised overnight stay 3. Water treatment and food preparation.	
Recommended literature:	
Course language:	
Notes:	

Course assessment	
Total number of assessed students: 393	
abs	n
44.53	55.47
Provides: MUDr. Peter Dombrovský, Mgr. Ladislav Kručanica, PhD.	
Date of last modification: 15.03.2019	
Approved:	

COURSE INFORMATION LETTER

University: P. J. Šafárik University in Košice					
Faculty:					
Course ID: ÚTVŠ/ SZP/12		Course name: Thesis Workshop			
Course type, scope and the method: Course type: Practice Recommended course-load (hours): Per week: 2 Per study period: 28 Course method: combined					
Number of ECTS credits: 3					
Recommended semester/trimester of the course: 5.					
Course level: I.					
Prerequisites:					
Conditions for course completion:					
Learning outcomes:					
Brief outline of the course:					
Recommended literature:					
Course language:					
Notes:					
Course assessment Total number of assessed students: 215					
A	B	C	D	E	FX
5.12	17.21	28.37	24.19	20.93	4.19
Provides: prof. PaedDr. Ján Junger, CSc.					
Date of last modification: 18.11.2016					
Approved:					

COURSE INFORMATION LETTER

University: P. J. Šafárik University in Košice					
Faculty:					
Course ID: ÚTVŠ/ HOSP/14		Course name: Visitations in Recreational Services			
Course type, scope and the method: Course type: Practice Recommended course-load (hours): Per week: Per study period: 36s Course method: combined					
Number of ECTS credits: 3					
Recommended semester/trimester of the course: 5.					
Course level: I.					
Prerequisites:					
Conditions for course completion:					
Learning outcomes:					
Brief outline of the course:					
Recommended literature:					
Course language:					
Notes:					
Course assessment Total number of assessed students: 269					
A	B	C	D	E	FX
70.26	12.64	4.09	2.23	5.58	5.2
Provides: Mgr. Agata Horbacz, PhD.					
Date of last modification: 03.05.2015					
Approved:					

COURSE INFORMATION LETTER

University: P. J. Šafárik University in Košice	
Faculty:	
Course ID: ÚTVŠ/ ŠL1/15	Course name: Wall climbing 1
Course type, scope and the method: Course type: Practice Recommended course-load (hours): Per week: 2 Per study period: 28 Course method: combined	
Number of ECTS credits: 2	
Recommended semester/trimester of the course: 1.	
Course level: I.	
Prerequisites:	
Conditions for course completion:	
Learning outcomes:	
Brief outline of the course:	
Recommended literature:	
Course language:	
Notes:	
Course assessment Total number of assessed students: 92	
abs	n
71.74	28.26
Provides: Mgr. Patrik Berta	
Date of last modification: 27.05.2015	
Approved:	

COURSE INFORMATION LETTER

University: P. J. Šafárik University in Košice	
Faculty:	
Course ID: ÚTVŠ/ ŠL2/15	Course name: Wall climbing 2
Course type, scope and the method: Course type: Practice Recommended course-load (hours): Per week: 2 Per study period: 28 Course method: combined	
Number of ECTS credits: 2	
Recommended semester/trimester of the course: 2.	
Course level: I.	
Prerequisites:	
Conditions for course completion:	
Learning outcomes:	
Brief outline of the course:	
Recommended literature:	
Course language:	
Notes:	
Course assessment Total number of assessed students: 49	
abs	n
77.55	22.45
Provides: Mgr. Patrik Berta	
Date of last modification: 27.02.2020	
Approved:	

COURSE INFORMATION LETTER

University: P. J. Šafárik University in Košice					
Faculty:					
Course ID: ÚTVŠ/ ZOA/14		Course name: Winter Outdoor Activities			
Course type, scope and the method: Course type: Practice Recommended course-load (hours): Per week: Per study period: 36s Course method: combined					
Number of ECTS credits: 3					
Recommended semester/trimester of the course: 3.					
Course level: I.					
Prerequisites:					
Conditions for course completion:					
Learning outcomes:					
Brief outline of the course:					
Recommended literature:					
Course language:					
Notes:					
Course assessment Total number of assessed students: 253					
A	B	C	D	E	FX
20.16	37.55	30.43	8.3	2.77	0.79
Provides: Bc. Richard Melichar					
Date of last modification: 03.05.2015					
Approved:					

COURSE INFORMATION LETTER

University: P. J. Šafárik University in Košice	
Faculty:	
Course ID: ÚTVŠ/ JOG/12	Course name: Yoga
Course type, scope and the method: Course type: Practice Recommended course-load (hours): Per week: 1 Per study period: 14 Course method: combined	
Number of ECTS credits: 2	
Recommended semester/trimester of the course: 6.	
Course level: I.	
Prerequisites:	
Conditions for course completion:	
Learning outcomes:	
Brief outline of the course:	
Recommended literature:	
Course language:	
Notes:	
Course assessment Total number of assessed students: 205	
abs	n
76.1	23.9
Provides: Mgr. Agata Horbacz, PhD.	
Date of last modification: 03.05.2015	
Approved:	