# **CONTENT**

1. Ancient Philosophy and Present Times	2
2. Chapters from History of Philosophy of 19th and 20th Centuries (General Introduction)	4
3. Communication and Cooperation	5
4. History of Philosophy 2 (General Introduction)	7
5. Idea Humanitas 2 (General Introduction)	9
6. Psychology and Health Psychology (Master's Study)	11
7. Social-Psychological Training of Coping with Critical Life Situations	13

University: P. J. Šafárik University in Košice

Faculty: Faculty of Science

**Course ID:** KF/ Course name: Ancient Philosophy and Present Times

AFS/05

Course type, scope and the method:

Course type: Practice

Recommended course-load (hours): Per week: 2 Per study period: 28

Course method: present

**Number of ECTS credits: 2** 

**Recommended semester/trimester of the course:** 2.

Course level: II.

# **Prerequisities:**

# **Conditions for course completion:**

When implementing the subject in the classical - face-to-face - form of teaching:

40% - continuous assessment of student activity at seminars, partial seminar work - assignment.

60% - final test, or seminar paper in the range of 10 A4 standard pages (with compliance with the KF citation standard for seminar and qualification papers.

In the case of a transition to distance education, students will be assigned sub-tasks for studying philosophical texts and processing the task in written form, which must be submitted by the set deadline, will be assigned points (partial assessment) and at the end will prepare a seminar paper to the same extent as in the face-to-face form teaching.

# **Learning outcomes:**

### **Brief outline of the course:**

Point out the roots of Western civilization that go back to the Greeks. The ancient Greeks, as one of the 3 pillars of European culture, reveal the origins of democracy and critical thinking. Emphasizing the interconnectedness of ancient philosophy and EPISTEME will enable a better understanding of the issues of thought formation, the relationship between philosophy and science, and modern society, where the emergence of mathematical natural science in the 17th century is the pillar on which Europe and European humanity stand. The student will be able to understand the questions and problems of today if he discovers the foundations and contexts leading to serious questions of today's form of society, thinking, science and culture.

# **Recommended literature:**

# **Course language:**

### Notes:

### Course assessment

Total number of assessed students: 31

A	В	С	D	Е	FX
80.65	6.45	6.45	0.0	6.45	0.0

Provides: doc. PhDr. Peter Nezník, CSc.

**Date of last modification:** 24.08.2022

University: P. J. Šafárik University in Košice Faculty: Faculty of Science Course ID: KF/ Course name: Chapters from History of Philosophy of 19th and 20th KDF/05 Centuries (General Introduction) Course type, scope and the method: Course type: Practice Recommended course-load (hours): Per week: 2 Per study period: 28 Course method: present **Number of ECTS credits: 2 Recommended semester/trimester of the course: 2.** Course level: II. **Prerequisities: Conditions for course completion: Learning outcomes: Brief outline of the course: Recommended literature:** Course language: **Notes:** Course assessment Total number of assessed students: 10 C Α В D Ε FX 50.0 20.0 10.0 0.0 10.0 10.0 Provides: PhDr. Dušan Hruška, PhD. Date of last modification: 03.05.2015 Approved: prof. Ing. Martin Orendáč, DrSc.

University: P. J. Šafárik University in Košice

Faculty: Faculty of Science

**Course name:** Communication and Cooperation

KPPaPZ/KK/07

Course type, scope and the method:

Course type: Practice

Recommended course-load (hours): Per week: 2 Per study period: 28

Course method: present

**Number of ECTS credits: 2** 

**Recommended semester/trimester of the course:** 3.

Course level: II.

**Prerequisities:** 

# **Conditions for course completion:**

Evaluation:

A condition for student evaluation is his active participation in the seminar. It is expected that the student will actively participate in the discussions and will express their positions and possible solutions

The output for evaluation will be the development of a project in the form of a Power Point presentation or a video on a selected communication topic.

# **Learning outcomes:**

The goal of the subject Communication, cooperation is the formation and development of students' language and communication skills through experiential activities.

The student can demonstrate an understanding of individual behavior in various communication contexts.

The student can describe, explain and evaluate communication techniques (cooperation, assertiveness, empathy, negotiation, persuasion) in practical contexts.

The student can apply these techniques in common communication schemes.

# **Brief outline of the course:**

Communication

Communication theory

Non-verbal communication and its means

Verbal communication (basic components of communication, language means of communication) about active listening

**Empathy** 

Short conversation and effective communication (principles and principles of effective communication)

Cooperation

About the basics of cooperation

About types, signs, types and factors of cooperation

Characteristics of the team (positions in the team)

Small social group (structure, development, characteristics of a small social group, position of the individual in the group)

About leadership (characteristics of the leader, management, leadership styles)										
Recommended literature:										
Course language:  Notes:  Course assessment  Total number of assessed students: 281										
						abs n z				
						98.22	1.78	0.0		
Provides: Mgr. Ondrej Kalina, PhD., Mgr. Lucia Barbierik, PhD.										
Date of last modification: 31.07.2022										
Approved: prof. Ing. Martin Orendáč, DrSc.										

University: P. J. Šafárik University in Košice

Faculty: Faculty of Science

**Course ID:** KF/ **Course name:** History of Philosophy 2 (General Introduction)

DF2p/03

Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 2 / 1 Per study period: 28 / 14

Course method: present

**Number of ECTS credits: 4** 

### Recommended semester/trimester of the course:

Course level: I., II.

# **Prerequisities:**

# **Conditions for course completion:**

The condition for awarding the evaluation will be the active approach of students to fulfilling their study obligations, independent work with selected philosophical texts in the library, active participation and creative work in seminars. In connection with the possibility of interrupting face-to-face teaching, there will be greater demands on the student's independent study and the processing of professional literature, which will be continuously evaluated, using e-mail to communicate with the teacher, at the end of the semester, preparing and handing in the semester's seminar work by the set date, or also passing a knowledge test - about which the students will be informed in advance in sufficient time.

## **Learning outcomes:**

Deepening knowledge about the development of spiritual culture in the European spiritual space and pointing out the most important sources of this development: (1) ancient philosophy and science, (2) Christianity as the second pillar of Europe, (3) the Renaissance and the emergence of modern science (mathematical natural science) as the third pillar of European development. Development of critical thinking skills, active position in professional (ethics of science), public and private life (ethics of responsibility). Transcending narrowly specialized views of the world.

### **Brief outline of the course:**

#### Recommended literature:

Antológia z diel filozofov. Predsokratovci a Platon. Zost. J. Martinka. Bratislava: Nakladateľstvo Epocha 1970; Antológia z diel filozofov. Od Aristotela po Plotina. Zost. J. Martinka. Bratislava: Nakladateľstvo Pravda 1972. Predsokratovci a Platon. Antológia z diel filozofov. Zost. J. Martinka. Bratislava: Vydavateľstvo Iris 1998. Od Aristotela po Plotina. Antológia z diel filozofov. Zost. J. Martinka. Bratislava: Vydavateľstvo IRIS 2006. Anzenbacher, A.: Úvod do filozofie. Prel. K. Šprunk. Praha: SPN 1990. Barthes, R.: Mytologie. Prel. J. Fulka. Praha: Dokořán 2004. Bělohradský, V.: Společnost nevolnosti. Eseje z pozdější doby. Praha: SLON 2009. Benjamin, W.: Iluminácie. Prel. A. Bžoch; J. Truhlářová. Bratislava: Kalligram 1999. Borges, J. L.: Borges ústne. Prednášky a eseje. Prel. P. Šišmišová. Bratislava: Kalligram 2005. Cassirer, E.: Esej o človeku. Prel. J. Piaček. Bratislava: Nakladateľstvo Pravda 1977. Debord, G.: Společnost spektáklu. Prel. J. Fulka; P. Siostrzonek. Praha: Nakladatelství:intu: 2007. Farkašová, E.: Na rube plátna. Bratislava: Vydavateľstvo Spolku slovenských spisovateľov 2013.

Feyerabend, P.: Věda jako umění. Prel. P. Kurka. Praha: JEŽEK 2004. Freud, S.: Nepokojenost v kultuře. Prel. L. Hošek. Praha: Hynek 1998. Hadot, P.: Co je antická filosofie. Prel. M. Křížová. Praha: Vyšehrad 2017. Hippokratés: Vybrané spisy. Prel. H. Bartoš; J. Černá; J. Daneš; S. Fischerová. Praha: OIKOYMENH 2012. Husserl, E.: Filosofie jako přísná věda. Prel. A. Novák. Praha: Togga 2013. Kuhn, T. S.: Štruktúra vedeckých revolúcií. Prel. J. Viceník. Bratislava: Nakladateľstvo Pravda 1981. Leško, V., Mihina, F. a kol.: Dejiny filozofie. Bratislava. Iris 1993 Leško, V.: Dejiny filozofie I. Od Tálesa po Galileiho. Prešov: v. n. 2004, 2007. Leško, V.: Dejiny filozofie II. Od Bacona po Nietzscheho. Prešov: v. n. 2008. McLuhan, M.: Jak rozumět médiím. Extenze člověka. Prel. M. Calda. Praha: Mladá fronta 2011. Patočka, J.: Duchovní člověk a intelektuál. In: Patočka, J.: Péče o duši III. Praha: OIKOYMENH 2002, s. 355 - 371. Popper, K. R.: Otevřená společnost a její nepřátelé I. Platónovo zaříkávání. Prel. M. Calda; J. Moural. Praha: OIKOYMENH 2011. Sloterdijk, P.: Kritika cynického rozumu. Prel. M. Szabó. Bratislava: Kalligram 2013. Störig, H. J.: Malé dějiny filozofie. Prel. P. Rezek. Praha: Zvon 1991. Wittgenstein, L.: Filozofické skúmania. Prel. F. Novosád. Bratislava: Nakladateľstvo Pravda 1979. Wright von, H. G.: Humanizmus ako životný postoj. Prel. M. Žitný. Kalligram 2001. Žižek, S.: Mor fantázií. Prel. M. Gálisová; V. Gális. Bratislava: Kalligram 1998.

### **Course language:**

#### **Notes:**

#### Course assessment

Total number of assessed students: 746

A	В	С	D	Е	FX
60.59	14.21	12.6	8.58	3.35	0.67

Provides: doc. PhDr. Peter Nezník, CSc.

Date of last modification: 11.07.2022

University: P. J. Šafárik University in Košice

Faculty: Faculty of Science

Course ID: KF/

**Course name:** Idea Humanitas 2 (General Introduction)

IH2/03

Course type, scope and the method:

Course type: Practice

Recommended course-load (hours): Per week: 2 Per study period: 28

Course method: present

**Number of ECTS credits: 2** 

**Recommended semester/trimester of the course:** 3.

Course level: II.

# **Prerequisities:**

# **Conditions for course completion:**

100% graded credit: 40% (evaluated participation in seminars, processing of partial seminar work - separate assignment) 60% (final seminar work - student project). In the case of implementation of the classical form of teaching - face-to-face - active participation of the student in the seminar; study and reflection of assigned philosophical texts, attempt to interpret them. In the case of the introduction of distance education (as was the case due to Covid-19), the student will have to actively fulfill tasks of a partial nature, where increased demands will be placed on the student and his independent work with philosophical texts and literature. Tasks will be assigned to the students by the teacher on an ongoing basis. The student must study the assigned philosophical texts, think through and process them, submit them as a seminar paper, i.e. in written form. In both cases, the study of literature is necessary to pass the subject. The conclusion of the subject is the preparation of a seminar paper - the final seminar paper - in the range of at least 10 - 12 pages of A4 (with compliance with the bibliographic standard of the Department of Philosophy (KF) for seminar and qualification papers).

## **Learning outcomes:**

To supplement and expand the interest of natural science students in social science issues related to the issues of the development of philosophy, science and human leadership, which are manifested in the urgent problems of today's world and society. Special emphasis is placed on the formation of humanistic ideas, their origin, transformation and possible pitfalls and risks. In addition to thinking about serious questions of the past and present, it also includes thinking about the present and the current contexts of major topics in philosophy and Western culture in particular. Therefore, the preparation and implementation of a program aimed at cooperation with alternative directions of pedagogy in the conditions of our transforming education system is understood as a practical output.

### **Brief outline of the course:**

The age of the image of the world. Doubt as a principle of philosophy. The emergence of the image of the world (Weltbild); the differences of ancient theoria, medieval scientia, the emergence of mathematical natural science. Science as an operation (Betrieb); institutionalization of science. Philosophy, science and the modern world. The movement of human life: acceptance, defense, freedom as struggle, submission to finitude. The modern world and the search for meaning. Bureaucracy, impersonality, predominance of technocratic approaches. Fatigue as a modern threat

to Europe. The paths to freedom lead through the rediscovery of one's own Self and creativity. The basic condition for the educability of any education is the care of the soul. The crisis of European humanity. Antiquity. Philosophy - the emergence of a special community of people, the beginnings of education - paideia. The winding road of leadership. The origin and birthplace of calculating thinking. Europe and the post-European era. Care of the soul as a basic idea of Patočka's philosophy. The difference in the position of Plato and Democritus in understanding the care of the soul. The idea of caring for the soul and Aristotle.

# **Recommended literature:**

Hadot, P.: What is ancient philosophy. Transl. M. Křížová. Prague: Vyšehrad 2017. Hegel, G. W. F.: Phenomenology of Spirit. Prague: NČSAV 1960 Husserl, E.: The Crisis of European Humanity and Philosophy. In: Crisis of European sciences and transcendental phenomenology. Prague: Academie 1996. Mokrejš, A.: Eros as a Theme of Greek Thought. Prague: Triton 2009. Patočka, J.: Péče o duši I. Prague. OIKOYMENH 1996. Patočka, J.: Care of the soul II. Prague. OIKOYMENH 1999. Vernant, J.-P.: The beginnings of Greek thought. Prague: OIKOYMENH 1995. Wright von, G.H.: Humanism as a life attitude. Bratislava: Kalligram 2001.

# **Course language:**

**Notes:** 

#### Course assessment

Total number of assessed students: 12

A	В	С	D	Е	FX
91.67	8.33	0.0	0.0	0.0	0.0

Provides: doc. PhDr. Peter Nezník, CSc.

Date of last modification: 24.08.2022

University: P. J. Šafárik University in Košice

Faculty: Faculty of Science

Course ID: Course name: Psychology and Health Psychology (Master's Study)

KPPaPZ/PPZMg/12

Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours):

Per week: 1 / 2 Per study period: 14 / 28

**Course method:** present

**Number of ECTS credits: 4** 

### **Recommended semester/trimester of the course:**

Course level: II.

# **Prerequisities:**

# **Conditions for course completion:**

Conditions for the continuous assessment during the semester:

Active work (maximum 5 points, 2 absences are allowed).

Preparation, presentation and discussion on a selected topic - max. 15 points.

Written examination (maximum 30 points).

Conditions for admission to the exam: min. 25 points.

Conditions for the final assessment:

Exam: written form (max. 50 points, min. 25 points)

Conditions for successful completion of the course: participation in lessons, fulfillment of assignments and at least 66 points from the overall evaluation.

Detailed information in the electronic bulletin board of the course in AIS2. The teaching of the subject will be realized by a combined method.

# **Learning outcomes:**

The student will understand the basic concepts and theories of health psychology, can explain salutogenic factors as well as the consequences of risk behavior related to health. He is able to apply the knowledge especially in the field of prevention of burnout syndrome and support of mental health in the work of a teacher.

### **Brief outline of the course:**

- 1 Introduction to health psychology
- 2 Psychoimmunology
- 3 Personality factors and health
- 4 Social support as a protective factor in relation to health
- 5 Subjective well-being
- 6 Stress and stressful situations and ways to manage them
- 7 Burnout syndrome
- 8 Health-promoting behavior, mental hygiene
- 9 Health risk behavior
- 10 School as an important factor of health

## **Recommended literature:**

Křivohlavý, J.: Psychologie zdraví. Portál, Praha 2001.

Křivohlavý, J.: Psychologie nemoci. Grada, Praha, 2002.

Křivohlavý, J.: Psychologie moudrosti a dobrého života. Grada, Praha, 2009.

Kebza, V.: Psychosociální determinanty zdraví. Academia, Praha 2005.

Kahneman, D., Diener, E., Schwarz, N.(Eds), Well-Being. The Foundations of Hedonic

Psychology. New York, Russell Sage Foundation, 2003.

Kaplan, R. M.: Zdravie a správanie človeka. SPN, Bratislava 1996.

Sarafino, E. P.: Health Psychology. Biopsychosocial interactions. John Wiley and sons 1994.

Baštecký, J., Šavlík, J., Šimek, J. 1993. Psychosomatická medicína. Praha: Grada

Tress, W., Krusse, J., Ott, J.: Základní psychosomatická péče. Portál, Praha 2008.

# Course language:

slovak

### **Notes:**

# **Course assessment**

Total number of assessed students: 226

A	В	С	D	Е	FX
19.47	25.22	25.66	13.27	15.93	0.44

Provides: PhDr. Anna Janovská, PhD., Mgr. Lucia Barbierik, PhD.

Date of last modification: 07.07.2021

University: P. J. Šafárik University in Košice Faculty: Faculty of Science **Course ID:** Course name: Social-Psychological Training of Coping with Critical Life KPPaPZ/SPVKE/07 Situations Course type, scope and the method: Course type: Practice Recommended course-load (hours): Per week: 2 Per study period: 28 Course method: present **Number of ECTS credits: 2 Recommended semester/trimester of the course: 2.** Course level: II. **Prerequisities: Conditions for course completion: Learning outcomes: Brief outline of the course: Recommended literature:** Course language: **Notes:** Course assessment Total number of assessed students: 126 abs n  $\mathbf{Z}$ 97.62 2.38 0.0 Provides: Mgr. Ondrej Kalina, PhD. Date of last modification: 24.06.2022 Approved: prof. Ing. Martin Orendáč, DrSc.