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## COURSE INFORMATION LETTER

<b>University:</b> P. J. Šafárik University in Košice	
<b>Faculty:</b>	
<b>Course ID:</b> UPZ/ KP/16	<b>Course name:</b> Clinical practice from patient's perspective
<b>Course type, scope and the method:</b> <b>Course type:</b> Lecture / Practice <b>Recommended course-load (hours):</b> <b>Per week:</b> 0 / 2 <b>Per study period:</b> 0 / 28 <b>Course method:</b> present	
<b>Number of ECTS credits:</b> 4	
<b>Recommended semester/trimester of the course:</b>	
<b>Course level:</b> N	
<b>Prerequisites:</b>	
<b>Conditions for course completion:</b> Active participation in seminars requiring the preparation of assignments and a final seminar paper. We expect students to prepare an assignment before each seminar (a total of 6 assignments) requiring work with a database of patient experiences and to actively use them in their work during the seminar, which will be regularly evaluated (handover quality, active participation, 3x5 points for each assignment and seminar). In addition, we expect them to prepare and submit a seminar paper (submission, quality 2x5 points). A 90-100, B 80-89, C 70-79, D 60-69, E 50-59, Fx less than 50	
<b>Learning outcomes:</b> Expand students' knowledge and understanding of the experiences of patients, caregivers, and medical staff in selected clinical groups and situations. By completing the subject, the student acquires the ability to expand his understanding of the experiences of patients, caregivers, and medical personnel in selected clinical groups and situations and thus increase his competence in dealing with patients on a daily basis.	
<b>Brief outline of the course:</b> The patient's perspective -DIPEX. Adaptation to disability after injuries. Specific health problems of women and men from their perspective. Mental health issues from the perspective of patients and their loved ones. Intensive care - the experience of patients and their loved ones. Experiencing selected chronic diseases (cardiovascular, nephrological, neurological). Oncological diseases and their survival. Palliative care, dying. Organ donation, transplantation from the patient's point of view. Informed consent, joint decision-making with the patient.	
<b>Recommended literature:</b> Database of Individual Patients' Experiences <a href="https://www.healthtalk.org/">https://www.healthtalk.org/</a> <a href="https://hovoryozdravi.cz/">https://hovoryozdravi.cz/</a> Ziebland S., McPherson A.: Making sense of qualitative data analysis: an introduction with illustration from DIPEX. Medical Education 2006, 40:405-414 Silverman J. et al.: Skills for communicating with patients. CRS Press 2013	
<b>Course language:</b> Slovak, English	

<b>Notes:</b> The minimum number of registered students required to open a course is 15.
<b>Course assessment</b> Total number of assessed students: 0
<b>Provides:</b> MUDr. Jaroslav Rosenberger, PhD., prof. Mgr. Andrea Madarasová Gecková, PhD.
<b>Date of last modification:</b> 03.03.2023
<b>Approved:</b>

## COURSE INFORMATION LETTER

<b>University:</b> P. J. Šafárik University in Košice	
<b>Faculty:</b>	
<b>Course ID:</b> UPZ/ KT/16	<b>Course name:</b> Communication training for clinical practice
<b>Course type, scope and the method:</b> <b>Course type:</b> Lecture / Practice <b>Recommended course-load (hours):</b> <b>Per week:</b> 0 / 2 <b>Per study period:</b> 0 / 28 <b>Course method:</b> present	
<b>Number of ECTS credits:</b> 4	
<b>Recommended semester/trimester of the course:</b>	
<b>Course level:</b> N	
<b>Prerequisites:</b>	
<b>Conditions for course completion:</b> It is awarded on the basis of active participation in teaching and seminar work.	
<b>Learning outcomes:</b> The goal is to offer students the opportunity to acquire and improve the communication skills necessary for the practice of helping professions at various levels.	
<b>Brief outline of the course:</b> Basic principles of communication. Non-verbal communication. Communication and cooperation. Prejudices and stereotypes in communication. Specifics of the work of helping professions. Psychosomatics, autogenic training and relaxation. Coping and managing stressful situations. Coping with a serious illness. Communication with the dying patient and his family. Crisis intervention. Work with specific manifestations within the practice of helping professions (silence, confusion, crying, aggression).	
<b>Recommended literature:</b> Výrost, J., Slaměník, I.: Aplikovaná sociální psychologie I. Praha, Portál, 1998. Výrost, J., Slaměník, I.: Aplikovaná sociální psychologie II. Praha, Grada, 2001. Špatenková, N.: Krizová intervence pro praxi. Praha, Grada, 2004.	
<b>Course language:</b> Slovak, English	
<b>Notes:</b> The minimum number of registered students required to open a course is 15.	
<b>Course assessment</b> Total number of assessed students: 0	
<b>Provides:</b> doc. Mgr. Zuzana Dankulincová, PhD., Mgr. Daniela Husárová, PhD., Mgr. Jaroslava Kopčáková, PhD., PhDr. Ivana Skoumalová, PhD.	
<b>Date of last modification:</b> 03.03.2023	
<b>Approved:</b>	

## COURSE INFORMATION LETTER

<b>University:</b> P. J. Šafárik University in Košice	
<b>Faculty:</b>	
<b>Course ID:</b> UPZ/ KAZ/16	<b>Course name:</b> Cultural aspects of health and cultural competence
<b>Course type, scope and the method:</b> <b>Course type:</b> Lecture / Practice <b>Recommended course-load (hours):</b> <b>Per week:</b> 1 / 1 <b>Per study period:</b> 14 / 14 <b>Course method:</b> present	
<b>Number of ECTS credits:</b> 4	
<b>Recommended semester/trimester of the course:</b>	
<b>Course level:</b> N	
<b>Prerequisites:</b>	
<b>Conditions for course completion:</b> It is awarded on the basis of active participation in teaching and the test	
<b>Learning outcomes:</b> Understanding cultural aspects of health. An overview of the ways in which it is possible to work sensitively and practically with other perspectives on health in care services and at the population level. The course will gradually transition from an overview of related theories, demonstrated primarily on examples of world diversity, to an overview of ways of their possible use in practice in our country.	
<b>Brief outline of the course:</b> Cultures and health - introduction to the course. The origin of our view of health and care. The biggest problems of today from the point of view of Western medicine. Cultural influences on health. Racial and ethnic disparities in health. Differences in health between segregated Roma and non-Roma. Cultural competence in care services. Cultural competence at the population level. Example of good practice: the national program Healthy Communities.	
<b>Recommended literature:</b> Claude Lévi-Strauss, Rasa a dějiny, Atlantis, Brno 1999 Roy Porter, Největší dobrodiní lidstva. Historie medicíny od starověku po současnost, Prostor, Praha 2001 [kapitoly XX-XXII] Andrej Belák, "Medicína v segregovanej rómskej osade: Príklad z juhu stredného Slovenska", Romano džaniben 1/2015	
<b>Course language:</b> Slovak, English	
<b>Notes:</b> Minimálny počet prihlásených študentov potrebných pre otvorenie predmetu je 15.	
<b>Course assessment</b> Total number of assessed students: 0	
<b>Provides:</b> Mgr. Daniela Fiľáková, PhD.	

<b>Date of last modification:</b> 03.03.2023
<b>Approved:</b>

## COURSE INFORMATION LETTER

<b>University:</b> P. J. Šafárik University in Košice	
<b>Faculty:</b>	
<b>Course ID:</b> UPZ/ PZ/16	<b>Course name:</b> Health Psychology
<b>Course type, scope and the method:</b> <b>Course type:</b> Lecture / Practice <b>Recommended course-load (hours):</b> <b>Per week:</b> 1 / 1 <b>Per study period:</b> 14 / 14 <b>Course method:</b> present	
<b>Number of ECTS credits:</b> 4	
<b>Recommended semester/trimester of the course:</b>	
<b>Course level:</b> N	
<b>Prerequisites:</b>	
<b>Conditions for course completion:</b> Completion of online lectures, tests, elaboration of seminar assignments and active participation in the colloquium.	
<b>Learning outcomes:</b> To provide students with basic information in the field of health psychology, ie the importance of psychological factors in maintaining good health, in preventing diseases, in managing negative health conditions, in providing psychological assistance to patients during recovery and in coping with chronic diseases. To teach students to work with professional literature, to create a knowledge base, but also their own opinion, attitude to social problems, to present their knowledge and attitudes, to discuss basic social problems.	
<b>Brief outline of the course:</b> 1st block of lectures: Being healthy and staying healthy 1.Health and social determinants of health 2.Health related behaviour 3.Changing health related behaviour 4.Health promotion 2nd block of lectures: Becoming ill 5.Theories and mechanisms of stress 6.Stress moderators , coping and personality 7. Social support 3rd block of lectures: Being ill 8. Being ill 9. Chronic disease from the patient's perspective 11. Complementary, alternative and integrative medicine in patient care 12.Health literacy 4th block of lectures: Improving health care 13. Access to health care 14. Doctor patient relationship 15. Patient safety, second victim	
<b>Recommended literature:</b>	

Morrison V., Bennett P.: Introduction to Health Psychology. Pearson Education Limited 2016. Database of Individual Patients' Experiences <https://www.healthtalk.org/> <https://hovoryozdravi.cz/> Ziebland S., McPherson A.: Making sense of qualitative data analysis: an introduction with illustration from DIPEX. Medical Education 2006, 40:405-414 Silverman J. et al.: Skills for communicating with patients. CRS Press 2013  
 Křivohlavý J.: Psychologie zdraví. Portál. Praha 2001  
 Křivohlavý J.: Psychologie nemoci. Grada Praha 2002  
 Vymětal J.: Základy lékařské psychologie. Kocourek Praha 1994

**Course language:**

slovak, english

**Notes:**

Minimum number of students: 15

Hybrid form of education

**Course assessment**

Total number of assessed students: 0

**Provides:** doc. Mgr. Zuzana Dankulincová, PhD., Mgr. Daniela Husárová, PhD., Mgr. Peter Kolarčík, PhD., Mgr. Jaroslava Kopčáková, PhD., prof. Mgr. Andrea Madarasová Gecková, PhD., MUDr. Jaroslav Rosenberger, PhD., Mgr. Laura Bittó Urbanová, PhD., PhDr. Ivana Skoumalová, PhD., Mgr. Daniela Filáková, PhD., Mgr. Veronika Pačutová, Mgr. Shoshana Chovan, Mgr. Aurel Zelko, PhD.

**Date of last modification:** 13.05.2022

**Approved:**