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University: P. J. Šafárik University in Košice Faculty: Faculty of Arts Course name: Acoustic-Auditory Communication I **Course ID:** KSSFaK/ AAKOM1/15 Course type, scope and the method: Course type: Lecture / Practice **Recommended course-load (hours):** Per week: 1/2 Per study period: 14/28 Course method: present **Number of ECTS credits: 3 Recommended semester/trimester of the course:** 1. Course level: II. **Prerequisities: Conditions for course completion: Learning outcomes: Brief outline of the course: Recommended literature: Course language: Notes:** Course assessment Total number of assessed students: 273 В C A D E FX 43.22 28.57 18.68 5.86 3.3 0.37

Provides: Ing. Eva Kiktová, PhD., PhDr. Iveta Bónová, PhD., univerzitná docentka

Date of last modification: 11.10.2024

University: P. J. Šafárik University in Košice

Faculty: Faculty of Arts

Course ID: Course name: Acoustic-Auditory Communication II

KSSFaK/ AAKOM2/22

Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 2 / 2 Per study period: 28 / 28

Course method: present

**Number of ECTS credits: 5** 

Recommended semester/trimester of the course: 2.

Course level: II.

Prerequisities: KSSFaK/AAKOM1/15

**Conditions for course completion:** 

**Learning outcomes:** 

**Brief outline of the course:** 

**Recommended literature:** 

Course language:

**Notes:** 

Course assessment

Total number of assessed students: 169

A	В	С	D	Е	FX
24.26	32.54	25.44	11.83	5.33	0.59

Provides: Mgr. Lena Ivančová, PhD., PhDr. Iveta Bónová, PhD., univerzitná docentka

Date of last modification: 26.02.2022

University: P. J. Šafárik University in Košice Faculty: Faculty of Arts **Course ID:** Course name: Adaptology KSSFaK/ADAP/22 Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 1/2 Per study period: 14/28 Course method: present **Number of ECTS credits: 3 Recommended semester/trimester of the course:** 1. Course level: II. **Prerequisities: Conditions for course completion: Learning outcomes: Brief outline of the course: Recommended literature:** Course language: **Notes:** Course assessment Total number of assessed students: 25 C Α В D Е FX 44.0 40.0 16.0 0.0 0.0 0.0 Provides: Mgr. Peter Getlík, PhD. Date of last modification: 07.10.2024 Approved: prof. Mgr. Ján Sabol, PhD., ArtD.

University: P. J. Šafárik University in Košice Faculty: Faculty of Arts **Course ID:** Course name: Broadcast Presentation KSSFaK/MOD/15 Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 1/2 Per study period: 14/28 Course method: present **Number of ECTS credits: 3** Recommended semester/trimester of the course: 2. Course level: II. **Prerequisities: Conditions for course completion: Learning outcomes: Brief outline of the course: Recommended literature:** Course language: **Notes:** Course assessment

Total number of assessed students: 265

C Ε Α В D FX 35.09 41.51 20.38 1.89 1.13 0.0

Provides: PhDr. Bc. Renáta Cenková, PhD., MBA, PhDr. Iveta Bónová, PhD., univerzitná docentka

Date of last modification: 05.06.2022

University: P. J. Šafárik University in Košice Faculty: Faculty of Arts Course name: Chapters from the History of Art **Course ID:** KSSFaK/ KzDUM/15 Course type, scope and the method: Course type: Lecture / Practice **Recommended course-load (hours):** Per week: 1/2 Per study period: 14/28Course method: present **Number of ECTS credits: 3** Recommended semester/trimester of the course: 4. Course level: II. **Prerequisities: Conditions for course completion: Learning outcomes: Brief outline of the course: Recommended literature: Course language: Notes: Course assessment** Total number of assessed students: 54 В C A D E FX 64.81 24.07 7.41 3.7 0.0 0.0 Provides: PhDr. Lukáš Šutor, PhD., prof. PhDr. Ján Gbúr, CSc. Date of last modification: 16.11.2024

University: P. J. Šafárik University in Košice Faculty: Faculty of Arts **Course ID:** Course name: Chapters from the History of World Film I KSSFaK/KDSF1/15 Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 1/2 Per study period: 14/28 Course method: present **Number of ECTS credits: 3 Recommended semester/trimester of the course:** 1. Course level: II. **Prerequisities: Conditions for course completion: Learning outcomes: Brief outline of the course: Recommended literature:** Course language: **Notes:** Course assessment Total number of assessed students: 238 C Α В D Е FX 63.03 27.31 7.14 2.52 0.0 0.0 Provides: doc. Mgr. Markéta Andričíková, PhD. Date of last modification: 23.05.2022 Approved: prof. Mgr. Ján Sabol, PhD., ArtD.

University: P. J. Šafárik University in Košice

Faculty: Faculty of Arts

**Course ID:** Course name: Chapters from the History of World Film II

KSSFaK/KDSF2/15

Course type, scope and the method: Course type: Lecture / Practice

Recommended course-load (hours): Per week: 1 / 2 Per study period: 14 / 28

Course method: present

**Number of ECTS credits: 3** 

Recommended semester/trimester of the course: 2.

Course level: II.

Prerequisities: KSSFaK/KDSF1/15

**Conditions for course completion:** 

**Learning outcomes:** 

**Brief outline of the course:** 

**Recommended literature:** 

Course language:

**Notes:** 

Course assessment

Total number of assessed students: 184

A	В	С	D	Е	FX
58.7			1.63	0.0	0.0

Provides: prof. Mgr. Ján Sabol, PhD., ArtD., PaedDr. Martin Šmelko, PhD.

Date of last modification: 19.04.2022

University: P. J. Šafárik University in Košice Faculty: Faculty of Arts **Course ID:** Course name: Digital technologies KSSFaK/DT/22 Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 2 / 1 Per study period: 28 / 14 Course method: present **Number of ECTS credits: 3 Recommended semester/trimester of the course:** 1. Course level: II. **Prerequisities: Conditions for course completion: Learning outcomes: Brief outline of the course: Recommended literature:** Course language: **Notes:** Course assessment Total number of assessed students: 176 C Α В D Е FX 22.16 37.5 31.82 7.95 0.57 0.0 Provides: Ing. Eva Kiktová, PhD. Date of last modification: 11.10.2024 Approved: prof. Mgr. Ján Sabol, PhD., ArtD.

University: P. J. Šafárik University in Košice Faculty: Faculty of Arts **Course ID:** Course name: Editing Syntax KSSFaK/SS/22 Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 1/2 Per study period: 14/28 Course method: present **Number of ECTS credits: 3 Recommended semester/trimester of the course:** 2. Course level: II. **Prerequisities: Conditions for course completion: Learning outcomes: Brief outline of the course: Recommended literature:** Course language: **Notes:** Course assessment Total number of assessed students: 22  $\mathbf{C}$ Α В D Е FX 63.64 36.36 0.0 0.0 0.0 0.0 Provides: PhDr. Jozef Puchala, PhD. Date of last modification: 11.03.2022 Approved: prof. Mgr. Ján Sabol, PhD., ArtD.

University: P. J. Šafárik University in Košice Faculty: Faculty of Arts Course name: Editorial Systems and Web Applications **Course ID:** KSSFaK/ RSaWAP/15 Course type, scope and the method: Course type: Lecture / Practice **Recommended course-load (hours):** Per week: 1/2 Per study period: 14/28Course method: present **Number of ECTS credits: 3** Recommended semester/trimester of the course: 2. Course level: II. **Prerequisities: Conditions for course completion: Learning outcomes: Brief outline of the course: Recommended literature: Course language: Notes: Course assessment** Total number of assessed students: 148 В C A E FX D 49.32 37.84 12.84 0.0 0.0 0.0 Provides: Ing. Tomáš Polák Date of last modification: 03.05.2015 Approved: prof. Mgr. Ján Sabol, PhD., ArtD.

University: P. J. Šafárik University in Košice Faculty: Faculty of Arts **Course ID:** Course name: Film Production I KSSFaK/ FILMTV1/15 Course type, scope and the method: Course type: Lecture / Practice **Recommended course-load (hours):** Per week: 2 / 1 Per study period: 28 / 14 Course method: present **Number of ECTS credits: 3** Recommended semester/trimester of the course: 2. Course level: II. **Prerequisities: Conditions for course completion: Learning outcomes: Brief outline of the course: Recommended literature: Course language: Notes: Course assessment** Total number of assessed students: 266 В C A E FX D 21.8 43.23 30.45 3.01 1.5 0.0 Provides: prof. Mgr. Ján Sabol, PhD., ArtD. Date of last modification: 19.04.2022 Approved: prof. Mgr. Ján Sabol, PhD., ArtD.

University: P. J. Šafárik University in Košice Faculty: Faculty of Arts **Course ID: Course name:** Film Production II (Practical Training) KSSFaK/ FILMTV2/15 Course type, scope and the method: Course type: Lecture / Practice **Recommended course-load (hours):** Per week: 1 / 4 Per study period: 14 / 56 Course method: present **Number of ECTS credits: 8 Recommended semester/trimester of the course:** 3. Course level: II. **Prerequisities:** KSSFaK/FILMTV1/15 **Conditions for course completion: Learning outcomes: Brief outline of the course: Recommended literature: Course language: Notes: Course assessment** Total number of assessed students: 238 В C A E FX D 52.1 35.71 9.24 2.94 0.0 0.0 Provides: prof. Mgr. Ján Sabol, PhD., ArtD. Date of last modification: 19.04.2022

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University: P. J. Šafárik University in Košice

Faculty: Faculty of Arts

**Course ID:** 

Course name: History of World Literature I

KSSFaK/DSL1/15

Course type, scope and the method:

**Course type:** Lecture / Practice

Recommended course-load (hours): Per week: 2 / 2 Per study period: 28 / 28

**Course method:** present

**Number of ECTS credits: 4** 

Recommended semester/trimester of the course: 1.

Course level: II.

**Prerequisities:** 

**Conditions for course completion:** 

**Learning outcomes:** 

**Brief outline of the course:** 

**Recommended literature:** 

Course language:

**Notes:** 

Course assessment

Total number of assessed students: 177

Α	В	С	D	Е	FX
56.5	27.68	11.86	1.69	2.26	0.0

**Provides:** doc. Mgr. Markéta Andričíková, PhD., prof. PhDr. Marián Andričík, PhD., Mgr. Andrea Čurošová Gavalcová, PhD.

Date of last modification: 23.05.2022

University: P. J. Šafárik University in Košice

Faculty: Faculty of Arts

**Course ID:** 

Course name: History of World Literature II

KSSFaK/DSL2/15

**Course type, scope and the method:** 

**Course type:** Lecture / Practice

Recommended course-load (hours): Per week: 2 / 2 Per study period: 28 / 28

**Course method:** present

**Number of ECTS credits: 5** 

Recommended semester/trimester of the course: 2.

Course level: II.

**Prerequisities:** KSSFaK/DSL1/15

**Conditions for course completion:** 

**Learning outcomes:** 

**Brief outline of the course:** 

**Recommended literature:** 

Course language:

**Notes:** 

Course assessment

Total number of assessed students: 173

Α	В	С	D	Е	FX
48.55	36.99	10.98	1.73	1.73	0.0

**Provides:** doc. Mgr. Markéta Andričíková, PhD., prof. PhDr. Marián Andričík, PhD., Mgr. Andrea Čurošová Gavalcová, PhD.

Date of last modification: 23.05.2022

Approved: prof. Mgr. Ján Sabol, PhD., ArtD.

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University: P. J. Šafárik University in Košice Faculty: Faculty of Arts **Course ID:** Course name: Linguistic, Aesthetic and Semiotic Parameters of the Text KSSFaK/JESPT/22 Course type, scope and the method: **Course type:** Recommended course-load (hours): Per week: Per study period: Course method: present **Number of ECTS credits: 1** Recommended semester/trimester of the course: Course level: II. **Prerequisities: Conditions for course completion: Learning outcomes: Brief outline of the course: Recommended literature:** Course language: **Notes:** Course assessment Total number of assessed students: 31 C Α В D Е FX 3.23 9.68 45.16 12.9 25.81 3.23 **Provides:** Date of last modification: 19.04.2023 Approved: prof. Mgr. Ján Sabol, PhD., ArtD.

University: P. J. Šafá	University: P. J. Šafárik University in Košice			
Faculty: Faculty of A	Faculty: Faculty of Arts			
Course ID: KSSFaK/ EXKUm/12	Course name: Literary Ex	cursion 2		
Course type, scope and the method: Course type: Practice Recommended course-load (hours): Per week: Per study period: 3d Course method: present				
Number of ECTS cr				
Recommended seme	ster/trimester of the cours	e: 2., 4.		
Course level: II.				
Prerequisities:				
Conditions for cours	e completion:			
Learning outcomes:				
Brief outline of the c	ourse:			
Recommended litera	iture:			
Course language:				
Notes:				
Course assessment Total number of asses	ssed students: 116			
	abs	n		
	97.41	2.59		
<b>Provides:</b> doc. Marián Milčák, PhD., prof. PhDr. Marián Andričík, PhD., doc. Mgr. Markéta Andričíková, PhD., doc. PhDr. Marianna Sedláková, PhD.				
Date of last modification: 13.09.2023				
Approved: prof. Mgr	Approved: prof. Mgr. Ján Sabol, PhD.,ArtD.			

University: P. J. Šafárik University in Košice Faculty: Faculty of Arts **Course ID:** Course name: Master's Thesis Defense KSSFaK/DPAO/15 Course type, scope and the method: **Course type:** Recommended course-load (hours): Per week: Per study period: Course method: present **Number of ECTS credits: 15** Recommended semester/trimester of the course: Course level: II. **Prerequisities: Conditions for course completion: Learning outcomes: Brief outline of the course: Recommended literature:** Course language: **Notes:** Course assessment Total number of assessed students: 151 C Ε Α В D FX 49.01 27.81 13.25 5.3 4.64 0.0 **Provides:** Date of last modification: 05.04.2024 Approved: prof. Mgr. Ján Sabol, PhD., ArtD.

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University: P. J. Šafárik University in Košice					
Faculty: Faculty of A	Faculty: Faculty of Arts				
Course ID: KSSFaK/DSEM1/15	Course name: Master's Th	esis Seminar I			
Course type: Practic Recommended cour Per week: 2 Per stu	Course type, scope and the method: Course type: Practice Recommended course-load (hours): Per week: 2 Per study period: 28 Course method: present				
Number of ECTS cro	edits: 2				
Recommended seme	ster/trimester of the course	<b>:</b> 3.			
Course level: II.					
Prerequisities:					
<b>Conditions for cours</b>	e completion:				
Learning outcomes:					
Brief outline of the c	ourse:				
Recommended litera	iture:				
Course language:					
Notes:					
Course assessment Total number of asses	Course assessment Total number of assessed students: 150				
	abs n				
99.33 0.67					
Provides:					
Date of last modification: 13.09.2023					
Approved: prof. Mgr. Ján Sabol, PhD.,ArtD.					

University: P. J. Šafárik University in Košice Faculty: Faculty of Arts **Course ID:** Course name: Master's Thesis Seminar II KSSFaK/DSEM2/15 Course type, scope and the method: Course type: Practice Recommended course-load (hours): Per week: 2 Per study period: 28 Course method: present **Number of ECTS credits: 2** Recommended semester/trimester of the course: 4. Course level: II. **Prerequisities:** KSSFaK/DSEM1/15 **Conditions for course completion: Learning outcomes: Brief outline of the course: Recommended literature:** Course language: **Notes:** Course assessment Total number of assessed students: 152 abs n 97.37 2.63 **Provides:** Date of last modification: 13.09.2023 Approved: prof. Mgr. Ján Sabol, PhD., ArtD.

University: P. J. Šafárik University in Košice Faculty: Faculty of Arts **Course ID:** Course name: Methodology and Ethics of Scientific Work KSSFaK/MEVP/22 Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 2 / 2 Per study period: 28 / 28 Course method: present **Number of ECTS credits: 5 Recommended semester/trimester of the course:** 3. Course level: II. **Prerequisities: Conditions for course completion: Learning outcomes: Brief outline of the course: Recommended literature:** Course language: **Notes:** Course assessment Total number of assessed students: 150 C Α В D Е FX 61.33 26.0 8.0 2.67 20 0.0 Provides: PhDr. Bc. Renáta Cenková, PhD., MBA, PhDr. Marián Gladiš, PhD.

Date of last modification: 19.10.2024

University: P. J. Šafárik University in Košice

Faculty: Faculty of Arts

**Course ID:** KPS/ | Course name: Motivation Training in Behavioral Changes

MTR/18

Course type, scope and the method:

**Course type:** Practice

Recommended course-load (hours): Per week: 2 Per study period: 28

Course method: present

Number of ECTS credits: 4

Recommended semester/trimester of the course: 4.

Course level: II.

**Prerequisities:** KPS/KLP/08 and KPS/PTER/08

# **Conditions for course completion:**

Active participation in seminars: Practising motivational interviewing with a client.

Writing a paper during the semester.

The information will be yearly specified on the electronic noticeboard (even a black board can be) of the course in AiS2, alternatively in LMS UPJŠ or MS Teams environment.

# **Learning outcomes:**

Knowledge: After completing the course, students can define motivation and methods of motivation of clients/patients to change the behaviour, identify individual motivational phases, and define the rules of therapeutic intervention.

Skills: motivational interview, identification of motivational phases of clients/patients, using of therapeutic techniques.

Social competences: responsibility for participation in motivating of clients/patients, showing empathy.

The information will be yearly specified on the electronic noticeboard (even a black board can be) of the course in AiS2, alternatively in LMS UPJŠ or MS Teams environment.

## **Brief outline of the course:**

Topics:

Personal motivation to participate in training in behavioural change motivation

Introduction to theory - motivation and behavioural changes

Motivation: phases of motivation - creating groups

Motivation: behaviour and motivation

Identification of behavioural change phase and intervention

Resistance and ambivalence

Change planning and implementation

Role play in model clinical cases

The information will be yearly specified on the electronic noticeboard (even a black board can be) of the course in AiS2, alternatively in LMS UPJŠ or MS Teams environment.

#### Recommended literature:

Boletho R. 2004. Motivational Practice. Promotion Healthy Habits and Self-Care of Chronic Diseases. MHH Publication, USA

Ivey, A.E., Ivey, M. B., Zalaquett, C.P.: Intentional Interviewing and Counseling. Boston, etc., Cengage Learning, 2018.

Wilczek-Ruzyczka, E., Czabanowska, A. (Eds.), 2010. Jak motywowac do zmiany zachowania? Treniong motywacyjny dla studentów i profesjonalistów. Krakow: WUJ.

# **Course language:**

Slovak, English

## **Notes:**

## **Course assessment**

Total number of assessed students: 0

A	В	С	D	Е	FX
0.0	0.0	0.0	0.0	0.0	0.0

Provides: prof. PhDr. Margita Mesárošová, CSc., prof. Dr.hab. Ewa Wilczek-Ruzyczka

Date of last modification: 03.08.2022

University: P. J. Šafá	University: P. J. Šafárik University in Košice					
Faculty: Faculty of A	Faculty: Faculty of Arts					
Course ID: KSSFaK/ OPMGR/15	Course name: Profess	ional Practice				
Course type, scope a Course type: Practic Recommended cou Per week: Per stud Course method: pre	ce rse-load (hours): ly period: 4t esent					
Number of ECTS cr	edits: 15 ester/trimester of the co	2				
Course level: II.	ster/trimester of the co	ourse: 5.				
Prerequisities:	,					
Conditions for cours	se completion:					
Learning outcomes:						
Brief outline of the c	ourse:					
Recommended litera	nture:					
Course language:						
Notes:						
Course assessment Total number of asse	ssed students: 154					
	abs	n				
	97.4	2.6				
Provides:	Provides:					
Date of last modification: 13.09.2024						
Approved: prof Mgi	Ján Sabol PhD ArtD					

University: P. J. Šafárik University in Košice Faculty: Faculty of Arts **Course ID:** Course name: Radio Practice I KSSFaK/RP1/15 Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 1/2 Per study period: 14/28 Course method: present **Number of ECTS credits: 3** Recommended semester/trimester of the course: 1. Course level: II. **Prerequisities: Conditions for course completion: Learning outcomes: Brief outline of the course: Recommended literature:** Course language: **Notes:** Course assessment Total number of assessed students: 66  $\mathbf{C}$ A В D Е FX 96.97 0.0 3.03 0.0 0.0 0.0 Provides: PhDr. Bc. Renáta Cenková, PhD., MBA Date of last modification: 11.03.2022 Approved: prof. Mgr. Ján Sabol, PhD., ArtD.

University: P. J. Šafárik University in Košice Faculty: Faculty of Arts **Course ID:** Course name: Radio Practice II KSSFaK/RP2/15 Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 1/2 Per study period: 14/28 Course method: present **Number of ECTS credits: 3 Recommended semester/trimester of the course:** 2. Course level: II. **Prerequisities: Conditions for course completion: Learning outcomes: Brief outline of the course: Recommended literature:** Course language: **Notes:** Course assessment Total number of assessed students: 16  $\mathbf{C}$ Α В D Е FX 87.5 6.25 0.0 0.0 6.25 0.0 Provides: PhDr. Bc. Renáta Cenková, PhD., MBA Date of last modification: 11.03.2022 Approved: prof. Mgr. Ján Sabol, PhD., ArtD.

University: P. J. Šafárik University in Košice Faculty: Faculty of Arts **Course ID:** Course name: Radio Production I KSSFaK/RT1/22 Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 1/2 Per study period: 14/28 Course method: present **Number of ECTS credits: 3** Recommended semester/trimester of the course: 1. Course level: II. **Prerequisities: Conditions for course completion: Learning outcomes: Brief outline of the course: Recommended literature:** Course language: **Notes:** Course assessment Total number of assessed students: 175 C Α В D Е FX 46.29 44.0 9 14 0.57 0.0 0.0 Provides: PhDr. Bc. Renáta Cenková, PhD., MBA, PhDr. Jozef Puchala, PhD. Date of last modification: 11.03.2022 Approved: prof. Mgr. Ján Sabol, PhD., ArtD.

University: P. J. Šafárik University in Košice Faculty: Faculty of Arts **Course ID:** Course name: Radio Production II KSSFaK/RT2/22 Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 1/2 Per study period: 14/28 Course method: present **Number of ECTS credits: 4** Recommended semester/trimester of the course: 4. Course level: II. **Prerequisities:** KSSFaK/RT1/22 **Conditions for course completion: Learning outcomes: Brief outline of the course: Recommended literature:** Course language: **Notes:** Course assessment Total number of assessed students: 149 C Α В D Е FX

**Provides:** prof. PhDr. Ján Gbúr, CSc., PhDr. Hana Kolbašská

14.77

5.37

1.34

0.0

Date of last modification: 11.03.2022

51.68

Approved: prof. Mgr. Ján Sabol, PhD., ArtD.

26.85

University: P. J. Šafárik University in Košice

Faculty: Faculty of Arts

Course ID: ÚTVŠ/ | Course name: Seaside Aerobic Exercise

ÚTVŠ/CM/13

Course type, scope and the method:

**Course type:** Practice

Recommended course-load (hours): Per week: 2 Per study period: 28

Course method: present

**Number of ECTS credits: 2** 

Recommended semester/trimester of the course: 2., 4.

Course level: I., II.

**Prerequisities:** 

# **Conditions for course completion:**

Completion: passed

Condition for successful course completion:

- active participation in line with the study rule of procedure and course guidelines
- effective performance of all tasks- aerobics, water exercise, yoga, Pilates and others

# **Learning outcomes:**

Content standard:

The student demonstrates relevant knowledge and skills in the field, which content is defined in the course syllabus and recommended literature.

Performance standard:

Upon completion of the course students are able to meet the performance standard and:

- perform basic aerobics steps and basics of health exercises,
- conduct verbal and non-verbal communication with clients during exercise,
- organise and manage the process of physical recreation in leisure time

#### **Brief outline of the course:**

Brief outline of the course:

- 1. Basic aerobics low impact aerobics, high impact aerobics, basic steps and cuing
- 2. Basics of aqua fitness
- 3. Basics of Pilates
- 4. Health exercises
- 5. Bodyweight exercises
- 6. Swimming
- 7. Relaxing yoga exercises
- 8. Power yoga
- 9. Yoga relaxation
- 10 Final assessment

Students can engage in different sport activities offered by the sea resort – swimming, rafting, volleyball, football, table tennis, tennis and other water sports in particular.

# **Recommended literature:**

1. BUZKOVÁ, K. 2006. Fitness jóga. Praha: Grada. 167 s.

- 2. ČECHOVSKÁ, I., MILEROVÁ, H., NOVOTNÁ, V. Aqua-fitness. Praha: Grada. 136 s.
- 3. EVANS, M., HUDSON, J., TUCKER, P. 2001. Umění harmonie: meditace, jóga, tai-či, strečink. 192 s.
- 4. JARKOVSKÁ, H., JARKOVSKÁ, M. 2005. Posilováni s vlastním tělem 417 krát jinak. Praha: Grada. 209 s.
- 5. KOVAŘÍKOVÁ, K. 2017. Aerobik a fitness. Karolium, 130 s.

# Course language:

Slovak language

**Notes:** 

#### **Course assessment**

Total number of assessed students: 62

abs	n
9.68	90.32

Provides: Mgr. Agata Dorota Horbacz, PhD.

Date of last modification: 29.03.2022

University: P. J. Šafárik University in Košice Faculty: Faculty of Arts **Course ID:** Course name: Semiotics of Art I KSSFaK/SUM1/22 Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 2 / 1 Per study period: 28 / 14 Course method: present **Number of ECTS credits: 3 Recommended semester/trimester of the course:** 3. Course level: II. **Prerequisities: Conditions for course completion: Learning outcomes: Brief outline of the course: Recommended literature:** Course language: **Notes:** Course assessment Total number of assessed students: 151 C Α В D Е FX 56.95 26.49 13.25 2.65 0.66 0.0 Provides: prof. PhDr. Ján Gbúr, CSc., PhDr. Jozef Puchala, PhD. Date of last modification: 03.03.2022

University: P. J. Šafárik University in Košice

Faculty: Faculty of Arts

Course ID:

KSSFaK/SUM2/22

Course name: Semiotics of Art II

Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 2 / 1 Per study period: 28 / 14

**Course method:** present

**Number of ECTS credits: 3** 

Recommended semester/trimester of the course: 4.

Course level: II.

Prerequisities: KSSFaK/SUM1/22

**Conditions for course completion:** 

**Learning outcomes:** 

**Brief outline of the course:** 

**Recommended literature:** 

Course language:

**Notes:** 

Course assessment

Total number of assessed students: 150

A	В	С	D	Е	FX
77.33	19.33	3.33	0.0	0.0	0.0

Provides: prof. PhDr. Ján Gbúr, CSc., PhDr. Lukáš Šutor, PhD.

Date of last modification: 16.11.2024

University: P. J. Šafárik University in Košice Faculty: Faculty of Arts **Course ID:** Course name: Social-Psychological Training of Coping with Critical Life KPPaPZ/SPVKE/07 Situations Course type, scope and the method: Course type: Practice Recommended course-load (hours): Per week: 2 Per study period: 28 Course method: present **Number of ECTS credits: 2** Recommended semester/trimester of the course: 4. Course level: II. **Prerequisities: Conditions for course completion: Learning outcomes: Brief outline of the course: Recommended literature:** Course language: **Notes:** Course assessment Total number of assessed students: 126 abs n  $\mathbf{Z}$ 97.62 2.38 0.0 Provides: Mgr. Ondrej Kalina, PhD. Date of last modification: 24.06.2022 Approved: prof. Mgr. Ján Sabol, PhD., ArtD.

University: P. J. Šafárik University in Košice

Faculty: Faculty of Arts

**Course ID:** ÚTVŠ/ | **Course name:** Sports Activities I.

TVa/11

Course type, scope and the method:

Course type: Practice

Recommended course-load (hours): Per week: 2 Per study period: 28

Course method: present

**Number of ECTS credits: 2** 

Recommended semester/trimester of the course: 1., 3.

Course level: I., II.

**Prerequisities:** 

# **Conditions for course completion:**

Min. 80% of active participation in classes.

# **Learning outcomes:**

Sports activities in all their forms prepare university students for their professional and personal life. They have a great impact on physical fitness and performance. Specialization in sports activities enables students to strengthen their relationship towards the selected sport in which they also improve.

# **Brief outline of the course:**

Brief outline of the course:

The Institute of physical education and sport at the Pavol Jozef Šafárik University offers 20 sports activities aerobics; aikido, basketball, badminton, body-balance, body form, bouldering, floorball, yoga, power yoga, pilates, swimming, fitness, indoor football, SM system, step aerobics, table tennis, chess, volleyball, tabata, cycling.

Additionally, the Institute of physical education and sport at the Pavol Jozef Šafárik University offers winter courses (ski course, survival) and summer courses (aerobics by the sea, rafting on the Tisza River) with an attractive programme, sports competitions with national and international participation.

#### Recommended literature:

BENCE, M. et al. 2005. Plávanie. Banská Bystrica: FHV UMB. 198s. ISBN 80-8083-140-8. [online] Dostupné na: https://www.ff.umb.sk/app/cmsFile.php?disposition=a&ID=571 BUZKOVÁ, K. 2006. Fitness jóga, harmonické cvičení těla I duše. Praha: Grada. ISBN 8024715252.

JARKOVSKÁ, H, JARKOVSKÁ, M. 2005. Posilování s vlastním tělem 417 krát jinak. Praha: Grada. ISBN 9788024757308.

KAČÁNI, L. 2002. Futbal:Tréning hrou. Bratislava: Peter Mačura – PEEM. 278s. ISBN 8089197027.

KRESTA, J. 2009. Futsal. Praha: Grada Publishing, a.s. 112s. ISBN 9788024725345.

LAWRENCE, G. 2019. Power jóga nejen pro sportovce. Brno: CPress. ISBN 9788026427902.

SNER, Wolfgang. 2004. Posilování ve fitness. České Budějovice: Kopp. ISBN 8072322141.

STACKEOVÁ, D. 2014. Fitness programy z pohledu kinantropologie. Praha: Galén. ISBN 9788074921155.

VOMÁČKO, S. BOŠTÍKOVÁ, S. 2003. Lezení na umělých stěnách. Praha: Grada. 129s. ISBN 8024721743.

# Course language:

Slovak language

# **Notes:**

## **Course assessment**

Total number of assessed students: 15203

abs	abs-A	abs-B	abs-C	abs-D	abs-E	n	neabs
86.07	0.07	0.0	0.0	0.0	0.05	8.67	5.15

**Provides:** Mgr. Patrik Berta, Mgr. Agata Dorota Horbacz, PhD., Mgr. Dávid Kaško, PhD., Mgr. Ladislav Kručanica, PhD., Mgr. Richard Melichar, Mgr. Petra Tomková, PhD., Mgr. Marcel Čurgali, Mgr. Alena Buková, PhD., univerzitná docentka, doc. PaedDr. Ivan Uher, MPH, PhD., prof. RNDr. Stanislav Vokál, DrSc., Mgr. Zuzana Küchelová, PhD.

Date of last modification: 07.02.2024

University: P. J. Šafárik University in Košice

Faculty: Faculty of Arts

**Course ID:** ÚTVŠ/ | **Course name:** Sports Activities II.

TVb/11

Course type, scope and the method:

**Course type:** Practice

Recommended course-load (hours): Per week: 2 Per study period: 28

Course method: present

**Number of ECTS credits: 2** 

Recommended semester/trimester of the course: 2., 4.

Course level: I., II.

**Prerequisities:** 

# **Conditions for course completion:**

active participation in classes - min. 80%.

# **Learning outcomes:**

Sports activities in all their forms prepare university students for their professional and personal life. They have a great impact on physical fitness and performance. Specialization in sports activities enables students to strengthen their relationship towards the selected sport in which they also improve.

# **Brief outline of the course:**

Brief outline of the course:

The Institute of physical education and sport at the Pavol Jozef Šafárik University offers 20 sports activities aerobics; aikido, basketball, badminton, body-balance, body form, bouldering, floorball, yoga, power yoga, pilates, swimming, fitness, indoor football, SM system, step aerobics, table tennis, chess, volleyball, tabata, cycling.

Additionally, the Institute of physical education and sport at the Pavol Jozef Šafárik University offers winter courses (ski course, survival) and summer courses (aerobics by the sea, rafting on the Tisza River) with an attractive programme, sports competitions with national and international participation.

#### Recommended literature:

BENCE, M. et al. 2005. Plávanie. Banská Bystrica: FHV UMB. 198s. ISBN 80-8083-140-8. [online] Dostupné na: https://www.ff.umb.sk/app/cmsFile.php?disposition=a&ID=571 BUZKOVÁ, K. 2006. Fitness jóga, harmonické cvičení těla I duše. Praha: Grada. ISBN 8024715252.

JARKOVSKÁ, H, JARKOVSKÁ, M. 2005. Posilování s vlastním tělem 417 krát jinak. Praha: Grada. ISBN 9788024757308.

KAČÁNI, L. 2002. Futbal:Tréning hrou. Bratislava: Peter Mačura – PEEM. 278s. ISBN 8089197027.

KRESTA, J. 2009. Futsal. Praha: Grada Publishing, a.s. 112s. ISBN 9788024725345.

LAWRENCE, G. 2019. Power jóga nejen pro sportovce. Brno: CPress. ISBN 9788026427902.

SNER, Wolfgang. 2004. Posilování ve fitness. České Budějovice: Kopp. ISBN 8072322141.

STACKEOVÁ, D. 2014. Fitness programy z pohledu kinantropologie. Praha: Galén. ISBN 9788074921155.

VOMÁČKO, S. BOŠTÍKOVÁ, S. 2003. Lezení na umělých stěnách. Praha: Grada. 129s. ISBN 8024721743.

# Course language:

Slovak language

## **Notes:**

## **Course assessment**

Total number of assessed students: 13788

abs	abs-A	abs-B	abs-C	abs-D	abs-E	n	neabs
83.84	0.49	0.01	0.0	0.0	0.04	11.18	4.43

**Provides:** Mgr. Agata Dorota Horbacz, PhD., Mgr. Dávid Kaško, PhD., Mgr. Marcel Čurgali, Mgr. Patrik Berta, Mgr. Ladislav Kručanica, PhD., Mgr. Richard Melichar, Mgr. Petra Tomková, PhD., Mgr. Alena Buková, PhD., univerzitná docentka, doc. PaedDr. Ivan Uher, MPH, PhD., prof. RNDr. Stanislav Vokál, DrSc., Mgr. Zuzana Küchelová, PhD.

Date of last modification: 07.02.2024

University: P. J. Šafárik University in Košice Faculty: Faculty of Arts **Course ID:** Course name: Stylistics and Rhetoric I KSSFaK/SaR1/22 Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 1/2 Per study period: 14/28 Course method: present **Number of ECTS credits: 3 Recommended semester/trimester of the course:** 1. Course level: II. **Prerequisities: Conditions for course completion: Learning outcomes: Brief outline of the course: Recommended literature:** Course language: **Notes:** Course assessment Total number of assessed students: 176 C Α В D Е FX 14.77 23.3 34.09 21.59 5.68 0.57 Provides: Mgr. Lena Ivančová, PhD. Date of last modification: 26.02.2022 Approved: prof. Mgr. Ján Sabol, PhD., ArtD.

University: P. J. Šafárik University in Košice Faculty: Faculty of Arts **Course ID:** Course name: Stylistics and Rhetoric II KSSFaK/SaR2/22 Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 1/2 Per study period: 14/28 Course method: present **Number of ECTS credits: 4 Recommended semester/trimester of the course:** 2. Course level: II. Prerequisities: KSSFaK/SaR1/22 **Conditions for course completion: Learning outcomes: Brief outline of the course: Recommended literature:** Course language: **Notes:** Course assessment Total number of assessed students: 169 C Α В D Е FX 28.4 43.2 21.3 5.92 1.18 0.0

**Provides:** Mgr. Lena Ivančová, PhD.

Date of last modification: 26.02.2022

University: P. J. Šafárik University in Košice

Faculty: Faculty of Arts

Course ID: ÚTVŠ/ | Course name: Summer Course-Rafting of TISA River

LKSp/13

Course type, scope and the method:

**Course type:** Practice

Recommended course-load (hours): Per week: 2 Per study period: 28

Course method: present

**Number of ECTS credits: 2** 

Recommended semester/trimester of the course: 2., 4.

Course level: I., II.

**Prerequisities:** 

## **Conditions for course completion:**

Completion: passed

Condition for successful course completion:

- active participation in line with the study rule of procedure and course guidelines
- effective performance of all tasks: carrying a canoe, entering and exiting a canoe, righting a canoe, paddling

# **Learning outcomes:**

Content standard:

The student demonstrates relevant knowledge and skills in the field, which content is defined in the course syllabus and recommended literature.

Performance standard:

Upon completion of the course students are able to meet the performance standard and:

- implement the acquired knowledge in different situations and practice,
- implement basic skills to manipulate a canoe on a waterway,
- determine the right spot for camping,
- prepare a suitable material and equipment for camping.

### **Brief outline of the course:**

Brief outline of the course:

- 1. Assessment of difficulty of waterways
- 2. Safety rules for rafting
- 3. Setting up a crew
- 4. Practical skills training using an empty canoe
- 5. Canoe lifting and carrying
- 6. Putting the canoe in the water without a shore contact
- 7. Getting in the canoe
- 8. Exiting the canoe
- 9. Taking the canoe out of the water
- 10. Steering
- a) The pry stroke (on fast waterways)
- b) The draw stroke

11. Capsizing

12. Commands

## **Recommended literature:**

1. JUNGER, J. et al. Turistika a športy v prírode. Prešov: FHPV PU v Prešove. 2002. ISBN 8080680973.

Internetové zdroje:

1. STEJSKAL, T. Vodná turistika. Prešov: PU v Prešove. 1999.

Dostupné na: https://ulozto.sk/tamhle/UkyxQ2lYF8qh/name/Nahrane-7-5-2021-v-14-46-39#! ZGDjBGR2AQtkAzVkAzLkLJWuLwWxZ2ukBRLjnGqSomICMmOyZN==

# Course language:

Slovak language

**Notes:** 

## **Course assessment**

Total number of assessed students: 232

abs	n
36.64	63.36

Provides: Mgr. Dávid Kaško, PhD.

Date of last modification: 29.03.2022

University: P. J. Šafárik University in Košice

Faculty: Faculty of Arts

**Course ID:** ÚTVŠ/ | **Course name:** Survival Course

KP/12

Course type, scope and the method:

**Course type:** Practice

Recommended course-load (hours): Per week: 2 Per study period: 28

Course method: present

**Number of ECTS credits: 2** 

Recommended semester/trimester of the course: 2., 4.

Course level: I., II.

**Prerequisities:** 

## **Conditions for course completion:**

Completion: passed

Condition for successful course completion:

- active participation in line with the study rule of procedure and course guidelines,
- effective performance of all the tasks defined in the course syllabus

# **Learning outcomes:**

Content standard:

The student demonstrates relevant knowledge and skills in the field, which content is defined in the course syllabus and recommended literature.

Performance standard:

Upon completion of the course students are able to meet the performance standard and should:

- acquire knowledge about safe stay and movement in natural environment,
- obtain theoretical knowledge and practical skills to solve extraordinary and demanding situations connected with survival and minimization of damage to health,
- be able to resist and face situations related to overcoming barriers and obstacles in natural environment,
- be able implement the acquired knowledge as an instructor during summer sport camps for children and youth within recreational sport.

## **Brief outline of the course:**

Brief outline of the course:

- 1. Principles of conduct and safety in the movement in unfamiliar natural environment
- 2. Preparation and guidance of a hike tour
- 3. Objective and subjective danger in the mountains
- 4. Principles of hygiene and prevention of damage to health in extreme conditions
- 5. Fire building
- 6. Movement in the unfamiliar terrain, orientation and navigation
- 7. Shelters
- 8. Food preparation and water filtering
- 9. Rappelling, Tyrolian traverse
- 10. Transport of an injured person, first aid

# **Recommended literature:**

- 1. JUNGER, J. et al. Turistika a športy v prírode. Prešov: Fakulta humanitných a prírodných vied PU v Prešove. 2002. 267s. ISBN 80-8068-097-3.
- 2. PAVLÍČEK, J. Člověk v drsné přírodě. 3. vyd. Praha: Práh. 2002. ISBN 8072520598.
- 3. WISEMAN, J. SAS: příručka jak přežít. Praha: Svojtka & Co. 2004. 566s. ISBN 8072372807.

# Course language:

Slovak language

### **Notes:**

## **Course assessment**

Total number of assessed students: 459

abs	n
45.97	54.03

Provides: Mgr. Ladislav Kručanica, PhD.

Date of last modification: 16.05.2023

University: P. J. Šafárik University in Košice

Faculty: Faculty of Arts

**Course ID:** Course name: The Art of Keeping the Verbal Exchange

KPPaPZ/UVR/11

Course type, scope and the method:

**Course type:** Practice

Recommended course-load (hours): Per week: 2 Per study period: 28

Course method: present

**Number of ECTS credits: 2** 

**Recommended semester/trimester of the course:** 1.

Course level: II.

## **Prerequisities:**

## **Conditions for course completion:**

Assessment of the subject) and its subsequent completion will be based on clearly and objectively set requirements, which will be set in advance and will not change. The aim of the assessment is to ensure an objective and fair mapping of the student's knowledge while adhering to all ethical and moral standards. There is no tolerance for students' fraudulent behavior, either in the teaching process or in the assessment process.

The subject has two parts of evaluation:

- (1) Individual work (essay, reflection): My strengths and weaknesses of interviewing. The maximum number of points that a student can get is 40b.
- (2) Independent work realization of an interview on camera. The maximum number of points that a student can get is 60b.

The final evaluation will be based on the sum of these two assignments.

Overall rating: A (100-90b), B (80-89b), C (70-79b), D (60-69b), E (51-59b), FX (50b and less). The student is allowed max. 2 absences from exercises.

## **Learning outcomes:**

The subject is of practical focus with emphasis on the application of the curriculum. Its aim is to analyze and reflect on the psychological aspects of interviewing in the mass media space. The student will be given space to acquire the skills and techniques needed to successfully conduct a conversation in the media space.

The method of teaching the subject will be oriented to the student. Lecturers will be interested in students' needs, expectations and opinions so as to encourage them to think critically by expressing respect and feedback on their opinions and needs.

The content of the curriculum will be based on primary and high-quality sources that will reflect the topicality of the topics so as to ensure the connection of the curriculum with other subjects and also the connection of the curriculum with practice. Students will be expected to take an active approach in lectures and seminars with an emphasis on their independence and responsibility.

#### **Brief outline of the course:**

- 1. Preparation of the interview (information, goals, expectations, psychological aspects of preparation).
- 2. The interview process.

3. Recording and analysis of the interview.								
Recommended literature:								
Course languag	ge:							
Notes:								
Course assessm Total number of	nent f assessed student	s: 110						
A	В	С	D	Е	FX			
93.64	1.82	0.0	0.0	0.0	4.55			
Provides: Mgr.	Ondrej Kalina, Pl	nD.		<u> </u>	•			
Date of last mo	dification: 12.09	.2024						
Approved: prof	Mgr. Ján Sabol,	PhD.,ArtD.						

University: P. J. Šafárik University in Košice Faculty: Faculty of Arts **Course ID:** Course name: Theory and History of Theatre KSSFaK/TaDD/15 Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 1/2 Per study period: 14/28 Course method: present **Number of ECTS credits: 3 Recommended semester/trimester of the course:** 3. Course level: II. **Prerequisities: Conditions for course completion: Learning outcomes: Brief outline of the course: Recommended literature:** Course language: **Notes:** Course assessment Total number of assessed students: 161 C Α В D Е FX 39.75 27.33 21.12 9.94 1.24 0.62 Provides: prof. PhDr. Karol Horák, CSc. Date of last modification: 26.06.2022 Approved: prof. Mgr. Ján Sabol, PhD., ArtD.

University: P. J. Šafárik University in Košice Faculty: Faculty of Arts **Course ID:** Course name: Theory and Practice of Media Communication KSSFaK/TPMK/15 Course type, scope and the method: **Course type:** Recommended course-load (hours): Per week: Per study period: Course method: present **Number of ECTS credits: 1** Recommended semester/trimester of the course: Course level: II. **Prerequisities: Conditions for course completion: Learning outcomes: Brief outline of the course: Recommended literature:** Course language: **Notes:** Course assessment Total number of assessed students: 151 C Α В D Е FX 1.99 23.84 34.44 26.49 12.58 0.66 **Provides:** Date of last modification: 19.04.2023 Approved: prof. Mgr. Ján Sabol, PhD., ArtD.

University: P. J. Šafárik University in Košice Faculty: Faculty of Arts **Course ID:** Course name: Theory of Culture KSSFaK/TKULT/15 Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 2 / 1 Per study period: 28 / 14 Course method: present **Number of ECTS credits: 4 Recommended semester/trimester of the course:** 3. Course level: II. **Prerequisities: Conditions for course completion: Learning outcomes: Brief outline of the course: Recommended literature:** Course language: **Notes:** Course assessment Total number of assessed students: 152 C A В D Е FX 14.47 26.32 38.82 10.53 7.89 1.97 Provides: PhDr. Lukáš Šutor, PhD. Date of last modification: 16.11.2024 Approved: prof. Mgr. Ján Sabol, PhD., ArtD.

University: P. J. Šafárik University in Košice Faculty: Faculty of Arts Course name: Web Pages Production **Course ID:** KSSFaK/ TWWWS/15 Course type, scope and the method: Course type: Lecture / Practice **Recommended course-load (hours):** Per week: 1/2 Per study period: 14/28Course method: present **Number of ECTS credits: 3** Recommended semester/trimester of the course: 2. Course level: II. **Prerequisities: Conditions for course completion: Learning outcomes: Brief outline of the course: Recommended literature:** Course language: **Notes: Course assessment** Total number of assessed students: 136 В C A E FX D 36.76 41.18 21.32 0.74 0.0 0.0 Provides: Ing. Tomáš Polák Date of last modification: 26.06.2022 Approved: prof. Mgr. Ján Sabol, PhD., ArtD.