

CONTENT

| | |
|---|----|
| 1. Applied Social Psychology..... | 3 |
| 2. Bachelor's Thesis Defense..... | 5 |
| 3. Bachelor's Thesis Seminar..... | 7 |
| 4. Child Development Disorders..... | 9 |
| 5. Child Maltreatment..... | 11 |
| 6. Cognitive Psychology..... | 13 |
| 7. Cognitive Psychology and Psychology of Emotions in the Context of Ontogenesis..... | 16 |
| 8. Crisis Intervention..... | 17 |
| 9. Developmental Psychology I..... | 19 |
| 10. Developmental Psychology II..... | 21 |
| 11. English Language I..... | 23 |
| 12. English Language II..... | 25 |
| 13. Etology..... | 27 |
| 14. Gender Psychology..... | 29 |
| 15. German Language for Students of Psychology I..... | 31 |
| 16. German Language for Students of Psychology II..... | 33 |
| 17. History of Philosophy (for Students of Psychology)..... | 35 |
| 18. Introduction to Statistical Methods..... | 37 |
| 19. Introduction to the Study of Psychology..... | 39 |
| 20. Latin Language for Students of Psychology..... | 41 |
| 21. Neuroanatomy for Psychologists..... | 42 |
| 22. Neurophysiology for Psychologists..... | 44 |
| 23. Neuropsychology..... | 46 |
| 24. Pedagogy Essentials..... | 48 |
| 25. Professional Competencies 1..... | 49 |
| 26. Professional Competencies 2..... | 51 |
| 27. Psychological Research Methodology..... | 53 |
| 28. Psychological Research Methodology: Qualitative Approach..... | 55 |
| 29. Psychological Training 1..... | 57 |
| 30. Psychological Training 2..... | 59 |
| 31. Psychology of Emotions and Motivation..... | 61 |
| 32. Psychology of Family..... | 64 |
| 33. Psychology of Personality..... | 67 |
| 34. Psychology of Personality 2..... | 69 |
| 35. Psychopathology..... | 71 |
| 36. Seaside Aerobic Exercise..... | 73 |
| 37. Social Psychology I..... | 75 |
| 38. Social Psychology II..... | 77 |
| 39. Social Psychology and Personality..... | 79 |
| 40. Social and Behavioural Research Methodology..... | 80 |
| 41. Sociology..... | 82 |
| 42. Sports Activities I..... | 84 |
| 43. Sports Activities II..... | 86 |
| 44. Students' Scientific Conference in the Field of Psychology (BA)..... | 88 |
| 45. Summer Course-Rafting of TISA River..... | 90 |
| 46. Survival Course..... | 92 |
| 47. Systems of Psychology..... | 94 |
| 48. The Fundamentals of Clinical Psychology..... | 96 |

| | |
|---|-----|
| 49. The Fundamentals of Counselling Psychology..... | 98 |
| 50. The Fundamentals of Educational Psychology..... | 100 |
| 51. The Fundamentals of Psychology of Work..... | 102 |
| 52. Theory of Psychological Assessment and Psychometrics..... | 104 |

COURSE INFORMATION LETTER

| | |
|--|---|
| University: P. J. Šafárik University in Košice | |
| Faculty: Faculty of Arts | |
| Course ID: KPS/ ASP/15 | Course name: Applied Social Psychology |
| Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 2 / 2 Per study period: 28 / 28 Course method: present | |
| Number of ECTS credits: 6 | |
| Recommended semester/trimester of the course: 6. | |
| Course level: I. | |
| Prerequisites: | |
| Conditions for course completion: Course completion conditions: 40% assessment during semester, 60% exam. Assessment during semester: 1. Seminar work (presented and sent) max. 20b, min. 10b. 2. Credit paper (in the credit week) - test - max. 20b, min. 10b. Min. the number of points obtained per semester required for admission to the examination is 21p. Participation in seminars (min 80%). Written exam (in the exam period) - max. 60b, min. 31b. A final evaluation is a sum of assessment during semester and exam. The information will be yearly specified on the electronic noticeboard (even a black board can be) of the course in AiS2, alternatively in LMS UPJŠ or MS Teams environment. | |
| Learning outcomes: Knowledges: The content of the course builds on the knowledge from the course Social Psychology I and II and focuses on individuals and social institutions and individual in the social world. After successful completion of the course, students are well versed in selected areas of applied social psychology and gaining a deeper orientation in the topic covered in the field of macro and meso social phenomena. Skills: The student acquire the ability to learn how to transform social-psychological knowledge into various areas. They orient themselves in the issue of intercultural aspects and communication, the application of law (norms and the perception of (in)justice), they understands the processes of the influence of mass media, religion and the environment/nature. They can identify the stages and effects of socio-psychological factors related to health/illness, loneliness, unemployment and addiction. Competences: Through individual oral presentations on assigned topics in exercises, students train the ability to independently think about the acquired knowledge, systematically connect them with other knowledge, critically discuss them and apply to various model social situations related to the topics. Last but not least, they practice the ability to adequately present them. The information will be yearly specified on the electronic noticeboard (even a black board can be) of the course in AiS2, alternatively in LMS UPJŠ or MS Teams environment. | |
| Brief outline of the course: Application of knowledge from social psychology: Man and culture, man in intercultural communication, Social norms; Justice and injustice, Social psychology of mass communication, | |

Psychology of religion, sects and new religious movements,
 Man and nature,
 Psychology of health and disease - health behaviour and its change,
 Loneliness,
 Psychology of unemployment,
 Social and psychological aspects of dependence.
 The information will be yearly specified on the electronic noticeboard (even a black board can be)
 of the course in AiS2, alternatively in LMS UPJŠ or MS Teams environment.

Recommended literature:

Required:

Výrost, J., Slaméník, I., Sollárová, E. (2019): Sociální psychologie. Teorie. Metody. Aplikace. Praha. Grada.

Recommended:

Steg, L., Keizer, K., Buunk, A.P., Rothengatter, T. (2017). Applied Social Psychology: Understanding and Managing Social Problems. Cambridge University Press. ISBN 978-1107620292.

Gruman, J.A., Schnieder, F.W., Larry, M, C. (2017). Applied Social Psychology: Understanding and Addressing Social and Practical Problems. Sage Publications, Inc. ISBN 978-1483369730.

European Journal of Social Psychology

Kollárik, T., Sollárová, E.: Metódy sociálnopsychologickej praxe. IKAR, 2004.
 2019.

Course language:

Slovak language

Notes:

Lectures and seminars will take place in person or online (depending on the current situation).
 Study materials will be accessible to students through OneDrive.

Course assessment

Total number of assessed students: 694

| A | B | C | D | E | FX |
|-------|-------|-------|-------|------|-----|
| 34.29 | 30.69 | 20.89 | 10.66 | 2.16 | 1.3 |

Provides: PhDr. Bibiána Kováčová Holevová, PhD.

Date of last modification: 26.01.2025

Approved: doc. Ing. Mgr. Jozef Bavoľár, PhD.

COURSE INFORMATION LETTER

| | | | | | |
|---|-------|---|------|------|------|
| University: P. J. Šafárik University in Košice | | | | | |
| Faculty: Faculty of Arts | | | | | |
| Course ID: KPS/OBP/15 | | Course name: Bachelor's Thesis Defense | | | |
| Course type, scope and the method: Course type: Recommended course-load (hours): Per week: Per study period: Course method: present | | | | | |
| Number of ECTS credits: 8 | | | | | |
| Recommended semester/trimester of the course: | | | | | |
| Course level: I. | | | | | |
| Prerequisites: | | | | | |
| Conditions for course completion: The bachelor thesis is the result of the student's own work. It must not show elements of academic fraud and must meet the criteria of good research practice defined in the Rector's Decision no. 21/2021, which lays down the rules for assessing plagiarism at Pavel Jozef Šafárik University in Košice and its components. Fulfillment of the criteria is verified mainly in the training process and in the process of job defense. Failure to do so is grounds for disciplinary action. | | | | | |
| Learning outcomes: The bachelor's thesis demonstrates mastery of the basics of theory and professional terminology of the field of study, acquisition of knowledge, skills and competencies in accordance with the declared profile of the graduate of the study program, as well as the ability to apply them creatively in solving selected field problems. The bachelor thesis may have elements of compilation. The student demonstrates the ability of independent professional work in terms of content, formal and ethical. Further details on the bachelor thesis are determined by Directive no. 1/2011 on the basic requirements of final theses and the Study Regulations of UPJŠ in Košice for the 1st, 2nd and joint 1st and 2nd degree. | | | | | |
| Brief outline of the course: Presentation of the results of the bachelor's thesis, answering the opponent's questions, answering the questions of the examination commission. | | | | | |
| Recommended literature: | | | | | |
| Course language: Slovak | | | | | |
| Notes: | | | | | |
| Course assessment Total number of assessed students: 323 | | | | | |
| A | B | C | D | E | FX |
| 25.39 | 34.67 | 23.84 | 8.98 | 6.81 | 0.31 |
| Provides: | | | | | |

| |
|---|
| Date of last modification: 09.02.2022 |
| Approved: doc. Ing. Mgr. Jozef Bavoľár, PhD. |

COURSE INFORMATION LETTER

| | |
|---|---|
| University: P. J. Šafárik University in Košice | |
| Faculty: Faculty of Arts | |
| Course ID: KPS/ SBP/08 | Course name: Bachelor's Thesis Seminar |
| Course type, scope and the method: Course type: Practice Recommended course-load (hours): Per week: 2 Per study period: 28 Course method: present | |
| Number of ECTS credits: 2 | |
| Recommended semester/trimester of the course: 5. | |
| Course level: I. | |
| Prerequisites: | |
| Conditions for course completion: It is necessary to submit written material in a minimum of 15 pages (working version of the theoretical part of the bachelor's thesis and research project) . The information will be yearly specified on the electronic noticeboard of the course in AiS2, alternatively in LMS UPJŠ or MS Teams environment. | |
| Learning outcomes: Ensuring the preparation of bachelor's theses. Creating a platform for solving theoretical and methodological issues of bachelor's theses. The information will be yearly specified on the electronic noticeboard of the course in AiS2, alternatively in LMS UPJŠ or MS Teams environment. | |
| Brief outline of the course: The structure and content of the bachelor thesis. Theoretical part of the bachelor thesis, literary sources and their citations. Methodological issues of bachelor thesis preparation. Processing of research results. Formal aspect of the bachelor's thesis and its presentation at the defenses The information will be yearly specified on the electronic noticeboard of the course in AiS2, alternatively in LMS UPJŠ or MS Teams environment. | |
| Recommended literature: | |
| Course language: | |
| Notes: Lectures and activities are adapted to both, physically present and distance form of education. For further information and current changes in the form of teaching (distance vs. full-time), please see electronic noticeboard. | |

| | |
|---|-----|
| Course assessment | |
| Total number of assessed students: 739 | |
| abs | n |
| 97.7 | 2.3 |
| Provides: Mgr. René Šebeňa, PhD., univerzitný docent | |
| Date of last modification: 08.04.2022 | |
| Approved: doc. Ing. Mgr. Jozef Bavoľár, PhD. | |

COURSE INFORMATION LETTER

| | |
|---|---|
| University: P. J. Šafárik University in Košice | |
| Faculty: Faculty of Arts | |
| Course ID: KPS/ PDV/07 | Course name: Child Development Disorders |
| Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 2 / 2 Per study period: 28 / 28 Course method: present | |
| Number of ECTS credits: 6 | |
| Recommended semester/trimester of the course: 4. | |
| Course level: I. | |
| Prerequisites: KPS/VP1/05 or KPPaPZ/VPMOS/16 | |
| Conditions for course completion: Ongoing evaluation consists of: a) four written tests – 32 points b) own case analysis - 16 points c) active participation throughout seminars - 12 points In order to pass ongoing evaluation, student must obtain at least 60 % (36 points). Final evaluation is written test (40 points). Students must receive at least 60% (24 points). The evaluation scale: 37 - 40 = A 33 - 36 = B 30 - 32 = C 27 - 29 = D 24 - 26 = E 0 - 30 = FX | |
| Learning outcomes: The aim of the course is to provide the basics of psychopathology and pathopsychology of child development. The absolvent of the course has theoretical knowledge about childhood developmental disorders, which can be used in practice in the context of knowledge from other subjects. In addition, the absolvent of the course also has an overview of current knowledge based on the latest research and evidence-based methods. The graduate of this course will acquire the following competencies: -distinguish mental disorders of children and adolescents, - perceive the differential-diagnosis specifics of psychopathology in children, - be familiar with the specifics of mental development in children and adolescents, - take into account the specifics of the differential diagnosis of psychopathology in children depending on age. The information will be yearly specified on the electronic noticeboard of the course in AiS2, aleternatively in LMS UPJŠ or MS Teams environment. | |
| Brief outline of the course: Approaches to Child Psychopathology. Developmental Psychopathology. | |

Normal Development: What is actually normal? Insecure attachment and related difficulties.
 Pathopsychology (Monika)
 Attention-Deficit Hyperactivity Disorder (ADHD). Cognitive Impairment.
 Autism Spectrum Disorder.
 Antisocial Behaviour.
 Fear and Anxiety.
 Depression.
 Eating disorders.
 Substance use disorders.
 Schizophrenia. Personality disorders.
 Child maltreatment. Divorce, separation and loss.
 The information will be yearly specified on the electronic noticeboard of the course in AiS2, alternatively in LMS UPJŠ.

Recommended literature:

Carr, A. (2016): The Handbook of Child and Adolescent Clinical Psychology. A contextual approach. Routledge. ISBN 978-1-138-80600-9.
 Pugnerová, M., Kvitová, J. (2016): Přehled poruch psychického vývoje. Grada, ISBN 9788024754529.
 ŘÍČAN, Pavel a KREJČÍŘOVÁ, Dana. Dětská klinická psychologie. 4., přeprac. a dopl. vyd. Psyché. Praha: Grada Publishing, 2006. ISBN 80-247-1049-8.
 Venta, A., Sharp, C., Fletcher, J.M., Fonagy, P. (2021): Developmental Psychopathology. Hoboken: Wiley, ISBN 9781118686485.

Course language:

Notes:

Course assessment

Total number of assessed students: 831

| A | B | C | D | E | FX |
|-------|-------|-------|-------|------|------|
| 18.41 | 25.99 | 30.32 | 16.61 | 5.17 | 3.49 |

Provides: doc. Mgr. Monika Hricová, PhD., Mgr. Viktória Hičárová, PhD.

Date of last modification: 05.02.2025

Approved: doc. Ing. Mgr. Jozef Bavoľár, PhD.

COURSE INFORMATION LETTER

| | |
|--|--|
| University: P. J. Šafárik University in Košice | |
| Faculty: Faculty of Arts | |
| Course ID: KPS/ TD/07 | Course name: Child Maltreatment |
| Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 2 / 1 Per study period: 28 / 14 Course method: present | |
| Number of ECTS credits: 5 | |
| Recommended semester/trimester of the course: 6. | |
| Course level: I. | |
| Prerequisites: KPS/VPSP/08 or KPS/VP2/06 or KPPaPZ/VPMOS/16 | |
| Conditions for course completion: 1. Case report of neglected child. Students' task is to develop case report (case study) of neglected child. The aim is to provide description of state, the consequences of neglect. Indicate prognosis and try to propose actions. The work must be based on actual observation of neglected child. 15 points max, min 7 points 2. Written mid-term test - 2 times, Each test is at 10 points, with min 12 points for both. 3. Activity of the seminar - theoretical questions and in solving case studies. - 5 points, min 3 points. 4. Overall, the student has to obtain a term of at least 22 points in order to go on examination. 5. Final exam: Written test 60 points. 6. Passing the 80% (lectures and seminars). The information will be yearly specified on the electronic noticeboard (even a black board can be) of the course in AiS2, alternatively in LMS UPJŠ or MS Teams environment. | |
| Learning outcomes: After completing the course, students should have an overview of theoretical issues based on an understanding of the origin, causes and persistence of maltreatment. Gain practical skills to address the issue of ill-treatment (torture, abuse, neglect). Understand, apply, analyze and critically re-evaluate options for correcting and preventing maltreatment of children and young people. The information will be yearly specified on the electronic noticeboard (even a black board can be) of the course in AiS2, alternatively in LMS UPJŠ or MS Teams environment. | |
| Brief outline of the course: Definition of terms - Syndrome of Child Abuse and Neglect (CAN), Child Maltreatment. Basic types of child maltreatment (physical abuse, emotional abuse, sexual abuse, secondary abuse, neglect). Methods of diagnosis, treatment, and prevention of child maltreatment. The information will be yearly specified on the electronic noticeboard (even a black board can be) of the course in AiS2, alternatively in LMS UPJŠ or MS Teams environment. | |
| Recommended literature: DUNOVSKÝ, J. - DYTRYCH, Z. - MATĚJČEK, Z. a kol.: Týrané, zneužívané a zanedbávané dítě. Praha, Grada 1995 | |

KREJČÍŘOVÁ, D.: Syndrom týraného dítěte. Prevence týrání a špatného zacházení s dítětem, terapeutické možnosti. In: Říčan, P.- Krejčířová, D. a kol.: Dětská klinická psychologie. Grada Publishing, 1995, str. 197-198, 204-207.

VÁGNEROVÁ, M.: Psychopatologie pro pomáhající profese. 2. vyd. Praha. Portál, 2004.

WEIS, P. et al.: Sexuální zneužívání dětí. Praha: Grada, 2005.

ŠKOVIERA, A. Dilemata náhradní výchovy. Praha : Portál, 2011

VLČKOVÁ, M.: Týrané dieťa. Bratislava: Univerzita Komenského, 2001.

Course language:

Slovak language

Notes:

Course assessment

Total number of assessed students: 501

| A | B | C | D | E | FX |
|-------|-------|-------|-------|------|------|
| 27.15 | 22.95 | 24.95 | 13.17 | 8.58 | 3.19 |

Provides: prof. PhDr. Margita Mesárošová, CSc.

Date of last modification: 21.01.2025

Approved: doc. Ing. Mgr. Jozef Bavoľár, PhD.

COURSE INFORMATION LETTER

| | |
|---|--|
| University: P. J. Šafárik University in Košice | |
| Faculty: Faculty of Arts | |
| Course ID: KPS/ KOGPS/11 | Course name: Cognitive Psychology |
| Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 3 / 2 Per study period: 42 / 28 Course method: present | |
| Number of ECTS credits: 7 | |
| Recommended semester/trimester of the course: 2. | |
| Course level: I. | |
| Prerequisites: | |
| Conditions for course completion: During the semester, the student is required to complete three tasks: A) Written examination (max. number of points is 15, the required number of points is 8). The date is by default scheduled after a consultation week. B) Presentation of a seminar work on a chosen topic (max. number of points is 15, the required number of points is 8). C) Active participation during the seminar (max. number of points is 10, the required number is 1). To proceed to the final exam, it is necessary to obtain more than half of the total points that can be gained during the semester (note that a minimum number of points for activities A, B and C should be fulfilled as listed above). The final exam is in a written form. A student can get a maximum of 60 points. To pass, a student needs to obtain 31 and more points (note that credits will not be awarded to a student who gets less than 31 points from the final exam and whose sum of points obtained during the semester and the final exam is less than 51). The final mark is created by adding the points that the student gained during the semester and the final exam. At least 90 points must be obtained to obtain an "A" rating, 80-89 points to obtain an "B" rating, 70-79 points to obtain a "C" rating, 60-69 points to obtain a "D" rating and 51 to obtain an "E" rating 51 -59 points. The information will be yearly specified on the electronic noticeboard of the course in AiS2, alternatively in LMS UPJŠ or MS Teams environment. | |
| Learning outcomes: The main goal of the course is to acquaint students with cognitive psychology, as a scientific discipline that deals with the study of human cognition, and to provide them with the current knowledge related to human cognition. In addition, the course also emphasizes the ability to properly understand this knowledge and apply it. For this purpose, the course provides not only an overview of the main theories of selected cognitive processes and the broader context of the discipline but also practice: practical illustrations and systematic encouragement of critical thinking. The main goal of seminars is to train the ability to use and adequately present the acquired knowledge, connect this knowledge to other related areas, think about it independently, discuss it critically and, last but not least, to flexibly and creatively solve various related model activities. | |

Knowledge: Students will gain an overview of the history and development of cognitive psychology, including major theories and models. They will acquire knowledge about cognitive processes such as perception, attention, memory, learning, thinking, and language. They will be familiar with the main paradigms of thinking about these cognitive processes and the research methods used in cognitive psychology.

Abilities: Students will develop the ability to think about cognitive processes within the framework of selected theoretical models. They will be able to apply cognitive psychology theories to real-life situations and problems. They will gain the skill to design and conduct experiments to investigate cognitive processes. Students can build upon the acquired abilities and further develop them in subsequent courses.

Skills

Students will be able to use the principles of cognitive psychology to solve practical problems. They will understand optimally functioning cognitive processes as well as their natural limits and will be able to effectively communicate concepts and research findings in the field of cognitive psychology. They will be prepared to critically follow current developments and research in cognitive psychology.

The information will be yearly specified on the electronic noticeboard of the course in AiS2, alternatively in LMS UPJŠ or MS Teams environment.

Brief outline of the course:

History of cognitive psychology. Research of cognition in the period of psychology as a scientific discipline. The emergence of cognitive psychology.

Cognition - general characteristics. Structure of cognitive processes. Paradigms in cognitive psychology: S-R scheme, information processing model, evolutionary approach, connectionist approach. Stimuli and mental representations.

Perception - sensory processes. Perception - organization of the perceptual field, object recognition, specific types of perception.

Attention - selection and division of attention. Theories of attention. Automatic and controlled processes and attention.

Memory - models, types of memory, memory processes.

Learning - classical conditioning, operant conditioning and other types of learning.

Mental representations and ideas. Thinking – concepts and operations. Language and thinking. Thinking and speech.

Judgment, decision making, problem solving, creativity. Current research of cognitive processes.

The information will be yearly specified on the electronic noticeboard of the course in AiS2, alternatively in LMS UPJŠ or MS Teams environment.

Recommended literature:

Literature:

Plháková, A. (2023). Učebnice obecné psychologie (4th Edition). Academia.

Sternberg, R., Sternberg S. (2016). Cognitive Psychology (7th Edition). Wadsworth Publishing.

Cognitive Psychology (2020). A Student's Handbook (8th Edition). Psychology Press.

Other recommended literature:

Fredrickson, B., Lutz, C., Loftus C., Nolen-Hoeksema, S. (2020). Psychologie Atkinsonovej a Hilgarda. Cengage.

Körtvélyessy, L., Štekauer, P., & Kačmár, P. (2022). Creativity in Word Formation and Word Interpretation: Creative Potential and Creative Performance (1st vyd.). Cambridge University Press. <https://doi.org/10.1017/9781009053556>

Example of recommended journal articles:

Bago, B., Kovacs, M., Protzko, J., Nagy, T., Kekecs, ... Kačmár, P., ... Aczel, B. (2022). Situational factors shape moral judgements in the trolley dilemma in Eastern, Southern and Western countries in a culturally diverse sample. *Nature Human Behaviour*, 6(6), Article 6. <https://doi.org/10.1038/s41562-022-01319-5>

Course language:

Notes:

Lectures and activities are adapted to both, physically present and distance form of education. For further information and current changes in the form of teaching (distance vs. full-time), please see electronic noticeboard.

Course assessment

Total number of assessed students: 1572

| A | B | C | D | E | FX |
|-------|-------|-------|-------|-----|------|
| 13.68 | 23.09 | 26.21 | 21.69 | 5.6 | 9.73 |

Provides: doc. Ing. Mgr. Jozef Bavoľár, PhD., doc. Mgr. Pavol Kačmár, PhD., Mgr. Ondrej Kalina, PhD.

Date of last modification: 02.02.2025

Approved: doc. Ing. Mgr. Jozef Bavoľár, PhD.

COURSE INFORMATION LETTER

| | | | | | |
|--|-------|---|-------|-------|------|
| University: P. J. Šafárik University in Košice | | | | | |
| Faculty: Faculty of Arts | | | | | |
| Course ID: KPS/ PPEO/15 | | Course name: Cognitive Psychology and Psychology of Emotions in the Context of Ontogenesis | | | |
| Course type, scope and the method: Course type: Recommended course-load (hours): Per week: Per study period: Course method: present | | | | | |
| Number of ECTS credits: 1 | | | | | |
| Recommended semester/trimester of the course: | | | | | |
| Course level: I. | | | | | |
| Prerequisites: | | | | | |
| Conditions for course completion: | | | | | |
| Learning outcomes: | | | | | |
| Brief outline of the course: | | | | | |
| Recommended literature: | | | | | |
| Course language: | | | | | |
| Notes: | | | | | |
| Course assessment Total number of assessed students: 323 | | | | | |
| A | B | C | D | E | FX |
| 23.22 | 23.84 | 24.15 | 15.79 | 10.53 | 2.48 |
| Provides: | | | | | |
| Date of last modification: 22.03.2024 | | | | | |
| Approved: doc. Ing. Mgr. Jozef Bavoľár, PhD. | | | | | |

COURSE INFORMATION LETTER

| | |
|---|---|
| University: P. J. Šafárik University in Košice | |
| Faculty: Faculty of Arts | |
| Course ID: KPS/ KI/07 | Course name: Crisis Intervention |
| Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 1 / 2 Per study period: 14 / 28 Course method: present | |
| Number of ECTS credits: 4 | |
| Recommended semester/trimester of the course: 5. | |
| Course level: I. | |
| Prerequisites: | |
| Conditions for course completion: | |
| Learning outcomes: Students will develop conceptual competency necessary for professionals engaged in crisis interventions. Special emphasis is given to contemporary research in suicidology, disaster psychology, and crisis management Topics include emergency situations such as natural disasters, terrorism, school violence, abuse, and crisis interventions with diverse populations. Competecies: The Student will: <ol style="list-style-type: none"> 1. become aware of differences between the need for crisis counseling and typical counseling intervention 2. be able to describe the basic characteristics of crisis intervention theory 3. be able to delineate the steps to assess and work with clients in crisis 4. develop skills and abilities to work within and enhance crisis teams 5. understand the macro and micro needs of populations dealing with major disasters | |
| Brief outline of the course: <ol style="list-style-type: none"> 1. The crisis, its nature and context. 2. Life losses and their contents. 3. Psychological injury. 4. Response to stressful events and consequences. 5. Psychological first aid. 6. Basic structure of crisis intervention. 7. Crisis intervention processes. 8. Longer-term psychological help and psychological process of healing. 9. Crisis and crisis intervention after the loss of important people. 10. Crisis and crisis intervention with groups 11. Personality and its preconditions to cope with excessive burdens. The subject will contain theoretical information, concrete cases of clients, training-specific psychotherapy techniques and skills. Experience on yourself. | |
| Recommended literature: | |
| Course language: | |

| | | | | | |
|---|-------|-------|-------|------|------|
| Notes: | | | | | |
| Course assessment | | | | | |
| Total number of assessed students: 411 | | | | | |
| A | B | C | D | E | FX |
| 31.87 | 23.36 | 26.28 | 14.36 | 3.65 | 0.49 |
| Provides: doc. Mgr. Monika Hricová, PhD. | | | | | |
| Date of last modification: 02.09.2024 | | | | | |
| Approved: doc. Ing. Mgr. Jozef Bavoľár, PhD. | | | | | |

COURSE INFORMATION LETTER

| | |
|--|--|
| University: P. J. Šafárik University in Košice | |
| Faculty: Faculty of Arts | |
| Course ID: KPS/ VP1/05 | Course name: Developmental Psychology I |
| Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 2 / 2 Per study period: 28 / 28 Course method: present | |
| Number of ECTS credits: 6 | |
| Recommended semester/trimester of the course: 3. | |
| Course level: I. | |
| Prerequisites: | |
| Conditions for course completion: Course completion conditions: 40% assessment during semester, 60% exam Assessment during semester: 4 assignments (40p.). Min. the number of points obtained per semester required for admission to the examination is 21p. Exam: written form (max 60p.) A final evaluation is a sum of assessment during semester and exam. The information will be yearly specified on the electronic noticeboard of the course in AiS2, alternatively in LMS UPJŠ or MS Teams environment. | |
| Learning outcomes: After successfully completing the course, students will acquire: Knowledge: They will gain basic theoretical knowledge about developmental changes, including key theories and concepts of psychological development. They will be able to navigate fundamental professional terminology and processes related to human psychological development in a lifespan context. Skills: Students will be capable of identifying and describing the essential characteristics of various developmental stages (prenatal development, early childhood, preschool and early school age, puberty, and adolescence) necessary for subsequent applied disciplines. They will be able to apply the acquired knowledge in practice, such as analyzing and interpreting individual developmental phases and recognizing factors that influence development. Competencies: Through seminars, students will train their ability to think independently and critically about developmental processes, take a critical view of discussed topics, and are competent to apply acquired knowledge relevantly when solving practical tasks and effectively communicating these insights within multidisciplinary teams in practice. The information will be yearly specified on the electronic noticeboard of the course in AiS2, alternatively in LMS UPJŠ or MS Teams environment. | |
| Brief outline of the course: Developmental psychology as a scientific discipline and its application possibilities. Basic terms and their definition. Periodization of development. Representative developmental theories and models - their comparisons, advantages and limits. | |

| <p>Mental development - main factors, forms and mechanisms of development. Psychological patterns of developmental changes.</p> <p>Prenatal period and its importance for further development. Basic knowledge of prenatal psychology. Basic overview of developmental changes (physical and motor development, development of cognitive processes, development of emotion, socialization, optimization of development) in individual periods (infant period to adolescence period).</p> <p>Selected topics:</p> <p>Development of emotional attachment.</p> <p>Game development, drawings (meaning and use).</p> <p>Development of social relations in childhood and adolescence, moral development.</p> <p>The information will be yearly specified on the electronic noticeboard of the course in AiS2, alternatively in LMS UPJŠ or MS Teams environment.</p> | | | | | | | | | | | | | | | | | |
|---|-------|-------|-------|------|------|---|---|---|---|---|----|------|-------|-------|-------|------|------|
| <p>Recommended literature:</p> <p>Lectures in the current academic year.</p> <p>Lysá, L., Vágnerová, M. (2021). Vývojová psychologie. Dětství a dospívání. Praha: Karolinum. (prip. staršie vydania).</p> <p>Thorová, K. (2015). Vývojová psychologie. Praha: Portál.</p> <p>Vágnerová, M. (2017). Vývoj dětské kresby a její diagnostické využití. Raabe.</p> <p>Macek, P., Lacinová, L., & Ježek, S. (2016). Cesty do dospělosti: Psychologické a sociální charakteristiky dnešních dvacátníků. Masarykova univerzita.</p> <p>Semešiová, M., Ráczová, B., & Babinčák, P. (2024). Reported father involvement and indicators of subjective well-being in transition to adulthood. International Journal of Adolescence and Youth, 29(1).</p> <p>Continuous monitoring of relevant resources available through the university library databases.</p> | | | | | | | | | | | | | | | | | |
| Course language: | | | | | | | | | | | | | | | | | |
| Notes: | | | | | | | | | | | | | | | | | |
| <p>Course assessment</p> <p>Total number of assessed students: 1022</p> <table border="1"> <thead> <tr> <th>A</th><th>B</th><th>C</th><th>D</th><th>E</th><th>FX</th></tr> </thead> <tbody> <tr> <td>6.07</td><td>15.66</td><td>32.19</td><td>30.23</td><td>9.78</td><td>6.07</td></tr> </tbody> </table> | | | | | | A | B | C | D | E | FX | 6.07 | 15.66 | 32.19 | 30.23 | 9.78 | 6.07 |
| A | B | C | D | E | FX | | | | | | | | | | | | |
| 6.07 | 15.66 | 32.19 | 30.23 | 9.78 | 6.07 | | | | | | | | | | | | |
| Provides: doc. PhDr. Beáta Ráczová, PhD., Mgr. Karolína Lašutová | | | | | | | | | | | | | | | | | |
| Date of last modification: 11.01.2025 | | | | | | | | | | | | | | | | | |
| Approved: doc. Ing. Mgr. Jozef Bavoľár, PhD. | | | | | | | | | | | | | | | | | |

COURSE INFORMATION LETTER

| | |
|---|---|
| University: P. J. Šafárik University in Košice | |
| Faculty: Faculty of Arts | |
| Course ID: KPS/VP2/06 | Course name: Developmental Psychology II |
| Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 2 / 2 Per study period: 28 / 28 Course method: present | |
| Number of ECTS credits: 6 | |
| Recommended semester/trimester of the course: 4. | |
| Course level: I. | |
| Prerequisites: KPS/VP1/05 | |
| Conditions for course completion: Course completion conditions: 40% assessment during semester, 60% exam Assessment during semester: 4 assignments (40p.). Min. the number of points obtained per semester required for admission to the examination is 21p. Exam: written form (max 60p.) A final evaluation is a sum of assessment during semester and exam: The information will be yearly specified on the electronic noticeboard of the course in AiS2, alternatively in LMS UPJŠ or MS Teams environment | |
| Learning outcomes: After successfully completing the course, students will gain: Knowledge: based on the knowledge from the course Developmental Psychology I, they will acquire basic knowledge about developmental changes within the second half of ontogenetic development. Skills: based on theoretical knowledge, they can identify and describe the main characteristics of individual periods of adulthood and old age, using the biodromal approach, they are able to apply this knowledge within related disciplines (e.g. clinical psychology, psychodiagnostics). Competencies: based on practically oriented assignments during seminar classes, they are able to recognize and analyze the difficulties of transitive life periods and take into account the specifics of the periods when communicating with people of a given age. | |
| Brief outline of the course: An overview of approaches to the categorization of adulthood and old age. Developmental theories and models explaining the mechanisms of development in adulthood and old age. Overview of individual developmental stages of adulthood, their characteristics (period of young adulthood - entry into adulthood, period of emerging adulthood, period of middle and late adulthood). Period of old age - an overview of aging processes and physical and psychosocial specifics. Conditions and criteria for active aging. Introduction to thanatology (dying and death, palliative care). | |

| | | | | | |
|--|-------|-------|-------|------|------|
| The information will be yearly specified on the electronic noticeboard of the course in AiS2, alternatively in LMS UPJŠ or MS Teams environment | | | | | |
| Recommended literature: Lectures in the current academic year. Lysá, L., Vágnerová, M. (2021). Vývojová psychologie. Dětství a dospívání. Praha: Karolinum. (prip.staršie vydania). Thorová, K. (2015). Vývojová psychologie. Praha: Portál. Millová, K. (2024). Za branami dospělosti: současné pohledy na vývoj v dospělosti. Pavel Mervart, Ostravská univerzita. ISBN: 978-80-7465-646-0 Millová, K., Blatný, M. (2016). Generativita jako významný vývojový úkol v dospělosti. In: Psychologie celoživotního vývoje. Praha: Karolinum. Ráczová, B., Semešiová, M. (2024). Vybrané aspekty prechodu do dospelosti a subjektívna pohoda dvadsiatnikov. Bratislava: VEDA. Continuous monitoring of relevant journal sources available through the UK or Research Gate databases. | | | | | |
| Course language: | | | | | |
| Notes: | | | | | |
| Course assessment Total number of assessed students: 870 | | | | | |
| A | B | C | D | E | FX |
| 8.39 | 22.87 | 31.49 | 28.74 | 6.44 | 2.07 |
| Provides: doc. PhDr. Beáta Ráczová, PhD., Mgr. Karolína Lašutová | | | | | |
| Date of last modification: 17.01.2025 | | | | | |
| Approved: doc. Ing. Mgr. Jozef Bavoľár, PhD. | | | | | |

COURSE INFORMATION LETTER

| | |
|--|--|
| University: P. J. Šafárik University in Košice | |
| Faculty: Faculty of Arts | |
| Course ID: CJP/ ANG1/05 | Course name: English Language I |
| Course type, scope and the method: Course type: Practice Recommended course-load (hours): Per week: 2 Per study period: 28 Course method: present | |
| Number of ECTS credits: 2 | |
| Recommended semester/trimester of the course: 1. | |
| Course level: I. | |
| Prerequisites: | |
| Conditions for course completion: Active classroom participation (max. 2x90 min. absences tolerated), 2 tests (7th week, 13th week), 1 retake - 14th week, completion of assignments. Grading scale: A 93-100%, B 86-92%, C 79-85%, D 72-78%, E 65-71%, FX 64% and less. | |
| Learning outcomes: The development of students' language skills - reading, writing, listening, speaking, improvement of their linguistic competence - students acquire knowledge of selected phonological, lexical and syntactic aspects, development of pragmatic competence - students can effectively use the language for a given purpose, with focus on Academic English and English for specific/professional purposes - Psychology, level B2. | |
| Brief outline of the course: Studying at the University. Scientific research, subject matter of psychology. Branches of psychology. Psychology in practice. Clinical, organisational psychology, social psychology. The Human Brain. Stress, coping with stress. Defence mechanisms. Freud and Jung - Dreams and personality. Sleep, dreams, sleep disorders. Vygotsky and Piaget - thought and language. Learning. Human development. Intelligence. Selected aspect of functional grammar: defining, classifying, cause-effect, argumenting, expressing opinion, comparison and contrast, paraphrasing. | |
| Recommended literature: SShort, J.: English for Psychology in Higher Education Studies. Garnet Publishing Ltd., 2010. Treger, A., Treger B.: Psychology Vocabulary in Use. Slowko, 2022. Seal, B.: Academic Encounters. Reading, Study Skills and Writing. Content Focus – Human Behavior. CUP, 1997 http://www.bbc.co.uk/worldservice/learningenglish www.youtube.com | |

| | |
|---|------|
| Course language: English language, level B2 according to CEFR | |
| Notes: | |
| Course assessment Total number of assessed students: 886 | |
| abs | n |
| 98.31 | 1.69 |
| Provides: Mgr. Zuzana Kolaříková, PhD. | |
| Date of last modification: 06.09.2024 | |
| Approved: doc. Ing. Mgr. Jozef Bavoľár, PhD. | |

COURSE INFORMATION LETTER

| | |
|--|---|
| University: P. J. Šafárik University in Košice | |
| Faculty: Faculty of Arts | |
| Course ID: CJP/ ANG2/05 | Course name: English Language II |
| Course type, scope and the method: Course type: Practice Recommended course-load (hours): Per week: 2 Per study period: 28 Course method: present | |
| Number of ECTS credits: 4 | |
| Recommended semester/trimester of the course: 2. | |
| Course level: I. | |
| Prerequisites: CJP/ANG1/05 | |
| Conditions for course completion: class attendance and participation (max. 2x90min absences), oral presentation, assignments, mid-term test (min. 60%, 1 retake), oral presentation. Exam - final exam test. Final evaluation = oral presentation (50%) + exam test (50%) Grading scale: A 93-100%, B 86-92%, C 79-85%, D 72-78%, E 65-71%, FX 64% and less. | |
| Learning outcomes: The development of students' language skills - reading, writing, listening, speaking, improvement of their linguistic competence - students acquire knowledge of selected phonological, lexical and syntactic aspects, development of pragmatic competence - students can effectively use the language for a given purpose, with focus on Academic English and English for specific/professional purposes - Psychology, level B2. | |
| Brief outline of the course: Memory. Short-term, long-term memory. Theories of forgetting. Memory and hypnosis. Mental illnesses. Common myths about mental illnesses. Personality theories. Trait theory. Measuring personality. Modern addictions. Selected aspects of academic communication in English. Presentation skills - sign-posting language, presentation structure, etc. | |
| Recommended literature: Short, J.: English for Psychology in Higher Education Studies. Garnet Publishing Ltd., 2010. Treger, A., Treger B.: Psychology Vocabulary in Use. Slowko, 2022. Kolaříková, Z., Petruňová, H., Timková, R.: Angličtina v akademickom prostredí – cvičebnica. Košice, Vydavateľstvo ŠafárikPress, 2021. Rozenfeld, J., Tomaščíková, S.: Developing Academic English in Speaking and Writing. Košice: Vydavateľstvo ŠafárikPress, 2021. Seal, B.: Academic Encounters. Reading, Study Skills and Writing. Content Focus – Human Behavior. CUP, 1997 http://www.bbc.co.uk/worldservice/learningenglish | |

| | | | | | |
|---|-------|-------|-------|-------|------|
| Course language: English language, level B2 according to the CEFR | | | | | |
| Notes: | | | | | |
| Course assessment Total number of assessed students: 939 | | | | | |
| A | B | C | D | E | FX |
| 31.52 | 22.36 | 18.64 | 12.46 | 12.03 | 2.98 |
| Provides: Mgr. Zuzana Kolaříková, PhD. | | | | | |
| Date of last modification: 11.02.2025 | | | | | |
| Approved: doc. Ing. Mgr. Jozef Bavoľár, PhD. | | | | | |

COURSE INFORMATION LETTER

| | | | | | |
|--|-------|-----------------------------|------|------|------|
| University: P. J. Šafárik University in Košice | | | | | |
| Faculty: Faculty of Arts | | | | | |
| Course ID: ÚBEV/ ETOP/08 | | Course name: Etology | | | |
| Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 2 / 2 Per study period: 28 / 28 Course method: present | | | | | |
| Number of ECTS credits: 6 | | | | | |
| Recommended semester/trimester of the course: 3. | | | | | |
| Course level: I. | | | | | |
| Prerequisites: | | | | | |
| Conditions for course completion: Fulfilled conditions for the exercises Successfully completed oral exam | | | | | |
| Learning outcomes: To teach the students to know and to be aware of the importance of the behavioural aspect in biological sciences | | | | | |
| Brief outline of the course: History and development of ethology. Ethological methods. The innate forms of behaviour. The simplest forms of learning – conditioning and instrumental learning. Higher form of learning. Social behaviour. Sexual behaviour. Play behaviour. Biological rhythms. Orientation in space and animal migrations. Communication systems of animals. Emotions. Aggression in animal and human behaviour. Abnormal forms of behaviour | | | | | |
| Recommended literature: 1. J.B. Balcombe: Second nature. The inner life of animals. Palgrave/McMillan, 2010. 2. T.J. Carew: Behavioral Neurobiology. Sinauer Assoc., Sunderland, 2000. 3. Franck, D.: Verhaltensbiologie. Einführung in die Ethologie. Georg Thieme-Verlag, 1993 4. Manning, A., Dawkins, M. S.: An introduction to animal behaviour. Cambridge University Press, 1992 5. DRICKMER, L.C., VESSEY, S.H., MEIKLE, D. Animal Behavior: mechanisms, ecology, evolution. 4th ed. Dubuque : Wm.C. Brown Publishers, 1996. Internet | | | | | |
| Course language: | | | | | |
| Notes: | | | | | |
| Course assessment Total number of assessed students: 731 | | | | | |
| A | B | C | D | E | FX |
| 35.7 | 26.81 | 24.9 | 9.03 | 3.01 | 0.55 |
| Provides: RNDr. Igor Majláth, PhD., RNDr. Natália Pipová, PhD. | | | | | |

| |
|---|
| Date of last modification: 22.09.2023 |
| Approved: doc. Ing. Mgr. Jozef Bavoľár, PhD. |

COURSE INFORMATION LETTER

| | |
|---|---------------------------------------|
| University: P. J. Šafárik University in Košice | |
| Faculty: Faculty of Arts | |
| Course ID: KPS/ PSR/15 | Course name: Gender Psychology |
| Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 1 / 1 Per study period: 14 / 14 Course method: present | |
| Number of ECTS credits: 5 | |
| Recommended semester/trimester of the course: 3., 5. | |
| Course level: I. | |
| Prerequisites: | |
| Conditions for course completion: Course completion conditions: 40% assessment during semester, 60% exam Assessment during semester: 2 assignments Exam: written A final evaluation is a sum of assessment during semester and exam. The information will be yearly specified on the electronic noticeboard (even a black board can be) of the course in AiS2, alternatively in LMS UPJŠ or MS Teams environment. t. | |
| Learning outcomes: After completing the discipline, students are able to orientate themselves in current professional topics and the results of empirical research on gender psychology, master basic terminology, theoretical background and developmental aspects of gender development and know the specifics of gender issues. The aim of the seminars is to train the ability to think independently and creatively, to take a critical view of the topics discussed and the ability to apply the acquired knowledge in a relevant way. The task is to acquaint students with the importance of a gender-sensitive approach in psychological work with the client. The information will be yearly specified on the electronic noticeboard (even a black board can be) of the course in AiS2, alternatively in LMS UPJŠ or MS Teams environment. | |
| Brief outline of the course: The goal is to enable students acquire basic vocational orientation in current issues and the results of empirical research on the psychology of gender, focusing on clarifying the basic terminology, theory and developmental aspects of evolution within the genus. The course includes an analysis of specific topics such as parenting, selected topics from psychology and sexual orientation issues, given the gender perspective. The aim of the seminars is to train the ability to think independently and creatively, to take a critical view on the topics discussed and the ability to use acquired knowledge relevantly. 1 Gender - Basic terms and their meaning (sex, gender, gender role, gender identity, sex versus gender identity) - Biological theory of gender development 2 Gender as a socio-psychological category | |

- Psychoanalytic theory forming the genus
- Social learning theory in the context of family formation
- Cognitive-developmental theory of formation of the genus
- Gender schema theory and the formation of the genus

3. Gender and the development

- Development of gender roles and identity
- Gender and cognitive, emotional, social and moral development

4. Specific issues of Psychology of the gender and psychological work.

The information will be yearly specified on the electronic noticeboard (even a black board can be) of the course in AiS2, alternatively in LMS UPJŠ or MS Teams environment. .

Recommended literature:

Karsten , H. (2006) Ženy a muži. Praha: Portál.

Jánošová, P. (2008) Dívčí a chlapecká identita. Vývoj a úskalí. Praha: Grada Publishing.

Gilliganová, C. (2001). Jiným hlasem. Praha: Portál.

Lajčiaková, P. (2012). Gender a morálka. Ostium, (4).

Foster, M.D., Arnt, S., Honkola, J. (2004). When the advantaged become disadvantaged: Men's and women's actions against gender discrimination. Sex Roles, 50, 1-2, , pp. 27-36.

Kusá, D. (2002).: Psychological androgyny in gender ambience: considerations on gender variations. Studia Psychologica, 44, 4, s. 347-356

Vicki Helgeson (2011) Psychology of Gender: Fourth Edition 3rd Edition Psychology Press

Linda Brannon (2010) Gender: Psychological Perspectives, 6th Edition. Psychology Press

Course language:

Notes:

Course assessment

Total number of assessed students: 208

| A | B | C | D | E | FX |
|-------|-------|------|------|------|------|
| 45.67 | 37.02 | 10.1 | 5.77 | 0.96 | 0.48 |

Provides: doc. PhDr. Beáta Ráczová, PhD.

Date of last modification: 10.09.2023

Approved: doc. Ing. Mgr. Jozef Bavoľár, PhD.

COURSE INFORMATION LETTER

| | |
|---|--|
| University: P. J. Šafárik University in Košice | |
| Faculty: Faculty of Arts | |
| Course ID: KGER/ NJPS1/06 | Course name: German Language for Students of Psychology I |
| Course type, scope and the method: Course type: Practice Recommended course-load (hours): Per week: 2 Per study period: 28 Course method: present | |
| Number of ECTS credits: 2 | |
| Recommended semester/trimester of the course: 1. | |
| Course level: I. | |
| Prerequisites: | |
| Conditions for course completion: 1 written test during the semester (test, min. 60 %), seminar work (verification method presentation of the assigned topic of the seminar min. 60 %) | |
| Learning outcomes: Student develops and consolidates his language competencies, is able to communicate in written and oral form at the level of advanced language knowledge and skills, which it applies in the field of study – psychology. Student presents the results of his seminar work. | |
| Brief outline of the course: <ol style="list-style-type: none"> 1. Introduction to professional language 2. Communication in private and professional life 3. Written communication (CV, job application, complaint) 4. Macrostructure of written documents 5. Our world on the threshold of the third millennium (environment, scientific progress) 6. School system in our country and in Germany 7. Universities in our country and in Germany. Pavol Jozef Šafárik University in Košice 8. Mass media communication and public opinion. Media diversity. Advertising as a means of manipulation 9. Family and personal happiness 10. Multicultural society 11. Prejudices and stereotypes in Slovak and German culture 12. Department of Psychology. My profession | |
| Recommended literature: <ol style="list-style-type: none"> 1. DITTELOVÁ, E. - ZAVATČANOVÁ, M.: Einführung in das Studium der deutschen Fachsprache. Košice: ES UPJŠ, 2000 2. KNAACK, W. - KUHN, M. - LAUDEL, H. - WALLRABENSTEIN, W.: Reden, Schreiben, Rechnen. Hamburg: Xenos, 1984 3. KOZMOVÁ, R. - BERGLOVÁ, E. - FORMÁNKOVÁ, E. - MAŠEK, M.: Moderná gramatika nemčiny. Bratislava: Fraus, 2003, 312 s. 4. FAST, J.: Körpersprache. Reinberg bei Hamburg: Rowohlt, 1983 | |

5. ILLICHMANN, A.: Arbeitsbuch Psychologie für höhere Lehranstalten. Wien: Verlag Hölder - Pichler - Tempsky, 2006, 259 S.
6. Psychologie heute. Verlagsgruppe Beltz, Julius Beltz GmbH & Co. KG, Werderstr. 10
7. KRENN, W. - PUCHTA, H.: Motive Kompaktkurs D a F, Hueber 2020.

Course language:

German, Slovak

Notes:

Course assessment

Total number of assessed students: 158

| A | B | C | D | E | FX |
|-------|-------|-----|------|-----|-----|
| 59.49 | 28.48 | 5.7 | 2.53 | 1.9 | 1.9 |

Provides: Mgr. Ulrika Strömplová, PhD.

Date of last modification: 13.08.2024

Approved: doc. Ing. Mgr. Jozef Bavoľár, PhD.

COURSE INFORMATION LETTER

| | |
|---|---|
| University: P. J. Šafárik University in Košice | |
| Faculty: Faculty of Arts | |
| Course ID: KGER/ NJPS2/06 | Course name: German Language for Students of Psychology II |
| Course type, scope and the method: Course type: Practice Recommended course-load (hours): Per week: 2 Per study period: 28 Course method: present | |
| Number of ECTS credits: 2 | |
| Recommended semester/trimester of the course: 2. | |
| Course level: I. | |
| Prerequisites: | |
| Conditions for course completion: 1 written test during the semester (test, min. 60 %), seminar work (verification method presentation of the assigned topic of the seminar min. 60 %) | |
| Learning outcomes: Student develops and consolidates his language competencies, is able to communicate in written and oral form at the level of advanced language knowledge and skills, which he applies in the field of study – psychology. He presents the results of his seminar work. | |
| Brief outline of the course: <ol style="list-style-type: none"> 1. Introduction to professional language 2. Communication in private and professional life 3. Written communication (CV, job application, complaint) 4. Macrostructure of written documents 5. Our world on the threshold of the third millennium (environment, scientific progress) 6. School system in our country and in Germany 7. Universities in our country and in Germany. Pavol Jozef Šafárik University in Košice 8. Mass media communication and public opinion. Media diversity. Advertising as a means of manipulation 9. Family and personal happiness 10. Multicultural society 11. Prejudices and stereotypes in Slovak and German culture 12. Department of Psychology. My profession | |
| Recommended literature: <ol style="list-style-type: none"> 1. DITTELOVÁ, E. - ZAVATČANOVÁ, M.: Einführung in das Studium der deutschen Fachsprache. Košice: ES UPJŠ, 2000 2. KNAACK, W. - KUHN, M. - LAUDEL, H. - WALLRABENSTEIN, W.: Reden, Schreiben, Rechnen. Hamburg: Xenos, 1984 3. KOZMOVÁ, R. - BERGLOVÁ, E. - FORMÁNKOVÁ, E. - MAŠEK, M.: Moderná gramatika nemčiny. Bratislava: Fraus, 2003, 312 s. 4. FAST, J.: Körpersprache. Reinberg bei Hamburg: Rowohlt, 1983 | |

5. ILLICHMANN, A.: Arbeitsbuch Psychologie für höhere Lehranstalten. Wien: Verlag Hölder - Pichler - Tempsky, 2006, 259 S.
6. Psychologie heute. Verlagsgruppe Beltz, Julius Beltz GmbH & Co. KG, Werderstr. 10
7. KRENN, W. - PUCHTA, H.: Motive Kompaktkurs D a F, Hueber 2020

Course language:

German, Slovak

Notes:

Course assessment

Total number of assessed students: 157

| A | B | C | D | E | FX |
|------|-------|------|------|-----|------|
| 58.6 | 25.48 | 6.37 | 3.18 | 5.1 | 1.27 |

Provides: Mgr. Ulrika Strömplová, PhD.

Date of last modification: 13.08.2024

Approved: doc. Ing. Mgr. Jozef Bavoľár, PhD.

COURSE INFORMATION LETTER

| | |
|--|--|
| University: P. J. Šafárik University in Košice | |
| Faculty: Faculty of Arts | |
| Course ID: KF/DFPs/06 | Course name: History of Philosophy (for Students of Psychology) |
| Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 2 / 2 Per study period: 28 / 28 Course method: present | |
| Number of ECTS credits: 5 | |
| Recommended semester/trimester of the course: 1. | |
| Course level: I. | |
| Prerequisites: | |
| Conditions for course completion: Rating 40% continuous assessment 60% written knowledge test Final assessment: The sum of the interim assessment and the exam. Full-time education: active participation in seminars, seminar paper in the range of 8 pages/selected topic from seminars, written exam Distance Education: active participation in seminars, seminar work in the range of 8 pages/selected topic from seminars, oral exam. | |
| Learning outcomes: Acquisition of theoretical knowledge with respect to characteristics of consciousness, conceptions of psyche and cognitive process in individual phases of historical and philosophical knowledge. | |
| Brief outline of the course: Plato on a thinkable, and a visible worlds; care for the soul and its immortality. Aristotle on psychology as knowledge of the soul. Augustín De beata vita Aquinas: on the soul as a form of the body. Descartes: on a difference between body and soul; on the nature of human mind; on principles of human knowledge. Locke on origin, certainty and scope of human knowledge. Kant on pure and empirical knowledges. Feuerbach and man as sensual and material being. Schopenhauer: on ascetic consciousness and its transcendent consciousness of heavenly tranquillity. | |
| Recommended literature: Recommended reading literature: 1. Platon: Dialógy (°. (°°.(°°. Bratislava 1990. 2. Aristoteles – O duši. Praha: Petr Rezek 1995. 3. Augustín: O blaženom živote. In: Antológia z diel filozofov. Patrística a scholastika. Bratislava 1974,. | |

4. Descartes, R.: Meditácie o prvej filozofii. In: Antológia z diel filozofov. Novoveká racionalistická filozofia. Bratislava 1970.
5. Descartes, R.: Princípy filozofie. Bratislava 1987.
6. Descartes, R.: Vášne duše. Praha 2002.
7. Locke, J.: Rozprava o ľudskom rozume. In: Antológia z diel filozofov. Novoveká empirická a osvietenská filozofia. Bratislava 1967.
8. Kant, I.: Kritika čistého rozumu. Bratislava 1979.
9. Feuerbach, L.: Zásady filozofie budúcnosti. In: Antológia z diel filozofov. Novoveká empirická a osvietenská filozofia. Bratislava 1967.

Course language:

Notes:

1. Plato: Dialogues (°.(°.(°°. Bratislava 1990.
2. Aristotle - About the soul. Prague: Petr Rezek 1995.
3. Augustine: On the blessed life. In: Anthology of the works of philosophers. Patristics and scholasticism. Bratislava 1974,
4. Descartes, R.: Meditations on the first philosophy. In: Anthology of the works of philosophers. New age rationalist philosophy. Bratislava 1970.
5. Descartes, R.: Principles of philosophy. Bratislava 1987.
6. Descartes, R.: Passions of the soul. Prague 2002.

Course assessment

Total number of assessed students: 1854

| A | B | C | D | E | FX |
|-------|-------|-------|-------|-------|------|
| 32.85 | 21.25 | 17.48 | 12.78 | 13.86 | 1.78 |

Provides: doc. PhDr. Peter Nezník, CSc., PhDr. Katarína Mayerová, PhD.

Date of last modification: 11.09.2024

Approved: doc. Ing. Mgr. Jozef Bavoľár, PhD.

COURSE INFORMATION LETTER

| | |
|---|---|
| University: P. J. Šafárik University in Košice | |
| Faculty: Faculty of Arts | |
| Course ID: KPS/ USM/15 | Course name: Introduction to Statistical Methods |
| Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 2 / 2 Per study period: 28 / 28 Course method: present | |
| Number of ECTS credits: 6 | |
| Recommended semester/trimester of the course: 2. | |
| Course level: I. | |
| Prerequisites: | |
| Conditions for course completion: - active participation on labs - obtaining minimally 50 points for both aforementioned groups of activities The information will be yearly specified on the electronic noticeboard of the course in AiS2, alternatively in LMS UPJŠ or MS Teams environment. | |
| Learning outcomes: Knowledge: The graduate will gain an overview of the basic procedures of descriptive statistics (creation of databases, graphic representation of data sets, calculation and interpretation of the measure of center, location and variability), the principle and basic methods of inductive statistics. Skills: The student will acquire the ability to use methods of descriptive statistics and basic methods of bivariate inductive statistics. Competences: The graduate is able to assess, based on a problem situation, which statistical methods are suitable for answering it. The information will be yearly specified on the electronic noticeboard of the course in AiS2, alternatively in LMS UPJŠ or MS Teams environment. | |
| Brief outline of the course: Meaning, structure and nature of statistical methods Graphic and numerical representation of data files Determination of nature and closeness between the variables Probability – its character, determination and meaning in statistics Statistical judgment (hypotheses and algorithms) Difference statistics: parametric and non-parametric The information will be yearly specified on the electronic noticeboard of the course in AiS2, alternatively in LMS UPJŠ or MS Teams environment. | |
| Recommended literature: Rajčáni j. et al. (2024). Štatistika pre reprodukovateľný výskum v spoločenských vedách. Bratislava, Univerzita Komenského. Ferjenčík, J.(2006). Základy štatistických metód v sociálnych vedách. Košice: UPJŠ. Jeleňová, I. (2012): Zbierka úloh zo základov štatistiky pre sociálne vedy. Košice: UPJŠ. | |

| | | | | | |
|---|-------|-------|-------|-------|-------|
| Course language: | | | | | |
| Notes: | | | | | |
| Course assessment | | | | | |
| Total number of assessed students: 1956 | | | | | |
| A | B | C | D | E | FX |
| 8.54 | 13.45 | 14.42 | 16.72 | 31.39 | 15.49 |
| Provides: doc. Ing. Mgr. Jozef Bavoľár, PhD., Mgr. Ester Nosál'ová, PhD. | | | | | |
| Date of last modification: 30.01.2025 | | | | | |
| Approved: doc. Ing. Mgr. Jozef Bavoľár, PhD. | | | | | |

COURSE INFORMATION LETTER

| | |
|---|---|
| University: P. J. Šafárik University in Košice | |
| Faculty: Faculty of Arts | |
| Course ID: KPS/ USP/05 | Course name: Introduction to the Study of Psychology |
| Course type, scope and the method: Course type: Lecture Recommended course-load (hours): Per week: 2 Per study period: 28 Course method: present | |
| Number of ECTS credits: 3 | |
| Recommended semester/trimester of the course: 1. | |
| Course level: I. | |
| Prerequisites: | |
| Conditions for course completion: It is compulsory to fulfill the practical assignments during the semester which will be aimed to facilitate the adaptation of the psychology student - to read the assigned materials (e.g. Study Rules of Procedure at Pavol Jozef Šafárik University in Košice) and to manifest the acquired knowledge and skills, to obtain a university library card, to provide the review of selected psychological book, and to participate in psychological research. The information will be yearly specified on the electronic noticeboard of the course in AiS2, alternatively in LMS UPJŠ or MS Teams environment. | |
| Learning outcomes: The main goal of the course is to provide introduction and basic orientation in the most crucial issues related to the study of psychology (with the focus on the process, content, and organization of the study, as well as on the work-life balance). The information will be yearly specified on the electronic noticeboard of the course in AiS2, alternatively in LMS UPJŠ or MS Teams environment. | |
| Brief outline of the course: Why we are here and how to study effectively? The broader organizational context of the Pavol Jozef Safarik University. AIS system and credits. Study rules. Work with bibliography documents. Psychology as a discipline - context, specifications and problems. An introduction to psychological research and philosophy of science. The information will be yearly specified on the electronic noticeboard of the course in AiS2, alternatively in LMS UPJŠ or MS Teams environment. | |
| Recommended literature: Study Rules of Procedure at Pavol Jozef Šafárik University in Košice Helus, Z. (2011). Úvod do psychologie. Praha: Grada. Nolen-Hoeksema et al. (2012). Psychologie Atkinsonové a Hilgarda. Praha: Portál. Nakonečný, M. (2013). Lexikon psychologie. Praha: Vodnář. Original psychological research articles published in international scientific journals | |

| | |
|--|------|
| Course language: Slovak, English | |
| Notes: Further information about the course are specified on the electronic noticeboard of the course in AiS2. | |
| Course assessment Total number of assessed students: 916 | |
| abs | n |
| 99.67 | 0.33 |
| Provides: Mgr. Miroslava Köverová, PhD. | |
| Date of last modification: 03.09.2024 | |
| Approved: doc. Ing. Mgr. Jozef Bavoľár, PhD. | |

COURSE INFORMATION LETTER

| | | | | | |
|--|-------|---|-------|-------|------|
| University: P. J. Šafárik University in Košice | | | | | |
| Faculty: Faculty of Arts | | | | | |
| Course ID: KKF/LJPS/07 | | Course name: Latin Language for Students of Psychology | | | |
| Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 1 / 1 Per study period: 14 / 14 Course method: present | | | | | |
| Number of ECTS credits: 2 | | | | | |
| Recommended semester/trimester of the course: 2. | | | | | |
| Course level: I. | | | | | |
| Prerequisites: | | | | | |
| Conditions for course completion: | | | | | |
| Learning outcomes: | | | | | |
| Brief outline of the course: | | | | | |
| Recommended literature: | | | | | |
| Course language: | | | | | |
| Notes: | | | | | |
| Course assessment Total number of assessed students: 78 | | | | | |
| A | B | C | D | E | FX |
| 30.77 | 25.64 | 17.95 | 11.54 | 11.54 | 2.56 |
| Provides: prof. PhDr. František Šimon, CSc. | | | | | |
| Date of last modification: 14.09.2024 | | | | | |
| Approved: doc. Ing. Mgr. Jozef Bavoľár, PhD. | | | | | |

COURSE INFORMATION LETTER

| | |
|--|--|
| University: P. J. Šafárik University in Košice | |
| Faculty: Faculty of Arts | |
| Course ID: UA/ FFNa-Ps/20 | Course name: Neuroanatomy for Psychologists |
| Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 2 / 1 Per study period: 28 / 14 Course method: present | |
| Number of ECTS credits: 5 | |
| Recommended semester/trimester of the course: 2. | |
| Course level: I. | |
| Prerequisites: | |
| Conditions for course completion: <ul style="list-style-type: none"> • 75 % participation in lectures. • 100% active participation in practical lessons – mandatory compensation of maximum 3 absences (for serious health and family reasons) by agreement with the teacher. • Completion of all continuous written and practical tests: <ul style="list-style-type: none"> o by passing a current theoretical test (2) and a practical test (2) o by achieving at least 60% from written test and by achieving at least 60% from practical test • Students who failed the current tests – did not reach 60% success, they take a picture (practical) test on the topics of the entire semester at the beginning of the summer examination period. • Successful completion of the final exam (in the form of a test). Evaluation of the final exam: 100 – 91 /A/ excellent 90 – 84 /B/ very good 83 – 75 /C/ good 74 – 68 /D/ satisfactory 67 – 60 /E/ sufficient 59 and below /FX/ fail | |
| Learning outcomes: To inform students with the anatomy of the central nervous system, to point out the importance and function of the structures of the nervous system, the possibility of damage to individual parts of the brain and the resulting changes in a person's psychological state. | |
| Brief outline of the course: Introduction to neuroanatomy, division of the nervous system Spinal cord and spinal nerves Brainstem: spinal cord, pons, midbrain Cerebellum Forebrain (diencephalon, rhinencephalon, limbic system, cerebral cortex, basal ganglia) Ventricles, meninges, blood supply and venous drainage of CNS Cranial nerves Neural pathways | |

| | | | | | |
|--|------|-------|-------|-------|------|
| Recommended literature: Lovásová a kol.: Neuroanatómia pre psychológov – štruktúry a funkcie nervového systému, 2015, 2018 | | | | | |
| Course language: | | | | | |
| Notes: | | | | | |
| Course assessment Total number of assessed students: 696 | | | | | |
| A | B | C | D | E | FX |
| 1.72 | 7.18 | 13.94 | 23.71 | 44.68 | 8.76 |
| Provides: doc. MUDr. Adriana Boleková, PhD., doc. MVDr. Květuše Lovásová, PhD., MVDr. Natália Hvizdošová, PhD. | | | | | |
| Date of last modification: 11.02.2025 | | | | | |
| Approved: doc. Ing. Mgr. Jozef Bavoľár, PhD. | | | | | |

COURSE INFORMATION LETTER

| | |
|--|---|
| University: P. J. Šafárik University in Košice | |
| Faculty: Faculty of Arts | |
| Course ID: UFZ/ NF-Ps/11 | Course name: Neurophysiology for Psychologists |
| Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 2 / 2 Per study period: 28 / 28 Course method: present | |
| Number of ECTS credits: 6 | |
| Recommended semester/trimester of the course: 3. | |
| Course level: I. | |
| Prerequisites: | |
| Conditions for course completion: Continuous assessment in the form of solving assigned tasks. Final evaluation of the subject in the form of a written test. | |
| Learning outcomes: Medical physiology provides a comprehensive idea of all processes of a healthy human body, examines their cause and nature. The aim of the course is to acquire basic knowledge of physiology, to get to know the functions of individual systems of the human body in the dynamics of mutual relations and regulatory mechanisms. Acquired theoretical knowledge should then be verified with practical methodologies and later in practice. | |
| Brief outline of the course: <ul style="list-style-type: none"> ▪ Introduction to physiology, physiological principles. Homeostasis. ▪ Characteristics of the function of individual systems and their nervous and hormonal regulation. ▪ Blood. Respiratory system. Cardiovascular system. Excretory system. Digestive system. ▪ Endocrine system. Thermoregulation. ▪ General neurophysiology. ▪ Sensory functions of the nervous system, examination of sensory organs. ▪ Tactile, somesthetic analyzer, skin sensitivity examination, Weber's delusions ▪ Vision, eye examination, ophthalmoscopy, perimetry, color vision examination ▪ Hearing, otoscopy, hearing test with tuning forks and examination of the vestibular system ▪ Smell and taste, smell examination and localization of taste receptors ▪ Motor nervous system, examination of somatic reflexes of the spinal cord ▪ Autonomic nervous system, examination of vegetative reflexes ▪ Higher nervous functions - memory, learning, memory test, conditioned reflexes and signal systems ▪ Wakefulness and sleep. ▪ Personality, temperament, association test | |
| Recommended literature: A. Čalkovská a kol. Human physiology, Martin, 2010 P. Švorc a kol.: Textbook of human physiology for the study field of nursing, 2004 S. Grešová a kol. Practical textbook in physiology I., Košice, 2015 | |

| | | | | | |
|---|-------|-------|------|------|------|
| I. Bračoková a kol.: Practical textbook in physiology II., 2002 | | | | | |
| Course language: | | | | | |
| Notes: | | | | | |
| Course assessment Total number of assessed students: 707 | | | | | |
| A | B | C | D | E | FX |
| 40.74 | 27.86 | 14.29 | 9.34 | 7.64 | 0.14 |
| Provides: MUDr. Ivana Bačová, PhD., doc. MVDr. Agnesa Lukačínová, PhD., MUDr. Igor Peregrim, PhD., Mgr. Diana Tokárová, PhD., doc. RNDr. Soňa Grešová, PhD., RNDr. Judita Štimmelová, PhD. | | | | | |
| Date of last modification: 28.03.2021 | | | | | |
| Approved: doc. Ing. Mgr. Jozef Bavoľár, PhD. | | | | | |

COURSE INFORMATION LETTER

| | |
|--|-------------------------------------|
| University: P. J. Šafárik University in Košice | |
| Faculty: Faculty of Arts | |
| Course ID: KPS/ NPS/12 | Course name: Neuropsychology |
| Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 2 / 1 Per study period: 28 / 14 Course method: present | |
| Number of ECTS credits: 5 | |
| Recommended semester/trimester of the course: 4. | |
| Course level: I. | |
| Prerequisites: UFZ/NF-Ps/11 | |
| Conditions for course completion: Semestral test - 40 points (Min - 20 points) Exam - 60 points The information will be yearly specified on the electronic noticeboard of the course in AiS2, alternatively in LMS UPJŠ or MS Teams environment. | |
| Learning outcomes: Knowledge: The aim of the course is to introduce psychology students to the basic areas of neuropsychology. Students will begin with background information regarding the history of neuropsychology, its connections to other scientific disciplines, followed by sections on brain plasticity and asymmetry. The emphasis in the following weeks will be on psychological constructs (language, memory, emotion, attention, consciousness) and their neural representations, which will be discussed in the context of psychological theories and recent findings in neuroscience. The end of the semester will be devoted to neuropsychological examination and methods. Students will gain information regarding brain-behavior relationships, including cognitive functions such as memory, attention, language, and executive processes, as well as disorders such as ADHD, agnosia and apraxia, etc. Skills and competencies: Students will develop practical skills in neuropsychological assessment and diagnostic techniques. Information is updated annually on the electronic course bulletin board in AiS2, alternatively in the UPJŠ LMS or MS Teams environment | |
| Brief outline of the course: Definition of neuropsychology, neuropsychology in the system of sciences, history of neuropsychology. Review of anatomy and physiology of the brain. Neuron, synapsis, neurotransmitters. Brain plasticity, cortical dimorphism anatomical and gender differences. Perception and cognitive functions, agnosia. Neuropsychology of memory, memory disorders. Attention and ADHD syndrome. Language, speech and speech disorders. Movement disorders, practice and apraxia. Neuropsychology of emotions. Executive functions. Personality and psychosocial consequences of brain damage. Neuropsychological diagnostics. The information will be yearly specified on the electronic noticeboard of the course in AiS2, alternatively in LMS UPJŠ or MS Teams environment. | |

Recommended literature:

1. Bryan Kolb, Ian Q. Whishaw, Fundamentals of Human Neuropsychology
 2. Eric R. Kandel et al. Principles of Neural Science, Fifth Edition
 3. Bernard Baars, Fundamentals of Cognitive Neuroscience
 4. Kulišťák, P.: Neuropsychológia. Grada, Praha, 1998.
 5. Gazzaniga M. (ed.): The New Cognitive Neurosciences 5th ed. MIT Press. 2014
- ž. Šebeňa, R. (2021). Metódy experimentálnej psychológie: [elektronický zdroj] / Návody na cvičenia z kognitívnej psychológie. 1. vyd. - Košice : Vydavateľstvo ŠafárikPress UPJŠ, 2021. - 132 s., ISBN 9788057400714.

Course language:**Notes:**

In the case that it will not be possible to teach in person, lectures will be made in the distance form; via a ppt presentation with audio commentary, available via OneDrive link. The seminars will be realized remotely via MS TEAMS in a scheduled time through online assignments and exercises.

Course assessment

Total number of assessed students: 332

| A | B | C | D | E | FX |
|-------|-------|-------|-------|------|-----|
| 19.58 | 35.24 | 26.81 | 15.66 | 2.41 | 0.3 |

Provides: Mgr. René Šebeňa, PhD., univerzitný docent

Date of last modification: 24.01.2025

Approved: doc. Ing. Mgr. Jozef Bavoľár, PhD.

COURSE INFORMATION LETTER

| | | | | | |
|--|-------|---|-------|------|------|
| University: P. J. Šafárik University in Košice | | | | | |
| Faculty: Faculty of Arts | | | | | |
| Course ID: KPE/ ZP/05 | | Course name: Pedagogy Essentials | | | |
| Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 2 / 2 Per study period: 28 / 28 Course method: present | | | | | |
| Number of ECTS credits: 6 | | | | | |
| Recommended semester/trimester of the course: 4. | | | | | |
| Course level: I. | | | | | |
| Prerequisites: | | | | | |
| Conditions for course completion: | | | | | |
| Learning outcomes: | | | | | |
| Brief outline of the course: | | | | | |
| Recommended literature: | | | | | |
| Course language: | | | | | |
| Notes: | | | | | |
| Course assessment Total number of assessed students: 973 | | | | | |
| A | B | C | D | E | FX |
| 26.21 | 23.64 | 21.27 | 11.31 | 9.66 | 7.91 |
| Provides: PaedDr. Michal Novocký, PhD. | | | | | |
| Date of last modification: 12.03.2024 | | | | | |
| Approved: doc. Ing. Mgr. Jozef Bavoľár, PhD. | | | | | |

COURSE INFORMATION LETTER

| | |
|---|---|
| University: P. J. Šafárik University in Košice | |
| Faculty: Faculty of Arts | |
| Course ID: KPS/ PSP1/15 | Course name: Professional Competencies 1 |
| Course type, scope and the method: Course type: Practice Recommended course-load (hours): Per week: 2 Per study period: 28 Course method: present | |
| Number of ECTS credits: 3 | |
| Recommended semester/trimester of the course: 4. | |
| Course level: I. | |
| Prerequisites: | |
| Conditions for course completion: The course is taught in the form of an intensive two-day training in the acquisition and practice of professional competencies necessary for the work of a psychologist in practice. Therefore, 100% active participation in the entire training, active cooperation in the activities during the training is required to pass the course. Information is updated annually on the electronic course bulletin board in AiS2, alternatively in the UPJŠ LMS or MS Teams environment | |
| Learning outcomes: The course results in the acquisition and practice of skills necessary for psychological practice (intervention techniques focused on the individual, group intervention techniques). In the first training of Professional Competencies 1, we focus primarily on the issue of emotional regulation, communication and conducting a psychological interview. The knowledge and skills acquired from this course are the basis for interviewing in psychology as a basic tool for psychological work and also specifically in psychotherapy. Knowledge: Students will gain knowledge of psychological interviewing techniques, verbal and nonverbal communication, strategies for establishing rapport in psychological practice, emotion regulation, and the importance of social support. Skills: Students will develop the ability to conduct a psychological interview, actively listen and interpret non-verbal cues. They will improve their skills in applying intervention techniques for individual and group settings, tailored to adult and child clients. In addition, students will practice methods of effective coping and emotion regulation. Competencies: The graduate is able to create a professional, confidential and empathic environment during psychological sessions as well as to apply extensive theoretical knowledge in practice. | |
| Brief outline of the course: The basics of group cooperation and building trust Emotional regulation: recognizing and regulating emotions, grounding techniques, reducing emotional vulnerability Basics of psychological communication: verbal and non-verbal communication, active listening, communication cues Psychological interviewing: process, means, questions, principles | |

| | |
|---|------|
| Intervention techniques: individual and group techniques for adult and child clients | |
| Recommended literature: Kolařík, M. (2019). Interakční psychologický výcvik. Grada, ISBN 9788027121939. | |
| Course language: Slovak, English | |
| Notes: | |
| Course assessment Total number of assessed students: 756 | |
| abs | n |
| 99.07 | 0.93 |
| Provides: Mgr. Ester Nosáľová, PhD. | |
| Date of last modification: 22.01.2025 | |
| Approved: doc. Ing. Mgr. Jozef Bavoľár, PhD. | |

COURSE INFORMATION LETTER

| | |
|--|---|
| University: P. J. Šafárik University in Košice | |
| Faculty: Faculty of Arts | |
| Course ID: KPS/ PSP2/15 | Course name: Professional Competencies 2 |
| Course type, scope and the method: Course type: Practice Recommended course-load (hours): Per week: 2 Per study period: 28 Course method: present | |
| Number of ECTS credits: 3 | |
| Recommended semester/trimester of the course: 6. | |
| Course level: I. | |
| Prerequisites: KPS/PSP1/15 | |
| Conditions for course completion: A course has a form of a training focused on the development of professional competencies needed for the psychological practice. To pass the course, students have to meet these requirements: <ul style="list-style-type: none"> - 100% presence during the training, - active participation during the training, - writing an essay after the training. The information are specified yearly on the electronic noticeboard of the course in AIS2, aleternatively in LMS UPJŠ or MS Teams environment. | |
| Learning outcomes: Knowledge: The course follows the course Professional Competencies 1. The goal of the course is to train the soft skills necessary for psychological practice. Students will acquire basic theoretical knowledge on conflict management, assertiveness, interpersonal communication, and group work through practical methods. Skills: Emphasis will be placed on self-reflection and working with personal experience. Students will have the opportunity to understand how they behave in conflict situations, learn the advantages and disadvantages of different conflict management styles, and develop the ability to analyze conflict situations and their own behavior in interpersonal interactions. They will gain a deeper understanding of their own functioning in a group and better recognize their role in group interaction. Competencies: Students will learn selected techniques for constructive conflict management. Time will also be devoted to practicing assertiveness techniques. Additionally, students will learn effective methods for expressing and receiving positive and negative feedback in interpersonal communication. The information are specified yearly on the electronic noticeboard of the course in AIS2, aleternatively in LMS UPJŠ or MS Teams environment. | |
| Brief outline of the course: <ol style="list-style-type: none"> 1. Organization of the course, conditions for course completion, setting the rules for group work. 2. Group work – conditions, group dynamics, training group. | |

| | |
|---|------|
| 3. Conflicts. Cognitions, emotions and behavior in conflict situations. Conflict escalation. Conflict de-escalation. Conflict management. 4. Assertiveness. Assertive communication. Assertiveness and conflicts. Assertive techniques. 5. Interpersonal communication. Feedback in communication. Rules for the effective feedback. 6. Social interactions in a group. Group work and team work. Group decision-making. Group influence. The information are specified yearly on the electronic noticeboard of the course in AIS2, aleternatively in LMS UPJŠ or MS Teams environment. | |
| Recommended literature: Komárková, R., Slaměník, I., & Výrost, J. (Eds.). (2001). Aplikovaná sociální psychologie III: Sociálněpsychologický výcvik. Praha: Grada. Capponi, V. & Novák, T. (2004). Aserktivně do života. Praha: Grada. Křivohlavý, J. (2008). Konflikty mezi lidmi. Praha: Portál. Plamínek, J. (2006). Jak řešit konflikty. Praha: Grada. | |
| Course language: Slovak language, English language | |
| Notes: | |
| Course assessment Total number of assessed students: 270 | |
| abs | n |
| 95.93 | 4.07 |
| Provides: Mgr. Miroslava Köverová, PhD. | |
| Date of last modification: 17.01.2025 | |
| Approved: doc. Ing. Mgr. Jozef Bavoľár, PhD. | |

COURSE INFORMATION LETTER

| | |
|---|--|
| University: P. J. Šafárik University in Košice | |
| Faculty: Faculty of Arts | |
| Course ID: KPS/ MPV/21 | Course name: Psychological Research Methodology |
| Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 2 / 2 Per study period: 28 / 28 Course method: present | |
| Number of ECTS credits: 6 | |
| Recommended semester/trimester of the course: 2. | |
| Course level: I. | |
| Prerequisites: KPS/MPV1/08 | |
| Conditions for course completion: Written paper, written test Written exam | |
| Learning outcomes: Knowledge: Students will gain a comprehensive understanding of the research process, from designing a research project to preparing materials and presenting results. They will understand various types of research, including experimental, correlational, qualitative, and causal-comparative research, and learn to employ different research methods such as observation, questionnaires, interviews, and content analysis. Skills and Competences: Upon completing the course, students will be equipped to design, conduct, and evaluate a basic form of empirical research. They will also be capable of using fundamental methods of empirical data collection in various types of research projects. They will develop technical skills in research methods such as questionnaire design, interviewing, and content analysis, as well as in data evaluation using tools like sociometry and semantic differentiation. Additionally, students will enhance their communication and presentation skills through sharing research findings, thus preparing them for the academic and professional research environment. | |
| Brief outline of the course: Preparation of research – research project, preparation of materials, organisation, evaluation, presentation of Results. Types of research: experiment, causal-comparative research, correlational research, qualitative research Research methods: Observation Evaluation and evaluation scales Questionnaire Semantic differential Interview | |

| | | | | | |
|---|-------|-------|-------|-------|------|
| Sociometry Content analysis Use of secondary data in psychological research Q Methodology | | | | | |
| Recommended literature: Ferienčík, J.: Úvod do metodologie psychologického výzkumu. Praha, Portál, 2000. Šebeňa, R. (2021). Metódy experimentálnej psychológie: [elektronický zdroj] / Návod na cvičenia z kognitívnej psychológie. 1. vyd. - Košice : Vydavateľstvo ŠafárikPress UPJŠ, 2021. - 132 s., ISBN 9788057400714. Rooney, B. J., & Evans, A. N. (2018). Methods in Psychological Research (4th ed.). SAGE Publications. | | | | | |
| Course language: Slovak | | | | | |
| Notes: | | | | | |
| Course assessment Total number of assessed students: 1195 | | | | | |
| A | B | C | D | E | FX |
| 11.05 | 22.09 | 26.53 | 26.69 | 11.13 | 2.51 |
| Provides: doc. Ing. Mgr. Jozef Bavoľár, PhD., Mgr. René Šebeňa, PhD., univerzitný docent, doc. Mgr. Soňa Lovašová, PhD., univerzitná profesorka, Mgr. Samuel Vladimír Sedlák | | | | | |
| Date of last modification: 24.01.2025 | | | | | |
| Approved: doc. Ing. Mgr. Jozef Bavoľár, PhD. | | | | | |

COURSE INFORMATION LETTER

| | |
|---|--|
| University: P. J. Šafárik University in Košice | |
| Faculty: Faculty of Arts | |
| Course ID: KPS/MKVL/15 | Course name: Psychological Research Methodology: Qualitative Approach |
| Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 2 / 2 Per study period: 28 / 28 Course method: present | |
| Number of ECTS credits: 6 | |
| Recommended semester/trimester of the course: 5. | |
| Course level: I. | |
| Prerequisites: KPS/MPV/21 | |
| Conditions for course completion: During the semester, each student will work on two written assignments evaluated with a maximum of 10 and 30 points. The final exam is written, it is evaluated with a maximum of 60 points. The final evaluation and the final grade is given based on the sum of the obtained points. For the evaluation of level A, it is necessary to obtain 90 - 100 points, for level B 80 - 89 points, for level C 70-79 points, for level D 60-69 points, for level E 51-59 points. Credits will not be awarded to a student who obtains less than 26 points from the exam and whose total sum of points is 50 points or less. The information will be yearly specified on the electronic noticeboard (aj black board môže byť) of the course in AiS2, aleternatively in LMS UPJŠ or MS Teams environment. | |
| Learning outcomes: The graduate of the course will obtain the following: Knowledge: <ul style="list-style-type: none"> - regarding the basic characteristics of qualitative research, its advantages and disadvantages, its difference from quantitative research. - Basic approaches in qualitative research - understands the different components of qualitative research Skills: <ul style="list-style-type: none"> - Prepare a qualitative research project - Use interview, observation, or other sources of data and prepare them for use in qualitative research. - Describe and use different forms of processing according to the type of qualitative data analysis (transcription, coding, identifying variables and analyzing relationships between them, interpretation) Competencies: <ul style="list-style-type: none"> - The student is able to design and conduct qualitative research on his/her own and through it bring new knowledge, insights and theories to psychology The information will be yearly specified on the electronic noticeboard of the course in AiS2, aleternatively in LMS UPJŠ or MS Teams environment. | |
| Brief outline of the course: | |

| | | | | | |
|---|-------|------|-------|------|------|
| <p>Qualitative and quantitative approach. Basic characteristics of a qualitative approach. Basic approaches in qualitative research (Case studies, Biographical research, Phenomenological approach, Grounded theory) Qualitative research project (project preparation, selection in qualitative research, quality of research, triangulation, ethical issues). Research methods in qualitative research (interview, observation, study of documents). Data analysis (content analysis: creating categories, possibilities of categorization of phenomena). Evaluation and interpretation of data in qualitative research (basic questions, evaluation of a case study). Qualitative research report (basic parts of the research report, different ways of writing a research report)</p> <p>The information will be yearly specified on the electronic noticeboard (aj black board môže byť) of the course in AiS2, alternatively in LMS UPJŠ or MS Teams environment.</p> | | | | | |
| Recommended literature: | | | | | |
| Course language: | | | | | |
| Notes: | | | | | |
| Course assessment Total number of assessed students: 193 | | | | | |
| A | B | C | D | E | FX |
| 26.42 | 38.86 | 22.8 | 10.88 | 0.52 | 0.52 |
| Provides: PhDr. Katarína Kušnírová, PhD., prof. PhDr. Ladislav Lovaš, CSc., doc. Mgr. Soňa Lovašová, PhD., univerzitná profesorka | | | | | |
| Date of last modification: 13.01.2025 | | | | | |
| Approved: doc. Ing. Mgr. Jozef Bavoľár, PhD. | | | | | |

COURSE INFORMATION LETTER

| | |
|--|--|
| University: P. J. Šafárik University in Košice | |
| Faculty: Faculty of Arts | |
| Course ID: KPS/ PP1/08 | Course name: Psychological Training 1 |
| Course type, scope and the method: Course type: Practice Recommended course-load (hours): Per week: 2 Per study period: 28 Course method: present | |
| Number of ECTS credits: 3 | |
| Recommended semester/trimester of the course: 2. | |
| Course level: I. | |
| Prerequisites: | |
| Conditions for course completion: To complete the course, it is necessary to submit a protocol and to be active during seminars. This relates to assigned tasks, various manifestations and further assignments. The information will be yearly specified on the electronic noticeboard of the course in AiS2, alternatively in LMS UPJŠ or MS Teams environment. | |
| Learning outcomes: This course is designed to acquaint students with the work in the psychological laboratory, with the techniques in the field of psychomotorics and cognitive processes and with various crucial aspects of psychological research. This involves both the manifestation of various cognitive phenomena as well as the participation in classical experimental procedures that are further critically evaluated and discussed by students. Furthermore, students create a protocol similar to a scientific manuscript. This is done with the aim to guide students through the whole research process and to encourage them to start to critically evaluate research findings that they find in the research literature as this skill is crucial for both research and psychological practice. Knowledge: Students will gain an overview of the techniques used in psychological laboratories, particularly in the fields of psychomotorics and cognitive processes. They will acquire knowledge about various cognitive phenomena and their manifestations. They will become familiar with classical experimental procedures in psychology and the entire research process, from hypothesis formulation to data collection and analysis. They will learn to create protocols similar to scientific manuscripts. Abilities: Students will develop the ability to critically evaluate research findings. They will be able to design and conduct experiments to investigate cognitive processes. They will gain the ability to analyze and interpret data from psychological experiments. They will be capable of creating detailed research protocols and scientific manuscripts. They will be able to discuss and critically evaluate experimental procedures and findings. Skills: Students will acquire the skill to measure and analyze reaction times. They will learn techniques for assessing psychomotor speed and coordination. They will master methods for detecting perception thresholds. They will gain techniques for measuring and analyzing attention. They will learn methods for assessing short-term and long-term memory. They will master techniques for investigating mental images. They will learn methods for studying problem-solving | |

processes, assessing intelligence and creativity. Students will acquire the skill to prepare a basic form of output in the form of a protocol.
The information will be yearly specified on the electronic noticeboard of the course in AiS2, alternatively in LMS UPJŠ or MS Teams environment.

Brief outline of the course:

Brief syllabus:

Investigation of mental states and processes. Techniques of investigation and detection of: reaction time, psychomotor speed and coordination, detection of thresholds of perception, attention, short-term and long-term memory, mental images, problem solving, intelligence and creativity.

The information will be yearly specified on the electronic noticeboard of the course in AiS2, alternatively in LMS UPJŠ or MS Teams environment.

Recommended literature:

Plháková, A. (2023). Učebnice obecné psychologie (4. vydanie). Academia.

Sternberg, R., Sternberg S. (2016). Cognitive Psychology (7th Edition). Wadsworth Publishing.

Ferjenčík, J. (2010). Úvod do metodologie psychologického výzkumu. Portál.

Eyessenck, M., W., Keane, M. T. (2020). Cognitive Psychology: A Student's Handbook (8th Edition). Psychology Press.

Example of recommended journal articles:

Jones, B. C., DeBruine, L. M., Flake, J. K., Liuzza, M. T., Antfolk, J., ...Kačmár, P., ... Coles, N. A. (2021). To which world regions does the valence–dominance model of social perception apply? Nature Human Behaviour, 5(1), Article 1. <https://doi.org/10.1038/s41562-020-01007-2>

McCarthy, R., Gervais, W., Aczel, B., Al-Kire, R. L., Aveyard, M.,... Kačmár P., ... Zogmaister, C. (2021). A Multi-Site Collaborative Study of the Hostile Priming Effect. Collabra: Psychology, 7(18738). <https://doi.org/10.1525/collabra.18738>

Course language:

Notes:

Course assessment

Total number of assessed students: 887

| abs | n | z |
|------|-----|-----|
| 99.1 | 0.9 | 0.0 |

Provides: doc. Mgr. Pavol Kačmár, PhD., Mgr. Richard Gamrát

Date of last modification: 24.01.2025

Approved: doc. Ing. Mgr. Jozef Bavoľár, PhD.

COURSE INFORMATION LETTER

| | |
|---|--|
| University: P. J. Šafárik University in Košice | |
| Faculty: Faculty of Arts | |
| Course ID: KPS/ PP2/08 | Course name: Psychological Training 2 |
| Course type, scope and the method: Course type: Practice Recommended course-load (hours): Per week: 2 Per study period: 28 Course method: present | |
| Number of ECTS credits: 3 | |
| Recommended semester/trimester of the course: 3. | |
| Course level: I. | |
| Prerequisites: | |
| Conditions for course completion: Final research report submitted. The level of elaboration of theoretical background, methods, result part and discussion with the conclusion as well as the formal aspect of the whole work will be evaluated. The information will be yearly specified on the electronic noticeboard of the course in AiS2, alternatively in LMS UPJŠ or MS Teams environment. | |
| Learning outcomes: The aim is to acquire basic practical procedures and methods of research activities. From research problem proposal, study of relevant literature, setting out the research objectives and hypotheses to the planning, implementation and compilation of the final research report. The information will be yearly specified on the electronic noticeboard of the course in AiS2, alternatively in LMS UPJŠ or MS Teams environment. | |
| Brief outline of the course: 1. Introductory exercise - getting familiar with the course and conditions of its completion. 2. Preparation of data before the statistical analysis itself - database creation, recoding of oppositely scoring items, calculation of the sum score, creation of a categorical variable from the interval ... 3. Individual exercises aimed to practice the preparatory phase with data. 4. Individual exercises with examples of basic statistical analyzes. 5. How to correctly describe the results in text and tabular form in the research part. Weeks 6 - 10, Presentation of projects, data collection, data analysis. 11.-13. Presentation of results. The information will be yearly specified on the electronic noticeboard of the course in AiS2, alternatively in LMS UPJŠ or MS Teams environment. | |
| Recommended literature: | |
| Course language: | |
| Notes: In the case that it will not be possible to carry out teaching in person in the laboratory, the teaching will be carried out remotely. In this case, it will be necessary for students to install one of the freely available statistical software and the part of teaching focused on working with data | |

and exercises with basic statistical procedures will be implemented in a distance form through online assignments and exercises.

The realization of research is independent of the form of teaching, in the case of the distance form of education, students have to ensure the data collection themselves.

Important dates:

The deadline for submission of the theoretical part together with the research goals is 6th week of the semester.

The deadline for submission of the finalized laboratory protocol is the exam period of the winter semester.

Course assessment

Total number of assessed students: 804

| abs | n | z |
|-------|------|-----|
| 98.26 | 1.74 | 0.0 |

Provides: Mgr. René Šebeňa, PhD., univerzitný docent

Date of last modification: 08.04.2022

Approved: doc. Ing. Mgr. Jozef Bavoľár, PhD.

COURSE INFORMATION LETTER

| | |
|--|---|
| University: P. J. Šafárik University in Košice | |
| Faculty: Faculty of Arts | |
| Course ID: KPS/ PEM/05 | Course name: Psychology of Emotions and Motivation |
| Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 2 / 2 Per study period: 28 / 28 Course method: present | |
| Number of ECTS credits: 6 | |
| Recommended semester/trimester of the course: 1. | |
| Course level: I. | |
| Prerequisites: | |
| Conditions for course completion: Interim evaluation of 40% 1. 2x credit tests (after part about emotions and after part about motivations, 2 x 15b, max 30b, min 15b). 2. activity in seminars (max 10b, min 5b). Min. the number of points obtained per semester required for admission to the examination is 21p. 60% final evaluation - written exam (in the exam period), max. 60b, min. 31b. A final evaluation is a sum of assessment during semester and exam. The information will be yearly specified on the electronic noticeboard (aj black board môže byť) of the course in AiS2, alternatively in LMS UPJŠ or MS Teams environment. | |
| Learning outcomes: The aim of the subject is to give students a systematic explanation of the basics of psychological knowledge about emotions and motivation with an emphasis on the interpretation of the latest research findings. Knowledges: Upon successful completion of the course, students are well versed in the basic concepts / terminology of the course. Skills: Students can identify the basic characteristics of different approaches to emotions and motivation and are able to distinguish between them. Based on the acquired knowledge, they are able to understand them and perceive individual approaches in the context of the genesis of their empirical research. Competences: Through exercises, students deepen their knowledge in the subject matter and train their skills to use the acquired knowledge in a relevant way, to think about it independently and critically, and to apply it adequately to practical / model cases. The information will be yearly specified on the electronic noticeboard (even a black board can be) of the course in AiS2, alternatively in LMS UPJŠ or MS Teams environment. | |
| Brief outline of the course: 1 Psychology of emotion and motivation - definition of basic concepts. The relationship of emotion and motivation. 2 Traditional approaches to the study of emotions - historical, philosophical, biological, social and psychological approaches. 3 Evolutionary psychological and psychophysiological theory of emotions. 4 Vocal communication of emotions and facial expressions. 5 | |

Regulation of emotions. 6 Function, development and education of emotions. 7 Basic concepts of psychology of motivation. 8 Classical approaches to the study of motivation. Homeostatic theories of motivation. 9 Humanistic theory of motivation. 10 Achievement motivation. 11 Attribution theory and cognitive approaches. 12 Current theories of motivation.

es.

The information will be yearly specified on the electronic noticeboard (even a black board can be) of the course in AiS2, alternatively in LMS UPJŠ or MS Teams environment.

Recommended literature:

Required:

1. Prednášky Psychológia motivácie a emócií.
2. PLHÁKOVÁ, A.: Učebnice obecné psychologie. Praha, Academia, 2023.
3. STUHLÍKOVÁ, I.: Základy psychologie emocí. Praha : Portál, 2007.

Recommended:

1. BARRETT, L., F., LEWIS, M., HAVILAND-JONES, J., M.: Handbook of emotions. 4th. ed., The Guilford Press, 2018.
2. GORMAN, P.: Motivation and Emotion: Textbook. London: Routledge. 2004.
3. MADSEN, K.B.. Moderní teorie motivace. Praha: Academia, 1979.
4. IZARD, C. et al.: Temperament, cognitive ability, emotion knowledge, and adaptive social behavior. Imagination, cognition and personality, roč, 19, 1999-2000, č.4, s.305-309 vrátane
5. JAMES, W. Principles of Psychology. The emotion.1890 (od genézy emócií) Prístupné:<http://www.des.emory.edu/mfp/james.html>
6. ATKINSON, J. W.: Personality Dynamics, s. 263-267 (ffweb)
7. GREWAL, D. - SALOVEY, P: Feeling Smart: A Science of Emotional Intelligence: American Scientist, roč. 93, 2005, č. 4, s. 330-339
8. GASPER, K.- BRAMESFELD, K.: Imparting wisdom: Magda Arnold's contribution to research on emotion and motivation. Preview. In Cognition and Emotion. vol 20, 2006, c. 7, s. 1001-1013 - prístup k článku cez databázu EBSCO, vyhľadaj časopis Cognition and Emotion, rok. 2006, č. 6
9. DECI, E. L., & RYAN, R. M. (2008). Self-Determination Theory: A Macrotheory of Human Motivation, Development, and Health. Canadian Psychology, 49(3), 182-185.
10. McCLELLAND, D. C. (1967). Money as a Motivator: Some Research Insights. Mckinsey Quarterly, 4(2), 10-21.
11. WEINER, B. (2010). The Development of an Attribution-Based Theory of Motivation: A History of Ideas. Educational Psychologist, 45(1), 28-36.
12. MASLOW, A.: Theory of Human Motivation. Psychological Review 1943 50, 370-396.
13. EDWARD L. DECI: On The Nature And Eunctions of Motivation Theories. Psychological Science, Vol. 3, No. 3, May 1992, S. 167-171
14. LEWIS, M., HAVILAND-JONES, J.M., FELDMAN BARRETT, L.: Handbook of Emotions. Third ed. New York, Guilford Press, 2010. ISBN 978-1-60918-044-7

Course language:

Slovak language

Notes:

Lectures and seminars will take place in person or online (depending on the current situation). Study materials will be accessible to students through OneDrive.

| | | | | | |
|--|-------|-------|-------|-------|-------|
| Course assessment | | | | | |
| Total number of assessed students: 1859 | | | | | |
| A | B | C | D | E | FX |
| 11.89 | 13.82 | 18.07 | 24.21 | 19.53 | 12.48 |
| Provides: prof. PhDr. Margita Mesárošová, CSc., PhDr. Bibiána Kováčová Holevová, PhD., Mgr. Ondrej Kalina, PhD. | | | | | |
| Date of last modification: 22.09.2024 | | | | | |
| Approved: doc. Ing. Mgr. Jozef Bavoľár, PhD. | | | | | |

COURSE INFORMATION LETTER

| | |
|---|--|
| University: P. J. Šafárik University in Košice | |
| Faculty: Faculty of Arts | |
| Course ID: KPS/ ROD/09 | Course name: Psychology of Family |
| Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 2 / 1 Per study period: 28 / 14 Course method: present | |
| Number of ECTS credits: 5 | |
| Recommended semester/trimester of the course: 3. | |
| Course level: I. | |
| Prerequisites: | |
| Conditions for course completion: Course completion conditions: 40% assessment during semester, 60% exam Assessment during semester: 2 assignments Exam: written form A final evaluation is a sum of assessment during semester and exam. The information will be yearly specified on the electronic noticeboard (even a black board can be) of the course in AiS2, alternatively in LMS UPJŠ or MS Teams environment. | |
| Learning outcomes: After successfully completing the course, students will acquire: Knowledge: An overview of basic concepts related to family psychology and an understanding of the multicausal processes that occur within the family as a system of mutual relationships. This knowledge complements the repertoire of developmental psychology, as the family plays a key role in an individual's development. Skills: Students will be able to navigate current approaches to family studies and, through seminars, gain experience with specific methods and examples of working with families. They will learn to analyze family relationships, identify problems, and recognize factors that influence family dynamics. Competencies: Students will be capable of critically evaluating family processes, identifying common problems in family life, and communicating about professional issues within interdisciplinary teams. The course also includes a lecture by an expert from practice The information will be yearly specified on the electronic noticeboard (even a black board can be) of the course in AiS2, alternatively in LMS UPJŠ or MS Teams environment. | |
| Brief outline of the course: 1. The subject of psychology families, objectives, perspectives and application areas. Terminology: adaptability, cohesion, normality, interaction, identity . 2. Main characteristics of the family. Family functions. 3. Family theories, standards, assessment family. 4. Models of family functioning, their importance of research and practice. | |

5. Systemic versus systems approach to the family. Definitions of system, family system, possibilities and limitations of applying the approaches.
6. Family over time (life stages of family life, family life cycle). Satisfaction in the family because of the family cycle stages.
7. Partnership, family formation and parenthood.
8. Family communication - levels of communication, communication in relationships, communication problems. Special forms of communication: family rituals, family myths.
9. Theory of family stress and its management. Family Resiliency (resistance). Family crisis.
10. Principles of work with the family - the basic differences in counseling and therapy.
11. Upbringing, alternating upbringing (shared parenting).

Seminars content

Individual and group preparation specifically designed for successive exercise.

1. Introduction to discipline, discussion of the basic concepts.
2. Research on the family - methodological specifics. The adequacy of the methods, the problem of interpretation of family data. The significance of the research in practice.
3. Socio-psychological specifics and problems of modern family.

Functional versus dysfunctional family.

4. Biological versus adoptive families.
5. Fostering and professional parents (psycho-social features)
6. Intergenerational family and its specific features (benefits and challenges)
7. Reconstructed family. Step-families - parenting in step-families, family identity formation in step-families.
8. Cohabitation versus marriage in the context of the family. Studies of different types of parenting and families:
9. Lack of parenting, involuntary childlessness.
10. Single-parent families: mother-lonely single mother, a divorced mother, a widow, lonely father - widowed, divorced father.
11. The exercise will be devoted to case studies from the field of family counseling led by expert of the consulting practice. The term will be specified during the semester (change in terms of exercise is possible).

The information will be yearly specified on the electronic noticeboard (aj black board môže byť) of the course in AiS2, alternatively in LMS UPJŠ or MS Teams environment.

Recommended literature:

Sobotková, I. (2007). Psychologie rodiny. Portal, Praha.
 Prevendárová, J. (2001). Rodinné poradenstvo a terapia. Humanitas, Bratislava
 Matoušek, O., Pazlarová, H. (2010). Hodnocení ohroženého dítěte a rodiny. Praha: Portál.
 Hašto, J. (2005). Vzťahová väzba. Ku koreňom lásky a úzkosti. Trenčín, Vydavateľstvo F.
 Gabura, (2012). Teória rodiny a proces práce s rodinou. Bratislava, Iris.
 Journal of Family Psycholog

Course language:

Slovak

Notes:

Course assessment

Total number of assessed students: 413

| A | B | C | D | E | FX |
|-------|-------|------|------|------|------|
| 57.38 | 31.23 | 7.75 | 1.69 | 1.45 | 0.48 |

| |
|---|
| Provides: doc. PhDr. Beáta Ráczová, PhD. |
| Date of last modification: 11.01.2025 |
| Approved: doc. Ing. Mgr. Jozef Bavoľár, PhD. |

COURSE INFORMATION LETTER

| | |
|---|---|
| University: P. J. Šafárik University in Košice | |
| Faculty: Faculty of Arts | |
| Course ID: KPPaPZ/PSO/09 | Course name: Psychology of Personality |
| Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 2 / 2 Per study period: 28 / 28 Course method: present | |
| Number of ECTS credits: 6 | |
| Recommended semester/trimester of the course: 3. | |
| Course level: I. | |
| Prerequisites: | |
| Conditions for course completion: Assessment: A maximum of 40 points can be earned during the semester (through two assignments and a written verification). Exam entry criteria: Active participation in exercises and a minimum of 30 points earned during the semester. Continuous assessment (40%) and written examination (60%). For more information and updates, refer to the electronic board of the course AIS2. Final evaluation: A 87 – 100 B 77 – 86 C 69 – 76 D 61 – 68 E 56 – 60 FX 55 and less Combined method. The information will be yearly specified on the electronic noticeboard of the course in AIS2, alternatively in LMS UPJŠ or MS Teams environment. | |
| Learning outcomes: Students will gain an understanding of the role of personality theory in psychology and ways in which personality is assessed and explored, critically evaluate and compare different theories of personality. The information will be yearly specified on the electronic noticeboard of the course in AIS2, alternatively in LMS UPJŠ or MS Teams environment. | |
| Brief outline of the course: 1. History of Personality Psychology. Personality as a topic of psychology. 2. Focus on psychodynamic strengths: Classical psychoanalysis, personality as hierarchic arrangement of functionally differentiated layers in Sigmund Freud's theory. Current psychoanalytical theory (ego as an equal partner/A. Freud, autonomous ego/H. Hartmann). 3. Focus on psychodynamic strengths: Analytical psychology (C. G. Jung/ features of personality, dynamics, and development of personality). 4. Interpersonal dynamics (A. Adler, K. Horney, E. Fromm, H. S. Sullivan) 5. Focus on human experience: Holism and humanism (Kurt Goldstein, A. Maslow, C. Rogers theory of Self, dynamics, development of personality. Critics of humanistic approach. 6. Focus on human experience: Phenomenology and existential psychology (the main points of existentialism, shaping psychology, phenomenological approach to personality, phenomenal self). Logotherapy (Freedom of will, will to meaning, meaning of life, existential vacuum). | |

7. Cognitive theory of personality of G. A. Kelly. Emphasis on permanent characteristics: Personology. Structure and dynamics of personality by G. Allport. Emphasis on permanent characteristics: Constitutional psychology.
8. Structural analysis of personality, concept of personal features.
9. Emphasis on Learning.
- The information will be yearly specified on the electronic noticeboard of the course in AIS2, alternatively in LMS UPJŠ or MS Teams environment.

Recommended literature:

Compulsory:

Lectures (Literary sources in published lectures)

HALL, C.S., LINDZEY, G. (1997). Psychológia osobnosti. Bratislava: SPN.

Recommended:

HŘEBÍČKOVÁ, M. (2011). Pětifaktorový model v psychologii osobnosti. Grada Publishing as.

JOHN, O. P., ROBINS, R. W., & PERVIN, L. A. (Eds.). (2008). Handbook of personality:

Theory and research (3rd edition). New York: Guilford.

BLATNÝ, M. a kol. (2010). Psychologie osobnosti. Hlasní témata, současné přístupy. Praha: Grada.

VAGNEROVÁ, M. (2010). Psychologie osobnosti. Praha: Karolinum.

NAKONEČNÝ, M. (2009). Psychologie osobnosti. Praha: Academia.

DRAPELA, K. (1997). Přehled teorii osobnosti. Praha: Portal.

VÝROST, J., RUISEL, I. (Eds.) (2000). Kapitoly z psychologie osobnosti. Bratislava: Veda.

ŘÍČAN, P. (2007). Psychologie osobnosti. Praha: Grada 2007.

SMĚKAL, V. (2002). Psychologie osobnosti. Člověk v zrcadle vědomí a jednání. Praha:

Barrister&Principal.

ELECTRONIC INFORMATION RESOURCES (UL UPJŠ)

Course language:

slovak

Notes:

Course assessment

Total number of assessed students: 1688

| A | B | C | D | E | FX |
|-------|-------|-------|-------|-------|------|
| 14.51 | 17.06 | 21.03 | 22.33 | 20.44 | 4.62 |

Provides: prof. PhDr. Ol'ga Orosová, CSc., Mgr. Miroslava Köverová, PhD., Mgr. Jozef Benka, PhD.

Date of last modification: 09.09.2024

Approved: doc. Ing. Mgr. Jozef Bavoľár, PhD.

COURSE INFORMATION LETTER

| | |
|--|---|
| University: P. J. Šafárik University in Košice | |
| Faculty: Faculty of Arts | |
| Course ID: KPS/ POS2/15 | Course name: Psychology of Personality 2 |
| Course type, scope and the method: Course type: Lecture Recommended course-load (hours): Per week: 2 Per study period: 28 Course method: present | |
| Number of ECTS credits: 4 | |
| Recommended semester/trimester of the course: 4. | |
| Course level: I. | |
| Prerequisites: KPPaPZ/PSO/09 | |
| Conditions for course completion: 30% = assignments during the semester 70% = final exam To be allowed to take a final exam students have to submit assignments by specified date and must be present in 75% of the lectures. To pass a final exam students have to obtain at least 35 points out of 70 during the final exam. A final grade is a sum of the assessment during the semester and the final exam: A = 90 - 100 points B = 80 - 89 points C = 70 - 79 points D = 60 - 69 points E = 51 - 59 points FX = 0 - 50 points The information are specified yearly on the electronic noticeboard of the course in AIS2, aleternatively in LMS UPJŠ or MS Teams environment. | |
| Learning outcomes: Knowledge: The aim of the course Personality Psychology 2, which builds upon the course Personality Psychology, is to expand students' knowledge about theories and approaches in the field of personality. Emphasis will be placed on contemporary personality theories and the current state of scientific research in personality psychology. Skills: Students will be able to critically evaluate personality theories, assess their contributions and limitations from both theoretical and practical perspectives. Competencies: In practice, students will have the opportunity to conduct an interview as a diagnostic method, administer selected scales to assess personality traits, and prepare a conclusion from the testing in the form of a case study. The information are specified yearly on the electronic noticeboard of the course in AIS2, aleternatively in LMS UPJŠ or MS Teams environment. | |
| Brief outline of the course: Current topics and research approaches in personality psychology. Biological bases of personality. Modern theories of temperament. Five-factor structure of personality traits. Circumplex models of | |

| | | | | | |
|---|-------|------|-------|------|------|
| personality traits. Theories of intelligence. Development of personality. Positive psychology and personality. An introduction to personality disorders. The information are specified yearly on the electronic noticeboard of the course in AIS2, alternatively in LMS UPJŠ or MS Teams environment. | | | | | |
| Recommended literature: Blatný, M. et al. (2010). Psychologie osobnosti. Hlavní témata, současné přístupy. Praha: Grada. Hall, C. S., & Lindzey, G. (1999). Psychológia osobnosti. Bratislava: SPN. Chamorro-Premuzic, T. (2016). Personality and individual differences. John Wiley & Sons. Říčan, P. (2007). Psychologie osobnosti. Obor v pohybu. Praha: Grada. Smékal, V. (2009). Pozvání do psychologie osobnosti. Člověk v zrcadle vědomí a jednání. Barrister & Principal. Výrost, J., & Ruisel, I. (2000). Kapitoly z psychologie osobnosti. SAV: VEDA. Plháková, A. (2006). Dějiny psychologie. Praha: Grada. Köverová, M., & Ferjenčík, J. (2013). Adaptácia a orientačné overovanie psychometrických charakteristík Testu životnej orientácie LOT-R [Slovak adaptation of Life orientation test (LOT-R): psychometric characteristics]. Československá psychologie, 57(5), 461-473. | | | | | |
| Course language: Slovak language, English language | | | | | |
| Notes: | | | | | |
| Course assessment Total number of assessed students: 290 | | | | | |
| A | B | C | D | E | FX |
| 18.97 | 24.83 | 30.0 | 17.24 | 7.24 | 1.72 |
| Provides: Mgr. Miroslava Köverová, PhD. | | | | | |
| Date of last modification: 16.01.2025 | | | | | |
| Approved: doc. Ing. Mgr. Jozef Bavoľár, PhD. | | | | | |

COURSE INFORMATION LETTER

| | |
|--|-------------------------------------|
| University: P. J. Šafárik University in Košice | |
| Faculty: Faculty of Arts | |
| Course ID: KPS/ PPT/15 | Course name: Psychopathology |
| Course type, scope and the method: Course type: Lecture Recommended course-load (hours): Per week: 2 Per study period: 28 Course method: present | |
| Number of ECTS credits: 4 | |
| Recommended semester/trimester of the course: 5. | |
| Course level: I. | |
| Prerequisites: | |
| Conditions for course completion: exam | |
| Learning outcomes: The aim of the course is to familiarize students with the current classification and basic pathological manifestations of individual mental disorders. Students will gain the following knowledge: - orientation in the classification systems ICD 10, 11 and DSM5 - about the basic symptoms of mental disorders, - about the differential diagnosis of mental disorders. Skill The student can search for and identify symptoms of mental disorders in specific case studies of patients. Competencies: distinguish between individual symptoms and groups of mental disorders with emphasis on their possible comorbidity. | |
| Brief outline of the course: Clinical psychological specifics in a/ anxiety disorders, b/affective disorders, c/ psychotic disorders, d/ addictions, e/ eating disorders, f/ organic mental disorders, g/ personality disorders. | |
| Recommended literature: Pečeňák, J. (2014). Klasifikácia v psychiatrii. Bratislava: Univerzita Komenského. American Psychiatric Association. (2013). Diagnostic and Statistical Manual of Mental Disorders (5th ed.). Washington, DC: American Psychiatric Association. Heretik, A., Heretik, A. a kol. (2016). Klinická psychológia. Nové Zámky: Psychoprof. Smolík, P. (2001). Duševní a behaviorální poruchy. Praha: Maxdorf. Hell, D., Schüpbach, D. (2001). Schizofrénie. Trenčín: Vydavateľstvo F. Robinson, D. J. (2001). Poruchy osobnosti podľa DSM IV. Trenčín: Vydavateľstvo F. | |
| Course language: Slovak | |
| Notes: | |

| | | | | | |
|---|------|-------|-------|-------|-----|
| Course assessment | | | | | |
| Total number of assessed students: 183 | | | | | |
| A | B | C | D | E | FX |
| 15.3 | 15.3 | 33.88 | 16.94 | 18.58 | 0.0 |
| Provides: doc. Mgr. Monika Hricová, PhD. | | | | | |
| Date of last modification: 30.01.2025 | | | | | |
| Approved: doc. Ing. Mgr. Jozef Bavoľár, PhD. | | | | | |

COURSE INFORMATION LETTER

| | |
|---|--|
| University: P. J. Šafárik University in Košice | |
| Faculty: Faculty of Arts | |
| Course ID: ÚTVŠ/ CM/13 | Course name: Seaside Aerobic Exercise |
| Course type, scope and the method: Course type: Practice Recommended course-load (hours): Per week: 2 Per study period: 28 Course method: present | |
| Number of ECTS credits: 2 | |
| Recommended semester/trimester of the course: 2., 4., 6. | |
| Course level: I., II. | |
| Prerequisites: | |
| Conditions for course completion: Completion: passed Condition for successful course completion: - active participation in line with the study rule of procedure and course guidelines - effective performance of all tasks- aerobics, water exercise, yoga, Pilates and others | |
| Learning outcomes: Content standard: The student demonstrates relevant knowledge and skills in the field, which content is defined in the course syllabus and recommended literature. Performance standard: Upon completion of the course students are able to meet the performance standard and: - perform basic aerobics steps and basics of health exercises, - conduct verbal and non-verbal communication with clients during exercise, - organise and manage the process of physical recreation in leisure time | |
| Brief outline of the course: Brief outline of the course: 1. Basic aerobics – low impact aerobics, high impact aerobics, basic steps and cuing 2. Basics of aqua fitness 3. Basics of Pilates 4. Health exercises 5. Bodyweight exercises 6. Swimming 7. Relaxing yoga exercises 8. Power yoga 9. Yoga relaxation 10. Final assessment Students can engage in different sport activities offered by the sea resort – swimming, rafting, volleyball, football, table tennis, tennis and other water sports in particular. | |
| Recommended literature: 1. BUZKOVÁ, K. 2006. Fitness jóga. Praha: Grada. 167 s. | |

| | |
|--|-------|
| 2. ČECHOVSKÁ, I., MILEROVÁ, H., NOVOTNÁ, V. Aqua-fitness. Praha: Grada. 136 s. 3. EVANS, M., HUDSON, J., TUCKER, P. 2001. Umění harmonie: meditace, jóga, tai-či, strečink. 192 s. 4. JARKOVSKÁ, H., JARKOVSKÁ, M. 2005. Posilování s vlastním tělem 417 krát jinak. Praha: Grada. 209 s. 5. KOVAŘÍKOVÁ, K. 2017. Aerobik a fitness. Karolium, 130 s. | |
| Course language: Slovak language | |
| Notes: | |
| Course assessment Total number of assessed students: 62 | |
| abs | n |
| 9.68 | 90.32 |
| Provides: Mgr. Agata Dorota Horbacz, PhD. | |
| Date of last modification: 29.03.2022 | |
| Approved: doc. Ing. Mgr. Jozef Bavoľár, PhD. | |

COURSE INFORMATION LETTER

| | |
|--|---|
| University: P. J. Šafárik University in Košice | |
| Faculty: Faculty of Arts | |
| Course ID: KPS/SP1/06 | Course name: Social Psychology I |
| Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 2 / 2 Per study period: 28 / 28 Course method: present | |
| Number of ECTS credits: 6 | |
| Recommended semester/trimester of the course: 3. | |
| Course level: I. | |
| Prerequisites: | |
| Conditions for course completion: Course completion conditions: 40% assessment during semester, 60% exam. Assessment during semester: 1. Seminar work (presented and sent) max. 20b, min. 10b. 2. Credit paper (in the credit week) - test - max. 20b, min. 10b. Min. the number of points obtained per semester required for admission to the examination is 21p. Participation in seminars (min 80%). Written exam (in the exam period) - max. 60b, min. 31b. A final evaluation is a sum of assessment during semester and exam. The information will be yearly specified on the electronic noticeboard (even a black board can be) of the course in AiS2, alternatively in LMS UPJŠ or MS Teams environment. | |
| Learning outcomes: Knowledges: Upon successful completion of the course, students know the basic terminology, key areas of building a knowledge system and methods of this psychological discipline. They can specify the place of social psychology in the structure of psychological sciences and clarify its relationships to social and behavioral sciences. Skills: Students are oriented in the main directions of application of socio-psychological knowledge in research, expertise and routine work. Competences: On the basis of exercises students will gain a deeper orientation in the subject, but especially through individual presentations of students on the topic they train the ability to relevantly use and think independently about the acquired knowledge, learn to present them adequately, systematically connect them with other knowledge and apply to various model social situations related to the topics. The information will be yearly specified on the electronic noticeboard (even a black board can be) of the course in AiS2, alternatively in LMS UPJŠ or MS Teams environment. | |
| Brief outline of the course: Background, subject and history of social psychology. Social cognition. Social communication. Social psychology of personality. Self and identity. Social attitudes and persuasion. | |

Social impact and conformity.
The information will be yearly specified on the electronic noticeboard (even a black board can be) of the course in AiS2, alternatively in LMS UPJŠ or MS Teams environment.

Recommended literature:

Required literature:

VÝROST, J., SLAMĚNÍK, I., SOLLÁROVÁ, E. (2019). Social psychology. Theory. Methods. Applications. Praha, Grada.

VÝROST, J., SLAMĚNÍK, I. (2008). Social psychology. Praha, Grada.

HEWSTONE, M., STROEBE, W. (2006). Social psychology. Praha, Portál.

KOLLÁRIK, T. a kol. (2004). Social psychology, 1st Edition. Bratislava, UK Publishing.

HAYESOVÁ, N. (1998). Basics of social psychology. Praha, Portál.

Recommended literature:

ARONSON, E. (2017). Sociálna psychológia. Inštitút psychoterapie a socioterapie.

NAKONEČNÝ, M. (2020). Sociální psychologie. Triton.

GILOVICH, T., KELTNER, D., CHEN, S., NISBETT, R. E. (2016). Social psychology, 4th Edition. W. W. Norton, Canada.

HOGG, M. A.; VAUGHAN, G. M. (2018): Social psychology, 8th Edition, Pearson, UK.

ARONSON, E., WILSON, T. D., AKERT, R. M., SOMMERS, S. R. (2016). Social Psychology, 9th Edition. Pearson, USA.

BARON, R. A., BRANSCOMBE, N. R. (2012). Social psychology, 13th Edition. Pearson, USA.

FISKE, S.T., LINDZEY, G. (1998). Handbook of social psychology. 3-rd ed., Vol.I.-II. New York, McGraw-Hill.

Course language:

Slovak language

Notes:

Lectures and seminars will take place in person or online (depending on the current situation).
Study materials will be accessible to students through OneDrive.

Course assessment

Total number of assessed students: 1080

| A | B | C | D | E | FX |
|-------|-------|-------|-------|------|------|
| 18.24 | 24.26 | 26.02 | 23.89 | 4.72 | 2.87 |

Provides: PhDr. Bibiána Kováčová Holevová, PhD., Mgr. Ester Nosáľová, PhD.

Date of last modification: 22.09.2024

Approved: doc. Ing. Mgr. Jozef Bavoľár, PhD.

COURSE INFORMATION LETTER

| | |
|--|--|
| University: P. J. Šafárik University in Košice | |
| Faculty: Faculty of Arts | |
| Course ID: KPS/SP2/06 | Course name: Social Psychology II |
| Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 2 / 2 Per study period: 28 / 28 Course method: present | |
| Number of ECTS credits: 6 | |
| Recommended semester/trimester of the course: 4. | |
| Course level: I. | |
| Prerequisites: KPS/SP1/06 | |
| Conditions for course completion: Course completion conditions: 40% assessment during semester, 60% exam. Assessment during semester: 1. Seminar work (presented and sent) max. 20b, min. 10b. 2. Credit paper (in the credit week) - test - max. 20b, min. 10b. Min. the number of points obtained per semester required for admission to the examination is 21p. Participation in seminars (min 80%). Written exam (in the exam period) - max. 60b, min. 31b. A final evaluation is a sum of assessment during semester and exam. The information will be yearly specified on the electronic noticeboard (even a black board can be) of the course in AiS2, alternatively in LMS UPJŠ or MS Teams environment. | |
| Learning outcomes: Knowledges: On the basis of basic knowledge from the subject Social Psychology I., after successful completion of the follow-up course Social Psychology II., students are well versed in socio-psychological topics and master the basic terminology related to the individual in interaction and in the group. Skills: Students are able to identify the basic characteristics of the dyad at the level of personal and close relationships. They are able to distinguish between processes within small and large social groups, aggression and prosocial behavior, they identify group influences within small groups, categorize conflicts and characterize the characteristics of leadership. Students are also familiar with and learn to use specific methods of social psychology, with knowledge of ethical principles in socio-psychological research. Competences: Through individual oral presentations on assigned topics in exercises, students deepen their knowledge in the subject and practice the ability to relevantly use and independently think about the acquired knowledge, adequately present it, systematically connect it with other knowledge and apply it to various model social situations that selected topics. The information will be yearly specified on the electronic noticeboard (even a black board can be) of the course in AiS2, alternatively in LMS UPJŠ or MS Teams environment. | |
| Brief outline of the course: Dyads: personal relationships, close relationships, affiliation, attractiveness, love. Aggression and aggression, prosocial behavior. | |

Social intelligence and social competence.
 Small social groups: group influences, conflicts, leadership. Large social groups.
 Specifics of methods of social psychology and ethical issues in socio-psychological research.
 The information will be yearly specified on the electronic noticeboard (even a black board can be)
 of the course in AiS2, alternatively in LMS UPJŠ or MS Teams environment.

Recommended literature:

Required literature:

VÝROST, J., SLAMĚNÍK, I., SOLLÁROVÁ, E. (2019). Sociální psychologie. Teórie. Metódy. Aplikace. Praha, Grada.

VÝROST, J., SLAMĚNÍK, I. (2008). Sociální psychologie. Praha, Grada.

HEWSTONE, M., STROEBE, W. (2006). Sociální psychologie. Praha, Portál.

KOLLÁRIK, T. a kol. (2004). Sociálna psychológia. 1. vyd. Bratislava : Vydavateľstvo UK.

HAYESOVÁ, N. (1998). Základy sociální psychologie. Praha, Portál.

Recommended literature:

ARONSON, E. (2017). Sociálna psychológia. Inštitút psychoterapie a socioterapie.

NAKONEČNÝ, M. (2020). Sociální psychologie. Triton.

GILOVICH, T., KELTNER, D., CHEN, S., NISBETT, R. E. (2016). Social psychology, 4th Edition. W. W. Norton, Canada.

HOGG, M. A.; VAUGHAN, G. M. (2018): Social psychology, 8th Edition, Pearson, UK.

ARONSON, E., WILSON, T. D., AKERT, R. M., SOMMERS, S. R. (2016). Social Psychology, 9th Edition. Pearson, USA.

BARON, R. A., BRANSCOMBE, N. R. (2012). Social psychology, 13th Edition. Pearson, USA.

FISKE, S.T., LINDZEY, G. (1998). Handbook of social psychology. 3-rd ed., Vol.I.-II. New York, McGraw-Hill.

Course language:

Slovak language

Notes:

Lectures and seminars will take place in person or online (depending on the current situation).
 Study materials will be accessible to students through OneDrive.

Course assessment

Total number of assessed students: 921

| A | B | C | D | E | FX |
|-------|-------|-------|-------|------|------|
| 22.91 | 27.25 | 24.97 | 16.83 | 4.02 | 4.02 |

Provides: doc. PhDr. Beáta Ráczová, PhD., PhDr. Bibiána Kováčová Holevová, PhD.

Date of last modification: 26.01.2025

Approved: doc. Ing. Mgr. Jozef Bavoľár, PhD.

COURSE INFORMATION LETTER

| | | | | | |
|--|-------|---|------|-------|------|
| University: P. J. Šafárik University in Košice | | | | | |
| Faculty: Faculty of Arts | | | | | |
| Course ID: KPS/ SPSO/15 | | Course name: Social Psychology and Personality | | | |
| Course type, scope and the method: Course type: Recommended course-load (hours): Per week: Per study period: Course method: present | | | | | |
| Number of ECTS credits: 1 | | | | | |
| Recommended semester/trimester of the course: | | | | | |
| Course level: I. | | | | | |
| Prerequisites: | | | | | |
| Conditions for course completion: | | | | | |
| Learning outcomes: | | | | | |
| Brief outline of the course: | | | | | |
| Recommended literature: | | | | | |
| Course language: | | | | | |
| Notes: | | | | | |
| Course assessment Total number of assessed students: 324 | | | | | |
| A | B | C | D | E | FX |
| 31.17 | 22.53 | 22.53 | 10.8 | 10.49 | 2.47 |
| Provides: | | | | | |
| Date of last modification: 22.03.2024 | | | | | |
| Approved: doc. Ing. Mgr. Jozef Bavoľár, PhD. | | | | | |

COURSE INFORMATION LETTER

| | |
|---|---|
| University: P. J. Šafárik University in Košice | |
| Faculty: Faculty of Arts | |
| Course ID: KPS/ MPV1/08 | Course name: Social and Behavioural Research Methodology |
| Course type, scope and the method: Course type: Lecture Recommended course-load (hours): Per week: 2 Per study period: 28 Course method: present | |
| Number of ECTS credits: 4 | |
| Recommended semester/trimester of the course: 1. | |
| Course level: I., II. | |
| Prerequisites: | |
| Conditions for course completion: Written exam The information will be yearly specified on the electronic noticeboard of the course in AiS2, alternatively in LMS UPJŠ or MS Teams environment. | |
| Learning outcomes: Knowledge: Upon successful completion of the course, students will be able to understand the nature of science and scientific knowledge and how knowledge is obtained through empirical research. They will be familiar with the steps of preparing empirical research such as selecting a topic, studying the literature, formulating research objectives, research questions and hypotheses, selecting research participants, and preparing research variables. Skills and competencies: In this course, students will learn how to generate testable hypotheses, operationalize variables, and develop clear research questions essential for conducting meaningful psychological studies. Understanding different research designs (e.g., experimental, correlational, longitudinal) will enable them to effectively structure studies to answer specific psychological questions. Methodological training will enable them to evaluate the strengths and weaknesses of research studies, and assess the validity and reliability of data, thus promoting critical analysis of psychological findings. Students will learn how to approach the selection of a research sample and the collection of data through different research methods (e.g., mapping, experiments, observation...) in different ways. Last but not least, students will gain an overview of ethical principles in psychological research, learn how to conduct studies responsibly by protecting the rights of participants, ensuring informed consent. The information is updated annually on the electronic course bulletin board in AiS2, alternatively in the UPJŠ LMS or MS Teams environment | |
| Brief outline of the course: Science and scientific knowledge. Research and science. Ethical issues of social research. Introduction to research. Preparation of research project | |

| | | | | | |
|--|-------|-------|------|-------|-------|
| Steps of research preparation – research question, hypotheses, selection of variables, literary review, selection of sample Measurement (subject of measurement, levels of measurement, scaling, validity, reliability) Instrumentation – method of gathering primary empirical data Research projects (research validity, experiment, causal-comparative, correlational, qualitative research, mapping) Mapping. Forms and preparation of mapping. Questionnaire for mapping. Interview. Data analysis Processing of research results The information will be yearly specified on the electronic noticeboard of the course in AiS2, alternatively in LMS UPJŠ or MS Teams environment. | | | | | |
| Recommended literature: Ferjenčík, J.: Úvod do metodologie psychologického výzkumu. Praha, Portál, 2000. Maršálová, L., Mikšík O. a kol.: Metodológia a metódy psychologického výskumu. Bratislava, SPN, 1990. Lovaš, L.: Metódy výskumu vo verejnej správe. Košice, UPJŠ, 2001 | | | | | |
| Course language: | | | | | |
| Notes: | | | | | |
| Course assessment Total number of assessed students: 2063 | | | | | |
| A | B | C | D | E | FX |
| 10.32 | 15.71 | 17.21 | 20.6 | 26.13 | 10.03 |
| Provides: Mgr. René Šebeňa, PhD., univerzitný docent, doc. Mgr. Soňa Lovašová, PhD., univerzitná profesorka | | | | | |
| Date of last modification: 19.09.2024 | | | | | |
| Approved: doc. Ing. Mgr. Jozef Bavoľár, PhD. | | | | | |

COURSE INFORMATION LETTER

| | |
|--|-------------------------------|
| University: P. J. Šafárik University in Košice | |
| Faculty: Faculty of Arts | |
| Course ID: KPS/ SOC/05 | Course name: Sociology |
| Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 2 / 1 Per study period: 28 / 14 Course method: present | |
| Number of ECTS credits: 5 | |
| Recommended semester/trimester of the course: 1. | |
| Course level: I. | |
| Prerequisites: | |
| Conditions for course completion: Continuous evaluation: active participation in seminars, test Final evaluation: Oral exam (In case of an unfavorable epidemiological situation, teaching will take place in an online environment). | |
| Learning outcomes: Getting acquainted with the basics of sociology as a theoretical-empirical science in an effort to create a basis for the study of other sociological and political science disciplines. | |
| Brief outline of the course: Origin, development, essence and subject of Sociology; Relation of Sociology to other scientific disciplines; Paradigms, Directions and Theories of Sociology; Culture; Socialization, Social status, Social role; Deviation and Social control; Society, Social structure, Social groups; Social stratification, Social mobility, Social (in)equalities; Organizations and Bureaucracy; Social Change; Social Institutions: Economics and Politics; Social Institutions: Family and Religion; Research in Sociology; | |
| Recommended literature: BAUMAN, Z.: Myslet sociologicky Praha: Slon, 1996. BERGER, P. L.: Pozvání do sociologie. Praha: FMO, 1991. BUOCO VÁ, Z.: Úvod do sociologie. Prešov: FF PU, 2006. GIDDENS, A.: Sociologie. Praha: Argo, 1999. HAVLÍK, R.: Úvod do sociologie. Praha: Karolinum, 2005. JANDOUREK, J.: Úvod do sociologie. Praha: Portál, 2003. KELLER, J.: Úvod do sociologie. Praha: Slon, 1991. MONTONSSÉ, M.; RENNOARD, G.: Přehled sociologie. Praha: Portál, 2005. | |

NOVOTNÁ, E.: Základy sociologie. Praha: Grada, 2008.
 PETRUSEK, M.; ALAN, J.; DUFFKOVA, J.; HAVLÍK, R.; KABELE, J.: Sociologie. Praha: SPN, 1997.
 SOPÓCI, J.; BÚZIK, B.: Základy sociológie. Bratislava: SPN, 1995.
 URBAN, L.: Sociologie trochu jinak. Praha: Grada, 2011.

Course language:

Slovak, Czech

Notes:

Course assessment

Total number of assessed students: 980

| A | B | C | D | E | FX |
|-------|-------|-------|------|-----|------|
| 39.18 | 27.76 | 17.04 | 9.69 | 4.8 | 1.53 |

Provides: doc. Mgr. Alexander Onufrák, PhD.

Date of last modification: 19.03.2025

Approved: doc. Ing. Mgr. Jozef Bavoľár, PhD.

COURSE INFORMATION LETTER

| | |
|---|--|
| University: P. J. Šafárik University in Košice | |
| Faculty: Faculty of Arts | |
| Course ID: ÚTVŠ/ TVa/11 | Course name: Sports Activities I. |
| Course type, scope and the method: Course type: Practice Recommended course-load (hours): Per week: 2 Per study period: 28 Course method: present | |
| Number of ECTS credits: 2 | |
| Recommended semester/trimester of the course: 1., 3., 5. | |
| Course level: I., II. | |
| Prerequisites: | |
| Conditions for course completion: Min. 80% of active participation in classes. | |
| Learning outcomes: Sports activities in all their forms prepare university students for their professional and personal life. They have a great impact on physical fitness and performance. Specialization in sports activities enables students to strengthen their relationship towards the selected sport in which they also improve. | |
| Brief outline of the course: Brief outline of the course: The Institute of physical education and sport at the Pavol Jozef Šafárik University offers 20 sports activities: aerobics; aikido, basketball, badminton, body-balance, body form, bouldering, floorball, yoga, power yoga, pilates, swimming, fitness, indoor football, SM system, step aerobics, table tennis, chess, volleyball, tabata, cycling. Additionally, the Institute of physical education and sport at the Pavol Jozef Šafárik University offers winter courses (ski course, survival) and summer courses (aerobics by the sea, rafting on the Tisza River) with an attractive programme, sports competitions with national and international participation. | |
| Recommended literature: BENEC, M. et al. 2005. Plávanie. Banská Bystrica: FHV UMB. 198s. ISBN 80-8083-140-8. [online] Dostupné na: https://www.ff.umb.sk/app/cmsFile.php?disposition=a&ID=571 BUZKOVÁ, K. 2006. Fitness jóga, harmonické cvičení těla I duše. Praha: Grada. ISBN 8024715252. JARKOVSKÁ, H, JARKOVSKÁ, M. 2005. Posilování s vlastním tělem 417 krát jinak. Praha: Grada. ISBN 9788024757308. KAČÁNI, L. 2002. Futbal: Tréning hrou. Bratislava: Peter Mačura – PEEM. 278s. ISBN 8089197027. KRESTA, J. 2009. Futsal. Praha: Grada Publishing, a.s. 112s. ISBN 9788024725345. LAWRENCE, G. 2019. Power jóga nejen pro sportovce. Brno: CPress. ISBN 9788026427902. SNER, Wolfgang. 2004. Posilování ve fitness. České Budějovice: Kopp. ISBN 8072322141. | |

STACKEOVÁ, D. 2014. Fitness programy z pohledu kinantropologie. Praha: Galén. ISBN 9788074921155.
 VOMÁČKO, S. BOŠTÍKOVÁ, S. 2003. Lezení na umělých stěnách. Praha: Grada. 129s. ISBN 8024721743.

Course language:

Slovak language

Notes:

Course assessment

Total number of assessed students: 15781

| abs | abs-A | abs-B | abs-C | abs-D | abs-E | n | neabs |
|-------|-------|-------|-------|-------|-------|-----|-------|
| 85.74 | 0.06 | 0.0 | 0.0 | 0.0 | 0.04 | 9.0 | 5.15 |

Provides: Mgr. Patrik Berta, Mgr. Agata Dorota Horbacz, PhD., Mgr. Dávid Kaško, PhD., Mgr. Ladislav Kručanica, PhD., Mgr. Richard Melichar, Mgr. Petra Tomková, PhD., Mgr. Marcel Čurgali, Mgr. Alena Buková, PhD., univerzitná docentka, doc. PaedDr. Ivan Uher, MPH, PhD., prof. RNDr. Stanislav Vokál, DrSc., Mgr. Zuzana Küchelová, PhD., Mgr. Ferdinand Salonna, PhD.

Date of last modification: 07.02.2024

Approved: doc. Ing. Mgr. Jozef Bavoľár, PhD.

COURSE INFORMATION LETTER

| | |
|---|---|
| University: P. J. Šafárik University in Košice | |
| Faculty: Faculty of Arts | |
| Course ID: ÚTVŠ/ TVb/11 | Course name: Sports Activities II. |
| Course type, scope and the method: Course type: Practice Recommended course-load (hours): Per week: 2 Per study period: 28 Course method: present | |
| Number of ECTS credits: 2 | |
| Recommended semester/trimester of the course: 2., 4., 6. | |
| Course level: I., II. | |
| Prerequisites: | |
| Conditions for course completion: active participation in classes - min. 80%. | |
| Learning outcomes: Sports activities in all their forms prepare university students for their professional and personal life. They have a great impact on physical fitness and performance. Specialization in sports activities enables students to strengthen their relationship towards the selected sport in which they also improve. | |
| Brief outline of the course: Brief outline of the course: The Institute of physical education and sport at the Pavol Jozef Šafárik University offers 20 sports activities aerobics; aikido, basketball, badminton, body-balance, body form, bouldering, floorball, yoga, power yoga, pilates, swimming, fitness, indoor football, SM system, step aerobics, table tennis, chess, volleyball, tabata, cycling. Additionally, the Institute of physical education and sport at the Pavol Jozef Šafárik University offers winter courses (ski course, survival) and summer courses (aerobics by the sea, rafting on the Tisza River) with an attractive programme, sports competitions with national and international participation. | |
| Recommended literature: BENČE, M. et al. 2005. Plávanie. Banská Bystrica: FHV UMB. 198s. ISBN 80-8083-140-8. [online] Dostupné na: https://www.ff.umb.sk/app/cmsFile.php?disposition=a&ID=571 BUZKOVÁ, K. 2006. Fitness jóga, harmonické cvičení těla I duše. Praha: Grada. ISBN 8024715252. JARKOVSKÁ, H, JARKOVSKÁ, M. 2005. Posilování s vlastním tělem 417 krát jinak. Praha: Grada. ISBN 9788024757308. KAČÁNI, L. 2002. Futbal:Tréning hrou. Bratislava: Peter Mačura – PEEM. 278s. ISBN 8089197027. KRESTA, J. 2009. Futsal.Praha: Grada Publishing, a.s. 112s. ISBN 9788024725345. LAWRENCE, G. 2019. Power jóga nejen pro sportovce. Brno: CPress. ISBN 9788026427902. SNER, Wolfgang. 2004. Posilování ve fitness. České Budějovice: Kopp. ISBN 8072322141. | |

STACKEOVÁ, D. 2014. Fitness programy z pohledu kinantropologie. Praha: Galén. ISBN 9788074921155.
 VOMÁČKO, S. BOŠTÍKOVÁ, S. 2003. Lezení na umělých stěnách. Praha: Grada. 129s. ISBN 8024721743.

Course language:
 Slovak language

Notes:

Course assessment

Total number of assessed students: 13799

| abs | abs-A | abs-B | abs-C | abs-D | abs-E | n | neabs |
|-------|-------|-------|-------|-------|-------|-------|-------|
| 83.85 | 0.49 | 0.01 | 0.0 | 0.0 | 0.04 | 11.17 | 4.43 |

Provides: Mgr. Agata Dorota Horbacz, PhD., Mgr. Dávid Kaško, PhD., Mgr. Marcel Čurgali, Mgr. Patrik Berta, Mgr. Ladislav Kručanica, PhD., Mgr. Richard Melichar, Mgr. Petra Tomková, PhD., Mgr. Alena Buková, PhD., univerzitná docentka, doc. PaedDr. Ivan Uher, MPH, PhD., prof. RNDr. Stanislav Vokál, DrSc., Mgr. Zuzana Küchelová, PhD., Mgr. Ferdinand Salonna, PhD.

Date of last modification: 07.02.2024

Approved: doc. Ing. Mgr. Jozef Bavoľár, PhD.

COURSE INFORMATION LETTER

| | |
|---|---|
| University: P. J. Šafárik University in Košice | |
| Faculty: Faculty of Arts | |
| Course ID: KPS/ PSVKB/16 | Course name: Students' Scientific Conference in the Field of Psychology (BA) |
| Course type, scope and the method: Course type: Recommended course-load (hours): Per week: Per study period: Course method: present | |
| Number of ECTS credits: 4 | |
| Recommended semester/trimester of the course: 2., 4., 6. | |
| Course level: I. | |
| Prerequisites: | |
| Conditions for course completion: Presentation of a research contribution. A submission of the research contribution in a written form and its critical evaluation and defense at the student scientific conference. Guidelines for the research contribution: A maximum of 10 standard pages. A structure of the research contribution: - title - name of an author - abstract - keywords - introduction - method - results - discussion - conclusion - references The information are specified yearly on the electronic noticeboard of the course in AIS2, aleternatively in LMS UPJŠ or MS Teams environment. | |
| Learning outcomes: Presentation and defense of a research contribution in the field of psychology to an audience at the student scientific conference at the Department of Psychology. The information are specified yearly on the electronic noticeboard of the course in AIS2, aleternatively in LMS UPJŠ or MS Teams environment. | |
| Brief outline of the course: Project preparation, implementation of the research project, processing and analysis of the research findings, preparation of a research report. Presenting the results of the research at the student scientific conference. A submission of a written form of the scientific research. Consultation of the scientific assumptions, methods, analysis and writing of the contribution with the consultant. The information are specified yearly on the electronic noticeboard of the course in AIS2, aleternatively in LMS UPJŠ or MS Teams environment. | |

| | |
|--|-----|
| Recommended literature: Elmes, D. G., Kantowitz, B. H., & Roediger, H. L. (1985). Research Methods in Psychology. 2nd ed. St. Paul/New York. Shaugnessz, J. J., & Zechmeister, E. B. (1990). Research Methods in Psychology. 2nd ed. New York: McGrae Hill. | |
| Course language: Slovak language, English language | |
| Notes: | |
| Course assessment Total number of assessed students: 8 | |
| abs | n |
| 100.0 | 0.0 |
| Provides: Mgr. René Šebeňa, PhD., univerzitný docent | |
| Date of last modification: 16.09.2021 | |
| Approved: doc. Ing. Mgr. Jozef Bavoľár, PhD. | |

COURSE INFORMATION LETTER

| | |
|--|---|
| University: P. J. Šafárik University in Košice | |
| Faculty: Faculty of Arts | |
| Course ID: ÚTVŠ/ LKSp/13 | Course name: Summer Course-Rafting of TISA River |
| Course type, scope and the method: Course type: Practice Recommended course-load (hours): Per week: 2 Per study period: 28 Course method: present | |
| Number of ECTS credits: 2 | |
| Recommended semester/trimester of the course: 2., 4., 6. | |
| Course level: I., II. | |
| Prerequisites: | |
| Conditions for course completion: Completion: passed Condition for successful course completion: - active participation in line with the study rule of procedure and course guidelines - effective performance of all tasks: carrying a canoe, entering and exiting a canoe, righting a canoe, paddling | |
| Learning outcomes: Content standard: The student demonstrates relevant knowledge and skills in the field, which content is defined in the course syllabus and recommended literature. Performance standard: Upon completion of the course students are able to meet the performance standard and: - implement the acquired knowledge in different situations and practice, - implement basic skills to manipulate a canoe on a waterway, - determine the right spot for camping, - prepare a suitable material and equipment for camping. | |
| Brief outline of the course: Brief outline of the course: 1. Assessment of difficulty of waterways 2. Safety rules for rafting 3. Setting up a crew 4. Practical skills training using an empty canoe 5. Canoe lifting and carrying 6. Putting the canoe in the water without a shore contact 7. Getting in the canoe 8. Exiting the canoe 9. Taking the canoe out of the water 10. Steering a) The pry stroke (on fast waterways) b) The draw stroke | |

| | |
|---|-------|
| 11. Capsizing 12. Commands | |
| Recommended literature: 1. JUNGER, J. et al. Turistika a športy v prírode. Prešov: FHPV PU v Prešove. 2002. ISBN 8080680973. Internetové zdroje: 1. STEJSKAL, T. Vodná turistika. Prešov: PU v Prešove. 1999. Dostupné na: https://ulozto.sk/tamhle/UkyxQ2lYF8qh/name/Nahrane-7-5-2021-v-14-46-39#!ZGDjBGR2AQtkAzVkAzLkLJWuLwWxZ2ukBRLjnGqSomICMmOyZN== | |
| Course language: Slovak language | |
| Notes: | |
| Course assessment Total number of assessed students: 232 | |
| abs | n |
| 36.64 | 63.36 |
| Provides: Mgr. Dávid Kaško, PhD. | |
| Date of last modification: 29.03.2022 | |
| Approved: doc. Ing. Mgr. Jozef Bavoľár, PhD. | |

COURSE INFORMATION LETTER

| | |
|---|-------------------------------------|
| University: P. J. Šafárik University in Košice | |
| Faculty: Faculty of Arts | |
| Course ID: ÚTVŠ/ KP/12 | Course name: Survival Course |
| Course type, scope and the method: Course type: Practice Recommended course-load (hours): Per week: 2 Per study period: 28 Course method: present | |
| Number of ECTS credits: 2 | |
| Recommended semester/trimester of the course: 2., 4., 6. | |
| Course level: I., II. | |
| Prerequisites: | |
| Conditions for course completion: Completion: passed Condition for successful course completion: - active participation in line with the study rule of procedure and course guidelines, - effective performance of all the tasks defined in the course syllabus | |
| Learning outcomes: Content standard: The student demonstrates relevant knowledge and skills in the field, which content is defined in the course syllabus and recommended literature. Performance standard: Upon completion of the course students are able to meet the performance standard and should: - acquire knowledge about safe stay and movement in natural environment, - obtain theoretical knowledge and practical skills to solve extraordinary and demanding situations connected with survival and minimization of damage to health, - be able to resist and face situations related to overcoming barriers and obstacles in natural environment, - be able implement the acquired knowledge as an instructor during summer sport camps for children and youth within recreational sport. | |
| Brief outline of the course: Brief outline of the course: 1. Principles of conduct and safety in the movement in unfamiliar natural environment 2. Preparation and guidance of a hike tour 3. Objective and subjective danger in the mountains 4. Principles of hygiene and prevention of damage to health in extreme conditions 5. Fire building 6. Movement in the unfamiliar terrain, orientation and navigation 7. Shelters 8. Food preparation and water filtering 9. Rappelling, Tyrolian traverse 10. Transport of an injured person, first aid | |

| | |
|--|------|
| Recommended literature: | |
| 1. JUNGER, J. et al. Turistika a športy v prírode. Prešov: Fakulta humanitných a prírodných vied PU v Prešove. 2002. 267s. ISBN 80-8068-097-3. | |
| 2. PAVLÍČEK, J. Člověk v drsné přírodě. 3. vyd. Praha: Práh. 2002. ISBN 8072520598. | |
| 3. WISEMAN, J. SAS: příručka jak přežít. Praha: Svojtka & Co. 2004. 566s. ISBN 8072372807. | |
| Course language: Slovak language | |
| Notes: | |
| Course assessment Total number of assessed students: 461 | |
| abs | n |
| 46.2 | 53.8 |
| Provides: Mgr. Ladislav Kručanica, PhD. | |
| Date of last modification: 16.05.2023 | |
| Approved: doc. Ing. Mgr. Jozef Bavoľár, PhD. | |

COURSE INFORMATION LETTER

| | |
|--|---|
| University: P. J. Šafárik University in Košice | |
| Faculty: Faculty of Arts | |
| Course ID: KPS/ SYP/21 | Course name: Systems of Psychology |
| Course type, scope and the method: Course type: Lecture Recommended course-load (hours): Per week: 2 Per study period: 28 Course method: present | |
| Number of ECTS credits: 4 | |
| Recommended semester/trimester of the course: 1. | |
| Course level: I. | |
| Prerequisites: | |
| Conditions for course completion: Written exam (max 100 points). It is necessary to obtain at least 90 points to obtain the A rating, 80-89 points to obtain the B rating, 70 to 79 points to obtain the C rating, 60 to 69 points to obtain the D rating and 51 to 59 points to obtain the E rating. Credits will not be awarded to a student who obtains less than 51 points from the written exam. The information will be yearly specified on the electronic noticeboard of the course in AiS2, aleternatively in LMS UPJŠ or MS Teams environment. | |
| Learning outcomes: The aim is to acquaint students with the development of psychological thinking with emphasis on the main psychological directions and their representatives. The student will acquire a basic orientation in the main psychological directions of the 20th century and current directions of psychology, through their basic theories, research as well as connection to a broader context. The information will be yearly specified on the electronic noticeboard of the course in AiS2, aleternatively in LMS UPJŠ or MS Teams environment. | |
| Brief outline of the course: Brief syllabus: 1 Introduction to the study of history and systems of psychology, 2 The influence of philosophy and physiology on modern psychology. 3 The beginnings of modern psychology as a separate scientific discipline. 4 Structuralism in psychology. 5 Functionalism in psychology - CH. Darwin, W. James and his system of psychology, Chicago School J. Dewey. R. S. Woodworth. 6 Russian reflexology and associationism - predecessors of behaviorism. 7 Behaviourism, J.B Watson 8 Skinner's behaviorism and neo-neobehaviorizmus. 9 Gestalt psychology. 10 Psychoanalysis: Freud S. Predecessors of psychoanalysis. 11 Neofreudism: ego psychology A. Freud, analytical psychology of C.G. Jung. 12 Individual psychology - A. Adler, K. Horney, Fromm E, H. Sullivan. 12, Humanistic psychology. | |

| | | | | | |
|---|-------|-------|-------|------|------|
| 13 Cognitive psychology. 14 Effects of postmodern thinking in psychology. Critical psychology, its main ideas and leaders. 15 Social constructivism J. Shotter and K. J. Gergen. Psychology of discourse and narrative psychology The information will be yearly specified on the electronic noticeboard of the course in AiS2, alternatively in LMS UPJŠ or MS Teams environment. | | | | | |
| Recommended literature: Hunt, M.: Dejiny psychológie, Portál, Praha, 2000; Plháková, A.: Dejiny psychológie, Grada, 2006; Hoskovec, J., Hoskovcová, S.: Stručné dejiny stredoeurópskej psychológie. Portál, Praha, 2000 Hergenhahn, B. R. (2001). An introduction to the history of psychology (4th ed.). Wadsworth/ Thomson Learning. | | | | | |
| Course language: | | | | | |
| Notes: | | | | | |
| Course assessment Total number of assessed students: 1081 | | | | | |
| A | B | C | D | E | FX |
| 16.74 | 22.94 | 27.84 | 18.13 | 8.97 | 5.37 |
| Provides: Mgr. René Šebeňa, PhD., univerzitný docent | | | | | |
| Date of last modification: 15.09.2024 | | | | | |
| Approved: doc. Ing. Mgr. Jozef Bavoľár, PhD. | | | | | |

COURSE INFORMATION LETTER

| | |
|--|---|
| University: P. J. Šafárik University in Košice | |
| Faculty: Faculty of Arts | |
| Course ID: KPS/ ZKP/06 | Course name: The Fundamentals of Clinical Psychology |
| Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 2 / 2 Per study period: 28 / 28 Course method: present | |
| Number of ECTS credits: 6 | |
| Recommended semester/trimester of the course: 5. | |
| Course level: I. | |
| Prerequisites: KPPaPZ/VPMOS/16 or KPS/VP1/05 | |
| Conditions for course completion: Maximum 40 points per semester Semester 40%, exam 60% - oral form Result mark Sum of points from semester and exam: A 90 – 100 B 80 – 89 C 70 – 79 D 60 – 69 E 51 – 59 FX 50 and less The information will be yearly specified on the electronic noticeboard of the course in AiS2, alternatively in LMS UPJŠ or MS Teams environment. | |
| Learning outcomes: Knowledge: The course will offer the major theories explaining the nature of health, illness, disorder, and disadaptation. The graduate will acquire the basic knowledge needed in clinical psychology, and in working with patients. Skills: The student will acquire the practical skills necessary to work as a clinical psychologist, especially in the area of basic psychodiagnostics and clinical-psychological interviewing. The student will be able to distinguish basic taxative units of categories of psychological disorders, he/she will be able to solve ethical dilemmas in clinical psychology, he/she will be able to conduct a clinical-psychological interview, he/she will be able to collect anamnestic data from a patient. Competencies: (a) Demonstrate the following knowledge: - Characteristics and scope of clinical psychology, - (a) the conditions of undergraduate and postgraduate education in clinical psychology, - the specific features of clinical research - biopsychosocial approach to the treatment of psychological disorders, - basic classification systems and diagnostic criteria of psychological disorders, (b) apply their knowledge to | |

| <ul style="list-style-type: none"> - administer basic psychodiagnostic tests in clinical psychology, - specification of psychodiagnostics in clinical psychology, - decision making in psychological intervention of psychological disorders, - making ethical decisions in clinical psychology <p>The information is updated annually on the electronic course bulletin board in AiS2, alternatively in the UPJŠ LMS or the MS Teams environment.</p> | | | | | | | | | | | | | | | | | |
|--|-------|-------|------|------|------|---|---|---|---|---|----|-------|-------|-------|------|------|------|
| <p>Brief outline of the course:</p> <ol style="list-style-type: none"> 1. The subject of clinical psychology, its position in the system of psychological sciences 2. History of the development of clinical psychology, history of clinical psychology in our country, important personalities in contemporary clinical psychology 3. Practical issues of the work of a clinical psychologist: prevention, crisis intervention, clinical-psychological interview, ethics in clinical psychology 4. Psychopharmacotherapy - overview, effect 5. The methodology of research and individual approach in clinical psychology 6. Systems of classification in psychiatry (ICD-10,DSM-V). 7. Clinical psychological methods in a/ anxiety disorders, b/affective disorders, c/ psychotic disorders, d/ addictions, e/ eating disorders, f/ organic mental disorders, g/ personality disorders. Basic psychotherapeutic strategies – review. Crisis interventions, suicidology. 8. Psychology of the somatic disease - change of needs, psychological correlates of pain, communication with the patient 9. Psychodiagnostics in clinical psychology - clinical and test methods 10. Personal history and its place in clinical psychology - specifics for adult and pediatric patients <p>The students will get theoretical background, examples and tips from practice, experience for yourself.</p> <p>The information will be yearly specified on the electronic noticeboard of the course in AiS2, alternatively in LMS UPJŠ or MS Teams environment.</p> | | | | | | | | | | | | | | | | | |
| <p>Recommended literature:</p> <p>Hricová, M. (2022). Úvod do klinickej psychológie. Košice: UPJŠ.</p> <p>Heretik, A., Heretik, A., a spol. (2016). Klinická psychológia, Nové Zámky: Psychoprof.</p> <p>Trull, T.J., Prinstein, M. (2012). Clinical psychology. Wadsworth: Cengage Learning.</p> | | | | | | | | | | | | | | | | | |
| <p>Course language:</p> <p>Slovak, English</p> | | | | | | | | | | | | | | | | | |
| <p>Notes:</p> | | | | | | | | | | | | | | | | | |
| <p>Course assessment</p> <p>Total number of assessed students: 848</p> <table border="1"> <thead> <tr> <th>A</th><th>B</th><th>C</th><th>D</th><th>E</th><th>FX</th></tr> </thead> <tbody> <tr> <td>41.98</td><td>27.48</td><td>17.22</td><td>8.14</td><td>2.95</td><td>2.24</td></tr> </tbody> </table> | | | | | | A | B | C | D | E | FX | 41.98 | 27.48 | 17.22 | 8.14 | 2.95 | 2.24 |
| A | B | C | D | E | FX | | | | | | | | | | | | |
| 41.98 | 27.48 | 17.22 | 8.14 | 2.95 | 2.24 | | | | | | | | | | | | |
| <p>Provides: doc. Mgr. Monika Hricová, PhD., Mgr. Adam Pekarčík</p> | | | | | | | | | | | | | | | | | |
| <p>Date of last modification: 05.11.2024</p> | | | | | | | | | | | | | | | | | |
| <p>Approved: doc. Ing. Mgr. Jozef Bavoľár, PhD.</p> | | | | | | | | | | | | | | | | | |

COURSE INFORMATION LETTER

| | |
|---|--|
| University: P. J. Šafárik University in Košice | |
| Faculty: Faculty of Arts | |
| Course ID: KPS/ ZPOP/21 | Course name: The Fundamentals of Counselling Psychology |
| Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 2 / 2 Per study period: 28 / 28 Course method: present | |
| Number of ECTS credits: 6 | |
| Recommended semester/trimester of the course: 5. | |
| Course level: I. | |
| Prerequisites: KPS/VP2/06 or KPS/VP2/25 or KPPaPZ/VPMOS/16 | |
| Conditions for course completion: 1. Active approach at classes (12 points) 2. Written assignments (12 points) 3. Written tests (36 points) 3. Final exam (40 points). Components: a) Final test in the form of written test. Prerequisites and co-requisites: Continuous assessment 60%, at least 36 points; final evaluation 40%, min. 24 points. The information will be yearly specified on the electronic noticeboard (even a black board can be) of the course in AiS2, alternatively in LMS UPJŠ or MS Teams environment. | |
| Learning outcomes: 1. Knowledge of counselling psychology about the main approaches of counselling, models of counselling, the process of counselling, the counselling relationship, the main application areas of counselling. 2. Skills like the ability to establish a counselling relationship, to acquire the basic competencies of conducting a counselling interview with a client. 3. Ability to critically evaluate different counselling approaches, ability to choose an appropriate counselling approach to the client and ethical attitude to the application of knowledge and work with the client. The information will be yearly specified on the electronic noticeboard (even a black board can be) of the course in AiS2, alternatively in LMS UPJŠ or MS Teams environment. | |
| Brief outline of the course: Practice of each part of counselling process: Helping as a road. Counselling relationship. Cultural background and counselling relationship. Skills for creating the contact/relationship. The ability to reflect: paraphrasing. Reflection: emotions, feelings. Advanced reflection: reflection of the meaning, summarizing. Confrontation. Evaluation and setting the goals. Techniques supporting the change I. Techniques supporting the change II: Interventions and actions. Final evaluation and closing the counselling relationship. | |
| Recommended literature: Mesárošová, M. a kol.: Starostlivosť o seba u pomáhajúcich profesií. Košice, Vydavateľstvo Šafarik Press, 2019. | |

Smitkova, Hana & Orlická, Lucia & Bilíková, Erika & Cagán, Roland & Celušáková, Hana & Čech, Boris & Halamova, Julia & Hambálek, Vladimír & Jašeková, Dominika & Kašáková, Jana & Klubert, Peter & Kolečáková, Veronika & Kuricová, Veronika & Lednická, Jana & Lenicka, Lucia & Mikoska, Petr & Ondrušek, Dušan & Palenikova, Viera & Pilárik, Ľubomír & Wolt, Richard. (2024). Poradenská psychológia a jej využitie v praxi Counselling psychology and its use in practice.

Course language:

Slovak language

Notes:**Course assessment**

Total number of assessed students: 963

| A | B | C | D | E | FX |
|-------|-------|-------|-------|-------|------|
| 18.28 | 23.16 | 29.08 | 18.17 | 10.28 | 1.04 |

Provides: prof. PhDr. Margita Mesárošová, CSc., Mgr. Viktória Hičárová, PhD.

Date of last modification: 09.09.2024

Approved: doc. Ing. Mgr. Jozef Bavoľár, PhD.

COURSE INFORMATION LETTER

| | |
|--|--|
| University: P. J. Šafárik University in Košice | |
| Faculty: Faculty of Arts | |
| Course ID: KPS/ ZPP/06 | Course name: The Fundamentals of Educational Psychology |
| Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 2 / 2 Per study period: 28 / 28 Course method: present | |
| Number of ECTS credits: 6 | |
| Recommended semester/trimester of the course: 5. | |
| Course level: I. | |
| Prerequisites: KPS/VP2/06 or KPS/VP2/25 | |
| Conditions for course completion: 40% = assignments during the semester 60% = final exam All requirements including the information about the teaching form (face-to-face, online, combined) are specified on the electronic noticeboard. A final grade is a sum of the assessment during the semester and the final exam: A = 90 - 100 % B = 80 - 89 % C = 70 - 79 % D = 60 - 69 % E = 51 - 59 % FX = 0 - 50 % The information are specified yearly on the electronic noticeboard of the course in AIS2, alternatively in LMS UPJŠ or MS Teams environment. | |
| Learning outcomes: The course is aimed to provide students with the fundamental theoretical and empirical knowledge in the field of educational psychology and its applications into the practice of the educational/school psychologist. The information are specified yearly on the electronic noticeboard of the course in AIS2, alternatively in LMS UPJŠ or MS Teams environment. | |
| Brief outline of the course: 1. Topics and methods of educational psychology. 2. Contribution of developmental theories to learning. 3. Learning - classical and operant conditioning at school. 4. Cognitive approach to learning. Concept learning. Discovery learning. Cooperative learning. 5. Learning motivation. 6. Factors of academic achievement. 7. Students with learning disabilities I. 8. Students with learning disabilities II. 9. Gifted children. Psychological aspects of talent and creativity. | |

10. Communication in education.
 11. Interpersonal teacher behavior.
 12. Classroom. Methods of psychological assessment in classroom settings. Classroom climate.
- The information are specified yearly on the electronic noticeboard of the course in AIS2, alternatively in LMS UPJŠ or MS Teams environment.

Recommended literature:

- Corno, L., & Anderman, E. M. (2016). Handbook of educational psychology. New York; London: Routledge.
- Langford, P. E. (2005). Vygotsky's developmental and educational psychology. Hove: Psychology Press.
- Ormrod, J. E., Anderman, E. M., & Anderman, L. (2020). Educational psychology: Developing learners. Pearson.
- Slavin, R. E. (2018). Educational psychology: Theory and practice. New York: Pearson Education, Inc.
- Mesárošová, M., Köverová, M., Hičárová, V., Miháliková, R., & Lipták, E. (2023). Pokroky pedagogickej psychológie. Košice: UPJŠ, Vydavateľstvo ŠafárikPress.
- Mesárošová, M., Köverová, M., & Miháliková, R. (2023). Prípadové štúdie a cvičenia z pedagogickej psychológie. Košice: UPJŠ, Vydavateľstvo ŠafárikPress. <https://unibook.upjs.sk/img/cms/2023/ff/pripadove-studie-a-cvicenie-z-pedagogickej-psychologie.pdf>
- Braun, R., Marková, D., & Nováčková, J. (2014). Praktikum školní psychologie. Praha: Portál.
- Fontana, D. (2014). Psychologie ve školní praxi. Praha: Portál.
- Mareš, J. (2013). Pedagogická psychologie. Praha: Portál.
- Štech, S., & Zapletalová, J. (2013). Úvod do školní psychologie. Praha: Portál.
- Vágnerová, M. (2005). Školní poradenská psychologie pro pedagogy. Praha: Karolinum.
- Zákon č. 245/2008 Z. z. Zákon o výchove a vzdelávaní (školský zákon).

Course language:

Slovak language, English language

Notes:

Course assessment

Total number of assessed students: 814

| A | B | C | D | E | FX |
|-------|-------|-------|-------|------|------|
| 21.13 | 18.43 | 25.06 | 23.96 | 9.71 | 1.72 |

Provides: Mgr. Miroslava Köverová, PhD.

Date of last modification: 03.09.2024

Approved: doc. Ing. Mgr. Jozef Bavoľár, PhD.

COURSE INFORMATION LETTER

| | |
|--|--|
| University: P. J. Šafárik University in Košice | |
| Faculty: Faculty of Arts | |
| Course ID: KPS/ ZPSP/06 | Course name: The Fundamentals of Psychology of Work |
| Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 2 / 2 Per study period: 28 / 28 Course method: present | |
| Number of ECTS credits: 6 | |
| Recommended semester/trimester of the course: 5. | |
| Course level: I. | |
| Prerequisites: | |
| Conditions for course completion: During semester: -Credit test (20p), minimum 11p - Semester assignment - essay (20p), minimum 11p, for detailed information please see electronic noticeboard. Overall evaluation: - Semester maximum 40 points (minimum 22p), exam 60 points (minimum 31p) - together min. 53p The information will be yearly specified on the electronic noticeboard of the course in AiS2, alternatively in LMS UPJŠ or MS Teams environment. | |
| Learning outcomes: Aim of study is to give the opportunity to students to familiarize with basic knowledge from applied field of psychology – work psychology. During the semester, focus is on meaning of job, work conditions, relationships on workplace and interaction between work and family. Besides, students can capture basic skills needed for execution of selected job areas of work psychologist. During semester students will obtain knowledge in: - history and development of work psychology, meaning of work in human life - unemployment and options how to work with unemployed people - workplace environment and possible negative consequences of it on people's mental health - job and organization adaptation - job satisfaction and interaction between work and family - basic psychodiagnostics methods used in work psychology Besides, students can obtain skills in: - analysis of physical work environment with focus on it's psychological effect on employee - preparation of adaptation program - solving negative consequences of work environment - setting of work environment design in order to avoid work-family conflicts - work with selected psychodiagnostics methods Over the course of the semester, they will acquire the following competencies: - effective communication - analysis of the work environment and setting up interventions | |

- working with the unemployed
- working with negative phenomena in the workplace

The information will be yearly specified on the electronic noticeboard of the course in AiS2, alternatively in LMS UPJŠ or MS Teams environment.

Brief outline of the course:

Definition of work psychology, historical preconditions of constitution of work psychology, work and her conditions, work performance, motivation to work and work satisfaction, forming of work environment, relationships on workplace, job-family interaction

Recommended literature:

Dean, L., Cousans, F. (2023) Work Psychology (The Basics). Routledge.

Rothmann, S., Cooper, C. L., & Rothmann, S. (2022). Work and organizational psychology (Third Edition). Routledge, Taylor & Francis Group.

Schmitt, N., & Weiner, I. B. (Eds.). (2013). Industrial and organizational psychology (2. ed). Wiley.

Muchinsky, P. M. (2006). Psychology applied to work: An introduction to industrial and organizational psychology (8th ed). Thomson/Wadsworth.

Levy, P. E. (Paul E. (2017). Industrial/organizational psychology: Understanding the workplace. Worth Publishers, Macmillan Learning.

Arnold, J., & Randall, R. (2016). Work psychology: Understanding human behaviour in the workplace (Sixth Edition). Pearson.

Course language:

Slovak, English

Notes:

Lectures and activities are adapted to both, physically present and distance form of education. For further information and current changes in the form of teaching (distance vs. full-time), please see electronic noticeboard.

Course assessment

Total number of assessed students: 873

| A | B | C | D | E | FX |
|-------|-------|------|-------|------|------|
| 34.71 | 30.58 | 18.9 | 10.42 | 4.81 | 0.57 |

Provides: doc. Ing. Mgr. Jozef Bavoľár, PhD., PhDr. Katarína Kušnírová, PhD.

Date of last modification: 13.01.2025

Approved: doc. Ing. Mgr. Jozef Bavoľár, PhD.

COURSE INFORMATION LETTER

| | |
|--|--|
| University: P. J. Šafárik University in Košice | |
| Faculty: Faculty of Arts | |
| Course ID: KPS/ TPP/15 | Course name: Theory of Psychological Assessment and Psychometrics |
| Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 2 / 2 Per study period: 28 / 28 Course method: present | |
| Number of ECTS credits: 6 | |
| Recommended semester/trimester of the course: 4. | |
| Course level: I. | |
| Prerequisites: KPS/USM/15 | |
| Conditions for course completion: Total 50 points is regarded a minimum for passing subject. From this amount, minimum 20 points must be received for final exam and minimum 30 points must be received for continual assessment. Maximum 60 points can be received for continual work and maximum 60 points for final exam. The information will be yearly specified on the electronic noticeboard (aj black board môže byť) of the course in AiS2, aleternatively in LMS UPJŠ or MS Teams environment. | |
| Learning outcomes: Knowledge: The graduate will gain an overview of the meaning and methods of psychological cognition, the creation of tests and the verification of their psychometric properties. Skills: The student will acquire the ability to create a simple psychological test and assess its basic psychometric properties. Competences: The graduate is able, based on the knowledge of the targeted psychological characteristic, to propose a simple method of its detection and to verify it using basic psychometric indicators. The information will be yearly specified on the electronic noticeboard (aj black board môže byť) of the course in AiS2, aleternatively in LMS UPJŠ or MS Teams environment. | |
| Brief outline of the course: Subject and history of psychodiagnostics Measurement in psychology Psychological scaling: Thurstone, Likert, Guttman Classification of psychodiagnostic methods Observation, interview Psychological tests and questionnaires Reliability Validity Item analysis Classical test theory and current models (Item Response Theory) Norms and standardization Intelligence measurement Personality diagnostics | |

| | | | | | |
|--|-------|------|-------|-------|------|
| The information will be yearly specified on the electronic noticeboard (aj black board môže byť) of the course in AiS2, aleternatively in LMS UPJŠ or MS Teams environment. | | | | | |
| Recommended literature: Halama, P.: Princípy psychologickéj diagnostika. Trnava: Trnavská univerzita 2011. Urbánek,T. - Denglerová,D., Širuček,J.: Psychometrika. Praha: Portál 2011 Říčan P.: Základy psychometrie. Bratislava: Psychodiagnostika 1977 Břicháček, V.: Úvod do psychologického škálování. Bratislava : Psychodiagnostické a didaktické testy, n. p., 1978 | | | | | |
| Course language: | | | | | |
| Notes: - | | | | | |
| Course assessment Total number of assessed students: 311 | | | | | |
| A | B | C | D | E | FX |
| 11.25 | 30.87 | 25.4 | 15.11 | 13.83 | 3.54 |
| Provides: doc. Ing. Mgr. Jozef Bavoľár, PhD., Mgr. Ester Nosál'ová, PhD. | | | | | |
| Date of last modification: 30.01.2025 | | | | | |
| Approved: doc. Ing. Mgr. Jozef Bavoľár, PhD. | | | | | |