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University: P. J. Šafárik University in Košice

Faculty: Faculty of Science

Course ID: ÚCHV/ | Course name: Biochemical Analytical Methods

BAM1/00

Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 2 / 1 Per study period: 28 / 14

Course method: present

Number of ECTS credits: 4

Recommended semester/trimester of the course: 1.

Course level: I., II.

Prerequisities:

Conditions for course completion:

Absence of a maximum of three exercises.

Exam carried out in writing with at least 51% score.

Learning outcomes:

The student will gain comprehensive information about the methods and approaches that are used in analyzes in the biochemical laboratory.

Brief outline of the course:

- 1. Introduction to analytical methods in biochemistry
- 2. Processing and interpretation of results
- 3. The effectiveness of the chosen system of methods to ensure the required level of analytical reliability
- 4. Spectral methods for determination of biomacromolecules
- 5. Spectroscopy
- 6. Biosensors
- 7. Enzymes in bioanalytical chemistry
- 8. Separation methods
- 9. Electroanalytical methods
- 10. Immunochemical methods

Recommended literature:

- D. J. Holme, H. Peck: Analytical Biochemistry, 1998
- S. R. Mikkelsen, E. Cortón: Bioanalytical Chemistry, 2004
- V. A. Gault, N. H. McClenaghan: Understanding Bioanalytical Chemistry: Principles and applications, 2009

Course language:

Slovak, English

Notes:

Teaching is carried out in person or, if necessary, remotely using the tool MS Teams, BigBlueButton, etc. The form of teaching is specified by the teacher at the beginning of the semester, updated continuously.

Course assessment Total number of assessed students: 101					
A	В	С	D	Е	FX
32.67	18.81	20.79	20.79	6.93	0.0
Provides: doc. RNDr. Rastislav Varhač, PhD.					

Date of last modification: 16.11.2021

University: P. J. Šafárik University in Košice

Faculty: Faculty of Science

Course ID: ÚCHV/ Course

Course name: Biochemistry of Microorganisms

BCM/04

Course type, scope and the method:

Course type: Lecture / Practice

Recommended course-load (hours): Per week: 2 / 2 Per study period: 28 / 28

Course method: present

Number of ECTS credits: 6

Recommended semester/trimester of the course: 1., 3.

Course level: II.

Prerequisities:

Conditions for course completion:

2 tests

test

Learning outcomes:

The aim of biochemistry of microorgamism teaching is to acquire knowledge in the field of microorganisms.

Brief outline of the course:

Structure and physiology of microorganisms; microbial nutrition, growth and control; microbial molecular biology and genetics; medical microbiology; immunology and applied microbiology; microbial diseases and their control.

Recommended literature:

McCall D., Stock D., Achrey P., Introduction to Microbiology, Blackwell Science, USA, 2001 Willey, J.M., Sherwood L.M., Woolverton C.J., Prescott, Harley, and Klein's Microbiology, McGraw-Hill Int. Ed., USA, 2008

Black J.G., Microbiology, John Wiley and Sons, USA, 2008

Course language:

Notes:

Course assessment

Total number of assessed students: 194

A	В	С	D	Е	FX
49.48	25.26	18.04	6.7	0.52	0.0

Provides: prof. RNDr. Mária Kožurková, CSc.

Date of last modification: 11.11.2021

University: P. J. Šafárik University in Košice

Faculty: Faculty of Science

Course ID: ÚCHV/ | **Course name:** Biochemistry of Physiological Processes

BFP/08

Course type, scope and the method:

Course type: Lecture

Recommended course-load (hours): Per week: 2 Per study period: 28

Course method: present

Number of ECTS credits: 4

Recommended semester/trimester of the course: 2., 4.

Course level: II.

Prerequisities:

Conditions for course completion:

Learning outcomes:

Brief outline of the course:

Cellular physiology. Biochemical specialization of intracellular organelles.

Biological membranes, ion channels, membrane pumps.

Cell cycle, cell cycle regulation.

Apoptosis and regulatory mechanisms of apoptosis.

Physiology of specific organs in terms of metabolism. Muscle physiology and muscle contraction. Liver and gallbladder physiology. Kidney physiology.

Endocrine system, importance of internal secretion, mechanism of action of hormones. The second messengers and signal-transduction pathways.

Recommended literature:

- L.S.Costanzo, Physiology, fourth edition, 2010 Saunders, Inc, Elsevier.
- S. Reed, Essential Physiological Biochemistry, 2009 John Wiley & Sons, Ltd.
- B. Alberts, Molecular Biology of the Cell, sixth edition, 2002 Garland Science, Taylor & Francis Group. LLC.

Články v časopisoch.

Course language:

Notes:

Course assessment

Total number of assessed students: 139

A	В	С	D	Е	FX
40.29	25.9	16.55	9.35	7.91	0.0

Provides: RNDr. Nataša Tomášková, PhD., prof. RNDr. Erik Sedlák, DrSc.

Date of last modification: 11.11.2021

University: P. J. Šafárik University in Košice

Faculty: Faculty of Science

Course ID: ÚCHV/ | Course name: Biophysical Chemistry I

BFC1a/01

Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 2 / 2 Per study period: 28 / 28

Course method: present

Number of ECTS credits: 5

Recommended semester/trimester of the course: 1., 3.

Course level: II.

Prerequisities:

Conditions for course completion:

Test and oral examination.

Learning outcomes:

Brief outline of the course:

Matter and its demonstration in living systems

Space and time connections in biological systems

Energy and mass connections in biological systems

Physicochemical properties of water and cell liquids

Reaction kinetics

Ligand binding

Nonequilibrium thermodynamics

Dynamics of conservative systems, chaos

Dissipative systems, attractors

Stability of biomacromolecules

Interfaces and membranes, membrane transports

Dynamics of complex biochemical process

Structuralization of biosystems induced by diffusion

Recommended literature:

Cantor, C.R., Schimmel, P.R. Biophysical Chemistry, W.H. Freeman and Co., S. Francisco, 1980 P.Glansdorff, I. Prigogine, Thermodynamics theory of structure, stability and fluctuations, Willey 1971

Voet, D. Voet, J.G. Biochemistry, John Willey @Sons, 1990

Kersal E. van Holde, W. Curtis Johnson, P. Shing Ho: Principles of Physical Biochemistry, Prentise Hall. 1998

Articles from Journals

Marschall, A.G., Biophysical Chemistry, John Wiley & Sons, N. York, 1978

Hoppe, W., Lohmann, W., Markl, H., Ziegler, H., (eds.), Biophysics, Springer V., Berlin, 1983

Peitgen, H. O., Jurgens, H., Saupe, D., Fractals for the Classroom, Springer-Verlag, NY, 1992

Avnir, D (ed.)., The Fractal Approach to Heterogeneous Chemistry, John Wiley &S., NY, 1989

Winfree, A. T., The Geometry of Biological Time, Springer-Verlag, NY, 1980

Course langua	ge:					
Notes:						
Course assessn Total number of	nent of assessed studen	ts: 208				
A	В	С	D	Е	FX	
12.5	16.83	16.83 37.02 21.15 12.5 0.0				
Provides: prof.	Mgr. Daniel Janc	ura, PhD.				
Date of last mo	odification: 18.11	.2021				
Approved: pro	f. RNDr. Mária K	ožurková, CSc.				

University: P. J. Šafárik University in Košice Faculty: Faculty of Science Course ID: ÚCHV/ Course name: Biophysical Chemistry II BFC1b/03 Course type, scope and the method: Course type: Lecture / Practice **Recommended course-load (hours):** Per week: 2 / 4 Per study period: 28 / 56 Course method: present **Number of ECTS credits: 8** Recommended semester/trimester of the course: 2., 4. Course level: IL Prerequisities: ÚCHV/BFC1a/01 **Conditions for course completion:** Examination **Learning outcomes: Brief outline of the course:** General laboratory work problem with biological systems Properties of materials and fields Cryoscopy, pressure, density, surface tension, osmometry Callorimetry, microgravimetry Transport a hydrodynamic analysis Conductivity, ion selective and enzyme electrodes, dielectric spectroscopy Absorption spectroscopy, circular dichroism Raman and infrared spectroscopy, Spectrofluorescence, chemiluminescence, rapid kinetic techniques, Mossebauer spectroscopy NMR, EPR spectroscopy Light, x-ray scattering Atomic field force measurements, tunneling spectroscopy Microscopy (electron, light, ultrasound) Recommended literature: Cantor, C.R., Schimmel, P.R. Biophysical Chemistry, W.H. Freeman and Co., S. Francisco, 1980 Kersal E. van Holde, W. Curtis Johnson, P. Shing Ho: Principles of Physical Biochemistry, Prentise Hall, 1998 Atkins PW. Physical Chemistry, Oxford Univ. Press, Oxford, 1998 Hoppe W, Lohmann W, Markl H, Ziegler H (ed.) Biophysics, Springer- Verlag, Berlin, 1983 Articles from Journals Course language:

Notes:

Course assessment						
Total number of assessed students: 193						
Α	В	С	D	Е	FX	
13.47	20.21	33.16	19.69	12.95	0.52	

Provides: doc. RNDr. Gabriel Žoldák, DrSc., RNDr. Lukáš Trizna, PhD.

Date of last modification: 18.11.2021

University: P. J. Šafárik University in Košice

Faculty: Faculty of Science

Course ID: ÚCHV/ | Course name: Biotechnology Practical

PBT1/03

Course type, scope and the method:

Course type: Practice

Recommended course-load (hours): Per week: 5 Per study period: 70

Course method: present

Number of ECTS credits: 6

Recommended semester/trimester of the course: 1., 3.

Course level: II.

Prerequisities:

Conditions for course completion:

Výučba sa realizuje prezenčne alebo dištančne s využitím nástroja MS Teams. Formu výučby upresní vyučujúci na začiatku semestra a priebežne aktualizuje.

Learning outcomes:

Students will have knowlwdge of a variety of spectral and molecular-biology techniques, and obtain practical biotechniological skills from food and beverage production.

Brief outline of the course:

Characterization and practical application of lactic and alcohol fermentation, spectral methods. Food preservatives and their qualitative and quantitative evidence. Antibiotics - bacteriocins. Vitamins - antioxidant action of vitamin C. Production of cosmetics.

Recommended literature:

M.Ferenčík, B. Škárka, Biochemical laboratory methods, ALFA 1981.

C.Fini, A.Floridi, V.N. Finelli, B.Wittman-Liebold, Laboratory Methodology in Biochemistry, CRC Press, Florida, 1990.

D. Sabolová, Návody na praktické cvičenia z biotechnológie, Košice, 2014, http://www.upjs.sk/pracoviska/univerzitna-kniznica/e-publikacia/#pf .

Course language:

Notes:

Course assessment

Total number of assessed students: 154

A	В	С	D	Е	FX
65.58	27.27	5.84	0.65	0.65	0.0

Provides: RNDr. Danica Sabolová, PhD., univerzitná docentka

Date of last modification: 17.08.2022

Approved: prof. RNDr. Mária Kožurková, CSc.

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University: P. J. Šafárik University in Košice

Faculty: Faculty of Science

Course ID: ÚCHV/ | Course name: Class Project

RP/14

Course type, scope and the method:

Course type:

Recommended course-load (hours):

Per week: Per study period: Course method: present

Number of ECTS credits: 6

Recommended semester/trimester of the course: 2.

Course level: II.

Prerequisities:

Conditions for course completion:

Submission of a year project based on the assignment of the teacher.

Its content is experimental laboratory work on a topic assigned by the teacher and evaluation of the obtained experimental results. The condition for successful completion is realization of the assigned experiments and their evaluation in the form of presentation. After the implementation of experiments, successful presentation of results and answering any comments, the teacher will give the evaluation "completed".

Learning outcomes:

Mastering of individual work in the laboratory and creative processing of the assigned topic, according to available literature.

Brief outline of the course:

Recommended literature:

According to the recommendations of project supervisors.

Current journal literature.

Course language:

Slovak, english.

Notes:

Course assessment

Total number of assessed students: 241

abs	n
99.17	0.83

Provides: doc. RNDr. Miroslav Almáši, PhD., RNDr. Miroslava Matiková Maľarová, PhD., prof. RNDr. Zuzana Vargová, Ph.D., prof. RNDr. Juraj Černák, DrSc., doc. RNDr. Juraj Kuchár, PhD., prof. RNDr. Vladimír Zeleňák, DrSc., doc. RNDr. Ivan Potočňák, PhD., prof. Dr. Yaroslav Bazeľ, DrSc., prof. Mgr. Vasiľ Andruch, DSc., doc. RNDr. Katarína Reiffová, PhD., doc. RNDr. Taťána Gondová, CSc., doc. Ing. Viera Vojteková, PhD., RNDr. Rastislav Serbin, PhD., RNDr. Jana

Šandrejová, PhD., univerzitná docentka, Mgr. Michaela Rendošová, PhD., Mgr. Nikolas Király, PhD., prof. Dr. Andrii Vyshnikin, PhD., Serhii Zaruba, PhD.

Date of last modification: 25.01.2022

University: P. J. Šafárik University in Košice Faculty: Faculty of Science Course ID: ÚCHV/ Course name: Clinical Biochemistry KLB1/03 Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 2 / 1 Per study period: 28 / 14 Course method: present **Number of ECTS credits: 5 Recommended semester/trimester of the course:** 1. Course level: II. **Prerequisities: Conditions for course completion: Learning outcomes: Brief outline of the course: Recommended literature:** Course language: **Notes:** Course assessment Total number of assessed students: 208 C Α В D Ε FX 62.02 23.08 10.1 2.88 1.92 0.0 Provides: MUDr. Angela Molčányiová, PhD., prof. RNDr. Mária Kožurková, CSc. Date of last modification: 07.03.2023

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University: P. J. Šafárik University in Košice

Faculty: Faculty of Science

Course ID: ÚCHV/ | Course name: Enzymology

ENZ/04

Course type, scope and the method:

Course type: Lecture

Recommended course-load (hours): Per week: 3 Per study period: 42

Course method: present

Number of ECTS credits: 5

Recommended semester/trimester of the course: 1., 3.

Course level: II.

Prerequisities:

Conditions for course completion:

Successful completion of the exam, which consists of two parts: (i) written and (ii) oral part. The student passes the exam if s/he obtains at least 60% of the points in the written part and at the same time adequately answers the asked questions in the oral part.

Learning outcomes:

Understand the principle of enzyme catalysis. Learn to use the basic equations of enzyme kinetics. Ability to determine the basic kinetic and thermodynamic parameters of the enzyme-catalyzed reaction from experimental measurements.

Brief outline of the course:

- 1. Introduction. Chemical catalysis theory of transition state.
- 2. Enzyme catalysis types and examples.
- 3. Cofactors. Active site lock and key, induced fit. Enzymes classification.
- 4. 3D structure of proteins. Noncovalent interactions. Secondary, tertiary and quaternary structures. Convergent and divergent evolution. Multienzyme complexes. Dyanmics of proteins.
- 5. Ligand binding. Thermodynamics and konetics. Techniques.
- 6. Chemical kinetics. Basic equations of enzyme kinetics.
- 7. Regulations of enzyme activity examples.
- 8. Conformational change, allosteric regulation. Regulation of metabolic pathways.
- 9. Experimental determination of enzyme activity. pH and temperature dependence of enzyme catalysis.
- 10. Determination of individual rate constants. Stop flow. Enzyme-substrate complementarities and the use of binding energy in enzyme catalysis.
- 11. Reversible inhibition.
- 12. Irreversible inhibition.
- 13. Specificity and control mechanisms. "Moonlighting" enzymes. Applications of enzymes (organic solvents). Catalytic antibodies. Extremophiles. Directed selection of enzymes. Enzymatic reactions with multiple substrates.

Recommended literature:

T.E. Creighton: Proteins - structures and molecular properties, 1993, W.H. Freeman and Company - New York.

Alan Fersht "Structure and Mechanism in Protein Science: A Guide to Enzyme Catalysis and Protein Folding." (3rd Ed. W. H. Freeman and Company, 1999)
Robert A. Copeland: Enzymes (2nd edition), Wiley-VCH, 2000.

Course language:

Notes:

Course assessment

Total number of assessed students: 170

A	В	С	D	Е	FX
37.65	22.94	16.47	14.12	8.24	0.59

Provides: prof. RNDr. Erik Sedlák, DrSc.

Date of last modification: 14.11.2021

University: P. J. Šafárik University in Košice

Faculty: Faculty of Science

Course ID: ÚCHV/ Course i

Course name: Experimental Methods to Master's Thesis

EMDP/03

Course type, scope and the method:

Course type: Practice

Recommended course-load (hours): Per week: 6 Per study period: 84

Course method: present

Number of ECTS credits: 6

Recommended semester/trimester of the course: 1., 3.

Course level: II.

Prerequisities:

Conditions for course completion:

The supervisor of the diploma thesis evaluates the student's experimental work individually every week and at the end of the semester.

Learning outcomes:

Acquisition of experimental methods necessary for the successful solution of the diploma thesis.

Brief outline of the course:

Technique of experimental methods, including the use of devices needed to solve the thesis. The use of experimental instrumentation techniques in the elaboration of a diploma thesis, focusing on work with spectral and chromatographic methods used in the characterization of the structure of synthesized organic compounds. Practical application of these methods.

Recommended literature:

Current journal literature. Chemical online databases.

Course language:

Slovak, english

Notes:

Teaching is carried out full-time or part-time, using the BBB platform (BigBlueButton) or MS Teams. The form of teaching is specified by the teacher at the beginning of the semester and continuously updated.

Course assessment

Total number of assessed students: 437

A	В	С	D	Е	FX
94.28	3.43	1.14	0.46	0.69	0.0

Provides: prof. RNDr. Mária Kožurková, CSc., doc. RNDr. Taťána Gondová, CSc., doc. RNDr. Miroslava Martinková, PhD., univerzitná profesorka, prof. RNDr. Erik Sedlák, DrSc., doc. RNDr. Viktor Víglaský, PhD., doc. RNDr. Katarína Reiffová, PhD., RNDr. Nataša Tomášková, PhD., RNDr. Slávka Hamuľaková, PhD., univerzitná docentka, doc. RNDr. Rastislav Varhač, PhD., RNDr. Danica Sabolová, PhD., univerzitná docentka, prof. Mgr. Vasiľ Andruch, DSc., prof. Dr.

Yaroslav Bazeľ, DrSc., doc. RNDr. Ladislav Janovec, PhD., doc. Ing. Viera Vojteková, PhD., doc. RNDr. Mariana Budovská, PhD., doc. RNDr. Mária Vilková, PhD., RNDr. Monika Tvrdoňová, PhD., RNDr. Ján Elečko, PhD., RNDr. Jana Špaková Raschmanová, PhD., RNDr. Zuzana Kudličková, PhD., RNDr. Rastislav Serbin, PhD., RNDr. Jana Šandrejová, PhD., univerzitná docentka, prof. Dr. Andrii Vyshnikin, PhD.

Date of last modification: 25.01.2022

University: P. J. Šafárik University in Košice					
Faculty: Faculty of S	cience				
Course ID: ÚCHV/ LCDP/15	Course name: Laboratory	Practice to Diploma Thesis			
Course type, scope a Course type: Recommended cour Per week: Per stud Course method: pre	rse-load (hours): ly period: esent				
Number of ECTS cr					
Recommended seme	ster/trimester of the cours	e: 3.			
Course level: II.					
Prerequisities:					
Conditions for cours	se completion:				
Learning outcomes:					
Brief outline of the c	ourse:				
Recommended litera	nture:				
Course language:					
Notes:					
Course assessment Total number of asse	ssed students: 80				
	abs	n			
98.75 1.25					
Erik Sedlák, DrSc., R		oc. RNDr. Viktor Víglaský, PhD., prof. RNDr. doc. RNDr. Rastislav Varhač, PhD., RNDr.			
Date of last modifica	Date of last modification: 25.01.2022				
Approved: prof. RNI	Dr. Mária Kožurková, CSc.				

University: P. J. Šafárik University in Košice Faculty: Faculty of Science Course ID: KF/ Course name: Methodology of Science 1 FMPV/22 Course type, scope and the method: Course type: Lecture / Practice **Recommended course-load (hours):** Per week: 1 / 1 Per study period: 14 / 14 Course method: present Number of ECTS credits: 2 Recommended semester/trimester of the course: Course level: II. **Prerequisities: Conditions for course completion:** Attendance: A student may have one unexcused absence in seminar at the most. Absence in more than one seminar must be reasoned and substituted by consultations. Conditions of continuous and final control: during the semester a student is continuously checked and assessed according to his/ her activity. To be awarded the credits, a student must pass a test from knowledge obtained in the lectures and seminars. Results of the test will make up the final grade. **Learning outcomes:** The course is aimed at getting familiar with the basic issues of methodology and philosophy of science. Significant part will be devoted to presenting the main concepts of the philosophy of science in the 20th century and this aim will be achieved by reading the source and interpretive texts. **Brief outline of the course:** • Falsificationism and critical realism by K. R. Popper. • Development and critique of the Popper's concept. • Understanding the science development in the work by T. S. Kuhn. • Methodology of scientific research programmes of I. Lakatos. • Methodological anarchism of P. Feyerabend. • W.V.O. Quine – the issue of relation between theory and empiricism. **Recommended literature:** BILASOVÁ, V. – ANDREANSKÝ, E.: Epistemológia a metodológia vedy. Prešov: FF PU 2007. FAJKUS, B.: Filosofie a metodologie vědy. Praha: Academia 2005. BEDNÁRIKOVÁ, M. Úvod do metodológie vied. Trnavská univerzita: Trnava 2013. DÉMUTH, A. Filozofické aspekty dejín vedy. Trnavská univerzita: Trnava 2013. FEYERABEND, P.: Proti metodě. Prel. J. Fiala. Praha: Aurora 2001. KUHN, T. S.: Štruktúra vedeckých revolúcií. Prel. Ľ. Valentová. Bratislava 1982. Course language:

Page: 19

Slovak

Notes:

Course assessment Total number of assessed students: 6						
A B C D E FX						
100.0 0.0 0.0 0.0 0.0						
Provides: prof. PhDr. Eugen Andreanský, PhD.						
Date of last modification: 01.02.2022						
Approved: prof. RNDr. Mária Kožurková, CSc.						

COURSE INFORMATION LETTER
University: P. J. Šafárik University in Košice
Faculty: Faculty of Science
Course ID: ÚCHV/ Course name: Modern Trends in Biochemistry and Molecular Biology BMB1/03
Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 3 / 1 Per study period: 42 / 14 Course method: present
Number of ECTS credits: 6
Recommended semester/trimester of the course: 1.
Course level: II.
Prerequisities:
Conditions for course completion: Participation in lectures (also by distance learning). The lecturer conducting the lecture and related seminar will excuse the justified absence of the student (sickness, family reasons, etc.) at a maximum of two lectures/seminars during the semester. In the event of longer-term justified absence (e.g. due to sickness), the student must provide evidence of mastery of the missed course content by means of an agreed substitute; oral examination
Learning outcomes: To give an overview on modern biochemistry and molecular biology methods and its application in practice.
Brief outline of the course: Cell signaling system. Molecular basis of neoplastic cell transformation leading to development of cancer - oncogenes, tumor suppressing genes, regulatory regions of DNA. Gene mutations and DNA repair mechanisms. Induced pluripotent stem cells. Current trends and advances in the study of nucleic acids, their biological significance in cell metabolism. Gene therapy. Gene editing. Gene silencing. The classification of viruses based on genetic material, the effect of physical and chemical factors on viruses. Biochemistry of viruses. Virus replication. Viral oncogenicity. Retroviruses and HIV. Pandemic viruses - Covid, SARS, MERS, Ebola, influenza papillomaviruses. Prions. Aptamers and nanobioconjugates. Molecular basis of the manifestation of genetically determined diseases and their detection and diagnostic.
Recommended literature: Alberts et al: Molecular Biology of the Cell, Garland Publishing, 1994 Watson et al., Recombinant DNA, New York, 1992 Bloomfield et al., Nucleic acids - structures, properties and function, Canada, 1999 Scientific reports
Course language:

Notes:

Course assessment Total number of assessed students: 227					
A	В	С	D	Е	FX
29.52	24.23	27.31	14.54	3.96	0.44
Provides: doc. RNDr. Viktor Víglaský, PhD.					
Date of last modification: 12.11.2021					

University: P. J. Šafárik University in Košice Faculty: Faculty of Science Course ID: ÚCHV/ Course name: Patobiochemistry PAT1/03 Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 2/3 Per study period: 28/42 Course method: present **Number of ECTS credits: 7 Recommended semester/trimester of the course:** 2. Course level: II. Prerequisities: ÚCHV/KLB1/03 **Conditions for course completion: Learning outcomes: Brief outline of the course: Recommended literature:** Course language: **Notes:** Course assessment Total number of assessed students: 203 C Α В D Ε FX 19.21 64.04 10.34 4.93 1.48 0.0 Provides: MUDr. Angela Molčányiová, PhD., prof. RNDr. Mária Kožurková, CSc.

Date of last modification: 07.03.2023

University: P. J. Šafárik University in Košice Faculty: Faculty of Science Course ID: KF/ Course name: Philosophical Antropology FILA/22 Course type, scope and the method: Course type: Practice Recommended course-load (hours): Per week: 2 Per study period: 28 Course method: present Number of ECTS credits: 2 Recommended semester/trimester of the course: Course level: II. **Prerequisities: Conditions for course completion: Learning outcomes: Brief outline of the course: Recommended literature:** Course language: **Notes:** Course assessment Total number of assessed students: 0 \mathbf{C} Α В D Ε FX 0.0 0.0 0.0 0.0 0.0 0.0 Provides: doc. PhDr. Kristína Bosáková, PhD. Date of last modification: 01.02.2022 Approved: prof. RNDr. Mária Kožurková, CSc.

University: P. J. Šafárik University in Košice

Faculty: Faculty of Science

Course ID: ÚCHV/ Course name: P

PSF/03

Course name: Proteins, Structure and Function

Course type, scope and the method:

Course type: Lecture

Recommended course-load (hours): Per week: 3 Per study period: 42

Course method: present

Number of ECTS credits: 5

Recommended semester/trimester of the course: 1., 3.

Course level: II.

Prerequisities:

Conditions for course completion:

Exam carried out in writing with at least 51% score.

Learning outcomes:

Acquisition of complex knowledge about structural specifications, functions and properties of proteins.

Brief outline of the course:

- 1. Amino acids and their physico-chemical properties.
- 2. Peptide bond and the polypeptide chain.
- 3. Detection of amino acids, peptides and proteins.
- 4. Separation methods. Determination of molecular weight of proteins.
- 5. Determination of protein covalent structure.
- 6. Peptide synthesis. Protein and peptide biosynthesis.
- 7. Spectroscopic methods in the study of proteins.
- 8. Determination of the secondary and tertiary structure of proteins.
- 9. Post-translational modifications enzymatic.
- 10. Post-translational modifications nonenzymatic.
- 11. Protein topogenesis. Chaperones and chaperonins.
- 12. Interactions determining properties of proteins. Conformational changes of proteins.
- 13. The secondary structure of proteins and polypeptides.
- 14. Protein folding. Protein aggregation. Prions.
- 15. Membrane proteins.
- 16. Protein degradation.

Recommended literature:

Creighton T. E.: Proteins: Structures and Molecular Properties (2. vyd.), 1992

Buxbaum E.: Fundamentals of Protein Structure and Function, 2007

Nölting B.: Protein Folding Kinetics: Biophysical Methods (2. vyd.), 2006

Nelson D. L., Cox M. M.: Lehninger Principles of Biochemistry (4. vyd.), 2004

Whitford D.: Proteins: Structure and Function, 2011

Kessel A., Ben-Tal N.: Introduction to Proteins: Structure, Function, and Motion, 2011

Course language:

Slovak, English

Notes:

Teaching is carried out in person or, if necessary, remotely using the tool MS Teams, BigBlueButton, etc. The form of teaching is specified by the teacher at the beginning of the semester, updated continuously.

Course assessment

Total number of assessed students: 214

A	В	С	D	Е	FX
30.37	19.16	24.3	15.42	9.81	0.93

Provides: prof. RNDr. Erik Sedlák, DrSc., doc. RNDr. Rastislav Varhač, PhD.

Date of last modification: 16.11.2021

University: P. J. Šafárik University in Košice

Faculty: Faculty of Science

Course ID: ÚTVŠ/ | Course name: Seaside Aerobic Exercise

CM/13

Course type, scope and the method:

Course type: Practice

Recommended course-load (hours): Per week: 2 Per study period: 28

Course method: present

Number of ECTS credits: 2

Recommended semester/trimester of the course:

Course level: II.

Prerequisities:

Conditions for course completion:

Completion: passed

Condition for successful course completion:

- active participation in line with the study rule of procedure and course guidelines
- effective performance of all tasks- aerobics, water exercise, yoga, Pilates and others

Learning outcomes:

Content standard:

The student demonstrates relevant knowledge and skills in the field, which content is defined in the course syllabus and recommended literature.

Performance standard:

Upon completion of the course students are able to meet the performance standard and:

- perform basic aerobics steps and basics of health exercises,
- conduct verbal and non-verbal communication with clients during exercise,
- organise and manage the process of physical recreation in leisure time

Brief outline of the course:

Brief outline of the course:

- 1. Basic aerobics low impact aerobics, high impact aerobics, basic steps and cuing
- 2. Basics of aqua fitness
- 3. Basics of Pilates
- 4. Health exercises
- 5. Bodyweight exercises
- 6. Swimming
- 7. Relaxing yoga exercises
- 8. Power yoga
- 9. Yoga relaxation
- 10 Final assessment

Students can engage in different sport activities offered by the sea resort – swimming, rafting, volleyball, football, table tennis, tennis and other water sports in particular.

Recommended literature:

1. BUZKOVÁ, K. 2006. Fitness jóga. Praha: Grada. 167 s.

- 2. ČECHOVSKÁ, I., MILEROVÁ, H., NOVOTNÁ, V. Aqua-fitness. Praha: Grada. 136 s.
- 3. EVANS, M., HUDSON, J., TUCKER, P. 2001. Umění harmonie: meditace, jóga, tai-či, strečink. 192 s.
- 4. JARKOVSKÁ, H., JARKOVSKÁ, M. 2005. Posilováni s vlastním tělem 417 krát jinak. Praha: Grada. 209 s.
- 5. KOVAŘÍKOVÁ, K. 2017. Aerobik a fitness. Karolium, 130 s.

Course language:

Slovak language

Notes:

Course assessment

Total number of assessed students: 62

abs	n
9.68	90.32

Provides: Mgr. Agata Dorota Horbacz, PhD.

Date of last modification: 29.03.2022

University: P. J. Šafárik University in Košice Faculty: Faculty of Science Course ID: KF/ Course name: Selected Topics in Philosophy of Education (General FIVYC/22 Introduction) Course type, scope and the method: Course type: Lecture / Practice Recommended course-load (hours): Per week: 1 / 1 Per study period: 14 / 14 Course method: present Number of ECTS credits: 2 Recommended semester/trimester of the course: Course level: II. **Prerequisities: Conditions for course completion: Learning outcomes: Brief outline of the course: Recommended literature:** Course language: **Notes:** Course assessment Total number of assessed students: 2 \mathbf{C} Α В D Ε FX 100.0 0.0 0.0 0.0 0.0 0.0 Provides: PhDr. Dušan Hruška, PhD. Date of last modification: 27.04.2022 Approved: prof. RNDr. Mária Kožurková, CSc.

University: P. J. Šafá	rik University in Košice
Faculty: Faculty of S	cience
Course ID: ÚCHV/ SP1/14	Course name: Semestral Project I
Course type, scope a Course type: Recommended cour Per week: Per stud Course method: pre	rse-load (hours): y period:
Number of ECTS cro	edits: 4
Recommended seme	ster/trimester of the course: 1.
Course level: II.	
Prerequisities:	
is an independent sea original papers, its pr	e completion: hission of a semester project based on the assignment of the teacher. Its content in scientific information in scientometric databases, subsequent study of occessing and presentation of the results of literare search. esentation and answering any comments, the teacher will give the evaluation
Learning outcomes: Mastering the indepe literature.	ndent and creative processing of the assigned topic using the latest scientific
Ways to search these Specific search accord Selection of obtained Finding relevant orig Study of selected pap	ntific databases, resp. other, by the teacher suggested, accessible databases. databases. Iring to the assignement of the teacher. results. inal articles. ers. ed information into presentation.
_	ntific databases, Science direct and other accessible websites of scientific Current scientific papers.
Course language: Slovak, English.	

Page: 30

Notes:

Course assessment	
Total number of assessed students: 249	
abs	n
99.6	0.4

Provides: RNDr. Rastislav Serbin, PhD., prof. RNDr. Mária Kožurková, CSc., prof. Dr. Yaroslav Bazeľ, DrSc., doc. RNDr. Ján Imrich, CSc., doc. RNDr. Miroslava Martinková, PhD., univerzitná profesorka, prof. RNDr. Erik Sedlák, DrSc., RNDr. Nataša Tomášková, PhD., doc. RNDr. Viktor Víglaský, PhD., doc. RNDr. Rastislav Varhač, PhD., RNDr. Danica Sabolová, PhD., univerzitná docentka, RNDr. Jana Šandrejová, PhD., univerzitná docentka, doc. RNDr. Ivan Potočňák, PhD., RNDr. Marián Fabián, CSc., doc. RNDr. Miroslav Almáši, PhD., RNDr. Miroslava Matiková Maľarová, PhD., prof. RNDr. Zuzana Vargová, Ph.D., prof. RNDr. Juraj Černák, DrSc., doc. RNDr. Juraj Kuchár, PhD., prof. RNDr. Vladimír Zeleňák, DrSc., Mgr. Michaela Rendošová, PhD., Mgr. Nikolas Király, PhD., prof. Dr. Andrii Vyshnikin, PhD., Serhii Zaruba, PhD., prof. Mgr. Vasiľ Andruch, DSc., doc. RNDr. Katarína Reiffová, PhD., doc. Ing. Viera Vojteková, PhD.

Date of last modification: 24.01.2022

COURSE INFORMATION LETTER
University: P. J. Šafárik University in Košice
Faculty: Faculty of Science
Course ID: ÚCHV/ Course name: Semestral Project II SP2/14
Course type, scope and the method: Course type: Recommended course-load (hours): Per week: Per study period: Course method: present
Number of ECTS credits: 6
Recommended semester/trimester of the course: 3.
Course level: II.
Prerequisities:
Conditions for course completion: Based on the information obtained from the subject Semester Project I, theoretical preparation of experimental works in the laboratory and their realization according to the instructions of the teacher. The condition for successful completion is realization of the assigned experiment and their evaluation in the form of presentation. After the implementation of experiments successful presentation of results and answering any comments, the teacher will give the evaluation "completed".
Learning outcomes: Mastering independent and creative work concerning the preparation and implementation of scientific experiments in the laboratory on the basis of the assigned topic and the ability to present the results.
Brief outline of the course: Design of experimental work based on the study of the original literature, taking into account the rules of safety at work and laboratory equipment. Design of experimental work based on the study of the original literature, taking into account the rules of safety at work and laboratory equipment. Realization of the experiment. Critical evaluation of the obtained results and their processing into the form of presentation. Presentation of results.
Recommended literature: Literature as recommendation by the teacher. Current papers.
Course language: Slovak, English.

Notes:

Course assessment	
Total number of assessed students: 168	
abs	n
100.0	0.0

Provides: RNDr. Rastislav Serbin, PhD., prof. RNDr. Mária Kožurková, CSc., prof. Mgr. Vasiľ Andruch, DSc., prof. Dr. Yaroslav Bazeľ, DrSc., prof. RNDr. Erik Sedlák, DrSc., doc. RNDr. Miroslava Martinková, PhD., univerzitná profesorka, doc. RNDr. Andrea Straková Fedorková, PhD., RNDr. Monika Tvrdoňová, PhD., doc. RNDr. Mária Ganajová, CSc., prof. RNDr. Jozef Gonda, DrSc., doc. Ing. Viera Vojteková, PhD., prof. RNDr. Vladimír Zeleňák, DrSc., doc. RNDr. Ján Imrich, CSc., doc. RNDr. Ivan Potočňák, PhD., doc. RNDr. Katarína Reiffová, PhD., RNDr. Nataša Tomášková, PhD., doc. RNDr. Viktor Víglaský, PhD., RNDr. Danica Sabolová, PhD., univerzitná docentka, doc. RNDr. Rastislav Varhač, PhD., doc. RNDr. Peter Pristaš, CSc., univerzitný profesor, RNDr. Jana Šandrejová, PhD., univerzitná docentka, doc. RNDr. Miroslav Almáši, PhD., RNDr. Miroslava Matiková Maľarová, PhD., prof. RNDr. Zuzana Vargová, Ph.D., prof. RNDr. Juraj Černák, DrSc., doc. RNDr. Juraj Kuchár, PhD., Mgr. Michaela Rendošová, PhD., Mgr. Nikolas Király, PhD.

Date of last modification: 25.01.2022

University: P. J. Šafárik University in Košice

Faculty: Faculty of Science

Course ID: ÚCHV/ Course nam

SDP/03

Course name: Seminar to Diploma Thesis

Course type, scope and the method:

Course type: Practice

Recommended course-load (hours): Per week: 2 Per study period: 28

Course method: present

Number of ECTS credits: 2

Recommended semester/trimester of the course: 4.

Course level: II.

Prerequisities:

Conditions for course completion:

Active participation in all seminars. In case of non-participation in a maximum of two seminars for serious reasons (e.g. illness), fulfillment of alternative criteria assigned by the teacher. After completing the course, the teacher will give an evaluation based on the activity and results of the student.

Learning outcomes:

After completing the course, the student is able to work independently in writing a thesis with an emphasis on accurate expression and adherence to ethical principles.

Brief outline of the course:

General principles of thesis writing, formal requirements of diploma thesis, plagiarism as a negative phenomenon. Processing of experimental results in the form of tables, figures and graphs. Method of citing literature, preparation for the defense of the diploma thesis.

Recommended literature:

As recommended by the teacher.

Course language:

Slovak, English

Notes:

Course assessment

Total number of assessed students: 414

A	В	С	D	Е	FX
96.38	1.69	0.97	0.24	0.24	0.48

Provides: doc. RNDr. Andrea Straková Fedorková, PhD., prof. RNDr. Mária Kožurková, CSc., prof. RNDr. Juraj Černák, DrSc., prof. Dr. Yaroslav Bazeľ, DrSc., prof. RNDr. Andrej Oriňak, PhD., prof. RNDr. Vladimír Zeleňák, DrSc., prof. RNDr. Zuzana Vargová, Ph.D., doc. RNDr. Ivan Potočňák, PhD., doc. RNDr. Taťána Gondová, CSc., doc. RNDr. Katarína Reiffová, PhD., prof. Mgr. Vasil' Andruch, DSc., prof. RNDr. Renáta Oriňaková, DrSc., RNDr. Miroslava Matiková Maľarová, PhD., doc. RNDr. Juraj Kuchár, PhD., doc. RNDr. Miroslav Almáši, PhD., RNDr.

Rastislav Serbin, PhD., Mgr. Michaela Rendošová, PhD., Mgr. Nikolas Király, PhD., RNDr. Jana Shepa, PhD.

Date of last modification: 25.01.2022

University: P. J. Šafárik University in Košice

Faculty: Faculty of Science

Course ID: ÚTVŠ/ | **Course name:** Sports Activities I.

TVa/11

Course type, scope and the method:

Course type: Practice

Recommended course-load (hours): Per week: 2 Per study period: 28

Course method: present

Number of ECTS credits: 2

Recommended semester/trimester of the course: 1.

Course level: I., II., P

Prerequisities:

Conditions for course completion:

Min. 80% of active participation in classes.

Learning outcomes:

Sports activities in all their forms prepare university students for their professional and personal life. They have a great impact on physical fitness and performance. Specialization in sports activities enables students to strengthen their relationship towards the selected sport in which they also improve.

Brief outline of the course:

Brief outline of the course:

The Institute of physical education and sport at the Pavol Jozef Šafárik University offers 20 sports activities aerobics; aikido, basketball, badminton, body-balance, body form, bouldering, floorball, yoga, power yoga, pilates, swimming, fitness, indoor football, SM system, step aerobics, table tennis, chess, volleyball, tabata, cycling.

Additionally, the Institute of physical education and sport at the Pavol Jozef Šafárik University offers winter courses (ski course, survival) and summer courses (aerobics by the sea, rafting on the Tisza River) with an attractive programme, sports competitions with national and international participation.

Recommended literature:

BENCE, M. et al. 2005. Plávanie. Banská Bystrica: FHV UMB. 198s. ISBN 80-8083-140-8. [online] Dostupné na: https://www.ff.umb.sk/app/cmsFile.php?disposition=a&ID=571 BUZKOVÁ, K. 2006. Fitness jóga, harmonické cvičení těla I duše. Praha: Grada. ISBN 8024715252.

JARKOVSKÁ, H, JARKOVSKÁ, M. 2005. Posilování s vlastním tělem 417 krát jinak. Praha: Grada. ISBN 9788024757308.

KAČÁNI, L. 2002. Futbal:Tréning hrou. Bratislava: Peter Mačura – PEEM. 278s. ISBN 8089197027.

KRESTA, J. 2009. Futsal. Praha: Grada Publishing, a.s. 112s. ISBN 9788024725345.

LAWRENCE, G. 2019. Power jóga nejen pro sportovce. Brno: CPress. ISBN 9788026427902.

SNER, Wolfgang. 2004. Posilování ve fitness. České Budějovice: Kopp. ISBN 8072322141.

VOMÁČKO, S. BOŠTÍKOVÁ, S. 2003. Lezení na umělých stěnách. Praha: Grada. 129s. ISBN 8024721743.

Course language:

Slovak language

Notes:

Course assessment

Total number of assessed students: 15781

abs	abs-A	abs-B	abs-C	abs-D	abs-E	n	neabs
85.74	0.06	0.0	0.0	0.0	0.04	9.0	5.15

Provides: Mgr. Patrik Berta, Mgr. Agata Dorota Horbacz, PhD., Mgr. Dávid Kaško, PhD., Mgr. Ladislav Kručanica, PhD., Mgr. Richard Melichar, Mgr. Petra Tomková, PhD., Mgr. Marcel Čurgali, Mgr. Alena Buková, PhD., univerzitná docentka, doc. PaedDr. Ivan Uher, MPH, PhD., prof. RNDr. Stanislav Vokál, DrSc., Mgr. Zuzana Küchelová, PhD., Mgr. Ferdinand Salonna, PhD.

Date of last modification: 07.02.2024

University: P. J. Šafárik University in Košice

Faculty: Faculty of Science

Course ID: ÚTVŠ/ | **Course name:** Sports Activities II.

TVb/11

Course type, scope and the method:

Course type: Practice

Recommended course-load (hours): Per week: 2 Per study period: 28

Course method: present

Number of ECTS credits: 2

Recommended semester/trimester of the course: 2.

Course level: I., II., P

Prerequisities:

Conditions for course completion:

active participation in classes - min. 80%.

Learning outcomes:

Sports activities in all their forms prepare university students for their professional and personal life. They have a great impact on physical fitness and performance. Specialization in sports activities enables students to strengthen their relationship towards the selected sport in which they also improve.

Brief outline of the course:

Brief outline of the course:

The Institute of physical education and sport at the Pavol Jozef Šafárik University offers 20 sports activities aerobics; aikido, basketball, badminton, body-balance, body form, bouldering, floorball, yoga, power yoga, pilates, swimming, fitness, indoor football, SM system, step aerobics, table tennis, chess, volleyball, tabata, cycling.

Additionally, the Institute of physical education and sport at the Pavol Jozef Šafárik University offers winter courses (ski course, survival) and summer courses (aerobics by the sea, rafting on the Tisza River) with an attractive programme, sports competitions with national and international participation.

Recommended literature:

BENCE, M. et al. 2005. Plávanie. Banská Bystrica: FHV UMB. 198s. ISBN 80-8083-140-8. [online] Dostupné na: https://www.ff.umb.sk/app/cmsFile.php?disposition=a&ID=571 BUZKOVÁ, K. 2006. Fitness jóga, harmonické cvičení těla I duše. Praha: Grada. ISBN 8024715252.

JARKOVSKÁ, H, JARKOVSKÁ, M. 2005. Posilování s vlastním tělem 417 krát jinak. Praha: Grada. ISBN 9788024757308.

KAČÁNI, L. 2002. Futbal:Tréning hrou. Bratislava: Peter Mačura – PEEM. 278s. ISBN 8089197027.

KRESTA, J. 2009. Futsal. Praha: Grada Publishing, a.s. 112s. ISBN 9788024725345.

LAWRENCE, G. 2019. Power jóga nejen pro sportovce. Brno: CPress. ISBN 9788026427902.

SNER, Wolfgang. 2004. Posilování ve fitness. České Budějovice: Kopp. ISBN 8072322141.

VOMÁČKO, S. BOŠTÍKOVÁ, S. 2003. Lezení na umělých stěnách. Praha: Grada. 129s. ISBN 8024721743.

Course language:

Slovak language

Notes:

Course assessment

Total number of assessed students: 13802

abs	abs-A	abs-B	abs-C	abs-D	abs-E	n	neabs
83.85	0.49	0.01	0.0	0.0	0.04	11.17	4.43

Provides: Mgr. Agata Dorota Horbacz, PhD., Mgr. Dávid Kaško, PhD., Mgr. Marcel Čurgali, Mgr. Patrik Berta, Mgr. Ladislav Kručanica, PhD., Mgr. Richard Melichar, Mgr. Petra Tomková, PhD., Mgr. Alena Buková, PhD., univerzitná docentka, doc. PaedDr. Ivan Uher, MPH, PhD., prof. RNDr. Stanislav Vokál, DrSc., Mgr. Zuzana Küchelová, PhD., Mgr. Ferdinand Salonna, PhD.

Date of last modification: 07.02.2024

University: P. J. Šafárik University in Košice

Faculty: Faculty of Science

Course ID: ÚTVŠ/ | **Course name:** Sports Activities III.

TVc/11

Course type, scope and the method:

Course type: Practice

Recommended course-load (hours): Per week: 2 Per study period: 28

Course method: present

Number of ECTS credits: 2

Recommended semester/trimester of the course: 3.

Course level: I., II.

Prerequisities:

Conditions for course completion:

min. 80% of active participation in classes

Learning outcomes:

Sports activities in all their forms prepare university students for their professional and personal life. They have a great impact on physical fitness and performance. Specialization in sports activities enables students to strengthen their relationship towards the selected sport in which they also improve.

Brief outline of the course:

Brief outline of the course:

The Institute of physical education and sport at the Pavol Jozef Šafárik University offers 20 sports activities aerobics; aikido, basketball, badminton, body-balance, body form, bouldering, floorball, yoga, power yoga, pilates, swimming, fitness, indoor football, SM system, step aerobics, table tennis, chess, volleyball, tabata, cycling.

Additionally, the Institute of physical education and sport at the Pavol Jozef Šafárik University offers winter courses (ski course, survival) and summer courses (aerobics by the sea, rafting on the Tisza River) with an attractive programme, sports competitions with national and international participation.

Recommended literature:

BENCE, M. et al. 2005. Plávanie. Banská Bystrica: FHV UMB. 198s. ISBN 80-8083-140-8. [online] Dostupné na: https://www.ff.umb.sk/app/cmsFile.php?disposition=a&ID=571 BUZKOVÁ, K. 2006. Fitness jóga, harmonické cvičení těla I duše. Praha: Grada. ISBN 8024715252.

JARKOVSKÁ, H, JARKOVSKÁ, M. 2005. Posilování s vlastním tělem 417 krát jinak. Praha: Grada. ISBN 9788024757308.

KAČÁNI, L. 2002. Futbal:Tréning hrou. Bratislava: Peter Mačura – PEEM. 278s. ISBN 8089197027.

KRESTA, J. 2009. Futsal. Praha: Grada Publishing, a.s. 112s. ISBN 9788024725345.

LAWRENCE, G. 2019. Power jóga nejen pro sportovce. Brno: CPress. ISBN 9788026427902.

SNER, Wolfgang. 2004. Posilování ve fitness. České Budějovice: Kopp. ISBN 8072322141.

VOMÁČKO, S. BOŠTÍKOVÁ, S. 2003. Lezení na umělých stěnách. Praha: Grada. 129s. ISBN 8024721743.

Course language:

Slovak language

Notes:

Course assessment

Total number of assessed students: 9334

abs	abs-A	abs-B	abs-C	abs-D	abs-E	n	neabs
87.96	0.06	0.01	0.0	0.0	0.02	4.92	7.03

Provides: Mgr. Marcel Čurgali, Mgr. Agata Dorota Horbacz, PhD., Mgr. Dávid Kaško, PhD., Mgr. Patrik Berta, Mgr. Ladislav Kručanica, PhD., Mgr. Richard Melichar, Mgr. Petra Tomková, PhD., Mgr. Alena Buková, PhD., univerzitná docentka, doc. PaedDr. Ivan Uher, MPH, PhD., prof. RNDr. Stanislav Vokál, DrSc., Mgr. Zuzana Küchelová, PhD., Mgr. Ferdinand Salonna, PhD.

Date of last modification: 07.02.2024

University: P. J. Šafárik University in Košice

Faculty: Faculty of Science

Course ID: ÚTVŠ/ | **Course name:** Sports Activities IV.

TVd/11

Course type, scope and the method:

Course type: Practice

Recommended course-load (hours): Per week: 2 Per study period: 28

Course method: present

Number of ECTS credits: 2

Recommended semester/trimester of the course: 4.

Course level: I., II.

Prerequisities:

Conditions for course completion:

min. 80% of active participation in classes

Learning outcomes:

Sports activities in all their forms prepare university students for their professional and personal life. They have a great impact on physical fitness and performance. Specialization in sports activities enables students to strengthen their relationship towards the selected sport in which they also improve.

Brief outline of the course:

Brief outline of the course:

The Institute of physical education and sport at the Pavol Jozef Šafárik University offers 20 sports activities aerobics; aikido, basketball, badminton, body-balance, body form, bouldering, floorball, yoga, power yoga, pilates, swimming, fitness, indoor football, SM system, step aerobics, table tennis, chess, volleyball, tabata, cycling.

Additionally, the Institute of physical education and sport at the Pavol Jozef Šafárik University offers winter courses (ski course, survival) and summer courses (aerobics by the sea, rafting on the Tisza River) with an attractive programme, sports competitions with national and international participation.

Recommended literature:

BENCE, M. et al. 2005. Plávanie. Banská Bystrica: FHV UMB. 198s. ISBN 80-8083-140-8. [online] Dostupné na: https://www.ff.umb.sk/app/cmsFile.php?disposition=a&ID=571 BUZKOVÁ, K. 2006. Fitness jóga, harmonické cvičení těla I duše. Praha: Grada. ISBN 8024715252.

JARKOVSKÁ, H, JARKOVSKÁ, M. 2005. Posilování s vlastním tělem 417 krát jinak. Praha: Grada. ISBN 9788024757308.

KAČÁNI, L. 2002. Futbal:Tréning hrou. Bratislava: Peter Mačura – PEEM. 278s. ISBN 8089197027.

KRESTA, J. 2009. Futsal. Praha: Grada Publishing, a.s. 112s. ISBN 9788024725345.

LAWRENCE, G. 2019. Power jóga nejen pro sportovce. Brno: CPress. ISBN 9788026427902.

SNER, Wolfgang. 2004. Posilování ve fitness. České Budějovice: Kopp. ISBN 8072322141.

VOMÁČKO, S. BOŠTÍKOVÁ, S. 2003. Lezení na umělých stěnách. Praha: Grada. 129s. ISBN 8024721743.

Course language:

Slovak language

Notes:

Course assessment

Total number of assessed students: 5846

abs	abs-A	abs-B	abs-C	abs-D	abs-E	n	neabs
82.54	0.27	0.03	0.0	0.0	0.0	8.24	8.91

Provides: Mgr. Marcel Čurgali, Mgr. Agata Dorota Horbacz, PhD., Mgr. Dávid Kaško, PhD., Mgr. Patrik Berta, Mgr. Ladislav Kručanica, PhD., Mgr. Richard Melichar, Mgr. Petra Tomková, PhD., Mgr. Alena Buková, PhD., univerzitná docentka, doc. PaedDr. Ivan Uher, MPH, PhD., prof. RNDr. Stanislav Vokál, DrSc., Mgr. Zuzana Küchelová, PhD., Mgr. Ferdinand Salonna, PhD.

Date of last modification: 07.02.2024

University: P. J. Šafárik University in Košice

Faculty: Faculty of Science

Course ID: ÚTVŠ/ | Course name: Summer Course-Rafting of TISA River

LKSp/13

Course type, scope and the method:

Course type: Practice

Recommended course-load (hours): Per week: 2 Per study period: 28

Course method: present

Number of ECTS credits: 2

Recommended semester/trimester of the course:

Course level: I., II., P

Prerequisities:

Conditions for course completion:

Completion: passed

Condition for successful course completion:

- active participation in line with the study rule of procedure and course guidelines
- effective performance of all tasks: carrying a canoe, entering and exiting a canoe, righting a canoe, paddling

Learning outcomes:

Content standard:

The student demonstrates relevant knowledge and skills in the field, which content is defined in the course syllabus and recommended literature.

Performance standard:

Upon completion of the course students are able to meet the performance standard and:

- implement the acquired knowledge in different situations and practice,
- implement basic skills to manipulate a canoe on a waterway,
- determine the right spot for camping,
- prepare a suitable material and equipment for camping.

Brief outline of the course:

Brief outline of the course:

- 1. Assessment of difficulty of waterways
- 2. Safety rules for rafting
- 3. Setting up a crew
- 4. Practical skills training using an empty canoe
- 5. Canoe lifting and carrying
- 6. Putting the canoe in the water without a shore contact
- 7. Getting in the canoe
- 8. Exiting the canoe
- 9. Taking the canoe out of the water
- 10. Steering
- a) The pry stroke (on fast waterways)
- b) The draw stroke

11. Capsizing

12. Commands

Recommended literature:

1. JUNGER, J. et al. Turistika a športy v prírode. Prešov: FHPV PU v Prešove. 2002. ISBN 8080680973.

Internetové zdroje:

1. STEJSKAL, T. Vodná turistika. Prešov: PU v Prešove. 1999.

Dostupné na: https://ulozto.sk/tamhle/UkyxQ2lYF8qh/name/Nahrane-7-5-2021-v-14-46-39#! ZGDjBGR2AQtkAzVkAzLkLJWuLwWxZ2ukBRLjnGqSomICMmOyZN==

Course language:

Slovak language

Notes:

Course assessment

Total number of assessed students: 232

abs	n
36.64	63.36

Provides: Mgr. Dávid Kaško, PhD.

Date of last modification: 29.03.2022

University: P. J. Šafárik University in Košice

Faculty: Faculty of Science

Course ID: ÚTVŠ/ | **Course name:** Survival Course

KP/12

Course type, scope and the method:

Course type: Practice

Recommended course-load (hours): Per week: 2 Per study period: 28

Course method: present

Number of ECTS credits: 2

Recommended semester/trimester of the course:

Course level: I., II., P

Prerequisities:

Conditions for course completion:

Completion: passed

Condition for successful course completion:

- active participation in line with the study rule of procedure and course guidelines,
- effective performance of all the tasks defined in the course syllabus

Learning outcomes:

Content standard:

The student demonstrates relevant knowledge and skills in the field, which content is defined in the course syllabus and recommended literature.

Performance standard:

Upon completion of the course students are able to meet the performance standard and should:

- acquire knowledge about safe stay and movement in natural environment,
- obtain theoretical knowledge and practical skills to solve extraordinary and demanding situations connected with survival and minimization of damage to health,
- be able to resist and face situations related to overcoming barriers and obstacles in natural environment,
- be able implement the acquired knowledge as an instructor during summer sport camps for children and youth within recreational sport.

Brief outline of the course:

Brief outline of the course:

- 1. Principles of conduct and safety in the movement in unfamiliar natural environment
- 2. Preparation and guidance of a hike tour
- 3. Objective and subjective danger in the mountains
- 4. Principles of hygiene and prevention of damage to health in extreme conditions
- 5. Fire building
- 6. Movement in the unfamiliar terrain, orientation and navigation
- 7. Shelters
- 8. Food preparation and water filtering
- 9. Rappelling, Tyrolian traverse
- 10. Transport of an injured person, first aid

Recommended literature:

- 1. JUNGER, J. et al. Turistika a športy v prírode. Prešov: Fakulta humanitných a prírodných vied PU v Prešove. 2002. 267s. ISBN 80-8068-097-3.
- 2. PAVLÍČEK, J. Člověk v drsné přírodě. 3. vyd. Praha: Práh. 2002. ISBN 8072520598.
- 3. WISEMAN, J. SAS: příručka jak přežít. Praha: Svojtka & Co. 2004. 566s. ISBN 8072372807.

Course language:

Slovak language

Notes:

Course assessment

Total number of assessed students: 461

abs	n
46.2	53.8

Provides: Mgr. Ladislav Kručanica, PhD.

Date of last modification: 16.05.2023

University: P. J. Šafárik University in Košice

Faculty: Faculty of Science

Course ID: ÚCHV/ | Course name: Xenobiochemistry

XBCH/04

Course type, scope and the method:

Course type: Lecture

Recommended course-load (hours): Per week: 3 Per study period: 42

Course method: present

Number of ECTS credits: 5

Recommended semester/trimester of the course: 2., 4.

Course level: II.

Prerequisities:

Conditions for course completion:

Written test, from which the student must obtain at least 51 %.

Learning outcomes:

Students will have knowledge of xenobiotics metabolism in living organisms.

Brief outline of the course:

Characterization of metabolism of xenobiotics in the liver. The basic types of biotransformation reactions - oxidation, reduction, hydrolysis, conjugation. Biotransformation enzymes. Free radicals and their effects, lipid peroxidation.

Recommended literature:

Z. Ďuračková: Voľné radikály a antioxidanty v medicíne, Slovak akademik press 1998.

Z. Vodrážka: Biochémia, Praha, 1996.

A. Jindra: Biochémia, molekulárnobiologické a farmakologické aspekty, Praha, 1985.

Course language:

Notes:

Course assessment

Total number of assessed students: 105

A	В	С	D	Е	FX
57.14	20.95	12.38	5.71	3.81	0.0

Provides: RNDr. Danica Sabolová, PhD., univerzitná docentka

Date of last modification: 17.08.2022