

# CONTENT

1. Advanced Social Counselling.....	3
2. Applied Professional Competencies in Social Work.....	6
3. Client in an Adverse Social Situation.....	8
4. Community Art in Social Work.....	11
5. Community Social Work Practice and Field Social Work.....	13
6. Community Social Work Practice and Field Social Work.....	16
7. Conference Paper Presentation.....	19
8. Coping Strategies in Social Work.....	21
9. Counselling in Social Work.....	23
10. Determinants of Personality Psychopathology.....	24
11. Developmental Psychology.....	27
12. Distance Counselling.....	29
13. English Language for Social Work.....	31
14. Ethics in Social Work.....	33
15. Family Social Work Practice.....	35
16. Fundamentals of Statistical Processing and Data Interpretation.....	38
17. Fundamentals of Statistics in Social Sciences.....	40
18. History of Social Work 1.....	43
19. International Student Mobility 2.....	45
20. Management of Social Work.....	46
21. Master's Thesis Defense.....	49
22. Master's Thesis Seminar.....	50
23. Master's Thesis Seminar.....	53
24. Master's Thesis Seminar.....	56
25. Master's Thesis and Defence.....	58
26. Methods and Techniques of Social Work Practice 1.....	60
27. Methods and Techniques of Social Work Practice 2.....	62
28. Penitentiary and Post-Penitentiary Care.....	64
29. Planning and Projection in Social Work.....	67
30. Planning and Projection in Social Work.....	69
31. Prevention in Social Work.....	71
32. Principles of Creating and Using Research Tools II.....	73
33. Research Methodology for Social Work 1.....	74
34. Research Methodology for Social Work 2.....	76
35. Research Project 2.....	78
36. Seaside Aerobic Exercise.....	80
37. Social Psychology in Social Work.....	82
38. Social Work Practice in the Third Sector.....	84
39. Social Work Practice in the Third Sector.....	87
40. Social Work Practice with Children and Youth.....	90
41. Social Work Practice with Groups.....	93
42. Social Work Practice with Groups.....	96
43. Social Work Practice with Refugees.....	99
44. Social Work Practice with Roma Ethnic Minority.....	100
45. Social Work Practice with Seniors.....	103
46. Social Work Practice with the People with Disabilities.....	106
47. Social Work Science.....	109
48. Social Work Science.....	111

49. Social Work in International Contexts.....	113
50. Social Work in the Public Sector.....	114
51. Social and Psychological Pathology.....	115
52. Specialised Professional Practice.....	117
53. Specialised Professional Practice 2.....	119
54. Specialised Professional Practice 3.....	121
55. Sports Activities I.....	123
56. Sports Activities II.....	125
57. Student Scientific Specialised Activity II.....	127
58. Student Scientific Specialised Activity II.....	130
59. Summer Course-Rafting of TISA River.....	132
60. Supervision in Social Work.....	134
61. Survival Course.....	136
62. Theoretical Concepts and Approaches to Disability.....	138
63. Theories and Methods of Social Work.....	141
64. Theories of Social Work.....	143
65. Theory of Social Work.....	145
66. Therapeutic Intervention and Social Rehabilitation in Social Work.....	147
67. Training in Social and Psychological Competencies - Crises and Conflicts.....	150
68. Types of Aggression in Social Work.....	152
69. Volunteering in Social Work Practice 2.....	153

## COURSE INFORMATION LETTER

<b>University:</b> P. J. Šafárik University in Košice	
<b>Faculty:</b> Faculty of Arts	
<b>Course ID:</b> KSP/SSP/25	<b>Course name:</b> Advanced Social Counselling
<b>Course type, scope and the method:</b> <b>Course type:</b> Lecture / Practice <b>Recommended course-load (hours):</b> <b>Per week:</b> 1 / 1 <b>Per study period:</b> 14 / 14 <b>Course method:</b> present	
<b>Number of ECTS credits:</b> 4	
<b>Recommended semester/trimester of the course:</b> 5.	
<b>Course level:</b> II.	
<b>Prerequisites:</b>	
<b>Conditions for course completion:</b> All teaching activities, as well as the completion of individual components of continuous assessment, will be conducted either in person or remotely (via MS Teams or LMS), depending on the current situation. The instructor has the authority to determine which parts of the course may be replaced with independent student preparation for assigned activities. Continuous Assessment: 1. Midterm Written Test – Maximum of 20 points. This test assesses the student's ability to understand, apply, and analyze the theoretical foundations of specialized social counselling. 2. Assignment Development, Submission, and Presentation – According to a predefined schedule, worth up to 30 points. Assignments must be submitted through the LMS e-learning platform by the specified deadline. If an assignment is not submitted or submitted late, the student loses the opportunity to earn points for that task. All assignments will be checked using the Turnitin anti-plagiarism system, and the score may be adjusted based on the originality report. Through these assignments, students demonstrate their ability to describe, interpret, and apply theoretical knowledge. 3. Attendance – A minimum of 80% attendance in both lectures and seminars is required to be admitted to the final exam. To be eligible for the final exam, the student must obtain at least 26 points from continuous assessment and meet the attendance requirement. If either condition is not met, the student will receive a non-classified grade (grade X). Early Exam Option: To take the exam in the last week of the semester (during lecture time), the student must obtain at least 40 points from continuous assessment. Final Assessment: The final written exam is worth a maximum of 50 points, with a minimum of 26 points required to pass. The exam verifies the student's ability to understand, apply, and analyze theoretical foundations of specialized social counselling. Final Grade Composition: The final grade is the sum of points from continuous assessment and the final exam: A = 100–91 points, B = 90–81 points, C = 80–71 points, D = 70–61 points, E = 60–52 points, FX = 51 points or fewer	

**Learning outcomes:****1. Knowledge**

The student understands the key principles and theoretical frameworks of specialized social counselling, including crisis intervention and various approaches to working with clients in difficult life situations. They are familiar with the basic forms of communication (verbal and non-verbal) and their importance in identifying the client's needs and emotions. The student understands the significance of relationships in a client's life, can explain the concept of social support, and reflects on the use of motivational techniques and the process of grieving. They are also familiar with the causes and manifestations of aggression, as well as principles of conflict de-escalation.

**2. Skills**

The student is able to apply theoretical knowledge in conducting a counselling interview and to work with different forms of communication (active listening, empathy, providing feedback). In practice, they can identify and articulate the client's needs, work with their emotions, and help the client reframe the problem, using sources of social support and appropriate motivational techniques. In cases of crisis or aggressive behavior, the student can implement de-escalation strategies and basic crisis intervention procedures. When working with clients experiencing grief or acute emotional stress, they are able to act sensitively and support the client in managing difficult emotional states. The student also develops the ability to plan and implement various interventions focused on client self-care.

**3. Competencies**

The student is prepared to independently and professionally lead a counselling process, reflecting the individual needs of the client and respecting their social context and relationship networks. They can coordinate the various phases of counselling—from initial analysis and goal setting, through emotional and motivational work, to the effective de-escalation of conflict situations. The student systematically incorporates the client's self-care into the process to support long-term improvement in their life situation. They use a wide range of counselling approaches, from grief support to strategic planning of attitude change, while taking into account the importance of ongoing mental hygiene and the protection of one's own personal resources.

**Brief outline of the course:**

- 1) Introduction to Specialized Social Counselling
- 2) Theoretical Frameworks and Principles of Counselling
- 3) Client Communication in the Counselling Process  
(Verbal and Non-Verbal Communication, Active Listening, Providing Feedback, Empathy)
- 4) The Importance and Diversity of Relationships in the Client's Life
- 5) Crisis Intervention and Acute Situations
- 6) Identification and Definition of Client Needs
- 7) Working with Client Emotions
- 8) Reframing the Client's Perspective and Exploring Sources of Social Support
- 9) Client Motivation and Taking Responsibility
- 10) Counselling in Grief and Loss
- 11) Aggression Management and Conflict De-escalation
- 12) Client Self-Care

**Recommended literature:**

448/2008 Zákon o sociálnych službách

GOLEMAN, D. 2017. Emocionálna inteligencia. Bratislava: Citadella. ISBN 9788081820861.

HOVANOVÁ, M., 2023. Sociálna opora ako významná súčasť života adolescenta. Košice: UPJŠ. ISBN 978-80-574-0199-5.

LOVAŠOVÁ, S., 2024. Starostlivosť o seba (nielen) pre pomáhajúce profesie. Košice: o ŠafárikPress. ISBN 978-80-574-0308-1.

MARTINČEKOVÁ, L. 2018. K problematike teórií smútenia po strate: Je päť štádií smútenia postačujúcich pre porozumenie zármutku? In E. Naništová (Ed.), Hľadanie odpovedí na existenciálne otázky s. 92-102. Bratislava: Siloe.

NOSKOVÁ, I., 2019. UMENIE KOMUNIKÁCIE. Bratislava: Metodicko-pedagogické centrum v Bratislave. ISBN 978-80-565-1441-2.

NOVAKOVOVÁ, B., 2015. Rozvíjanie kompetencií odborného zamestnanca v oblasti poradenstva pri práci s klientom z dysfunkčnej rodiny. Bratislava: Metodicko-pedagogické centrum v Bratislave. ISBN 978-80-565-1064-3.

OLÁH, M. 2017. Sociálne poradenstvo. Bratislava: Implementačná agentúra Ministerstva práce sociálnych vecí a rodiny Slovenskej republiky. ISBN: 978-80-89837-17-5.

PRUŽINSKÁ, J. a V. LABÁTH, 2021. Konflikt – ja, my, oni. Bratislava: Wolters Kluwer. ISBN 9788057103264.

SCHAVEL, M. a M. OLÁH, 2010. Sociálne poradenstvo a komunikácia. Bratislava: VŠSA. 80-8068-487-1.

**Course language:**

Slovak

**Notes:**

**Course assessment**

Total number of assessed students: 1

A	B	C	D	E	FX
0.0	100.0	0.0	0.0	0.0	0.0

**Provides:** Mgr. Magdaléna Hovanová, PhD., doc. Mgr. Vladimír Lichner, PhD.

**Date of last modification:** 02.04.2025

**Approved:** prof. Mgr. Soňa Lovašová, PhD.

## COURSE INFORMATION LETTER

<b>University:</b> P. J. Šafárik University in Košice	
<b>Faculty:</b> Faculty of Arts	
<b>Course ID:</b> KSP/ AKSP/25	<b>Course name:</b> Applied Professional Competencies in Social Work
<b>Course type, scope and the method:</b> <b>Course type:</b> <b>Recommended course-load (hours):</b> <b>Per week: Per study period:</b> <b>Course method:</b> present	
<b>Number of ECTS credits:</b> 3	
<b>Recommended semester/trimester of the course:</b>	
<b>Course level:</b> II.	
<b>Prerequisites:</b>	
<b>Conditions for course completion:</b> Obtaining the required number of credits in the prescribed structure according to the study plan.	
<b>Learning outcomes:</b> <b>Knowledge</b> The student masters professional terminology related to working with individuals and groups in adverse social situations. Understands the determinants of clients' personality characteristics, including potential psychopathological traits. Has knowledge of the principles of specialized social counselling, therapeutic, intervention, and rehabilitation approaches. Understands fundamental and advanced concepts related to client needs assessment and intervention planning. <b>Skills</b> Can identify and take into account clients' personal and psychosocial factors when planning and implementing social work interventions. Is able to design and apply appropriate work procedures, techniques, and interventions tailored to the specific needs of the client. Can prepare and implement an individual work plan with the client in line with professional standards. Is capable of comparing and evaluating the effectiveness of various approaches and techniques in terms of expected outcomes and social work goals. <b>Competences</b> Is able to perform professional tasks independently and responsibly, with respect to the specific needs of the client. Demonstrates competence in responding ethically and effectively to complex client life situations. Has the ability to apply professional knowledge in multidisciplinary and interdisciplinary contexts. Is prepared to reflect on their own practice and to develop professional skills in accordance with current trends in social work.	
<b>Brief outline of the course:</b>	
<b>Recommended literature:</b>	

<b>Course language:</b> slovak					
<b>Notes:</b>					
<b>Course assessment</b> Total number of assessed students: 0					
A	B	C	D	E	FX
0.0	0.0	0.0	0.0	0.0	0.0
<b>Provides:</b>					
<b>Date of last modification:</b> 05.04.2025					
<b>Approved:</b> prof. Mgr. Soňa Lovašová, PhD.					

## COURSE INFORMATION LETTER

<b>University:</b> P. J. Šafárik University in Košice	
<b>Faculty:</b> Faculty of Arts	
<b>Course ID:</b> KSP/ KNSS/25	<b>Course name:</b> Client in an Adverse Social Situation
<b>Course type, scope and the method:</b> <b>Course type:</b> Lecture / Practice <b>Recommended course-load (hours):</b> <b>Per week:</b> 2 / 1 <b>Per study period:</b> 28 / 14 <b>Course method:</b> present	
<b>Number of ECTS credits:</b> 5	
<b>Recommended semester/trimester of the course:</b> 5.	
<b>Course level:</b> II.	
<b>Prerequisites:</b>	
<b>Conditions for course completion:</b> Successful completion of the course is conditional upon fulfilling the requirements of both continuous and final assessment. A maximum of 100 points can be earned, divided as follows: 50 points for continuous assessment and 50 points for final assessment. Teaching, as well as the completion of individual parts of the assessment, will be carried out based on the instructor's decision, either in person or remotely (LMS, MS Teams). The instructor may decide to replace part of the course with self-study. Continuous assessment (max. 50 points) consists of: 1. Attendance – A minimum of 80% attendance (lectures and seminars combined) is required to be admitted to the final exam. Some classes may take the form of discussions, excursions, or similar activities, where student participation is also mandatory; 2. midterm test – max. 25 points, which assesses the student's understanding and interpretation of knowledge regarding the basic characteristics and definitions of adverse social situations, theoretical concepts of social vulnerability, and selected social risk factors; 3. independent academic preparation and ongoing assignments, focused on deepening knowledge of the discussed topics according to a pre-defined schedule – max. 25 points. To be admitted to the final exam, a total of at least 26 points from continuous assessment is required. If the requirements are not met (e.g., fewer than 26 points in continuous assessment, insufficient attendance, or failure to submit required tasks), the student will not be classified in the course (grade X). Final assessment (max. 50 points): A written exam worth a maximum of 50 points, with a minimum of 27 points required to pass. To take the exam during the early exam period (the last week of the semester during the lecture time), the student must have earned at least 40 points from continuous assessment. The written exam is designed to assess the student's ability to interpret, apply, and explain acquired knowledge about adverse social situations and their impact on the client, as well as the ability to use theoretical knowledge when designing interventions in the field of social work. The final grade is the sum of points from continuous and final assessment. A 100 – 91 B 90 – 81 C 80 – 71	

D 70 – 61  
E 60 – 53  
FX 52 or less

**Learning outcomes:**

**Knowledge:**

The student knows and is able to identify basic concepts related to adverse social situations and social vulnerability.

The student understands theoretical concepts of social vulnerability and can apply them in the analysis of situations involving different client groups.

The student has an overview of the main forms of social exclusion and their relation to poverty, unemployment, homelessness, and other factors.

The student is familiar with the specifics of vulnerable client groups such as migrants, LGBTI+ individuals, people after serving a prison sentence, and individuals in transitional life stages.

The student understands the influence of the social environment as a factor of both risk and support, and is familiar with the legal and institutional framework of assistance.

**Skills:**

The student is able to analyse a specific adverse social situation and identify the needs of different client groups.

The student can apply theoretical knowledge in designing appropriate forms of intervention and support in the context of social work.

The student can use knowledge of social determinants when assessing the level of client vulnerability.

The student is capable of navigating the legislative and institutional options for addressing adverse social situations.

The student is able to evaluate opportunities for client participation, inclusion, and activation in the context of social inclusion.

**Competencies:**

The student demonstrates the ability to reflect on the complexity of social problems and approach clients with respect and professionalism.

The student is able to apply an empathetic, individual, and non-discriminatory approach to different groups of vulnerable clients.

The student is capable of critically evaluating the effectiveness of various forms of social interventions and services.

The student shows independence in solving model situations and is prepared to cooperate within multidisciplinary teams.

The student adopts a supportive and advocacy-based approach that strengthens the client's autonomy and quality of life.

**Brief outline of the course:**

1. Introduction to the Issue of Adverse Social Situations.
2. Theoretical Concepts of Social Vulnerability.
3. Poverty and Social Exclusion.
4. Unemployment and Its Consequences.
5. Homelessness.
6. Migrants and Asylum Seekers.
7. LGBTI+ Clients and Social Risks.
8. People Returning from Imprisonment.
9. Individuals in Transitional Life Stages.
10. Social Environment as a Factor of Vulnerability and Support.

11. Legal and Institutional Framework in Adverse Social Situations.

12. Possibilities of Support and Intervention in Social Work.

**Recommended literature:**

Bakošová, Z., 2005. Sociálna exklúzia a inklúzia ako výzva pre sociálnu prácu. Trnava: Trnavská univerzita.

Barátová, M. et al., 2017. Nezamestnanosť a zamestnateľnosť v sociálnych súvislostiach. Banská Bystrica: Univerzita Mateja Bela.

Mareš, P., 1999. Sociologie nerovnosti a chudoby. Praha: SLON.

Navrátil, P. (ed.), 2001. Sociální práce s marginalizovanými skupinami. Brno: Masarykova univerzita.

Sopóci, J. & Želinský, T., 2021. K problematike chudoby a sociálnej neistoty na Slovensku v 21. storočí. Košice: OZ Pracujúca chudoba.

Sýkorová, D., 2015. Sociální exkluze a inkluze seniorů. Brno: Masarykova univerzita.

**Course language:**

slovak

**Notes:**

**Course assessment**

Total number of assessed students: 0

A	B	C	D	E	FX
0.0	0.0	0.0	0.0	0.0	0.0

**Provides:** Mgr. Lucia Tóthová, PhD., univerzitná docentka

**Date of last modification:** 02.04.2025

**Approved:** prof. Mgr. Soňa Lovašová, PhD.

## COURSE INFORMATION LETTER

<b>University:</b> P. J. Šafárik University in Košice	
<b>Faculty:</b> Faculty of Arts	
<b>Course ID:</b> KSP/ KUvSP/15	<b>Course name:</b> Community Art in Social Work
<b>Course type, scope and the method:</b> <b>Course type:</b> Lecture / Practice <b>Recommended course-load (hours):</b> <b>Per week:</b> 1 / 1 <b>Per study period:</b> 14 / 14 <b>Course method:</b> present	
<b>Number of ECTS credits:</b> 3	
<b>Recommended semester/trimester of the course:</b> 4.	
<b>Course level:</b> II.	
<b>Prerequisites:</b>	
<b>Conditions for course completion:</b> Continuous assessment (with the possibility of obtaining a maximum of 40 points) 1. Active participation in the total teaching (according to the method of teaching full-time / distance by teleconference), for admission to the exam, the participation of at least 80% of the whole teaching is required. The student presents basic knowledge related to the issues of community art. 2. Independent training, work on assignments. The student presents basic knowledge related to the issues of community art. 3. Collaboration on a community art project. The student has the opportunity to apply basic knowledge related to the issues of community art in the field of social work with a selected type of client. 4. Processing and presentation of seminar work, submitted in word format and in the form of PowerPoint presentation, in which the student describes, interprets, classifies knowledge of community art and applies knowledge through demonstrations of existing community art projects in the field of social work in Slovakia and abroad. All entries will be reviewed by APS Turnitin and points may be adjusted based on the result of the originality check. 5. A continuous test in which the student identifies, remembers, describes and classifies the issues of community art in social work; in week 13 semester. The minimum number of points required to admit a student to the exam is a total gain of 25 points from the continuous assessment. The exam is realized in the form of a written test, for which it is possible to obtain 0-60 points. The student demonstrates the ability to apply theoretical knowledge in the field of community art to work with a client of social work. The final evaluation consists of the sum of the continuous evaluation and the exam (0-100 points). A 91-100 B 81-90 C 71-80 D 61-70 E 53-60 FX 52 and less	
<b>Learning outcomes:</b> 1. The student identifies, remembers the basic concepts of the concept of community art.	

2. The student is able to describe, interpret and classify the various starting points of the concept of community art.
3. The student is able to apply theoretical knowledge from the concept of community art to work with a client of social work.

**Brief outline of the course:**

1. Community as a natural place for a man.
2. Concept of community work.
3. Profession of community worker.
4. Community development.
5. Culture of society.
6. Independent culture. Independent culture centres.
7. Community art – art in favour of socially disadvantaged groups.
8. History of community art.
9. Profession of community artist.
10. Examples of good practice of community art projects I.
11. Examples of good practice of community art projects II.
12. Examples of good practice of community art projects III.
13. Examples of good practice of community art projects IV.

**Recommended literature:**

- CREHAN, K. Community Art. An Anthropological Perspective. London: Routledge, 2020. ISBN 9781003084983.
- GAŽOVÁ, V. a Z. SLUŠNÁ. Kultúra a rôznorodosť kultúrneho. In: Acta Culturologica. Zväzok č. 13. Bratislava: PEEM, 2005. s. 6-7. ISBN 80-89197-41-8.
- HARTL, P. Komunita občanská a komunita terapeutická. Praha: SLON, 1997. ISBN 80-85850-45-1.
- HUSS, E., & SELA-AMIT, M. (2018). Art in Social Work: Do We Really Need It? Research on Social Work Practice, 29(6), 721-726. <https://doi.org/10.1177/1049731517745995>
- LOWE, S. S. (2000). Creating Community: Art for Community Development. Journal of Contemporary Ethnography, 29(3), 357-386. <https://doi.org/10.1177/089124100129023945>
- ŠIŇANSKÁ, K. Význam komunitného umenia a zapájania dobrovoľníkov. Národná osveta. 2011, 21(12), 19-21. ISSN 1335-4515.
- ŠIŇANSKÁ, K. a D. ŠLOSÁR. Komunita a komunitná práca. Košice: UPJŠ, FF, 2020. 978-80-8152-861-3.
- ULBRICHT, J. (2005). What is Community-Based Art Education? Art Education, 58(2), 6–12. <https://doi.org/10.1080/00043125.2005.11651529>

**Course language:**

Slovak

**Notes:**

**Course assessment**

Total number of assessed students: 37

A	B	C	D	E	FX
83.78	13.51	0.0	2.7	0.0	0.0

**Provides:** doc. PhDr. Katarína Šiňanská, PhD.

**Date of last modification:** 21.09.2025

**Approved:** prof. Mgr. Soňa Lovašová, PhD.

## COURSE INFORMATION LETTER

<b>University:</b> P. J. Šafárik University in Košice	
<b>Faculty:</b> Faculty of Arts	
<b>Course ID:</b> KSP/ KTSP/25	<b>Course name:</b> Community Social Work Practice and Field Social Work
<b>Course type, scope and the method:</b> <b>Course type:</b> Lecture / Practice <b>Recommended course-load (hours):</b> <b>Per week:</b> 1 / 1 <b>Per study period:</b> 14 / 14 <b>Course method:</b> present	
<b>Number of ECTS credits:</b> 4	
<b>Recommended semester/trimester of the course:</b> 6.	
<b>Course level:</b> II.	
<b>Prerequisites:</b>	
<b>Conditions for course completion:</b> Interim evaluation (with the possibility of obtaining max. 40 points) 1. Min. 80% active participation in the overall teaching (according to the method of teaching - full-time / distance via teleconferencing). The student presents the basic knowledge associated with the concept of community social work and field social work. 2. Independent training, work on assignments. The student presents the basic knowledge associated with the concept of community social work and field social work. 3. Elaboration and presentation of seminar work, presented in word format and PowerPoint presentation format (assignments will go through APS Turnitin and the extension may be modified based on the result of the originality check), in which the student describes, interprets, classifies knowledge about the concept of field social work and community social work and applies knowledge through examples of existing projects of community social work and field social work in Slovakia and abroad. Together for points 2 and 3 it is possible to get a maximum of 20 points. 4. A continuous test in which the student identifies, remembers, describes and classifies the concept of community social work and field social work, in the 13th week of the semester. It is possible to get a maximum of 20 points. The minimum number of points required to admit a student to the exam is a total gain of 25 points from the continuous assessment. The exam is realized in the form of a written test, for which it is possible to obtain 0-60 points. The student demonstrates the ability to apply theoretical knowledge from the concept of community social work and field social work to work with the client. The final evaluation consists of the sum of the continuous evaluation and the written exam (0-100 points). A 91-100 B 81-90 C 71-80 D 61-70 E 53-60 FX 52 and less	
<b>Learning outcomes:</b>	

1. The student is able to identify, describe and organize concepts related to the issue of communities as a natural human space, community social work and field social work.
2. The student classifies and interprets individual types of communities, also recognizes the differences between community work and community social work.
3. The student is able to explain and apply theoretical knowledge related to the concepts of community social work and field social work in direct work with the client in the community or in the field.

**Brief outline of the course:**

Community and types of communities  
 Community work and community social work  
 Community planning - phases and principles  
 Community development and partnership with the community  
 The process of community planning of community services  
 Intervention methods and techniques in community work  
 Community social worker  
 Ethics in community social work  
 Field social work - features, principles, activities, clients of field social work

**Recommended literature:**

HARTL, P. Komunita občianská a komunita terapeutická. 1. vyd. Praha: Sociologické nakladateľstvá, 1997. ISBN 80-85850-45-1.  
 HENDERSON, P. a D. N. THOMAS. Zručnosti komunitnej práce v susedstvách. 3.vyd. Nitra: Centrum komunitného rozvoja, 2007. ISBN 978-80-969638-4-3.  
 JANDOUREK, J. Sociologický slovník. Praha: Portál, s.r.o., 2001. ISBN 80 -7178-5 35-0.  
 JANOUŠKOVÁ, K. a D. NEDĚLNÍKOVÁ. Profesionální dovednosti terénních sociálních pracovníků /Sborník studijních textů/ 1. vyd. Ostrava: Ostravská univerzita v Ostravě, 2008. ISBN 978-7368-504-1.  
 KAHÁTOVÁ, B. Čo je komunitné plánovanie? Efekt. 2007. 5(3), s .20. ISSN 1336-3344.  
 KLENOVSKÝ, L. Terénna sociálna práca. 1. vyd. Bratislava: OZ Sociálna práca, 2006. ISBN 80-89185-18-5.  
 PAVELOVÁ, E. a M. TVRDOŇ. Komunitná sociálna práca. 1. vyd. Nitra: UKF FSVaZ, 2006. ISBN 80-8050-983-2.  
 ŠIŇANSKÁ, K. a D. ŠLOSÁR. Komunita a komunitná práca. Košice: UPJŠ, FF, 2020. 978-80-8152-861-3.  
 ŠOLCOVÁ, J. a S. HOLÍKOVÁ. Čítanka pre komunitné pracovníčky a pracovníkov. Sprievodca procesom komunitnej práce v komunitných centrách. Bratislava: Implementačná agentúra MPSVR SR, 2023. ISBN 978-80-89837-77-9.  
 Ž ILOVÁ, A. Komunitná práca s komunitou s vysokou mierou nezamestnanosti. 1. vyd. Banská Bystrica: PF UMB, 2003. ISBN 80-8055-721-7.  
 Zákon č. 448/2008 Z.z. o sociálnych službách v znení neskorších predpisov.

**Course language:**

Slovak

**Notes:**

**Course assessment**

Total number of assessed students: 187

A	B	C	D	E	FX
18.72	43.85	27.81	9.63	0.0	0.0

<b>Provides:</b> doc. PhDr. Katarína Šišanská, PhD.
<b>Date of last modification:</b> 21.09.2025
<b>Approved:</b> prof. Mgr. Soňa Lovašová, PhD.

## COURSE INFORMATION LETTER

<b>University:</b> P. J. Šafárik University in Košice	
<b>Faculty:</b> Faculty of Arts	
<b>Course ID:</b> KSP/ SPKTSP/15	<b>Course name:</b> Community Social Work Practice and Field Social Work
<b>Course type, scope and the method:</b> <b>Course type:</b> Lecture / Practice <b>Recommended course-load (hours):</b> <b>Per week:</b> 1 / 1 <b>Per study period:</b> 14 / 14 <b>Course method:</b> present	
<b>Number of ECTS credits:</b> 4	
<b>Recommended semester/trimester of the course:</b> 6.	
<b>Course level:</b> II.	
<b>Prerequisites:</b>	
<b>Conditions for course completion:</b> Interim evaluation (with the possibility of obtaining max. 40 points) 1. Min. 80% active participation in the overall teaching (according to the method of teaching - full-time / distance via teleconferencing). The student presents the basic knowledge associated with the concept of community social work and field social work. 2. Independent training, work on assignments. The student presents the basic knowledge associated with the concept of community social work and field social work. 3. Elaboration and presentation of seminar work, presented in word format and PowerPoint presentation format (assignments will go through APS Turnitin and the extension may be modified based on the result of the originality check), in which the student describes, interprets, classifies knowledge about the concept of field social work and community social work and applies knowledge through examples of existing projects of community social work and field social work in Slovakia and abroad. Together for points 2 and 3 it is possible to get a maximum of 20 points. 4. A continuous test in which the student identifies, remembers, describes and classifies the concept of community social work and field social work,. It is possible to get a maximum of 20 points. The minimum number of points required to admit a student to the exam is a total gain of 25 points from the continuous assessment. The exam is realized in the form of a written test, for which it is possible to obtain 0-60 points. The student demonstrates the ability to apply theoretical knowledge from the concept of community social work and field social work to work with the client. The final evaluation consists of the sum of the continuous evaluation and the written exam (0-100 points). A 91-100 B 81-90 C 71-80 D 61-70 E 53-60 FX 52 and less	
<b>Learning outcomes:</b>	

1. The student is able to identify, describe and organize concepts related to the issue of communities as a natural human space, community social work and field social work.
2. The student classifies and interprets individual types of communities, also recognizes the differences between community work and community social work.
3. The student is able to explain and apply theoretical knowledge related to the concepts of community social work and field social work in direct work with the client in the community or in the field.

**Brief outline of the course:**

Community and types of communities  
 Community work and community social work  
 Community planning - phases and principles  
 Community development and partnership with the community  
 The process of community planning of community services  
 Intervention methods and techniques in community work  
 Community social worker  
 Ethics in community social work  
 Field social work - features, principles, activities, clients of field social work

**Recommended literature:**

BALOGOVIÁ, B. a E. ŽIAKOVÁ (eds.). Vademecum sociálnej práce. Košice: UPJŠ, FF, 2017. ISBN 978-80-8152-483-7.  
 HARTL, P. Komunita občianská a komunita terapeutická. 1. vyd. Praha: Sociologické nakladateľství, 1997. ISBN 80-85850-45-1.  
 HENDERSON, P. a D. N. THOMAS. Zručnosti komunitnej práce v susedstvách. 3.vyd. Nitra: Centrum komunitného rozvoja, 2007. ISBN 978-80-969638-4-3.  
 JANDOUREK, J. Sociologický slovník. Praha: Portál, s.r.o., 2001. ISBN 80 -7178-5 35-0.  
 JANOUŠKOVÁ, K. a D. NEDĚLNÍKOVÁ. Profesionální dovednosti terénních sociálních pracovníků /Sborník studijních textů/ 1. vyd. Ostrava: Ostravská univerzita v Ostravě, 2008. ISBN 978-7368-504-1.  
 KAHÁTOVÁ, B. Čo je komunitné plánovanie? Efekt. 2007. 5(3), s .20. ISSN 1336-3344.  
 KLENOVSKÝ, L. Terénna sociálna práca. 1. vyd. Bratislava: OZ Sociálna práca, 2006. ISBN 80-89185-18-5.  
 PAVELOVÁ, L. a M. TVRDOŇ. Komunitná sociálna práca. 1. vyd. Nitra: UKF FSVaZ, 2006. ISBN 80-8050-983-2.  
 ŠIŇANSKÁ, K. a D. ŠLOSÁR. Komunita a komunitná práca. Košice: UPJŠ, FF, 2020. 978-80-8152-861-3.  
 ŽILOVÁ, A. Komunitná práca s komunitou s vysokou mierou nezamestnanosti. 1. vyd. Banská Bystrica: PF UMB, 2003. ISBN 80-8055-721-7.  
 Zákon č. 448/2008 Z.z. o sociálnych službách v znení neskorších predpisov.

**Course language:**

Slovak

**Notes:**

**Course assessment**

Total number of assessed students: 529

A	B	C	D	E	FX
19.09	39.32	26.84	11.34	3.4	0.0

**Provides:** doc. PhDr. Katarína Šiňanská, PhD.

**Date of last modification:** 11.02.2026

**Approved:** prof. Mgr. Soňa Lovašová, PhD.

## COURSE INFORMATION LETTER

<b>University:</b> P. J. Šafárik University in Košice	
<b>Faculty:</b> Faculty of Arts	
<b>Course ID:</b> KSP/ PVK/25	<b>Course name:</b> Conference Paper Presentation
<b>Course type, scope and the method:</b> <b>Course type:</b> <b>Recommended course-load (hours):</b> <b>Per week: Per study period:</b> <b>Course method:</b> present	
<b>Number of ECTS credits:</b> 3	
<b>Recommended semester/trimester of the course:</b> 6.	
<b>Course level:</b> II.	
<b>Prerequisites:</b>	
<b>Conditions for course completion:</b> <p>A requirement for successful completion of the course is the independent preparation of a scientific contribution (in the form of a text, poster, or another format), through which the student demonstrates the ability to understand the selected topic, apply acquired theoretical knowledge, and analyze collected data or information. The contribution must meet the specified content and length requirements, while also complying with ethical, citation, and legal standards, including data protection regulations.</p> <p>An integral part of the course is active participation in a conference (either in person or online), where the student must clearly present the results of their theoretical and practical research and defend them in a professional academic discussion.</p>	
<b>Learning outcomes:</b> <p>The course is focused on the practical mastery of preparing and presenting one's own professional output to a professional audience.</p> <p>1. Knowledge          The student is familiar with the fundamental theoretical frameworks and terminology related to a scientific contribution in the chosen field. They are able to understand the legal and ethical standards necessary for writing and presenting academic texts. The student can analyze the current state of knowledge in the selected area and apply it in the preparation of their contribution.</p> <p>2. Skills          The student can create a professional academic text (abstract, article, or poster) with a clear structure and correct citations. They are able to apply both theoretical and empirical data, analyze their relevance, and understand their context within the contribution. The student independently prepares and presents their work to a professional audience (in person or online) and effectively uses visual tools (poster or presentation) to communicate their findings. They are capable of participating in professional discussions, explaining key parts of their contribution, responding to questions, and analyzing feedback.</p> <p>3. Competencies          The student develops critical thinking and a creative approach to solving scientific tasks. They can understand the broader context of the examined issue and apply acquired knowledge in academic and practical settings. They demonstrate responsibility for the professional content of their work,</p>	

present it in line with scientific ethical standards, and analyze its practical relevance. They are able to draw relevant conclusions and incorporate them into professional discourse.

**Brief outline of the course:**

**Recommended literature:**

FERJENČÍK, J., 2000. Úvod do metodologie psychologického výzkumu. Praha: Portál. ISBN 80-7178-367-6.

JELEŇOVÁ, I., 2012. Zbierka úloh zo základov štatistiky pre sociálne vedy. Košice: Univerzita Pavla Jozefa Šafárika v Košiciach. ISBN 9788070979433.

LICHNER, V. 2020. Základy štatistiky v sociálnych vedách I. Teoretické východiská a deskriptívna analýza. Košice: ŠafárikPress. ISBN 978-80-8152-925-2.

LOVAŠ, L., 2001. Metódy výskumu pre verejnú správu. Košice: Univerzita Pavla Jozefa Šafárika. ISBN 80-7097-478-8.

PUNCH, K. 2015. Úspešný návrh výskumu. Praha: Portál. ISBN 978-80-262-0980-5.

BAČÍKOVÁ, M., A. JANOVSÁ a O. OROSOVÁ, 2019. Základy metodológie pedagogickopsychologického výskumu. Sprievodca pre študentov učiteľstva. Košice: ŠafárikPress. ISBN 978-80-8152-805-7.

**Course language:**

Slovak

**Notes:**

**Course assessment**

Total number of assessed students: 0

abs	n
0.0	0.0

**Provides:** Mgr. Magdaléna Hovanová, PhD.

**Date of last modification:** 02.04.2025

**Approved:** prof. Mgr. Soňa Lovašová, PhD.

## COURSE INFORMATION LETTER

<b>University:</b> P. J. Šafárik University in Košice	
<b>Faculty:</b> Faculty of Arts	
<b>Course ID:</b> KSP/ ZZSP/25	<b>Course name:</b> Coping Strategies in Social Work
<b>Course type, scope and the method:</b> <b>Course type:</b> Practice <b>Recommended course-load (hours):</b> <b>Per week: 2 Per study period: 28</b> <b>Course method:</b> present	
<b>Number of ECTS credits:</b> 4	
<b>Recommended semester/trimester of the course:</b> 4.	
<b>Course level:</b> II.	
<b>Prerequisites:</b>	
<b>Conditions for course completion:</b> The course is assessed on a pass / fail basis. A student passes the course if all of the following conditions are met: all required assignments are submitted via the LMS within the specified deadlines; the student attends at least 80% of the scheduled classes; the student meets the active participation requirement, which is considered fulfilled if the student participates in at least 80% of the activities carried out during class sessions over the course of the semester (e.g. discussions, group tasks, short applied exercises). Participation is recorded continuously throughout the semester. Failure to meet any of the above conditions results in a fail assessment.	
<b>Learning outcomes:</b> The aim of the course is to provide theoretical and practical knowledge about stress and its impact on social work performance. Knowledge - Students will gain theoretical knowledge about the definition and determinants of stress in social work, approaches to stress management, the importance of mindfulness, resilience, and relaxation techniques, causes and consequences of burnout syndrome, principles of effective time management, and ethical boundaries in the professional environment. Skills - Students will practically acquire specific strategies for managing stress, tools for effective time management and organizing work tasks, recognizing and preventing burnout syndrome, reflecting on and regulating their emotions in professional interactions with clients, and applying ethical principles when setting professional boundaries. Competencies - Students will gain the ability to identify stressors in social work and their impact on job performance, effectively manage stress and crisis situations, apply mindfulness, relaxation, and resilience techniques to handle stress, implement burnout prevention strategies, plan and organize work tasks with a focus on time management, and set professional boundaries when addressing ethical dilemmas related to stress in the workplace.	
<b>Brief outline of the course:</b> 1. Theoretical Framework of the Concept of Stress in Social Work 2. Determinants of Stress 3. Stress Coping Strategies	

4. Mindfulness, Resilience, and Relaxation Techniques
5. Burnout Syndrome and Its Prevention
6. Time Management and Work Organization
7. Emotional Regulation and Crisis Management
8. Professional Boundaries and Ethics in the Context of Workplace Stress

**Recommended literature:**

FORENZA, Brad a Caitlin ECKERT, 2018. Social Worker Identity: A Profession in Context. In: Social Work [online]. Roč. 63, č. 1. s. 17-26. [cit. 2020-12-12]. ISSN 1545-6846. Dostupné z: <https://academic.oup.com/sw/article/63/1/17/4621303?searchresult=1>

HEUGTENVAN, Kate, 2011. Social work under pressure: how to overcome stress, fatigue and burnout in the workplace [online]. London: Jessica Kingsley Press [cit. 2020-12-17]. ISBN 978-1-84905-116-3. Dostupné z: <https://www.tandfonline.com/doi/abs/10.1080/09503153.2013.780751?journalCode=cpra20>

IŠTOŇOVÁ, Lucia. 2015. Znižovanie konfliktu práca - rodina prostredníctvom rôznych zdrojov sociálnej opory. In: Človek a spoločnosť [online]. Roč. 18, č. 1, s. 12-25 [cit. 2020-20-17]. ISSN 1335-3608. Dostupné z: <http://www.clovekaspolocnost.sk/jquery/pdf.php?gui=ZD4GTKCS35HD8R82PRCJDINI>

MARTIN-SOELCH, Chantal a Ulrich SCHNYDER, 2020. Resilience and Vulnerability Factors in Response to Stress. Switzerland: Frontiers Meda. ISBN 978-2-88963-321-0.

MILLER, J. Justin, et al. 2020. Exploring the self-care practice of social workers in Slovakia: How do they fare? In: International Social Work. [online]. Roč. 63, č. 1, [cit. 2020-12-27]. ISSN 0020-8728. Dostupné z: <https://journals.sagepub.com/doi/abs/10.1177/0020872818773150>

POKLEMBOVÁ, Zuzana. 2019. Všímavosť a sebasúcit v praxi sociálnej práce. In: Journal Socioterapie [online]. Roč. 5, č. 2. s. 27-32 [cit. 2020-12-27]. ISSN 2453-7543. Dostupné z: <https://www.unipo.sk/public/media/29623/Journal%20Socioterapie%20SSP%20final%2021.1..pdf>

**Course language:**

**Notes:**

**Course assessment**

Total number of assessed students: 0

abs	n
0.0	0.0

**Provides:** doc. Mgr. Antónia Sabolová Fabianová, PhD.

**Date of last modification:** 03.02.2026

**Approved:** prof. Mgr. Soňa Lovašová, PhD.

## COURSE INFORMATION LETTER

<b>University:</b> P. J. Šafárik University in Košice					
<b>Faculty:</b> Faculty of Arts					
<b>Course ID:</b> KSP/ PoSP/25		<b>Course name:</b> Counselling in Social Work			
<b>Course type, scope and the method:</b> <b>Course type:</b> Lecture / Practice <b>Recommended course-load (hours):</b> <b>Per week:</b> 2 / 2 <b>Per study period:</b> 28 / 28 <b>Course method:</b> present					
<b>Number of ECTS credits:</b> 6					
<b>Recommended semester/trimester of the course:</b> 2.					
<b>Course level:</b> I., II.					
<b>Prerequisites:</b>					
<b>Conditions for course completion:</b>					
<b>Learning outcomes:</b>					
<b>Brief outline of the course:</b>					
<b>Recommended literature:</b>					
<b>Course language:</b>					
<b>Notes:</b>					
<b>Course assessment</b> Total number of assessed students: 0					
A	B	C	D	E	FX
0.0	0.0	0.0	0.0	0.0	0.0
<b>Provides:</b> doc. Mgr. Vladimír Lichner, PhD., Mgr. Tomáš Šed'o, PhD.					
<b>Date of last modification:</b> 02.04.2025					
<b>Approved:</b> prof. Mgr. Soňa Lovašová, PhD.					

## COURSE INFORMATION LETTER

<b>University:</b> P. J. Šafárik University in Košice	
<b>Faculty:</b> Faculty of Arts	
<b>Course ID:</b> KSP/ DPO/25	<b>Course name:</b> Determinants of Personality Psychopathology
<b>Course type, scope and the method:</b> <b>Course type:</b> Lecture / Practice <b>Recommended course-load (hours):</b> <b>Per week:</b> 2 / 1 <b>Per study period:</b> 28 / 14 <b>Course method:</b> present	
<b>Number of ECTS credits:</b> 5	
<b>Recommended semester/trimester of the course:</b> 3.	
<b>Course level:</b> II.	
<b>Prerequisites:</b>	
<b>Conditions for course completion:</b> Prepare and present a seminar paper on a chosen topic according to the schedule in Teams (20%): Each student has their own topic – in the context of Social Work (theoretical foundations and practical application – e.g., working with a client with a specific diagnosis, intervention possibilities – examples of good practice – evidence-based theory). The format should be ppt/presi or other – minimum 10 minutes in length + activity on the topic for approximately 10 minutes (video maximum 2 minutes – the rest is another activity). The presentation must also include at least 2 OPEN questions for discussion. Within 3 days of the presentation, submit the theoretical concept (4-5 pages / 5 sources – 2 foreign studies from databases like EBSCO, etc. – by "foreign" we mean not Czech). If plagiarism is detected, the instructor will proceed according to the internal regulations of UPJŠ. Colloquium – analysis of a professional psychological publication and its contribution to Social Work in the last lecture of the semester (10%) – the book (title + author) should be noted in MS Teams. Successfully pass a knowledge test in the last week of the semester (20%) – terminology from the lectures. Students who achieve at least 50% from each partial assessment during the semester will proceed to the exam. If a student does not meet these criteria, they will receive an FX grade. Students who meet these criteria will proceed to the written exam during the exam period. To successfully pass, at least 50% of the total points is required. The overall grade for the course is the average of the grades earned during the semester and the exam. A – 100 - 90 %; B – 89 - 80 %; C – 79 - 70 %; D – 69 - 60 %; E – 59 - 50 %. A student who obtains 49.99% or less will receive the grade FX.	
<b>Learning outcomes:</b> The aim of the course is to provide students with theoretical and practical knowledge about the factors influencing the development of psychopathological disorders in individuals. Students will gain: Knowledge: They will acquire theoretical knowledge about selected personality theories and the factors (biological, psychological, and social) that influence the development of psychopathological disorders. They will understand the relationship between personality disorders, individual behavior,	

and daily functioning. They will also learn ethical standards and professional practices when working with individuals with personality disorders, as well as various intervention techniques and strategies for addressing personality disorders in social work.

**Skills:** They will develop the ability to recognize the main determinants (biological, psychological, social) contributing to personality disorders, assess the underlying causes of psychopathological disorders in individuals, apply appropriate intervention strategies for individuals with personality disorders, work empathetically and socially responsibly with individuals suffering from personality disorders while maintaining professional boundaries.

**Competencies:** They will be able to assess the impact of various factors (biological, psychological, social) on the development of psychopathological disorders, understand the effect of personality disorders on individual behavior and daily life, implement professional and ethical interventions when working with clients suffering from personality disorders, maintain professional boundaries, and address ethical dilemmas in social work related to personality disorders.

**Brief outline of the course:**

1. Definition of Psychopathology and Personality Disorders, Historical Discourse, and Selected Theories of Personality
2. Genetic and Biological Determinants of Psychopathology - The Impact of Acquired or Inherited Disorders on Personality
3. Psychological Determinants - The Influence of Developmental Factors on the Formation of Personality and Psychopathology
4. Social Determinants - Cultural, Environmental, and Economic Factors in the Development of Personality Disorders
5. Personality Disorders According to International Classification Systems and Their Impact on an Individual's Daily Life
6. Prevention and Intervention of Psychopathological Personality Disorders

**Recommended literature:**

- BLATNÝ, M. a kol. 2010. Psychologie osobnosti. Grada.
- BUTCHER, J.N. (eds). 2018. APA Handbook of Psychopathology. Volume 1: Psychopathology: Understanding, Assessing, and Treating Adult Mental Disorders Volume 2: Child and Adolescent Psychopathology. ISBN: 978-1-4338-2836-2
- HALL, C.S. a G. LINDZEY. 2002. Psychológia osobnosti. Mladé letá. 8008033843
- KRUEGER, R.F. a P.H. BLANEY. 2023. Oxford Textbook of Psychopathology (4-edn). Oxford University Press. Dostupné: <https://academic.oup.com/book/45782/chapter-abstract/400196858?redirectedFrom=fulltext>
- KŘIVOHLAVÝ, J., 2009. Psychologie zdraví. Praha: Portál. ISBN 80-22435-60-8.
- OREL, M. 2016. Psychopatologie. Grada. 9788034755168
- ŘÍČAN, P., 2010. Psychologie osobnosti. Praha: Grada. ISBN 80-94235-42-8.
- SVOBODA, M. 2012. Psychopatologie a psychiatrie. Portál. 9788026202165
- VÁGNEROVÁ, M. 2014. Současná psychopatologie pro pomáhající profese. Portál. 97880206965
- ŽIAKOVÁ, Eva (eds.) 2005. Psychosociálne aspekty sociálnej práce. Prešov : Aspekt.

**Course language:**

**Notes:**

<b>Course assessment</b>					
Total number of assessed students: 24					
A	B	C	D	E	FX
0.0	41.67	54.17	0.0	0.0	4.17
<b>Provides:</b> doc. Mgr. Antónia Sabolová Fabianová, PhD.					
<b>Date of last modification:</b> 16.09.2025					
<b>Approved:</b> prof. Mgr. Soňa Lovašová, PhD.					

## COURSE INFORMATION LETTER

<b>University:</b> P. J. Šafárik University in Košice	
<b>Faculty:</b> Faculty of Arts	
<b>Course ID:</b> KPS/ VPSP/08	<b>Course name:</b> Developmental Psychology
<b>Course type, scope and the method:</b> <b>Course type:</b> Lecture / Practice <b>Recommended course-load (hours):</b> <b>Per week:</b> 2 / 1 <b>Per study period:</b> 28 / 14 <b>Course method:</b> present	
<b>Number of ECTS credits:</b> 6	
<b>Recommended semester/trimester of the course:</b> 2.	
<b>Course level:</b> I., II.	
<b>Prerequisites:</b>	
<b>Conditions for course completion:</b> Course completion conditions: 40% assessment during semester, 60% exam Assessment during semester: 4 assignments Condition for admission to the examination: minimum of 12 points from continuous assessment. Exam: written A final evaluation is a sum of assessment during semester and exam. More detailed instructions are published on the electronic bulletin board of the course. The information will be yearly specified on the electronic noticeboard of the course in AiS2, alternatively in LMS UPJŠ or MS Teams environment	
<b>Learning outcomes:</b> After successfully completing the discipline, students will gain: Knowledge: they will acquire basic theoretical knowledge about developmental changes during the development of an individual. Skills: they are able to identify and describe the essential characteristics of individual developmental periods (from the prenatal period, childhood, adolescence, adulthood to old age), they are able to implement the acquired knowledge into practice. Competencies: within the seminars, students train the ability to independently and critically think about developmental processes and changes, difficulties in development, and to take a critical view of the topics discussed. Students are able to take the information obtained into account when working with a client with regard to his or her age. The information will be yearly specified on the electronic noticeboard of the course in AiS2, alternatively in LMS UPJŠ or MS Teams environment	
<b>Brief outline of the course:</b>	
<b>Recommended literature:</b> Lectures on the subject in the current academic year. Thorová, K. 2015. Vývojová psychologie. Praha: Portál. Lysá, L., Vágnerová, M. 2021. Vývojová psychologie. Dětství a dospívání. Praha: Karolinum. (prip. staršie vydania napr. Vágnerová M. 2012 Vývojová psychologie. Dětství a dospívání. Praha: Karolinum.)	

Ráčzová, B., Semešiová, M. (2024). Vybrané aspekty prechodu do dospelosti a subjektívna pohoda dvadsiatnikov. Bratislava: VEDA.

**Course language:**

**Notes:**

**Course assessment**

Total number of assessed students: 899

A	B	C	D	E	FX
4.0	13.46	25.36	24.92	22.91	9.34

**Provides:** doc. PhDr. Beáta Ráčzová, PhD., Mgr. Patrik Arvai

**Date of last modification:** 30.01.2026

**Approved:** prof. Mgr. Soňa Lovašová, PhD.

## COURSE INFORMATION LETTER

<b>University:</b> P. J. Šafárik University in Košice	
<b>Faculty:</b> Faculty of Arts	
<b>Course ID:</b> KSP/ DiPor/15	<b>Course name:</b> Distance Counselling
<b>Course type, scope and the method:</b> <b>Course type:</b> Lecture / Practice <b>Recommended course-load (hours):</b> <b>Per week:</b> 1 / 1 <b>Per study period:</b> 14 / 14 <b>Course method:</b> present	
<b>Number of ECTS credits:</b> 4	
<b>Recommended semester/trimester of the course:</b> 3.	
<b>Course level:</b> II.	
<b>Prerequisites:</b>	
<b>Conditions for course completion:</b> The subject is limited by the number of students due to the capacity of the training workplace - 15 psychology students, 15 social work students. The selection is made based on the time of registration of the subject - for the first 15 psychologists and the first 15 social workers! Teaching is carried out in two phases: block teaching of theory and counseling skills training, September - October; completion of services at the Children's Trust Line workplace, October - December. The point gain is max 100 points per semester in the distribution: 60b semester, 40b exam. Semester: 10 points - propagation activities 10 points - preparation of a blog article on the Children's Trust Line (LDD) 10 points - study and analysis of 10 counseling e-mails 15 points - consulting answer to 3 e-mails 15 points - conducting counseling communications at the cottage under the supervision of an LDD expert A minimum of 40 points must be obtained per semester. Subsequently, the student can take the exam. Students who get at least 45 points during the semester have the opportunity to pass the exam in advance. Written exam with a maximum gain of 40 points, the required minimum is 21 points. Rating: A 100-93b; B 92-83b; C 82-73b; D 72-66; E 65-61; FX 60-0	
<b>Learning outcomes:</b> <b>Knowledge</b> The student can compare the advantages and disadvantages of distance and face-to-face counseling He masters the basic counseling approaches <b>Skills</b> Interprets and can apply counseling methods Identifies the limits of distance counseling It applies the principles of the ethical code of distance counseling He controls the technological procedures of work in remote consulting <b>Competences</b>	

He is able to conduct consultative written communication under the supervision of an expert  
Is able to prepare an advisory written response

**Brief outline of the course:**

Introduction – role of social work in the system of distance counselling.

Counselling.

Social-legal counselling.

Forms and types of counselling.

Attendance counselling.

Distance counselling.

Advantages and disadvantages of distance counselling.

Code of ethics.

Telephone counselling 1.

Telephone counselling 2.

E-mail counselling.

Other forms of distance counselling.

Clients of distance counselling.

**Recommended literature:**

BALOGOVIÁ, B.-E. ŽIAKOVÁ (eds.), 2017. Vademecum sociálnej práce. Košice: UPJŠ, FF. ISBN 978-80-8152-483-7.

Horská, B. , Lásková, A. , Ptáček, L. Internet jako cesta pomoci. Praha: Slon, 2010. ISBN 978-80-7419-034-6. S. 37-41.

Špatenková, N. a kol. Krizová intervence pro praxi. Praha : Grada Publishing, 2004. 200 s. ISBN 80-247-0586-9.

**Course language:**

slovak

**Notes:**

**Course assessment**

Total number of assessed students: 277

A	B	C	D	E	FX
64.98	23.1	7.58	1.08	3.25	0.0

**Provides:** prof. Mgr. Soňa Lovašová, PhD., Mgr. Tomáš Šed'o, PhD.

**Date of last modification:** 17.09.2024

**Approved:** prof. Mgr. Soňa Lovašová, PhD.

## COURSE INFORMATION LETTER

<b>University:</b> P. J. Šafárik University in Košice	
<b>Faculty:</b> Faculty of Arts	
<b>Course ID:</b> CJP/ FFAJPSP/08	<b>Course name:</b> English Language for Social Work
<b>Course type, scope and the method:</b> <b>Course type:</b> Practice <b>Recommended course-load (hours):</b> <b>Per week: 2 Per study period: 28</b> <b>Course method:</b> present	
<b>Number of ECTS credits:</b> 4	
<b>Recommended semester/trimester of the course:</b> 4.	
<b>Course level:</b> II.	
<b>Prerequisites:</b>	
<b>Conditions for course completion:</b> Active attendance during seminars, max. 2 missed classes (2x90 min), completed home assignments, 1 credit test (Week 6/7) - no retakes and project/academic presentation on a selected topic related to Social work. Examination - written test. Final grade = continuous assessment - 50% + examination - 50%. Grading scale: A 93-100%, B 86-92%, C 79-85%, D 72-78%, E 65-71%, FX 64% and less.	
<b>Learning outcomes:</b> Development of students' language skills - reading, writing, listening, speaking, improvement of their language competence - students acquire knowledge of selected phonological, lexical and syntactic aspects, development of pragmatic competence - students can effectively use the language for specific purposes with special focus on English for Academic purposes and English for specific/professional purposes - Social Work, level B1-B2 (CEFR).	
<b>Brief outline of the course:</b> Family and family problems. Children in care. Seniors and care for the elderly. Addictions. Unemployment. Welfare state. Social security. Refugees and migration. Homelessness. Healthcare and medical emergencies. Selected grammatical phenomena: phrasal verbs, linking forms, nonfinite verb forms, modal verbs, passive voice. Language functions necessary for professional communication: argumentation, defining, classifying, etc. Linguistic interference.	
<b>Recommended literature:</b> Seals, B. : Academic Encounters. Cambridge University Press, 2008. Ludbrook, G.: English for International Social Work, Libreria Editrice Cafoscarina, 2011 Murphy, R.: English Grammar in Use, CUP 2004	

Hughes, J.: Business Result. OUP, 2008.  
Bennet, T.: Human Resource Management. Financial Times Prentice Hall, 1998.  
Moore, J., Storton, R.: Oxford Academic vocabulary Practice: Lower-Intermediate: B1. Oxford: OUP, 2017.  
www.bbclearningenglish.com  
www.spectator.sme.sk

**Course language:**

English language B1-B2 level (CEFR).

**Notes:**

**Course assessment**

Total number of assessed students: 717

A	B	C	D	E	FX
42.54	24.97	13.81	10.46	8.09	0.14

**Provides:** Mgr. Barbara Mitříková

**Date of last modification:** 09.02.2026

**Approved:** prof. Mgr. Soňa Lovašová, PhD.

## COURSE INFORMATION LETTER

<b>University:</b> P. J. Šafárik University in Košice	
<b>Faculty:</b> Faculty of Arts	
<b>Course ID:</b> KSP/ EvSP/25	<b>Course name:</b> Ethics in Social Work
<b>Course type, scope and the method:</b> <b>Course type:</b> Lecture / Practice <b>Recommended course-load (hours):</b> <b>Per week:</b> 1 / 1 <b>Per study period:</b> 14 / 14 <b>Course method:</b> present	
<b>Number of ECTS credits:</b> 4	
<b>Recommended semester/trimester of the course:</b> 1.	
<b>Course level:</b> I., II.	
<b>Prerequisites:</b>	
<b>Conditions for course completion:</b> Successful completion of the course is contingent upon fulfilling the requirements of both continuous and final assessment. A maximum of 100 points can be earned, with 50 points allocated to continuous assessment and 50 points to the final assessment. Instruction, as well as the completion of individual assessment components, will take place either in person or remotely (via LMS, MS Teams), at the discretion of the instructor. Ongoing evaluation (max. 50 points): 1. presence at teaching activities (according to the method of teaching - full-time / distance via teleconference) - for admission to the exam, the participation of min. 80% of all teaching; while part of the teaching can take place in the form of discussions, excursions, etc., which are conditional on the student's participation; 2. continuous test – max. 15 points, with which the student is verified as interpreting, applying and being able to explain the theoretical starting points in the field of ethics; 3. presentation of a pre-assigned topic according to a predetermined schedule; the student chooses the form of presentation, with an emphasis on explaining the issue within the field of ethics in social work – max 20 points; 4. elaboration and submission of an assignment aimed at solving an ethical dilemma - max. 15 points. Assignments must be submitted via the LMS e-learning portal by the deadline. If assignments are not submitted or submitted late, the student loses the opportunity to earn points. Through assignments, it will be verified how the student interprets, applies and can explain the theoretical principles of ethics in social work and on specific examples of work with a client. A total score of 26 points from the ongoing evaluation is required for admission to the exam. In case of failure to meet the conditions (failure to obtain the required 26 points in the ongoing evaluation, or failure to meet the participation condition), the student will not be classified in the subject (rating X). Final evaluation (max. 50 points): Written exam, where it is possible to get a maximum of 50 points, of which the minimum number of points for awarding the assessment is 27. To pass the exam in advance (the last week of the semester at the time of the lecture), a score of min. 43 points from the ongoing evaluation. The written exam	

is to check the student's ability to interpret, apply and explain the acquired theoretical knowledge in the field of ethics in social work.  
 The final grade is the sum of the points from the ongoing evaluation and the completed final exam.  
 A 100 - 91  
 B 90 - 81  
 C 80 - 71  
 D 70 - 61  
 E 60 - 53  
 FX 52 points or less

**Learning outcomes:**

- Brief outline of the course:**
1. Basic concepts related to ethics.
  2. Ethics in social work.
  3. Important ethical theories.
  4. Values in social work.
  5. Moral and ethical principles and principles.
  6. Code of ethics for social workers and social work assistants.
  7. Ethical decision-making in social work (ethical problem and ethical dilemma).
  8. Approaches to solving ethical dilemmas in social work.
  9. Relationship to life.

**Recommended literature:**

Jankovský, J., 2018. Etika pro pomáhající profese. Praha: Triton.  
 Balogová, B. a E. Žiaková, 2017. Vademecum sociálnej práce. Terminologický slovník. Košice: FF UPJŠ.  
 Mátel, A. a Z. Mališková, 2016. Etické kodexy sociální práce. Příbram: Ústav sv. Jana N. Neumanna.  
 Levická, J., 2014. Etika sociálnej práce. Hradec Králové: Gaudeamus.  
 Mališková, Z., 2013. Etické rozhodovanie v sociálnej práci. Nitra: Univerzita Konštantína filozofa v Nitre.  
 Brnula, P., 2011. Etika v sociálnej práci. Bratislava: IRIS.  
 Fischer, O. a R. Milfait (eds.), 2008. Etika pro sociální práci. Praha: Jabok.  
 Goldmann, R. a M. Cichá, 2004. Etika zdravotní a sociální práce. Olomouc: UP.  
 Vajda, J., 2004. Úvod do Etiky. Nitra: Enigma.

**Course language:**  
 slovak

**Notes:**

**Course assessment**  
 Total number of assessed students: 218

A	B	C	D	E	FX
35.78	29.36	16.97	14.68	2.75	0.46

**Provides:** Mgr. Lucia Tóthová, PhD., univerzitná docentka

**Date of last modification:** 18.09.2025

**Approved:** prof. Mgr. Soňa Lovašová, PhD.

## COURSE INFORMATION LETTER

<b>University:</b> P. J. Šafárik University in Košice	
<b>Faculty:</b> Faculty of Arts	
<b>Course ID:</b> KSP/ SPsR/25	<b>Course name:</b> Family Social Work Practice
<b>Course type, scope and the method:</b> <b>Course type:</b> Lecture / Practice <b>Recommended course-load (hours):</b> <b>Per week:</b> 2 / 1 <b>Per study period:</b> 28 / 14 <b>Course method:</b> present	
<b>Number of ECTS credits:</b> 5	
<b>Recommended semester/trimester of the course:</b> 2.	
<b>Course level:</b> I., II.	
<b>Prerequisites:</b>	
<b>Conditions for course completion:</b> All teaching activities, as well as the completion of individual components of continuous assessment, will be carried out either in person or remotely (via MS Teams or LMS), depending on the current situation. The instructor has the authority to determine which parts of the teaching may be replaced with independent student preparation for assigned activities. Continuous assessment consists of the following: Midterm written test – Maximum of 20 points. This test evaluates the student’s ability to recall, understand, and apply theoretical foundations of social work in the context of working with families. Preparation, submission, and presentation of assignments – According to a predefined schedule, worth up to 30 points. Assignments must be submitted via the LMS e-learning platform by the specified deadlines. Failure to submit or late submission results in the loss of points for that particular assignment. All submissions will be checked using the Turnitin anti-plagiarism system, and scores may be adjusted based on the originality check results. Through these assignments, the student demonstrates the ability to describe, interpret, and apply theoretical knowledge in the area of social work with families. Class attendance – A minimum of 80% attendance in both lectures and seminars is required to be admitted to the final exam. To be eligible for the final exam, the student must obtain at least 26 points from continuous assessment and meet the attendance requirement. If these conditions are not met (i.e. the student does not obtain the required 26 points or fails to meet the attendance threshold), the student will not be classified in the course (grade “X”). Early exam: Students may take the final exam during the last week of the semester (during the lecture slot) if they have obtained at least 40 points from continuous assessment. Final evaluation: The final exam is a written test worth a maximum of 50 points, with a minimum of 26 points required to pass. The exam assesses the student’s ability to recall, understand, and apply theoretical foundations of social work in the context of family work. The final grade is based on the total sum of points from continuous assessment and the final exam: A = 100–91 points, B = 90–81 points, C = 80–71 points, D = 70–61 points, E = 60–52 points, FX = 51 points or fewer	
<b>Learning outcomes:</b>	

### 1. Knowledge

The graduate of the course can explain the basic legal regulations concerning the protection of families and children and understands how these norms influence procedures in social work. They are familiar with the specifics of child care within the family, understand the importance of parental roles, sibling relationships, and the role of grandparents, as well as the needs of children at various developmental stages. They are well-versed in the topic of family crisis, can describe its causes and consequences, and are aware of the potential psychosocial impacts of divorce or separation on both children and adults. Within social work procedures with families, the student knows how to recognize risk indicators and understands various methods of assessing and evaluating family situations. They clearly understand the essence of social intervention in families, which includes family preservation (sanation), counseling, therapy, networking, and family group conferences.

### 2. Skills

In practice, the graduate is able to use the legislative framework effectively in working with families to correctly identify situations requiring legal action while respecting the ethical principles of social work. They base their work with families on a comprehensive assessment of the family situation through interviews, observation, and the analysis of available documentation. They can also select appropriate approaches in family crisis situations, including divorce or separation, and facilitate support or cooperation with other professionals. When identifying at-risk family situations, they apply a systematic approach and utilize various tools of social work. They are capable of implementing counseling and family preservation in ways that strengthen parental competencies and improve family interaction, making use of family therapy methods and interdisciplinary collaboration (networking) with professionals to address family problems.

### 3. Competencies

Upon completing the course, the student acquires competencies that enable them to integrate legal requirements with practical procedures in social work while upholding ethical principles and considering the long-term well-being of the family. They are able to respond appropriately to different family forms, assess the level of risk, and determine the most suitable tools or forms of intervention for specific situations. In crisis situations or cases of divorce, they are capable of making decisions in line with the best interests of the child and the family as a whole. They can manage meetings, case conferences, or networking processes and coordinate the work of other professionals involved in the intervention. They take responsibility for their actions and their outcomes, evaluate the effectiveness of chosen methods, and make decisions aimed at improving the quality of life of clients in a family setting. Through this, they contribute to the effective practice of social work with families, focused on prevention, support, and the long-term sustainability of positive change.

#### **Brief outline of the course:**

- 1) The Family in the Context of Slovak Legislation (Act No. 36/2005 Coll. – Family Act; Act No. 305/2005 Coll. – Act on Social and Legal Protection of Children and Social Guardianship; Decree No. 103/2018 of the Ministry of Labour, Social Affairs and Family)
- 2) The Child in the Family (Childcare; Parental Roles; Child Upbringing; Sibling Relationships; Grandparents; Specifics of Social Work with Children)
- 3) The Family and Crisis
- 4) Divorce/Separation and Its Impact on the Family
- 5) Social Work Procedures with Families; Indicators for Assessing Family Risk Factors
- 6) Assessment of the Family's Life Situation (Methods for Assessing Social Risk in Families: Approach, Interview, Observation, Collaboration, Document Analysis)
- 7) Social Intervention in the Family (Family Preservation)
- 8) Social Intervention in the Family (Family Counseling; Family Therapy)

9) Social Intervention in the Family(Case Conferences; Family Group Conferences; Networking; Accompaniment; Mediation)

**Recommended literature:**

GABURA, J. a E. GAŽIKOVÁ, 2021. Teoretické východiská a metódy práce s rodinou. Nitra: UKF, Fakulta sociálnych vied a zdravotníctva. ISBN 978-80-558-1682-1.

GABURA, J., 2012. Teória rodiny a proces práce s rodinou. Bratislava: IRIS. ISBN 978-80-89256-95-2.

HOVANOVA, M., 2021. Rodina ako priestor sociálnej práce. Košice: ŠafárikPress.

HOVANOVA, M., a D. ŠLOSÁR, 2020. Sanácia dysfunkčnej rodiny v pomáhajúcich profesiách. Košice: ŠafárikPress. ISBN 978-80-8152-858-3.

HOVANOVA, M., a D. ŠLOSÁR, 2020. Sociálnoprávna ochrana rodiny v pomáhajúcich profesiách. Košice: ŠafárikPress. ISBN 978-80-8152-862-0.

MYDLÍKOVÁ, E., 2018. Posudzovanie sociálnej rizikovosti rodiny. Trnava: Trnavská univerzita v Trnave, Fakulta zdravotníctva a sociálnej práce. ISBN 978-80-568-0079-9.

MYDLÍKOVÁ, E., 2019. Rodina a kognitívno-behaviorálny prístup. Trnava: Trnavská univerzita v Trnave, Fakulta zdravotníctva a sociálnej práce. ISBN 978-80-568-0374-5.

**Course language:**

slovak

**Notes:**

**Course assessment**

Total number of assessed students: 133

A	B	C	D	E	FX
16.54	21.05	29.32	21.05	9.77	2.26

**Provides:** Mgr. Magdaléna Hovanová, PhD., prof. Mgr. Soňa Lovašová, PhD.

**Date of last modification:** 28.03.2025

**Approved:** prof. Mgr. Soňa Lovašová, PhD.

## COURSE INFORMATION LETTER

<b>University:</b> P. J. Šafárik University in Košice	
<b>Faculty:</b> Faculty of Arts	
<b>Course ID:</b> KSP/ ZSSaID/15	<b>Course name:</b> Fundamentals of Statistical Processing and Data Interpretation
<b>Course type, scope and the method:</b> <b>Course type:</b> Practice <b>Recommended course-load (hours):</b> <b>Per week: 2 Per study period: 28</b> <b>Course method:</b> present	
<b>Number of ECTS credits:</b> 3	
<b>Recommended semester/trimester of the course:</b> 6.	
<b>Course level:</b> II.	
<b>Prerequisites:</b>	
<b>Conditions for course completion:</b> Presence and active participation in teaching activities (according to the method of teaching - full-time / distance teleconferencing system), independent continuous elaboration of the data set, its modification and processing of the results of our own quantitatively oriented research. Final evaluation: written work - interpretation of the results of own research through the results of tests, tables and graphs. Evaluation: graduated.	
<b>Learning outcomes:</b> The course is focused on familiarizing students with methods for processing their own quantitatively oriented research, with an emphasis on interpreting specific results using statistical induction methods. Upon completion of the course, in the area of knowledge, students: <ul style="list-style-type: none"> <li>- are able to recognize and interpret basic statistical concepts specific to statistical practice,</li> <li>- can explain and compare the purpose of the most commonly used methods of inductive statistics.</li> </ul> In the area of skills, students: <ul style="list-style-type: none"> <li>- are able to create their own data set and modify it for mathematical and statistical processing,</li> <li>- can apply methods of inductive statistics to their own data set.</li> </ul> In the area of competencies: <ul style="list-style-type: none"> <li>- students can draw conclusions from mathematical and statistical results and interpret them for the purposes of their own scientific research,</li> <li>- students are able to critically evaluate and reflect on the suitability of the statistical methods used and their application to various types of data sets.</li> </ul>	
<b>Brief outline of the course:</b> <ol style="list-style-type: none"> <li>1. Basic terms, definitions, definitions - variables, hypotheses, methods of data processing.</li> <li>2. Basics of statistical processing - data file creation</li> <li>3. Basics of statistical processing II - verification and modification of the data set</li> <li>4. Deskriptive statistical methods - frequency analysis, use of graphs for interpretation, normality.</li> <li>5. Choice of appropriate statistical processing.</li> <li>6. Methods of correlation research - Pearson correlation coefficient, order correlation, regression analysis.</li> </ol>	

- 7. Methods of causal-comparative research - t-test, ANOVA, chi-square test.
- 8. Interpretation of own research results
- 9. Interpretation of own research results
- 10. Interpretation of own research results

**Recommended literature:**

LICHNER, V., 2020. Základy štatistiky v sociálnych vedách I. Teoretické východiská a deskriptívna analýza. Košice: Univerzita Pavla Jozefa Šafárika v Košiciach. ISBN 978-80-8152-925-2.

FERJENČÍK, J., 2006. Základy štatistických metód v sociálnych vedách. Košice : Univerzita Pavla Jozefa Šafárika. ISBN 80-7097-639-X.

HENDL, J., 2006. Přehled štatistických metod zpracování dat : analýza a metaanalýza dat. 2. vydanie. Praha : Portál. ISBN 80-7367-123-9.

LOVAŠ, L., 2001. Metódy výskumu pre verejnú správu. Košice : Fakulta verejnej správy UPJŠ. ISBN 80-7097-478-8.

ONDREJKOVIČ, P., 2005. Úvod do metodológie sociálnych vied: základy metodológie kvantitatívneho výskumu. Bratislava.

REICHEL, J., 2009. Kapitoly metodologie sociálních výzkumů. Praha: Grada. ISBN 978-80-247-3006-6.

**Course language:**

Slovak

**Notes:**

**Course assessment**

Total number of assessed students: 249

abs	n
97.19	2.81

**Provides:** doc. Mgr. Vladimír Lichner, PhD.

**Date of last modification:** 10.02.2025

**Approved:** prof. Mgr. Soňa Lovašová, PhD.

## COURSE INFORMATION LETTER

<b>University:</b> P. J. Šafárik University in Košice	
<b>Faculty:</b> Faculty of Arts	
<b>Course ID:</b> KSP/ ZSSV/15	<b>Course name:</b> Fundamentals of Statistics in Social Sciences
<b>Course type, scope and the method:</b> <b>Course type:</b> Lecture / Practice <b>Recommended course-load (hours):</b> <b>Per week:</b> 2 / 2 <b>Per study period:</b> 28 / 28 <b>Course method:</b> present	
<b>Number of ECTS credits:</b> 6	
<b>Recommended semester/trimester of the course:</b> 2.	
<b>Course level:</b> I., II.	
<b>Prerequisites:</b>	
<b>Conditions for course completion:</b> Completion of the course is conditioned by the fulfillment of continuous and final conditions evaluation. Ongoing evaluation: 1. presence at teaching activities (according to the method of teaching - full-time / distance via teleconference) - for admission to the exam, the participation of min. 80% of all teaching; 2. independent active preparation for exercises - elaboration and submission of continuous assignments focused on verification of acquired statistical skills - identification of variables, elaboration of specific tabular, graphical and numerical descriptive characteristics (frequency tables, graphs, calculation of basic descriptive characteristics, calculation of selected statistical induction methods), interpretation of mathematical-statistical calculations - 35 p, 3. continuous test - aimed at verifying the acquired knowledge about statistical theory, practice, knowledge of variables and the use of some mathematical-statistical procedures, including the calculation of examples - 15 p. A total of 26 points from the continuous assessment is required to be admitted to the exam. IN in case of non-fulfillment of conditions (failure to obtain the required 26 points in the continuous assessment, or non-fulfillment of the condition of participation), the student will not be classified from the subject (evaluation X). Final rating: written exam (combination of theoretical and application part) - max. 50 points. The theoretical part of the exam focuses on verifying the acquired knowledge of statistical theory and practice. The application part is focused on the ability to distinguish and use the most common mathematical and statistical procedures, including identification of variables, implementation of all descriptive and selected inductive calculations, construction of graphical and tabular methods of statistics. To successfully pass the exam, it is necessary to obtain from the written exam at one time min. 26 points. If this condition is not met, the student is graded FX. To pass the exam in the pre-term (last week of the semester at the time of the lecture) it is necessary to gain a min. 40 points from the ongoing evaluation. The final grade is a combination of continuous assessment and a combined exam: A - 100-91 points B - 90-81 points	

C - 80-71 points  
D - 70-61 points  
E - 60-51 points  
Fx - 50 points or less

**Learning outcomes:**

The aim of the course is to familiarize students with the basic methods of statistical processing and statistical techniques in the context of specifics arising from the methodology of social research.

Upon completion of the course, students:

Acquired knowledge:

are able to identify the subject of statistics and its understanding, and summarize the history of the use of various statistical methods,

can interpret the importance of using statistical methods in social sciences with a focus on social work,

know and interpret basic statistical concepts, categorize and distinguish types of variables,

identify basic methods of descriptive statistics,

understand the basics of probability in statistics and the fundamentals of statistical inference.

Skills:

are able to accurately calculate, use, and interpret basic methods of descriptive statistics,

can use the most common methods of statistical inference and apply probability theory.

Competencies:

are capable of adequately evaluating the suitability of applied statistical methods for different types of research problems in social sciences.

**Brief outline of the course:**

1. The subject of statistics and its understanding

2. Brief history of using statistical methods

3. Statistics in social sciences

4. Basic statistical terms - basic statistical file, statistical file, statistical unit, statistical feature, value of statistical feature, ...

5. Variables and their role in statistics, categorization of variables

6. Basics of descriptive statistics

7. Table descriptive methods

8. Numerical descriptive methods - indicators of central tendency, indicators of variability, indicators of symmetry

9. Graphic descriptive methods

10. Probability theory in social sciences

11. Introduction to statistical reasoning, significance tests - parametric and non-parametric methods of data analysis

12. Choice of appropriate statistical processing, basic methods of correlation and causal-comparative research

13. Application of selected methods of statistics in social work

**Recommended literature:**

LICHNER, V., 2020. Základy štatistiky v sociálnych vedách I. Teoretické východiská a deskriptívna analýza. Košice: Univerzita Pavla Jozefa Šafárika v Košiciach. ISBN 978-80-8152-925-2.

FERJENČÍK, J., 2006. Základy štatistických metód v sociálnych vedách.

Košice : Univerzita Pavla Jozefa Šafárika. ISBN 80-7097-639-X.

HENDL, J., 2006. Přehled štatistických metod zpracování dat : analýza a metaanalýza dat. 2. vydanie. Praha : Portál.

ISBN 80-7367-123-9.

LOVAŠ, L., 2001. Metódy výskumu pre verejnú správu. Košice : Fakulta verejnej správy UPJŠ. ISBN 80-7097-478-8.

ONDREJKOVIČ, P., 2005. Úvod do metodológie

sociálnych vied: základy metodológie kvantitatívneho výskumu. Bratislava. REICHEL, J., 2009. Kapitoly metodologie sociálních výzkumů. Praha: Grada. ISBN 978-80-247-3006-6.

**Course language:**

slovak

**Notes:**

**Course assessment**

Total number of assessed students: 1705

A	B	C	D	E	FX
8.62	13.49	14.13	17.07	31.79	14.9

**Provides:** doc. Mgr. Vladimír Lichner, PhD., Mgr. Ema Choutková

**Date of last modification:** 10.02.2025

**Approved:** prof. Mgr. Soňa Lovašová, PhD.

## COURSE INFORMATION LETTER

<b>University:</b> P. J. Šafárik University in Košice					
<b>Faculty:</b> Faculty of Arts					
<b>Course ID:</b> KSP/ HSP1/15		<b>Course name:</b> History of Social Work 1			
<b>Course type, scope and the method:</b> <b>Course type:</b> Lecture / Practice <b>Recommended course-load (hours):</b> <b>Per week:</b> 2 / 1 <b>Per study period:</b> 28 / 14 <b>Course method:</b> present					
<b>Number of ECTS credits:</b> 5					
<b>Recommended semester/trimester of the course:</b> 1.					
<b>Course level:</b> I., II.					
<b>Prerequisites:</b>					
<b>Conditions for course completion:</b>					
<b>Learning outcomes:</b>					
<b>Brief outline of the course:</b> 1. Understanding of social work as a science and as a practical activity, help and helping as a basic category of social work, altruism, social assistance. 2. History of social work. Subject of the history of social work. 3. Ancient history of social work. 4. Social thinking in the Middle Ages. 5. Modern history of social work. Social teaching of the church. 6. Experience phase of providing social work. 7. Diagnostic School of Social Work. Case social work. 8. Functional school of social work. 9. Development of social work in the world after 1945. 10. Disintegration of social work in our country after 1945, its restoration. 11. Contemporary social work.					
<b>Recommended literature:</b>					
<b>Course language:</b>					
<b>Notes:</b> The aim of the course is to acquaint students with the history of social work in the field of social work practice and in the development of social work theory from ancient forms of help through unorganized help to clients to the development of organized social work and subsequent professional education in social work.					
<b>Course assessment</b> Total number of assessed students: 256					
A	B	C	D	E	FX
19.92	25.39	23.44	18.36	8.98	3.91
<b>Provides:</b> Mgr. Lucia Tóthová, PhD., univerzitná docentka, Mgr. Tomáš Šed'o, PhD.					

**Date of last modification:** 21.09.2025

**Approved:** prof. Mgr. Soňa Lovašová, PhD.

## COURSE INFORMATION LETTER

<b>University:</b> P. J. Šafárik University in Košice	
<b>Faculty:</b> Faculty of Arts	
<b>Course ID:</b> KSP/ ZSM2/25	<b>Course name:</b> International Student Mobility 2
<b>Course type, scope and the method:</b> <b>Course type:</b> <b>Recommended course-load (hours):</b> <b>Per week: Per study period:</b> <b>Course method:</b> present	
<b>Number of ECTS credits:</b> 3	
<b>Recommended semester/trimester of the course:</b> 4.	
<b>Course level:</b> II.	
<b>Prerequisites:</b>	
<b>Conditions for course completion:</b>	
<b>Learning outcomes:</b>	
<b>Brief outline of the course:</b>	
<b>Recommended literature:</b>	
<b>Course language:</b>	
<b>Notes:</b>	
<b>Course assessment</b>	
Total number of assessed students: 0	
abs	n
0.0	0.0
<b>Provides:</b> Mgr. Tomáš Šed'o, PhD.	
<b>Date of last modification:</b> 01.04.2025	
<b>Approved:</b> prof. Mgr. Soňa Lovašová, PhD.	

## COURSE INFORMATION LETTER

<b>University:</b> P. J. Šafárik University in Košice	
<b>Faculty:</b> Faculty of Arts	
<b>Course ID:</b> KSP/ MSP/25	<b>Course name:</b> Management of Social Work
<b>Course type, scope and the method:</b> <b>Course type:</b> Lecture / Practice <b>Recommended course-load (hours):</b> <b>Per week:</b> 2 / 1 <b>Per study period:</b> 28 / 14 <b>Course method:</b> present	
<b>Number of ECTS credits:</b> 5	
<b>Recommended semester/trimester of the course:</b> 3.	
<b>Course level:</b> II.	
<b>Prerequisites:</b>	
<b>Conditions for course completion:</b> Course completion is conditional upon fulfilling the requirements of both continuous and final assessment. The maximum achievable score is 100 points, allocated as 50 points for continuous assessment and 50 points for final assessment. Teaching as well as the completion of individual parts of the assessment will take place, depending on the current situation, either in person or in an online format (LMS, MS Teams). The course instructor may decide to substitute part of the study requirements with self-study. Continuous assessment (max. 50 points) consists of: <ol style="list-style-type: none"> <li>1. attendance – in order to be admitted to the final examination, a minimum of 80% attendance in all classes (lectures and seminars) is required. A portion of the instruction may take the form of discussions, excursions, etc., where student participation is compulsory;</li> <li>2. ongoing preparation – max. 20 points, verifying the student’s ability to interpret, apply, and explain the theoretical foundations of management in the field of social work;</li> <li>3. independent preparation and active participation in activities aimed at developing managerial skills and deepening knowledge (as defined by the pre-set schedule) – max. 30 points.</li> </ol> Selected assignments must be submitted via the LMS e-learning portal by the deadline. If the assignment is not submitted or the assignment is delayed, the student loses the opportunity to receive points for the assignment. In the event of an unexcused absence from the doctor at the designated presentation date, the student loses the opportunity to receive points for the presentation. He has the possibility to agree with another student and exchange dates. A total score of 26 points from the ongoing evaluation is required for admission to the exam. In case of failure to meet the conditions (failure to obtain the required 26 points in the ongoing evaluation, or failure to meet the participation condition), the student will not be classified in the subject (rating X). Final evaluation (max. 50 points): A written exam where a maximum of 50 points can be obtained, of which the minimum number of points for awarding an assessment is 27. To pass the exam in advance (the last week of the semester at the time of the lecture), a score of min. 43 points from the ongoing evaluation. The written exam is to check the student's ability to interpret, apply and explain acquired knowledge in the field of management to the practice of social work. The final grade is the sum of the points from the ongoing evaluation and the completed final exam.	

A 100 - 91  
B 90 - 81  
C 80 - 71  
D 70 - 61  
E 60 - 53  
FX 52 points or less

**Learning outcomes:**

**Knowledge:**

The student understands fundamental concepts, basic principles, and theories of management applied in social work, including planning, organizing, managing, and controlling social services and programs.

The student is familiar with various management functions and processes, such as strategic planning, resource organization, team leadership, and performance control within the context of social services.

**Skills:**

The student is capable of effectively planning and organizing activities and projects in the field of social work, including the creation and implementation of plans and strategies for the development of social services.

The student can effectively communicate and present information to various stakeholders, including the team, clients, and partners, using appropriate communication and presentation techniques.

The student is able to analyze complex situations and problems in the field of social service management and propose and implement effective solutions.

**Competencies:**

The student demonstrates the ability to effectively lead and motivate a team of social workers, including the capability to manage and develop employees and support their professional growth.

The student is able to apply various management tools and techniques in practice.

The student shows the ability to make ethical and responsible decisions in the management of social services while respecting ethical norms and professional rules.

The student can summarize, briefly describe, and subsequently apply theoretical knowledge from management to relevant areas of social work practice in Slovakia.

**Brief outline of the course:**

1. Definition, emergence and development of management.
2. Main management concepts.
3. Manager's personality. Internal and external management environment.
4. Managerial decision-making.
5. Sequential functions of management. Planning.
6. Organizing and creating organizational structures in the company.
7. Management and creation of work teams. Power and authority.
8. Control and process of control activity in the company.
9. Communication in the manager's work.
10. Ethics in management.
11. Geographical and cultural influences on the emergence of different types of management.

**Recommended literature:**

Mydlíková, E., 2024. Manažment v sociálnej práci. Bratislava: VEDA, SAV.

Vaverčáková, M. a M. Hromková, M. 2018. Manažment v sociálnej práci. Trnava: FZSP.

Balogová, B. a E. Žiaková (eds.), 2017. Vademecum sociálnej práce. Terminologický slovník. Košice: UPJŠ.

Majtán, M. a kol., 2016. Manažment. Bratislava: SPRINT.

Wearing, M., and M. Hughes, 2012. Organisations and Management in Social Work: Everyday Action for Change. SAGE Publications.

Bašistová, A. a L. Stankovič, 2012. Vybrané kapitoly z manažmentu pre sociálnu prácu. Košice, VÚSI, spol. s r.o.

Hangoni, F. a A. Imrichová, 2010. Manažment a jeho aplikácia v sociálnej práci. Gorlice: Elpis.

**Course language:**

Slovak

**Notes:**

The mission of the course is to provide students with basic knowledge in the field of management with emphasis on its application level in social work. During the course, students are familiar with basic concepts in the field of management theories and their practical application in the practice of social work.

**Course assessment**

Total number of assessed students: 23

A	B	C	D	E	FX
69.57	13.04	17.39	0.0	0.0	0.0

**Provides:** Mgr. Lucia Tóthová, PhD., univerzitná docentka

**Date of last modification:** 22.09.2025

**Approved:** prof. Mgr. Soňa Lovašová, PhD.

## COURSE INFORMATION LETTER

<b>University:</b> P. J. Šafárik University in Košice					
<b>Faculty:</b> Faculty of Arts					
<b>Course ID:</b> KSP/ ODP/15		<b>Course name:</b> Master's Thesis Defense			
<b>Course type, scope and the method:</b> <b>Course type:</b> <b>Recommended course-load (hours):</b> <b>Per week: Per study period:</b> <b>Course method:</b> present					
<b>Number of ECTS credits:</b> 15					
<b>Recommended semester/trimester of the course:</b>					
<b>Course level:</b> II.					
<b>Prerequisites:</b>					
<b>Conditions for course completion:</b> Elaboration of a diploma thesis according to the specified conditions in the results of education and guidelines of the university on the basis of the instructor's instructions and Rector's Decision 21/2021 on plagiarism. When writing the final thesis, the student demonstrates the ability of his own creative activity, he prepares the work independently in accordance with the guidelines of the university.					
<b>Learning outcomes:</b> The graduate of the master's study program can: - name, describe or divide and compare abstract theoretical procedures on a given topic; - to propose a theoretical and methodological approach to the topic of the diploma thesis; - solve a research problem, - interpret the results of their research using advanced statistical methods.					
<b>Brief outline of the course:</b> Presentation of outcomes of diploma thesis, answering the opponent's questions and answering the questions from the members of Examination Committee.					
<b>Recommended literature:</b>					
<b>Course language:</b> Slovak					
<b>Notes:</b>					
<b>Course assessment</b> Total number of assessed students: 170					
A	B	C	D	E	FX
37.06	28.82	18.24	11.18	3.53	1.18
<b>Provides:</b>					
<b>Date of last modification:</b> 30.09.2022					
<b>Approved:</b> prof. Mgr. Soňa Lovašová, PhD.					

## COURSE INFORMATION LETTER

<b>University:</b> P. J. Šafárik University in Košice	
<b>Faculty:</b> Faculty of Arts	
<b>Course ID:</b> KSP/ DS/25	<b>Course name:</b> Master's Thesis Seminar
<b>Course type, scope and the method:</b> <b>Course type:</b> Practice <b>Recommended course-load (hours):</b> <b>Per week:</b> 1 <b>Per study period:</b> 14 <b>Course method:</b> present	
<b>Number of ECTS credits:</b> 3	
<b>Recommended semester/trimester of the course:</b> 4.	
<b>Course level:</b> II.	
<b>Prerequisites:</b>	
<b>Conditions for course completion:</b> For the successful completion of the course, all four of the listed criteria must be fulfilled. If the student fails to meet any of these criteria, the course will be assessed as not completed. Course completion requirements: <ol style="list-style-type: none"> <li>1. Preparation, submission, and presentation of international research related to the thesis topic – The student submits (by the specified deadline) an international research study together with a written analytical summary focusing on the extraction of key findings, with particular emphasis on studies published in reputable indexed journals.</li> <li>2. Research questions and hypotheses – The student prepares and submits (via the LMS) three research questions and three corresponding hypotheses related to the topic of the final thesis for quantitative research, and three research questions for qualitative research.</li> <li>3. Confirmation of ongoing work on the theoretical part of the final thesis – The student demonstrates that two chapters of the theoretical part of the final thesis have been completed at the required academic and formal level, based on the supervisor's confirmation of their completion.</li> <li>4. Attendance requirement – The minimum attendance required for successful course completion is 80%, applicable to both face-to-face and distance forms of instruction.</li> </ol> Teaching will be conducted according to the current situation (face-to-face or distance learning via Teams and the LMS). It is within the instructor's competence to determine which parts of the instruction may be replaced by independent preparation for course activities.	
<b>Learning outcomes:</b> The aim of the course is to familiarize students with the principles of preparing a master's thesis, including fundamental methodological and statistical procedures used in its development. <ol style="list-style-type: none"> <li>1. Knowledge                Students are able to interpret the purpose and content of the individual components of a master's thesis, including formal requirements, structure, and methodological guidelines. They have an overview of how to compose a literature review, including how to search for, evaluate, and incorporate relevant academic sources, both domestic and international. They understand methodological principles for both quantitative and qualitative research and are familiar with the principles of designing and presenting a research project correctly.</li> <li>2. Skills</li> </ol>	

Students are capable of creating a high-quality literature review using relevant academic sources, and they can effectively search for, evaluate, and synthesize information. They know how to properly cite literature and compile a bibliography in accordance with academic standards. They are also able to work with the thesis formatting template, including maintaining the correct structure and formatting of the master's thesis.

### 3. Competencies

Students are competent in creating a literature review, including the ability to search for and analyze relevant sources, and subsequently formulate research questions and objectives. They can design and carry out a research project, including selecting appropriate methodology, data collection, and analysis. They are able to interpret research findings, draw conclusions, and present them within the context of a master's thesis, including the preparation and delivery of a presentation of their results.

#### **Brief outline of the course:**

- 1) Stages of Research Preparation and Thesis Evaluation
- 2) Theoretical Part of the Thesis (scope, language, structure of the theoretical section, introduction, abstract, chapter organization)
- 3) Working with Literature in the Text
- 4) Working with Literature in the Bibliographic References
- 5) Review of International Research Studies
- 6) Thesis Project Design
- 7) Methodological Formulation of Research Questions and Hypotheses
- 8) Empirical Part of the Thesis (structure of the empirical section, research implementation, methods of evaluation, discussion)
- 9) Applied/Practical Part of the Thesis
- 10) Working with the Thesis Template
- 11) Preparing the Final Thesis Presentation

#### **Recommended literature:**

BAČÍKOVÁ, M., A. JANOVSÁ a O. OROSOVÁ, 2019. Základy metodológie pedagogickopsychologického výskumu. Sprievodca pre študentov učiteľstva. Košice: ŠafárikPress. ISBN 978-80-8152-805-7.

LICHNER, V. 2020. Základy štatistiky v sociálnych vedách I. Teoretické východiská a deskriptívna analýza. Košice: ŠafárikPress. ISBN 978-80-8152-925-2.

LOVAŠ, L., 2001. Metódy výskumu pre verejnú správu. Košice: Univerzita Pavla Jozefa Šafárika. ISBN 80-7097-478-8.

PUNCH, K. 2015. Úspešný návrh výskumu. Praha: Portál. ISBN 978-80-262-0980-5.

Smernica č. 1/2011 o základných náležitostiach záverečných prác, rigorózných prác a habilitačných prác, ich zverejnení a sprístupnení po dobu ich uchovávaní a kontrole originality platná pre Univerzitu Pavla Jozefa Šafárika v Košiciach a jej súčasti

ŽIAKOVÁ, E. a kol., 2014. Návod na písanie záverečných prác. Košice: Filozofická fakulta UPJŠ. ISBN 978-80-8152-158-4.

#### **Course language:**

Slovak

#### **Notes:**

#### **Course assessment**

Total number of assessed students: 193

abs	n
97.41	2.59

<b>Provides:</b> Mgr. Magdaléna Hovanová, PhD.
<b>Date of last modification:</b> 06.02.2026
<b>Approved:</b> prof. Mgr. Soňa Lovašová, PhD.

## COURSE INFORMATION LETTER

<b>University:</b> P. J. Šafárik University in Košice	
<b>Faculty:</b> Faculty of Arts	
<b>Course ID:</b> KSP/ DS/15	<b>Course name:</b> Master's Thesis Seminar
<b>Course type, scope and the method:</b> <b>Course type:</b> Lecture / Practice <b>Recommended course-load (hours):</b> <b>Per week:</b> 0 / 1 <b>Per study period:</b> 0 / 14 <b>Course method:</b> present	
<b>Number of ECTS credits:</b> 2	
<b>Recommended semester/trimester of the course:</b> 5.	
<b>Course level:</b> II.	
<b>Prerequisites:</b>	
<b>Conditions for course completion:</b> The subject is assessed by continuous assessment as follows: <ol style="list-style-type: none"> <li>1. presence at teaching activities (according to the method of teaching - face-to-face/distance via teleconference) - for the successful completion of the subject, attendance of min. 80% of the entire teaching;</li> <li>2. independent professional preparation of an overview of foreign research in the subject of the final thesis, with an emphasis on research in renowned indexed periodicals, its presentation and submission;</li> <li>3. elaboration of a literary overview in the scope of 2 standard pages, its submission and presentation;</li> <li>4. independent development of research questions and hypotheses, their submission and presentation;</li> <li>5. preparation of the final thesis project, its submission and defense at a joint meeting.</li> </ol> In order to successfully complete the subject, it is necessary to meet all the criteria mentioned. If the student does not fulfill any of the criteria, he will be graded as unclassified (grade X). Assessment: passed.	
<b>Learning outcomes:</b> The purpose of the course is to acquaint students with the principles of preparation of the final thesis for the master's degree, with the basic methodological and statistical procedures of processing, as well as with its presentation and defense. <ol style="list-style-type: none"> <li>1. Knowledge:                Students are able to interpret the significance and content of the various components required in a thesis, including formal requirements, structure, and methodological guidelines.                They have an understanding of how to create a literature review, including the search, evaluation, and inclusion of relevant scientific sources, both domestic and international.                They understand methodological principles for quantitative and qualitative research and are familiar with the principles of designing and presenting a research project.</li> <li>2. Skills:                Students are capable of creating a high-quality literature review using relevant scientific sources, effectively searching, evaluating, and integrating information.</li> </ol>	

They can correctly handle literature and create an accurate bibliography in accordance with academic standards.

They are proficient in using thesis templates, including proper structuring and formatting of the thesis.

### 3. Competencies:

Students are able to create a literature review, including searching and analyzing relevant sources, and subsequently formulate research questions and objectives.

They can design and conduct a research project, including selecting appropriate methodologies, collecting data, and analyzing it.

They are capable of interpreting research results, drawing conclusions, and presenting them in the context of the thesis, including preparing and delivering a presentation of the findings.

### **Brief outline of the course:**

1. Characteristics of the diploma thesis, scope
2. Department and faculty guidelines
3. Scientific character of work
4. Work structure
5. Creating a literary review, quote, paraphrase, plagiarism
6. Elaboration of an overview of foreign researches
7. Work with literature, bibliographic references
8. Quantitative and qualitative research, determination of hypotheses
9. Working with a template
10. Protocol on control of originality, degree of similarity
11. Presentation and defense of work

### **Recommended literature:**

UPJŠ: Smernica rektora 1/2011 o kvalifikačných prácach. In: [www.upjs.sk](http://www.upjs.sk)

BAČÍKOVÁ, M., A. JANOVSÁ a O. OROSOVÁ, 2019. Základy metodológie pedagogickopsychologického výskumu. Sprievodca pre študentov učiteľstva. Košice: ŠafárikPress. ISBN 978-80-8152-805-7.

LICHNER, V. 2020. Základy štatistiky v sociálnych vedách I. Teoretické východiská a deskriptívna analýza. Košice: ŠafárikPress. ISBN 978-80-8152-925-2.

LOVAŠ, L., 2001. Metódy výskumu pre verejnú správu. Košice: Univerzita Pavla Jozefa Šafárika. ISBN 80-7097-478-8.

PUNCH, K. 2015. Úspešný návrh výskumu. Praha: Portál. ISBN 978-80-262-0980-5.

Smernica č. 1/2011 o základných náležitostiach záverečných prác, rigorózných prác a habilitačných prác, ich zverejnení a sprístupnení po dobu ich uchovávaní a kontrole originality platná pre Univerzitu Pavla Jozefa Šafárika v Košiciach a jej súčasti

ŽIAKOVÁ, E. a kol., 2014. Návod na písanie záverečných prác. Košice: Filozofická fakulta UPJŠ. ISBN 978-80-8152-158-4.

### **Course language:**

slovak

### **Notes:**

### **Course assessment**

Total number of assessed students: 673

abs	n
98.96	1.04

**Provides:** Mgr. Magdaléna Hovanová, PhD.

**Date of last modification:** 05.09.2025

**Approved:** prof. Mgr. Soňa Lovašová, PhD.

## COURSE INFORMATION LETTER

<b>University:</b> P. J. Šafárik University in Košice	
<b>Faculty:</b> Faculty of Arts	
<b>Course ID:</b> KSP/ SDP/10	<b>Course name:</b> Master's Thesis Seminar
<b>Course type, scope and the method:</b> <b>Course type:</b> Practice <b>Recommended course-load (hours):</b> <b>Per week: 2 Per study period: 28</b> <b>Course method:</b> present	
<b>Number of ECTS credits:</b> 3	
<b>Recommended semester/trimester of the course:</b> 6.	
<b>Course level:</b> II.	
<b>Prerequisites:</b>	
<b>Conditions for course completion:</b> <p>The evaluation of the subject is completed by the supervisor of the final thesis on the basis of the student's independent work on the creation of the diploma thesis, participation in consultations with the supervisor (according to the method of teaching - full-time / distance). The evaluation is given to a student who regularly participated in the agreed consultations during the creation of the final thesis. It also includes the fulfillment of the agreed time schedule for the creation of the final thesis, the student's independent creative work in the creation of the final thesis under professional guidance and with the supervisor's knowledge of the creative process. The evaluation is awarded after the finalization and diploma thesis and after meeting the other defined conditions. A student who did not meet the defined conditions (did not participate in the agreed consultations, did not follow the agreed schedule, did not prepare the final thesis independently or without the knowledge of the supervisor) is not awarded the evaluation.</p>	
<b>Learning outcomes:</b> <b>1. Knowledge:</b> <p>The student has comprehensive knowledge of the structure and formal requirements for the diploma thesis, including correct formatting, style, and citation of sources.            They are familiar with the conditions and criteria for submitting the diploma thesis and are aware of the timeline for preparation, the various phases of research, and writing the thesis.            They understand the theoretical and methodological requirements necessary to successfully complete the diploma thesis in accordance with academic standards and university guidelines.</p> <b>2. Skills:</b> <p>The student is able to communicate effectively with their supervisor, regularly consult on their progress, and incorporate feedback and suggestions throughout the thesis-writing process.            They can work independently on different parts of the thesis, using the supervisor's instructions and guidance when planning research, analyzing data, and writing.            The student is capable of organizing their time systematically and meeting deadlines that are part of the preparation and submission timeline for the diploma thesis.</p> <b>3. Competencies:</b> <p>The student is capable of writing the theoretical part of the diploma thesis with academic precision, in accordance with the relevant guidelines, and applying appropriate literature.</p>	

The student can design a research project, including setting objectives, methodology, and sample selection, and then conduct and describe the research results as part of the thesis. They are able to apply the findings of their research to make recommendations for practice, particularly in the field of social work, taking into account the real-world needs of the profession and its clients.

**Brief outline of the course:**

Fulfillment of partial tasks and adherence to the time schedule for the creation of the final work in agreement with the trainer.

**Recommended literature:**

UPJŠ: Smernica rektora 1/2011 o kvalifikačných prácach. In: www.upjs.sk  
ŽIAKOVÁ, E. a kol., 2014. Návod na písanie záverečných prác. Košice: Filozofická fakulta UPJŠ. ISBN 978-80-8152-158-4.URL  
LICHNER, V. 2020. Základy štatistiky v sociálnych vedách I. Teoretické východiská a deskriptívna analýza. Košice: ŠafárikPress. ISBN 978-80-8152-925-2.  
BAČÍKOVÁ, M., A. JANOVSÁ a O. OROSOVÁ, 2019. Základy metodológie pedagogicko-psychologického výskumu. Sprievodca pre študentov učiteľstva. Košice: ŠafárikPress. ISBN 978-80-8152-805-7.

**Course language:**

Slovak

**Notes:**

The course is taught in consultation, through cooperation in the creation of a diploma thesis between the student and the supervisor expressed by joint consultations, fulfillment of the agreed time schedule of the final thesis, independent creative work of the student in creating the final thesis under professional guidance and with the supervisor's knowledge of the process. The result of completing the course is the student's ability to summarize important theoretical knowledge, interpret, classify and disseminate it in a scientific way inherent in communicating scientific knowledge in social work. The student is able to clearly formulate a research problem, create a methodologically correct research project, design a research tool and use it in accordance with applicable methodological standards and adequately interpret the results using appropriate, especially advanced statistical methods. The student masters the work with scientific literature and is able to think critically in the form of a comparison of various theoretical approaches to the chosen topic of the final thesis. The student is able to create an adequate formal side of the final work and determine the relationship of the identified results to the practice of social work according to requirements.

**Course assessment**

Total number of assessed students: 612

abs	n
98.37	1.63

**Provides:** doc. JUDr. Mgr. Dušan Šlosár, PhD., prof. Mgr. Soňa Lovašová, PhD., doc. PhDr. Katarína Šiňanská, PhD., Mgr. Magdaléna Hovanová, PhD., doc. Mgr. Vladimír Lichner, PhD., Mgr. Lucia Tóthová, PhD., univerzitná docentka, doc. Mgr. Antónia Sabolová Fabianová, PhD.

**Date of last modification:** 19.09.2024

**Approved:** prof. Mgr. Soňa Lovašová, PhD.

## COURSE INFORMATION LETTER

<b>University:</b> P. J. Šafárik University in Košice	
<b>Faculty:</b> Faculty of Arts	
<b>Course ID:</b> KSP/ DPaO/25	<b>Course name:</b> Master's Thesis and Defence
<b>Course type, scope and the method:</b> <b>Course type:</b> <b>Recommended course-load (hours):</b> <b>Per week: Per study period:</b> <b>Course method:</b> present	
<b>Number of ECTS credits:</b> 6	
<b>Recommended semester/trimester of the course:</b>	
<b>Course level:</b> II.	
<b>Prerequisites:</b>	
<b>Conditions for course completion:</b> Preparation of the master's thesis in accordance with the specified learning outcomes and the university's guidelines, based on the supervisor's instructions, Directive No. 1/2011 on the essential requirements for final theses, rigorous theses, and habilitation theses, their publication and availability during the retention period, and originality check, applicable to Pavol Jozef Šafárik University in Košice and its faculties, and Rector's Decision No. 21/2021 on plagiarism. While writing the master's thesis, the student demonstrates the ability to carry out independent and creative academic work. The thesis is completed independently, in accordance with the relevant internal regulations and guidelines.	
<b>Learning outcomes:</b> <b>Knowledge:</b> The graduate is able to list, describe, categorize, compare, and abstract various theoretical approaches relevant to the topic of the master's thesis. Demonstrates advanced knowledge of theoretical and methodological frameworks of research in social work. Understands the relationships between the research problem, objectives, methodology, and interpretation of results. <b>Skills:</b> Proposes a theoretical and methodological framework for their own research topic. Independently addresses a research problem using appropriate scientific methods. Interprets research results using advanced statistical and analytical tools. Produces a scholarly text that meets the formal and content-related requirements of a master's thesis. <b>Competencies:</b> Independently, responsibly, and creatively solves a professional problem within the topic of the master's thesis. Critically reflects on their own decisions during the research process and is able to defend them before an academic committee. Works in accordance with ethical principles of scientific work, respects academic integrity, and follows university regulations.	

Effectively presents the results of the master's thesis and responds to expert questions during the defense.												
<b>Brief outline of the course:</b> Presentation of the results of the master's thesis, answering questions from the reviewer(s), and responding to questions from the members of the examination committee.												
<b>Recommended literature:</b> Bakalárska práca sa bude hodnotiť podľa Smernice rektora UPJŠ č. 1/2011 o bibliografickej registrácii, uchovávaní, sprístupňovaní a základných náležitostiach záverečných prác a kvalifikačných prác platná pre UPJŠ v Košiciach a jej súčasti. Je prístupná na stránkach UPJŠ, FF UPJŠ ako aj v AIS. ŽIAKOVÁ, E. a kol., 2014. Návod na písanie záverečných prác. Košice: Univerzita Pavla Jozefa Šafárika v Košiciach, Filozofická fakulta. ISBN 978-80-8152-158-4.												
<b>Course language:</b> slovak												
<b>Notes:</b>												
<b>Course assessment</b> Total number of assessed students: 0												
<table border="1"> <thead> <tr> <th>A</th> <th>B</th> <th>C</th> <th>D</th> <th>E</th> <th>FX</th> </tr> </thead> <tbody> <tr> <td>0.0</td> <td>0.0</td> <td>0.0</td> <td>0.0</td> <td>0.0</td> <td>0.0</td> </tr> </tbody> </table>	A	B	C	D	E	FX	0.0	0.0	0.0	0.0	0.0	0.0
A	B	C	D	E	FX							
0.0	0.0	0.0	0.0	0.0	0.0							
<b>Provides:</b>												
<b>Date of last modification:</b> 05.04.2025												
<b>Approved:</b> prof. Mgr. Soňa Lovašová, PhD.												

## COURSE INFORMATION LETTER

<b>University:</b> P. J. Šafárik University in Košice	
<b>Faculty:</b> Faculty of Arts	
<b>Course ID:</b> KSP/ SPJ/25	<b>Course name:</b> Methods and Techniques of Social Work Practice 1
<b>Course type, scope and the method:</b> <b>Course type:</b> Lecture / Practice <b>Recommended course-load (hours):</b> <b>Per week:</b> 2 / 2 <b>Per study period:</b> 28 / 28 <b>Course method:</b> present	
<b>Number of ECTS credits:</b> 6	
<b>Recommended semester/trimester of the course:</b> 1.	
<b>Course level:</b> I., II.	
<b>Prerequisites:</b>	
<b>Conditions for course completion:</b> <ul style="list-style-type: none"> <li>- Prepare and present an assignment – case study (20%) and an example of an author-led interview and observation (video) (30%).</li> <li>- No later than 7 days after the presentation, submit a theoretical concept (3–4 standard pages) – using the Harvard referencing style also in the list of bibliographic references: <a href="https://www.upjs.sk/public/media/5596/Navod-na-pisanie-ZP.pdf">https://www.upjs.sk/public/media/5596/Navod-na-pisanie-ZP.pdf</a> – into the LMS.</li> <li>- All assignments are checked via Turnitin, which affects the final evaluation of the work during the semester. If the Turnitin check takes longer than the time allotted for feedback, the final grade will be subsequently adjusted according to the Turnitin result.</li> <li>- Successfully complete a knowledge test (10%) – terminology – based on the lecture materials.</li> <li>- Only students who achieve at least 50% in each partial assessment during the semester may proceed to the exam. If a student does not meet these criteria, they will be graded with an FX.</li> <li>- If a student meets these criteria, they proceed to the exam during the examination period, which consists of a written preparation and a subsequent oral part. To successfully pass, it is necessary to achieve at least 50% of the grade.</li> <li>- To complete the course, at least 80% attendance at seminars and 80% attendance at lectures is required.</li> <li>- The overall course evaluation is determined as the average of the grade obtained during the semester and the exam.</li> <li>- A = 100–90%; B = 89–80%; C = 79–70%; D = 69–60%; E = 59–50%. A student who obtains 49.99% or less will be graded FX.</li> </ul>	
<b>Learning outcomes:</b>	
<b>Brief outline of the course:</b> <ol style="list-style-type: none"> <li>1. Introduction to the subject – basic concepts in social work</li> <li>2. Methodology, methods, forms, procedures, techniques in social work</li> <li>3. Developmental stages of social work methodology, classification of social work methods</li> <li>4. Stages of social work with individuals</li> <li>5. Casework in social work</li> <li>6. The relationship between social worker and client</li> <li>7. Types of communication with clients in social work</li> </ol>	

- 8. Constructive feedback
- 9. Social work with individuals – selected techniques
- 10. Interviewing, observation
- 11. Empowering the client

**Recommended literature:**

BALOGOVIÁ, B.-E. ŽIAKOVÁ (eds.), 2017. Vademecum sociálnej práce. Košice: UPJŠ, FF.  
 HOVANOVIÁ, M. 2021. Rodina ako priestor sociálnej práce. Košice: UPJŠ, FF.  
 LEVICKÁ, J. 2003. Metódy sociálnej práce. Trnava : ProSocio.  
 LEVICKÁ, J. 2007. Sociálna práca I. Trnava: Oliva.  
 LOVAŠOVÁ, S. 2016. Sociálna práca: formy, postupy a metódy. Košice: UPJŠ, FF.  
 MATOUŠEK, O. a kol. 2003. Metody a řízení sociální práce. Praha: Portál.  
 MATOUŠEK, O. a kol. 2005. Sociální práce v praxi. Praha : Portál.  
 ŽIAKOVÁ, E. a kol. Sociálna práca. Teoretické východiská a praktické kontexty. Košice: Univerzita Pavla Jozefa Šafárika v Košiciach, 2011, 239 s. ISBN 978-80-7097-870-2

**Course language:**

**Notes:**

The aim of the course Social Work with Individuals is to provide students with theoretical and practical knowledge of individual social work, develop their ability to work effectively with clients, apply appropriate methods and techniques, and strengthen the professional relationship between the social worker and the client. Students will learn to analyze individual needs, provide support and constructive feedback, and apply the principles of empowerment to improve the client's quality of life.

**Course assessment**

Total number of assessed students: 31

A	B	C	D	E	FX
16.13	25.81	41.94	12.9	0.0	3.23

**Provides:** doc. Mgr. Antónia Sabolová Fabianová, PhD.

**Date of last modification:** 16.09.2025

**Approved:** prof. Mgr. Soňa Lovašová, PhD.

## COURSE INFORMATION LETTER

<b>University:</b> P. J. Šafárik University in Košice	
<b>Faculty:</b> Faculty of Arts	
<b>Course ID:</b> KSP/ SPSKS/25	<b>Course name:</b> Methods and Techniques of Social Work Practice 2
<b>Course type, scope and the method:</b> <b>Course type:</b> Lecture / Practice <b>Recommended course-load (hours):</b> <b>Per week:</b> 2 / 2 <b>Per study period:</b> 28 / 28 <b>Course method:</b> present	
<b>Number of ECTS credits:</b> 6	
<b>Recommended semester/trimester of the course:</b> 1.	
<b>Course level:</b> I., II.	
<b>Prerequisites:</b>	
<b>Conditions for course completion:</b> The point gain is max 100 points per semester in the distribution: 50b semester, 50b exam. Semester: 12 points - active work in exercises, during which the student presents an understanding of basic methods of social work 10 points - preparation of a seminar project in which the student applies selected methods of social work 14 points - continuous written evaluation in the 7th week of the semester, in which the student identifies and interprets the methods used in social work with the group, 14 points - continuous written evaluation in the 12th week of the semester, in which the student identifies and interprets methods of working with the community A minimum of 30 points is required per semester. Subsequently, the student can take the exam. Students who get at least 43 points during the semester have the opportunity to pass the exam in advance. Written exam with a maximum gain of 50 points, the required minimum is 27 points. Rating: A 100-92b; B 91-82b; C 81-72b; D 71-62; E 61-57; FX 56-0	
<b>Learning outcomes:</b>	
<b>Brief outline of the course:</b> Group work in helping professions. Social work with a group. Stages of social work with a group. Types of groups. The role of a social worker when working with a group. Social work with the community. Types of communities. Community social worker. Stages of social work with the community. Social work with society. Macromethods in social work.	
<b>Recommended literature:</b>	

BALOGOVIÁ, B.-E. ŽIAKOVIÁ (eds.), 2017. Vademecum sociálnej práce. Košice: UPJŠ, FF.  
 HOVANOVIÁ, M. 2021. Rodina ako priestor sociálnej práce. Košice: UPJŠ, FF.  
 LEVICKÁ, J. 2003. Metódy sociálnej práce. Trnava : ProSocio.  
 LEVICKÁ, J. 2007. Sociálna práca I. Trnava: Oliva.  
 LOVAŠOVIÁ, S. 2016. Sociálna práca: formy, postupy a metódy. Košice: UPJŠ, FF.  
 MATOUŠEK, O. a kol. 2003. Metody a řízení sociální práce. Praha: Portál.  
 MATOUŠEK, O. a kol. 2005. Sociální práce v praxi. Praha : Portál.  
 ŽIAKOVIÁ, E. a kol. Sociálna práca. Teoretické východiská a praktické kontexty. Košice: Univerzita Pavla Jozefa Šafárika v Košiciach, 2011, 239 s. ISBN 978-80-7097-870-2.

**Course language:**

**Notes:**

**Course assessment**

Total number of assessed students: 0

A	B	C	D	E	FX
0.0	0.0	0.0	0.0	0.0	0.0

**Provides:** prof. Mgr. Soňa Lovašová, PhD.

**Date of last modification:** 27.03.2025

**Approved:** prof. Mgr. Soňa Lovašová, PhD.

## COURSE INFORMATION LETTER

<b>University:</b> P. J. Šafárik University in Košice	
<b>Faculty:</b> Faculty of Arts	
<b>Course ID:</b> KSP/ PaPS/15	<b>Course name:</b> Penitentiary and Post-Penitentiary Care
<b>Course type, scope and the method:</b> <b>Course type:</b> Lecture / Practice <b>Recommended course-load (hours):</b> <b>Per week:</b> 1 / 1 <b>Per study period:</b> 14 / 14 <b>Course method:</b> present	
<b>Number of ECTS credits:</b> 4	
<b>Recommended semester/trimester of the course:</b> 6.	
<b>Course level:</b> II.	
<b>Prerequisites:</b>	
<b>Conditions for course completion:</b> The subject is finished with an exam. During the semester, the student prepares and presents a seminar paper. During the examination period, a knowledge test and an oral examination are carried out. To obtain an A grade, a student must obtain at least 91 points, to obtain a B grade, at least 81 points, to obtain a C grade, at least 71 points, to obtain a D grade, at least 61 points, to obtain an E grade, at least 51 points. A student who receives an assessment below 51 points will be assessed with an FX grade. The final rating is calculated from the sum of the following parts: 80% participation in lectures and seminars 20 points. Active performance at the seminar 20 points Written exam 30 points Oral exam 30 points External and distance learning is evaluated by a written exam and an oral exam.	
<b>Learning outcomes:</b> <b>Knowledge</b> The student identifies and remembers the basic concepts and theoretical starting points of the field of penitentiary and post-penitentiary social work. He has knowledge based on the legal regulation of penitentiary and post-penitentiary social work. He can use the acquired knowledge from the point of view of the field of study and interdisciplinary contexts at the level of analysis and synthesis. The student can describe the individual components and institutions of penitentiary and post-penitentiary social work, interpret them and briefly express them, summarize the process relationships existing in social work. Knows the basic characteristic and specific features of legal institutes in the field of penitentiary and post-penitentiary social work. He can draw conclusions and name connections between individual legal institutes that create the framework of penitentiary and post-penitentiary social work. <b>Skills</b> The student is able to search for legal norms forming the basis of penitentiary and post-penitentiary social work and independently assess individual legal institutes. The student can describe, classify and classify the structure of legal approaches to penitentiary and post-penitentiary social work, individual characteristics and relationships in the processes of penitentiary and post-penitentiary social work. The student knows how to choose and use an adequate legal standard for the assessment of individual institutes of penitentiary and post-penitentiary social work. Can identify the importance of penitentiary and post-penitentiary social work when assessing the client's	

situation, especially providing advice in the given area. He knows how to use legal knowledge in the practice of social work and the development of his knowledge in the field of penitentiary and post-penitentiary social work.

#### Competences

The student is able to use knowledge from penitentiary and post-penitentiary social work in the analysis and solution of criminal law problems and possibilities of interventions in social work. The student can provide basic information services and consulting services in the field of penitentiary and post-penitentiary social work. He can professionally present his own opinions on legal problems in the field of penitentiary and post-penitentiary social work. The student is able to perform professional activities in accordance with the legal limits of penitentiary and post-penitentiary social work. He has professional communication skills and knows how to use professional terms used in the field of penitentiary and post-penitentiary social work. The student can work in professional teams and use interdisciplinary and interprofessional cooperation in the field of penitentiary and post-penitentiary social work.

#### **Brief outline of the course:**

History of VTOS. VTOS differentiation.

Penitentiary care and its forms. Post-penitentiary care and its forms.

Work with convicts and its limits. Conviction treatment program.

The position of a social worker in the execution of a custodial sentence and after its termination.

Analysis of individual methods of social work used in penitentiary care.

System of rewards and punishments in the execution of a custodial sentence.

Rights and obligations of convicts serving a custodial sentence.

Ethical principles in working with convicts.

#### **Recommended literature:**

MATOUŠEK, O., et al.: Encyclopedia of social work. Prague: Portal 2013.

MATOUŠEK, O., et al.: Social work in practice. Prague: Portal 2005.

ROZUM, J., KOTULAN, P. TOMÁŠEK, J.: 2008. Effectiveness of supervision of persons released on parole. Prague: Institute for Criminology and Social Prevention.

ŠTERN, P.: 2005. The birth of probation and mediation services is related to the introduction of alternative procedures. In Social work/Social work, no. 4, p. 3-11.

VÁLKOVÁ, H., KUČHTA, J.: 2012.: Basics of criminology and criminal policy. Prague: Beck.

HERETIK, A.: Forensic psychology Bratislava: SPN 2004.

Law no. 36/2005 Coll. on the family as amended.

Law no. 5/2004 on employment services, as amended.

Law no. 448/2008 on social services, as amended.

Law no. 300/2005 Criminal Code, as amended.

Law no. 301/2005 Criminal Code, as amended

IVOR, J. 2006. Substantive criminal law. Iura edition: Bratislava, 530 p. ISBN 80-8078-099-4.

#### **Course language:**

#### **Notes:**

#### **Course assessment**

Total number of assessed students: 191

A	B	C	D	E	FX
20.42	37.7	27.23	6.81	7.33	0.52

**Provides:** doc. JUDr. Mgr. Dušan Šlosár, PhD.

**Date of last modification:** 11.02.2026

**Approved:** prof. Mgr. Soňa Lovašová, PhD.

## COURSE INFORMATION LETTER

<b>University:</b> P. J. Šafárik University in Košice	
<b>Faculty:</b> Faculty of Arts	
<b>Course ID:</b> KSP/ PaPvSP/25	<b>Course name:</b> Planning and Projection in Social Work
<b>Course type, scope and the method:</b> <b>Course type:</b> Practice <b>Recommended course-load (hours):</b> <b>Per week: 2 Per study period: 28</b> <b>Course method:</b> present	
<b>Number of ECTS credits:</b> 4	
<b>Recommended semester/trimester of the course:</b> 5.	
<b>Course level:</b> II.	
<b>Prerequisites:</b>	
<b>Conditions for course completion:</b> Preparation of a project proposal aimed at obtaining funding in the field of social work. The project must include the use of social work methods and focus on a client group. (Time allocation within the semester: 10 hours focused on promotion and marketing, and 10 hours focused on project design) (40 points) Final presentation and defense of the project (20 points) Students who achieve at least 50% in each partial assessment during the semester may proceed to the final exam. If a student does not meet these criteria, they will be graded FX. If the student meets these criteria, they may proceed to the final exam during the examination period, which is conducted in written form. To pass, the student must achieve at least 50% of the assessment. The overall assessment of the course will be the average of the grades obtained during the semester and the final exam. <b>Grading scale:</b> A = 100-90% B = 89-80% C = 79-70% D = 69-60% E = 59-50% A student who achieves 49.99% or less will be graded FX.	
<b>Learning outcomes:</b> Graduate will acquire: <b>Knowledge:</b> Understanding of basic concepts and principles in planning and designing in social work. Ability to differentiate between funding mechanisms in the public and private sectors. <b>Skills:</b> Students will learn to analyze specific social situations, identify key problems and the needs of client groups. They will learn to plan specific interventions and projects tailored to the needs of clients, ensuring the efficiency and sustainability of the proposed solutions.	

They will acquire skills in designing and planning specific social interventions and programs, including setting goals, timelines, and resources necessary for their implementation. They will learn how to organize the various phases of projects and evaluate their success within the framework of social work. They will be able to prepare a project budget and draft a project proposal for grant applications.

**Competencies:**  
 Students will be able to systematically plan and implement projects in social work.  
 Students will gain the ability to coordinate social projects within a team.  
 Students will acquire the ability to flexibly adapt their approaches to changing situations and client needs in various environments.  
 Students will be able to explain and justify their project proposals.

**Brief outline of the course:**

- Plans and planning
- Project management
- Project manager
- The third sector and civil society
- Project preparation
- Project design

**Recommended literature:**

BROZMANOVÁ GREGOROVÁ, A. a M. HROZENSKÁ, 2022. Participatívne plánovanie a projektovanie. Belianum. ISBN 978-80-557-2025-8  
 MESÁROŠ, P. a kol.: Základy projektového manažmentu. 2. dopl. vydanie. Košice : VÚSI, 2011. ISBN 978-80-89338-11-5  
 MESÁROŠ, P. – KRŠÁK, B.: Základy projektového manažmentu. Košice : VÚSI, 2009. ISBN 978-80-89383-03-0  
 KERZNER, H.: Project Management Best Practices. Achieving Global Excellence. 2nd Edition. Hoboken, New Jersey: John Wiley & Sons, Inc., 2010. ISBN 978-0-470-52829-7  
 OGC: Managing Successful Projects with PRINCE2. London : TSO, 2009. ISBN 978-0-11-331059-3  
 SVOZILOVÁ, A.: Projektový management. Praha : Grada Publishing, 2006. ISBN 80-247-1501-5  
 NĚMEC, V.: Projektový management. Praha : Grada Publishing, 2002. ISBN 80-247-0392-0

**Course language:**

**Notes:**

**Course assessment**

Total number of assessed students: 190

A	B	C	D	E	FX
51.58	30.53	13.16	4.74	0.0	0.0

**Provides:** doc. Mgr. Antónia Sabolová Fabianová, PhD.

**Date of last modification:** 01.04.2025

**Approved:** prof. Mgr. Soňa Lovašová, PhD.

## COURSE INFORMATION LETTER

<b>University:</b> P. J. Šafárik University in Košice	
<b>Faculty:</b> Faculty of Arts	
<b>Course ID:</b> KSP/ PaPvSP/15	<b>Course name:</b> Planning and Projection in Social Work
<b>Course type, scope and the method:</b> <b>Course type:</b> Lecture / Practice <b>Recommended course-load (hours):</b> <b>Per week:</b> 1 / 1 <b>Per study period:</b> 14 / 14 <b>Course method:</b> present	
<b>Number of ECTS credits:</b> 4	
<b>Recommended semester/trimester of the course:</b> 5.	
<b>Course level:</b> II.	
<b>Prerequisites:</b>	
<b>Conditions for course completion:</b> Preparation of a project proposal aimed at obtaining financial resources in the field of social work; it must include the use of social work methods and a focus on a client group (the time allocation within the semester is 10 hours focused on promotion and marketing and 10 hours focused on project planning) (50 points). Final presentation and defense of the project (40 points) + knowledge test (10 points). The assignments are checked through Turnitin, which affects the final evaluation of the work during the semester. If the student does not meet these criteria, he/she will be graded FX. If the student meets these criteria, he/she will be evaluated according to the grading scale: A – 100–90% B – 89–80% C – 79–70% D – 69–60% E – 59–50% A student who obtains 49.99% or less will be graded FX.	
<b>Learning outcomes:</b>	
<b>Brief outline of the course:</b> <ul style="list-style-type: none"> <li>•Plans and planning</li> <li>•Project management</li> <li>•Project manager</li> <li>•The third sector and civil society</li> <li>•Project preparation</li> <li>•Project design</li> </ul>	
<b>Recommended literature:</b> BROZMANOVÁ GREGOROVÁ, A. a M. HROZENSKÁ, 2022. Participatívne plánovanie a projektovanie. Belianum. ISBN 978-80-557-2025-8 MESÁROŠ, P. a kol.: Základy projektového manažmentu. 2. dopl. vydanie. Košice : VÚSI, 2011. ISBN 978-80-89338-11-5 MESÁROŠ, P. – KRŠÁK, B.: Základy projektového manažmentu. Košice : VÚSI, 2009. ISBN	

<p>978-80-89383-03-0  KERZNER, H.: Project Management Best Practices. Achieving Global Excellence. 2nd Edition. Hoboken, New Jersey: John Wiley &amp; Sons, Inc., 2010. ISBN 978-0-470-52829-7  OGC: Managing Successful Projects with PRINCE2. London : TSO, 2009. ISBN 978-0-11-331059-3  SVOZILOVÁ, A.: Projektový management. Praha : Grada Publishing, 2006. ISBN 80-247-1501-5  NĚMEC, V.: Projektový management. Praha : Grada Publishing, 2002. ISBN 80-247-0392-0</p>					
<b>Course language:</b>					
<b>Notes:</b>					
<b>Course assessment</b>					
Total number of assessed students: 727					
A	B	C	D	E	FX
46.08	26.96	14.86	8.39	3.71	0.0
<b>Provides:</b> doc. Mgr. Antónia Sabolová Fabianová, PhD.					
<b>Date of last modification:</b> 19.11.2025					
<b>Approved:</b> prof. Mgr. Soňa Lovašová, PhD.					

## COURSE INFORMATION LETTER

<b>University:</b> P. J. Šafárik University in Košice	
<b>Faculty:</b> Faculty of Arts	
<b>Course ID:</b> KSP/ PSP/25	<b>Course name:</b> Prevention in Social Work
<b>Course type, scope and the method:</b> <b>Course type:</b> Lecture / Practice <b>Recommended course-load (hours):</b> <b>Per week:</b> 1 / 1 <b>Per study period:</b> 14 / 14 <b>Course method:</b> present	
<b>Number of ECTS credits:</b> 4	
<b>Recommended semester/trimester of the course:</b> 3.	
<b>Course level:</b> II.	
<b>Prerequisites:</b>	
<b>Conditions for course completion:</b> Maximum 60 points during the semester Continuous Assessment At least 80% active participation in all classes (in person/online via teleconference). The student presents basic knowledge related to the importance of social prevention in the context of social pathology. Independent professional preparation, work on assignments, and their presentation. The student presents basic knowledge related to the importance of social prevention in the context of social pathology. Planning and preparation of preventive activities for secondary school students and other target groups. The minimum number of points required for admission to the final exam is a total of 35 points from continuous assessment. The exam is conducted in the form of an essay, for which it is possible to obtain 0–40 points. The student demonstrates the ability to apply theoretical knowledge in the field of social prevention to social work with clients. The final grade consists of the sum of continuous assessment and the written exam (0–100 points). A 91–100 B 81–90 C 71–80 D 61–70 E 53–60 FX 52 and below	
<b>Learning outcomes:</b> <b>Knowledge</b> - The student identifies and remembers the basic concepts of social pathology and social prevention. - The student can describe and interpret individual definitions, goals, determinants and functions of social prevention, as well as express the differences between them. - The student can describe and classify levels of social prevention. <b>Skills</b>	

- The student is able to apply theoretical knowledge from the field of social pathology and social prevention to the compilation of a preventive program for various client groups.
- Competences
- The student is able to implement preventive programs for different client groups.

**Brief outline of the course:**

1. Introduction to social prevention.
2. Prevention – the most effective method of fighting against social-pathological phenomena.
3. Social Pathology – general introduction.
4. Social Pathology – definition of related terms.
5. Prevention in the context of social work.
6. Objectives, determinants and functions of prevention.
7. Classification of prevention.
8. Issue of prevention effectiveness.
9. Legislation of social prevention in the Slovak Republic.
10. Social prevention in practice 1: drug addiction prevention.
11. Social prevention in practice 2: eating disorders prevention.
12. Social prevention in practice 3: criminality prevention.
13. Social prevention in practice 4: penitentiary and post-penitentiary care.

**Recommended literature:**

FISCHER, S., a J. ŠKODA, 2009. Sociální patologie. Praha: Grada. ISBN 978-80-247-2781-3.  
 HAGE, S., & J.L. ROMANO, 2012. Best Practices in Prevention. SAGE Publications. ISBN 978-1452257976  
 PARRY, J., 2016. From Prevention to Wellness Through Group Work. NY: The Haworth Press. ISBN 9781138991798.  
 SCHAVEL, M. a kol., 2012. Sociálna prevencia. Liptovský Ján: Prohu. ISBN 978-80-89535-06-4.  
 SVETLÍKOVÁ, S., 2018. Sociálna prevencia a jej význam. Slovak Journal of Health Sciences. 9(1), 73-78. ISSN 1338-161X.  
 ŠIŇANSKÁ, K., 2011. Prevencia v sociálnej práci a jej význam pre prax sociálneho pracovníka. In: ŽIAKOVÁ, E., (ed). Sociálna práca. Teoretické východiská a praktické kontexty. UPJŠ: Košice. ISBN 978-80-7097-870-2.  
 Zákon o sociálnych službách 448/2008 Z.z.

**Course language:**

Slovak

**Notes:**

**Course assessment**

Total number of assessed students: 23

A	B	C	D	E	FX
78.26	8.7	13.04	0.0	0.0	0.0

**Provides:** doc. PhDr. Katarína Šiňanská, PhD.

**Date of last modification:** 21.09.2025

**Approved:** prof. Mgr. Soňa Lovašová, PhD.

## COURSE INFORMATION LETTER

<b>University:</b> P. J. Šafárik University in Košice	
<b>Faculty:</b> Faculty of Arts	
<b>Course ID:</b> KSP/ VVN2/22	<b>Course name:</b> Principles of Creating and Using Research Tools II
<b>Course type, scope and the method:</b> <b>Course type:</b> Practice <b>Recommended course-load (hours):</b> <b>Per week:</b> 1 <b>Per study period:</b> 14 <b>Course method:</b> present	
<b>Number of ECTS credits:</b> 2	
<b>Recommended semester/trimester of the course:</b> 5.	
<b>Course level:</b> II.	
<b>Prerequisites:</b>	
<b>Conditions for course completion:</b>	
<b>Learning outcomes:</b>	
<b>Brief outline of the course:</b>	
<b>Recommended literature:</b>	
<b>Course language:</b>	
<b>Notes:</b>	
<b>Course assessment</b>	
Total number of assessed students: 24	
abs	n
87.5	12.5
<b>Provides:</b> doc. Mgr. Vladimír Lichner, PhD., Mgr. Ema Choutková	
<b>Date of last modification:</b> 23.09.2024	
<b>Approved:</b> prof. Mgr. Soňa Lovašová, PhD.	

## COURSE INFORMATION LETTER

<b>University:</b> P. J. Šafárik University in Košice	
<b>Faculty:</b> Faculty of Arts	
<b>Course ID:</b> KSP/ MVSP1/25	<b>Course name:</b> Research Methodology for Social Work 1
<b>Course type, scope and the method:</b> <b>Course type:</b> Lecture / Practice <b>Recommended course-load (hours):</b> <b>Per week:</b> 2 / 2 <b>Per study period:</b> 28 / 28 <b>Course method:</b> present	
<b>Number of ECTS credits:</b> 6	
<b>Recommended semester/trimester of the course:</b> 1.	
<b>Course level:</b> I., II.	
<b>Prerequisites:</b>	
<b>Conditions for course completion:</b> The maximum number of points earned per semester is 100, divided into: 50 points per semester, 50 points per exam. Semester: 10 points - active work on exercises, during which the student presents an understanding of basic research methods; 20 points - continuous written assessment in the 7th week of the semester, in which the student identifies and interprets research methods used in social work; 20 points - written assignment, in which the student demonstrates skills related to editing written text and working with sources, preparation and implementation of a simple quantitative research project. A minimum of 27 points must be earned per semester. The student can then proceed to the exam. Students who earn at least 43 points during the semester have the opportunity to take the exam early. Written exam with a maximum score of 50 points, the minimum required is 27 points. Assessment: A 100-92b; B 91-82b; C 81-72b; D 71-62; E 61-55; FX 54-0	
<b>Learning outcomes:</b> <b>Knowledge:</b> Students will be able to understand the nature of scientific knowledge and the way to obtain knowledge through empirical research. They will know the steps of preparing empirical research such as choosing a topic, studying the literature, formulating research objectives, research questions and hypotheses, selecting research participants, preparing research variables. <b>Skills:</b> Students will learn to establish hypotheses, operationalize variables and create clear research questions. Understanding different research designs (e.g. experimental, correlational, longitudinal) will enable them to effectively prepare and conduct research studies. <b>Competencies:</b> Methodological preparation will enable students to evaluate the strengths and weaknesses of research studies, assess the validity and reliability of data, thereby supporting the critical analysis of psychological findings. Students will learn how to proceed differently when selecting a sample for research and when collecting data through different research methods (e.g. mapping, experiments, observation...). They will gain the competence to prepare and assess research methods (questionnaire, semantic differential).	
<b>Brief outline of the course:</b> Research preparation - research project, preparation of materials, presentation of results. Types of research: experiment, causal-comparative research, correlational research. Research methods: Questionnaire. Semantic differential. Sociometry.	
<b>Recommended literature:</b>	

Ferjenčík, J.: Úvod do metodologie psychologického výzkumu. Praha, Portál, 2000. Lovašová, s. 2024. Cvičenie z metodológie výskumu. Košice: Vydavateľstvo ŠafárikPress.  
Rooney, B. J., & Evans, A. N. (2018). Methods in Psychological Research (4th ed.). SAGE Publications.

**Course language:**  
slovak

**Notes:**

**Course assessment**

Total number of assessed students: 32

A	B	C	D	E	FX
15.63	15.63	34.38	25.0	3.13	6.25

**Provides:** prof. Mgr. Soňa Lovašová, PhD.

**Date of last modification:** 26.09.2025

**Approved:** prof. Mgr. Soňa Lovašová, PhD.

## COURSE INFORMATION LETTER

<b>University:</b> P. J. Šafárik University in Košice	
<b>Faculty:</b> Faculty of Arts	
<b>Course ID:</b> KSP/ MVSP2/25	<b>Course name:</b> Research Methodology for Social Work 2
<b>Course type, scope and the method:</b> <b>Course type:</b> Lecture / Practice <b>Recommended course-load (hours):</b> <b>Per week:</b> 2 / 2 <b>Per study period:</b> 28 / 28 <b>Course method:</b> present	
<b>Number of ECTS credits:</b> 6	
<b>Recommended semester/trimester of the course:</b> 4.	
<b>Course level:</b> II.	
<b>Prerequisites:</b>	
<b>Conditions for course completion:</b> The maximum score is 100 points per semester in the following distribution: 50b semester, 50b exam. Semester: 10 points - active work on exercises, during which the student presents an understanding of basic research methods; 20 points - continuous written assessment in the 7th week of the semester, in which the student identifies and interprets research methods used in qualitative research design; 20 points - written assignment, in which the student demonstrates skills related to the preparation and implementation of a qualitative research design. A minimum of 27 points must be obtained per semester. The student can then proceed to the exam. Students who obtain at least 43 points during the semester have the opportunity to take the exam in advance. Written exam with a maximum score of 50 points, the minimum required is 27 points. Evaluation: A 100-92b; B 91-82b; C 81-72b; D 71-62; E 61-55; FX 54-0	
<b>Learning outcomes:</b> Knowledge: students will be able to understand the nature of scientific knowledge and the method of obtaining knowledge through empirical research. They will know the steps of preparation for qualitative empirical research, its characteristics, advantages and disadvantages. Skills: students will learn to prepare a qualitative research project. Use qualitative research methods (interview, observation). Describe and use different forms of processing according to the type of qualitative data analysis (transcription, coding, identification of variables and analysis of relationships between them, interpretation) Competencies: the student is able to design and implement qualitative research and through it bring new knowledge	
<b>Brief outline of the course:</b> Qualitative and quantitative approach. Basic characteristics of the qualitative approach. Basic approaches in qualitative research. Qualitative research project. Research methods in qualitative research (interview, observation, document study). Data analysis (content analysis: creating categories, possibilities of categorizing phenomena). Evaluation and interpretation of data in qualitative research (basic questions, case study evaluation). Qualitative research report (basic parts of a research report, different ways of writing a research report).	
<b>Recommended literature:</b> Padgett, D. (2008). Qualitative Methods in Social Work Research.	

<p>Merriam, S. (2009). Qualitative Research: A Guide to Design and Implementation.  Hendl, J. 2008. Kvalitativní výzkum. Praha: Portál.  Strauss, A., Corbinová, J. 1999. Základy kvalitativního výzkumu. Boskovice: Albert</p>					
<p><b>Course language:</b> slovak</p>					
<p><b>Notes:</b></p>					
<p><b>Course assessment</b> Total number of assessed students: 0</p>					
A	B	C	D	E	FX
0.0	0.0	0.0	0.0	0.0	0.0
<p><b>Provides:</b> prof. Mgr. Soňa Lovašová, PhD.</p>					
<p><b>Date of last modification:</b> 12.02.2026</p>					
<p><b>Approved:</b> prof. Mgr. Soňa Lovašová, PhD.</p>					

## COURSE INFORMATION LETTER

<b>University:</b> P. J. Šafárik University in Košice	
<b>Faculty:</b> Faculty of Arts	
<b>Course ID:</b> KSP/ PV2/25	<b>Course name:</b> Research Project 2
<b>Course type, scope and the method:</b> <b>Course type:</b> Practice <b>Recommended course-load (hours):</b> <b>Per week:</b> 1 <b>Per study period:</b> 14 <b>Course method:</b> present	
<b>Number of ECTS credits:</b> 2	
<b>Recommended semester/trimester of the course:</b> 5.	
<b>Course level:</b> II.	
<b>Prerequisites:</b>	
<b>Conditions for course completion:</b> <p>The final thesis research project follows on from the Diploma Seminar and develops the skills necessary for the preparation and presentation of one's own research project within the framework of the diploma thesis. The essence is the independent definition of the diploma thesis research project in the form of the research problem, the formulation of the goal, methodologically correct research questions and hypotheses, the design of methodological approaches and the research sample.</p> <p>The condition for passing the course is the submission and presentation of the diploma thesis research project before a committee that will verify how the student can understand, analyze and apply the acquired knowledge.</p> <p>The course will be implemented in the form of block meetings, depending on the current situation, either in person or remotely (Teams, LMS). It is the responsibility of the teacher to determine what part of the teaching can be replaced by independent preparation for activities.</p>	
<b>Learning outcomes:</b> <b>1. Knowledge</b> Students are able to understand and interpret the purpose and content of the individual components of a thesis research project, including formal requirements, structure, and methodological guidelines. They have an overview of how to design and specify a research plan, including the definition of the research problem, formulation of objectives, research questions, and potential hypotheses. They understand the principles of selecting appropriate methods for data collection and analysis, as well as the importance of working with academic sources in accordance with scholarly standards.	
<b>2. Skills</b> Students are capable of designing and developing their own research project proposal. They can formulate research objectives, select an appropriate sample, propose data collection and analysis methods, and justify their choices. They are able to effectively search for, evaluate, and integrate both domestic and international academic sources and cite them properly, thereby establishing a strong theoretical and methodological foundation for their thesis. They can apply the basic structural and formatting requirements expected in academic writing.	
<b>3. Competencies</b> Students are able to independently design, present, and defend a research project, including the ability to justify their chosen methodology and interpret its potential contributions. They	

take into account ethical aspects of research and are able to reflect on feedback, incorporating suggestions from professionals or peers constructively. These competencies enable students not only to successfully complete their master's thesis but also to apply the acquired knowledge and experience in future research or professional practice.

**Brief outline of the course:**

BAČÍKOVÁ, M., A. JANOVSÁ a O. OROSOVÁ, 2019. Základy metodológie pedagogickopsychologického výskumu. Sprievodca pre študentov učiteľstva. Košice: ŠafárikPress. ISBN 978-80-8152-805-7.

LICHNER, V. 2020. Základy štatistiky v sociálnych vedách I. Teoretické východiská a deskriptívna analýza. Košice: ŠafárikPress. ISBN 978-80-8152-925-2.

LOVAŠ, L., 2001. Metódy výskumu pre verejnú správu. Košice: Univerzita Pavla Jozefa Šafárika. ISBN 80-7097-478-8.

PUNCH, K. 2015. Úspešný návrh výzkumu. Praha: Portál. ISBN 978-80-262-0980-5.

Smernica č. 1/2011 o základných náležitostiach záverečných prác, rigorózných prác a habilitačných prác, ich zverejnení a sprístupnení po dobu ich uchovávaní a kontrole originality platná pre Univerzitu Pavla Jozefa Šafárika v Košiciach a jej súčasti

ŽIAKOVÁ, E. a kol., 2014. Návod na písanie záverečných prác. Košice: Filozofická fakulta UPJŠ. ISBN 978-80-8152-158-4.

**Recommended literature:**

**Course language:**

Slovak

**Notes:**

**Course assessment**

Total number of assessed students: 0

abs	n
0.0	0.0

**Provides:** Mgr. Magdaléna Hovanová, PhD.

**Date of last modification:** 02.04.2025

**Approved:** prof. Mgr. Soňa Lovašová, PhD.

## COURSE INFORMATION LETTER

<b>University:</b> P. J. Šafárik University in Košice	
<b>Faculty:</b> Faculty of Arts	
<b>Course ID:</b> ÚTVŠ/ CM/13	<b>Course name:</b> Seaside Aerobic Exercise
<b>Course type, scope and the method:</b> <b>Course type:</b> Practice <b>Recommended course-load (hours):</b> <b>Per week: 2 Per study period: 28</b> <b>Course method:</b> present	
<b>Number of ECTS credits:</b> 2	
<b>Recommended semester/trimester of the course:</b>	
<b>Course level:</b> I., II., P	
<b>Prerequisites:</b>	
<b>Conditions for course completion:</b> Completion: passed Condition for successful course completion: - active participation in line with the study rule of procedure and course guidelines - effective performance of all tasks- aerobics, water exercise, yoga, Pilates and others	
<b>Learning outcomes:</b> Content standard: The student demonstrates relevant knowledge and skills in the field, which content is defined in the course syllabus and recommended literature. Performance standard: Upon completion of the course students are able to meet the performance standard and: - perform basic aerobics steps and basics of health exercises, - conduct verbal and non-verbal communication with clients during exercise, - organise and manage the process of physical recreation in leisure time	
<b>Brief outline of the course:</b> Brief outline of the course: 1. Basic aerobics – low impact aerobics, high impact aerobics, basic steps and cuing 2. Basics of aqua fitness 3. Basics of Pilates 4. Health exercises 5. Bodyweight exercises 6. Swimming 7. Relaxing yoga exercises 8. Power yoga 9. Yoga relaxation 10. Final assessment Students can engage in different sport activities offered by the sea resort – swimming, rafting, volleyball, football, table tennis, tennis and other water sports in particular.	
<b>Recommended literature:</b> 1. BUZKOVÁ, K. 2006. Fitness jóga. Praha: Grada. 167 s.	

<p>2. ČECHOVSKÁ, I., MILEROVÁ, H., NOVOTNÁ, V. Aqua-fitness. Praha: Grada. 136 s.</p> <p>3. EVANS, M., HUDSON, J., TUCKER, P. 2001. Umění harmonie: meditace, jóga, tai-či, strečink. 192 s.</p> <p>4. JARKOVSKÁ, H., JARKOVSKÁ, M. 2005. Posilování s vlastním tělem 417 krát jinak. Praha: Grada. 209 s.</p> <p>5. KOVAŘÍKOVÁ, K. 2017. Aerobik a fitness. Karolium, 130 s.</p>	
<p><b>Course language:</b> Slovak language</p>	
<p><b>Notes:</b></p>	
<p><b>Course assessment</b> Total number of assessed students: 82</p>	
abs	n
7.32	92.68
<p><b>Provides:</b> Mgr. Agata Dorota Horbacz, PhD.</p>	
<p><b>Date of last modification:</b> 29.03.2022</p>	
<p><b>Approved:</b> prof. Mgr. Soňa Lovašová, PhD.</p>	

## COURSE INFORMATION LETTER

<b>University:</b> P. J. Šafárik University in Košice	
<b>Faculty:</b> Faculty of Arts	
<b>Course ID:</b> KSP/ SPSY/10	<b>Course name:</b> Social Psychology in Social Work
<b>Course type, scope and the method:</b> <b>Course type:</b> Lecture / Practice <b>Recommended course-load (hours):</b> <b>Per week:</b> 2 / 1 <b>Per study period:</b> 28 / 14 <b>Course method:</b> present	
<b>Number of ECTS credits:</b> 5	
<b>Recommended semester/trimester of the course:</b> 2.	
<b>Course level:</b> I., II.	
<b>Prerequisites:</b>	
<b>Conditions for course completion:</b> According to the course schedule, students are required to prepare and deliver a presentation of their assignment with a duration of approximately 20 minutes. Detailed instructions are available in the LMS folder “Semináre_zadanie.” The written assignment must be submitted in a length of 4–6 standard pages, including at least 3 foreign (non-domestic) academic sources, no later than one day before the presentation, via the LMS. To pass the course assessment, students must obtain a minimum of 20 out of 30 points. Students who do not reach 20 points will be graded FX and will not be allowed to proceed to the final exam. Minimum attendance of 80% is required. Students who do not meet this requirement will be graded FX and will not be allowed to proceed to the final exam. The final exam takes place in written form during the examination period. To be eligible for an early exam date (pre-term), students must obtain at least 25 points from the continuous assessment during the semester.	
<b>Learning outcomes:</b> <b>Knowledge:</b> The student understands the fundamental concepts of social psychology, the relationship between society, groups, and individuals, and can explain their manifestations in the form of social attitudes, communication, interaction, personal relationships, and motivation. The student is familiar with the practical applications of social psychology in various areas of social life. <b>Skills:</b> The student can describe and analyze issues related to social relationships and their dynamics in different social contexts. They can apply social psychology knowledge to solve specific situations in working with people. The student is capable of identifying and evaluating socio-psychological factors that influence individual and group behavior. <b>Competencies:</b>	

The student is able to effectively work with socially at-risk groups and apply social psychology principles to support them.  
They can critically assess and reflect on their own attitudes and approaches in social interactions.

**Brief outline of the course:**

Introduction to Social Psychology  
Social Cognition  
Social Perception  
The Self – Origin and Nature of Self-Concept  
The Need to Justify Our Actions  
Attitudes and Attitude Change  
Conformity  
Group Processes  
Interpersonal Attraction  
Prosocial Behavior  
Aggression  
Prejudices

**Recommended literature:**

Povinná:

1. ARONSON, E., T.D. WILSON, R.M., AKERT, SOMMERS, S.R. 2017. Sociálna psychológia. Bratislava: IPS. ISBN 978-80-971033-1-6.
2. VÝROST, Jozef, SLAMĚNÍK, Ivan. 2008. Sociální psychologie. Praha: Grada.
3. NÁKONEČNÝ, Milan. Sociální psychologie. 2009. Praha : Academia.
4. BOROŠ, Július. 2001. Základy sociálnej psychológie pre študujúcich sociálne, humánne a ekonomické vedy. Bratislava : Iris.
5. VÝROST, Jozef, SLAMĚNÍK, Ivan.(ed). 1998. Aplikovaná sociální psychologie I. Praha : Grada.
6. VÝROST, Jozef, SLAMĚNÍK, Ivan. 2001. Aplikovaná sociální psychologie II. Praha : Grada.
7. HAYESOVÁ, T. 2006. Sociálna psychologie. Praha : Portál.
8. ŽIAKOVÁ, Eva. (ed). 2005. Osamelosť ako sociálny a psychologický jav. Prešov : FF PU.
9. KOMÁRKOVÁ, R., SLAMĚNÍK, Ivan, VÝROST, Jozef. 2001. Aplikovaná sociální psychologie III. Praha : Grada.
10. ŽIAKOVÁ, Eva a kol. 2011. Sociálna práca – teoretické východiská a praktické kontexty. Košice : FF UPJŠ.

**Course language:**

slovak

**Notes:**

**Course assessment**

Total number of assessed students: 592

A	B	C	D	E	FX
20.1	22.47	23.99	14.86	14.53	4.05

**Provides:** doc. Mgr. Antónia Sabolová Fabianová, PhD.

**Date of last modification:** 02.02.2026

**Approved:** prof. Mgr. Soňa Lovašová, PhD.

## COURSE INFORMATION LETTER

<b>University:</b> P. J. Šafárik University in Košice	
<b>Faculty:</b> Faculty of Arts	
<b>Course ID:</b> KSP/ SPNS/25	<b>Course name:</b> Social Work Practice in the Third Sector
<b>Course type, scope and the method:</b> <b>Course type:</b> Lecture / Practice <b>Recommended course-load (hours):</b> <b>Per week:</b> 1 / 1 <b>Per study period:</b> 14 / 14 <b>Course method:</b> present	
<b>Number of ECTS credits:</b> 4	
<b>Recommended semester/trimester of the course:</b> 5.	
<b>Course level:</b> II.	
<b>Prerequisites:</b>	
<b>Conditions for course completion:</b> Interim evaluation (with the possibility of obtaining max. 40 points) 1. Min. 80% active participation in the overall teaching (according to the method of teaching - full-time / distance via teleconferencing). The student presents the basic knowledge associated with the possibilities of social work in the non-governmental non-profit sector. 2. Independent training, work on assignments. The student presents the basic knowledge associated with the possibilities of social work in the non-governmental non-profit sector. 3. Elaboration and presentation of seminar work, presented in word format and PowerPoint presentation format, in which the student describes, interprets and classifies knowledge from a predetermined area of social work implemented in the non-governmental non-profit sector and applies knowledge through examples of good practice in Slovakia and abroad. All entries will be reviewed by APS Turnitin and points may be adjusted based on the result of the originality check. In case of detection of plagiarism, the teacher will proceed according to the internal regulations of UPJŠ. 4. Planning and preparation of the event on the principle of civic participation and activism in the range of at least 10 hours. Together for points 2, 3 and 4 it is possible to get a maximum of 20 points. 5. A continuous test in which the student identifies, remembers, describes and classifies social work carried out in the non-governmental non-profit sector, in the 13th week of the semester. It is possible to get a maximum of 20 points. The minimum number of points required to admit a student to the exam is a total gain of 25 points from the continuous assessment. The exam is realized in the form of a written test, for which it is possible to obtain 0-60 points. The student demonstrates the ability to apply the theoretical basis of the concept of community social work and field social work to work with the client. The final evaluation consists of the sum of the continuous evaluation and the written exam (0-100 points). A 91-100 B 81-90 C 71-80 D 61-70	

E 53-60

FX 52 and less

**Learning outcomes:**

Knowledge

- The student can identify, describe and organize concepts related to the issue of the importance of civic participation, the general characteristics and development of the third sector in Slovakia, its definition as a space of action between the market and the state.
- The student classifies and interprets individual types of non-governmental non-profit organizations in terms of relevant laws and professional definitions.

Skills

- The student can explain the issues of the non-profit sector in the context of the concept of volunteerism, partnership, marketing, fundraising and projecting.

Competences

- The student can determine the possibilities of social work in the non-governmental non-profit sector through examples of good practice from around the world and from Slovakia, also through the creation of their own, imaginary non-profit organization operating in the social field.

**Brief outline of the course:**

1. Specifics of civil society.
2. Importance of civic participation.
3. Examples of civic participation in Slovakia, with emphasis put on the sphere of social work.
4. General characteristics of the third sector in Slovakia.
5. Legal regulation of the third sector.
6. Third sector institutions.
7. Non-governmental organizations.
8. The most important non-governmental organizations in Slovakia active in social sphere and their selected projects.
9. Volunteering and its importance for social work students.
10. Fundraising in the third sector.
11. Projecting, project management.
12. Partnership and its importance for organizations in the third sector.
13. Marketing, PR of organizations active in the third sector.

**Recommended literature:**

- ASOCIÁCIA SUPERVÍZOROV A SOCIÁLNYCH PORADCOV, 2006. "Letom svetom do sociálnej práce v treťom sektore". Bratislava: ASSP.
- BAČUVČÍK, R., a L. HARANTOVÁ, 2016. Sociální marketing. Zlín: VeRBuM. ISBN 978-80-87500-80-4.
- BARÁT, J. a kol., 2000. Čítanka pre pokročilé neziskové organizácie. Bratislava: PDCS. ISBN 80-968095-3-9.
- BEDNAŘÍK, A. a kol., 1998. Čítanka pre neziskové organizácie. Bratislava: PDCS. ISBN 80-967890-5-8.
- BOUKAL, P. a kol., 2013. Foundraising pro neziskové organizace. Praha: Grada Publishing, a.s. ISBN 978-80-2478793-0.
- FERNANDEZ, A.B., 2016. Social Work & NGOs Book. Pacific Books International. ISBN 978-9381138878.
- HOWARD, A. et al., 2023. Social Work and Human Services Responsibilities in a Time of Climate Change Country, Community and Complexity. Routledge. ISBN 9780367704391.
- MYDLÍKOVÁ, E., 2010. Sociálna práca v neziskovom sektore. Bratislava: UK Bratislava. ISBN 978-80-223-2745-9.

<p>PIROŠÍK, V., 2005. Participácia v samospráve. Bratislava: TIS, Adin, s.r.o. ISBN 80-89041-87-6.</p> <p>REKTOŘÍK, J. a kol., 2010. Organizace neziskového sektoru: základy ekonomiky, teorie a řízení. Praha: Ekopress, s.r.o. ISBN 978-80-86929-54-5.</p> <p>ŠEDIVÝ, M., a O. MEDLÍKOVÁ, 2011. Úspěšná nezisková organizace. Praha: Grada Publishing a.s. ISBN 978-80-247-4011-6.</p> <p>ŠEDIVÝ, M., a O. MEDLÍKOVÁ, 2012. Public relations, fundraising a lobbying pro neziskové organizace. Praha: Grada Publishing. ISBN 978-80-247-4040-9.</p> <p>ŠIŇANSKÁ, K., 2020. Marketing a fundraising mimovládnych neziskových organizácií. Košice: UPJŠ, FF. ISBN 978-80-8152-957-3.</p> <p>ŠIŇANSKÁ, K., 2020. Špecifiká práce s mládežou v neziskovom sektore. Košice: UPJŠ, FF. ISBN 978-80-8152-949-8.</p>					
<b>Course language:</b>					
Slovak					
<b>Notes:</b>					
<b>Course assessment</b>					
Total number of assessed students: 0					
A	B	C	D	E	FX
0.0	0.0	0.0	0.0	0.0	0.0
<b>Provides:</b> doc. PhDr. Katarína Šiňanská, PhD.					
<b>Date of last modification:</b> 21.09.2025					
<b>Approved:</b> prof. Mgr. Soňa Lovašová, PhD.					

## COURSE INFORMATION LETTER

<b>University:</b> P. J. Šafárik University in Košice	
<b>Faculty:</b> Faculty of Arts	
<b>Course ID:</b> KSP/ SPvTS/15	<b>Course name:</b> Social Work Practice in the Third Sector
<b>Course type, scope and the method:</b> <b>Course type:</b> Lecture / Practice <b>Recommended course-load (hours):</b> <b>Per week:</b> 1 / 1 <b>Per study period:</b> 14 / 14 <b>Course method:</b> present	
<b>Number of ECTS credits:</b> 4	
<b>Recommended semester/trimester of the course:</b> 5.	
<b>Course level:</b> II.	
<b>Prerequisites:</b> KSP/TaMSP/15	
<b>Conditions for course completion:</b> Interim evaluation (with the possibility of obtaining max. 40 points) 1. Min. 80% active participation in the overall teaching (according to the method of teaching - full-time / distance via teleconferencing). The student presents the basic knowledge associated with the possibilities of social work in the non-governmental non-profit sector. 2. Independent training, work on assignments. The student presents the basic knowledge associated with the possibilities of social work in the non-governmental non-profit sector. 3. Elaboration and presentation of seminar work, presented in word format and PowerPoint presentation format, in which the student describes, interprets and classifies knowledge from a predetermined area of social work implemented in the non-governmental non-profit sector and applies knowledge through examples of good practice in Slovakia and abroad. All entries will be reviewed by APS Turnitin and points may be adjusted based on the result of the originality check. In case of detection of plagiarism, the teacher will proceed according to the internal regulations of UPJŠ. 4. Planning and preparation of the event on the principle of civic participation and activism in the range of at least 10 hours. Together for points 2, 3 and 4 it is possible to get a maximum of 20 points. 5. A continuous test in which the student identifies, remembers, describes and classifies social work carried out in the non-governmental non-profit sector, in the 13th week of the semester. It is possible to get a maximum of 20 points. The minimum number of points required to admit a student to the exam is a total gain of 25 points from the continuous assessment. The exam is realized in the form of a written test, for which it is possible to obtain 0-60 points. The student demonstrates the ability to apply the theoretical basis of the concept of community social work and field social work to work with the client. The final evaluation consists of the sum of the continuous evaluation and the written exam (0-100 points). A 91-100 B 81-90 C 71-80 D 61-70	

E 53-60

FX 52 and less

**Learning outcomes:**

Knowledge

- The student can identify, describe and organize concepts related to the issue of the importance of civic participation, the general characteristics and development of the third sector in Slovakia, its definition as a space of action between the market and the state.
- The student classifies and interprets individual types of non-governmental non-profit organizations in terms of relevant laws and professional definitions.

Skills

- The student can explain the issues of the non-profit sector in the context of the concept of volunteerism, partnership, marketing, fundraising and projecting.

Competences

- The student can determine the possibilities of social work in the non-governmental non-profit sector through examples of good practice from around the world and from Slovakia, also through the creation of their own, imaginary non-profit organization operating in the social field.

**Brief outline of the course:**

1. Specifics of civil society.
2. Importance of civic participation.
3. Examples of civic participation in Slovakia, with emphasis put on the sphere of social work.
4. General characteristics of the third sector in Slovakia.
5. Legal regulation of the third sector.
6. Third sector institutions.
7. Non-governmental organizations.
8. The most important non-governmental organizations in Slovakia active in social sphere and their selected projects.
9. Volunteering and its importance for social work students.
10. Fundraising in the third sector.
11. Projecting, project management.
12. Partnership and its importance for organizations in the third sector.
13. Marketing, PR of organizations active in the third sector.

**Recommended literature:**

- ASOCIÁCIA SUPERVÍZOROV A SOCIÁLNYCH PORADCOV, 2006. "Letom svetom do sociálnej práce v treťom sektore". Bratislava: ASSP.
- BAČUVČÍK, R., a L. HARANTOVÁ, 2016. Sociální marketing. Zlín: VeRBuM. ISBN 978-80-87500-80-4.
- BARÁT, J. a kol., 2000. Čítanka pre pokročilé neziskové organizácie. Bratislava: PDCS. ISBN 80-968095-3-9.
- BEDNAŘÍK, A. a kol., 1998. Čítanka pre neziskové organizácie. Bratislava: PDCS. ISBN 80-967890-5-8.
- BOUKAL, P. a kol., 2013. Foundraising pro neziskové organizace. Praha: Grada Publishing, a.s. ISBN 978-80-2478793-0.
- FERNANDEZ, A.B., 2016. Social Work & NGOs Book. Pacific Books International. ISBN 978-9381138878.
- HOWARD, A. et al., 2023. Social Work and Human Services Responsibilities in a Time of Climate Change Country, Community and Complexity. Routledge. ISBN 9780367704391.
- MYDLÍKOVÁ, E., 2010. Sociálna práca v neziskovom sektore. Bratislava: UK Bratislava. ISBN 978-80-223-2745-9.

<p>PIROŠÍK, V., 2005. Participácia v samospráve. Bratislava: TIS, Adin, s.r.o. ISBN 80-89041-87-6.</p> <p>REKTOŘÍK, J. a kol., 2010. Organizace neziskového sektoru: základy ekonomiky, teorie a řízení. Praha: Ekopress, s.r.o. ISBN 978-80-86929-54-5.</p> <p>ŠEDIVÝ, M., a O. MEDLÍKOVÁ, 2011. Úspěšná nezisková organizace. Praha: Grada Publishing a.s. ISBN 978-80-247-4011-6.</p> <p>ŠEDIVÝ, M., a O. MEDLÍKOVÁ, 2012. Public relations, fundraising a lobbying pro neziskové organizace. Praha: Grada Publishing. ISBN 978-80-247-4040-9.</p> <p>ŠIŇANSKÁ, K., 2020. Marketing a fundraising mimovládnych neziskových organizácií. Košice: UPJŠ, FF. ISBN 978-80-8152-957-3.</p> <p>ŠIŇANSKÁ, K., 2020. Špecifiká práce s mládežou v neziskovom sektore. Košice: UPJŠ, FF. ISBN 978-80-8152-949-8.</p>					
<b>Course language:</b>					
Slovak					
<b>Notes:</b>					
<b>Course assessment</b>					
Total number of assessed students: 666					
A	B	C	D	E	FX
35.14	38.29	21.32	5.11	0.15	0.0
<b>Provides:</b> doc. PhDr. Katarína Šiňanská, PhD.					
<b>Date of last modification:</b> 21.09.2025					
<b>Approved:</b> prof. Mgr. Soňa Lovašová, PhD.					

## COURSE INFORMATION LETTER

<b>University:</b> P. J. Šafárik University in Košice	
<b>Faculty:</b> Faculty of Arts	
<b>Course ID:</b> KSP/ SPDaM/15	<b>Course name:</b> Social Work Practice with Children and Youth
<b>Course type, scope and the method:</b> <b>Course type:</b> Lecture / Practice <b>Recommended course-load (hours):</b> <b>Per week:</b> 1 / 1 <b>Per study period:</b> 14 / 14 <b>Course method:</b> present	
<b>Number of ECTS credits:</b> 4	
<b>Recommended semester/trimester of the course:</b> 3.	
<b>Course level:</b> II.	
<b>Prerequisites:</b>	
<b>Conditions for course completion:</b> Interim evaluation (with the possibility of obtaining max. 40 points) 1. Min. 80% active participation in the overall teaching (according to the method of teaching - full-time / distance via teleconferencing). The student presents the basic knowledge associated with the implementation of social work with the target group of children and youth. 2. Independent training, work on assignments. The student presents the basic knowledge associated with the implementation of social work with the target group of children and youth. 3. Elaboration and presentation of seminar work, presented in word format and in PowerPoint presentation format, in which the student describes, interprets, classifies knowledge about social work with children and youth and applies theoretical knowledge to a practical level through examples of good practice concept of social work with children and youth implemented in Slovakia and abroad. All entries will be reviewed by APS Turnitin and points may be adjusted based on the result of the originality check. In case of detection of plagiarism, the teacher will proceed according to the internal regulations of UPJŠ. 4. Cooperation on a preventive event intended for the target group of children and youth. Together for points 2,3 and 4 it is possible to get a maximum of 20 points. 5. A continuous test in which the student identifies, remembers, describes and classifies the concept of social work with children and youth, in the 13th week of the semester. It is possible to get a maximum of 20 points. The minimum number of points required to admit a student to the exam is a total gain of 25 points from the continuous assessment. The exam is realized in the form of a written test, for which it is possible to obtain 0-60 points. The student demonstrates the ability to apply theoretical knowledge from the concept of social work with children and youth to work with children and adolescents. The final evaluation consists of the sum of the continuous evaluation and the written exam (0-100 points). A 91-100 B 81-90 C 71-80 D 61-70 E 53-60	

**Learning outcomes:**

Knowledge

- The student can identify, describe and organize concepts related to the issues of the developmental period of childhood and adolescence, the starting points of social work in the area of care for children, youth and the family. Interprets and characterizes the position of a social worker with children and youth, knows how to define the areas of activity of a social worker with children and youth.

Skills

- The student classifies and interprets individual areas of social work with children and youth, such as socio-legal protection and social guardianship, centers for children and families, early intervention service, pedagogical and psychological counseling and prevention centers and the concept of social work in the school environment.

Competences

- The student can explain and apply theoretical knowledge related to the concept of social work with children and youth in direct work with child and adolescent clients.

**Brief outline of the course:**

1. Starting points in defining areas of social work with children and youth I.
2. Starting points in defining areas of social work with children and youth II.
3. Social work in the field of child and youth care.
4. Defining the role and areas of activity of a social worker with children and youth.
5. Social and legal protection and social guardianship.
6. Centers for children and family.
7. Early intervention service.
8. Centers of pedagogical-psychological counseling and prevention.
9. Social work in the school environment.
10. The concept of youth work (Youth Work).
11. The importance of non-formal education of children and youth.
12. State policy in relation to children and youth.
13. European policy on children and youth.

**Recommended literature:**

- GYMERSKÁ, M. a kol., 2009. Skriptá ku kurzu ZÁKLADY SOCIÁLNEJ PRÁCE S MLÁDEŽOU. Bratislava: PERSONA. ISBN: 978-80-89463-11-4.
- HORŇÁKOVÁ, M., 2010. Včasná intervencia orientovaná na rodinu. Vysokoškolské učebné texty. Bratislava: Univerzita Komenského v Bratislave. ISBN 978-80-223-2915-6.
- JEDLIČKA R. a kol., 2004. Děti a mládež v obtížných životních situacích. Praha: Themis. ISBN 80-7312-038-0.
- JUSKO, P., 2009. Sociálna práca s mládežou a sociálnopatologické javy. BB: UMB v BB. ISBN 978-80-8083-705-1.
- KULIFAJ, P. a kol., 2016. Základy sociálnej práce s mládežou ohrozenou extrémizmom a radikalizáciou. Bratislava: Mládež ulice.
- MATOUŠEK, O., 2013. Metody a řízení sociální práce. Praha: Portál. ISBN 978-80-262021-3-4.
- ŠIŇANSKÁ, K., 2020. Špecifiká práce s mládežou v neziskovom sektore. Košice: UPJŠ. ISBN 978-80-8152-949-8.
- ŠIŇANSKÁ, K., & E. ŽIAKOVÁ, 2020. Way out from generational poverty through early childhood interventions. In: Children in Social Work - Selected Problems of Social Work

with Children Across the Europe. Trnava: Fakulta zdravotníctva a sociálnej práce. ISBN 9788056803097.

Zákon č. 282/2008 Z.z. o podpore práce s mládežou

Zákon č. 305/2005 Z.z. o sociálnoprávnej ochrane detí a o sociálnej kuratele

Zákon č. 406/2011 o dobrovoľníctve

Zákon č. 448/2008 Z. z. o sociálnych službách

**Course language:**

Slovak

**Notes:**

**Course assessment**

Total number of assessed students: 491

A	B	C	D	E	FX
36.46	38.9	17.31	5.7	1.22	0.41

**Provides:** doc. PhDr. Katarína Šišanská, PhD.

**Date of last modification:** 21.09.2025

**Approved:** prof. Mgr. Soňa Lovašová, PhD.

## COURSE INFORMATION LETTER

<b>University:</b> P. J. Šafárik University in Košice	
<b>Faculty:</b> Faculty of Arts	
<b>Course ID:</b> KSP/ LZ/25	<b>Course name:</b> Social Work Practice with Groups
<b>Course type, scope and the method:</b> <b>Course type:</b> Lecture / Practice <b>Recommended course-load (hours):</b> <b>Per week:</b> 1 / 2 <b>Per study period:</b> 14 / 28 <b>Course method:</b> present	
<b>Number of ECTS credits:</b> 5	
<b>Recommended semester/trimester of the course:</b> 5.	
<b>Course level:</b> II.	
<b>Prerequisites:</b>	
<b>Conditions for course completion:</b> Continuous assessment consists of: <ol style="list-style-type: none"> <li>1. Continuous test – max. 15 points, which verifies how the student interprets, applies and can explain the theoretical foundations of social work with a group.</li> <li>2. Preparation, submission and presentation of assignments – according to a predetermined schedule – max. 45 points. It consists of three parts: the work with the group itself, the proposal for a project for work with the group, and self-reflection on group leadership. Assignments must be submitted via the LMS e-learning portal by the deadline specified for this. In the event of failure to submit, failure to present the assignment or delay in submitting the assignment, the student loses the opportunity to receive points for the assignment. All assignments will be reviewed by APS Turnitin and points may be adjusted based on the result of the originality check. Through the assignments and subsequently the student's work with the group itself, it is verified how the student interprets, applies and can explain the theoretical foundations in specific work with the group.</li> <li>3. Attendance at classes - to be admitted to the exam, a minimum of 80% attendance is required for the entire class.</li> </ol> To be admitted to the exam, a minimum of 33 points in the interim assessment is required. In case of failure to meet the conditions (failure to obtain the required 33 points in the interim assessment, or failure to meet the participation condition), the student will not be classified in the subject (grade X). To pass the exam in advance (last week of the semester during the lecture), a minimum of 50 points in the interim assessment is required. Final assessment: A maximum of 40 points can be obtained in the written exam, of which the minimum number of points for awarding an assessment is 21. The written exam is intended to test the student's ability to interpret, apply and explain the acquired knowledge in the field of social work with a group. The resulting grade is the sum of the points from the interim assessment and the completed final exam. A 100 - 91, B 90 - 81, C 80 - 71, D 70 - 61, E 60 - 54, FX 53 and less. Teaching as well as passing individual parts of the continuous assessment will take place according to the current situation (in person or remotely - Teams, LMS). It is up to the teacher to determine which part of the teaching can be replaced by independent preparation for activities.	
<b>Learning outcomes:</b> 1. Knowledge	

The student understands and interprets fundamental concepts in the field of group social work, including its origins and development. They have an overview of various typologies and models of group work in social work, as well as the different stages and techniques used in this specific area. The student understands the significance of the group, including group rules, norms, roles, and processes that influence group functioning.

## 2. Skills

The student is able to apply theoretical knowledge of group work in practical settings with clients, including the planning and implementation of interventions. They can analyze processes occurring within the group, such as cohesion, tension, and various dynamics that affect group functioning. The student is capable of developing and implementing a group work plan, including selecting and applying appropriate techniques to support group processes.

## 3. Competencies

The student is capable of working effectively with groups in various social work contexts, using different models and techniques to improve group dynamics. They can identify and respond to different roles and interactions within the group, contributing to more effective leadership and coordination of group work. The student is able to independently plan and implement group interventions, applying theoretical knowledge and practical experience to support group goals.

### **Brief outline of the course:**

- 1) Origin and development of social work with a group
- 2) Typology of social work with a group
- 3) Importance and specifics of group work
- 4) Techniques in working with a group
- 5) Group dynamics (Rules, Roles)
- 6) Group dynamics (Cohesion, Tension, Subgroups, Group atmosphere)
- 7) Group dynamics (Group leadership)
- 8) Key competencies - empathy, assertiveness, ability to motivate
- 9) Challenging situations in leading a group process
- 10) Group preparation and group work plan

### **Recommended literature:**

- HARGAŠOVÁ, M. a kol., 2009. Skupinové poradenství. Praha: Grada. ISBN 978-870-247-2642-7.
- HUPKOVÁ, M., 2011. Rozvíjanie sociálnych spôsobilostí v pomáhajúcich profesiách. Bratislava: Iris. ISBN 978-80-89256-61-7.
- KOLÁŘÍK, M., 2011. Interakční psychologický výcvik. Praha: Grada. ISBN 978-80-247-2941-1.
- KOVÁČ, E., 2021. Lektorské a komunikačné zručnosti. Bratislava: Akadémia humanitných a medzikulturálnych štúdií Edith Steinovej. ISBN 9788097389840
- MIKLOVIČ, I., 2013. Lektorské zručnosti. Sprievodca pre začínajúcich lektorov. Bratislava: GtoG. ISBN 9788097142063.
- POPELKOVÁ, M., M. ZAŤKOVÁ, 2009. Podpora rozvoja osobnosti a intervenčné programy. Nitra: FSVaZ UKF Nitra. ISBN 9778-80-8094-269-4.
- SMIK, J., Š. MATULA a V. LABÁTH, 2022. Príručka pre skupinovú prácu. Expoprogram. Bratislava: Wolters Kluwer. ISBN 9788057105183.
- TÓTHOVÁ, L., 2019. Sociálna práca so skupinou. Košice: ŠafárikPress. ISBN 978-80-8152-762-3.
- TÓTHOVÁ, L., a D. ŠLOSÁR, 2019. Skupina a práca so skupinou v pomáhajúcich profesiách. Košice: Univerzita Pavla Jozefa Šafárika v Košiciach. ISBN 978-80-8152-754-8.

### **Course language:**

Slovak

<b>Notes:</b>					
<b>Course assessment</b>					
Total number of assessed students: 0					
A	B	C	D	E	FX
0.0	0.0	0.0	0.0	0.0	0.0
<b>Provides:</b> Mgr. Magdaléna Hovanová, PhD.					
<b>Date of last modification:</b> 02.04.2025					
<b>Approved:</b> prof. Mgr. Soňa Lovašová, PhD.					

## COURSE INFORMATION LETTER

<b>University:</b> P. J. Šafárik University in Košice	
<b>Faculty:</b> Faculty of Arts	
<b>Course ID:</b> KSP/ SPsSK/16	<b>Course name:</b> Social Work Practice with Groups
<b>Course type, scope and the method:</b> <b>Course type:</b> Lecture / Practice <b>Recommended course-load (hours):</b> <b>Per week:</b> 2 / 1 <b>Per study period:</b> 28 / 14 <b>Course method:</b> present	
<b>Number of ECTS credits:</b> 5	
<b>Recommended semester/trimester of the course:</b> 5.	
<b>Course level:</b> II.	
<b>Prerequisites:</b>	
<b>Conditions for course completion:</b> <p>The entire teaching as well as passing individual parts of the interim assessment will take place according to the current situation, either face-to-face or remotely (Teams, LMS). It is up to the teacher to determine which part of the lesson can be replaced by independent preparation for activities.</p> <p>The interim assessment consists of:</p> <ol style="list-style-type: none"> <li>1. Continuous test – max. 15 points, with which the student will be verified how he interprets, applies and can explain the theoretical starting points of social work with a group.</li> <li>2. Active work with the group - according to a predetermined schedule - max. 45 points. Group work assignments must be submitted via the LMS e-learning portal by the deadline. If the assignment is not submitted or the assignment is delayed, the student loses the opportunity to receive points for the assignment. All entries will be reviewed by APS Turnitin and points may be adjusted based on the result of the originality check. Through the assignments and then the student's own work with the group, it is verified as a student how he interprets, applies and can explain the theoretical starting points in specific work with the group.</li> <li>3. Attendance at classes - for admission to the exam, attendance is required min. 80% of the entire lesson.</li> </ol> <p>In order to be admitted to the exam, a minimum of 33 points in the interim assessment is required. In case of failure to meet the conditions (failure to obtain the required 33 points in the interim evaluation, or failure to meet the participation condition), the student will not be classified in the subject (rating X). To pass the exam in advance (the last week of the semester at the time of the lecture), a score of min. 50 points from the continuous assessment.</p> <p><b>Final rating</b></p> <p>Within the written exam, a maximum of 40 points can be obtained, of which the minimum number of points for awarding the evaluation is 21. The written exam is intended to check the student's ability to interpret, apply and explain the acquired knowledge in the field of social work with a group. The final grade is the sum of the points from the interim assessment and the completed final exam. A 100 - 91, B 90 - 81, C 80 - 71, D 70 - 61, E 60 - 54, FX 53 and less.</p>	
<b>Learning outcomes:</b> 1. Knowledge:	

Students understand and interpret basic concepts in the field of group work in social work, including its origin and development.

They have an overview of various typologies and models of group work in social work, including different stages and techniques used in this specific area.

They comprehend the significance of the group, including its rules, norms, roles, and the processes that influence group functioning.

#### 2. Skills:

Students can apply theoretical knowledge of group work to practical client interactions, including planning and implementing interventions.

They are able to analyze processes occurring within the group, including cohesion, tension, and other dynamics that affect group functioning.

They can create and implement a group work plan, including selecting and applying appropriate techniques to support group processes.

#### 3. Competencies:

Students are capable of effectively working with groups in various social work contexts, using different models and techniques to improve group dynamics.

They can recognize and respond to different roles and interactions within the group, contributing to more effective group leadership and coordination.

They are able to independently plan and execute interventions in groups, applying theoretical knowledge and practical skills to support group goals.

#### **Brief outline of the course:**

1. Origin and development of social work with a group.
2. Social group.
3. Typology of social work with a group.
4. Working with a group as a specific area of social work.
5. Models of social work with a group.
6. Stages of social work with a group.
7. Social worker working with the group.
8. The importance of the group. Group rules.
9. Group goals. Group standards. Cohesion and tension.
10. Roles in the group.
11. Group management.
12. Group work plan.
13. Techniques in working with a group.

#### **Recommended literature:**

TÓTHOVÁ, L., 2019. Sociálna práca so skupinou. Košice: ŠafárikPress. ISBN 978-80-8152-762-3.

TÓTHOVÁ, L., a D. ŠLOSÁR, 2019. Skupina a práca so skupinou v pomáhajúcich profesiách. Košice: Univerzita Pavla Jozefa Šafárika v Košiciach. ISBN 978-80-8152-754-8.

HARGAŠOVÁ, M. a kol., 2009. Skupinové poradenství. Praha: Grada. ISBN 978-870-247-2642-7.

HUPKOVÁ, M., 2011. Rozvíjanie sociálnych spôsobilostí v pomáhajúcich profesiách. Bratislava: Iris. ISBN 978-80-89256-61-7.

KOLÁŘÍK, M., 2011. Interakční psychologický výcvik. Praha: Grada. ISBN 978-80-247-2941-1.

POPELKOVÁ, M., M. ZAŤKOVÁ, 2009. Podpora rozvoja osobnosti a intervenčné programy. Nitra: FSVaZ UKF Nitra. ISBN 9778-80-8094-269-4.

ŽIAKOVÁ, E. a kol., 2011. Sociálna práca. Teoretické východiská a praktické kontexty. Košice: FF UPJŠ. ISBN 978-80-7097-870-2.

<b>Course language:</b> Slovak					
<b>Notes:</b>					
<b>Course assessment</b> Total number of assessed students: 206					
A	B	C	D	E	FX
35.92	25.73	18.93	15.05	3.88	0.49
<b>Provides:</b> Mgr. Magdaléna Hovanová, PhD.					
<b>Date of last modification:</b> 05.09.2025					
<b>Approved:</b> prof. Mgr. Soňa Lovašová, PhD.					

## COURSE INFORMATION LETTER

<b>University:</b> P. J. Šafárik University in Košice					
<b>Faculty:</b> Faculty of Arts					
<b>Course ID:</b> KSP/ SPU/15		<b>Course name:</b> Social Work Practice with Refugees			
<b>Course type, scope and the method:</b> <b>Course type:</b> Lecture / Practice <b>Recommended course-load (hours):</b> <b>Per week:</b> 1 / 1 <b>Per study period:</b> 14 / 14 <b>Course method:</b> present					
<b>Number of ECTS credits:</b> 4					
<b>Recommended semester/trimester of the course:</b> 5.					
<b>Course level:</b> II.					
<b>Prerequisites:</b>					
<b>Conditions for course completion:</b>					
<b>Learning outcomes:</b>					
<b>Brief outline of the course:</b>					
<b>Recommended literature:</b>					
<b>Course language:</b>					
<b>Notes:</b>					
<b>Course assessment</b> Total number of assessed students: 393					
A	B	C	D	E	FX
30.53	31.04	19.59	11.45	7.12	0.25
<b>Provides:</b> Mgr. Beáta Rybárová					
<b>Date of last modification:</b> 30.04.2021					
<b>Approved:</b> prof. Mgr. Soňa Lovašová, PhD.					

## COURSE INFORMATION LETTER

<b>University:</b> P. J. Šafárik University in Košice	
<b>Faculty:</b> Faculty of Arts	
<b>Course ID:</b> KSP/ SPsRE/15	<b>Course name:</b> Social Work Practice with Roma Ethnic Minority
<b>Course type, scope and the method:</b> <b>Course type:</b> Lecture / Practice <b>Recommended course-load (hours):</b> <b>Per week:</b> 1 / 1 <b>Per study period:</b> 14 / 14 <b>Course method:</b> present	
<b>Number of ECTS credits:</b> 4	
<b>Recommended semester/trimester of the course:</b> 6.	
<b>Course level:</b> II.	
<b>Prerequisites:</b> KSP/PTISP/08	
<b>Conditions for course completion:</b> The subject is finished with an exam. During the semester, the student prepares and presents a seminar paper at the seminar. During the examination period, a knowledge test and an oral examination are carried out. To obtain an A grade, a student must obtain at least 91 points, to obtain a B grade, at least 81 points, to obtain a C grade, at least 71 points, to obtain a D grade, at least 61 points, to obtain an E grade, at least 51 points. A student who receives an assessment below 51 points will be assessed with an FX grade. The final rating is calculated from the sum of the following parts: 80% participation in lectures and seminars 20 points. Active performance at the seminar 20 points Written exam 30 points Oral exam 30 points External and distance learning is evaluated by a written exam and an oral exam.	
<b>Learning outcomes:</b> <b>Knowledge</b> The student identifies and remembers the basic concepts and theoretical starting points of social work with the Roma ethnic group. He has knowledge of social work with Roma communities, which he can connect with other knowledge of the field of study and interdisciplinary connections at the level of synthesis. The student can describe the individual components of cultural and social differences and limiting institutions, interpret them and briefly express them, summarize the relationships existing in Roma communities from the point of view of social work. Knows the basic characteristics and specific institutions distinguishing social work with this specific client group. Can draw conclusions and name connections between individual strategic approaches. <b>Skills</b> The student is able to search for strategies related to Roma and Roma communities and independently assess individual procedures from the point of view of their impact on work with this specific client group. The student can describe, classify and classify structural differences, individual characteristics and relationships in social work processes in the environment of Roma communities. The student knows how to choose and use adequate starting points for the assessment of individual social institutions, such as family, education, family life, etc. He is able to identify the importance of social and cultural differences when assessing the client's situation, especially to	

provide advice in the given area. He knows how to use knowledge about the Roma community in the practice of social work and the development of his knowledge.

#### Competences

The student is able to use knowledge from social work with Roma and Roma communities in the analysis and solution of a specific social problem. The student can provide basic information services and advisory legal services while respecting the social and cultural differences of the Roma. He can professionally present his own opinions on individual problems that occur in Roma communities from the point of view of social work. The student is able to perform professional activities in accordance with legal limits while respecting the differences of this client group. He has professional communication skills and knows how to use professional terms related to community and field social work in Roma communities. The student can work in professional teams and use interdisciplinary and interprofessional cooperation as a basic starting point when working with the Roma community.

#### **Brief outline of the course:**

Gypsies. History and historical context.

Roma culture and its differences. Differences in subcultural Roma.

Roma family. Division and structure of Roma communities.

Differences in work in Roma subcultural communities.

Value systems and their differences in subcultural Roma.

Employment, housing and social involvement of subcultural Roma.

Poverty and poverty in subcultural Roma settlements. Ethnic nature of poverty.

Social dependency and a culture of poverty. Stratification pyramids in society.

Strategies for work in Roma communities. Marginalization and its manifestations.

Connecting the Roma and majority communities.

Strategic documents for Roma communities.

#### **Recommended literature:**

DAVIDOVÁ, E. (1999). Ke způsobu bydlení, obživy a odívání. In Romové - O Roma. Tradice a současnost. Sborník příspěvků. Brno: Museum romské kultúry. ISBN 80- 85956-14-4.

DUBAYOVÁ, M. (2001). Rómovia v procesoch kultúrnej zmeny. Prešov: FF PU. ISBN 80-8068-059-0.

ĎURÍČEKOVÁ, M. (2000). Edukácia rómskych žiakov. Prešov : Metodické centrum. ISBN 80-8045-211-3.

HLUBOCKÝ, P. (1992). Úvod do psychiatrickej Romológie. In Mathé, R. Hlubockého úvod do psychiatrickej Romológie. Nové Zámky: Psychoprof, 1992.

HORVÁTHOVÁ, E. (1964). Cigáni na Slovensku. Bratislava: SAV, 1964.

JUROVÁ, A. (1993). Vývoj rómskej problematiky na Slovensku po roku 1945. Bratislava: Goldpress Publishers. ISBN 80-85584-07-7.

KUMANOVÁ, Z., ZELINOVÁ, H. (1999). Rómovia na Slovensku. In Romové-O Roma.Tradice a súčasnosť. Zborník príspevkov. Brno: Muzeum romskej kultúry. ISBN 80-85956-14-4.

LACKOVÁ, E. (1997). Narodila jsem se pod šťastnou hviezdou. Praha: Triada. ISBN 80-901861-8-1.

LIÉGOIS, J.P. (1995). Rómovia, Cigáni, Kočovníci. Bratislava: Caritas. ISBN 80-967380-4-6.

MANN, A.B. (2000). Rómsky dejepis. Bratislava: Kalligram sro. ISBN 80-7149-316-3.

Nadácia Milana Šimečku. (2001). Kaj džas. Súbor textov zo seminára. Bratislava: Milan Šimečka Foundation. ISBN 80-89008-06-2.

NEČAS, C. (1993). Romové v České republice včera a dnes. Olomouc: PF UP. ISBN 80-7067-310-9.

RADIČOVÁ, I. (2001). Hic Sunt Romales. Bratislava: Centrum pre analýzu sociálnej politiky. ISBN 80-88991-13-7.  
 Romové - O Roma. Tradice a súčasnosť. (1999). Súbor textov. Brno: Muzeum romské kultúry. ISBN 80-902476-1-X.  
 ŘÍČAN, P. (1998). S Romy žít budeme- jde o to jak. Praha: Portál. ISBN 80-7178-250-5.  
 VALACHOVA, D., a kol. (2002). Vzdelávanie Rómov a multikultúrna koexistencia. Bratislava: SPN. ISBN 80-08-03339-8.  
 VAŠEČKA, M. (2002). Čačipen pal o Roma. Súhrnná správa o Rómoch na Slovensku. Bratislava: Inštitút pre verejné otázky. ISBN 80-88935-41-5.  
 VAŠEČKA, Michal, Roma, Summary report on the state of society, Institute for Public Issues, Bratislava 2000

**Course language:**

Slovak language

**Notes:**

**Course assessment**

Total number of assessed students: 659

A	B	C	D	E	FX
19.73	26.1	28.83	15.17	10.17	0.0

**Provides:** doc. JUDr. Mgr. Dušan Šlosár, PhD.

**Date of last modification:** 27.02.2026

**Approved:** prof. Mgr. Soňa Lovašová, PhD.

## COURSE INFORMATION LETTER

<b>University:</b> P. J. Šafárik University in Košice	
<b>Faculty:</b> Faculty of Arts	
<b>Course ID:</b> KSP/ SPsS/15	<b>Course name:</b> Social Work Practice with Seniors
<b>Course type, scope and the method:</b> <b>Course type:</b> Lecture / Practice <b>Recommended course-load (hours):</b> <b>Per week:</b> 1 / 1 <b>Per study period:</b> 14 / 14 <b>Course method:</b> present	
<b>Number of ECTS credits:</b> 4	
<b>Recommended semester/trimester of the course:</b> 5.	
<b>Course level:</b> II.	
<b>Prerequisites:</b>	
<b>Conditions for course completion:</b> Successful completion of the course is conditional upon fulfilling the requirements of both continuous and final assessment. A maximum of 100 points can be obtained, distributed as follows: 50 points for continuous assessment and 50 points for final assessment. The teaching and completion of individual assessment components will take place based on the instructor's decision, either in person or online (LMS, MS Teams). The instructor may decide to substitute part of the course with self-study. Continuous assessment (max. 50 points) consists of: 1. class attendance – In order to be admitted to the final exam, a minimum of 80% attendance (lectures and seminars combined) is required. Some sessions may take the form of discussions, excursions, etc., which also require student participation; 2. midterm test – max. 25 points, which verifies the student's ability to interpret, apply, and explain theoretical foundations in the context of social work with older adults; 3. presentation of a pre-assigned topic according to a predetermined schedule – max. 25 points. The presentation includes preparation of an activity and facilitation of discussion with fellow students related to the presented topic. In the case of an unexcused absence (without a doctor's note) on the assigned date, the student forfeits the opportunity to earn points for the presentation. Students may agree to switch presentation dates with each other. To be admitted to the final exam, a minimum of 26 points from continuous assessment is required. If the conditions are not met (failure to obtain the required 26 points or to meet attendance requirements), the student will not be graded (grade X). Final assessment (max. 50 points): A written exam worth a maximum of 50 points, with a minimum of 27 points required to pass. The exam is intended to assess the student's ability to interpret, apply, and explain the acquired knowledge in the field of social work with older adults. To take the exam in the early exam period (during the final week of the semester during the scheduled lecture time), the student must earn at least 43 points from continuous assessment. The final grade is the sum of points obtained from continuous assessment and the final exam. A 100 – 91 B 90 – 81 C 80 – 71	

D 70 – 61  
E 60 – 53  
FX 52 or less

**Learning outcomes:**

**Knowledge:**

The student understands and interprets concepts in the field of social work with seniors.

The student can explain the biological, psychological, and social aspects of aging and their impact on the lives of seniors, and identifies the needs of seniors.

The student knows the social services available for seniors and can describe, classify, and categorize the forms of social services and their providers.

The student masters theoretical models and approaches to social work with seniors.

**Skills:**

The student can analyze the social problems of seniors and apply theoretical knowledge to client work using appropriate social work methods.

The student is capable of identifying and effectively responding to crisis situations in the lives of seniors.

The student has the skill to coordinate various services and resources needed to support seniors.

**Competencies:**

The student is competent to work both independently and within interdisciplinary teams, integrating various professional perspectives in providing comprehensive support to seniors.

The student can apply theoretical knowledge and its specifics from the field of social work with seniors into direct client work.

**Brief outline of the course:**

1. Aging and old age as a developmental stage of human life.
2. Physical, social, and psychological aspects of aging and old age.
3. Adaptation to aging and old age.
4. Forms and types of social services (Act No. 448/2008 Coll. on Social Services).
5. Proceedings on entitlement to social services.
6. Preparation for old age.
7. The pension system.
8. Social pathologies of older adults.
9. Dying and death. Social work in the context of death.

**Recommended literature:**

JACKSON, S., 2020. Understanding the Challenges of Social Work with Elderly Populations. *Journal of Social Work Practice*, 34(3), pp.305-319.

MARK, K. and R. KANE, 2018. *Innovative Approaches in Social Work with Older Adults*. Oxford: Oxford University Press.

McLNNES, E. and H. STRYDOM, 2017. *Social Work with Older People*. London: Routledge.

BALOGOVIÁ, B. a E. ŽIAKOVÁ, 2017. *Vademecum sociálnej práce. Terminologický slovník*. Košice: FF UPJŠ.

KUBALČÍKOVÁ, K. et al., 2015. *Sociální práce se seniory v kontextu kritické gerontologie*. Brno: Masarykova univerzita.

ŠEBKOVÁ, H., 2015. *Sociální práce se seniory: Teoretické a praktické aspekty*. Praha: Portál.

JAMBOROVÁ, R., 2015. *Seniori a komunitné služby*. Trnava: Universitas Tyrnaviensis - Facultas Theologica.

HROZENSKÁ, M., 2008. *Sociálna práca so staršími ľuďmi a jej teoreticko-praktické východiská*. Martin: Osveta.

VIDOVIČOVÁ, L., 2008. *Stárnutí-věk a diskriminace – nové souvislosti*. Brno: MUB.

BALOGOVÁ, B., 2005. Seniori. Prešov: Akcent print.					
<b>Course language:</b> slovak					
<b>Notes:</b>					
<b>Course assessment</b> Total number of assessed students: 514					
A	B	C	D	E	FX
39.11	24.51	15.37	12.65	7.78	0.58
<b>Provides:</b> Mgr. Lucia Tóthová, PhD., univerzitná docentka					
<b>Date of last modification:</b> 18.09.2025					
<b>Approved:</b> prof. Mgr. Soňa Lovašová, PhD.					

## COURSE INFORMATION LETTER

<b>University:</b> P. J. Šafárik University in Košice	
<b>Faculty:</b> Faculty of Arts	
<b>Course ID:</b> KSP/ SPsZZ/25	<b>Course name:</b> Social Work Practice with the People with Disabilities
<b>Course type, scope and the method:</b> <b>Course type:</b> Lecture / Practice <b>Recommended course-load (hours):</b> <b>Per week:</b> 1 / 1 <b>Per study period:</b> 14 / 14 <b>Course method:</b> present	
<b>Number of ECTS credits:</b> 4	
<b>Recommended semester/trimester of the course:</b> 5.	
<b>Course level:</b> II.	
<b>Prerequisites:</b>	
<b>Conditions for course completion:</b> Successful completion of the course is conditional upon fulfilling the requirements of both continuous and final assessment. A maximum of 100 points can be earned, divided equally between continuous assessment (50 points) and final assessment (50 points). The method of instruction, as well as the format of the assessment components, will be determined by the course instructor and may take place either in person or online (via LMS or MS Teams). The instructor may also decide to substitute part of the course with self-study. Continuous Assessment (Maximum: 50 points) Attendance – A minimum of 80% attendance in all course activities (lectures and seminars) is required to qualify for the final exam. Part of the course may include discussions, excursions, or other interactive formats, which also require mandatory student participation. Midterm Test (Maximum: 25 points) – This test will assess the student’s understanding and interpretation of key concepts, including: the social perception and consequences of disability, the support systems available for people with disabilities, and the various approaches in social work with individuals with specific types of disabilities. Independent Professional Preparation and Presentation (Maximum: 25 points) – Students are required to prepare an individual PowerPoint or Prezi presentation focused on practical aspects of social work with individuals with disabilities, following a pre-defined schedule. To be eligible for the final exam, the student must achieve at least 26 points in continuous assessment. Failure to meet this requirement—due to insufficient points, attendance, or failure to present—will result in non-classification (grade X). Final Assessment (Maximum: 50 points) The final assessment consists of a written exam, with a maximum of 50 points. A minimum of 27 points is required to pass the exam. To be eligible for an early exam date (during the final week of the semester), the student must achieve at least 40 points in continuous assessment. The written exam is intended to assess the student's ability to interpret, apply, and explain acquired knowledge in the area of disability and social work practice. The final grade is the sum of the points from the ongoing evaluation and the completed final exam. A 100 - 91	

B 90 - 81  
C 80 - 71  
D 70 - 61  
E 60 - 53  
FX 52 points or less

**Learning outcomes:**

**Knowledge:**

The student knows and is able to identify basic concepts related to the issue of disability in the context of social work.

The student is able to interpret the current development of terminology used in the identification and description of people with disabilities.

The student can classify different types of disabilities and recognize their social consequences.

The student understands the importance of support systems and interdisciplinary cooperation between social workers, healthcare professionals, and other experts.

The student has an overview of practical approaches in social work with various groups of people with disabilities and can identify tools and methods used in working with clients.

**Skills:**

The student is able to apply theoretical knowledge to the resolution of specific cases and practical situations involving people with disabilities.

The student is able to identify the needs of clients based on the type and extent of their disability.

The student is able to coordinate and collaborate with various institutions and professionals in providing comprehensive support to clients.

The student can adapt social work procedures to the specifics of different types of disabilities.

**Competencies:**

The student demonstrates the ability to apply an inclusive and empathetic approach that respects the dignity and individuality of the client.

The student is able to critically evaluate various approaches to addressing the problems of people with disabilities and choose appropriate interventions in practice.

The student is able to make independent decisions and solve problems within a multidisciplinary team, focusing on improving the quality of life of clients with disabilities.

**Brief outline of the course:**

**Recommended literature:**

Černá, M., 2012. Sociálna práca so zdravotne postihnutými. Bratislava: Vydavateľstvo UK.

Kovář, J., 2010. Sociální práce s osobami se zdravotním postižením. Praha: Karolinum.

Morávková, S. et al., 2021. Sociálna práca s osobami so zdravotným znevýhodnením. Nitra: FSVaZ v Nitre.

Oliver, M., 1996. Understanding Disability: From Theory to Practice. New York: St. Martin's Press.

Slaná, M. et al., 2024. Tranzícia dieťaťa so zdravotným postihnutím do školského prostredia. Trnava: Typi Universitatis Tyrnaviensis.

Šmidová, M., 2012. Sociálna práca s osobami so zdravotným postihnutím. Trnava: Dobrá kniha.

Tóthová, L. et al., 2020. Bedeker onkologickej liečby. Košice: Univerzita Pavla Jozefa Šafárika v Košiciach, ŠafárikPress.

Tóthová, L., 2025. Sociálna práca s ľuďmi so zdravotným znevýhodnením I. Sociálne potreby ľudí so zmyslovým znevýhodnením. Košice: Univerzita Pavla Jozefa Šafárika v Košiciach, Vydavateľstvo ŠafárikPress.

Williams, C., 2013. Social Work and Disability: A Global Perspective. International Social Work, 56(4), pp. 487-502.

<b>Course language:</b> slovak					
<b>Notes:</b>					
<b>Course assessment</b> Total number of assessed students: 97					
A	B	C	D	E	FX
42.27	21.65	17.53	14.43	4.12	0.0
<b>Provides:</b> Mgr. Lucia Tóthová, PhD., univerzitná docentka					
<b>Date of last modification:</b> 02.04.2025					
<b>Approved:</b> prof. Mgr. Soňa Lovašová, PhD.					

## COURSE INFORMATION LETTER

<b>University:</b> P. J. Šafárik University in Košice	
<b>Faculty:</b> Faculty of Arts	
<b>Course ID:</b> KSP/ VoSP/25	<b>Course name:</b> Social Work Science
<b>Course type, scope and the method:</b> <b>Course type:</b> Lecture / Practice <b>Recommended course-load (hours):</b> <b>Per week:</b> 1 / 1 <b>Per study period:</b> 14 / 14 <b>Course method:</b> present	
<b>Number of ECTS credits:</b> 4	
<b>Recommended semester/trimester of the course:</b> 3.	
<b>Course level:</b> II.	
<b>Prerequisites:</b>	
<b>Conditions for course completion:</b> Continuous Assessment (Total of 40 Points Available) 1. Minimum 80% Active Participation in the overall course (depending on the mode of teaching – in-person/distance learning via teleconference). The student presents knowledge related to the field of social work theory and applies it to solving practical problems in social work. 2. Independent Professional Preparation, Completion of Assignments, and Seminar Activity. The student presents knowledge related to the field of social work theory and connects it with real social work practice. 3. Creation and Presentation of a Seminar Paper, submitted in both Word format and PowerPoint presentation format, with a minimum of 3 A4 pages of pure text. The student describes, interprets, classifies, and applies key concepts of a selected social work theory, distinguishes its main characteristics, interprets its significance in the context of social work, and practically applies it to solving specific situations in practice. All assignments will be checked using APS Turnitin, and points may be adjusted based on the originality check results. A maximum of 20 points can be obtained collectively for points 1, 2 and 3. 4. Midterm Test, in which the student identifies, recalls, describes, and classifies various areas of social work theory while also linking theoretical knowledge with its application in social work practice. The test takes place in the 13th week of the semester. A maximum of 20 points can be obtained. A minimum of 25 points from the continuous assessment is required to be eligible for the final exam. <b>Final Exam</b> The exam is conducted in the form of a written test, with a possible score of 0-60 points. The student must demonstrate the ability to apply theoretical knowledge of social work theory to working with social work clients. <b>Final Grade Calculation</b> The final grade is based on the sum of the continuous assessment and the final exam (total of 0-100 points). <b>Grade Points</b> A 91-100 B 81-90 C 71-80 D 61-70	

E 53-60  
FX 52 and below

**Learning outcomes:**

The aim of the course is to deepen students' understanding of theoretical approaches that shape social work both as a scientific discipline and as a profession. Additionally, it seeks to introduce ways of applying social work theories to address practical problems and to develop students' ability to connect theoretical knowledge with real social work practice.

1. The student identifies and recalls fundamental concepts and theories of social work.
2. The student can interpret the relationship between theory and practice in social work, classify different theoretical approaches, and assess their applicability in working with clients.
3. The student can apply a selected theory to solve a specific social problem. They can compare different theories and evaluate their effectiveness in working with various client groups.

**Brief outline of the course:**

Introduction to Social Work Theory  
Main Paradigms in Social Work  
Theoretical Approaches and Models in Social Work  
Social Work as an Applied Science  
Application of Theories to Specific Client Groups  
Multidisciplinary and Transdisciplinary Collaboration and Integration of Theories into Practice  
Current Trends and New Theoretical Approaches

**Recommended literature:**

BRNULA, P., K. ČAVOJSKÁ, K. MÓZEŠOVÁ, P. MÓZEŠ a M. SMREK. Úvod do teórií sociálnej práce. Bratislava: IRIS, 2015. ISBN 978-80-89726-36-3.  
LEVICKÁ, J., K. LEVICKÁ, A. BÁNOVČINOVÁ a D. UHNÁKOVÁ. Teoretické východiská sociálnej práce. Trnava: Fakulta zdravotníctva sociálnej práce Trnavskej univerzity v Trnave, 2016. ISBN 978-80-8082-962-9.  
PAYNE, M. Modern Social Work Theory, 2020. London: Bloomsbury Academic. ISBN 978-1-3520-1108-1.  
TEATER, B. An Introduction to Applying Social Work Theories and Methods, 2020. London: Open University Press. ISBN 978-033-5248193.  
WALSH, J. Theories for Direct Social Work Practice. Cengage Learning, 2013. ISBN 978-1-285-75024-8.  
ŽILOVÁ, A. Úvod do teórie sociálnej práce. 1. vyd. Badín: Mentor, 2005. ISBN 80-968932-1-1.

**Course language:**

Slovak

**Notes:**

**Course assessment**

Total number of assessed students: 23

A	B	C	D	E	FX
4.35	39.13	39.13	8.7	8.7	0.0

**Provides:** doc. PhDr. Katarína Šišanská, PhD.

**Date of last modification:** 29.09.2025

**Approved:** prof. Mgr. Soňa Lovašová, PhD.

## COURSE INFORMATION LETTER

<b>University:</b> P. J. Šafárik University in Košice	
<b>Faculty:</b> Faculty of Arts	
<b>Course ID:</b> KSP/ VSP/25	<b>Course name:</b> Social Work Science
<b>Course type, scope and the method:</b> <b>Course type:</b> <b>Recommended course-load (hours):</b> <b>Per week: Per study period:</b> <b>Course method:</b> present	
<b>Number of ECTS credits:</b> 3	
<b>Recommended semester/trimester of the course:</b>	
<b>Course level:</b> II.	
<b>Prerequisites:</b>	
<b>Conditions for course completion:</b> Obtaining the required number of credits in the prescribed structure according to the study plan.	
<b>Learning outcomes:</b> <b>Knowledge</b> The student has an overview of the terminology and theoretical foundations of the science of social work. Understands basic and advanced research approaches and methods used in the science of social work. Is familiar with the interconnections between theoretical concepts and practice in various contexts (client groups, national and international comparisons). Understands the specifics of scientific inquiry in social work and the principles of research ethics. <b>Skills</b> Can apply professional terminology and categories of social work science in the analysis and interpretation of academic texts and social phenomena. Is able to compare knowledge in the field of social work with respect to different client groups and cultural contexts. Can identify and classify research methods and techniques; is able to select appropriate research procedures according to the objectives of the study. Is capable of interpreting research findings in social work and connecting them with theoretical and practical frameworks. <b>Competences</b> Is able to think independently and critically about issues in the science of social work within a broader social, ethical, and professional context. Has the competence to design and implement research projects in the field of social work. Is prepared for professional and interdisciplinary communication in the area of social work research, including the presentation of one's own opinions and arguments. Possesses the competence for continuous professional development through scientific thinking and analytical work.	
<b>Brief outline of the course:</b>	
<b>Recommended literature:</b>	

<b>Course language:</b> slovak					
<b>Notes:</b>					
<b>Course assessment</b> Total number of assessed students: 0					
A	B	C	D	E	FX
0.0	0.0	0.0	0.0	0.0	0.0
<b>Provides:</b>					
<b>Date of last modification:</b> 05.04.2025					
<b>Approved:</b> prof. Mgr. Soňa Lovašová, PhD.					

## COURSE INFORMATION LETTER

<b>University:</b> P. J. Šafárik University in Košice	
<b>Faculty:</b> Faculty of Arts	
<b>Course ID:</b> KSP/ MKSP/25	<b>Course name:</b> Social Work in International Contexts
<b>Course type, scope and the method:</b> <b>Course type:</b> Lecture / Practice <b>Recommended course-load (hours):</b> <b>Per week:</b> 1 / 1 <b>Per study period:</b> 14 / 14 <b>Course method:</b> present	
<b>Number of ECTS credits:</b> 4	
<b>Recommended semester/trimester of the course:</b> 6.	
<b>Course level:</b> II.	
<b>Prerequisites:</b>	
<b>Conditions for course completion:</b>	
<b>Learning outcomes:</b>	
<b>Brief outline of the course:</b>	
<b>Recommended literature:</b>	
<b>Course language:</b>	
<b>Notes:</b>	
<b>Course assessment</b>	
Total number of assessed students: 1	
abs	n
100.0	0.0
<b>Provides:</b> Mgr. Tomáš Šed'o, PhD.	
<b>Date of last modification:</b> 02.04.2025	
<b>Approved:</b> prof. Mgr. Soňa Lovašová, PhD.	

## COURSE INFORMATION LETTER

<b>University:</b> P. J. Šafárik University in Košice					
<b>Faculty:</b> Faculty of Arts					
<b>Course ID:</b> KSP/ SPVV/25		<b>Course name:</b> Social Work in the Public Sector			
<b>Course type, scope and the method:</b> <b>Course type:</b> Lecture / Practice <b>Recommended course-load (hours):</b> <b>Per week:</b> 1 / 1 <b>Per study period:</b> 14 / 14 <b>Course method:</b> present					
<b>Number of ECTS credits:</b> 4					
<b>Recommended semester/trimester of the course:</b> 3.					
<b>Course level:</b> II.					
<b>Prerequisites:</b>					
<b>Conditions for course completion:</b>					
<b>Learning outcomes:</b>					
<b>Brief outline of the course:</b>					
<b>Recommended literature:</b>					
<b>Course language:</b>					
<b>Notes:</b>					
<b>Course assessment</b> Total number of assessed students: 23					
A	B	C	D	E	FX
65.22	17.39	13.04	4.35	0.0	0.0
<b>Provides:</b> Mgr. Tomáš Šed'o, PhD.					
<b>Date of last modification:</b> 21.09.2025					
<b>Approved:</b> prof. Mgr. Soňa Lovašová, PhD.					

## COURSE INFORMATION LETTER

<b>University:</b> P. J. Šafárik University in Košice	
<b>Faculty:</b> Faculty of Arts	
<b>Course ID:</b> KSP/ SaPP/14	<b>Course name:</b> Social and Psychological Pathology
<b>Course type, scope and the method:</b> <b>Course type:</b> <b>Recommended course-load (hours):</b> <b>Per week: Per study period:</b> <b>Course method:</b> present	
<b>Number of ECTS credits:</b> 1	
<b>Recommended semester/trimester of the course:</b>	
<b>Course level:</b> II.	
<b>Prerequisites:</b>	
<b>Conditions for course completion:</b> To obtain the required number of credits in the structure defined in the study plan.	
<b>Learning outcomes:</b> Verification of acquired competence of a student in compliance with the graduate profile.	
<b>Brief outline of the course:</b> a	
<b>Recommended literature:</b> BALOGOVÁ, B. a E. ŽIAKOVÁ. 2017. Vademecum sociálnej práce. Košice: Univerzita Pavla Jozefa Šafárika v Košiciach, Filozofická fakulta. 360 s. ISBN 978-80-8152-483-7. HRČKA, M. 2001. Sociální deviace. Praha: Slon. KAISER, G. 1994. Kriminologie. Praha: Vydavatelství Beck. MAREŠ, P. 1999. Sociologie nerovnosti a chudoby. Praha: Slon. MAREŠ, P. 1994. Nezaměstnanost ako sociální problém. Praha: Slon. ONDREJKOVIČ, P. a kol. 2009. Sociálna patológia. Bratislava: Veda. ONDREJKOVIČ, P., POLIAKOVÁ, E. 1999. Protidrogová výchova. Bratislava: Veda. OREL, M. a kol. 2012. Psychopatologie. Praha: Grada. PRAŠKO, J. a kol. 2003. Poruchy osobnosti. Praha: Portál. VÁGNEROVÁ, M. 2004. Psychopatologie pro pomáhající profese. Portál: Praha 2004. VLČKOVÁ, M. 2001. Týrané dieťa. Bratislava: UK. KŘIVOHLAVÝ, J. 2001. Psychologie zdraví. Praha: Portál. DUNOVSKÝ, J., DYTRYCH, Z., MATĚJČEK, Z. 1995. Týrané, zneužívané a zanedbávané dítě. Praha: Grada Avicenum. ŽIAKOVÁ, E. (ed). 2005. Psychosociálne aspekty sociálnej práce. Prešov: Aspekt. ŽIAKOVÁ, E. a S. ŠROBÁROVÁ. 2013. Rizikový klient v sociálnej práci. Ružomberok: VERBUM, 150 s. ISBN 978-80-5610-049-3.	
<b>Course language:</b> Slovak	
<b>Notes:</b>	

<b>Course assessment</b>					
Total number of assessed students: 344					
A	B	C	D	E	FX
22.97	29.94	22.67	12.5	11.34	0.58
<b>Provides:</b>					
<b>Date of last modification:</b> 03.02.2026					
<b>Approved:</b> prof. Mgr. Soňa Lovašová, PhD.					

## COURSE INFORMATION LETTER

<b>University:</b> P. J. Šafárik University in Košice	
<b>Faculty:</b> Faculty of Arts	
<b>Course ID:</b> KSP/ SOP1/25	<b>Course name:</b> Specialised Professional Practice
<b>Course type, scope and the method:</b> <b>Course type:</b> Practice <b>Recommended course-load (hours):</b> <b>Per week: Per study period:</b> 40s <b>Course method:</b> present	
<b>Number of ECTS credits:</b> 2	
<b>Recommended semester/trimester of the course:</b> 3.	
<b>Course level:</b> II.	
<b>Prerequisites:</b>	
<b>Conditions for course completion:</b> Successful completion of the course requires active participation in block meetings and the completion of a professional internship in a specific, pre-assigned facility for a total of 40 hours. Active participation in block meetings: Information meeting – at the beginning of the semester, the student must identify and interpret the need for and significance of the professional internship in the assigned training facility. The student is assigned a facility, becomes familiar with its characteristics, and the basic activities they will perform, and establishes contact with the person responsible for supervising the internship. Supervision meeting – a pre-scheduled meeting held after the internship is completed. The student summarizes, interprets, and reflects on the competencies gained through the internship experience in the specific training facility. With the support of the supervisor, the student gains perspective on their activities, engages in self-reflection, and critically evaluates their learning. Participation in this meeting is conditional upon completing the full 40-hour internship, which must be verified by a certificate of completion from the training facility. The completion of the professional internship must be documented by submitting the certificate of completion to the course instructor. The final evaluation will be awarded after successful completion of the information meeting, the 40-hour internship, and participation in the supervision meeting. Final evaluation of the course in the form of: graduated / not completed.	
<b>Learning outcomes:</b> 1. The student is able to identify and interpret the need for and significance of the professional internship, understands the training facility, its content, forms, and applied work methods. 2. Under the guidance of an experienced professional in the safe environment of the training facility, the student is able to apply work methods with a specific client or client group. 3. Based on their own experience, the student can explain, compare, and distinguish the importance of various social work methods in working with a client or client group. 4. Under the supervision of a mentor, the student identifies, expresses, and reflects on their own experience, gaining a professional perspective on their activities.	
<b>Brief outline of the course:</b> - Introduction to the significance of professional internships, discussion on required documents - Discussion with invited professionals from practice during block teaching	

- Visit to a specialized training workplace in the field of social work
- Participation in a group supervision meeting

**Recommended literature:**

GÉRINGOVÁ, J. Pomáhající profese. Praha: Triton, 2011. ISBN 978-80-738739-4-3.  
 MATOUŠEK, O. Metody a řízení sociální práce. Praha: Portál, 2013. ISBN 978-80-262021-3-4.  
 VASKA, L. Teoretické aspekty supervízie začínajúcich sociálnych pracovníkov. Bratislava: Iris, 2012. ISBN 978-80-892387-0-5.

**Course language:**

Slovak

**Notes:**

**Course assessment**

Total number of assessed students: 24

abs	n
83.33	16.67

**Provides:** doc. PhDr. Katarína Šišanská, PhD.

**Date of last modification:** 21.09.2025

**Approved:** prof. Mgr. Soňa Lovašová, PhD.

## COURSE INFORMATION LETTER

<b>University:</b> P. J. Šafárik University in Košice	
<b>Faculty:</b> Faculty of Arts	
<b>Course ID:</b> KSP/ SOP2/25	<b>Course name:</b> Specialised Professional Practice 2
<b>Course type, scope and the method:</b> <b>Course type:</b> Practice <b>Recommended course-load (hours):</b> <b>Per week: Per study period:</b> 50s <b>Course method:</b> present	
<b>Number of ECTS credits:</b> 3	
<b>Recommended semester/trimester of the course:</b> 4.	
<b>Course level:</b> II.	
<b>Prerequisites:</b>	
<b>Conditions for course completion:</b> Successful completion of the course requires the completion of a professional internship in a specific, pre-assigned facility for a total of 50 hours and active participation in the block assessment meeting. Active participation in the block meeting: Assessment meeting – held in mid-May. Participation is conditional upon completing the full 50-hour internship in the assigned training facility. During this meeting, the student presents a PowerPoint presentation outlining the characteristics of the training facility, the target client group, and the activities carried out. The student also submits an internship report, an evaluation of their performance by the person responsible for the internship at the facility, and a certificate of completion of the internship. The completion of the professional internship must be documented by submitting a certificate of completion and the internship report to the course instructor. The final evaluation will be awarded upon successful completion of the 50-hour internship and participation in the assessment meeting. Final evaluation of the course in the form of: graduated / not completed.	
<b>Learning outcomes:</b> 1. The student is able to identify and interpret the need for and significance of the professional internship, understands the training facility, its content, forms, and applied work methods. 2. Under the guidance of an experienced professional in the safe environment of the training facility, the student is able to apply work methods with a specific client or client group. 3. Based on their own experience, the student can explain, compare, and distinguish the importance of various social work methods in working with a client or client group.	
<b>Brief outline of the course:</b> - Introduction to the significance of professional internships, discussion on required documents - Discussion with invited professionals from practice during block teaching - Visit to a specialized training workplace in the field of social work - Analysis and evaluation conducted by the student and presented at the final colloquium meeting	
<b>Recommended literature:</b> GÉRINGOVÁ, J. Pomáhající profese. Praha: Triton, 2011. ISBN 978-80-738739-4-3. MATOUŠEK, O. Metody a řízení sociální práce. Praha: Portál, 2013. ISBN 978-80-262021-3-4.	

VASKA, L. Teoretické aspekty supervízie začínajúcich sociálnych pracovníkov. Bratislava: Iris, 2012. ISBN 978-80-892387-0-5.

**Course language:**

Slovak

**Notes:**

**Course assessment**

Total number of assessed students: 6

abs	n
100.0	0.0

**Provides:** doc. PhDr. Katarína Šišanská, PhD.

**Date of last modification:** 21.09.2025

**Approved:** prof. Mgr. Soňa Lovašová, PhD.

## COURSE INFORMATION LETTER

<b>University:</b> P. J. Šafárik University in Košice	
<b>Faculty:</b> Faculty of Arts	
<b>Course ID:</b> KSP/ SOP3/25	<b>Course name:</b> Specialised Professional Practice 3
<b>Course type, scope and the method:</b> <b>Course type:</b> Practice <b>Recommended course-load (hours):</b> <b>Per week: Per study period:</b> 30s <b>Course method:</b> present	
<b>Number of ECTS credits:</b> 3	
<b>Recommended semester/trimester of the course:</b> 6.	
<b>Course level:</b> II.	
<b>Prerequisites:</b>	
<b>Conditions for course completion:</b> Successful completion of the course requires active participation in block meetings and the completion of a professional internship in a specific, pre-assigned facility for a total of 30 hours. Active participation in block meetings: Information meeting – at the beginning of the semester, the student must identify and interpret the need for and significance of the professional internship in the assigned training facility. The student is assigned a facility, becomes familiar with its characteristics, and the basic activities they will perform, and establishes contact with the person responsible for supervising the internship. Supervision meeting – a pre-scheduled meeting held after the internship is completed. The student summarizes, interprets, and reflects on the competencies gained through the internship experience in the specific training facility. With the support of the supervisor, the student gains perspective on their activities, engages in self-reflection, and critically evaluates their learning. Participation in this meeting is conditional upon completing at least 15 hours of the internship, which must be verified by a certificate of completion from the training facility. Evaluation meeting – in mid-May, participation is conditional upon completing the full 30-hour internship in the assigned training facility. During the evaluation meeting, the student presents a PowerPoint presentation describing the characteristics of the facility, the target client group, and the activities carried out. The student also submits a report from the internship, an evaluation of their performance from the person responsible for the internship, and a certificate of completion. The completion of the professional internship must be documented by submitting the certificate of completion and the internship report to the course instructor. The final evaluation will be awarded after completing the information meeting, the supervision meeting, the 30-hour internship, and the evaluation meeting. Final evaluation of the course in the form of: graduated / not completed.	
<b>Learning outcomes:</b> 1. The student can identify and interpret the need for and significance of professional practice, is familiar with the training facility, its content, forms, and methods used. 2. Under the guidance of an experienced professional in the safe environment of the training facility, the student is able to apply methods of work with a specific client or client group. 3. Based on personal experience, the student can explain, compare, and distinguish the importance of different social work methods in working with a client or client group.	

4. Under the guidance of a supervisor, the student identifies, expresses, and reflects on their own experience, gaining a professional perspective on their activities.

**Brief outline of the course:**

- Introduction to the issue of the significance of professional practice, discussion of forms and documents
- Discussion with invited experts from practice during block classes
- Visit to a specialized training facility in the field of social work
- Participation in group supervision
- Analysis and evaluation, which the student prepares and presents at the final colloquium meeting

**Recommended literature:**

GÉRINGOVÁ, J. Pomáhající profese. Praha: Triton, 2011. ISBN 978-80-738739-4-3.  
MATOUŠEK, O. Metody a řízení sociální práce. Praha: Portál, 2013. ISBN 978-80-262021-3-4.  
VASKA, L. Teoretické aspekty supervízie začínajúcich sociálnych pracovníkov. Bratislava: Iris, 2012. ISBN 978-80-892387-0-5.

**Course language:**

Slovak

**Notes:**

**Course assessment**

Total number of assessed students: 0

abs	n
0.0	0.0

**Provides:** doc. PhDr. Katarína Šišanská, PhD.

**Date of last modification:** 21.09.2025

**Approved:** prof. Mgr. Soňa Lovašová, PhD.

## COURSE INFORMATION LETTER

<b>University:</b> P. J. Šafárik University in Košice	
<b>Faculty:</b> Faculty of Arts	
<b>Course ID:</b> ÚTVŠ/ TVa/11	<b>Course name:</b> Sports Activities I.
<b>Course type, scope and the method:</b> <b>Course type:</b> Practice <b>Recommended course-load (hours):</b> <b>Per week:</b> 2 <b>Per study period:</b> 28 <b>Course method:</b> combined, present	
<b>Number of ECTS credits:</b> 2	
<b>Recommended semester/trimester of the course:</b> 1., 3.	
<b>Course level:</b> I., II., P	
<b>Prerequisites:</b>	
<b>Conditions for course completion:</b> Min. 80% of active participation in classes.	
<b>Learning outcomes:</b> Sports activities in all their forms prepare university students for their professional and personal life. They have a great impact on physical fitness and performance. Specialization in sports activities enables students to strengthen their relationship towards the selected sport in which they also improve.	
<b>Brief outline of the course:</b> Brief outline of the course: The Institute of physical education and sport at the Pavol Jozef Šafárik University offers 20 sports activities aerobics; aikido, basketball, badminton, body-balance, body form, bouldering, floorball, yoga, power yoga, pilates, swimming, fitness, indoor football, SM system, step aerobics, table tennis, chess, volleyball, tabata, cycling. Additionally, the Institute of physical education and sport at the Pavol Jozef Šafárik University offers winter courses (ski course, survival) and summer courses (aerobics by the sea, rafting on the Tisza River) with an attractive programme, sports competitions with national and international participation.	
<b>Recommended literature:</b> BENEC, M. et al. 2005. Plávanie. Banská Bystrica: FHV UMB. 198s. ISBN 80-8083-140-8. [online] Dostupné na: <a href="https://www.ff.umb.sk/app/cmsFile.php?disposition=a&amp;ID=571">https://www.ff.umb.sk/app/cmsFile.php?disposition=a&amp;ID=571</a> BUZKOVÁ, K. 2006. Fitness jóga, harmonické cvičení těla I duše. Praha: Grada. ISBN 8024715252. JARKOVSKÁ, H, JARKOVSKÁ, M. 2005. Posilování s vlastním tělem 417 krát jinak. Praha: Grada. ISBN 9788024757308. KAČÁNI, L. 2002. Futbal:Tréning hrou. Bratislava: Peter Mačura – PEEM. 278s. ISBN 8089197027. KRESTA, J. 2009. Futsal.Praha: Grada Publishing, a.s. 112s. ISBN 9788024725345. LAWRENCE, G. 2019. Power jóga nejen pro sportovce. Brno: CPress. ISBN 9788026427902. SNER, Wolfgang. 2004. Posilování ve fitness. České Budějovice: Kopp. ISBN 8072322141.	

STACKEOVÁ, D. 2014. Fitness programy z pohledu kinantropologie. Praha: Galén. ISBN 9788074921155.  
VOMÁČKO, S. BOŠTÍKOVÁ, S. 2003. Lezení na umělých stěnách. Praha: Grada. 129s. ISBN 8024721743.

**Course language:**

Slovak language

**Notes:**

**Course assessment**

Total number of assessed students: 16384

abs	abs-A	abs-B	abs-C	abs-D	abs-E	n	neabs
85.48	0.06	0.0	0.0	0.0	0.04	9.25	5.17

**Provides:** Mgr. Patrik Berta, Mgr. Agata Dorota Horbacz, PhD., Mgr. Dávid Kaško, PhD., Mgr. Ladislav Kručanica, PhD., Mgr. Richard Melichar, Mgr. Petra Melicharová, PhD., Mgr. Marcel Čurgali, PhD., Mgr. Alena Buková, PhD., univerzitná docentka, doc. PaedDr. Ivan Uher, MPH, PhD., prof. RNDr. Stanislav Vokál, DrSc., Mgr. Zuzana Küchelová, PhD., Mgr. Ferdinand Salonna, PhD., Mgr. Július Evelley, PhD.

**Date of last modification:** 07.02.2024

**Approved:** prof. Mgr. Soňa Lovašová, PhD.

## COURSE INFORMATION LETTER

<b>University:</b> P. J. Šafárik University in Košice	
<b>Faculty:</b> Faculty of Arts	
<b>Course ID:</b> ÚTVŠ/ TVb/11	<b>Course name:</b> Sports Activities II.
<b>Course type, scope and the method:</b> <b>Course type:</b> Practice <b>Recommended course-load (hours):</b> <b>Per week:</b> 2 <b>Per study period:</b> 28 <b>Course method:</b> combined, present	
<b>Number of ECTS credits:</b> 2	
<b>Recommended semester/trimester of the course:</b> 2., 4.	
<b>Course level:</b> I., II., P	
<b>Prerequisites:</b>	
<b>Conditions for course completion:</b> active participation in classes - min. 80%.	
<b>Learning outcomes:</b> Sports activities in all their forms prepare university students for their professional and personal life. They have a great impact on physical fitness and performance. Specialization in sports activities enables students to strengthen their relationship towards the selected sport in which they also improve.	
<b>Brief outline of the course:</b> Brief outline of the course: The Institute of physical education and sport at the Pavol Jozef Šafárik University offers 20 sports activities aerobics; aikido, basketball, badminton, body-balance, body form, bouldering, floorball, yoga, power yoga, pilates, swimming, fitness, indoor football, SM system, step aerobics, table tennis, chess, volleyball, tabata, cycling. Additionally, the Institute of physical education and sport at the Pavol Jozef Šafárik University offers winter courses (ski course, survival) and summer courses (aerobics by the sea, rafting on the Tisza River) with an attractive programme, sports competitions with national and international participation.	
<b>Recommended literature:</b> BENČE, M. et al. 2005. Plávanie. Banská Bystrica: FHV UMB. 198s. ISBN 80-8083-140-8. [online] Dostupné na: <a href="https://www.ff.umb.sk/app/cmsFile.php?disposition=a&amp;ID=571">https://www.ff.umb.sk/app/cmsFile.php?disposition=a&amp;ID=571</a> BUZKOVÁ, K. 2006. Fitness jóga, harmonické cvičení těla I duše. Praha: Grada. ISBN 8024715252. JARKOVSKÁ, H, JARKOVSKÁ, M. 2005. Posilování s vlastním tělem 417 krát jinak. Praha: Grada. ISBN 9788024757308. KAČÁNI, L. 2002. Futbal:Tréning hrou. Bratislava: Peter Mačura – PEEM. 278s. ISBN 8089197027. KRESTA, J. 2009. Futsal.Praha: Grada Publishing, a.s. 112s. ISBN 9788024725345. LAWRENCE, G. 2019. Power jóga nejen pro sportovce. Brno: CPress. ISBN 9788026427902. ŠNER, Wolfgang. 2004. Posilování ve fitness. České Budějovice: Kopp. ISBN 8072322141.	

STACKEOVÁ, D. 2014. Fitness programy z pohledu kinantropologie. Praha: Galén. ISBN 9788074921155.  
VOMÁČKO, S. BOŠTÍKOVÁ, S. 2003. Lezení na umělých stěnách. Praha: Grada. 129s. ISBN 8024721743.

**Course language:**  
Slovak language

**Notes:**

**Course assessment**

Total number of assessed students: 14591

abs	abs-A	abs-B	abs-C	abs-D	abs-E	n	neabs
83.72	0.47	0.01	0.0	0.0	0.04	11.49	4.26

**Provides:** Mgr. Agata Dorota Horbacz, PhD., Mgr. Dávid Kaško, PhD., Mgr. Marcel Čurgali, PhD., Mgr. Patrik Berta, Mgr. Ladislav Kručanica, PhD., Mgr. Richard Melichar, Mgr. Petra Melicharová, PhD., Mgr. Alena Buková, PhD., univerzitná docentka, doc. PaedDr. Ivan Uher, MPH, PhD., prof. RNDr. Stanislav Vokál, DrSc., Mgr. Zuzana Küchelová, PhD., Mgr. Ferdinand Salonna, PhD., Mgr. Július Evelley, PhD.

**Date of last modification:** 07.02.2024

**Approved:** prof. Mgr. Soňa Lovašová, PhD.

## COURSE INFORMATION LETTER

<b>University:</b> P. J. Šafárik University in Košice	
<b>Faculty:</b> Faculty of Arts	
<b>Course ID:</b> KSP/ SVOC2/25	<b>Course name:</b> Student Scientific Specialised Activity II
<b>Course type, scope and the method:</b> <b>Course type:</b> Practice <b>Recommended course-load (hours):</b> <b>Per week:</b> 1 <b>Per study period:</b> 14 <b>Course method:</b> present	
<b>Number of ECTS credits:</b> 3	
<b>Recommended semester/trimester of the course:</b> 6.	
<b>Course level:</b> II.	
<b>Prerequisites:</b>	
<b>Conditions for course completion:</b> Course completion will take place either in person or remotely, depending on the current situation. The requirement for successful completion of the course is the submission and presentation of the results of the student's scientific and professional activity in the form of a research project. This project must be verified using descriptive statistical methods and presented before a committee. The committee will evaluate the student's ability to: understand theoretical knowledge, analyze research findings, and apply the results in connection with the practical context of social work. The student will submit a written version of the ŠVOČ thesis by the specified deadline, while complying with all specified formal requirements. <b>Formal Requirements for the ŠVOČ Paper:</b> <ul style="list-style-type: none"> <li>• The paper must be written in the first-person plural form.</li> <li>• Font type – Times New Roman</li> <li>• Font size – Normal text 12, Chapter title 12 bold, Subchapter title 12 bold</li> <li>• Line spacing – 1.5; in tables and graphs, single spacing may be used (font size 10)</li> <li>• Margins – Left 3.5 cm, Right 2.0 cm, Top 2.5 cm, Bottom 2.0 cm</li> <li>• Paper length – 20-40 pages (from Introduction to Conclusion); the bibliography and appendices are not included in the page count</li> <li>• Page numbering – The cover page is not counted or numbered, the title page is counted but not numbered, then page numbers should be included on all subsequent pages, including appendices</li> <li>• Page number placement – Either in the footer at the bottom of the page or on the outer margin of the page</li> </ul> <b>Structure of the ŠVOČ Paper:</b> Cover Page Title Page Acknowledgements (optional) Declaration of Originality (optional) Abstract in Slovak Abstract in English Table of Contents List of Figures, Graphs, and Tables List of Abbreviations (if non-standard)	

<p>Introduction</p> <p>Main Body (divided into chapters and, if necessary, subchapters)</p> <p>Conclusion</p> <p>Bibliography</p> <p>Appendices (if there are multiple appendices, they should be labeled with capital letters – A, B, etc.)</p>
<p><b>Learning outcomes:</b></p> <p>The aim of the course is to introduce students to the design and implementation of methodologically sound research in a selected area, with an emphasis on the effective use of academic sources and the processing and presentation of results through statistical analysis.</p> <p>1. Knowledge</p> <p>Students are able to summarize and understand key concepts within their chosen topic and to process academic sources in the form of a literature review. They understand the theoretical and methodological foundations of preparing a research project and can interpret them in order to propose solutions within the field of social work, tailored to a specific target group.</p> <p>2. Skills</p> <p>Students can practically apply their acquired knowledge by designing a methodologically correct research project, analyzing data, and proposing solutions to social issues. They are able to carry out research, process results using methods of statistical inference, assess their relevance, and present them in appropriate professional and practical contexts.</p> <p>3. Competencies</p> <p>Students are capable of summarizing, explaining, and comparing research findings within a professional presentation. In preparing such a presentation, they demonstrate the ability to argue, reflect critically on their own process, and appropriately apply both theoretical and practical knowledge in the context of social work. These acquired competencies prepare them for the qualified transfer of research findings into practice.</p>
<p><b>Brief outline of the course:</b></p>
<p><b>Recommended literature:</b></p> <p>LICHNER, V. 2020. Základy štatistiky v sociálnych vedách I. Teoretické východiská a deskriptívna analýza. Košice: ŠafárikPress. ISBN 978-80-8152-925-2.</p> <p>LOVAŠ, L., 2001. Metódy výskumu pre verejnú správu. Košice: Univerzita Pavla Jozefa Šafárika. ISBN 80-7097-478-8.</p> <p>PUNCH, K. 2015. Úspešný návrh výzkumu. Praha: Portál. ISBN 978-80-262-0980-5.</p> <p>BAČÍKOVÁ, M., A. JANOVSÁ a O. OROSOVÁ, 2019. Základy metodológie pedagogickopsychologického výskumu. Sprievodca pre študentov učiteľstva. Košice: ŠafárikPress. ISBN 978-80-8152-805-7.</p> <p>Smernica č. 1/2011 o základných náležitostiach záverečných prác, rigorózných prác a habilitačných prác, ich zverejnení a sprístupnení po dobu ich uchovávaní a kontrole originality platná pre Univerzitu Pavla Jozefa Šafárika v Košiciach a jej súčasti</p> <p>ŽIAKOVÁ, E. a kol., 2014. Návod na písanie záverečných prác. Košice: Filozofická fakulta UPJŠ. ISBN 978-80-8152-158-4.</p>
<p><b>Course language:</b></p> <p>Slovak</p>
<p><b>Notes:</b></p>

<b>Course assessment</b>	
Total number of assessed students: 0	
abs	n
0.0	0.0
<b>Provides:</b> Mgr. Magdaléna Hovanová, PhD.	
<b>Date of last modification:</b> 02.04.2025	
<b>Approved:</b> prof. Mgr. Soňa Lovašová, PhD.	

## COURSE INFORMATION LETTER

<b>University:</b> P. J. Šafárik University in Košice	
<b>Faculty:</b> Faculty of Arts	
<b>Course ID:</b> KSP/ SVOC2/22	<b>Course name:</b> Student Scientific Specialised Activity II
<b>Course type, scope and the method:</b> <b>Course type:</b> Practice <b>Recommended course-load (hours):</b> <b>Per week:</b> 1 <b>Per study period:</b> 14 <b>Course method:</b> present	
<b>Number of ECTS credits:</b> 5	
<b>Recommended semester/trimester of the course:</b> 6.	
<b>Course level:</b> II.	
<b>Prerequisites:</b>	
<b>Conditions for course completion:</b> <p>The completion of the course will depend on the current situation and may take place either in person or remotely. A requirement for passing the course is the submission and presentation of the results of the student's scientific research activity in the form of a research project, which will be validated using inductive statistics before a committee. The committee will assess the student's ability to summarize theoretical knowledge, interpret research findings, and apply them in the context of social work practice.</p> <p>The student will submit a written version of the ŠVOČ thesis by the specified deadline, while complying with all specified formal requirements.</p> <p>Formal Requirements for the ŠVOČ Paper</p> <ul style="list-style-type: none"> <li>• The paper must be written in the first-person plural form.</li> <li>• Font type – Times New Roman</li> <li>• Font size – Normal text 12, Chapter title 12 bold, Subchapter title 12 bold</li> <li>• Line spacing – 1.5; in tables and graphs, single spacing may be used (font size 10)</li> <li>• Margins – Left 3.5 cm, Right 2.0 cm, Top 2.5 cm, Bottom 2.0 cm</li> <li>• Paper length – 20-40 pages (from Introduction to Conclusion); the bibliography and appendices are not included in the page count</li> <li>• Page numbering – The cover page is not counted or numbered, the title page is counted but not numbered, then page numbers should be included on all subsequent pages, including appendices</li> <li>• Page number placement – Either in the footer at the bottom of the page or on the outer margin of the page</li> </ul> <p>Structure of the ŠVOČ Paper</p> <p>Cover Page</p> <p>Title Page</p> <p>Acknowledgements (optional)</p> <p>Declaration of Originality (optional)</p> <p>Abstract in Slovak</p> <p>Abstract in English</p> <p>Table of Contents</p> <p>List of Figures, Graphs, and Tables</p> <p>List of Abbreviations (if non-standard)</p>	

Introduction	
Main Body (divided into chapters and, if necessary, subchapters)	
Conclusion	
Bibliography	
Appendices (if there are multiple appendices, they should be labeled with capital letters – A, B, etc.)	
<b>Learning outcomes:</b>	
1. The student is able to summarize the basic concepts in the chosen issue and based on understanding them and process professional resources in a literary review.	
2. The student interprets the knowledge in the field of selected issues into the elaboration of a methodologically correct research project, which he can subsequently analyze for the design of solutions to problems in the field of social work in the context of the selected target group.	
3. The student is able to carry out research in the chosen issue, process the results through the methods of their own statistical induction, assess their relevance and present them in context.	
4. The student is able to summarize, explain and compare the results of research through presentation.	
<b>Brief outline of the course:</b>	
<b>Recommended literature:</b>	
ŽIAKOVÁ, E. a kol., 2014. Návod na písanie záverečných prác. Košice: Univerzita Pavla Jozefa Šafárika v Košiciach, Filozofická fakulta. ISBN 978-80-8152-158-4.	
<b>Course language:</b>	
Slovak	
<b>Notes:</b>	
<b>Course assessment</b>	
Total number of assessed students: 16	
abs	n
93.75	6.25
<b>Provides:</b> Mgr. Magdaléna Hovanová, PhD.	
<b>Date of last modification:</b> 17.02.2026	
<b>Approved:</b> prof. Mgr. Soňa Lovašová, PhD.	

## COURSE INFORMATION LETTER

<b>University:</b> P. J. Šafárik University in Košice	
<b>Faculty:</b> Faculty of Arts	
<b>Course ID:</b> ÚTVŠ/ LKSp/13	<b>Course name:</b> Summer Course-Rafting of TISA River
<b>Course type, scope and the method:</b> <b>Course type:</b> Practice <b>Recommended course-load (hours):</b> <b>Per week: 2 Per study period: 28</b> <b>Course method:</b> present	
<b>Number of ECTS credits:</b> 2	
<b>Recommended semester/trimester of the course:</b>	
<b>Course level:</b> I., II., P	
<b>Prerequisites:</b>	
<b>Conditions for course completion:</b> Completion: passed Condition for successful course completion: - active participation in line with the study rule of procedure and course guidelines - effective performance of all tasks: carrying a canoe, entering and exiting a canoe, righting a canoe, paddling	
<b>Learning outcomes:</b> Content standard: The student demonstrates relevant knowledge and skills in the field, which content is defined in the course syllabus and recommended literature. Performance standard: Upon completion of the course students are able to meet the performance standard and: - implement the acquired knowledge in different situations and practice, - implement basic skills to manipulate a canoe on a waterway, - determine the right spot for camping, - prepare a suitable material and equipment for camping.	
<b>Brief outline of the course:</b> Brief outline of the course: 1. Assessment of difficulty of waterways 2. Safety rules for rafting 3. Setting up a crew 4. Practical skills training using an empty canoe 5. Canoe lifting and carrying 6. Putting the canoe in the water without a shore contact 7. Getting in the canoe 8. Exiting the canoe 9. Taking the canoe out of the water 10. Steering a) The pry stroke (on fast waterways) b) The draw stroke	

11. Capsizing 12. Commands	
<b>Recommended literature:</b> 1. JUNGER, J. et al. Turistika a športy v prírode. Prešov: FHPV PU v Prešove. 2002. ISBN 8080680973. Internetové zdroje: 1. STEJSKAL, T. Vodná turistika. Prešov: PU v Prešove. 1999. Dostupné na: <a href="https://ulozto.sk/tamhle/UkyxQ2IYF8qh/name/Nahrane-7-5-2021-v-14-46-39#!ZGDjBGR2AQtkAzVkAzLkLJWuLwWxZ2ukBRLjnGqSomICMmOyZN==">https://ulozto.sk/tamhle/UkyxQ2IYF8qh/name/Nahrane-7-5-2021-v-14-46-39#!ZGDjBGR2AQtkAzVkAzLkLJWuLwWxZ2ukBRLjnGqSomICMmOyZN==</a>	
<b>Course language:</b> Slovak language	
<b>Notes:</b>	
<b>Course assessment</b> Total number of assessed students: 254	
abs	n
35.83	64.17
<b>Provides:</b> Mgr. Dávid Kaško, PhD.	
<b>Date of last modification:</b> 29.03.2022	
<b>Approved:</b> prof. Mgr. Soňa Lovašová, PhD.	

## COURSE INFORMATION LETTER

<b>University:</b> P. J. Šafárik University in Košice	
<b>Faculty:</b> Faculty of Arts	
<b>Course ID:</b> KSP/ SvSP/15	<b>Course name:</b> Supervision in Social Work
<b>Course type, scope and the method:</b> <b>Course type:</b> Lecture / Practice <b>Recommended course-load (hours):</b> <b>Per week:</b> 1 / 1 <b>Per study period:</b> 14 / 14 <b>Course method:</b> present	
<b>Number of ECTS credits:</b> 4	
<b>Recommended semester/trimester of the course:</b> 5.	
<b>Course level:</b> II.	
<b>Prerequisites:</b> KSP/PTISP/08	
<b>Conditions for course completion:</b> Completion of the course is conditional upon fulfilling the requirements of continuous and final assessments. Continuous assessment: Attendance in educational activities (according to the method of instruction announced by the teacher - in person / remotely via teleconference) - a minimum attendance of 80% of the entire course is required to be eligible for the exam. Independent professional preparation and participation in seminars focused on the application of acquired knowledge through practical exercises and supervision techniques in different types of supervision - 20 points. Preparation and submission of a supervision plan for a specific organization - 15 points. Independent professional preparation submitted in written form via the LMS system, as well as assignments submitted through the LMS system, will be checked for plagiarism. If the teacher suspects plagiarism after evaluation, they may appropriately reduce the score or refuse to accept the material for assessment, assigning no points for it, depending on the severity. Midterm test focused on verifying the basic characteristics, significance, determinants of supervision, selected supervision techniques, their importance, and benefits - 15 points. A total of 26 points from the continuous assessment is required to be eligible for the exam. If the conditions are not met (failure to obtain the required 26 points in the continuous assessment or failure to meet the attendance requirement), the student will not be classified in the course (grade X). Final assessment: Combined exam - written preparation /part 1/ (25 points), oral exam /part 2/ (25 points). To successfully pass the exam within a single term, a minimum of 13 points is required from each part of the combined exam. If this condition is not met, the student will be graded FX. To take the exam in the early exam period (last week of the semester during the lecture time), a minimum of 40 points from the continuous assessment is required. The final grade is a combination of continuous assessment and the combined exam: A - 100-91 points B - 90-81 points C - 80-71 points D - 70-61 points E - 60-51 points	

Fx - 50 points or less.

**Learning outcomes:**

**Knowledge:**

Students are familiar with the concepts used in supervision, their meanings, and can identify the objectives, functions, and forms of supervision based on specific criteria.

They can distinguish the specifics of the various stages of the supervision process.

**Skills:**

They are able to develop a supervision program and identify the corresponding types of supervision.

They identify factors, interventions, and techniques appropriate for the specific phases of the supervision process.

**Competencies:**

They distinguish the benefits and limitations of different supervision models and, based on evaluation, are able to select the most effective one for a particular situation.

Based on professional knowledge, they can anticipate and assess the personal and ethical requirements for a supervisor.

**Brief outline of the course:**

**Recommended literature:**

**Course language:**

**Notes:**

**Course assessment**

Total number of assessed students: 667

A	B	C	D	E	FX
43.48	28.64	14.09	6.3	7.5	0.0

**Provides:** doc. Mgr. Vladimír Lichner, PhD.

**Date of last modification:** 29.09.2025

**Approved:** prof. Mgr. Soňa Lovašová, PhD.

## COURSE INFORMATION LETTER

<b>University:</b> P. J. Šafárik University in Košice	
<b>Faculty:</b> Faculty of Arts	
<b>Course ID:</b> ÚTVŠ/ KP/12	<b>Course name:</b> Survival Course
<b>Course type, scope and the method:</b> <b>Course type:</b> Practice <b>Recommended course-load (hours):</b> <b>Per week: 2 Per study period: 28</b> <b>Course method:</b> present	
<b>Number of ECTS credits:</b> 2	
<b>Recommended semester/trimester of the course:</b>	
<b>Course level:</b> I., II., P	
<b>Prerequisites:</b>	
<b>Conditions for course completion:</b> Completion: passed Condition for successful course completion: - active participation in line with the study rule of procedure and course guidelines, - effective performance of all the tasks defined in the course syllabus	
<b>Learning outcomes:</b> Content standard: The student demonstrates relevant knowledge and skills in the field, which content is defined in the course syllabus and recommended literature. Performance standard: Upon completion of the course students are able to meet the performance standard and should: - acquire knowledge about safe stay and movement in natural environment, - obtain theoretical knowledge and practical skills to solve extraordinary and demanding situations connected with survival and minimization of damage to health, - be able to resist and face situations related to overcoming barriers and obstacles in natural environment, - be able implement the acquired knowledge as an instructor during summer sport camps for children and youth within recreational sport.	
<b>Brief outline of the course:</b> Brief outline of the course: 1. Principles of conduct and safety in the movement in unfamiliar natural environment 2. Preparation and guidance of a hike tour 3. Objective and subjective danger in the mountains 4. Principles of hygiene and prevention of damage to health in extreme conditions 5. Fire building 6. Movement in the unfamiliar terrain, orientation and navigation 7. Shelters 8. Food preparation and water filtering 9. Rappelling, Tyrolian traverse 10. Transport of an injured person, first aid	

**Recommended literature:**

1. JUNGER, J. et al. Turistika a športy v prírode. Prešov: Fakulta humanitných a prírodných vied PU v Prešove. 2002. 267s. ISBN 80-8068-097-3.
2. PAVLÍČEK, J. Člověk v drsné přírodě. 3. vyd. Praha: Práh. 2002. ISBN 8072520598.
3. WISEMAN, J. SAS: příručka jak přežít. Praha: Svojtka & Co. 2004. 566s. ISBN 8072372807.

**Course language:**

Slovak language

**Notes:****Course assessment**

Total number of assessed students: 489

abs	n
46.42	53.58

**Provides:** Mgr. Ladislav Kručanica, PhD.**Date of last modification:** 16.05.2023**Approved:** prof. Mgr. Soňa Lovašová, PhD.

## COURSE INFORMATION LETTER

<b>University:</b> P. J. Šafárik University in Košice	
<b>Faculty:</b> Faculty of Arts	
<b>Course ID:</b> KSP/ TKPZZ/25	<b>Course name:</b> Theoretical Concepts and Approaches to Disability
<b>Course type, scope and the method:</b> <b>Course type:</b> Lecture / Practice <b>Recommended course-load (hours):</b> <b>Per week:</b> 1 / 1 <b>Per study period:</b> 14 / 14 <b>Course method:</b> present	
<b>Number of ECTS credits:</b> 4	
<b>Recommended semester/trimester of the course:</b> 4.	
<b>Course level:</b> II.	
<b>Prerequisites:</b>	
<b>Conditions for course completion:</b> Successful completion of the course is conditional upon fulfilling the requirements of continuous and final assessment. A maximum of 100 points can be earned, divided as follows: 50 points for continuous assessment and 50 points for final assessment. The teaching and completion of individual parts of the assessment will be carried out based on the decision of the course instructor, either in-person or remotely (LMS, MS Teams). The instructor may decide to substitute part of the course with self-study. Continuous assessment (max. 50 points) consists of: 1. attendance – to be eligible for the final exam, a minimum of 80% attendance is required for the entire course (lectures and seminars), with some sessions possibly taking the form of discussions, excursions, etc., where student participation is mandatory; 2. midterm test – max. 25 points, which verifies the student’s understanding and interpretation of knowledge in the areas of historical overview, terminological foundations, theoretical approaches and models, disability and its typology, social determinants of health, and the relationship between disability and society; 3. independent academic preparation, ongoing assignments aimed at deepening knowledge of the discussed topics according to a pre-defined schedule – max. 25 points. To be eligible for the final exam, a total of 26 points from continuous assessment is required. In case of failure to meet the requirements (not obtaining the required 26 points in continuous assessment, failure to meet the attendance requirement, or failure to submit the presentation), the student will not be graded (grade X). Final assessment (max. 50 points): A written exam with a maximum of 50 points, of which at least 27 points are required to pass. To take the exam in the early exam period (last week of the semester during the lecture time), at least 43 points from continuous assessment are required. The written exam is intended to verify the student’s ability to interpret, apply and explain the acquired knowledge in the area of disability within social work practice. The final grade is the sum of the points from continuous assessment and the final exam. A 100 – 91 B 90 – 81 C 80 – 71	

D 70 – 61  
E 60 – 53  
FX 52 or less

**Learning outcomes:**

**Knowledge:**

The student is familiar with and can explain the historical development and terminological foundations in the field of disability.

The student understands theoretical approaches and models of disability and is able to interpret them in the context of social work.

The student can classify various types of disability and identify their social implications.

The student understands the impact of social determinants of health.

The student comprehends the relationship between disability and society and has knowledge of the quality of life of persons with disabilities.

**Skills:**

The student is able to apply theoretical knowledge in the analysis of the social needs of people with disabilities.

The student can identify and interpret advocacy approaches within the context of social work.

The student is able to assess the level and significance of health literacy and evaluate access to it across different population groups.

The student acquires participatory approaches and is able to incorporate them into the design of interventions.

The student can identify and propose self-help and support activities as part of a comprehensive approach in social work.

**Competencies:**

The student demonstrates the ability to comprehensively reflect on the role of social work in the field of disability.

The student is able to navigate interdisciplinary collaboration and supports the active participation of clients in the process of social intervention.

The student adopts an inclusive and respectful approach that considers the dignity, needs, and rights of persons with disabilities.

The student is capable of applying critical thinking when evaluating quality of life and designing appropriate social work interventions.

**Brief outline of the course:**

1. Historical Overview.
2. Terminological Foundations.
3. Theoretical Approaches and Models.
4. Disability: Definition and Typology.
5. Social Determinants of Health.
6. Disability and Society.
7. Quality of Life.
8. Social Needs and Advocacy for the Needs of People with Disabilities.
9. Health Literacy and Access to Health Literacy.
10. Participatory Approaches.
11. Self-Help Activities, Support and Self-Help Groups.
12. Roles of Social Work in the Field of Disability.

**Recommended literature:**

Černá, M., 2012. Sociálna práca so zdravotne postihnutými. Bratislava: Vydavateľstvo UK.  
Kovář, J., 2010. Sociální práce s osobami se zdravotním postižením. Praha: Karolinum.

Morávková, S. et al., 2021. Sociálna práca s osobami so zdravotným znevýhodnením. Nitra: FSVaZ v Nitre.

Oliver, M., 1996. Understanding Disability: From Theory to Practice. New York: St. Martin's Press.

Slaná, M. et al., 2024. Tranzícia dieťaťa so zdravotným postihnutím do školského prostredia. Trnava: Typi Universitatis Tyrnaviensis.

Šmidová, M., 2012. Sociálna práca s osobami so zdravotným postihnutím. Trnava: Dobrá kniha.

Tóthová, L. et al., 2020. Bedeker onkologickej liečby. Košice: Univerzita Pavla Jozefa Šafárika v Košiciach, ŠafárikPress.

Tóthová, L., 2025. Sociálna práca s ľuďmi so zdravotným znevýhodnením I. Sociálne potreby ľudí so zmyslovým znevýhodnením. Košice: Univerzita Pavla Jozefa Šafárika v Košiciach, Vydavateľstvo ŠafárikPress.

Williams, C., 2013. Social Work and Disability: A Global Perspective. International Social Work, 56(4), pp. 487-502.

**Course language:**

slovak

**Notes:**

**Course assessment**

Total number of assessed students: 0

A	B	C	D	E	FX
0.0	0.0	0.0	0.0	0.0	0.0

**Provides:** Mgr. Lucia Tóthová, PhD., univerzitná docentka

**Date of last modification:** 10.02.2026

**Approved:** prof. Mgr. Soňa Lovašová, PhD.

## COURSE INFORMATION LETTER

<b>University:</b> P. J. Šafárik University in Košice	
<b>Faculty:</b> Faculty of Arts	
<b>Course ID:</b> KSP/ TeaMSP/14	<b>Course name:</b> Theories and Methods of Social Work
<b>Course type, scope and the method:</b> <b>Course type:</b> <b>Recommended course-load (hours):</b> <b>Per week: Per study period:</b> <b>Course method:</b> present	
<b>Number of ECTS credits:</b> 1	
<b>Recommended semester/trimester of the course:</b>	
<b>Course level:</b> II.	
<b>Prerequisites:</b>	
<b>Conditions for course completion:</b> To obtain the required number of credits in the structure defined in the study plan.	
<b>Learning outcomes:</b> Verification of acquired competence of a student in compliance with the graduate profile.	
<b>Brief outline of the course:</b> 1. Types and types of theories of social work, the importance of social work theories for social work and application of theories in the work of a social worker. (Janin Fook, David Harrison) 2. paradigmatic theory of social work, the paradigmatic model of scientific knowledge paradigm related to social work methods and eclectic paradigm. (Kuhn, Musil, Neskusil) 3. Eclectic (integration) theory in social work. Eclecticism and its historical development, typology eclectic models, advantages and disadvantages of eclecticism. (Laura Epsteinová) 4. The ecological perspective, the concept of competence, the concept of life journey, Life Model, Person in environment, ekoetika, the value of the ecological perspective, the concepts typical of the ecological perspective. (Bartlett, Gordon, Hearn, Germain, Lorenz) 5. antiopressive approach, imperative to work with a client. Prospects antiopressive approach. Assimilation, liberal pluralism, cultural pluralism, structuralism, minority approaches. (Thompson, Pierson) 6. System theory - a systematic approach, basic concepts, subsystems constituting the basic pillars plane homeostasis, the role of the subsystems, functionalist-holistic approach atomistic approach. (Eliot, Specht, Gittermanová, Pincus, Goldstein) 7. Systemic approach and techniques circular polling, question "by a miracle" technique miraculous changes, evaluate the pros, reflecting the fact externalizing problems, systemic interview, the basic themes of systemic interview, working with assumptions. (Milan school, Kratochvil, Ulehla Andersen, Cecchin) 8. The solution-oriented approach in social work, objectives and directions of orientation, narrative therapy, working on the assumption (Cecchin, Berg, Jong, White, epstool) 9. Organizational theory in social work, the organization and its characters, situational theory, exchange theory, and cultural theory (Taylor, Weber, Puch, Kieser, Kubicek, Homans) 10. theory of action in social work, occupational fields, ways of doing social workers, a model professional conduct, client pyramid. (Staub-Bernasconi, Lussi)	

11. Socio - psychological theories in social work. Theory roles. Labeling theory. (Mead, pontoons, Merton, Lennert, Becker, Kitsuse)
12. Communication Theory. Rogeriánsky access. Communication relationships. The rules of communication. Types of interview. Misconceptions about communication. Extra-linguistic resources. Speakers thinking. Errors speaking speech. Interview, types of interviews and their use. Verbal and nonverbal. Observation as a method of social work. (Breakwel, Rowett, Watzlawick)
13. Strategic Concept in Social Work, important concepts of strategic approach, as opposed to solution, denial, utopian syndrome, paradox (Haley, Watzlawick, Erickson)
14. existential analysis, the question of the meaning of life, freedom of will, the value of human life, existential vacuum, Sunday neurosis (Vienna school, Frankl)
15. Humanistic theory in social work, basic concepts, client-oriented approach, a concept I, the quality of life. (Rogers)
16. Transankčná analysis, structure analysis transaction analysis and scenario analysis of games, exploration of the problem. (Berne, Erikson)
17. Sociokognitívne theory. Real therapy. Theory of control. (Wiliam Glasser)
- 18 cognitive behavioral strategies. Strategy for solving problems. Strategy practicing social and practical competences. Strategy verifying hypotheses experiment.
19. Behavioral Theory of Social Work. The principles characterizing the behavioral approach, conditioning, elementary proposition, social learning, consolidation and extinction patterns of behavior (Thomas, Kanfer, Navratil, Pavlov, Skinner, Tolman, Bandura)
20. Cognitive theory. K-A-S-H-U, metacognitive processes and skills dysfunkčnosť thinking, cognitive therapy, rational emotive therapy, evaluation-reality testing, cognitive methods and techniques. (Aaron Beck, Albert Ellis)
21. Cognitive - behavioral therapy, cognitive theory, behavioral theory and focus, the main features of CBT and CBT techniques, evaluation of cognitive-behavioral approach. (Watson)
22. Christian theory in social work. Christian values in social work, social concept, the social doctrine of the church and its design, principles of social teaching of the church, charitable social work, charity individual churches.

**Recommended literature:**

**Course language:**

Slovak

**Notes:**

**Course assessment**

Total number of assessed students: 344

A	B	C	D	E	FX
20.64	25.0	27.62	16.86	9.3	0.58

**Provides:**

**Date of last modification:** 20.01.2026

**Approved:** prof. Mgr. Soňa Lovašová, PhD.

## COURSE INFORMATION LETTER

<b>University:</b> P. J. Šafárik University in Košice	
<b>Faculty:</b> Faculty of Arts	
<b>Course ID:</b> KSP/ TSPe/25	<b>Course name:</b> Theories of Social Work
<b>Course type, scope and the method:</b> <b>Course type:</b> Lecture / Practice <b>Recommended course-load (hours):</b> <b>Per week:</b> 2 / 2 <b>Per study period:</b> 28 / 28 <b>Course method:</b> present	
<b>Number of ECTS credits:</b> 6	
<b>Recommended semester/trimester of the course:</b> 1.	
<b>Course level:</b> I., II.	
<b>Prerequisites:</b>	
<b>Conditions for course completion:</b> Completion of the course is conditioned by the fulfillment of continuous and final conditions evaluation. Ongoing evaluation: 1. presence at teaching activities (according to the method of teaching - full-time / distance via teleconference) - for admission to the exam, the participation of min. 80% of all teaching; 2. independent training, activity in seminars focused on the application of acquired theoretical knowledge and skills through practical exercises aimed at understanding various theoretical and paradigmatic models of social work, including deepening knowledge about practice based on specific theoretical approaches - 20 points, 3. elaboration and submission of assignments aimed at a deeper connection of the overlap of theoretical knowledge into the methodology and practice of social work - 15 points, 4th continuous test aimed at verifying the understanding of the most commonly used theoretical models, the development of theories in various historical periods, paradigms and specific theories of their own social work - 15 points. A total of 26 points from the continuous assessment is required to be admitted to the exam. IN in case of non-fulfillment of conditions (failure to obtain the required 26 points in the continuous assessment, or non-fulfillment of the condition of participation), the student will not be classified from the subject (evaluation X). Final rating: Combined exam - written preparation (25 points), oral exam (25 points). For successful passing the exam within one term requires a profit of min. 13 points from each section combined test. If this condition is not met, the student is graded FX. To pass the exam in the pre-term (last week of the semester at the time of the lecture) it is necessary to gain a min. 40 points from the ongoing evaluation. The final grade is a combination of continuous assessment and a combined exam: A - 100-91 points B - 90-81 points C - 80-71 points D - 70-61 points E - 60-51 points Fx - 50 points or less	
<b>Learning outcomes:</b> The course is focused on acquiring various theoretical approaches in social work, with an emphasis on learning the most commonly used theoretical concepts and approaches and their application in social work practice with clients and client groups. Upon completing the course, students will: In the area of knowledge – - know, identify, and explain the most commonly used theoretical models in social work, including their categorization within different periods of the development of social work.	

- distinguish between different paradigmatic approaches, including their conceptual and practical differences when working with clients and client groups.

In the area of skills –

- be able to explain the essence of the most frequently used theories specific to the discipline of social work and their relevance to working with clients.

In terms of competencies –

- be able to assess and reflect on the appropriateness of various theories and methods when working with different client groups.

- be capable of comparing the suitability of different theoretical principles in terms of their potential benefits for the client.

**Brief outline of the course:**

1. Theoretical models of social work and their historical overview 2. Paradigms of social work 3. Models and modeling in social work 4. Eclectic approach in social work 5. Psychodynamic theories of social work 6. Diagnostic school of social work 7. Functional school of social work 8. Humanistic and existential theories of social work 9. Behavioral and cognitive-behavioral theories of social work 10. Transactional analysis and its use in social work 11. Sociological theories and their use in social work 12. Systemic and systemic theories in social work 13. Eco-social approach in social work - ecological theories of social work 14. Radical and critical directions in theories of social work

**Recommended literature:**

Navrátil, P. (2017). *Teorie a metody sociální práce*. Brno: Masarykova univerzita.

Musil, L. (2018). *Teorie sociální práce*. Praha: Grada.

Kopřiva, K. (2019). *Lidský vztah jako součást profese*. Praha: Portál.

Payne, M. (2021). *Modern Social Work Theory* (5th ed.). Oxford: Oxford University Press.

Healy, K. (2014). *Social Work Theories in Context: Creating Frameworks for Practice* (2nd ed.). London: Palgrave Macmillan.

**Course language:**

slovak

**Notes:**

**Course assessment**

Total number of assessed students: 0

A	B	C	D	E	FX
0.0	0.0	0.0	0.0	0.0	0.0

**Provides:** doc. Mgr. Vladimír Lichner, PhD.

**Date of last modification:** 05.04.2025

**Approved:** prof. Mgr. Soňa Lovašová, PhD.

## COURSE INFORMATION LETTER

<b>University:</b> P. J. Šafárik University in Košice	
<b>Faculty:</b> Faculty of Arts	
<b>Course ID:</b> KSP/ TeoSP/12	<b>Course name:</b> Theory of Social Work
<b>Course type, scope and the method:</b> <b>Course type:</b> Lecture / Practice <b>Recommended course-load (hours):</b> <b>Per week:</b> 2 / 2 <b>Per study period:</b> 28 / 28 <b>Course method:</b> present	
<b>Number of ECTS credits:</b> 6	
<b>Recommended semester/trimester of the course:</b> 2.	
<b>Course level:</b> I., II.	
<b>Prerequisites:</b>	
<b>Conditions for course completion:</b> Continuous assessment (with a total of up to 60 points): At least 80% active participation in the total teaching time (depending on the mode of instruction – in-person / distance learning via teleconference). The student demonstrates basic knowledge related to the field of social work theory. Independent professional preparation, work on assignments, and activity in seminars; the student demonstrates basic knowledge related to the field of social work theory. It is possible to obtain a maximum of 36 points in total. Preparation and presentation of a seminar paper, submitted in Word format and as a PowerPoint presentation, with a minimum length of 3 A4 pages of continuous text, in which the student describes, interprets, classifies, and applies knowledge from a pre-determined area of social work theory. All assignments will be checked through APS Turnitin, and points may be adjusted based on the originality check results. It is possible to obtain a maximum of 8 points. Mid-term test, in which the student identifies, recalls, describes, and classifies individual areas of social work theory; conducted in the 13th week of the semester. It is possible to obtain a maximum of 16 points. To be admitted to the exam, the student must obtain a minimum of 35 points from the continuous assessment. The exam is conducted in the form of a written test, for which 0–40 points can be obtained. The student demonstrates the ability to apply theoretical knowledge of social work theory to work with a social work client. The final grade is the sum of the continuous assessment and the exam (i.e. 0–100 points). <b>Grading scale:</b> A: 91–100 B: 81–90 C: 71–80 D: 61–70 E: 53–60 FX: 52 and below	
<b>Learning outcomes:</b> 1. The student identifies and remembers the basic concepts of social work theory.	

2. The student is able to describe, interpret, briefly express and classify the various categories of social work theory.
3. The student is able to apply theoretical knowledge to solve problems related to social work, has mastered the value and ethical principles required of a social worker when working with a client.

**Brief outline of the course:**

1. SP as a specific section of theory and practice and as a scientific discipline.
2. System and philosophical basis of SP.
3. SP models.
4. Comparative SP.
5. Client SP.
6. SP requirements.
7. Value and ethical principles of SP.
8. Social assistance and social service
9. SP with individual, group, community and state.
10. Methodological issues of research in SP.

**Recommended literature:**

- BRNULA, P., K. ČAVOJSKÁ, K. MÓZEŠOVÁ, P. MÓZEŠ a M. SMREK. Úvod do teórií sociálnej práce. Bratislava: IRIS, 2015. ISBN 978-80-89726-36-3.
- LEVICKÁ, J. Teoretické aspekty sociálnej práce. 1. vyd. Trnava: FZSP TU, 2002. ISBN 80-89074-39-1.
- LEVICKÁ, J., K. LEVICKÁ, A. BÁNOVČINOVÁ a D. UHNÁKOVÁ. Teoretické východiská sociálnej práce. Trnava: Fakulta zdravotníctva sociálnej práce Trnavskej univerzity v Trnave, 2016. ISBN 978-80-8082-962-9.
- MATOUŠEK, O. a kol. Metódy a řízení sociální práce. 1.vyd.Praha: Portál, 2003. ISBN 80-7178-548-2.
- TOKÁROVÁ, A a kol. Sociálna práca. 2. vyd. Prešov: AKCENT PRINT, 2003. ISBN 80-968367-5-7.
- ÚLEHLA, I. Umění pomáhat. 2. vyd. Praha: SLON, 2009. ISBN 978-80-86429-36-6.
- ŽIAKOVÁ, E., J. ČECHOVÁ a J. KREDÁTUS. Psychosociálne aspekty sociálnej práce. 1. vyd. Prešov: FF PU, 2001. ISBN 80-8068-060-4.
- ŽIAKOVÁ, E. a kol. Sociálna práca. Teoretické východiská a praktické kontexty. Košice: UPJŠ, 2011. ISBN 978-80-7097-870-2.
- ŽILOVÁ, A. Úvod do teórie sociálnej práce. 1. vyd. Badín: Mentor, 2005. ISBN 80-968932-1-1.

**Course language:**

Slovak

**Notes:**

**Course assessment**

Total number of assessed students: 633

A	B	C	D	E	FX
11.06	16.9	25.75	20.54	19.12	6.64

**Provides:** doc. PhDr. Katarína Šišanská, PhD., Mgr. Veronika Bérešová

**Date of last modification:** 10.02.2026

**Approved:** prof. Mgr. Soňa Lovašová, PhD.

## COURSE INFORMATION LETTER

<b>University:</b> P. J. Šafárik University in Košice	
<b>Faculty:</b> Faculty of Arts	
<b>Course ID:</b> KSP/ TISH/25	<b>Course name:</b> Therapeutic Intervention and Social Rehabilitation in Social Work
<b>Course type, scope and the method:</b> <b>Course type:</b> Lecture / Practice <b>Recommended course-load (hours):</b> <b>Per week:</b> 2 / 1 <b>Per study period:</b> 28 / 14 <b>Course method:</b> present	
<b>Number of ECTS credits:</b> 5	
<b>Recommended semester/trimester of the course:</b> 5.	
<b>Course level:</b> II.	
<b>Prerequisites:</b>	
<b>Conditions for course completion:</b> Completion of the course is conditional upon fulfilling the requirements of continuous and final assessment. Continuous assessment: 1. Attendance at teaching activities (depending on the mode of instruction – in-person/online via teleconference) – a minimum of 80% attendance is required for admission to the final exam; 2. Activity in seminars, regular preparation for exercises (completion of assigned tasks focused on the practical application of therapeutic, intervention, and rehabilitation methods of social work with clients and client groups) – 30 points; 3. Midterm test aimed at verifying the basic concepts, tools, objectives, and principles of therapeutic, intervention, and rehabilitation methods of social work – 20 points. To be admitted to the final exam, a total of at least 26 points from continuous assessment is required. If the conditions are not met (i.e., failure to obtain the required 26 points from continuous assessment or failure to meet the attendance requirement), the student will not be graded in the course (grade X). Final assessment: Combined exam – written preparation (25 points), oral exam (25 points). To successfully pass the exam in a single term, at least 13 points must be earned from each part of the combined exam. If this requirement is not met, the student is graded FX. To take the exam early (in the last week of the semester during the lecture), at least 40 points from continuous assessment are required. The final grade is a combination of continuous assessment and the combined exam: A – 100–91 points; B – 90–81 points; C – 80–71 points; D – 70–61 points; E – 60–51 points; FX – 50 points or fewer	
<b>Learning outcomes:</b> The aim of the course is to acquaint students with the theoretical and practical foundations of social therapy, intervention, and social rehabilitation in the context of social work. Students will gain the ability to understand, design, and implement effective intervention and rehabilitation approaches when working with various target groups. They will also learn to apply key elements of the most significant therapeutic approaches in social work with individual clients and client groups. <b>Learning Outcomes:</b> <b>Knowledge:</b>	

The student explains the differences and relationships between the concepts of social therapy, intervention, and social rehabilitation.

Characterizes theoretical models and approaches to social intervention and rehabilitation.

Understands the importance of interdisciplinary cooperation in addressing complex client social situations.

Skills:

Analyzes a client's situation and identifies appropriate forms of support and intervention.

Applies basic therapeutic techniques and principles of effective communication in the helping interview.

Plans and evaluates individual intervention or rehabilitation plans for clients in various fields of social work.

Competencies:

Approaches client problems independently and creatively within the context of social work, with an emphasis on ethical principles and respect for the individual.

Cooperates with professionals from other fields in designing and implementing rehabilitation and therapeutic plans.

Critically reflects on personal limitations, the need for supervision, and the importance of self-development in helping professions.

**Brief outline of the course:**

1. Introduction to the topic, basic terms and concepts: social therapy vs. sociotherapy, interventions in social work, social rehabilitation, connection with the concept of help
2. Social intervention in the context of social work: models and types of social intervention, crisis intervention, regular intervention, community intervention, task-centered intervention approach
3. Social therapy – theories and approaches: theoretical foundations, client-centered therapy, forms of therapy, expressive techniques in sociotherapy
4. The therapeutic relationship in social therapy: personal competencies, social and other skills of the sociotherapist
5. Communication and the therapeutic relationship: use of therapeutic elements in the helping interview
6. Social rehabilitation – goals and processes: individual rehabilitation plan, working with the client's potential
7. Social rehabilitation for selected target client groups: clients with chronic illness, clients with mental disorders, clients after incarceration, clients with addiction
8. Trauma-informed approach in social work: responses to trauma, secondary traumatization
9. Multidisciplinary cooperation and case management
10. Ethical dilemmas and professional boundaries: respect, dignity, and autonomy of the client
11. Evaluation and effectiveness: methods of assessing change, working with client feedback
12. Reflection, self-development, prevention of negative phenomena, supervision

**Recommended literature:**

Kopřiva, K. (2013). Lidský vztah jako součást profese: Průvodce pro pomáhající profese. Praha: Portál.

Kodymová, P. (Ed.). (2013). Psychosociální rehabilitace. Praha: Portál.

Mátel, A. (2013). Etika sociální práce. Praha: Portál.

Payne, M. (2021). Modern social work theory (5th ed.). London: Red Globe Press.

Milner, J., Myers, S., & O'Byrne, P. (2015). Assessment in social work (4th ed.). London: Palgrave Macmillan.

Thompson, N. (2020). Theory and practice in human services. London: Routledge.

Seden, J., Matthews, S., McCormick, M., & Morgan, A. (2010). Professional development in social work: Complex issues in practice. London: Routledge.  
Hermanová, D. (2023). Trauma a trauma-informed prístup v sociálnej práci. Bratislava: VŠZaSP.

**Course language:**

slovak

**Notes:**

**Course assessment**

Total number of assessed students: 0

A	B	C	D	E	FX
0.0	0.0	0.0	0.0	0.0	0.0

**Provides:** doc. Mgr. Vladimír Lichner, PhD.

**Date of last modification:** 05.04.2025

**Approved:** prof. Mgr. Soňa Lovašová, PhD.

## COURSE INFORMATION LETTER

<b>University:</b> P. J. Šafárik University in Košice	
<b>Faculty:</b> Faculty of Arts	
<b>Course ID:</b> KSP/ SPV2/09	<b>Course name:</b> Training in Social and Psychological Competencies - Crises and Conflicts
<b>Course type, scope and the method:</b> <b>Course type:</b> Practice <b>Recommended course-load (hours):</b> <b>Per week: 2 Per study period: 28</b> <b>Course method:</b> present	
<b>Number of ECTS credits:</b> 3	
<b>Recommended semester/trimester of the course:</b> 3.	
<b>Course level:</b> II.	
<b>Prerequisites:</b>	
<b>Conditions for course completion:</b> All course activities may be conducted either in person or remotely (e.g., via MS Teams or LMS), depending on current circumstances. The assessment is based on a pass/fail system. To successfully complete the course, students must meet all three of the following criteria: Active participation in teaching and experiential learning – The student actively engages in practical activities, discussions, case studies, and role-play scenarios, practicing the interpretation, application, and explanation of issues related to conflicts and crises. Emphasis is placed on experiential learning, during which the student directly experiences and reflects on group processes, receives feedback, and learns to work with different forms of conflict and communication. Preparation of a written self-reflection – The student processes their experiences and insights gained during the training into a written form, in which they interpret and explain the processes experienced within the group. The goal is to analyze personal reactions, identify strengths and areas for improvement in communication and social skills, and suggest ways to further develop these abilities. Minimum attendance of 80% – The student must attend at least 80% of seminar sessions. This requirement is essential to ensure that practical activities and experiential learning are truly effective.	
<b>Learning outcomes:</b> The aim of the course is to support the development of students' social competencies in managing crisis and conflict situations. The teaching focuses on practical experiential learning that allows students to identify, analyze, and reflect on their own communication strategies and responses to conflict. <ol style="list-style-type: none"> <li>1. Knowledge The student is able to identify, recall, and recognize fundamental concepts related to the issues of crises and conflicts. They can describe different types of stress-inducing situations, define what a conflict is, how it arises, and what its consequences may be, including its psychological and social aspects.</li> <li>2. Skills The student understands and interprets group processes related to crisis and conflict management through experiential learning (e.g., role plays, model situations, discussions, self-observation). They</li> </ol>	

are able to analyze group dynamics and identify various strategies for resolving and managing conflicts, applying them in real-life contexts (e.g., in client work or social/counseling practice).

### 3. Competencies

The student is capable of designing and planning a training program focused on developing social competencies using interactive activities (e.g., simulations, group games, brainstorming). They can apply both theoretical and practical knowledge gained from working with groups to real-life situations in social work, especially in managing crises, conflicts, or psychological strain. The student is able to reflect on both their own experiences and those of others in group settings, which contributes to more effective coping with difficult situations and enhances professional contact with clients.

#### **Brief outline of the course:**

- 1) Introduction to the Issues of Crisis and Conflict
- 2) Psychological Stress and Its Nature
- 3) Consequences of Psychological Stress
- 4) Impact of Stress on Interpersonal Relationships
- 5) Crisis Situations in Human Life
- 6) Types of Crises (Developmental, Situational, Traumatic) and Their Impact on the Individual
- 7) Creative Approaches to Managing Stressful and Conflict Situations
- 8) Working with Emotions and Stress in the Context of Crisis
- 9) Prevention of Psychological Stress Situations

#### **Recommended literature:**

BEDNAŘÍK, A., 2001. Riešenie konfliktov. Bratislava: Centrum prevencie a riešenia konfliktov. ISBN 80-968065-4-7.

BELZ, H., a M. SIEGRIST, 2011. Klíčové kompetence a jejich rozvíjení. Východiska, metody, cvičení a hry. Praha: Portál. ISBN 978-80-7367-930-9.

HOVANOVÁ, M., 2023. Sociálna opora ako významná súčasť života adolescenta. Košice: UPJŠ. ISBN 978-80-574-0199-5.

KLEIN, Z. M., 2012. 100 kreativních metod a her na semináře a workshopy. Praha: Grada. ISBN 978-80-247-4023-2.

Košice: Univerzita Pavla Jozefa Šafárika v Košiciach. ISBN 978-80-8152-754-8.

LIDDLE, D., 2023. Managing Conflict. London: Kogan Page. ISBN 1398609455.

MAERCKER, A. 2020. Psychická trauma a poruchy po traume. Vydavateľstvo F.

PRUŽINSKÁ, J. a V. LABÁTH, 2021. Konflikt – ja, my, oni. Bratislava: Wolters Kluwer. ISBN 9788057103264.

#### **Course language:**

Slovak

#### **Notes:**

#### **Course assessment**

Total number of assessed students: 714

abs	n
98.88	1.12

**Provides:** doc. PhDr. Katarína Šišanská, PhD., Mgr. Magdaléna Hovanová, PhD.

**Date of last modification:** 21.09.2025

**Approved:** prof. Mgr. Soňa Lovašová, PhD.

## COURSE INFORMATION LETTER

<b>University:</b> P. J. Šafárik University in Košice					
<b>Faculty:</b> Faculty of Arts					
<b>Course ID:</b> KSP/ PASP/25		<b>Course name:</b> Types of Aggression in Social Work			
<b>Course type, scope and the method:</b> <b>Course type:</b> Lecture / Practice <b>Recommended course-load (hours):</b> <b>Per week:</b> 1 / 1 <b>Per study period:</b> 14 / 14 <b>Course method:</b> present					
<b>Number of ECTS credits:</b> 4					
<b>Recommended semester/trimester of the course:</b> 6.					
<b>Course level:</b> II.					
<b>Prerequisites:</b>					
<b>Conditions for course completion:</b>					
<b>Learning outcomes:</b>					
<b>Brief outline of the course:</b>					
<b>Recommended literature:</b>					
<b>Course language:</b>					
<b>Notes:</b>					
<b>Course assessment</b> Total number of assessed students: 0					
A	B	C	D	E	FX
0.0	0.0	0.0	0.0	0.0	0.0
<b>Provides:</b> Mgr. Tomáš Šed'o, PhD., prof. Mgr. Soňa Lovašová, PhD.					
<b>Date of last modification:</b> 31.03.2025					
<b>Approved:</b> prof. Mgr. Soňa Lovašová, PhD.					

## COURSE INFORMATION LETTER

<b>University:</b> P. J. Šafárik University in Košice	
<b>Faculty:</b> Faculty of Arts	
<b>Course ID:</b> KSP/ DV2/25	<b>Course name:</b> Volunteering in Social Work Practice 2
<b>Course type, scope and the method:</b> <b>Course type:</b> Practice <b>Recommended course-load (hours):</b> <b>Per week: 2 Per study period: 28</b> <b>Course method:</b> present	
<b>Number of ECTS credits:</b> 3	
<b>Recommended semester/trimester of the course:</b> 4.	
<b>Course level:</b> II.	
<b>Prerequisites:</b>	
<b>Conditions for course completion:</b> Completion of the course is conditional upon attendance at block sessions (a minimum of 80% participation is required), completion of 20 hours of volunteer work, and submission of a video presentation reflecting the student's volunteer experience. The block sessions will be delivered in person or online (via LMS or MS Teams), based on the decision of the course instructor. These sessions provide theoretical preparation for volunteer work, focusing particularly on understanding the importance of volunteering, identifying key concepts related to volunteering in social work, exploring various types and forms of volunteering, interpreting the Act on Volunteering, and navigating the ethical and practical aspects of volunteer engagement. Some sessions may take the form of discussions, excursions, or other activities requiring the student's participation. The instructor may decide to substitute part of the coursework with self-study. Volunteer work must be completed in the scope of 20 hours within an organization or project approved by the course instructor, which cooperates with volunteers in the field of social services. To fulfill this requirement, students must submit a confirmation of completed volunteer work and present their experience through a video presentation (approximately 6 minutes) on a pre-agreed date. Failure to meet any of the following requirements—attendance at block sessions, completion of volunteer work, or submission of the video presentation—will result in the student receiving the grade “not completed.” Final Evaluation of the Course: Completed / Not Completed	
<b>Learning outcomes:</b> <b>Knowledge:</b> The student identifies and retains fundamental concepts in the field of volunteering in social work. The student classifies, categorizes, and describes various types and forms of volunteering, demonstrating the ability to succinctly articulate and summarize their differences. The student interprets the Volunteering Act and comprehends its practical application. The student understands the fundamental principles of volunteering and its societal significance. <b>Skills:</b> The student is capable of interpreting and applying knowledge related to mentoring in practice.	

The student applies theoretical knowledge to direct client work within social work.  
The student is able to collaborate effectively within a team.  
The student is capable of planning and reflecting on their volunteering activities.  
The student gains practical experience in various areas of socially beneficial activities.  
The student effectively communicates and presents experiences gained from volunteering activities.  
The student analyzes and evaluates different aspects of volunteering in the field of social work.  
Competencies:  
The student demonstrates the ability to work independently within volunteering activities and critically reflect on their impact.  
The student develops teamwork and coordination skills in the context of volunteering initiatives.  
The student enhances their sense of civic responsibility, empathy, and social sensitivity.  
The student exhibits initiative and accountability in the context of volunteer work.  
The student critically assesses and ethically reflects on their role and engagement in volunteer work.  
The student is capable of designing and organizing volunteer programs within the field of social work.

**Brief outline of the course:**

1. Historical excursion into the issue of volunteering.
2. Definition of volunteering. Types and forms of volunteering. Examples from practice.
3. Volunteering in Slovakia and its legislative definition. Agreement on the performance of volunteer activities. Code of ethics.
4. Preparation of a volunteer program.
5. Professional volunteering - mentoring. Implementation of professional volunteering in practice. Recruitment of volunteers.
6. Motivation to volunteer. The benefit of volunteering.
7. Preparation for volunteering – ethical, practical, and organizational aspects.
8. Reflection and sharing of experiences.

**Recommended literature:**

BALOGOVÁ, B., a E. ŽIAKOVÁ, 2017. Vademecum sociálnej práce. Terminologický slovník. Košice: FF UPJŠ.

BARÁT, J. a kol., 2000. Čítanka pre pokročilé neziskové organizácie. Bratislava: PDCS.

BROZMANOVÁ GREGOROVÁ, A. a kol., 2009. Tretí sektor a mimovládne organizácie. Banská Bystrica: Univerzita Mateja Bela. Pedagogická fakulta.

BROZMANOVÁ GREGOROVÁ, A., E. MARČEK a A. MRAČKOVÁ, 2009. Analýza dobrovoľníctva na Slovensku. PDCS, O.Z. – PANET

BROZMANOVÁ GREGOROVÁ, A., A. FRIMMEROVÁ a J. ŠOLCOVÁ, 2019. Dobrovoľníctvo v zariadeniach sociálnych služieb. Stupava: Platforma dobrovoľníckych center a organizácií.

BROZMANOVÁ GREGOROVÁ, A. a A. MRAČKOVÁ, 2014. Manažment dobrovoľníkov a dobrovoľníčok. Banská Bystrica: Belanium.

BROZMANOVÁ GREGOROVÁ, A., M. ŠAVRNOCHOVÁ a J. ŠOLCOVÁ, 2016. Objav sa v dobrovoľníctve. Bratislava: Bratislavské dobrovoľnícke centrum.

BRUMOVSKÁ, T. a G. SEIDOVÁ, 2010. Mentoring (Výchova k profesionálnému dobrovoľníctví). Praha: Portál.

MLČÁK, Z. a H. ZÁŠKODNÁ, 2013. Prosociální charakteristiky osobnosti dobrovoľníkov. Ostrava: Ostravská univerzita v Ostravě, Filozofická fakulta.

MYDLÍKOVÁ, E., 2010. Sociálna práca v neziskovom sektore. Bratislava: UK.

MYDLÍKOVÁ, E. a kol., 2002. Dobrovoľníctvo na Slovensku alebo čo si počať s dobrovoľníkom. Bratislava: ASSP.

TOŠNER, J. a O. SOZANSKÁ, 2006. Dobrovolníci a metodika práce s nimi v organizáciách.  
Praha: Portál.

**Course language:**

slovak

**Notes:**

**Course assessment**

Total number of assessed students: 0

abs	n
0.0	0.0

**Provides:** Mgr. Lucia Tóthová, PhD., univerzitná docentka

**Date of last modification:** 12.02.2026

**Approved:** prof. Mgr. Soňa Lovašová, PhD.